

# NDHSAA

## BULLETIN

# WINTER ISSUE

## 2025-26

North Dakota High School Activities Association  
350 2nd St. NW • PO Box 817 • Valley City • ND  
Phone (701) 845-3953 • FAX (701) 845-4935



PICTURED ABOVE: Members of the 2025 NDHSAA Division B Girls Basketball State Champions from Benson County.

NDHSAA PREMIER PARTNER:

SUPPORTING SPONSORS:



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2025 NDHSAA STATE STUDENT CONGRESS RESULTS

### NDHSAA BULLETIN

Written by NDHSAA Staff

Editor: Tom Mix, NDHSAA Media Specialist





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## NDHSAA ON THE WEB

[WWW.NDHSAA.COM](http://WWW.NDHSAA.COM)

[WWW.NDHSAAANOW.COM](http://WWW.NDHSAAANOW.COM)



NDHSAA NOW is where you will find news and current information about NDHSAA and our member schools. This is the site where you will find current teams, districts and region placement, team schedules, pictures, and rosters. Basketball standings, human-interest stories, twitter feed and much more! This is

also the site where you will access video from the NFHS Network and video streams from member schools. Check it out NOW!!!

[www.ndhsaanow.com](http://www.ndhsaanow.com)

## NDHSAA ON SOCIAL MEDIA

The NDHSAA is on Twitter ([@NDHSAA](https://twitter.com/NDHSAA)), Instagram (profile name: ndhsaa) and Facebook. Be sure to follow NDHSAA on these platforms for updates on statewide activities.



facebook

# BECOME AN OFFICIAL



## WHY SHOULD YOU BECOME AN OFFICIAL?

Becoming a licenced high school official is an easy call to make! Officiating allows you to continue being a role model by demonstrating qualities such as impartiality, fairness and courage.

High School officials help protect the integrity of the games we love by teaching and enforcing the rules of play. New officials have an opportunity to make a difference in their communities right now!

## BENEFITS OF BECOMING A HIGH SCHOOL OFFICIAL

- Help teach and support the youth in your community.
- Continue to develop leadership skills.
- Give back to the sports that have given you so much.
- Stay in good physical condition.
- Earn extra income.
- Help make sure your community and home state always have enough qualified officials.
- Stay connected with high school sports.

## CONTACT INFORMATION:

JERIANN EVERSON, NDHSAA

Email: [jeriann.everson@ndhsaa.org](mailto:jeriann.everson@ndhsaa.org)

Phone: (701) 845-3953

To register, please visit [www.ndhsaa.com](http://www.ndhsaa.com)

- Click on the "Officials & Judges" tab on the menu bar at the top of the page.

- Under "Officials Registration" select "New" and once on that page follow the step-by-step instructions.

DIRECT LINK:

[www.ndhsaa.com/officials/registration/new](http://www.ndhsaa.com/officials/registration/new)



#BecomeAnOfficial | [www.ndhsaa.com](http://www.ndhsaa.com) | [www.ndhsaanow.com](http://www.ndhsaanow.com)



Class B Girls Golf - Heart River



Class A Girls Golf - West Fargo Sheyenne



Boys Soccer - Fargo South



Boys Tennis - West Fargo Sheyenne



Class B Girls Cross Country - Hillsboro/CV



Class B Boys Cross Country - Bowman County



Class A Girls Cross Country - Williston



Class A Boys Cross Country - Bismarck High





9-Man Football - New Rockford-Sheyenne/Maddock



Div. A Football - Langdon Area/Munich



Div. AA Football - Devils Lake



Div. AAA Football - Fargo Davies



Girls Swimming & Diving - Bismarck Century



Division AA Volleyball - West Fargo Sheyenne



Division A Volleyball - May-Port-CG



Division B Volleyball - Langdon Area/Munich

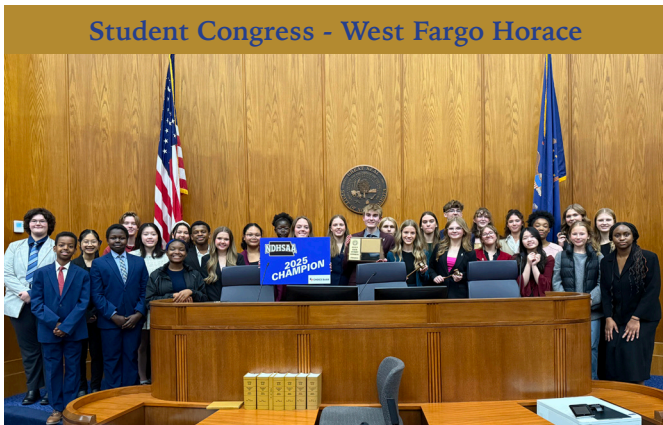




## 2025 NDHSAA Fall State Tournament Team Champions (Continued)

**NDHSAA**

Student Congress - West Fargo Horace



Class B Plays - Kindred



## Annual General Assembly Meeting

**NDHSAA**

The NDHSAA Annual General Assembly Meeting is scheduled for March 30, 2026 in Fargo. General Assembly agenda items will include but not be limited to the approval of the April 2025 minutes, proposed amendment votes, and nominating committee reports. The terms for three Board positions will expire in June 2026: Patti Aanenson (Class B Northeast Representative), Dr. Shane Martin (Native American At-Large Representative) and Matt Bakke (Class A East Representative). Nominating committees representing Class B Northeast, and Class A East will be called upon to nominate individuals to fill these two Board positions for the next four year terms. Letters to the various administrative groups requesting involvement in the nomination selection will be forthcoming. Information on electronic ballot voting for the NDHSAA Board positions will be sent to Member Schools following the nomination process at the April General Assembly.

If administrators have interest in submitting a By-Law amendment proposal, they are asked to contact Executive Director Matt Fetsch concerning the timeline for submission.

## Board Regulation: Intent to Sponsor an Activity

**NDHSAA**

For those sports involving statewide scheduling, the following dates shall be applied to member schools that are declaring intent to sponsor that activity:

**Fall sports: June 1, prior to the start of season. (Fall sports coop deadline: June 1)**

**Winter sports: September 1, prior to the start of season. (Winter sports coop deadline: September 15)**

**Spring sports: January 1, prior to the start of season. (Spring sports coop deadline: January 15)**

Any member school not having declared intent in writing to the NDHSAA office by the deadline date and therefore not included in a statewide schedule may compete with an independent schedule but shall not be eligible for postseason competition that season. All NDHSAA and NFHS rules and regulations shall apply to all teams sanctioned by NDHSAA and sponsored by the member school.

## State Fine Arts Sites Chosen at March 31 NDHSAA Board Meeting

**NDHSAA**

Future state fine arts sites will be determined at the March 31 Board of Directors Meeting. Please contact Brian Bubach ([brian.bubach@ndhsaa.org](mailto:brian.bubach@ndhsaa.org)) with questions regarding the invite process and timeline.

*Follow [@NDHSAA](https://twitter.com/NDHSAA) on “X” for updates on NDHSAA Activities*

## NDHSAA Website Information: Entering Team Scholars



NDHSAA recognizes teams that have met a cumulative 3.20 Grade Point Average as Team Scholars. Team Scholars may be submitted by school administrators through the NDHSAA website. Team Scholars submitted by the 15th of each month are posted online at <https://ndhsaa.com/awards/team-scholar>

### To submit team scholars to NDHSAA:

- Log in to NDHSAA
- Click the Admin Bell for your school on the top left side of the page
- Click the Team Tab on the gray menu bar
- Complete form - including checking the eligibility box
- Click the blue Submit
- Your Team Scholar submission will be emailed to Brian Bubach

Congratulations to all teams receiving this award--a monthly listing may be found at:  
<https://ndhsaa.com/awards/team-scholar>

For administrators looking for Team Scholar website input information, please visit  
[https://ndhsaa.com/faq\\_team\\_scholars](https://ndhsaa.com/faq_team_scholars)

## NDHSAA Postseason Video Broadcasting



All postseason (Regional & State) video rights have been sold to Forum Communications and the NFHS Network. Some postseason contests and tournaments are available for stream/broadcast as declined events with applicable rate card fee.

**Any declined event stream/broadcast must have prior approval from NDHSAA or will be subject to twice the applicable fee.**

Please contact Tom Mix or Brian Bubach for further information at 701-845-3953 or [tom.mix@ndhsaa.org](mailto:tom.mix@ndhsaa.org) / [brian.bubach@ndhsaa.org](mailto:brian.bubach@ndhsaa.org)

## NFHS Network Consumer Help



For all questions regarding difficulty viewing, inability to find a specific event link, technical issues within a broadcast, trouble subscribing, billing questions, etc., patrons may email [customersupport@nfhsnetwork.com](mailto:customersupport@nfhsnetwork.com) or call (877) 978-2311.

There are customer representatives standing by at all times to respond to issues and get fans set-up to view their events as quickly as possible. The NFHS Network is happy to issue refunds for accidental double subscribing as well as issues such as experiencing technical difficulties while viewing a game.

