

# NDHSAA

## BULLETIN

WINTER ISSUE  
2023-24

North Dakota High School Activities Association  
350 2nd St. NW • PO Box 817 • Valley City • ND  
Phone (701) 845-3953 • FAX (701) 845-4935



PICTURED ABOVE: Members of the 2023 NDHSAA Class A boys basketball state championship team from Fargo North High School.

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### NDHSAA BULLETIN

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## NDHSAA ON THE WEB

[WWW.NDHSAA.COM](http://WWW.NDHSAA.COM)

[WWW.NDHSAAANOW.COM](http://WWW.NDHSAAANOW.COM)



NDHSAA NOW is where you will find news and current information about NDHSAA and our member schools. This is the site where you will find current teams, districts and region placement, team schedules, pictures, and rosters. Basketball standings, human-interest stories, twitter feed and much more! This is

also the site where you will access video from the NFHS Network and video streams from member schools. Check it out NOW!!!  
[www.ndhsaanow.com](http://www.ndhsaanow.com)

## NDHSAA ON SOCIAL MEDIA

The NDHSAA is on Twitter ([@NDHSAA](https://twitter.com/NDHSAA)), Instagram (profile name: ndhsaa) and Facebook. Be sure to follow NDHSAA on these platforms for updates on statewide activities.



facebook

# BECOME AN OFFICIAL



## WHY SHOULD YOU BECOME AN OFFICIAL?

Becoming a licenced high school official is an easy call to make! Officiating allows you to continue being a role model by demonstrating qualities such as impartiality, fairness and courage.

High School officials help protect the integrity of the games we love by teaching and enforcing the rules of play. New officials have an opportunity to make a difference in their communities right now!

## BENEFITS OF BECOMING A HIGH SCHOOL OFFICIAL

- Help teach and support the youth in your community.
- Continue to develop leadership skills.
- Give back to the sports that have given you so much.
- Stay in good physical condition.
- Earn extra income.
- Help make sure your community and home state always have enough qualified officials.
- Stay connected with high school sports.

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To register, please visit [www.ndhsaa.com](http://www.ndhsaa.com)

- Click on the "Officials & Judges" tab on the menu bar at the top of the page.

- Under "Officials Registration" select "New" and once on that page follow the step-by-step instructions.

DIRECT LINK:

[www.ndhsaa.com/officials/registration/new](http://www.ndhsaa.com/officials/registration/new)



#BecomeAnOfficial | [www.ndhsaa.com](http://www.ndhsaa.com) | [www.ndhsaanow.com](http://www.ndhsaanow.com)



Class B Girls Golf - Oak Grove



Class A Girls Golf - Mandan



Boys Soccer - Fargo Shanley



Boys Tennis - Grand Forks Central



Class B Girls Cross Country - Bowman County



Class B Boys Cross Country - Bowman County



Class A Girls Cross Country - Bismarck High



Class A Boys Cross Country - Bismarck High





9-Man Football - North Prairie



Division A Football - Kindred



Division AA Football - Fargo North



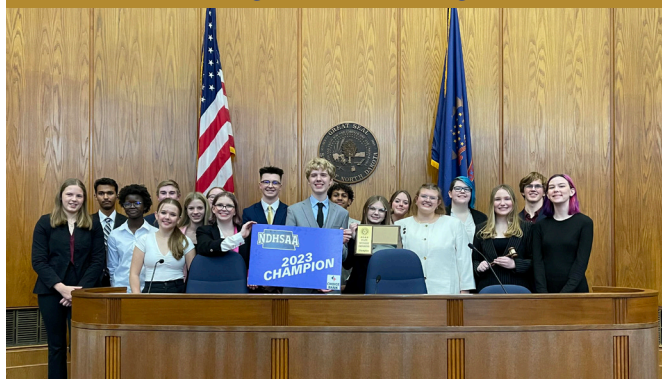
Division AAA Football - Minot High



Girls Swimming & Diving - Bismarck Century



Student Congress - West Fargo Horace



Class A Volleyball - West Fargo Sheyenne



Class B Volleyball - Northern Cass







*Annual NDHSAA Membership General Assembly Meeting*

The Annual Meeting of the NDHSAA membership was held Thursday, October 26 beginning at 5:00 p.m. at the Bismarck Hotel and Conference Center.

Agenda items included the approval of the October 2022 minutes and Nominating Committee Reports.

The following By-Law Amendments were acted upon:

Part I, Section V, Article I of the Constitution & By-Laws that will add a 12th NDHSAA Board member who will represent a member school with 50% or higher Native American student population passed by a 54-43 vote and will go into effect for the 2024-25 school year.

Part II, Article XIII, Section II that would have defined an annual start date for the NDHSAA football season failed by a 38-59 vote.

The following individuals were nominated for Board positions beginning the 2024-25 school term.

**Class A At Large (July 1, 2024 - June 30, 2028):**

Ryan Hanson, Principal, Devils Lake  
Robert Conley, Athletic Director, Williston

**Class B Southeast (July 1, 2024 - June 30, 2028):**

Chad Berger, Principal/Athletic Director, Napoleon  
Tyler Hanson, Superintendent, Edgeley  
Chris Larson, Superintendent, Milnor

**North Dakota Interscholastics Athletic Administrator (July 1, 2024 - June 30, 2028):**

Ethen Askvig, Langdon Area  
Jason Simpfenderfer, Beulah

**Native American At Large (July 1, 2024 - June 30, 2028):**

Wayne Fox, White Shield  
Dr. Anthony Vandal, New Town

**North Dakota Association of Secondary School Principals (July 1, 2024 - June 30, 2025):**

Travis Christensen, Fargo North

Teagan Erbele, 2023-24 NDHSAA Distinguished Student, spoke to the membership about her experiences with school activities. Executive Director Matt Fetsch provided a report to the membership.

Minutes for the membership meeting are available on the NDHSAA website.

## *Board Regulation: Intent to Sponsor an Activity*



For those sports involving statewide scheduling, the following dates shall be applied to member schools that are declaring intent to sponsor that activity:

**Fall sports:** June 1, prior to the start of season

**Winter sports:** September 15, prior to the start of season

**Spring sports:** January 15, prior to the start of season

Any member school not having declared intent in writing to the NDHSAA office by the deadline date and therefore not included in a statewide schedule may compete with an independent schedule but shall not be eligible for postseason competition that season. All NDHSAA and NFHS rules and regulations shall apply to all teams sanctioned by NDHSAA and sponsored by the member school.

## *Winter/Spring Region Sites Chosen at April Board Meeting*



Anyone wishing to submit an invitation to host a 2023-24 winter or spring regional tournament may download invitation forms from our website at [www.ndhsaa.com](http://www.ndhsaa.com). Click on Administrators & Coaches and Forms. Please complete and send forms to the NDHSAA office for placement on the April 9, 2024 Board Meeting agenda.

The policy used to set sites is as follows: basketball and volleyball chairpersons meet with the other district representatives in their region to mutually agree on regional sites.

## *State Fine Arts Sites Chosen at April Board Meeting*



Future state fine arts sites will be determined at the April 9 Board of Directors Meeting. Please contact Brian Bubach ([brian.bubach@ndhsaa.org](mailto:brian.bubach@ndhsaa.org)) with questions regarding the invite process and timeline.

## *2024 Division A & Division B Parade of Champions Video Presentations*



The 2024 Division A and B Parade of Champions video presentations will be televised March 15 and 16. Specific times will be shared with Member Schools as soon as they are finalized.

Thank you to school administrators for their prompt sending of individual and team champion photos to be used in this presentation.

Questions regarding these video presentations may be directed to [brian.bubach@ndhsaa.org](mailto:brian.bubach@ndhsaa.org)

## *New Gymnastics Regulations for 2023-24 Season*



There are no new regulations for the 2023-24 season. The State Meet will be held on February 23-24, 2024 in Dickinson. Complete NDHSAA gymnastics regulations can be found at the following link:

<http://www.ndhsaa.com/regulations/gymnastics>

*Follow @NDHSAA on Twitter for latest news on NDHSAA activities!*



## *New Wrestling Regulations for 2023-24 Season*



### **New 2023-24 Wrestling Regulations:**

Both boys and girls wrestling will follow the NFHS 13 weight classes.

One additional alternate will be added to the state dual roster. Four alternates will now be allowed.

Class A - Addition of one extra wrestler to compete for each team at the individual region tournament. Total allowable extras will be four. Maximum of two per weight class per team.

Clarification of rule 6 to include language of regular season duals only.

Complete NDHSAA wrestling regulations can be found at the following link:

Boys: <https://ndhsaa.com/regulations/wrestling-boys>

Girls: <https://ndhsaa.com/regulations/wrestling-girls>

## *New Hockey Regulations for 2023-24 Season*



### **New 2023-24 Hockey Regulations:**

The entire girls hockey season will move one week earlier beginning with the 2023-24 season. The NDHSAA State Boys and Girls Hockey Tournament will be played on February 22-24 at February 22-24, 2024 Scheels Arena and the Farmers Union Insurance Rink in Fargo.

Complete NDHSAA hockey regulations can be found at the following link:

Boys: <https://ndhsaa.com/regulations/icehockey-boys>

Girls: <https://ndhsaa.com/regulations/icehockey-girls>

## *New Basketball Regulations for 2023-24 Season*



### **New Regulations for the 2023-24 year:**

- Division AA will shoot bonus free throws after the 7th foul of each half and double bonus following the 10th foul of each half.

- Division A and B will follow new NFHS rule which eliminates the one-and-one for common fouls beginning with the seventh team foul in the half and establishes the bonus as two free throws awarded for a common foul beginning with the team's fifth foul in each quarter and resets the fouls at the end of each quarter.

- PRACTICE SESSIONS: No team is permitted to practice at their regional or state qualifier site after the seeding of the region tournament. A member school hosting a region tournament or state qualifier game on their floor is exempt. No AA, A, or B teams will be allowed to practice on their respective state tournament floor following the conclusion of the regional tournament, with the exception of pre-tournament shootarounds.

Penalty: The head coach of any team in violation of this rule will be suspended for the team's next game.

-STATE A and B SEEDING: The head coaches of the eight qualifying teams will use an electronic process to seed the top eight teams for the state tournament. Seeds 5-8 may be adjusted to avoid quarterfinal matchups between two teams who played each other in a region tournament. Ratings Percentage Index (RPI) will be used to rank teams for a coach who does not submit electronic rankings for State seeding.

### **The quarterfinal pairings are:**

Game 1 - #2 seed vs. #7 seed

Game 2 - #3 seed vs. #6 seed

Game 3 - #1 seed vs. #8 seed

Game 4 - #4 seed vs. #5 seed

Complete regulations can be accessed at the following link: <http://www.ndhsaa.com/regulations/basketball-boys> or <http://www.ndhsaa.com/regulations/basketball-girls>

NDHSAA/Farmers Union Insurance Distinguished Student Applications are available on the NDHSAA website under “Administrators and Coaches”, then “Forms”.

**Objectives & Goals:** To recognize deserving young people who are the “backbone” of interscholastic activities, not necessarily the leader, but the individual whose participation in high school activities strengthens the program for participants, the school and the community.

