



NDHSAA BULLETIN

North Dakota High School Activities Association
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September 2012

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*Pictured Above: NDHSAA/Farmers Union Insurance
2012/13 Distinguished Students
with Mark Anderson, Farmers Union Insurance General Manager
NDHSAA Premier Partner:*



NDHSAA Supporting Sponsor: **NATIONAL GUARD**
North Dakota

Two Board Members Join NDHSAA



Jason Wiberg
Athletic Director Devils Lake

Jason Wiberg is a North Dakota native and a 1992 graduate of Leeds High School. Jason graduated from Mayville State University in 1996 with a Bachelor of Science in Elementary Education. He received his Master of Education degree in Educational Leadership in 2005 from NDSU.

This is Jason's fifteenth year in the field of education. He began his career in Lakota, ND as a third grade teacher and assistant girls' basketball and assistant volleyball coach in 1997. Jason returned to his home town of Leeds in 1999 to teach fifth grade. While working in the Leeds Public School District, he was the head girls' basketball coach, assistant boys' basketball coach, head boys' golf coach, and activities director.

In 2002, Jason moved back to Lakota to become elementary principal. He served as elementary principal, activities director, teacher, and head girls' basketball and junior high football coach in his eight years at Lakota. In 2010, Jason became the activities director and assistant high school principal at Devils Lake Public Schools.

Jason is a member of the NDCEL and NDIAAA. He has served as District 7 Chairman for five years, as NDHSCA Basketball Advisory Committee for one year, as Secretary/Treasurer of the Central North Dakota Conference for three years, and as tournament manager for several NDHSAA tournaments. Jason was selected as the District 7 Activities Director of the Year in 2007, 2008, 2009, and 2010 and Region IV Activities Director of the Year in 2008 and 2010.

Jason and his wife Heidi have three children, Kellan (5), Tayven (3) and Aubryn (4 mos).



Jim Roaldson
Athletic/Activities Director Jamestown High School

Jim earned his Master's Degree in Business & Vocational Education from the University of North Dakota (2000) and his Bachelor's Degree in Business Education with a minor in Coaching from Mayville State University (1991). He began his teaching and coaching career in Luck, WI (91-92) and then moved on to Crookston, MN (92-99) where he taught business and computer education while serving various roles for the athletic department in both schools.

In 1999 he came home to North Dakota and began teaching and coaching in his hometown of Jamestown. Jim taught and coached at Jamestown High School until 2004-2005 when he took over activities director responsibilities. Jim has served as tournament manager to many invitational, regional and state events at both the Class A and Class B levels. He is a member of the NDHSAA Combined Tournament Committee and also has been serving on the Class A Review Committee. He was named Western Dakota Association Athletic Director of the Year in 2008 & 2010. In 2008 he was also named as the North Dakota Class A Athletic Director of the year. Jim's wife Tara is a physical therapist at the Anne Carlson Center for Children and they have three children, Megan (20), Ella (9), Brooks (7).

NDHSAA 2012/13 Board of Directors

The NDHSAA Board of Directors is comprised of representatives from member schools representing different factions of our membership. Directors are elected by the membership to a four-year term. They may only hold a board position for one term in their lifetime. The Board sets the policies that govern NDHSAA. The Board meets on a monthly basis. All Board information is available on our website

~ **President: Scott Ulland** ~ **Vice President: Todd Olson** ~

Principals' Association Representative Scott Ulland - May-Port CG	Class B NE Representative Kirk Ham - Park River	Athletic Administrators Representative Jim Roaldson - Jamestown
Class A East Representative Todd Olson - Fargo	Class B SW Representative Larry Helvik - Beach	Class A At Large Representative Jason Wiberg- Devils Lake
Class B NW Representative Steve Brannan - Garrison	Class A West Representative Shane Martin - Turtle Mountain Community High School	ND School Boards Association Ben Auch - Mott
Class B SE Representative Steve Hall - Kindred		Department of Public Instruction Dr. Wayne Sanstead - Bismarck

NDHSAA Staff Contacts

NDHSAA staff members are assigned specific duties as listed below. You may either call our office at (701) 845-3953 or email staff members as needed.