For additional NFHS Network Consumer Help Information please visit:  
<https://www.nfhsnetwork.com/customer-support>

Fans can watch NDHSAA events streamed on the NFHS Network at:  
[www.nfhsnetwork.com/associations/ndhsaa](https://www.nfhsnetwork.com/associations/ndhsaa)

***DID YOU KNOW?: The NDHSAA sponsors five fine arts activities (Plays, Debate, Music, Speech & Student Congress).***



## *Winter/Spring Region Sites Chosen at March 31 NDHSAA Board Meeting*



Anyone wishing to submit an invitation to host a 2026-27 winter or spring regional tournament may fill out the Region Site Selection form at <https://ndhsaa.com/sl/region-site-selection>.

The policy used to set sites is as follows: basketball and volleyball chairpersons meet with the other district representatives in their region to mutually agree on regional sites.

## *2026 Division A & Division B Parade of Champions Video Presentations*



The Division B Parade of Champions video presentation will be televised Friday, March 20 between that tournament's afternoon semifinal games.

The Division A Parade of Champions video presentation will be televised Friday, March 20 between that tournament's evening semifinal games.

Thank you to school administrators for their prompt sending of individual and team champion photos to be used in this presentation.

Questions regarding these video presentations may be directed to [brian.bubach@ndhsaa.org](mailto:brian.bubach@ndhsaa.org)

## *New Gymnastics Regulations for 2025-26 Season*



There are no new regulations for the 2025-26 season. The State Meet will be held on February 27-28, 2026 in Dickinson.. Complete NDHSAA gymnastics regulations can be found at the following link:

<http://www.ndhsaa.com/regulations/gymnastics>

## *New Wrestling Regulations for 2025-26 Season*



### **New 2025-26 Wrestling Regulations:**

- All tournaments, regular and postseason, will have six minute matches on the consolation side of the bracket. This replaces the 5 minute matches in previous years. Matches will be 2:00, 2:00, 2:00. Sub-varsity matches may be 5 minutes. Local management will determine timing of sub-varsity matches.

Complete NDHSAA wrestling regulations can be found at the following link:

Boys: <https://ndhsaa.com/regulations/wrestling-boys>

Girls: <https://ndhsaa.com/regulations/wrestling-girls>

## *New Hockey Regulations for 2025-26 Season*



There are no new regulations for the 2025-26 season.

Complete NDHSAA hockey regulations can be found at the following link:

Boys: <https://ndhsaa.com/regulations/icehockey-boys>

Girls: <https://ndhsaa.com/regulations/icehockey-girls>

**New Regulations for the 2025-26 year:**

-Eliminate the one hour wait between games for basketball tournaments/jamborees below the varsity level.

Complete regulations can be accessed at the following link: <http://www.ndhsaa.com/regulations/basketball-boys> or <http://www.ndhsaa.com/regulations/basketball-girls>





NDHSAA/Farmers Union Insurance Distinguished Student Applications are available on the NDHSAA website under “Administrators and Coaches”, then “Forms”.

**Objectives & Goals:** To recognize deserving young people who are the “backbone” of interscholastic activities, not necessarily the leader, but the individual whose participation in high school activities strengthens the program for participants, the school and the community.

**Criteria:** Applicant must be a junior the year the application is submitted. Students must be a participant as a player, manager, statistician or other role in at least one NDHSAA sponsored activity in the current year. Note: Participation does not necessarily mean excellence, honors or even active play. Students must be a good citizen and role model to his/her peers as well as a contributor to the community. The committee will evaluate applicants’ essays on their demonstration of sportsmanship and citizenship and how the applicant feels these values derived from activities will provide them lifelong benefits.

**Selection Process:** One applicant per school is allowed. A pre-screening committee will narrow the applicants to six finalists. The final selection will be based upon an interview conducted by a Selection Committee. Immediately following the interviews, the results will be announced at an NDHSAA sponsored luncheon for finalists and their families. The student must be available for interviews the ENTIRE morning of Wednesday, April 30 at Farmers Union Insurance Headquarters in Jamestown.

**Deadlines:** Completed application forms must be postmarked no later than April 1. Applications postmarked after April 1 will not be considered. **Emailed PDF’s of the application are preferred.** Finalists will be notified by mid-April. Interviews and the luncheon announcing the results will be held April 29.

**Awards:** All applicants of the NDHSAA Distinguished Student Program will receive a certificate suitable for framing. A press release naming all applicants will be sent statewide. Finalists will be featured in the Fall issue of the NDHSAA Bulletin. They will also be invited to participate in other functions connected with NDHSAA events. Farmers Union Insurance has graciously funded scholarships for the finalists. The NDHSAA Distinguished Student recipient will receive a \$2,000 scholarship to the college of his/her choice. The runner-up will receive a \$1,000 scholarship. The other four finalists will receive a \$500 scholarship to the college of his/her choice. All NDHSAA Distinguished Student finalists participate in other activities such as serving as NDHSAA spokespersons for High School Activities Month, promoting the values of activity programs and participating in awarding of trophies at NDHSAA state contests.





National Girls and Women in Sports Day is a nationwide celebration which recognizes the accomplishments of individuals in the promotion and advancement of girls and women's sports. The day also brings attention to the achievements of female athletes and to issues facing girls and women in sports.

Please visit <http://www.womenssportsfoundation.org/en/home/advocate/ngwsd> for more information of National Girls and Women in Sports Day.







## *Division B District Basketball Information (Boys & Girls)*



**2026 Division B Boys Basketball District Tournament Information:**

<https://ndhsaa.com/district-tournament/basketball-boys>

**2026 Division B Girls Basketball District Tournament Information:**

<https://ndhsaa.com/district-touramnment/basketball-girls>

## *Attention Division A & Division B Band & Choir Directors*



Division A and Division B Basketball State Tournaments are looking for high school bands and national anthem singers. For audition/performance information, please contact the following.

Division A Girls Basketball State Tournament, March. 5-7 in Jamestown: Jim Roaldson ([James.Roaldson@k12.nd.us](mailto:James.Roaldson@k12.nd.us))

Division B Girls Basketball State Tournament, March. 5-7 in Minot: Mitch Lunde ([mitch.lunde@minot.k12.nd.us](mailto:mitch.lunde@minot.k12.nd.us))

Division A Boys Basketball State Tournament, March 19-21 in Fargo: Todd Olson ([olsont1@fargo.k12.nd.us](mailto:olsont1@fargo.k12.nd.us))

Division B Boys Basketball State Tournament, March 19-21 in Minot: Mitch Lunde ([mitch.lunde@minot.k12.nd.us](mailto:mitch.lunde@minot.k12.nd.us))

## *Participants Must Be Accompanied*



Please be reminded that all regional and state individual and team members must be accompanied by a coach or school official as noted in the NDHSAA By-Laws on page 4, Part Two, Article III-CONTESTS, Section V.

Managers of regional and state NDHSAA sponsored activities have been notified to strictly enforce this rule. No participant or team will be allowed to participate without a coach or faculty representative present at the contest.

## *Shirt Policy*



The NDHSAA Board of Directors, in response to a recommendation of the District Chairpersons, adopted the following policy: "An appropriate shirt is required at all NDHSAA sponsored district, region and state events". An appropriate shirt is determined per local school policy. There shall be no body paint. Face paint is allowed.

## *2026 Division B Girls Basketball Ticket Policy - General Public Orders*



Reserved Tickets for the 2026 NDHSAA Division B Girls Basketball State Tournament (March 5-7 at the Minot State Dome) go on sale to the general public at 10 a.m. CDT on Monday, January 26 and will exclusively be sold online via GoFan Tickets.

Please Visit NDHSAA's GoFan Ticket Box Office at <https://gofan.co/app/school/NDHSAA> to purchase Reserved Tickets for this NDHSAA Postseason Tournament.

**NDHSAA GoFan TICKET BOX OFFICE:**

<https://gofan.co/app/school/NDHSAA>

## *2026 Division A Girls Basketball Ticket Policy - General Public Orders*



Reserved Tickets for the 2026 NDHSAA Division A Girls Basketball State Tournament (March 5-7 at the Jamestown Civic Center) go on sale to the general public at 10 a.m. CDT on Monday, January 26 and will exclusively be sold online via GoFan Tickets.

Please Visit NDHSAA's GoFan Ticket Box Office at <https://gofan.co/app/school/NDHSAA> to purchase Reserved Tickets for this NDHSAA Postseason Tournament.

**NDHSAA GoFan TICKET BOX OFFICE:**

<https://gofan.co/app/school/NDHSAA>

## *2026 Division B Boys Basketball Ticket Policy - General Public Orders*



Reserved Tickets for the 2026 NDHSAA Division B Boys Basketball State Tournament (March 19-21 at the Minot State Dome) go on sale to the general public at 9 a.m. CT on Monday, February 9 and will exclusively be sold online via GoFan Tickets.

Please Visit NDHSAA's GoFan Ticket Box Office at <https://gofan.co/app/school/NDHSAA> to purchase Reserved Tickets for this NDHSAA Postseason Tournament.

