

TO: Athletic Directors & Cross-Country Coaches
FROM: Jim Roaldson, Manager
SUBJECT: State Cross Country Championships

MEET INFORMATION

When: October 24 & 25, 2025

Site: Parkhurst Recreational Area, Pipestem Reservoir, Jamestown ND

Admission: Adults: \$10.00 Students: \$5.00

Directions: ***Traveling via I-94:*** Take Exit #258 and stay on Hwy 52/281 through downtown Jamestown. Heading North on Hwy 281/52 see below.

Traveling North on Hwy 52/281: Traveling through the North end of Jamestown on Hwy 52/281 turn left on 30th St. SE & head west (opposite Agricover, Inc.) past 81st Ave SE and then take left before pavement ends and travel south. Parkhurst campground will be on your right.

Traveling South on Hwy 52/281: Turn right on 30th St. SE & head west (opposite Agricover, Inc.) past 81st Ave SE and then take left before pavement ends and travel south. Parkhurst campground will be on your right.

Parking: Bus parking, loading & unloading will all take place at the west end of the Parkhurst Campground parking area. Please DO NOT LOAD or UNLOAD at ticket entrance of facility.

Fan parking can take place in the camp ground and marked areas to the south of the course. Please no parking along the roadway going into meet area.

Schedule:

Friday, Oct. 24 – Class B		Saturday, Oct. 22 – Class A	
12:00 PM	Course Opens	12:00 PM	Course Opens
12:30 PM	Class B Coaches Meeting	12:30 PM	Class A Coaches Meeting
2:00 PM	Class B Girls	2:00 PM	Class A Girls
2:45 PM	Class B Boys	2:45 PM	Class A Boys
<i>*Awards Presentation following</i>		<i>*Awards Presentation following</i>	

Course Map: <https://www.plotaroute.com/mobile/routeplayer/569621>

Team Camps: Teams can set up team camps in bus parking area at the west end of Parkhurst Campground. Please do your best to spread out and keep team camp area picked up.

Rest Rooms: Porta-Potties will be available at the site along with a single vault toilet.

Runners: Each team may enter up to 10 runners. All State XC runners must have met the following minimum times in a regular season 5K in order to be able to compete at the State XC Meet:

- a. Boys - 24:00
- b. Girls - 27:00

Check In: Each coach should check in at the entrance tent of the meet upon arrival for team packets, and to verify meet entries.

Coaches Meeting: Class B – Friday, Oct. 24 - 12:30 PM, Class A – Saturday, Oct. 25 – 12:30 PM.

Injuries/1st Aid: Sports Medicine will be provided by Jamestown Regional Medical Center. They will be located by the finish area during the meet.

State Meet Apparel: Northwest Designs will be printing onsite and will personalize shirts to order (with lots of options like hoodies, 1/4 zips and multiple colors). Apparel can also be ordered online on the NDHSAANow website and shipped directly to the consumer at the link below:

[ONLINE STORE: 2025 NDHSAA Cross Country State Meet T-Shirt/Apparel \(Northwest Designs Ink\)](#)

Concessions: Beverages and limited snacks will be available for sale by the Buffalo City Running Club.

Hotels: Participating schools are responsible for securing their own lodging for this event.

Scoring: Through the use of the adjusted score procedure, those schools who enter or compete with fewer than 5 on a team will still post a team score. If fewer than five members of a team finish a race, the score of the remaining slots up to five will be a score of one more (plus two more, etc.) than the field that finishes. Schools with more than five members (maximum of 10 runners allowed per team) finishing the race shall have their five highest finishers' scores count toward the team championship. Ties in team scoring shall be resolved by comparing the sixth runner's score from each team.

Awards: A brief awards ceremony will follow each day's final race. Please make sure that students are properly representing school by wearing appropriate team apparel.

Results: Hero's Timing will be the official timer for the meet. Results can be found at link below:

[CLASS B ONLINE RESULTS LINK: 2025 NDHSAA Cross Country State Meet \(Heros Timing\)](#)

[CLASS A ONLINE RESULTS LINK: 2025 NDHSAA Cross Country State Meet \(Heros Timing\)](#)

Other Information: Please keep all areas clean and free from debris. We are very appreciative of the opportunity to provide all teams and spectators with this course and ask you for your cooperation in the cleaning of all team camp and spectator areas.

NO PETS on site per NDHSAA Rules & Regulations. Appropriately identified service animals are permitted.