**Criteria:** Applicant must be a junior the year the application is submitted. Students must be a participant as a player, manager, statistician or other role in at least one NDHSAA sponsored activity in the current year. Note: Participation does not necessarily mean excellence, honors or even active play. Student must be a good citizen and role model to his/her peers as well as a contributor to the community. The committee will evaluate applicants’ essays on their demonstration of sportsmanship and citizenship and how the applicant feels these values derived from activities will provide them lifelong benefits.

**Selection Process:** One applicant per school is allowed. A pre-screening committee will narrow the applicants to six finalists. The final selection will be based upon an interview conducted by a Selection Committee. Immediately following the interviews, the results will be announced at an NDHSAA sponsored luncheon for finalists and their families. The student must be available for interviews the ENTIRE morning of May 1.

**Deadlines:** Completed application forms must be postmarked no later than April 1. Applications postmarked after April 1 will not be considered. Emailed PDF’s of the application are preferred. Finalists will be notified by mid-April. Interviews and the luncheon announcing the results will be held May 1.

**Awards:** All applicants of the NDHSAA Distinguished Student Program will receive a certificate suitable for framing. A press release naming all applicants will be sent statewide. Finalists will be featured in the Fall issue of the NDHSAA Bulletin. They will also be invited to participate in other functions connected with NDHSAA events. Farmers Union Insurance has graciously funded scholarships for the finalists. The NDHSAA Distinguished Student recipient will receive a \$2,000 scholarship to the college of his/her choice. The runner-up will receive a \$1,000 scholarship. The other four finalists will receive a \$500 scholarship to the college of his/her choice. The Distinguished Student will be invited to be the Grand Marshall of the NDHSAA Parade of Champions and, along with the other finalists, participate in other activities such as serving as the NDHSAA spokesperson for High School Activities Month, promoting the values of activity programs and participating in awarding of trophies at NDHSAA state contests.







**Class A At-Large Representative**  
**Ryan Hanson, Principal, Devils Lake High School**

Hanson, a 1988 Marion High School graduate, earned his bachelor's degree in mathematics education from Valley City State University and obtained his master's degree in educational leadership from the University of North Dakota in 2005.

Hanson began his teaching career in Center in 1992, where he was the assistant girls basketball coach, junior high boys basketball coach, girls golf coach and speech coach for two years. Hanson continued his career in Crosby at Divide County High School. He started as the assistant for both boys and girls basketball before spending two years as the head coach for both programs. He also advised the Science Bowl and Academic Teams while assisting with Science Olympiad and Science Fair. Hanson made his way to Devils Lake in 1998. He was an assistant and junior high boys basketball coach and the head girls basketball coach. He also spent one year as the head girls basketball coach for the Munich-Starkweather co-op. Ryan began his administrative career as the Devils Lake High School principal in 2004.

Hanson is a member of the Cognia State Advisory Board, the North Dakota Council of Educational Leaders, the North Dakota and National Association of Secondary School Principals, Forward Devils Lake, and the Ramsey County Juvenile Wellness Court. He was selected as the 2008 Special Olympics North Dakota Coach of the Year, the C STAND Administrator of the Year in 2009, Devils Lake's Unsung Hero for July of 2014, a 2018 Distinction of Quality award winner from AdvancED, a 2018 Patriotic Employer of the Guard and Reserve, the Friend of Counseling in 2020, and is the current Secondary Principal of the Year for North Dakota.

Ryan and his wife Heidi have four children, Carlie, Macy, Parker, and Gabby. They also have a granddaughter Willow and bulldog Thielen. They make Devils Lake their home.



**Class A At-Large Representative**  
**Robert Conley, Athletic Director, Williston High School**

Robert Conley, a 2002 graduate of C.H. Yoe High School (Cameron, TX), earned his Bachelor's Degree in Kinesiology from Texas Lutheran University and obtained his Master's Degree in Educational Administration from Lamar University in 2020. Robert is also a Registered Athletic Administrator through the National Interscholastic Athletic Administrators Association.

Robert began his teaching and coaching career in 2008 in Baytown, TX. At GCCISD (Baytown, TX), Robert served as the Campus Coordinator for three years. In 2012, Robert went to Trinity ISD (Trinity, TX) and taught and served as the Defensive Coordinator, Special Teams Coordinator, Head Baseball Coach, and Strength and Conditioning Coach. In 2016, Robert moved to Killeen, TX, to work for Killeen ISD as a teacher and serve as the Head Baseball Coach and Special Teams Coordinator. In 2018, Robert and his family relocated to Williston and coached football for the Coyotes. In 2019, Robert began working for Williston Basin School District #7 as a teacher and continued coaching as the Defensive Coordinator and Special Teams Coordinator. In 2021, Robert was hired as the Activities Director for WBSD#7.

In his third year as Activities Director, Robert has served on the Long-Term Facilities Planning Committee, Strategic Planning Committee, Williston Parks and Rec Facility Advisory Committee, Communications Committee, WBSD#7 Policy Committee, Personnel and Finance Committee, and chaired both the Student Voices & Positive Relationships Committee and Increased Participation Committee.

His family includes his wife Elizabeth, sons Apollo (23), Jaxon (14), Robert (9), Preston (5), and daughters Oliviana (8) and Isla (7).

**Follow [@NDHSAA](https://twitter.com/NDHSAA) on Twitter for updates on NDHSAA Activities**



**Class B Southeast Representative**  
**Chad Berger, Secondary Principal/Athletic Director, Napoleon High School**

Chad Berger, a 2002 graduate of Center High School, earned his Bachelor's Degree in Secondary Education from Dickinson State University and obtained his Master's Degree in Educational Leadership from the University of Mary in 2022.

Chad began his teaching career in Trenton in 2010, where he served as the head football coach. He then moved to the Dakota Prairie School District where he taught, served as the Athletic Director, and coached golf for seven years. Chad served on the North Dakota Interscholastic Athletic Administrators Association (NDIAAA) Board of Directors as the Northeast Region Representatives for four years. He was also a member of the North Dakota High School Activities Association (NDHSAA) Athletic Review Committee.

Chad is currently in his third year as the High School Principal and Athletic Director at Napoleon Public School. He currently serves as a Professional Development Coordinator for the NDIAAA as well as Second Vice President on the NDIAAA Board of Directors. Chad served as the NDIAAA Representative on the North Dakota Council of Educational Leaders (NDCEL) Board of Directors in 2021/2022.

Chad earned his Certified Athletic Administrator designation from the National Interscholastic Administrators Association (NIAAA) in 2018. He also became an NIAAA Certified Master Athletic Administrator in 2022. He has hosted various district and regional tournaments during his time as an athletic director. He helped create and implement an All-Academic team in Districts 6 and 7 as well as in Region 4. Chad was selected by his peers as the District 7 and Region 4 Athletic Director of the Year in 2019 and the District 6 and Region 3 Athletic Director of the Year in 2023.

His family includes his wife Megan, son Hudson (10), and daughter Harper (7). They currently reside in Napoleon.



**Class B Southeast Representative**  
**Tyler Hanson, Superintendent, Edgeley School District**

Tyler Hanson, a 1994 graduate of LaMoure High School, earned his Bachelor's Degree in Education from Jamestown College and Master's Degree in Educational Leadership from North Dakota State University.

Tyler began his teaching career in Edgeley as a K-12 physical education teacher in 1998, where he has had the opportunity to coach football, boys' basketball, elementary girls' basketball, head boys and girls track coach along with head coach of the Legion baseball team. Tyler began his administrative career in 2004 as the Elementary Principal in Edgeley. In the Fall of 2009 through the Spring of 2016 he worked for Bismarck Public Schools as an elementary principal at Centennial and Myhre Elementary. He then returned to Edgeley in the Fall of 2016 as the Superintendent of Edgeley Public Schools.

Tyler is currently the president of the James River Special Education Unit, chair of the Region VI fine arts committee, past president of the Edgeley Job Development Authority, and has served on numerous state and local committees over his 26 years in education.

Tyler and his wife Tess, have four children, Tallie (23), Jace (21), Cole (17) and Brady (15). Tyler enjoys spending time in the outdoors, officiating boys' and girls' basketball and attending activities in the community.

**Follow [@NDHSAA](#) on Twitter for updates on NDHSAA Activities, Postseason Broadcast Information & much more!**





**Class B Southeast Representative**  
**Chris Larson, Superintendent, Milnor School District**

Chris Larson is a 2003 graduate of Northern Cass. Chris went on to Minnesota State University Moorhead to obtain his bachelor's degree in secondary social studies education. He received his master's degree from North Dakota State University in 2014. Chris received his doctorate degree in educational leadership from Minnesota State University Moorhead in 2021.

Chris taught social studies at Sargent Central, in Forman, ND from 2008 to 2013. During that time he was the head football and head track coach, receiving region coach of the year for football in 2010 and for track in 2011. Chris also served as the activities director for Sargent Central, being named the District 1 athletic director of the year in 2013. Chris is also a founding father of the Southeast Coaches Association (SECA). Chris began his career in administration at Milnor in the fall of 2013, serving two years as secondary principal. Dr. Larson has served Milnor as the superintendent since 2015. Chris coached golf for several years for Milnor and Sargent County and continues to serve as the AD. Chris also officiates football and umpires baseball.

Chris is the current board chair for the South Valley Special Education Unit along with the Greater SE ITV consortium. Chris is also a regional representative to the board of the Southeast Education Cooperative (SEEC).

His family includes his wife Jordaan, their daughter Hadely (8), and their son Brayden (4). The Larson's reside in Milnor.



**NDASSP Representative**  
**Travis Christensen, Principal, Fargo North High School**

Travis Christensen, a 2001 graduate of Battle Lake (MN) High School, earned his bachelor's degree in secondary social studies education from Concordia College in Moorhead, MN and obtained his master's degree in educational leadership from Minnesota State University Moorhead in 2011.

Travis began his teaching career in Ulen-Hitterdal, MN in 2005 where he was the 7-12 social studies teacher, head football coach, assistant girls' basketball coach and prom advisor. He spent one year at Dilworth-Glyndon-Felton schools as a social studies teacher and head football coach before beginning his tenure at Fargo North High School in 2008. His time at North has included roles of a social studies teacher, assistant football and girls basketball coach and then nine years as the activities coordinator/assistant principal. Currently he is in his third year as the building principal at Fargo North.

During his administrative career Travis has had the opportunity to serve on the NDIAAA board of directors, including the 2017-2018 years as board president. He also served as the NDIAAA representative on the NDCEL board, and is currently a member of the NDASSP board. Christensen was recognized as the Class A AD of the year in 2018.

His family includes his wife Anne, daughters Claire (13), Keeley (6), and son Cole (9). They currently reside in north Fargo.

***DID YOU KNOW?: The Organization that became the NDHSAA was founded in 1908.***

***Follow @NDHSAA on Twitter for latest news on NDHSAA activities!***



**North Dakota Interscholastic Athletic Administrators Association Representative  
Ethen Askvig, MS/HS Principal and Athletic Director, Langdon Area School District**

Askvig earned his bachelor's degree in secondary history education from Minot State University and obtained his master's degree in educational leadership from North Dakota State University in 2019.