**NDHSAA GoFan TICKET BOX OFFICE:**

<https://gofan.co/app/school/NDHSAA>

## *2026 Division A Boys Basketball Ticket Policy - General Public Orders*



Reserved Tickets for the 2026 NDHSAA Division A Boys Basketball State Tournament (March 19-21 at the Fargodome) will go on sale starting at 9 a.m. CT Monday, February 9. Please Visit the Fargodome website to purchase tickets: <https://www.fargodome.com/events>

***DID YOU KNOW?: The Organization that became the NDHSAA was founded in 1908.***



The 2026 NDHSAA Wrestling State Tournament will be held February 19-21 at the FARGODOME. The Individual portion of the State Tournament will be held February 19 and 20 at the FARGODOME. The 2026 Team Dual Wrestling State Tournaments will be held February 21 at the FARGODOME. Individual tournament reserved group tickets can be ordered no earlier than January 5th at 8:00 am CST. These orders will be processed beginning January 12th.

Group ticket orders will be online only. Group orders (12 or more) will receive preference until January 16th. Reserved state tournament dual tickets will go on sale on February 2nd. The deadline to order reserved state dual tickets will be February 9th. Ticket preference for the dual tournament tickets will be given to teams competing in the tournament. (See complete information below.)

All ticket purchases are non-refundable and only reserved season tickets may be purchased in advance. Daily tickets and general admission tickets can be purchased when the tournament begins.

All orders for the individual state tournament will be filled with the best available seating at the time the order is processed. Please specify for Class A or Class B seating when ordering tickets for the individual as well as the dual tournaments.

1. All ticket orders will be through the NDHSAA website. The link will be emailed to main school contacts only. Main school contacts will be responsible for issuing the link to proper personnel or appointed designee for ordering. **The link will go live at 8:00 am CST on January 5th.**
2. Only one reserved group ticket order per team will be allowed.
3. A credit card will be required to purchase reserved tickets.
4. The online reserved group ticket order window will close on Jan. 16th for the individual state tournament. After the deadlines, no group ticket orders will be sold.

Note: If you would like your group tickets mailed to you there is a \$10.00 shipping charge per order or they can be picked up at the ticket office. Photo ID is required to pick up tickets.

### **Ticket Orders at the FARGODOME:**

1. On-Sale starting January 26, 2026 at 10:00 AM at the FARGODOME
2. Non reserved dual tournament ticket orders may be purchased from the FARGODOME. beginning February 13th at 10:00 am CT
3. Acceptable methods of payment for NDHSAA tournaments at FARGODOME: Cash, Visa, Mastercard, Discover, American Express. **NO CHECKS ACCEPTED**

### **Ticket Prices:**

Adult Tournament Ticket-Individual Tournament

\$38.00 + \$2.00 venue charge = \$40.00

Adult Tournament Ticket-Dual Tournament

\$19.00 + \$1.00 venue charge = \$20.00

Adult Daily Ticket

\$19.00 + \$1.00 venue charge = \$20.00

Student Tournament Ticket-Individual Tournament

\$10.00 + \$2.00 venue charge = \$12.00

Student Daily Ticket

\$5.00 + \$1.00 venue charge = \$6.00



INDIVIDUAL TOURNAMENT SCHEDULE

Thursday, February 19

- 7:00 - Facility open to wrestlers
- 8:00 - Weigh ins and skin checks
- 10:00 - First Round
  - Quarterfinals
  - 30 minute break
  - 1st round wrestleback
- 5:00 - Semifinals

Friday, February 20

- 7:00 - Facility open to wrestlers
- 8:00 - Weigh ins and skin checks
- 10:00 - 2nd round wrestleback
  - 3rd Round wrestleback
  - Consolation Semi-finals
  - 30 minute break
  - Placing rounds
- 3:30 - Hall of Fame
- 4:30 - Introduction/Finals

DUAL TOURNAMENT SCHEDULE

Saturday, February 21

- 7:00 - Facility open to wrestlers
- 8:00 - Weigh ins and skin checks
- 10:00 - Quarterfinals (B Boys & Girls)
- 11:30 - Class A quarterfinals & B Boys, Girls Consolation Semifinals
- 1:00 - Semifinals & A Boys consolation semis
- 2:30 - 3rd/5th/7th place matches
- 4:00 - Championships

DUAL PAIRINGS

Class A

- W-1 vs. E-4
- E-2 vs. W-3
- E-1 vs. W-4
- W-2 vs. E-3

Class B

- #2 seed vs. 2nd Random Draw
- #3 seed vs. 3rd Random Draw
- #1 seed vs. 1st Random Draw
- #4 seed vs. #5 seed



Follow [@NDHSAA](#) on “X” for updates on NDHSAA Activities, Postseason Broadcast Information & much more!



## 2026 East Region Boys Hockey Schedule



The East Region Boys Hockey Tournament will be played at Purpur Arena in Grand Forks - Mike Biermaier, Manager.

### Tuesday, February 17

Quarterfinals: Hosted by higher seeds at home sites

### Friday, February 20 (At Purpur Arena)

Loser Out #1: 11 a.m.

Loser Out #2: 1:15 p.m. (NOTE: game time is approximate, 30 minutes after conclusion of previous game)

Semifinal #1: 5:00 p.m.

Semifinal #2: 7:15 p.m. (NOTE: game time is approximate, 30 minutes after conclusion of previous game)

### Saturday, February 21 (At Purpur Arena)

State Qualifier #1: 12:00 p.m.

State Qualifier #2: 2:15 p.m. (NOTE: game time is approximate, 30 minutes after conclusion of previous game)

Championship: 4:30 p.m. (NOTE: game time is approximate, 30 minutes after conclusion of previous game)

## 2026 West Region Boys Hockey Schedule



The West Region Boys Hockey Tournament will be held at the VFW Sports Arena in Bismarck – Dave Zittleman, Manager.

### Thursday, February 19

Quarterfinal #1: 11:00 a.m.

Quarterfinal #2: 1:15 p.m. (NOTE: game time is approximate, 30 minutes after conclusion of previous game)

Quarterfinal #3: 5:00 p.m.

Quarterfinal #4: 7:15 p.m. (NOTE: game time is approximate, 30 minutes after conclusion of previous game)

### Friday, February 20

Loser Out #1: 11:00 a.m.

Loser Out #2: 1:15 p.m. (NOTE: game time is approximate, 30 minutes after conclusion of previous game)

Semifinal #1: 5:00 p.m.

Semifinal #2: 7:15 p.m. (NOTE: game time is approximate, 30 minutes after conclusion of previous game)

### Saturday, February 21

State Qualifier #1: 11:00 a.m.

State Qualifier #2: 1:15 p.m. (NOTE: game time is approximate, 30 minutes after conclusion of previous game)

Championship: 3:30 p.m. (NOTE: game time is approximate, 30 minutes after conclusion of previous game)







## 2026 NDHSAA Hockey State Tournament Schedule



The State Hockey Tournament will be held at Scheels Arena in Fargo – Todd Olson, Manager

State Tournament Schedule is as follows:

### Thursday, February 26

#### Farmers Union Insurance Center

Girls Quarterfinal #1: 11:00 a.m.

Girls Quarterfinal #2: 30 min. after Quarterfinal #1

Girls Quarterfinal #3: 5:00 p.m.

Girls Quarterfinal #4: 30 min. after Quarterfinal #3

#### Scheels Arena

Boys Quarterfinal #1: Noon

Boys Quarterfinal #2: 30 min. after Quarterfinal #1

Boys Quarterfinal #3: 5:30 p.m.

Boys Quarterfinal #4: 30 min. after Quarterfinal #3

### Friday, February 27

#### Farmers Union Insurance Center

Boys Consolation #1: 11:00 a.m.

Boys Consolation #2: 30 min. after Consolation #1

Girls Consolation #1: 5:00 p.m.

Girls Consolation #2: 30 min. after Consolation #1

#### Scheels Arena

Girls Semifinal #1: Noon

Girls Semifinal #2: 30 min. after Semifinal #1

Boys Semifinal #1: 5:30 p.m.

Boys Semifinal #2: 30 min. after Semifinal #1

### Saturday, February 28

#### Farmers Union Insurance Center

Boys 5th Place: 12:00 p.m.

Girls 5th Place: 30 min. after Boys 5th Place

#### Scheels Arena

Girls 3rd Place: 11:00 a.m.

Boys 3rd Place: 30 min. after Girls 3rd Place

Girls Championship: 4:30 p.m.

Boys Championship: 30 min. after Girls Championship



## NFHS LEARN - Coach Education Sportsmanship Course



**Editor's Note:** For further information about this and all online NFHS courses, please visit [www.nfhslearn.com](http://www.nfhslearn.com)

"Sportsmanship," the online course for coaches, players, parents, fans and officials, is now available. It is free, takes 15 minutes to complete and should be required of every person connected to interscholastic sports. This course presents what sportsmanship is, why it is important in the interscholastic environment and explains each stakeholder's role in promoting positive behavior. To access "Sportsmanship" and other courses, please visit: [www.nfhslearn.com](http://www.nfhslearn.com)

## NFHS LEARN - The Parent Seat



"The Parent Seat" has been designed for coaches and athletic directors to use during their pre-season parent meetings. It explains the role of a parent during game day and provides suggestions on how they can cope with the roller coaster of emotions that they will feel. Feel free to download the video and use it in your presentation! It may take a minute or two to download.

