

TO: Athletic Directors & Cross Country Coaches
FROM: Jim Roaldson, Manager
SUBJECT: State Cross Country Championships

MEET INFORMATION

When: Saturday, October 28, 2023

Site: Parkhurst Recreational Area, Pipestem Reservoir, Jamestown ND

Admission: Adults: \$10.00 Students: \$5.00

Directions: ***Traveling via I-94:*** Take Exit #258 and stay on Hwy 52/281 through downtown Jamestown. Heading north on Hwy 281/52 see below.

Traveling North on Hwy 52/281: Traveling through the North end of Jamestown on Hwy 52/281 turn left on 30th St. SE & head west (opposite Agricover, Inc.) past 81st Ave SE and then take left before pavement ends and travel south. Parkhurst Campground will be on your right.

Traveling South on Hwy 52/281: Turn right on 30th St. SE & head west (opposite Agricover, Inc.) past 81st Ave SE and then take left before pavement ends and travel south. Parkhurst campground will be on your right.

Parking: Bus parking, loading & unloading will all take place at the west end of the Parkhurst Campground parking area. Please DO NOT LOAD or UNLOAD at ticket entrance of facility.

Fan parking can take place in the campground and marked areas to the south of the course. Please no parking along the roadway going into meet area.

Schedule:

Class B	
10:00 AM	Course Opens
11:00 AM	Class B Coaches Meeting
12:00 PM	Class B Girls
12:45 PM	Class B Boys
Class A	
2:00 PM	Course Opens
3:00 PM	Class A Coaches Meeting
4:00 PM	Class A Girls
4:45 PM	Class A Boys

Course Map: <https://www.plotaroute.com/route/569621>

Team Camps: Teams can set up team camps in bus parking area at the west end of Parkhurst Campground. Please do your best to spread out and keep team camp area picked up.

Rest Rooms: Porta-Potties will be available at the site along with a single vault toilet.

Check In: Each coach should check in at the entrance tent of the meet upon arrival for team packets and to verify meet entries.

Coaches Meeting: Class B - 11:00 AM, Class A - 3:00 PM

Injuries/1st Aid: Sports Medicine will be provided by Jamestown Regional Medical Center. They will be located by the finish area during the meet.

State Meet Apparel: Northwest Designs will be printing onsite and will personalize shirts to order (with lots of options like hoodies, ¼ zips and multiple colors). Apparel can also be ordered online on the NDHSAA Now website and shipped directly to the consumer at the link below:

<https://nwd.ink/s/ndhsaa/state-cross-country-championships/>

The State XC online order will be available for the rest of the school year as well.

Concessions: Beverages and limited snacks will be available for sale by the Buffalo City Running Club.

Hotels: Participating schools are responsible for securing their own lodging for this event.

Awards: A brief awards ceremony will follow each day's final race. Please make sure that students are properly representing school by wearing appropriate team apparel.

Results: Hero's Timing will be the official timer for the meet. Results can be found here:

Class B - <https://live.herostiming.com/meets/28314>

Class A - <https://live.herostiming.com/meets/28284>

Other Information: Please keep all areas clean and free from debris. We are very appreciative of the opportunity to provide all teams and spectators with this course and ask you for your cooperation in the cleaning of all team camp and spectator areas.

NO PETS per NDHSAA Rules & Regulations