

Boys Swim Advisory – 4/1/2020

1. Review of state swim manual
 - a. Changed times for Saturday's events so there is less of a break following the diving semi-finals. Start times are posted in the state swim manual.
 - b. Utilize 8 lanes for all preliminary and finals events.
 - c. 3 heats of relays if necessary
2. Psych sheets
 - a. Psych sheet to be emailed to coaches along with heat sheets on Sunday
3. NFHS rule change proposal
 - a. How to get another IM event added to the NFHS rules.
 - i. A rules change proposal form will be made available to whomever wishes to apply for a rules change.
4. Scented oils and lotions
 - a. Athletes with allergies to scented oils and lotions
 - i. What to do if scented oils and lotions are causing allergic reactions to other competitors.

Regulation change/addition

1. If an athlete has a documented allergy to scented oils and/or lotions, the coach shall notify meet management at least one day prior to competition. After notification, meet management will notify competing schools and only unscented oils and lotions may be used.