[LINK: NFHS LEARNING CENTER THE PARENT SEAT](#)

## NDHSAA Award of Excellence Nominations



NDHSAA is requesting nominations for the Award of Excellence program any time during the upcoming activities seasons. This program honors those teams, individuals, coaches, administrators, or fans that show exemplary sportsmanship in regular season competition.

Officials, coaches, or administrators may send a nomination to NDHSAA with pertinent information including the date of the contest or activity, those specifically being nominated, circumstances that motivated nomination, and the name(s) of those proposing the nominations. Nominations may be emailed to: [brian.bubach@ndhsaa.org](mailto:brian.bubach@ndhsaa.org)

## NDHSAA Distinguished Service Nominations



Please submit your nominations for the Distinguished Service Award to Brian Bubach at: [brian.bubach@ndhsaa.org](mailto:brian.bubach@ndhsaa.org)

Criteria and submission forms can be found at the link below:  
[https://d2q0tptsfejku7.cloudfront.net/uploads/files/Distinguished\\_Service\\_Application.docx](https://d2q0tptsfejku7.cloudfront.net/uploads/files/Distinguished_Service_Application.docx)

Awards may be granted to nominees whose accomplishments have been worthy of statewide recognition.

## NDHSAA Constitution & By-Laws



The NDHSAA's Constitution and By-Laws are available on our NDHSAA website under the "ABOUT" tab & select "Constitution and By-Laws" at [https://ndhsaa.com/constitution/forward/1-forward\\_and\\_history](https://ndhsaa.com/constitution/forward/1-forward_and_history)

**NOTE:** This webpage includes a pdf that is searchable with live links to index and table of content items.

PDF Version Link: [https://ndhsaa.com/sl/constitution\\_and\\_bylaws](https://ndhsaa.com/sl/constitution_and_bylaws)



## Co-op Application Deadline Reminder

NDHSAA

Requests for a cooperative agreement between schools with existing programs must be submitted to NDHSAA prior to the end of the preceding season in that activity with the exception of football. Completed football cooperative agreements must be received by September 15th of the preceding year to be considered by the Board of Directors. If a coop application is submitted following the end of the preceding season, a \$500 late fee must be paid. No co-op applications will be considered by the NDHSAA Board of Directors via conference call or after the following dates:



Fall Sports June 1st, prior to start of season

Winter Sports September 15th, prior to start of season

Spring Sports January 15th, prior to start of season

In the case of emergency co-op requests, the Executive Board Committee, upon hearing the reasons, may recommend the application be considered by the Board of Directors. Requests for cooperative agreements involving one or more schools that do not have an existing program must be submitted before above deadlines. Administrators are encouraged to contact Brian Bubach at (701) 845-3953 or [brian.bubach@ndhsaa.org](mailto:brian.bubach@ndhsaa.org) regarding coop application/dissolution and process.

## Co-op Application Dissolution Policy

NDHSAA

Any dissolution of cooperative agreements must be approved by the NDHSAA Board of Directors. Before dissolution will be considered during the first three years of a cooperative agreement, schools in the coop must provide proof of support. After three years, an individual school may petition the NDHSAA Board for dissolution. Reminder: football has its own timeline in regulations for coop dissolutions. Administrators are encouraged to contact Brian Bubach at (701) 845-3953 or [brian.bubach@ndhsaa.org](mailto:brian.bubach@ndhsaa.org) regarding coop application/dissolution and process.

## National Anthem Flag Decorum

NDHSAA

The following announcement should be read before the playing/singing of the national anthem at various events: "Ladies and gentlemen, we are about to salute the flag of our nation. Please rise, remove your cap or hat, place your right hand over your heart, and stand at attention while the national anthem is being performed."



## NDHSAA HELP (FAQ)

NDHSAA

NDHSAA website help is available on the [Frequently Asked Questions \(FAQ\) tab](#) on the NDHSAA menu bar.

Documentation includes changing your password, updating profile information, adding your team picture, cutline, roster & schedule to the NDHSAA website, entering foreign exchange students and much more. Check out the FAQ tab for answers to questions most frequently asked!


**Follow [@NDHSAA](#) on "X" for updates on NDHSAA Activities**

Passed by the NDHSAA Board of Directors for regular and postseason competitions and requires:

- Respect the American flag and the National Anthem.
- Contesting schools shall each have an authorized faculty representative present who shall be responsible for his/her school's participants, students, and fans throughout the contest.
- Spectators must wear appropriate clothing. Those who do not comply or who wear clothing that is vulgar, obscene or that in some other way inappropriate, as determined by school/tournament personnel, will be removed from the facility if they do not cooperate with this behavior expectation.
- The use of appropriate language is expected at all times. Profanity, negative chants, trash talk, name-calling, personal attacks or other acts of disrespect are unacceptable and must be immediately addressed by school/tournament administrators. Any discriminatory slur will result in immediate removal from the facility.
- Any attendee ejected from a NDHSAA regular season or tournament contest will incur a minimum two (2) calendar week game/event suspension.
- Respect the game/contest. Under no condition shall anyone other than the members of the official squad enter the playing surface. No one may interfere with the contest in any way.
- Handheld signs and flags, which do not obstruct the view of others, are permitted provided they are in good taste. Signs or other similar items contest/tournament officials deem to be in poor taste will be removed. Message or "white" boards are prohibited. The carrying of flags around the playing surface is NOT allowed.
- Artificial noisemakers of any kind (i.e. megaphones, cowbells, sirens, whistles, thunder sticks, and other similar items) are not allowed at any indoor events, including outdoor sports played at indoor venues. Exception – Megaphones appropriately used by cheerleaders are permitted if allowed by contest officials.
- Laser lights or any other lights deemed distracting to participants are strictly prohibited.
- The use of unmanned aerial vehicles (UAV), also known as drones, is prohibited at all contests.

## ACT/SAT National Test Dates

Administrators, activities directors and coaches should remind their students of the following 2025-26 dates so they may avoid conflicts. Please have them contact their school counselor for deadline registration dates and further details.

ACT NATIONAL TEST DATES	SAT NATIONAL TEST DATES	
December 13, 2025	December 6, 2025	
February 14, 2026	March 14, 2026	
April 11, 2026	May 2, 2026	
June 13, 2026	June 6, 2026	
July 11, 2026		

Visit [www.ndhsaanow.com](http://www.ndhsaanow.com) for Scores, Brackets, News Stories, Tournament Information & much more!



The 2026 Boys Swimming & Diving State Meet will be held in West Fargo (Hulbert Aquatics Center), March 6-7, Logan Midthun, Manager.

### Schedule

#### Friday:

11:00 a.m. - Coaches Meeting  
11:00 a.m. - Diving Warm-ups  
11:15 a.m. - Diving sheets due  
12:30 p.m. - Diving preliminaries  
2:15 p.m. - Swim Warm-ups Begin  
3:15 p.m. - Swimming preliminaries

#### Saturday:

9:45 AM - Diving warm-ups  
10:45 AM - Diving semi-finals  
11:30 AM - Coaches and Officials Meeting  
11:45 AM - Swimming and diving warm-ups  
1:00 PM - Clear pool  
1:15 PM - All Finals

The meet finals will operate under the current National Federation Swimming and Diving Rules Order of events: Rule 5, Section 1, Article 1.

### Order of Events:

200 Yard Medley Relay  
200 Yard Freestyle  
200 Yard Individual Medley  
50 Yard Freestyle  
Diving - Finals  
100 Yard Butterfly  
100 Yard Freestyle  
500 Yard Freestyle  
200 Yard Freestyle Relay  
100 Yard Backstroke  
100 Breaststroke  
400 Yard Freestyle Relay

### Scoring for finals:

Individual events (16 places): 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1.

Relay Events: 40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2.

Each team shall be permitted a maximum of four entries in an individual event. Qualifying times are mandatory, using 107% of the 20th place cumulative time from the three previous State Meets.

The following 2025-26 standards are:

200 Free: 2:03.31  
200 IM: 2:23.65  
50 Free: 25.15  
100 Fly: 1:03.60  
100 Free: 55.95  
500 Free: 5:42.91  
100 Back: 1:04.40  
100 Breast: 1:11.53

The above times must have been achieved in a sanctioned swim meet during the current season. These times are 107% of the average of the fastest 20th place times from the three previous State Meets. Consideration times will no longer be used. The lead-off swimmer of each relay shall be eligible to qualify for state in that particular stroke and distance. Times from this event will not stand as a pool record, conference record or a state record.

A competitor shall be permitted to enter a maximum of four events, no more than two of which shall be individual events. Being designated as a member of a relay team does not count as an entry unless the swimmer actually competes in a relay event. Heats will be drawn as prescribed in the current National Federation Swimming and Diving Rules Book in Rule 5 of Section 3 by using the swimmer's best time as reported during the season.

