

2023 XC Advisory Meeting

12/5/23

Brad Lies, Sean Allen, Nathan Horgeshimer, Josh Roberts

1. Class B - Minimum time to run at State
2. NDHSAA Region Meets (4 B, 2 A)
3. 6th graders – not eligible to run in jr high races if their school has more than 75 students in 7th and 8th grade. 6th graders cannot ever participate against grade 9-12 ever.
 - a. Make part of rules clinic
4. 3 divisions of XC
 - a. Discussion for a way to reduce start issues
5. Jamestown and Grand Forks
 - a. Still looking to rotate
 - b. Future updates in Jamestown
6. SAOTY
 - a. Guidelines for award