Sherm Sylling: Sherm.Sylling@sendit.nodak.edu

Executive Secretary. Eligibility Cases, Interpretations of Constitution and By-Laws, Protests Against Schools, Administration of Track & Field

Brenda Schell: Brenda.Schell@sendit.nodak.edu

Assistant to Exec. Sec., Technology Coordinator, Web Design, Publications, Administration of Tennis

Brian Bubach: Brian.Bubach@sendit.nodak.edu

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Matt Fetsch: matthew.j.fetsch@sendit.nodak.edu

Assistant to Exec. Sec., Publications, Game Rules Book Interpretations, Sanctions, Officials, Administration of Football, Golf, Hockey, Soccer, Wrestling, Basketball, and Baseball

Justin Fletschock: Justin.Fletschock.1@sendit.nodak.edu

Assistant to Exec. Sec., Girls' Sports, Swimming & Diving, Track & Field, Gymnastics, Cross-Country, Rules Book Interpretations

Sue Carlsrud: Sue.Carlsrud@sendit.nodak.edu

Secretary to the Assistants to Exec. Sec., Orders for Supplies and Materials, Yearbook and Directory, Membership Applications, Dues

Patty Bass: Patty.Bass@sendit.nodak.edu

Secretary to the Assistants to Exec. Sec., Registration of Officials, Officials Records

Sharon Prosby: Sharon.Prosby@sendit.nodak.edu

Secretary to the Exec. Sec. /Bookkeeper, Membership Applications, Dues, Entry Forms and Payment Fees

Mandatory Administrator Meetings

Mandatory administrator meetings were held throughout North Dakota in August. The presentation has been uploaded to the MVP site for member school convenience. The presentation is available on the MVP Help tab accessible from the main NDHSAA webpage.

2012 Yearbook Online

The Official NDHSAA 2012 Yearbook is posted on the NDHSAA website under Publications.

Award of Excellence Nominations

NDHSAA is requesting nominations for the Award of Excellence program any time during the upcoming activities seasons. This program honors those teams, individuals, coaches, administrators, or fans that show exemplary sportsmanship in competition.

Any administrator, game official, or coach may send a nomination to NDHSAA with the pertinent information including the date of the contest or activity, those specifically being nominated, circumstances that motivated nomination, and the name(s) of those proposing the nominations.

Nominations may be emailed to: Brian.Bubach@sendit.nodak.edu

NDHSAA Board of Directors Meeting – August Summary

Please go to http://www.ndhsaa.com/board_and_committee_minutes for Board meeting dates, agendas, and minutes.

- 2012 spring sports financial was reviewed.
- 2011-12 audit report was presented.
- Board Committees reviewed strategic plan goals and reviewed implementation timelines.
- Bismarck State College approved as 2014 and 2015 State B Music site.
- Coaches Education implementation was reviewed.

NFHS Coach Education Sportsmanship Course Now Available

“Sportsmanship,” the online course for coaches, players, parents, fans and officials, is now available. It is free, takes 15 minutes to complete and should be required of every person connected to interscholastic sports. This course presents what sportsmanship is, why it is important in the interscholastic environment and explains each stakeholder’s role in promoting positive behavior. To access “Sportsmanship” and other courses, please visit <http://www.nfhslearn.com/Courses.aspx>. Outlines and informational flyers on all courses can be printed from the “Locker Room” at www.nfhslearn.com. Click on “More Great Stuff” or “Documents.”

Fall MVP Website Requirements

Schools are required to have rosters/pictures/cutlines and schedules for all fall sports uploaded to MVP three weeks into each season. This process allows invitational, district, regional and state tournament managers the ability to download and prepare tournament programs.

Failure to upload required information will result in a \$50 late fee for each sport for the first season and \$100 for each sport for subsequent seasons. Schools have the ability to edit this information as rosters change throughout the season. Please refer to the MVP Help link on the NDHSAA website for complete information on uploading information to MVP and printing programs. For additional information on uploading team information to MVP, please contact Brenda Schell at the NDHSAA office.

