

VB Advisory 12-6-23

Discussion

1. Shortening warm up time
 - a. No interest in shortening varsity warm up time.
 - b. Kevin will notify schools that sub-varsity warmups may be shortened.
2. Switching benches during matches
 - a. Advisory supports the return of switching benches during matches.
 - i. Survey shows 53% of coaches support switching benches.
 - b. Rationale
 - i. Officials can view setters from both angles during a match which could eliminate a bias.
 - ii. All levels of VB with the exception of high school are switching benches.
 - iii. Eliminates subtle visual advantages.
 - iv. Could eliminate line judge bias.
3. Mandatory 3 sets
 - a. Return to the regulation of mandating 3 sets for sub-varsity matches.
 - b. Rationale
 - i. More playing time / opportunities for athletes.
 - ii. Time should not be an excuse for athlete development.
4. Increase the number of allowable subs to 22.
 - a. Tabled until able to find someone to write a national rule change.
 - b. Very few instances of this being an issue.
 - c. Education that it is not a state regulation but a national directive.
5. Tournament stats
 - a. Return to adult stats at state tournament.
 - b. Stats seem to be inflated and incorrect.
 - c. Allow for consistency in stat keeping.

Requested Regulation Changes

1. Return to switching benches after each set.
 - a. See rationale in discussion item number two.
2. Return to mandated three set for sub-varsity competition.
 - a. See rationale in discussion item number three.