Ethen's teaching career started in New Town where he was also the head girls track coach. He moved to Cavalier and taught social studies in both the Cavalier and North Border (Pembina) Schools, while also being the head girls basketball coach and an assistant baseball coach for Cavalier High School. For the past 12 years he has been at Langdon Area High School, where he has been a history teacher, instructional coach, varsity girls basketball coach, varsity boys golf

coach, assistant track coach, and is currently in his fourth year as the middle/high school principal and eighth year as athletic director.

Ethen is the Class B Northeast Region Representative for North Dakota Interscholastic Athletic Administrators (NDIAAA), along with the Region 4 volleyball chairman, Region 3 Division A football chairman, the District 3 basketball chairman and a member of the new North Dakota High School Activities Association (NDHSAA) Football Classification Committee. He is also a member of North Dakota Council of Exceptional Leaders (NDCEL) and Secondary School Principals (NDASSP).

His family includes his wife Jayla, sons Dyson (13), Turner (10) and daughter Wynn (6).



**North Dakota Interscholastic Athletic Administrators Association Representative  
Jason Simpferfer, AD, Beulah High School**

Jason Simpferfer, a 1988 graduate from Washburn Public School, received his bachelor's degree in elementary education from Mayville State University in 1992 and his master's degree in technology education from Valley City State University in 2007.

Jason began his teaching and coaching career in Beulah in the fall of 1992. In his 32nd year of education, Jason has served the Beulah district in many facets. Jason taught multiple grade levels in the elementary and middle schools and is currently serving in the district's technology department. He has coached junior high and varsity football for 31 years and coached track for 14 years as well. Jason was hired to be the Beulah Public Schools Athletic Director in 2018. He

currently serves as the Region 7 Boys' Basketball Region Chair, District 14 District Chair, and the Region 4 Fastpitch Chair. Jason also served as a member of the committee that worked to develop the initial three division basketball plan.

Jason was honored as the Region 7 Athletic Director of the Year in 2021 and 2023 and as the Class B Athletic Director of the Year in 2023. He earned his Certified Athletic Administrator certificate in 2022. He is a lifetime member of the NDHSCA, a member of the NDIAAA, and also belongs to the NDATL.

His family includes his wife, Kerri, and son and daughter-in-law, Carson and Ashley.

***DID YOU KNOW?: The NDHSAA sponsors five fine arts activities (Plays, Debate, Music, Speech & Student Congress).***

***Follow @NDHSAA on Twitter for latest news on NDHSAA activities!***



**Native American At-Large Representative****Dr. Anthony Vandal, Superintendent, New Town Public Schools**

Dr. Anthony Vandal is in his 25th year working in education. Dr. Vandal graduated in 1994 from the Turtle Mountain High School and his post-secondary degree from the Turtle Mountain Community College. Later, he went on to attain his elementary education degree from the University of North Dakota. Dr. Vandal received his Master's degree in educational leadership from Concordia University and his Doctorate in Education degree from the University of Mary. Dr. Vandal started his educational work as a paraprofessional in 1996 before leaving for the University of North Dakota where he graduated with his elementary education degree in 2003. His first teaching job was a full-time substitute for Belcourt School district. He later went on to work at Ojibwa Indian School before accepting a job at the Turtle Mountain Middle School as the

School Improvement Coordinator.

Dr. Vandal has consistently pursued new professional opportunities. In 2011, he relocated to Minot, assuming the role of Junior High English instructor at South Prairie School District. Following this, he transitioned to Williston, where his tenure encompassed a range of roles, including classroom teacher, instructional coach, and district administrator, spanning over nine years.

Subsequently, Dr. Vandal was offered a position in Grand Forks, where he served as an Associate Principal and later as a Head Principal for the Grand Forks Public Schools. Afterward, he transitioned to New Town Public Schools to take on the responsibilities of Superintendent. Dr. Vandal is currently in his inaugural year as Superintendent and eagerly anticipates the challenges and opportunities that this role will present.

Dr. Vandal is a proud member of the Turtle Mountain Band of Chippewa Indians, and he maintains a strong passion for his initiatives in the realm of Diversity, Equity, Inclusion, and Belonging (DEIB). His commitment to this field is notably demonstrated through his recent engagement in sharing this work with fellow colleagues during the North Dakota Council of Educational Leaders (NDCEL) convention.

Dr. Vandal has six siblings which include five brothers and one sister. His brother resides and works in Belcourt, ND and his sister lives in Houston where she is enjoying her retirement.

**Native American At-Large Representative****Wayne Fox, Superintendent, White Shield**

Bio & Photo wasn't made available to the NDHSAA as of publish date of 2023-24 NDHSAA Winter Bulletin.

**NDHSAA PHOTOS: FALL 2023**







## 2023-24 NDHSAA Board Meetings



Following is a list of NDHSAA regularly scheduled Board meeting dates. Agendas, Board minutes, special meeting information and other Board documents may be found on the NDHSAA website by clicking the “ABOUT” TAB and by selecting the “MEETINGS” link under the “NDHSAA BOARD & COMMITTEE” Column across the top of every page on the NDHSAA website. <http://www.ndhsaa.com/board/meetings>

### 2023-24 NDHSAA BOARD MEETINGS

January 18 - Board of Directors Meeting – Valley City  
April 9 - Board of Directors Meeting – Valley City  
June 11 - Board of Directors Meeting – Valley City

June 28 - July 2, 2024 - NFHS Summer Meeting -  
Boston, Mass.



## Division B District Basketball Information (Boys & Girls)



2024 Division B Boys Basketball District Tournament Information:

<https://ndhsaa.com/district-tournament/basketball-boys>

2024 Division B Girls Basketball District Tournament Information:

<https://ndhsaa.com/district-tournament/basketball-girls>

## 2024 Division B Girls Basketball Ticket Policy - General Public Orders



Ticket Information TBA. Visit [www.ndhsaanow.com](http://www.ndhsaanow.com) for updates.

## 2024 Division B Girls Basketball Ticket Policy - School Orders



Ticket Information TBA. Visit [www.ndhsaanow.com](http://www.ndhsaanow.com) for updates.

## 2024 Division A Girls Basketball Ticket Policy - General Public Orders



Ticket Information TBA. Visit [www.ndhsaanow.com](http://www.ndhsaanow.com) for updates.

## 2024 Division A Girls Basketball Ticket Policy - School Orders



Ticket Information TBA. Visit [www.ndhsaanow.com](http://www.ndhsaanow.com) for updates.

## *2024 Division B Boys Basketball Ticket Policy - General Public Orders*



Ticket Information TBA. Visit [www.ndhsaanow.com](http://www.ndhsaanow.com) for updates.

## *2024 Division B Boys Basketball Ticket Policy - School Orders*



Ticket Information TBA. Visit [www.ndhsaanow.com](http://www.ndhsaanow.com) for updates.

## *2024 Division A Boys Basketball Ticket Policy - General Public Orders*



Ticket Information TBA. Visit [www.ndhsaanow.com](http://www.ndhsaanow.com) for updates.

## *2024 Division A Boys Basketball Ticket Policy - School Orders*



Ticket Information TBA. Visit [www.ndhsaanow.com](http://www.ndhsaanow.com) for updates.



## *2024 East Region Boys Hockey Schedule*



The East Region Boys Hockey Tournament will be played at Purpur Arena in Grand Forks - Mike Biermaier, Manager.

### **Tuesday, February 13**

Quarterfinals: Hosted by higher seeds at home sites

### **Friday, February 16 (At Purpur Arena)**

Loser Out #1: 11 a.m.

Loser Out #2: 1:15 p.m. (NOTE: game time is approximate, 30 minutes after conclusion of previous game)

Semifinal #1: 5:00 p.m.

Semifinal #2: 7:15 p.m. (NOTE: game time is approximate, 30 minutes after conclusion of previous game)

### **Saturday, February 17 (At Purpur Arena)**

State Qualifier #1: 12:00 p.m.?

State Qualifier #2: 2:15 p.m. (NOTE: game time is approximate, 30 minutes after conclusion of previous game)

Championship: 4:30 p.m. (NOTE: game time is approximate, 30 minutes after conclusion of previous game)



## 2024 West Region Boys Hockey Schedule



The West Region Boys Hockey Tournament will be held at the VFW Sports Center – Dave Zittleman, Manager.

### Thursday, February 15

Quarterfinal #1: 11:00 a.m.

Quarterfinal #2: 1:15 p.m. (NOTE: game time is approximate, 30 minutes after conclusion of previous game)

Quarterfinal #3: 5:00 p.m.

Quarterfinal #4: 7:15 p.m. (NOTE: game time is approximate, 30 minutes after conclusion of previous game)

### Friday, February 16

Loser Out #1: 11:00 a.m.

Loser Out #2: 1:15 p.m. (NOTE: game time is approximate, 30 minutes after conclusion of previous game)

Semifinal #1: 5:00 p.m.

Semifinal #2: 7:15 p.m. (NOTE: game time is approximate, 30 minutes after conclusion of previous game)

### Saturday, February 17

State Qualifier #1: 11:00 a.m.

State Qualifier #2: 1:15 p.m. (NOTE: game time is approximate, 30 minutes after conclusion of previous game)

Championship: 3:30 p.m. (NOTE: game time is approximate, 30 minutes after conclusion of previous game)

## 2024 NDHSAA Hockey State Tournament Schedule



The NDHSAA State Hockey Tournament will be held at Scheels Arena in Fargo – Todd Olson, Manager

State Tournament Schedule is as follows:

### Thursday, February 22

#### Farmers Union Insurance Center

Girls Quarterfinal #1: 11:00 a.m.

Girls Quarterfinal #2: 30 min. after Quarterfinal #1

Girls Quarterfinal #3: 5:00 p.m.

Girls Quarterfinal #4: 30 min. after Quarterfinal #3

#### Scheels Arena

Boys Quarterfinal #1: Noon

Boys Quarterfinal #2: 30 min. after Quarterfinal #1

Boys Quarterfinal #3: 5:30 p.m.

Boys Quarterfinal #4: 30 min. after Quarterfinal #3

### Friday, February 23

#### Farmers Union Insurance Center

Boys Consolation #1: 11:00 a.m.

Boys Consolation #2: 30 min. after Consolation #1

Girls Consolation #1: 5:00 p.m.

Girls Consolation #2: 30 min. after Consolation #1

#### Scheels Arena

Girls Semifinal #1: Noon

Girls Semifinal #2: 30 min. after Semifinal #1

Boys Semifinal #1: 5:30 p.m.

Boys Semifinal #2: 30 min. after Semifinal #1

### Saturday, February 24

#### Farmers Union Insurance Center

Boys 5th Place: 12:00 p.m.

Girls 5th Place: 30 min. after Boys 5th Place

#### Scheels Arena

Girls 3rd Place: 11:00 a.m.

Boys 3rd Place: 30 min. after Girls 3rd Place

Girls Championship: 4:30 p.m.