**Diving:**

Diving will be conducted in accordance with Rule 9. Divers shall qualify for the state with a total of 250 points in eleven dives or a score of 170 in a six dive format as long as the competitor has completed an 11 dive program. This scoring must be during a regular season meet with a minimum of three judges scoring.

It is the responsibility of the coach to see that no competitor is entered in more than two individual events and that each athlete's full name, grade and seed time appears on the entry list. The entry form is to be electronically commlinked using the HyTek program to the NDHSAA office ([jeriann.everson@ndhsaa.org](mailto:jeriann.everson@ndhsaa.org)) in Valley City, no later than 9:00 a.m. on Monday prior to the State Meet.



**NO ENTRIES WILL BE ACCEPTED MONDAY AFTER 9:00 A.M. THESE ENTRIES ARE FINAL.** Diving sheets must be emailed to [jeriann.everson@ndhsaa.org](mailto:jeriann.everson@ndhsaa.org) by 9:00 a.m. on the same day. A diving form will be emailed to each coach the Monday prior to entry deadline.

There will be a scratch meeting at 11:00 a.m. Friday, of the state meet and at 11:30 a.m. Saturday. No changes or additional entries are allowed at this time.

**Diving Entry Sheets:**

Double check the previously submitted diving sheets and return to the Diving Referee, before the deadline of 11:15 a.m. Friday of the state meet. Changes shall be permitted until the specified time on Friday, prior to the start of the diving competition. Correction of errors noted by the diving referee shall be permitted until the start of the diving competition. Interscholastic Championships (Rule 9: Section 3, Article 4):

Number of Contestants: 1-32

Preliminaries: Any two required and three optional

Semi-Finals: Two required and one optional

Finals: One required and two optional

The 20 highest scoring divers through the prelims qualify for the semi-finals. The 16 highest scoring divers through the semi-finals qualify for the finals.

Eight lanes are to be used for preliminaries in the State Meet. Electronic timing with touch pads and horn start will be used, along with a back-up timing system. For safety purposes, the following will be enforced concerning activity at the conclusion of the State Meet:

A. The pool will be cleared immediately following the 400 yard freestyle relay.

B. The entire pool area will be cleared of all swimmers and spectators immediately following the final event.

Three team trophies and eight individual plaques for each event will be awarded (except relays in which only the first, second, third and fourth place teams will receive individual plaques). Competing members of the first and second place teams will receive individual team plaques.



**STATE MEET:** February 27-28, 2026

**SITE:** Dickinson High School, Guy Fridley, Manager

### STATE MEET SCHEDULE EVENTS

#### A. Individual Events

1. Vault
2. Uneven Parallel Bars
3. Balance Beam
4. Floor Exercise

#### B. All-Around

### REGISTRATION DEADLINE

State meet entries are to be submitted electronically to the NDHSAA office and to the meet manager, no later than 10:00 AM Tuesday prior to the State Meet. Entries submitted after the deadline up to 4:00 PM that Tuesday will be accepted only if accompanied with payment of \$25.00 late entry fee. No entries will be accepted later than 4:00 PM the Tuesday prior to the State Meet.

### EXPENSE ALLOWANCE

Team payments will be made following the end of the fiscal year according to the team payment schedule.

### OFFICIAL RULES

The 2024-26 Girls Gymnastics Rules Book published by the National Federation is the official rule book.

### UNIFORMS

Participants must appear in appropriate school identifying uniforms.

### SCORING

In determining the Team Champion, scores are determined by totaling the best four scores for each team in each event.

### STATE ENTRIES

Each school is allowed six gymnasts for team competition.

### SUBSTITUTIONS

Team substitutions are permitted up to the time of the start of the event using the roster as submitted on the state entry form.

### WARMUPS

Touch warm-up shall be:

#### **Vault and Bars:**

Team A: Gymnasts 1, 2, & 3 touch, then compete  
Team B: Gymnasts 1, 2, & 3 touch, then compete  
Team A: Gymnasts 4, 5, & 6 touch, then compete  
Team B: Gymnasts 4, 5, & 6 touch, then compete  
The touch warm-up on vault consists of two vault attempts.

#### **Beam:**

First 3 competitors touch, then competition start

Team A: Gymnasts 1&2 touches

Team B: Gymnast 1 touches

Team A: Gymnast 1 competes

#### **Floor Exercise:**

First 6 competitors touch (2 min.):

Team A Gymnasts 1, 2 & 3, followed by Team B Gymnast 1, 2 & 3 touch

Team A Gymnasts 1, 2 & 3 competes followed by Team B 1, 2 & 3 competes

Team B Gymnast 1 competes

Team A Gymnast 3 & Team B gymnast 3 touch (1 min.)

Team A Gymnast 2 competes

Team B Gymnast 2 competes

Team A Gymnast 4 & Team B gymnast 4 touch (1 min.) and so on

Team B: Gymnast 2 touches

Team B: Gymnast 1 competes

Team A: Gymnast 3 touches

Team A: Gymnast 2 competes

Team B: Gymnast 3 touches

Team B: Gymnast 2 competes

Team A: Gymnast 3 touches and so on

# OFFICIAL RULES STATE TOURNAMENT QUALIFIERS TEAM QUALIFICATION

1. The top eight teams will advance to the State Meet using the top 5 team scores from the regular season, which includes the conference meet. There will be no NDHSAA sponsored regional meet.
2. Tie-breaker for team seeding (Start with number one and stop when the tie is broken):
  - a. Head to head record where both teams competed
  - b. Add team scores of meets where both teams competed
  - c. Average top 4 scores (instead of 5) for tied teams
  - d. Average top 3 scores for tied teams
  - e. Average top 2 scores for tied teams
  - f. Top score for tied teams
  - g. Coin flip
3. There will be one (1) session.
4. The schedule will be:

## Friday:

Introductions and anthem at 3:45 PM. Competition begins at 4:00 PM. All times are local time Friday (Team Day):

- 1:00 p.m. – Gym Opens
- 1:15 p.m. - Coaches' meeting
- 1:45 – 3:45 p.m. – Timed Warm-ups (see note)
- 3:00 p.m. - Officials' Meeting and video review for base score
- 3:45 p.m. - Opening Ceremony
- 4:00 p.m. - Begin Competition

NOTE: Timed Warm-ups may be adjusted by the host school. Previously 1.5 minutes per athlete x 6 competitors, 2 minute equipment change was used.

\*\*\* Teams will be seeded into the Team State Meet by use of simple ranking program. All host teams must report/submit team scores to the NDHSAA office immediately after completion of competition, including Conference Meet. Final ranking will be simple average score of the top five regular season competitions in which the team participated.

Example:

December 19	135
January 6	132
January 13	133
January 20	136
January 28	137
February 3	137
February 10	138

- Total:  $135 + 136 + 137 + 137 + 138 = 683$  divided by 5 meets = 136.6 average.

Top ranked teams will meet on floor exercise last round, etc.

- See Regulations for Warm-up and Competition Rotations: <http://www.ndhsaa.com/regulations/gymnastics>
- Coaches will declare the 6 Team Competition athletes per event by the Tuesday prior to the State Meet.

## INDIVIDUAL QUALIFICATION

1. The top 3 regular season scores will be used to advance the top 40 individuals and top 30 all around to the state meet.
2. The top 3 scores for each athlete must be posted on the NDHSAA website plus any update when an athlete achieves a better score.
3. Conference meet may contribute to the 3 score average.
4. Coaches must submit updates on an individual's score by noon Sunday prior to the State Meet.
5. Top 40 individuals and top 30 all around athletes statewide will qualify to Individual State Meet (no tie-break).

## Saturday (Individual Day)(all times are local times):

- 9:45 a.m. - Gym Opens
- 10:30 a.m. - Timed Warm-ups Begin
- 11:30 a.m. - Video review for base score (optional)
- 11:45 a.m. - Opening Ceremonies
- 12:00 p.m. - Begin Competition

## NOTE:

1. Meet manager may view the field each day and adjust the warm-up if needed. Touch warm-ups will be used for team day and individual day.
2. It is recommended to use the individual athlete announcing format and drop back warm up to speed meet up and provide more spectator appeal.



## OTHER REGULATIONS

1. Only high school teams are eligible to enter the State Meet. Junior high teams are not eligible, but junior high girls are eligible for the senior high team.
2. If a girl wishes to compete in the all-around, she must enter all four of the individual events
3. The meet referee shall not be a high school coach of a competing team.

## SPECIAL MEETING:

All judges and meet referees will meet one hour prior to the start of competition for video review prior to base scores. Prior to competition on both days of the State Meet, judges will review videos of routines of the event in which they are assigned. This will take place no later than 1/2 hour prior to the beginning of competition which is during the scheduled judges' meeting.

## STATE SCHEDULE

**NOTE:** Warm-up starting time will be reviewed by the meet manager for Friday for any necessary adjustments.

## STATE ADMISSION PRICES

1 Day Ticket: Adults - \$20.00, Students - \$5.00

2 Tournament Ticket: Adults - \$40.00, Students - \$10.00

## STATE AWARDS

The top four teams receive a team trophy. In addition, competing members of the championship and runner-up teams will receive individual plaques. In each event, the top six individuals receive plaques. Because of the number of ties, individual awards will be ordered following competition.

