

XC Coaches Advisory Meeting: Present – Brad Lies, Josh Roberts, Tim Baustian, Richard Dafoe

December 8, 2025

1. State Meet Rotation
  - a. Grand Forks would like to host and join in some kind of rotation.
  - b. Class A in favor, Class B only 50% in favor
  - c. GF Administration will look at financials and consider proposing something to NDHSAA
2. Add a division
  - a. Not an option at this time
  - b. Difference between individual and team sport
3. Move registration date back to Tuesday before State
4. Lower the State Meet minimum standards to 23:00 for boys and 26:00 for girls.
5. Minimum standard using less than a 5K
  - a. Use JD VDOT conversion calculator to use 3K and 4K results to meet 5K standard