Below are deadline dates:	Sport/Activity	Deadline
	Class A Girls' Golf	August 27, 2012
	Boys' Soccer	August 27, 2012
	Cross Country	September 3, 2012
	Boys' Tennis	September 3, 2012
	Football	August 29, 2012
	Girls' Swimming	September 3, 2012
	Volleyball	September 3, 2012



Distinguished Service Nominations

Please submit your nominations for the Distinguished Service Award to Brian Bubach at Brian.Bubach@sendit.nodak.edu. Criteria and Submission forms can be found under the Publications tab on the website, or, you can go to http://www.ndhsaa.org/files/Dist_Serv_Criteria.pdf and http://www.ndhsaa.org/files/Dist_Service_Award_App.pdf directly. Awards may be granted to nominees whose accomplishments have been worthy of statewide recognition.

Constitution & By-Laws

A copy of the 2012-13 NDHSAA Constitution and By-Laws was distributed to schools at our August administrator meetings.

Complete Constitution and By-Laws are available on our website under the Publications tab at:
http://www.ndhsaa.com/files/Constitution_and_ByLaws.pdf

Coaches and Officials Mandatory Online Testing for 2012-13

Officials and head coaches of baseball, basketball, football, gymnastics, hockey, soccer, softball, swimming & diving, volleyball and wrestling must take an open book test in the sport(s) in which he/she is a head coach/official. The test will be available on-line only and must be completed and submitted within the applicable window. The test will be available by following the On-Line Testing link on the main page of the NDHSAA website. (www.ndhsaa.com)

The test windows are as follows:

Volleyball, Swimming, Soccer & Football
September 4 - September 10, 2012
Wrestling, Basketball, Gymnastics & Hockey
December 4 - December 10, 2012
Baseball & Softball
April 9 - April 15, 2013



Participants Must Be Accompanied

Please be reminded all regional and state individual and team members must be accompanied by a coach or school official as noted in the NDHSAA By-Laws on page 9, Part Two, Article III-CONTESTS, Section V.

Managers of regional and state NDHSAA sponsored activities have been notified to strictly enforce this rule. No participant or team will be allowed to participate without a coach or faculty representative present at the contest.

If you think you can do a thing or think you can't do a thing, you're right.
Henry Ford

2012-13 Tennis Regulation Changes

There are no new regulations for tennis for the 2012/13 school year. Boys' Tennis regulations may be found under regulations on the main tennis page on the NDHSAA Website.

http://www.ndhsaa.com/athletics/tennis_boys/boys_tennis_regulations/

General tennis information may be found on the main boys' tennis page on the NDHSAA website:

http://www.ndhsaa.com/athletics/tennis_boys/

Boys' Regional & State Tennis Information

Boys' regional tennis tournaments will be held on September 27, 28, 29, 2012. The East Region Tournament will be held in Grand Forks with Mark Rerick as manager and the West Region Tournament will be held in Bismarck with Jim Haussler serving as manager. Coaches and ADs are reminded regional registrations are due to the NDHSAA office and tournament managers by NOON September 19. The deadline for team play-in is September 24. Entry forms may be found on the Boys' Tennis page under Tennis Publications. Additional tournament information may be found on the Boys' Tennis page.

The 2012 Boys' State Tennis Tournament will be held in Bismarck on October 4, 5, 6, 2012 with Jim Haussler serving as the tournament manager. All regulations for state and regional tournament play may be found on the Boys' Tennis page of the NDHSAA website. http://www.ndhsaa.org/athletics/tennis_boys/boys_tennis_regulations

West Region-Bismarck
September 27-29, 2012
Jim Haussler, Manager

East Region-Grand Forks
September 27-29, 2012
Mark Rerick, Manager

State-Bismarck
October 4-6, 2012
Jim Haussler, Manager

Award of Excellence

Lakota vs. Midkota baseball May 6, team, coach and fan exemplary sportsmanship. Official's nomination.

Kindred vs. Finley-Sharon-Hope-Page baseball coaches, players and fans for outstanding sportsmanship May 24. Officials' nomination.

Student Congress, Play, Music, Debate, and Speech Clinics Online

For 2012/13, music rules clinics will be offered online. Student Congress, play, debate and speech clinics will be offered in-person at the CSTAND convention and online within the designated window. Please check the CSTAND convention schedule for clinic date and time.

Clinic completion is mandatory for head play director, head speech coach, head debate coach, head student congress coach, head vocal, strings, and instrumental music. You must have an MVP account in order to complete the online rules clinic.