## JUDGES

A Meet Referee plus twelve judges - three in each event will be contracted. Scoring shall be tabulated to the ten-thousandths and rounded off to the nearest thousandth.

# 2026 NDHSAA Division AA Basketball State Tournament Schedule

## DIVISION AA GIRLS AND BOYS STATE TOURNAMENT

The 2026 NDHSAA sponsored State Division AA Boys and Girls Basketball Tournament will be held March 12, 13, 14, 2026, at the Bismarck Events Center, Dave Zittleman will be the tournament manager.

### Thursday, March 12th

#### Girls Quarterfinals - Exhibit Arena:

Team 1 West vs. Team 4 East - 1:00

Team 2 East vs. Team 3 West - 3:00

Team 1 East vs. Team 4 West - 5:00

Team 2 West vs. Team 3 East - 7:00

#### Boys Quarterfinals - Main Arena:

Team 1 West vs. Team 4 East - 2:00

Team 2 East vs. Team 3 West - 4:00

Team 1 East vs. Team 4 West - 6:00

Team 2 West vs. Team 3 East - 8:00

### Friday, March 13th

#### Main Arena:

Girls Semifinal #1- 1:00 pm

Girls Semifinal #2- 3:00 pm

Boys Semifinal #1- 6:30 pm

Boys Semifinal #2 - 8:30 pm

#### Exhibit Arena:

Boys Consolation Semifinal #1- 12:00 pm

Boys Consolation Semifinal #2 - 2:00 pm

Girls Consolation Semifinal #1- 4:00 pm

Girls Consolation Semifinal #2- 6:00 pm

### Saturday, March 14th

#### Main Arena:

Girls 5th Place - 9:30 am

Boys 5th Place - 11:30 am

Girls 3rd Place - 1:30 pm

Boys 3rd Place - 3:30 pm

Girls Championship - 6:00 pm

Boys Championship - 8:00 pm



### 2025-26 Basketball Tournament Regulations Regional Tournament Regulations

#### Division AA

Combined Region Boys & Girls Tournaments

West Region Tournament - Bismarck Events Center - March 5-7, 2026

East Region Tournament

Boys and Girls Home Sites on March 3

Boys March 6 and 7 - SHAC - Fargo

Girls March 5 and 7 - SHAC - Fargo

Combined State Boys & Girls Tournament - March 12-14, 2026 at Bismarck Events Center

#### Division A

Four regions - Each champion advances to state tournament

#### Girls Region Tournaments - February 23, 24, 26, 2026

Region 1 - Valley City State University

Region 2 - Devils Lake

Region 3 - Minot State University Dome

Region 4 - Standing Rock High School

#### Boys Region Tournaments - March 9, 10, 12, 2026

Region 1 - Fargo - SHAC

Region 2 - Mayville State University

Region 3 - Minot State University Dome

Region 4 - Dickinson Trinity

#### Girls State Qualifier Games - Saturday, February 28, 2026 - Winners advance to state tournament

##### East - Mayville State University

Region 1 Runner-up vs. Region 2 Third Place

Region 2 Runner-up vs. Region 1 Third Place

##### West - Bismarck St. Mary's

Region 3 Runner-up vs. Region 4 Third Place

Region 4 Runner-up vs. Region 3 Third Place

#### Boys State Qualifier Games - Saturday, March 14, 2026 - Winners advance to state tournament

##### East - Fargo - SHAC

Region 1 Runner-up vs. Region 2 Third Place

Region 2 Runner-up vs. Region 1 Third Place

##### West - Minot Auditorium

Region 3 Runner-up vs. Region 4 Third Place

Region 4 Runner-up vs. Region 3 Third Place

#### State Tournaments

The state tournaments will be seeded by the eight qualifying coaches

Division A Girls Basketball State Tournament - March 5-7, 2026 at Jamestown Civic Center

Division A Boys Basketball State Tournament - March 19-21, 2026 at FARGODOME.



## **Division B**

### **Eight Districts**

#### **District Tournaments - Top four teams qualify for region tournament**

Girls – Deadline of February 18, 2026

Boys – Deadline of March 4, 2026

### **Four Regions**

#### **Girls Region Tournaments - February 23, 24, 26, 2026**

Region 1 - Jamestown Civic Center

Region 2 - Larimore

Region 3 - Minot Auditorium

Region 4 - Bismarck St. Mary's

#### **Boys Region Tournaments - March 9, 10, 12, 2026**

Region 1 - Valley City State University

Region 2 - Devils Lake

Region 3 - New Town - 4 Bears

Region 4 - Killdeer

#### **Girls State Qualifier Games - Saturday, February 28, 2026 - Winners advance to state tournament**

##### **East - Mayville State University**

Region 1 Runner-up vs. Region 2 Third Place

Region 2 Runner-up vs. Region 1 Third Place

##### **West - Bismarck St. Mary's**

Region 3 Runner-up vs. Region 4 Third Place

Region 4 Runner-up vs. Region 3 Third Place

#### **Boys State Qualifier Games - Saturday, March 14, 2026 - Winners advance to state tournament**

##### **East - Fargo - SHAC**

Region 1 Runner-up vs. Region 2 Third Place

Region 2 Runner-up vs. Region 1 Third Place

##### **West - Minot Auditorium**

Region 3 Runner-up vs. Region 4 Third Place

Region 4 Runner-up vs. Region 3 Third Place

## **State Tournaments**

The state tournament will be seeded by the eight qualifying coaches

State B Girls - March 5-7, 2026 at Minot State University Dome

State B Boys - March 19-21, 2026 at Minot State University Dome

## **DIVISION A AND B STATE TOURNAMENT SEEDING**

The head coaches of the eight qualifying teams will use an electronic process to seed the eight teams for the state tournament. Seeds 5-8 may be adjusted to avoid quarterfinal matchups between two teams who played each other in a region tournament. Ratings Percentage Index (RPI) will be used to rank teams for a coach who does not submit electronic rankings for State seeding.

The quarterfinal pairings are:

Game 1 - #2 seed vs. #7 seed

Game 2 - #3 seed vs. #6 seed

Game 3 - #1 seed vs. #8 seed

Game 4 - #4 seed vs. #5 seed

## *2026 NDHSAA State Debate Tournament*



The 2026 State Debate Tournament will be held Saturday, February 7 in Fargo. A tournament schedule will be posted at <https://ndhsaanow.com/tournaments/debate> as soon as it is finalized.

## *2026 NDHSAA Class A Plays*



2026 Class A State Plays will be held April 13 at Bismarck State College. A schedule and contest information will be posted at <http://www.ndhsaanow.com/tournaments/play> as soon as registrations are finalized.

## *Region Music Festival Information*



Region Music Festival Information can be found by visiting: <https://ndhsaa.com/region-schedule/music>

## *2026 NDHSAA Class A Vocal Music State Festival*



The 2026 State Class A Vocal Music Festival will be April 24 at the University of Jamestown. Jill Bergstedt and Dr. Rick Walentine will serve as festival managers.

A full schedule, parking information, and building locations will be posted this spring at: <https://ndhsaanow.com/tournaments/music-instrumental>

## *2026 NDHSAA Class B State Music Festival*



The 2026 State Class B Music Festival will be May 2 at Bismarck State College. Jill Bergstedt and Kennedy Cowart will serve as festival managers.

A full schedule, parking information, and building locations will be posted this spring at: <https://ndhsaanow.com/tournaments/music-instrumental>

## *Region Speech Contest Information*



Region Speech Contest Information can be found by visiting: <https://ndhsaanow.com/regions-tournament-speech>

## *State Music and State Speech Schedules*



Schedules for State Class A & B Music and Speech will be posted as soon as possible on their respective website pages prior to their contests and festivals.

Music: <https://ndhsaanow.com/tournaments/music-instrumental>

Speech: <http://www.ndhsaanow.com/tournaments/speech>

*Follow the North Dakota High School Activities Association  
on its' professional Facebook Page*



## 2026 NDHSAA Class A Speech State Tournament



The 2026 State Class A Speech Tournament will be April 18 at Jamestown High School. Sue Anderson and Laura Weis will serve as tournament managers.

A full schedule including rounds, parking information and building locations will be posted after completion of regional speech and state scheduling at <http://www.ndhsaanow.com/tournaments/speech>.

Please note, final changes to schedules (due to drops) will be made the day of the tournament, please direct students to take pictures of the posted tournament schedules.

## 2026 NDHSAA Class B Speech State Tournament



The 2026 State Class B Speech Tournament will be April 25 at Mandan High School. Sue Anderson and Annette Bender will serve as tournament managers.

A full schedule including rounds, parking information and building locations will be posted after completion of regional speech and state scheduling at <http://www.ndhsaanow.com/tournaments/speech>.

Please note, final changes to schedules (due to drops) will be made the day of the tournament, please direct students to take pictures of the posted tournament schedules.