Boys Championship: 30 min. after Girls Championship



The 2024 NDHSAA Wrestling State Tournament will be held February 15-17 at the FARGODOME. The Individual portion of the State Tournament will be held February 15-16 at the FARGODOME. The 2024 Team Dual Wrestling State Tournaments will be held February 17 at the FARGODOME. Individual tournament reserved group tickets can be ordered no earlier than January 8th at 8:00 am CST. These orders will be processed beginning January 15th.

Group ticket orders will be online only. Group orders (12 or more) will receive preference until January 20th. Reserved state tournament dual tickets will go on sale on January 31st. The deadline to order reserved state dual tickets will be February 5. Ticket preference for the dual tournament tickets will be given to teams competing in the tournament. (See complete information below.)

All ticket purchases are non-refundable and only reserved season tickets may be purchased in advance. Daily tickets and general admission tickets can be purchased when the tournament begins.

All orders for the individual state tournament will be filled with the best available seating at the time the order is processed. Please specify for Class A or Class B seating when ordering tickets for the individual as well as the dual tournaments.

1. All ticket orders will be through the NDHSAA website. The link will be emailed to main school contacts only. Main school contacts will be responsible for issuing the link to proper personnel or appointed designee for ordering. The link will go live at 8:00 am CST on January 8th.
2. Only one reserved group ticket order per team will be allowed.
3. A credit card will be required to purchase reserved tickets.
4. The online reserved group ticket order window will close on Jan. 20th for the individual state tournament. After the deadlines, no group ticket orders will be sold.

**Note:** If you would like your group tickets mailed to you there is a \$10.00 shipping charge per order or they can be picked up at the ticket office. Photo ID is required to pick up tickets.

### Individual Orders at the FARGODOME:

1. On-Sale starting January 22, 2024 at 10:00 AM at the FARGODOME
2. Acceptable methods of payment for NDHSAA tournaments at FARGODOME: Cash, Visa, Mastercard, Discover, American Express. NO CHECKS ACCEPTED

### Ticket Prices:

Adult Tournament Ticket-Individual Tournament  
 $\$38.00 + \$2.00 \text{ venue charge} = \$40.00$

Adult Tournament Ticket-Dual Tournament  
 $\$19.00 + \$1.00 \text{ venue charge} = \$20.00$

Adult Daily Ticket  
 $\$19.00 + \$1.00 \text{ venue charge} = \$20.00$

Student Tournament Ticket-Individual Tournament  
 $\$10.00 + \$2.00 \text{ venue charge} = \$12.00$

Student Daily Ticket  
 $\$5.00 + \$1.00 \text{ venue charge} = \$6.00$





INDIVIDUAL TOURNAMENT SCHEDULE

THURSDAY, FEBRUARY 15

- 7:00 - Facility open to wrestlers
- 8:00 - Weigh ins and skin checks
- 10:00 - First Round
  - Quarterfinals
  - 30 minute break
  - 1st round wrestleback
- 5:00 - Semifinals

FRIDAY, FEBRUARY 16

- 7:00 - Facility open to wrestlers
- 8:00 - Weigh ins and skin checks
- 10:00 - 2nd round wrestleback
  - 3rd Round wrestleback
  - Consolation Semi-finals
  - 30 minute break
  - Placing rounds
- 3:30 - Hall of Fame
- 4:30 - Introduction/Finals

DUAL TOURNAMENT SCHEDULE

SATURDAY, FEBRUARY 17

- 7:00 - Facility open to wrestlers
- 8:00 - Weigh ins and skin checks
- 10:00 - Boys Quarterfinals
- 11:30 - Girls Quarterfinals & Boys consolation semis
- 1:00 - Semifinals & Girls consolation semis
- 2:30 - 3rd/5th/7th place matches
- 4:00 - Championship Matches

DUAL PAIRINGS

Class A

- W-1 vs. E-4
- E-2 vs. W-3
- E-1 vs. W-4
- W-2 vs. E-3

Class B

- #2 seed vs. 2nd Random Draw
- #3 seed vs. 3rd Random Draw
- #1 seed vs. 1st Random Draw
- #4 seed vs. #5 seed



Follow [@NDHSAA](https://twitter.com/NDHSAA) on Twitter for updates on NDHSAA Activities, Postseason Broadcast Information & much more!

The 2024 Boys Swimming & Diving State Meet will be held in West Fargo (Hulbert Aquatics Center), March 1-2, Logan Midthun, Manager.

### Schedule

#### Friday:

11:00 a.m. - Coaches Meeting  
11:00 a.m. - Diving Warm-ups  
11:15 a.m. - Diving sheets due  
12:30 p.m. - Diving preliminaries  
2:15 p.m. - Swim Warm-ups Begin  
3:15 p.m. - Swimming preliminaries

#### Saturday:

9:45 AM - Diving warm-ups  
10:45 AM - Diving semi-finals  
11:30 AM - Coaches and Officials Meeting  
12:00 PM - Swimming and diving warm-ups  
1:00 PM - Clear pool  
1:15 PM - All Finals

The meet finals will operate under the current National Federation Swimming and Diving Rules Order of events: Rule 5, Section 1, Article 1.

### Order of Events:

200 Yard Medley Relay  
200 Yard Freestyle  
200 Yard Individual Medley  
50 Yard Freestyle  
Diving - Finals  
100 Yard Butterfly  
100 Yard Freestyle  
500 Yard Freestyle  
200 Yard Freestyle Relay  
100 Yard Backstroke  
100 Breaststroke  
400 Yard Freestyle Relay

### Scoring for finals:

Individual events (16 places): 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1.

Relay Events: 40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2.

Each team shall be permitted a maximum of four entries in an individual event. Qualifying times are mandatory, using 107% of the 20th place cumulative time from the three previous State Meets.

The following 2023-24 standards are:

200 Free: 2:05:15  
200 IM: 2:24.03  
50 Free: 25.09  
100 Fly: 1:03.43  
100 Free: 55.85  
500 Free: 5:41.31  
100 Back: 1:05.70  
100 Breast: 1:12.98

The above times must have been achieved in a sanctioned swim meet during the current season. These times are 107% of the average of the fastest 20th place times from the three previous State Meets. Consideration times will no longer be used. The lead-off swimmer of each relay shall be eligible to qualify for state in that particular stroke and distance. Times from this event will not stand as a pool record, conference record or a state record.

A competitor shall be permitted to enter a maximum of four events, no more than two of which shall be individual events. Being designated as a member of a relay team does not count as an entry unless the swimmer actually competes in a relay event. Heats will be drawn as prescribed in the current National Federation Swimming and Diving Rules Book in Rule 5 of Section 3 by using the swimmer's best time as reported during the season.



### Diving:

Diving will be conducted in accordance with Rule 9. Divers shall qualify for the state with a total of 275 points in eleven dives or a score of 170 in a six dive format as long as the competitor has completed an 11 dive program. This scoring must be during a regular season meet with a minimum of three judges scoring.

It is the responsibility of the coach to see that no competitor is entered in more than two individual events and that each athlete's full name, grade and seed time appears on the entry list. The entry form is to be electronically commlinked using the HyTek program to the NDHSAA office ([jeriann.everson@ndhsaa.org](mailto:jeriann.everson@ndhsaa.org)) in Valley City, no later than 8:00 a.m. on Monday prior to the State Meet.



**NO ENTRIES WILL BE ACCEPTED MONDAY AFTER 8:00 A.M. THESE ENTRIES ARE FINAL.** Diving sheets must be emailed to [jeriann.everson@ndhsaa.org](mailto:jeriann.everson@ndhsaa.org) by 8:00 a.m. on the same day. A diving form will be emailed to each coach the Monday prior to entry deadline.

There will be a scratch meeting at 11:00 a.m. Friday, of the state meet and at 11:30 a.m. Saturday. No changes or additional entries are allowed at this time.

### Diving Entry Sheets:

Double check the previously submitted diving sheets and return to the Diving Referee, before the deadline of 11:15 a.m. Friday of the state meet. Changes shall be permitted until the specified time on Friday, prior to the start of the diving competition. Correction of errors noted by the diving referee shall be permitted until the start of the diving competition. Interscholastic Championships (Rule 9: Section 3, Article 4):

Number of Contestants: 1-32

Preliminaries: Any two required and three optional

Semifinals: Two required and one optional

Finals: One required and two optional

The 20 highest scoring divers through the prelims qualify for the semi-finals. The 16 highest scoring divers through the semi-finals qualify for the finals.

Eight lanes are to be used for preliminaries in the State Meet. Electronic timing with touch pads and horn start will be used, along with a back-up timing system. For safety purposes, the following will be enforced concerning activity at the conclusion of the State Meet:

A. The pool will be cleared immediately following the 400 yard freestyle relay.

B. The entire pool area will be cleared of all swimmers and spectators immediately following the final event.

Three team trophies and eight individual plaques for each event will be awarded (except relays in which only the first, second, third and fourth place teams will receive individual plaques). Competing members of the first, second and third place teams will receive individual team plaques.

**STATE MEET:** February 23 and 24, 2024

**SITE:** Dickinson, Guy Fridley, Dickinson AD, Manager

### **STATE MEET SCHEDULE EVENTS**

#### **A. Individual Events**

1. Vault
2. Uneven Parallel Bars
3. Balance Beam
4. Floor Exercise

#### **B. All-Around**

### **REGISTRATION DEADLINE**

State meet entries are to be submitted electronically to the NDHSAA office and to the meet manager, no later than 10:00 AM Tuesday prior to the State Meet. Entries submitted after the deadline up to 4:00 PM that Tuesday will be accepted only if accompanied with payment of \$25.00 late entry fee. No entries will be accepted later than 4:00 PM the Tuesday prior to the State Meet.

### **EXPENSE ALLOWANCE**

Team payments will be made following the end of the fiscal year according to the team payment schedule.

### **OFFICIAL RULES**

The 2022-24 Girls Gymnastics Rules Book published by the National Federation is the official rule book.

### **UNIFORMS**

Participants must appear in appropriate school identifying uniforms.

### **SCORING**

In determining the Team Champion, scores are determined by totaling the best four scores for each team in each event.

### **STATE ENTRIES**

Each school is allowed six gymnasts for team competition.

### **SUBSTITUTIONS**

Team substitutions are permitted up to the time of the start of the event using the roster as submitted on the state entry form.

### **WARMUPS**

Touch warm-up shall be:

Vault and Bars:

Team A: Gymnasts 1, 2, & 3 touch, then compete

Team B: Gymnasts 1, 2, & 3 touch, then compete

Team A: Gymnasts 4, 5, & 6 touch, then compete

Team B: Gymnasts 4, 5, & 6 touch, then compete

The touch warm-up on vault consists of two vault attempts.

Beam:

First 3 competitors touch, then competition start

Team A: Gymnasts 1&2 touches

Team B: Gymnast 1 touches

Team A: Gymnast 1 competes

Floor Exercise:

First 6 competitors touch (2 min.):

Team A Gymnasts 1, 2 & 3, followed by Team B Gymnast 1, 2 & 3 touch

Team A Gymnasts 1, 2 & 3 competes followed by Team B 1, 2 & 3 competes

Team B Gymnast 1 competes

Team A Gymnast 3 & Team B gymnast 3 touch (1 min.)