Following are the 2012/13 clinic windows.

Fall Fine Arts: September 10 - October 1 Winter Fine Arts: November 5 - 26

Play
Student Congress

Debate
Music
Speech

Annual October Membership Meeting

The Annual Meeting of the NDHSAA membership will be Thursday, October 18th, 4:30 p.m. at the Bismarck Ramkota. Agenda items will include but not be limited to the approval of the October 2011 and January 2012 minutes and Nominating Committee Reports. The terms for two Board positions will expire in 2013. Scott Ulland, who represents NDASSP and Larry Helvik, who represents Class B Southwest. Nominating committees representing the NDASSP and B Southwest Administrators will be called upon to nominate two individuals for the next four year term. Letters to the various administrative groups requesting involvement in the nomination selection will be forthcoming.

Amendments to the Constitution and/or By-Laws must be presented thirty days prior to voting. Article X of the Constitution and By-Laws explains the amendment process and may be found in Part Two-Constitution of the North Dakota High School Activities Association, page 6 at: http://www.ndhsaa.com/files/Constitution_and_ByLaws.pdf. Please contact the Executive Secretary concerning timeline for submission. If agenda items are amended, motion passage or failure will be determined by present representative votes. Updated information will be published in the October Bulletin and on the NDHSAA website.

2012-13 NDHSAA/Farmers Union Insurance Distinguished Students

Mandi Egeland a junior at Grand Forks Red River High School, was named the 2012-2013 North Dakota High School Activities Association/Farmers Union Insurance Distinguished Student at interviews held for the six finalists in Valley City on the morning of May 4th.



Dominick Goettle of St. Mary's High School, Bismarck was chosen first runner-up. The other finalists are Carly Bertsch of Fargo Davies High School, Austin Mack, Dickinson High School, Zach Peterson, Grafton High School, and Jasmine Kreft, Williston Trinity Christian High School.



The six finalists were selected from the original thirty-seven applications sent in by high school principals around the state.

Farmers Union Insurance is the supporting partner in this program and funds \$5000 worth of scholarships provided the six finalists. Mandi Egeland received a \$2000 scholarship for being named the NDHSAA/ Farmers Union Insurance Distinguished Student and the first runner-up, Dominick Goettle, received a \$1000 scholarship. The other four finalists each received a \$500 scholarship.

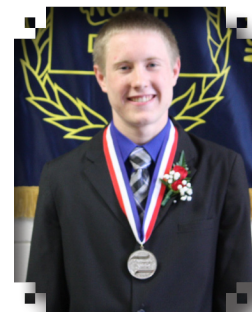


Mandi Egeland, Grand Forks Red River High School

Mandi is a leader at Grand Forks Red River. She has participated in basketball, volleyball, DECA and varsity soccer. In addition to serving her school, she volunteers at Altru Hospital and is active in her church. Mandi has served on the Grand Forks' Youth Commission and writes "One person can choose to become involved. One person can impact many. One person can make a difference."

Dominick Goettle, St. Mary's High School

Dominick participates in vocal music, speech, drama soccer and track. He is heavily involved in his community through church, 4-H and the Bismarck/Mandan Student Chamber of Commerce. Dominick is active with the school yearbook, newspaper, science and Spanish clubs. He states, "...everyone who tries their best deserves to be respected for that whatever the outcome."



Carly Bertsch, Fargo Davies High School

Carly has been active in band, soccer, and cross country. Outside of the classroom and off the field Carly is involved in a number of church activities, helping with Fargo Park District events and assisting at Bethany Homes. Carly says, "My teammates mean the world to me because I have grown special relationships with each person. Through every practice, training, game and race, our friendships continue to become stronger."

Austin Mack, Dickinson High School

Austin represents Dickinson in choir, cross country, soccer, basketball and track & field. Austin also takes part in church activities, volunteers in Parks and Rec functions, and assists with the Roughrider Days 5k and 10k walk/runs. Austin says, "Through sports, dance, the guidance of my parents, and my faith, I learned the importance of commitment which has molded who I am."