## 2025-26 NDHSAA Board Meetings



Following is a list of NDHSAA regularly scheduled Board meeting dates. Agendas, Board minutes, special meeting information and other Board documents may be found on the NDHSAA website by clicking the "ABOUT" TAB and by selecting the "MEETINGS" link under the "NDHSAA BOARD & COMMITTEE" Column across the top of every page on the NDHSAA website. <http://www.ndhsaa.com/board/meetings>

### 2025-26 NDHSAA BOARD MEETINGS

December 4 - Board of Directors Meeting – Valley City  
January 22 - Board of Directors Meeting – Valley City  
March 30 - General Assembly Meeting – Fargo  
March 31 - Board of Directors Meeting – Valley City

June 10 - Board of Directors Meeting – Valley City  
June 26-30 - NFHS Summer Meeting - Salt Lake City, Utah.

## NDOA Fall Board Meeting Minutes



### 2025 NDOA Fall Meeting Minutes:

[https://d2q0tptsfejku7.cloudfront.net/uploads/files/Officials/NDOA\\_Meeting\\_Minutes/2025%20NDOA%20Fall%20Meeting%20Minutes.pdf](https://d2q0tptsfejku7.cloudfront.net/uploads/files/Officials/NDOA_Meeting_Minutes/2025%20NDOA%20Fall%20Meeting%20Minutes.pdf)

## Test, Clinic, Website and Officials Requirements



Administrators, coaches, and officials should be sure to check out the Clinic, Testing, and Website Posting Deadlines page ([https://ndhsaa.com/clinic\\_testing\\_website\\_deadlines](https://ndhsaa.com/clinic_testing_website_deadlines)) for clinic and testing windows as well as the deadlines for posting Picture, Cutline, Roster, Schedules for school activities.

Officials may check what is required for their sports at <https://ndhsaa.com/officials/requirements>, including workshop locations, dates and times if applicable.

## Officials Registration Online



All officials hired for interscholastic competition at the high school level must be registered with the NDHSAA before officiating. Out-of-state officials who officiate contests in North Dakota must submit a reciprocity form and fee to NDHSAA before working games or meets. Registration is not complete until forms and fees have been received and processed by the NDHSAA office. Officials registration will be available online only through NDHSAA and officials must have an NDHSAA.net account in order to register. Officials registration is due by the last date of each season's clinic window. See <https://ndhsaa.com/faq/help#officials> for more information.

## Division I Eligibility Standards



Student-athletes who may be participating in Division I intercollegiate athletics have academic requirements for initial eligibility at a Division I institution.

Please refer to the NCAA Eligibility Center at <https://web3.ncaa.org/ecwr3/>

The Eligibility Center includes account information, registration checklist, and FAQs.

## Changing Email Addresses in NDHSAA Account



Users are reminded to edit email addresses in the NDHSAA system. Editing accounts will allow user history and all existing roles to remain connected to NDHSAA accounts. **Users should not create new accounts, they should edit their existing accounts.**

**To edit your NDHSAA email address/login:**

- 1) Log in to your NDHSAA account
- 2) Click on "My Profile" on the bottom left portion of the page
- 3) Click the Edit Button on the Profile page
- 4) Click the "Account" tab on the gray menu bar that goes across the page
- 5) Enter your new email address
- 6) Confirm your new email address
- 7) Click the blue SAVE button

This is also where you would change your password, if you so desire. Editing your email address on your NDHSAA account assures you receive the proper information from the NDHSAA office.

## eKnowledge Preparation ACT/SAT Programs Available



eKnowledge has partnered with the NFHS again to offer free SAT/ACT Preparatory DVD and Cloud version to NFHS member state associations and their constituent high schools. These programs created by eKnowledge normally sell for \$199.95 but through this generous gift, students can receive a complimentary copy for only shipping and handling costs. The PowerPrep programs include 11 hours of video instruction, practice tests, sample questions and over 3000 files of supplemental test prep material. This program is designed for the students to study at their own pace. Over the last several years, eKnowledge has donated over 200,000 programs with a value of \$50,000,000.

To secure a donated program just contact, [www.eKnowledge.com/NDHSAA](http://www.eKnowledge.com/NDHSAA) or [www.eKnowledge.com/NFHS](http://www.eKnowledge.com/NFHS) or order by phone, (951)-256-4076 and reference the National Federation of State High School Associations.

A YouTube video explaining the program may be accessed at: <http://www.youtube.com/watch?v=5JjyazTc6Lo&list=UUPalslteXAJ6YgjAiFhtvZA&index=1&feature=plcp>

**Follow @NDHSAA on "X" for updates on NDHSAA Activities**



The 2025 NDHSAA State Class B One-Act Play Contest was held Monday and Tuesday, November 24 and 25 in Jamestown. Mike McIntyre, University of Jamestown, served as manager.

The top 8 places awarded at the finals were as follows:

- 1st - Kindred performing '10 Ways to Survive the End of the World'
- 2nd - Bowman County performing 'Angels of Bataan'
- 3rd - Shiloh Christian performing 'Beyond Tolerance'
- 4th - New Salem - Almont performing 'The Blind Spot'
- 5th - South Prairie performing 'When Bad Things Happen to Good Actors'
- 6th - North Sargent performing 'Our Place'
- 7th - Langdon Area performing 'Audit: The Life and Times of Michael St. John'
- 8th - Edgeley performing 'A Trip to the Moon'

**Superior Actor Awards were presented November 24 at Jamestown High School to:**

Aleece Meek - New Town  
Kenley Goll - Park River Area  
Nolan Sutherland - Lisbon  
Emma Marten - South Prairie  
Chloe Eckholm - Shiloh Christian  
Seth Irely - Edgeley  
Carson Gette - Kindred  
Kelsi Neuman - Carrington

**Superior Actor Awards were presented November 24 at University of Jamestown to:**

Nolan Bawek - Thompson  
Alycia Laparra - Stanley  
Kara Coblenz - Drake-Anamoose  
Madilyn Crump - Langdon Area  
Kelsey Voightman - Central Cass  
Bostyn Blankenbaker - Bowman County  
Samantha Timmerman - North Sargent  
Bentley Quissel - New Salem-Almont

Schools qualified for State from one of ten regional contests held in early to mid-November. State Qualifiers included: Bowman County, Carrington, Central Cass, Drake-Anamoose, Edgeley, Kindred, Langdon, Lisbon, New Salem-Almont, New Town, North Sargent, Park River, Shiloh Christian, South Prairie, Stanley, and Thompson.



The 63rd Annual NDHSAA State Student Congress was held at the State Capitol in Bismarck November 6-7.

### Team Totals:

West Fargo Horace took first with 171 points; Fargo Davies was awarded second with 161 points; Fargo South was third with 110.6 points; Fargo North took fourth place with 86 points; and West Fargo Sheyenne was fifth with 80.4 points.

Elected by peers as the 2025 Student Congress Coach of the Year was Gayle Hyde, coach at Fargo South.

### 2025 Presiding Officers

Senate – Carter Hass, Valley City  
House I – Jayla Ridout, West Fargo Horace  
House II – Jannie Yang, Fargo Davies  
House III – Lucy Scherbenske, West Fargo Horace  
House IV – Sienna Bowen, West Fargo Horace  
House V – Olivia Desmarais, Fargo North  
House VI – Gabriella Wang, Fargo North

### SENATE

1st - Emilie Hessinger, Bismarck St. Mary's; 2nd - Trent Hamilton, Bismarck Century; 2nd - Setiya Hamidi, Fargo Davies; 2nd - Kipling Olson, Fargo South (tie); 5th - Elena Weng, West Fargo Sheyenne; 6th - Keagen Kratcha, West Fargo Horace; 7th - Nora Aeilts, West Fargo Horace; 8th - Isabel Scherer, Fargo Davies.

### HOUSE I

1st - Cora Wixo-McGavin, Fargo South; 1st - Sonakshi Singhal, Grand Forks; 1st - Leah Dokken, Minot United (tie); 4th - Amour Mach, West Fargo Horace; 4th - Norah Casas, West Fargo Sheyenne (tie); 6th - Lillian Makeeff-Stetson, Bismarck; 6th - Lillian Meidinger, Fargo Davies; 6th - Silas Rodriguez, Fargo South (tie).

### HOUSE II

1st - Farrah Kelsh, Fargo South; 2nd - Miren Burbank, Grand Forks; 3rd - Mikayla Berglund, Fargo Davies; 3rd - Chloe Le, West Fargo Horace (tie); 5th - Deborah Ugboke, Bismarck St. Mary's; 5th - Melisa Cuevas Perez, Fargo Davies (tie); 7th - Sislee Nelson, Belfield; 8th - Deklen Else, Bismarck St. Mary's; 8th - Madison Arness, Fargo South (tie).

### HOUSE III

1st - Fatimazahra Elbouab, Minot United; 2nd - Gavin Schaffenberger, West Fargo Horace; 3rd - Kendal Hauck, Fargo Davies; 3rd - Veeksha Tulasidhar, West Fargo (tie); 5th - Maron Kpadeh, West Fargo Horace; 6th - Ashley Hsu, Fargo Davies; 6th - Brooklyn Saum, Fargo South; 6th - Brady Bakken, Grand Forks; 6th - Quin Kruger, Valley City; 6th - Adrian Kpabe, West Fargo Sheyenne (tie).