Team A Gymnast 2 competes

Team B Gymnast 2 competes

Team A Gymnast 4 & Team B gymnast 4 touch (1 min.) and so on

Team B: Gymnast 2 touches

Team B: Gymnast 1 competes

Team A: Gymnast 3 touches

Team A: Gymnast 2 competes

Team B: Gymnast 3 touches

Team B: Gymnast 2 competes

Team A: Gymnast 3 touches and so on



**OFFICIAL RULES STATE TOURNAMENT QUALIFIERS TEAM QUALIFICATION**

1. The top eight teams will advance to the State Meet using the top 5 team scores from the regular season, which includes the conference meet. There will be no NDHSAA sponsored regional meet.
2. Tie-breaker for team seeding (Start with number one and stop when the tie is broken):
  - a. Head to head record where both teams competed
  - b. Add team scores of meets where both teams competed
  - c. Average top 4 scores (instead of 5) for tied teams
  - d. Average top 3 scores for tied teams
  - e. Average top 2 scores for tied teams
  - f. Top score for tied teams
  - g. Coin flip
3. There will be one (1) session.
4. The schedule will be:

**Friday:**

Introductions and anthem at 3:45 PM. Competition begins at 4:00 PM. All times are local time Friday (Team Day):

- 1:00 p.m. – Gym Opens
- 1:15 p.m. - Coaches' meeting
- 1:45 – 3:45 p.m. – Timed Warm-ups (see note)
- 3:00 p.m. - Officials' Meeting and video review for base score
- 3:45 p.m. - Opening Ceremony
- 4:00 p.m. - Begin Competition

NOTE: Timed Warm-ups may be adjusted by the host school. Previously 1.5 minutes per athlete x 6 competitors, 2 minute equipment change was used.

\*\*\* Teams will be seeded into the Team State Meet by use of simple ranking program. All host teams must report/submit team scores to the NDHSAA office immediately after completion of competition, including Conference Meet. Final ranking will be simple average score of the top five regular season competitions in which the team participated.

Example:

December 19	135
January 6	132
January 13	133
January 20	136
January 28	137
February 3	137
February 10	138

• Total:  $135 + 136 + 137 + 137 + 138 = 683$  divided by 5 meets = 136.6 average.

Top ranked teams will meet on floor exercise last round, etc.

- See Regulations for Warm-up and Competition Rotations: <http://www.ndhsaa.com/regulations/gymnastics>
- Coaches will declare the 6 Team Competition athletes per event by the Tuesday prior to the State Meet.

**INDIVIDUAL QUALIFICATION**

1. The top 3 regular season scores will be used to advance the top 40 individuals and top 30 all around to the state meet.
2. The top 3 scores for each athlete must be posted on the NDHSAA website plus any update when an athlete achieves a better score.
3. Conference meet may contribute to the 3 score average.
4. Coaches must submit updates on an individual's score by noon Sunday prior to the State Meet.
5. Top 40 individuals and top 30 all around athletes statewide will qualify to Individual State Meet (no tie-break).

Saturday (Individual Day) (all times are local):

- 9:45 a.m. - Gym Opens
- 10:30 a.m. - Timed Warm-ups Begin
- 11:30 a.m. - Video review for base score (optional)
- 11:45 a.m. - Opening Ceremonies
- 12:00 p.m. - Begin Competition

**NOTE:**

1. Meet manager may view the field each day and adjust the warm-up if needed. Touch warm-ups will be used for team day and individual day.
2. It is recommended to use the individual athlete announcing format and drop back warm up to speed meet up and provide more spectator appeal.

## OTHER REGULATIONS

1. Only high school teams are eligible to enter the State Meet. Junior high teams are not eligible, but junior high girls are eligible for the senior high team.
2. If a girl wishes to compete in the all-around, she must enter all four of the individual events
3. The meet referee shall not be a high school coach of a competing team.

## SPECIAL MEETING:

All judges and meet referees will meet one hour prior to the start of competition for video review prior to base scores. Prior to competition on both days of the State Meet, judges will review videos of routines of the event in which they are assigned. This will take place no later than 1/2 hour prior to the beginning of competition which is during the scheduled judges' meeting.

## STATE SCHEDULE

NOTE: Warm-up starting time will be reviewed by the meet manager for Friday for any necessary adjustments.

## STATE ADMISSION PRICES

1 Day Ticket: Adults - \$15.00, Students - \$5.00

2 Tournament Ticket: Adults - \$30.00, Students - \$10.00

## STATE AWARDS

The top four teams receive a team trophy. In addition, competing members of the championship and runner-up teams will receive individual plaques. In each event, the top six individuals receive plaques. Because of the number of ties, individual awards will be ordered following competition.

## JUDGES

A Meet Referee plus twelve judges - three in each event will be contracted. Scoring shall be tabulated to the ten-thousandths and rounded off to the nearest thousandth.

# 2024 NDHSAA Division AA Basketball State Tournament Schedule

## DIVISION AA GIRLS AND BOYS STATE TOURNAMENT

The 2024 NDHSAA sponsored State Division AA Boys and Girls Basketball Tournament will be held March 7, 8, 9, 2024, at the Bismarck Events Center, Dave Zittleman will be the tournament manager.

### Thursday, March 7th

#### Girls Quarterfinals - Exhibit Hall:

Team 1 West vs. Team 4 East - 1:00

Team 2 East vs. Team 3 West - 3:00

Team 1 East vs. Team 4 West - 5:00

Team 2 West vs. Team 3 East - 7:00

#### Boys Quarterfinals - Main Arena:

Team 1 West vs. Team 4 East - 2:00

Team 2 East vs. Team 3 West - 4:00

Team 1 East vs. Team 4 West - 6:00

Team 2 West vs. Team 3 East - 8:00

### Friday, March 8th

#### Main Arena:

Girls Semifinal #1- 1:00 pm

Girls Semifinal #2- 3:00 pm

Boys Semifinal #1- 6:30 pm

Boys Semifinal #2 - 8:30 pm

#### Exhibit Hall:

Boys Consolation Semifinal #1- 12:00 pm

Boys Consolation Semifinal #2 - 2:00 pm

Girls Consolation Semifinal #1- 4:00 pm

Girls Consolation Semifinal #2- 6:00 pm

### Saturday, March 9th

#### Main Arena:

Girls 5th Place - 9:30 am

Boys 5th Place - 11:30 am

Girls 3rd Place - 1:30 pm

Boys 3rd Place - 3:30 pm

Girls Championship - 6:00 pm

Boys Championship - 8:00 pm





## 2023-24 Basketball Tournament Regulations Regional Tournament Regulations

### Division AA

#### Combined Region Boys & Girls Tournaments

West Region Tournament - Bismarck Events Center - February 29, March 1-2, 2024

East Region Tournament - Fargo - Home Sites (February 27) and multiple sites on February 29, March 1-2, 2024

Combined State Boys & Girls Tournament - March 7-9, 2024 at Bismarck Events Center

### Division A

Four regions - Each champion advances to state tournament

#### Girls Region Tournaments - February 19, 20, and 22, 2024

Region 1 - Fargo - SHAC (February 19, 20, and 23, 2024)

Region 2 - Mayville State University

Region 3 - Minot State University Dome

Region 4 - Beulah

#### Boys Region Tournaments - March 4, 5, and 7, 2024

Region 1 - Fargo - SHAC

Region 2 - Mayville State University

Region 3 - Minot State University Dome

Region 4 - Killdeer

#### Girls State Qualifier Games - Saturday, February 24, 2024 -

Winners advance to state tournament

##### East - Mayville State University

Region 1 Runner-up vs. Region 2 Third Place

Region 2 Runner-up vs. Region 1 Third Place

##### West - Minot Auditorium

Region 3 Runner-up vs. Region 4 Third Place

Region 4 Runner-up vs. Region 3 Third Place

#### Boys State Qualifier Games - Saturday, March 9, 2024 -

Winners advance to state tournament

##### East - Fargo - SHAC

Region 1 Runner-up vs. Region 2 Third Place

Region 2 Runner-up vs. Region 1 Third Place

##### West - New Town - 4 Bears

Region 3 Runner-up vs. Region 4 Third Place

Region 4 Runner-up vs. Region 3 Third Place

### State Tournaments

The state tournaments will be seeded by the eight qualifying coaches

Division A Girls Basketball State Tournament - February 29-March 2, 2024 at Minot State University Dome

Division A Boys Basketball State Tournament - March 14-16, 2024 at FARGODOME



## **Division B**

### **Eight Districts**

**District Tournaments - Top four teams qualify for region tournament**

Girls – Deadline of February 14, 2023

Boys – Deadline of February 28, 2023

**Four Regions - Same format as current Class B region tournaments**

### **Girls Region Tournaments - February 19, 20, and 22, 2024**

Region 1 - Jamestown Civic Center

Region 2 - Devils Lake

Region 3 - Killdeer

Region 4 - Minot Auditorium

### **Boys Region Tournaments - March 4, 5, and 7, 2024**

Region 1 - Jamestown Civic Center

Region 2 - Devils Lake

Region 3 - Bismarck St. Mary's

Region 4 - New Town - 4 Bears

**Girls State Qualifier Games - Saturday, February 24, 2024 - Winners advance to state tournament**

#### **East - Mayville State University**

Region 1 Runner-up vs. Region 2 Third Place

Region 2 Runner-up vs. Region 1 Third Place

#### **West - Minot Auditorium**

Region 3 Runner-up vs. Region 4 Third Place

Region 4 Runner-up vs. Region 3 Third Place

**Boys State Qualifier Games - Saturday, March 9, 2024 - Winners advance to state tournament**

#### **East - Fargo - SHAC**

Region 1 Runner-up vs. Region 2 Third Place

Region 2 Runner-up vs. Region 1 Third Place

#### **West - New Town - 4 Bears**

Region 3 Runner-up vs. Region 4 Third Place

Region 4 Runner-up vs. Region 3 Third Place

## **State Tournaments**

**The state tournament will be seeded by the eight qualifying coaches**

State B Girls - February 29-March 2, 2024 at Jamestown Civic Center

State B Boys - March 14-16, 2024 at Minot State University Dome

## **DIVISION A AND B STATE TOURNAMENT SEEDING**

The head coaches of the eight qualifying teams will use an electronic process to seed the eight teams for the state tournament. Seeds 5-8 may be adjusted to avoid quarterfinal matchups between two teams who played each other in a region tournament. Ratings Percentage Index (RPI) will be used to rank teams for a coach who does not submit electronic rankings for State seeding.

### **The quarterfinal pairings are:**

Game 1 - #2 seed vs. #7 seed

Game 2 - #3 seed vs. #6 seed

Game 3 - #1 seed vs. #8 seed

Game 4 - #4 seed vs. #5 seed

Further tournament regulations can be found at: <https://ndhsaa.com/regulations/basketball-boys>





### *2024 NDHSAA State Debate Tournament*



The 2024 State Debate Tournament will be held Saturday, February 3 in Fargo. A tournament schedule will be posted at <https://ndhsaanow.com/tournaments/debate> as soon as it is finalized.