NDHSAA/Farmers Union Insurance Distinguished Students Continued on Page 7

2012-13 NDHSAA/Farmers Union Insurance Distinguished Students (Continued)

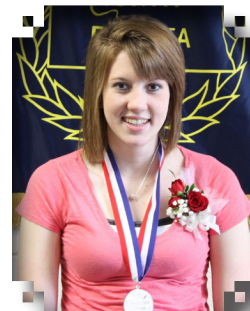


Zach Peterson, Grafton High School

Zach is involved in drama, hockey, football and track. Off the ice and field Zach serves at his church, assists at the Park River Bible Camp, and helps with many school organization fund raising events. Zach writes, "Interscholastic activities develop one's confidence, teach that all things are possible, impart an appreciation for not only my own but the talents of others as well, and supply a mental and emotional high that cannot be matched by anything else. I would not be the person I am today without my participation in interscholastic activities."

Jasmine Kreft, Williston High School

Jasmine participates in speech, choir, band, swimming, basketball, Academic Olympics and Science and Engineering Fair. She serves her community as a Sunday School teacher, helps the local Lions and Relay For Life, and has lead her school in a food drive for the Salvation Army. Jasmine states, "...by competing in individual interscholastic events, I have been given a sense of confidence and a belief in myself that I can tackle any goals I set for myself. It has taught me not to be scared to try new endeavors..."



Officials Registration Online

All officials hired for interscholastic competition at the high school level must be registered with the NDHSAA before officiating. Out-of-state officials who officiate contests in North Dakota must submit a reciprocity form and fee to NDHSAA before working games or meets. Registration is not complete until forms and fees have been received and processed by the NDHSAA office. Officials registration will again be available online only through MVP and officials must have an MVP account in order to register. Officials registration is due before July 1st of each year. Registration between July 1st of each year until the last rules clinic date in each sport is available, however late fees will apply.

Rules clinic completion is mandatory for all officials in the sport(s) they plan to officiate. (See Online Rules Clinics for Coaches and Officials article in this BULLETIN). Exams must be taken each year in the sport(s) in which exams are offered. Beginning with the 2002-03 school year each basketball official must have officiated or have been a supervisor at an NDHSAA approved rules clinic/day camp within the previous three years to be eligible for officiating region and state tournaments. Requirements for officiating vary from sport to sport and will be available in their entirety in the May BULLETIN and on the Officials & Judges page of the NDHSAA website.

Concussions in Sports

Concussion management program requirements may be located in NDCC 15.1-18.2-04 (<http://www.legis.nd.gov/cencode/t15-1c18-2.pdf>).

A complete listing of concussion management information may be accessed through the NDHSAA website at http://www.ndhsaa.com/concussion_management. On this web page, links are provided to NFHS Learn online concussion training, NDHSAA Concussion Management Policy and other supporting materials. The 17 minute NFHS presentation is free of charge. Coaches and AD's are encouraged to make this presentation a part of their season start-up meetings.

Re-Transfer Eligibility Rule

Starting with the 2012-13 school year, all re-transfer students (students who leave home, transfer to another school and want to move back) shall be treated the same as traditional transfer and subject to a loss of varsity eligibility for 180 school days. Please contact NDHSAA as necessary.

Music Judge Certification

College or high school personnel with a B.S. in Music Education and 5 years experience (recommended) may judge NDHSAA sponsored Music Festivals if they successfully complete the online rules clinic.

If you have questions regarding music certification, please contact Brian Bubach at: Brian.Bubach@sendit.nodak.edu



NFHS Now Offers Middle School Coach Education Course

INDIANAPOLIS, IN (April 28, 2011) — A new coach education course – Coaching Sports in Middle School – is now available online through the National Federation of State High School Associations (NFHS) at www.nfhslearn.com <<http://www.nfhslearn.com>> . This course is the newest addition to the NFHS Coach Education Program.

Coaching Sports in Middle School focuses on middle school issues and how to address them. All NFHS coaching education courses are applicable to the middle school/junior high level, but this one has been tailored to the unique characteristics of that level. It factors that middle school athletes aren't young adults yet and are at a different skill level.

NFHS Assistant Director Tim Flannery encourages all coaches to take the new course in order to make certain that middle school students receive the proper instruction.

