

Wrestling Advisory 2024

1. Class B

- a. Wrestling a true 9th place at regional individual tournament
 - i. Class B boys would like to wrestle a true 9th place at the region tournament.
 - 1. The 9th place wrestler would be selected as the replacement for the state tournament if necessary.
- b. Satellite Weigh-ins
 - i. Home weigh in for the first day of two-day tournaments
 - ii. Discussion on how to best implement this as it would be in violation of NFHS rules.
 - iii. Kevin will investigate to see if it could fall under a NFHS 3-year experiment.
 - iv. Advisory will come up with what data could be gathered that would be useful to the NFHS.
- c. Post Season matches.
 - i. All postseason matches would be a 2-2-2 format.
 - ii. Discussed in the Class A portion of the meeting.
- d. HOF voting
 - i. New format to qualify for the HOF. Mitch Greenwood has all of the requirements.
- e. East/West region duals
 - i. Establish a two-region dual tournament with top four teams qualifying.
 - ii. Voted down at coaches meeting.
- f. 2 athletes from each sub-region nominated for senior athlete.
 - i. This is a NDHSCA issue. Advisory will visit with Randy Johnson or Scott Grachow.
- g. Add 2 more allowable competitions to the regular season schedule – from 16 to 18.
 - i. Ability to host more home duals which could assist in the growth of wrestling.
 - ii. Allow girls wrestling to grow with more duals and exposure.
 - iii. Weekend tournaments are already full so more tournaments is not an issue.
 - iv. WDA is adding a dual tournament which would take away a competition.
- h. State tournament schedule.
 - i. State duals, region individual, state individual on three separate weekends.
 - 1. Tabled at coaches meeting.
- i. Assistant Officials
 - i. Head and assist on every mat at the state meet.
 - ii. Already being done. Does not need to be discussed.
- j. Barstad and Wolding staying on as advisory members.

2. Class A

- a. All season utilize 2:00-2:00-2:00 periods for all consolation matches.
 - i. More wins in the first period with more time to wrestle.
 - ii. Less weight classes would not add time to tournament play.
 - iii. Integrity of the sport. Wrestle equal time on your feet and on the mat.
 - iv. Consistency for all matches in the tournament.
 - v. No other sports shorten time on the consolation brackets.
 - vi. Wrestlers are being trained to wrestle for six minutes.
- b. 32-man bracket with 20 wrestlers – 4 extras qualify by using an RPI system.
 - i. Voted down at coaches meeting.
- c. Fetch 9-16 on every weight.
 - i. Class A will do so at their state seeding meeting
- d. Make weight 3 times prior to regionals.
 - i. Voted down at coaches meeting.
- e. 32-man brackets at regionals.
 - i. Voted down at coaches meeting.
- f. NDHSAA provide rationale as to why something was voted down.
 - i. Kevin will provide after athletic review and board meeting.
- g. Licensed dermatologist on site for first day of weigh ins.
 - i. Professional skin doctor is needed and highly recommended if it means eliminating an athlete from a state tournament.
 - ii. If not on site have a dermatologist on call to review with on-site professional to discuss any skin issues that would eliminate an athlete from the tournament.

3. Girls

- a. Change regional tournament format for number of wrestlers entered.
 - i. Each school will be allowed one wrestler per weight class.
 - ii. Four additional wrestlers will be allowed from each school with no more than two wrestlers from a school in any given weight class.
 - 1. Time to shrink the size of the regional tournament as numbers now warrant it is necessary.
 - 2. This has always be part of the original plan.
- b. Host a JV tournament in conjunction with the regional duals.
 - i. Encourage region host to also host a regional JV tournament.
 - 1. Kevin will visit with host site management regarding the recommendation of a JV tournament in conjunction with the region tournament.

4. **Requested Regulation Change**

- a. Add 2 more allowable competitions to the regular season schedule – from 16 to 18.
 - i. Ability to host more home duals which could assist in the growth of wrestling.
 - ii. Allow girls wrestling to grow with more duals and exposure.
 - iii. Weekend tournaments are already full so more tournaments is not an issue.
 - iv. WDA is adding a dual tournament which would take away a competition.
- b. All-season utilize 2:00-2:00-2:00 periods for all consolation matches.
 - i. More wins in the first period with more time to wrestle.
 - ii. Less weight classes would not add time to tournament play.
 - iii. Integrity of the sport. Wrestle equal time on your feet and on the mat.
 - iv. Consistency for all matches in the tournament.
 - v. No other sports shorten time on the consolation brackets.
 - vi. Wrestlers are being trained to wrestle for six minutes.
- c. Wrestling a true 9th place at regional individual tournament – Class B Boys only
 - i. Class B boys would like to wrestle a true 9th place at the region tournament.
 - 1. The 9th place wrestler would be selected as the replacement for the state tournament if necessary.