### *2024 NDHSAA Class A Plays*



2024 State Class A Plays will be held April 8-9 at Lake Region State College-Devils Lake. A schedule and contest information will be posted at <http://www.ndhsaanow.com/tournaments/play> as soon as registrations are finalized.

### *2024 NDHSAA Class A Vocal Music State Festival*



The 2024 State Class A Vocal Music Festival will be April 26 at Valley City State University. Jill Bergstedt and Jerrold Heide will serve as festival managers.

A full schedule, parking information, and building locations will be posted this spring at: <http://www.ndhsaa.com/tournaments/music>.

### *2024 NDHSAA Class B State Music Festival*



The 2024 State Class B Music Festival will be May 4 at Bismarck State College. Jill Bergstedt and Kim Weisman will serve as festival managers.

A full schedule, parking information, and building locations will be posted this spring at: <http://www.ndhsaa.com/tournaments/music>.

## *2024 NDHSAA Class A Speech State Tournament*



The 2024 State Class A Speech Tournament will be April 20 at Jamestown High School. Sue Anderson and Laura Weis will serve as tournament managers.

A full schedule including rounds, parking information and building locations will be posted after completion of regional speech and state scheduling at <http://www.ndhsaanow.com/tournaments/speech>.

Please note, final changes to schedules (due to drops) will be made the day of the tournament, please direct students to take pictures of the posted tournament schedules.

## *2024 NDHSAA Class B Speech State Tournament*



The 2024 State Class B Speech Tournament will be April 27 at Mandan High School. Sue Anderson and Annette Bender will serve as tournament managers.

A full schedule including rounds, parking information and building locations will be posted after completion of regional speech and state scheduling at <http://www.ndhsaanow.com/tournaments/speech>.

Please note, final changes to schedules (due to drops) will be made the day of the tournament, please direct students to take pictures of the posted tournament schedules

## *State Music and State Speech Schedules*



Schedules for State Class A & B Music and Speech will be posted as soon as possible on their respective website pages prior to their contests and festivals.

Music: <http://www.ndhsaa.com/tournaments/music>

Speech: <http://www.ndhsaanow.com/tournaments/speech>

## *Region Music Festival Information*



Region Music Festival Information can be found by visiting: <https://ndhsaa.com/region-schedule/music>

## *Region Speech Contest Information*



Region Speech Contest Information can be found by visiting: <https://ndhsaanow.com/regions-tournament-speech>

*Follow the North Dakota High School Activities Association  
on its' professional Facebook Page*

*Follow [@NDHSAA](#) on Twitter for updates on NDHSAA Activities,  
Postseason Broadcast Information & much more!*



The 2023 NDHSAA State Class B One-Act Play Contest was held Monday and Tuesday, November 20 and 21 in Jamestown. Mike McIntyre, University of Jamestown, served as manager.

**The top 8 places awarded at the finals were as follows:**

- 1st Kindred performing "Math"
- 2nd Enderlin performing "Reflex Action"
- 3rd New Salem-Almont performing "Inside Al"
- 4th South Prairie performing "The Perfect Ending"
- 5th Shiloh Christian performing "The Moustache"
- 6th Belfield performing "Find Me"
- 7th May-Port CG performing "The 146 Point Flame"
- 8th North Sargent performing "De Profundis"

**Superior Actor Awards were presented November 20 at Jamestown High School to:**

- Glenburn - Jersey Heinle
- Carrington - Kelsi Neuman
- New Salem-Almont - Elizabeth Taylor
- New Town - Shali Heart
- North Sargent - Aidan Anderson
- Park River - Tanner Schramm
- Belfield - Sailor Nelson
- Ellendale - Carter Gibson
- Kindred - Ally Goodmanson

**Superior Actor Awards were presented November 20 at University of Jamestown to:**

- Bowbells/Burke Central - Mya Woodbeck
- Rugby - Ryli Kuhnhen
- May-Port CG - Emily Norstebon
- South Prairie - Joshua Lindbo
- Edgeley - Dylan Ostendorf
- Shiloh Christian - Michael Fagerland
- Enderlin - Thomas Gerber
- Milnor - Emma Bixby
- Bowman County - Alexia Reisenhauer

Schools qualified for State from one of ten regional contests held in early to mid-November. State Qualifiers included: Belfield, Bowbells/Burke Central, Bowman County, Carrington, Edgeley, Ellendale, Enderlin, Glenburn, Kindred, Milnor, MPCG, New Salem-Almont, New Town, North Sargent, Park River, Rugby, Shiloh Christian, and South Prairie.



The 61st Annual NDHSAA State Student Congress was held at the State Capitol in Bismarck November 2-3.

### Team Totals

West Fargo Horace took first with 164 points; West Fargo Sheyenne was awarded second with 157 points; Fargo Davies was third with 129 points; Fargo South and West Fargo tied for fourth place with 87 points each.

Elected by peers as the 2023 Student Congress Coach of the Year was Abby Ingstad, coach at West Fargo.

### 2023 Presiding Officers

**Senate – Hosna Dawlaty, West Fargo Sheyenne**

**House I – Maggie Dick, West Fargo Horace**

**House II – Leah Hochhalter, Valley City**

**House III – Penelope Echola, Fargo North**

**House IV – Isabel Flanagan, West Fargo Horace**

**House V – Norah Casas, West Fargo Sheyenne**

**House VI – Hamdi Abdi, Fargo South**

### SENATE

1st - Cady Wang, Fargo Davies; 2nd - Mathew Foolish Bear, Bismarck St. Mary's; 3rd - Carter Hass, Valley City; 3rd - Nadir Mohamed, West Fargo Horace; 5th - Trent Hamilton, Bismarck Century; 5th - Reagan Koppelman, West Fargo Sheyenne; 7th - Aneesh Vegi, West Fargo; 8th - William O'Shields, Dickinson Trinity; 8th - Hannah Heidenreich, Fargo Davies.

### HOUSE I

1st - Grady Gronos, West Fargo; 1st - Jordan Graves, West Fargo Horace; 3rd - Rebecca Sather, Grand Forks; 3rd - Jonah Follingstad, West Fargo Sheyenne; 5th - Ada Dachtler, Grand Forks; 6th - Veda Voegele, West Fargo Horace; 7th - Ariel Bahn, Fargo Davies; 8th - Srividhya Igathinathane, Bismarck.

### HOUSE II

1st - Elijah Nyberg, West Fargo Sheyenne; 2nd - Keagen Kratcha, West Fargo Horace; 3rd - Abhiram Kotala, West Fargo Sheyenne; 4th - Ryan Benson, West Fargo Horace; 5th - Braden Li, Fargo Davies; 6th - Dakota Lange, Devils Lake; 6th - Karmella Splichal, West Fargo; 8th - Hannah Stevermer, West Fargo Horace.

### HOUSE III

1st - Ada Gilbertson, Valley City; 2nd - Elena Weng, West Fargo Sheyenne; 3rd - Kaelee Mitsche, Fargo South; 4th - Amanda Li, Fargo Davies; 5th - Kadidiatou Sacko, West Fargo; 6th - Olivia Mitchell, Devils Lake; 7th - Dannie Yang, Fargo Davies; 8th - Britta Soderholm, West Fargo Horace.

### HOUSE IV

1st - Ofure Itua, West Fargo Sheyenne; 2nd - Setiya Hamidi, Fargo Davies; 3rd - Myah Haines, Fargo South; 3rd - Nora Aeilts, West Fargo Horace; 3rd - Jane John, West Fargo Sheyenne; 6th - Alexander Lattergrass, Fargo North; 6th - Sullivan Lynch, Fargo North; 8th - Sophia Lin, Fargo Davies.

### HOUSE V

1st - Sislee Nelson, Belfield; 2nd - Ashley Hsu, Fargo Davies; 3rd - Amour Mach, West Fargo Horace; 4th - Madison Arness, Fargo South; 4th - Charlotte Lovejoy, West Fargo Horace; 6th - Warren Beyer, Bismarck St. Mary's; 6th - David Masog, West Fargo; 8th - Abrar Mahin Haque, Fargo North; 8th - Genevieve Ulrich, Grand Forks.

### HOUSE VI

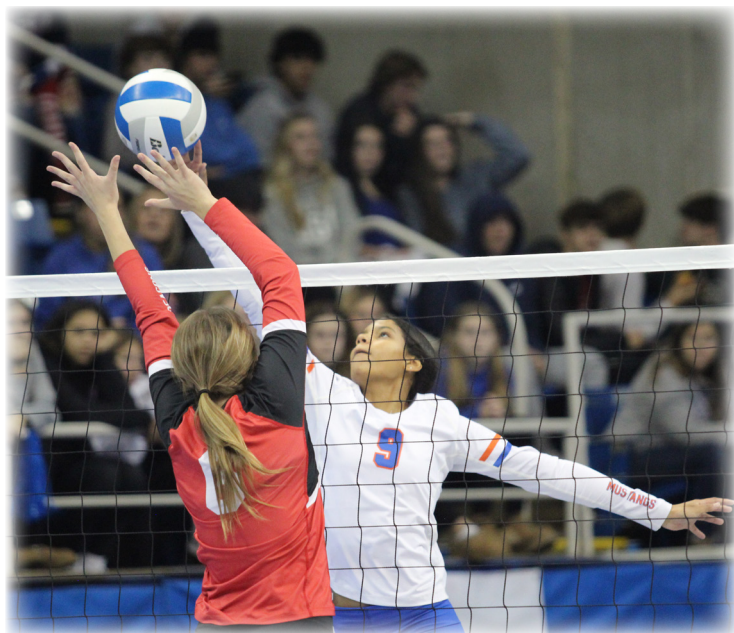
1st - Bianca Nathan, Fargo Davies; 2nd - Isaak Mohamed, West Fargo Horace; 3rd - William Mitsche, Fargo South; 3rd - Lucy Scherbenske, West Fargo Horace; 5th - Olivia Desmarais, Fargo North; 6th - Satura Ozaki, West Fargo; 7th - Colt Hejmanek, West Fargo; 8th - Andrew Ohm, Fargo North.





National Girls and Women in Sports Day is a nationwide celebration which recognizes the accomplishments of individuals in the promotion and advancement of girls and women's sports. The day also brings attention to the achievements of female athletes and to issues facing girls and women in sports.

Please visit <http://www.womenssportsfoundation.org/en/home/advocate/ngwsd> for more information of National Girls and Women in Sports Day.



## Attention Division A & Division B Band & Choir Directors



Division A and Division B basketball tournaments are looking for high school bands and national anthem singers. For audition/performance information, please contact the following.