“Every coach and administrator at the middle school level should be required to complete the online course Coaching Sports in Middle School to ensure the students who participate in athletics have an educational experience,” Flannery said. “Some schools have been using middle school teams as feeder systems for their high school programs, but that is not how they are intended to be used. This course is a reminder that middle school activities should be fundamentally about participation.”

Coaching Sports in Middle School takes approximately one hour to complete and costs \$20.

The NFHS Coach Education Program was started in 2007, and more than 160,000 coaches have taken the core course — Fundamentals of Coaching. Forty-five of the 51 NFHS member associations have adopted the course.

The NFHS offers coaches the ability to become certified as an Accredited Interscholastic Coach. In addition to the Fundamentals of Coaching course, coaches must complete NFHS First Aid for Coaches, or its equivalent, and one of the sport-specific courses or Teaching Sport Skills, and then can apply for certification online.

All NFHS coach education courses are available at www.nfhslearn.com <<http://www.nfhslearn.com>> .

“I am enough of an artist to draw freely upon my imagination. Imagination is more important than knowledge. Knowledge is limited. Imagination encircles the world.”

— Albert Einstein

NDHSAA Contact Information

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Co-op Application Deadline Reminder

Requests for a cooperative agreement between schools with existing programs must be submitted to NDHSAA prior to the end of the preceding season in that activity with the exception of football. Completed football cooperative agreements must be received by September 15th of the preceding plan year to be considered by the Board of Directors. If a coop application is submitted following the end of the preceding season, a \$500 late fee must be paid. No coop applications will be considered by the NDHSAA Board of Directors via conference call nor after the following dates:

Fall Sports..... June 1st, prior to start of season
Winter Sports..... September 1st, prior to start of season
Spring Sports..... January 1st, prior to start of season.

In the case of emergency coop requests, the Executive Board Committee, upon hearing the reasons, may recommend the application be considered by the Board of Directors. Requests for cooperative agreements involving one or more schools that do not have an existing program must be submitted in accordance to the deadlines as stated above.

Co-op Application Renewal Policy

The co-op renewal policy reads, "Following the initial three years of an approved cooperative agreement, it will remain in force until dissolved. To dissolve a coop after the initial three-year period, a school in said coop must submit a written dissolution request to the NDHSAA Board of Directors for approval. To be considered, the request must be made in a timely manner." Part Two, Article III, Section XI, p.10 of the Constitution and By-Laws

2012 Student Congress

Student Congress is a competition based on a mock legislation format. Resolutions and Bills from 2011 are brought forward to the 2012 season. Through East and West Congress sessions, these resolutions and others are prepared, debated, and brought forth to the State Student Congress event. This year's 2012 Student Congress events are:

East Congress, Fargo Doublewood	September 21-22
West Congress, Mandan Seven Seas	October 12-13
State Congress, Bismarck State Capitol	November 1-2

ACT-SAT National Test Dates



Administrators, activities directors and coaches should remind their students of the following 2012-13 dates so they may avoid conflicts. Please have them contact their school counselor for deadline registration dates and further details.

ACT National Test Dates

September 8, 2012
October 27, 2012
December 8, 2012
February 9, 2013
April 13, 2013
June 8, 2013

SAT National Test Dates

October 6, 2012
November 3, 2012
December 1, 2012
January 26, 2013
March 9, 2013
May 4, 2013
June 1, 2013

Speech and Theatre Convention September 13-15

The Speech and Theatre Convention sponsored by C STAND (Communication, Speech, and Theatre Association of North Dakota) will hold their annual convention starting the evening of September 13. The convention will be held at the Seven Seas Inn and Convention Center in Mandan. Attendees are encouraged to call (701) 773-7401 to reserve a room under the C STAND Convention rate. This convention offers educational sessions for new and experienced speech, congress, debate coaches and theatre directors. Please go to www.cstand.org for registration forms, schedules, and newsletters.

NDOA Board Meetings

The North Dakota Officials' Association holds two meetings annually. This year the September 9, 2012 meeting will be held at the NDHSAA office in Valley City. The March 24, 2013 meeting will be held via conference call. Please email matthew.j.fetsch@sendit.nodak.edu with possible agenda items.