### HOUSE IV

1st - Rose Ali, Fargo Davies; 2nd - McKenzie Freier, Fargo Davies; 2nd - Charlotte Lovejoy, West Fargo Horace (tie); 4th - Xanthe Cvijanovich, Fargo South; 5th - Colt Hejzmanek, West Fargo; 6th - Nellie Dachtler, Grand Forks; 7th - Mateo Rafael Landayan, West Fargo Sheyenne; 8th - Bryleigh McBride, Minot United.

### HOUSE V

1st - Mina Kobrinsky, West Fargo Horace; 1st - Sathvik Arveity, West Fargo Sheyenne (tie); 3rd - Keesha Unyce Saldivar, West Fargo Horace; 4th - Ilana Tyan, Minot United; 5th - Joshua Wang, Fargo North; 6th - Ethan Jackson, Fargo Davies; 7th - Isaac Cvijanovich, Fargo South; 8th - Jacob Lukaszewski, Bismarck St. Mary's; 8th - Natalie Dullea, Fargo South; 8th - Youness Elbouab, Minot United (tie).

### HOUSE VI

1st - Tony Leng, Fargo Davies; 2nd - Ray QI, Fargo Davies; 3rd - Nikky Le, West Fargo Horace; 4th - Allison Choi, Fargo North; 5th - Ally Huynh, West Fargo Horace; 6th - Annette Pinnick, Fargo South; 7th - Kara Chung, West Fargo Sheyenne; 8th - Regina Mavolo, West Fargo.





## *2026 NDHSAA Winter Tournament Information Links*



[WRESTLING TOURNAMENT INFORMATION](#)

[GYMNASTICS TOURNAMENT INFORMATION](#)

[HOCKEY TOURNAMENT INFORMATION](#)

[BOYS SWIMMING & DIVING TOURNAMENT INFORMATION](#)

[GIRLS BASKETBALL TOURNAMENT INFORMATION](#)

[BOYS BASKETBALL TOURNAMENT INFORMATION](#)

## *2026 NDHSAA Winter Region & State Tournament Tickets*

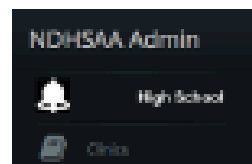


Tickets for NDHSAA Postseason Region and State Tournaments can be purchased online & through the GoFan Digital Ticket App. Visit the NDHSAA's Digital Ticket Box Office at <https://gofan.co/app/school/NDHSAA>

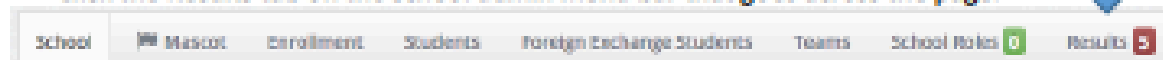
Non-Go Fan Venues will have their separate Ticketing Policies so please refer to Go Fan and NDHSAA Now site for ticketing information.

**NDHSAA Help****NDHSAA Admins – Reporting Scores**

- o Log in to your NDHSAA account.
- o Click the Admin Portal for your school (Bell on top left).

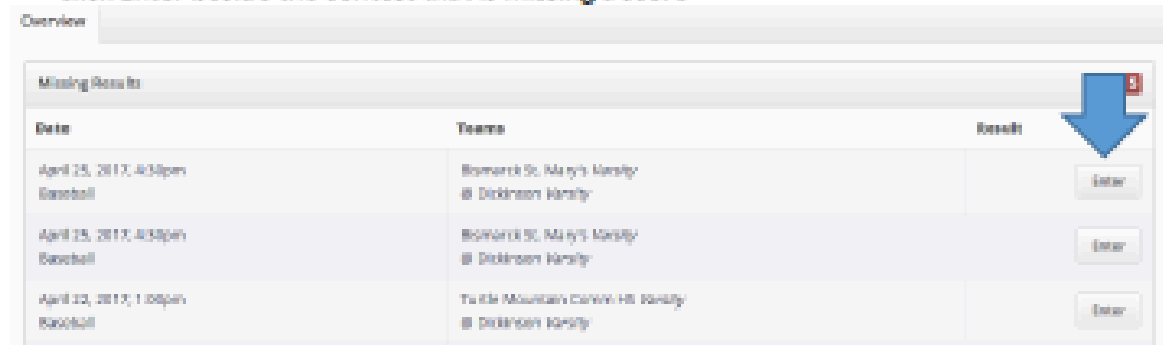


- o Click the Results tab on the school admin menu bar that goes across the page.

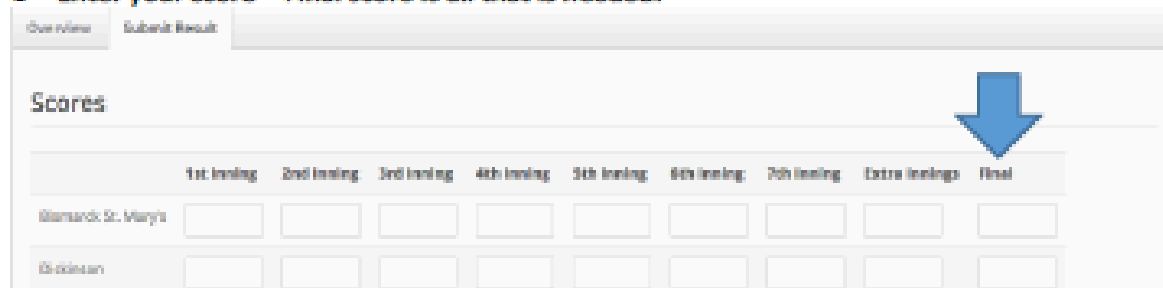


- o There will be a red box with a number inside if you are missing any scores.
- o If all scores are entered, the box beside your results tab will be green with a "0" inside.

- o Click Enter beside the contest that is missing a score



- o Enter your score – Final score is all that is needed.



- o Click the Blue SAVE button at the bottom of the page.

**Notes:**

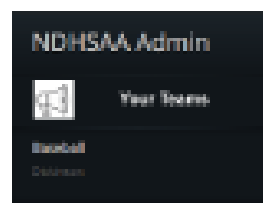
- o When results are entered by one school, they will appear as results for both/all schools.
- o On an iPhone, iPad or Android device GoogleChrome is recommended as your browser.
- o The NDHSAA admin website is mobile friendly, however, viewing your phone landscape (sideways) rather than portrait (up and down) makes the site easier to maneuver.
- o When you log in to the NDHSAA Admin website, bookmark your admin portal page for easy recall.



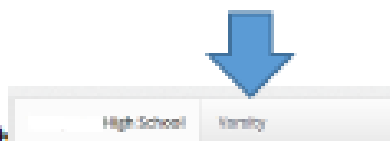
## NDHSAA Help

### NDHSAA Coaches – Reporting Scores

- o Log in to your NDHSAA account.
- o Under “Your Teams” – Click the team for which you would like to enter scores.



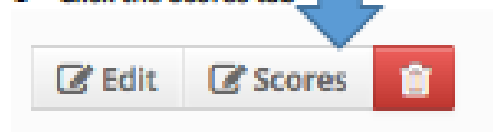
- o Click the Varsity tab



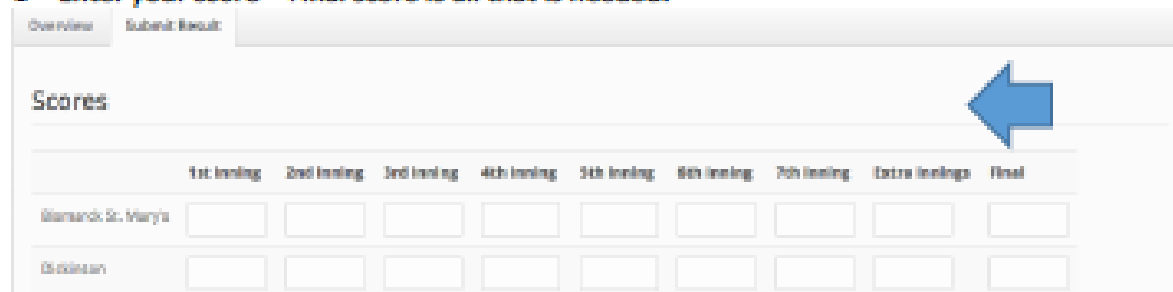
- o Click the Schedule tab beside contest



- o Click the Scores tab



- o Enter your score – Final score is all that is needed.



	1st Inning	2nd Inning	3rd Inning	4th Inning	5th Inning	6th Inning	7th Inning	Extra Innings	Final
St. Mary's									
Dickinson									

- o Click the Blue SAVE button at the bottom of the page.



#### Notes:

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- o The NDHSAA admin website is mobile friendly, however, viewing your phone landscape (sideways) rather than portrait (up and down) makes the site easier to maneuver.
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*Visit NDHSAA NOW for scores, stories and more! [www.ndhsaanow.com](http://www.ndhsaanow.com)*