Division A State Girls, Feb. 29 - Mar. 2 in Jamestown: Jim Roaldson ([James.Roaldson@k12.nd.us](mailto:James.Roaldson@k12.nd.us))

Division B State Girls, Feb. 29 - Mar. 2 in Minot: Mitch Lunde ([mitch.lunde@minot.k12.nd.us](mailto:mitch.lunde@minot.k12.nd.us))

Division A State Boys, Mar. 14-16 in Fargo: Todd Olson ([olsont1@fargo.k12.nd.us](mailto:olsont1@fargo.k12.nd.us))

Division B State Boys, Mar. 14-16 in Minot: Mitch Lunde ([mitch.lunde@minot.k12.nd.us](mailto:mitch.lunde@minot.k12.nd.us))

## NDHSAA Postseason Video Broadcasting



All postseason (Region Tournaments & State Tournaments) video rights have been sold to Forum Communications, BEK TV and the NFHS Network. Some postseason contests and tournaments are available for stream/broadcast as declined events with applicable rate card fee.

**Any declined event stream/broadcast must have prior approval from NDHSAA or will be subject to twice the applicable fee.**

Please contact Tom Mix or Brian Bubach for further information at 701-845-3953 or [tom.mix@ndhsaa.org](mailto:tom.mix@ndhsaa.org) / [brian.bubach@ndhsaa.org](mailto:brian.bubach@ndhsaa.org)

## NFHS Network Consumer Help



For all questions regarding difficulty viewing, inability to find a specific event link, technical issues within a broadcast, trouble subscribing, billing questions, etc., patrons may email [customersupport@nfhsnetwork.com](mailto:customersupport@nfhsnetwork.com) or call (877) 978-2311.

There are customer representatives standing by at all times to respond to issues and get fans set-up to view their events as quickly as possible. The NFHS Network is happy to issue refunds for accidental double subscribing as well as issues such as experiencing technical difficulties while viewing a game.

For additional NFHS Network Consumer Help Information please visit: <https://www.nfhsnetwork.com/customer-support>

Fans can watch NDHSAA events streamed on the NFHS Network at: [www.nfhsnetwork.com/associations/ndhsaa](http://www.nfhsnetwork.com/associations/ndhsaa)

## NDOA Fall Board Meeting Minutes



**2023 NDOA Fall Meeting Minutes:**

[https://d2q0tptsfejku7.cloudfront.net/uploads/files/Officials/NDOA\\_Meeting\\_Minutes/2023%20NDOA%20Fall%20Meeting%20Minutes.pdf](https://d2q0tptsfejku7.cloudfront.net/uploads/files/Officials/NDOA_Meeting_Minutes/2023%20NDOA%20Fall%20Meeting%20Minutes.pdf)

**Follow [@NDHSAA](https://twitter.com/NDHSAA) on Twitter for updates on NDHSAA Activities, Postseason Broadcast Information & much more!**





## *Officials Registration Online*



All officials hired for interscholastic competition at the high school level must be registered with the NDHSAA before officiating. Out-of-state officials who officiate contests in North Dakota must submit a reciprocity form and fee to NDHSAA before working games or meets. Registration is not complete until forms and fees have been received and processed by the NDHSAA office. Officials registration will be available online only through NDHSAA and officials must have an NDHSAA account in order to register. Officials registration is due by the last date of each season's clinic window.

## *Test, Clinic, Website and Officials Requirements*



Administrators, coaches, and officials should be sure to check out the Clinic, Testing, and Website Posting Deadlines page ([https://ndhsaa.com/clinic\\_testing\\_website\\_deadlines](https://ndhsaa.com/clinic_testing_website_deadlines)) for clinic and testing windows as well as the deadlines for posting Picture, Cutline, Roster, Schedules for school activities.

Officials may check what is required for their sports at <https://ndhsaa.com/officials/requirements>, including workshop locations, dates and times if applicable.

## *NCAA Eligibility Center Account Type Updates*



For student-athletes registering with the NCAA Eligibility Center, account types now include a new account (Amateurism-Only Certification account). This account, which includes a \$70 registration fee, may be the right choice for [international students](#) planning to enrolling at an [NCAA Division III](#) school during the 2024-25 academic year or certain student-athletes transferring from a two- or four-year school to a Division I or II school.

As part of that change, the [Certification account](#) has been renamed the Academic and Amateurism Certification account. For students wanting to compete at an NCAA Division I or II school, sign a [National Letter of Intent](#), or who are preparing to take an [official visit](#), this account type is required. This account includes a \$100 registration fee for [domestic students](#)/\$160 for international students.

For more information, please share the recently released [2023-24 Guide for College-Bound Student-Athletes](#). [Click here](#) for more information on which account may be right for your athletes.

## *Division I Eligibility Standards*



Student-athletes who may be participating in Division I intercollegiate athletics have academic requirements for initial eligibility at a Division I institution.

NCAA Eligibility Guide

[http://fs.ncaa.org/Docs/eligibility\\_center/Student\\_Resources/CBSA.pdf](http://fs.ncaa.org/Docs/eligibility_center/Student_Resources/CBSA.pdf)

NCAA Eligibility Center Contact Information: 877/262-1492 (Toll Free for Students and Parents) <http://www.ncaa.org>

## *Changing Email Addresses in NDHSAA Account*



Users are reminded to edit email addresses in the NDHSAA system. Editing accounts will allow user history and all existing roles to remain connected to NDHSAA accounts. Users should not create new accounts, they should edit their existing accounts.

To edit your NDHSAA email address/login:

- 1) Log in to your NDHSAA account
- 2) Click on "My Profile" on the bottom left portion of the page
- 3) Click the Edit Button on the Profile page
- 4) Click the "Account" tab on the gray menu bar that goes across the page
- 5) Enter your new email address
- 6) Confirm your new email address
- 7) Click the blue SAVE button

This is also where you would change your password, if you so desire. Editing your email address on your NDHSAA account assures you receive the proper information from the NDHSAA office.

## *NDHSAA HELP (FAQ)*



NDHSAA website help is available on the Frequently Asked Questions (FAQ) tab on the NDHSAA menu bar.

<https://ndhsaa.com/faq/help>

Documentation includes changing your password, updating profile information, adding your team picture, cutline, roster & schedule to the NDHSAA website, entering foreign exchange students and much more. Check out the FAQ tab for answers to questions most frequently asked!

## *eKnowledge Preparation ACT/SAT Programs Available*



eKnowledge has partnered with the NFHS again to offer free SAT/ACT Preparatory DVD and Cloud version to NFHS member state associations and their constituent high schools. These programs created by eKnowledge normally sell for \$199.95 but through this generous gift, students can receive a complimentary copy for only shipping and handling costs. The PowerPrep programs include 11 hours of video instruction, practice tests, sample questions and over 3000 files of supplemental test prep material. This program is designed for the students to study at their own pace. Over the last several years, eKnowledge has donated over 200,000 programs with a value of \$50,000,000.

To secure a donated program just contact, [www.eKnowledge.com/NDHSAA](http://www.eKnowledge.com/NDHSAA) or [www.eKnowledge.com/NFHS](http://www.eKnowledge.com/NFHS) or order by phone, (951)-256-4076 and reference the National Federation of State High School Associations.


A YouTube video explaining the program may be accessed at: <http://www.youtube.com/watch?v=5JjyazTc6Lo&list=UUPalslteXAJ6YgjAiFhtvZA&index=1&feature=plcp>



## ACT/SAT National Test Dates



Administrators, activities directors and coaches should remind their students of the following 2023-24 dates so they may avoid conflicts. Please have them contact their school counselor for deadline registration dates and further details.

ACT NATIONAL TEST DATES	SAT NATIONAL TEST DATES	
December 9, 2023 February 10, 2024 April 13, 2024 June 8, 2024 July 13, 2024	December 2, 2023 March 9, 2024 May 4, 2024 June 1, 2024	

## Co-op Application Deadline Reminder



Requests for a cooperative agreement between schools with existing programs must be submitted to NDHSAA prior to the end of the preceding season in that activity with the exception of football. Completed football cooperative agreements must be received by September 15th of the preceding year to be considered by the Board of Directors. If a coop application is submitted following the end of the preceding season, a \$500 late fee must be paid. No co-op applications will be considered by the NDHSAA Board of Directors via conference call or after the following dates:



**Fall Sports:** June 1st, prior to start of season

**Winter Sports:** September 15th, prior to start of season

**Spring Sports:** January 15th, prior to start of season

In the case of emergency co-op requests, the Executive Board Committee, upon hearing the reasons, may recommend the application be considered by the Board of Directors. Requests for cooperative agreements involving one or more schools that do not have an existing program must be submitted before above deadlines. Administrators are encouraged to contact Brian Bubach at (701) 845-3953 or [brian.bubach@ndhsaa.org](mailto:brian.bubach@ndhsaa.org) regarding coop application/dissolution and process.

## Co-op Application Dissolution Policy



Any dissolution of cooperative agreements must be approved by the NDHSAA Board of Directors. Before dissolution will be considered during the first three years of a cooperative agreement, schools in the coop must provide proof of support. After three years, an individual school may petition the NDHSAA Board for dissolution. Reminder: football has its own timeline in regulations for coop dissolutions. Administrators are encouraged to contact Brian Bubach at (701) 845-3953 or [brian.bubach@ndhsaa.org](mailto:brian.bubach@ndhsaa.org) regarding coop application/dissolution and process.

**Follow [@NDHSAA](https://twitter.com/NDHSAA) on Twitter for updates on NDHSAA Activities**

## *Participants Must Be Accompanied*



Please be reminded that all regional and state individual and team members must be accompanied by a coach or school official as noted in the NDHSAA By-Laws on page 4, Part Two, Article III-CONTESTS, Section V.

Managers of regional and state NDHSAA sponsored activities have been notified to strictly enforce this rule. No participant or team will be allowed to participate without a coach or faculty representative present at the contest.

## *NDHSAA Website Information: Entering Team Scholars*



NDHSAA recognizes teams that have met a cumulative 3.20 Grade Point Average as Team Scholars. Team Scholars may be submitted by school administrators through the NDHSAA website. Team Scholars submitted by the 15th of each month are posted online at <https://ndhsaa.com/awards/team-scholar>

### **To submit team scholars to NDHSAA:**

- Log in to NDHSAA
- Click the Admin Bell for your school on the top left side of the page
- Click the Team Tab on the gray menu bar
- Complete form - including checking the eligibility box
- Click the blue Submit
- Your Team Scholar submission will be emailed to Brian Bubach

## *NDHSAA Website Information: Posting a Want Ad*



The NDHSAA site allows member schools to post three types of advertisements: Games Wanted, Equipment Wanted and Job Opportunities. These advertisements are posted through the administrative portion of NDHSAA, but are viewable on the public side of the NDHSAA website.

To post an advertisement:

- Log in to NDHSAA
- On the bottom left side of the page click "Topics"
- Choose a topic and click the green "Create" button

Topics: • Games Wanted • Equipment Wanted • Job Opportunities

- Enter a title for your want ad in the "Title" box. The title is the only information viewers will see, so make sure the information is complete. ie: Girls VB game wanted or Boys Basketball Tournament Teams Needed.

- Enter what you would like to buy/sell/trade/offer/acquire in the "Content" box including your contact name, telephone number and email address

- Click the blue "Save" button.

- Your want ad is posted to the public side of the NDHSAA website under "Classifieds" on the blue menu bar! No need to log in to see this information.

