

## State Swim Advisory 4-1-26

Present – Cale Schaefer, Thomas Wheeling, Kevin Morast

### Discussion

1. State Meet
  - a. Add an additional 5 minutes to the break (10 total) following the Medley relay.
    - i. Allows for additional rest for competitors competing in both events
2. Boys Dive regulations
  - a. Move the boys dive standard back to 275.
    - i. The 250 standard provides for subpar diving at the state meet that is not necessary
3. Swim-offs at state meet
  - a. If a swim off is required, make sure that the coaches are aware of the process
    - i. Could be added to the coaches meeting agenda and then communicated to coaches affected by swim off during the meet.
4. Celebrations of state championships
  - a. Reminder that the NDHSAA has a regulation closing the pool after for the 400 yard relay thus not allowing potentially dangerous celebrations following the state meet.
5. Kayle Hamre will be the new NDHSAA swim liaison next year.

### Requested regulation change

- See #2 above