*Follow the North Dakota High School Activities Association  
on its' professional Facebook Page*





**Editor's Note:** For further information about this and all online NFHS courses, please visit [www.nfhslearn.com](http://www.nfhslearn.com)

"Sportsmanship," the online course for coaches, players, parents, fans and officials, is now available. It is free, takes 15 minutes to complete and should be required of every person connected to interscholastic sports. This course presents what sportsmanship is, why it is important in the interscholastic environment and explains each stakeholder's role in promoting positive behavior. To access "Sportsmanship" and other courses, please visit: [www.nfhslearn.com](http://www.nfhslearn.com)



"The Parent Seat" has been designed for coaches and athletic directors to use during their pre-season parent meetings. It explains the role of a parent during game day and provides suggestions on how they can cope with the roller coaster of emotions that they will feel. Feel free to download the video and use it in your presentation! It may take a minute or two to download.

[LINK: NFHS LEARNING CENTER THE PARENT SEAT](#)

NDHSAA is requesting nominations for the Award of Excellence program any time during the upcoming activities seasons. This program honors those teams, individuals, coaches, administrators, or fans that show exemplary sportsmanship in regular season competition.

Officials, coaches, or administrators may send a nomination to NDHSAA with pertinent information including the date of the contest or activity, those specifically being nominated, circumstances that motivated nomination, and the name(s) of those proposing the nominations. Nominations may be emailed to: [brian.bubach@ndhsaa.org](mailto:brian.bubach@ndhsaa.org)

Please submit your nominations for the Distinguished Service Award to Brian Bubach at: [brian.bubach@ndhsaa.org](mailto:brian.bubach@ndhsaa.org)

Criteria and submission forms can be found at the link below:

[https://d2q0tptsfejku7.cloudfront.net/uploads/files/Distinguished\\_Service\\_Application.docx](https://d2q0tptsfejku7.cloudfront.net/uploads/files/Distinguished_Service_Application.docx)

Awards may be granted to nominees whose accomplishments have been worthy of statewide recognition.

The NDHSAA's Constitution and By-Laws are available on our NDHSAA website under the "ABOUT" tab & select "Constitution and By-Laws" at <https://ndhsaa.com/about/constitution>

NOTE: The pdf is searchable with live links to index and table of content items.

Passed by the NDHSAA Board of Directors for regular and postseason competitions and requires:

- Respect the American flag and the National Anthem.
- Contesting schools shall each have an authorized faculty representative present who shall be responsible for his/her school's participants, students, and fans throughout the contest.
- Spectators must wear appropriate clothing. Those who do not comply or who wear clothing that is vulgar, obscene or that in some other way inappropriate, as determined by school/tournament personnel, will be removed from the facility if they do not cooperate with this behavior expectation.
- The use of appropriate language is expected at all times. Profanity, negative chants, trash talk, name-calling, personal attacks or other acts of disrespect are unacceptable and must be immediately addressed by school/tournament administrators. Any discriminatory slur will result in immediate removal from the facility.
- Any attendee ejected from a NDHSAA tournament venue will be banned from the venue(s) for the remainder of the event.
- Respect the game/contest. Under no condition shall anyone other than the members of the official squad enter the playing surface. No one may interfere with the contest in any way.
- Handheld signs and flags, which do not obstruct the view of others, are permitted provided they are in good taste. Signs or other similar items contest/tournament officials deem to be in poor taste will be removed. Message or "white" boards are prohibited. The carrying of flags around the playing surface is NOT allowed.
- Artificial noisemakers of any kind (i.e. megaphones, cowbells, sirens, whistles, thunder sticks, and other similar items) are not allowed at any indoor events, including outdoor sports played at indoor venues. Exception – Megaphones appropriately used by cheerleaders are permitted if allowed by contest officials.
- Laser lights or any other lights deemed distracting to participants are strictly prohibited.
- The use of unmanned aerial vehicles (UAV), also known as drones, is prohibited at all contests.





## *Shirt Policy*



The NDHSAA Board of Directors, in response to a recommendation of the District Chairpersons, adopted the following policy: "An appropriate shirt is required at all NDHSAA sponsored district, region and state events". An appropriate shirt is determined per local school policy. There shall be no body paint. Face paint is allowed.

## *National Anthem Flag Decorum*



The following announcement should be read before the playing/singing of the national anthem at various events: "Ladies and gentlemen, we are about to salute the flag of our nation. Please rise, remove your cap or hat, place your right hand over your heart, and stand at attention while the national anthem is being performed."



## *2024 NDHSAA Winter Tournament Information Links*



[WRESTLING TOURNAMENT INFORMATION](#)

[GYMNASTICS TOURNAMENT INFORMATION](#)

[HOCKEY TOURNAMENT INFORMATION](#)

[BOYS SWIMMING & DIVING TOURNAMENT INFORMATION](#)

[GIRLS BASKETBALL TOURNAMENT INFORMATION](#)

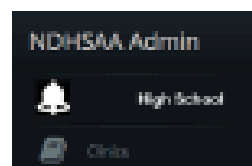
[BOYS BASKETBALL TOURNAMENT INFORMATION](#)



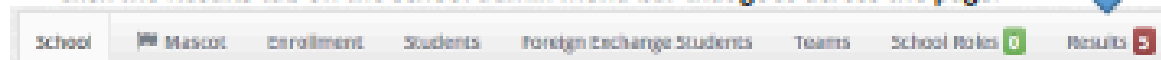
## NDHSAA Help

### NDHSAA Admins – Reporting Scores

- Log in to your NDHSAA account.
- Click the Admin Portal for your school (Bell on top left).

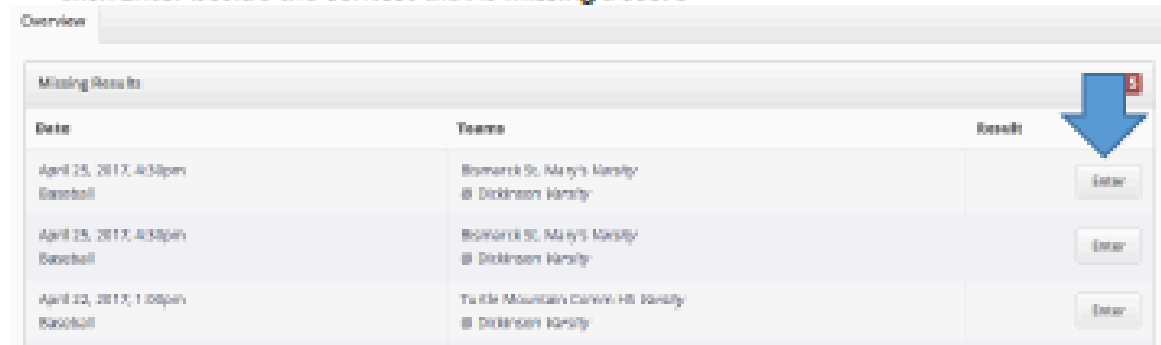


- Click the Results tab on the school admin menu bar that goes across the page.

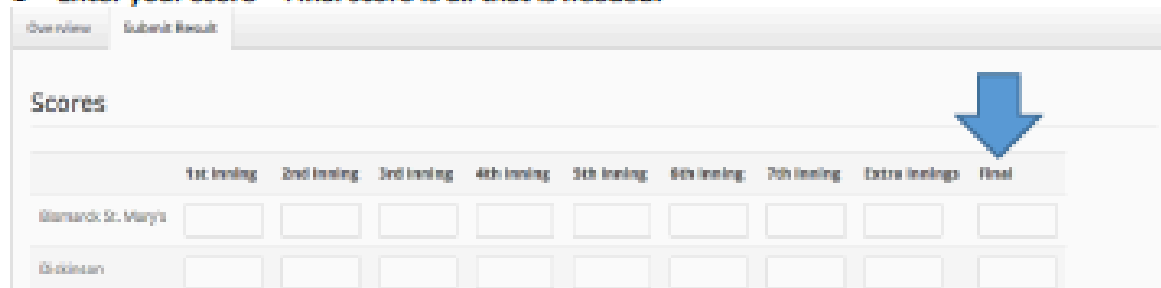


- There will be a red box with a number inside if you are missing any scores.
- If all scores are entered, the box beside your results tab will be green with a "0" inside.

- Click Enter beside the contest that is missing a score



- Enter your score – Final score is all that is needed.



- Click the Blue SAVE button at the bottom of the page.



#### Notes:

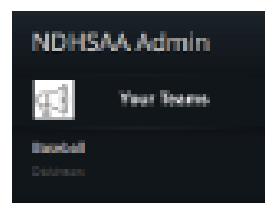
- When results are entered by one school, they will appear as results for both/all schools.
- On an iPhone, iPad or Android device GoogleChrome is recommended as your browser.
- The NDHSAA admin website is mobile friendly, however, viewing your phone landscape (sideways) rather than portrait (up and down) makes the site easier to maneuver.
- When you log in to the NDHSAA Admin website, bookmark your admin portal page for easy recall.



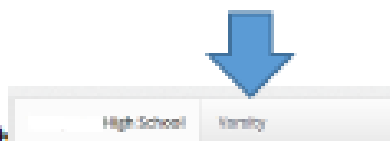
## NDHSAA Help

### NDHSAA Coaches – Reporting Scores

- o Log in to your NDHSAA account.
- o Under “Your Teams” – Click the team for which you would like to enter scores.



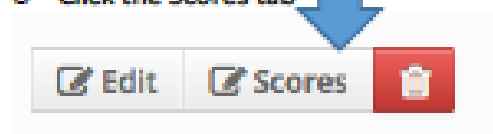
- o Click the Varsity tab



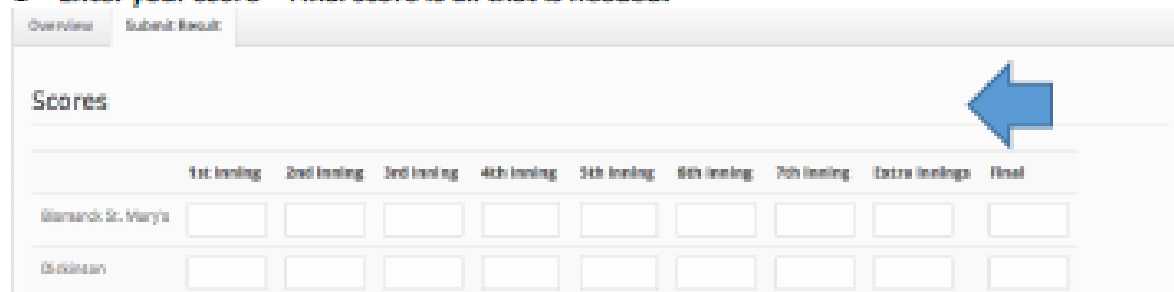
- o Click the Schedule tab beside contest



- o Click the Scores tab



- o Enter your score – Final score is all that is needed.



	1st Inning	2nd Inning	3rd Inning	4th Inning	5th Inning	6th Inning	7th Inning	Extra Innings	Final
St. Mary's									
Dickinson									

- o Click the Blue SAVE button at the bottom of the page.



#### Notes:

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*Visit NDHSAA NOW for scores, stories and more! [www.ndhsaanow.com](http://www.ndhsaanow.com)*