Team Scholar Recipients

NDHSAA recognized teams that have met a cumulative 3.20 Grade Point Average as Team Scholars. Congratulations to the following teams:

Speech

West Fargo-3.69, Oak Grove-3.47, Rquette-3.69, Harvey/Wells County-3.47, Burke County-3.33, St. Mary's-3.76, Devils Lake-3.47, Kindred-3.56, Valley City-3.58, Milnor-3.32, Enderlin/Maple Valley-3.45, Bismarck Century-3.58, Shanley-3.68, Fargo North-3.89

Girls' Basketball

Fargo North-3.73, Dickinson-3.62, Ray-3.54, Lewis & Clark-Berthold-3.78, Oak Grove-3.81, Glenburn-3.53, Burke County-3.46, St. Mary's-3.74, Fordville-Lankin/Park River-3.50, Kindred-3.61

Boys' Basketball

Dickinson-3.37, Lewis & Clark-Berthold-3.67, Fargo North-3.38, Oak Grove-3.65, Burke County-3.24, St. Mary's-3.35, Kindred-3.48, Park River/Fordville-Lankin-3.67

Girls' Hockey

Fargo North-3.52

Play

Oak Grove-3.74, Devils Lake-3.61, Kindred-3.33

Instrumental Music

Oak Grove-3.56, Devils Lake-3.21, Kenmare-3.46, Park River-3.28, Kindred-3.54, Lisbon-3.36, Shanley-3.44

Vocal Music

Oak Grove-3.56, Kenmare-3.20, Lisbon-3.34, Shanley-3.48

Gymnastics

Dickinson-3.50

Boys' Hockey

Fargo North-3.34

Wrestling

Fargo North-3.27, St. Mary's-3.42

Football

St. Mary's-3.28, Shanley-3.44

Volleyball

Oak Grove-3.73, St. Mary's 3.77, Kindred-3.48

Boys' Swim & Dive

Fargo North-3.60

Baseball

Wahpeton-3.48, Enderlin/Maple Valley-3.48, St. Mary's-3.40, Kindred-Richland-3.34, Fordville-Lankin/Park River-3.28, West Fargo-3.31, Dickinson-3.31, Grand Forks Red River-3.35, Fargo North-3.25

Boys' Soccer

St. Mary's-3.78

Boys' Golf

Devils Lake-3.61, Bowman County-3.46, Dickinson-3.21, Shiloh Christian-3.34, St. Mary's-3.24, Kindred-3.42, Park River-3.42, Grand Forks Red River-3.32, Fargo North-3.52, Lisbon-3.44, Shanley-3.59, Minot-3.21

Girls' Track

Devils Lake-3.53, Bowman County-3.72, Shiloh Christian-3.29, Enderlin/Maple Valley-3.34, St. Mary's-3.47, Kenmare-4.00, Park River-3.20, Carrington-3.48, Kindred-3.53, West Fargo-3.63, Valley City-3.57, Fargo South-3.43, Hazen-3.39, Jamestown-3.54, Mandan-3.30, Dickinson-3.38, Grand Forks Red River-3.59, Bismarck Century-3.50, Fargo North-3.59, Shanley-3.59, Minot-3.78

Softball

Devils' Lake-3.60, Enderlin/Maple Valley-3.41, Kenmare-3.48, West Fargo-3.62, Kindred-Richland-3.31, Valley City-3.34, Fargo South-3.32, Dickinson-3.42, Grand Forks Red River-3.70, Bismarck Century-3.41, Fargo North-3.62, Shanley-3.23, Minot-3.21



Orchestra Music

Devils Lake-3.56

Girls' Soccer

Devils Lake-3.29, St. Mary's-3.66, West Fargo-3.42, Fargo South-3.26, Mandan-3.27, Grand Forks Red River-3.78, Bismarck Century-3.49, Fargo North-3.69, Shanley/Oak Grove-3.84, Minot-3.68

Girls' Golf (B)

Bowman County-3.60, Rugby-3.78, Kenmare-3.49, Park River-3.61, Carrington-3.63, Kindred-3.60, Hazen-3.57, Milnor-Wyndmere-3.80, Dakota Prairie-3.75

Boys' Track

Bowman County-3.27, Enderlin/Maple Valley-3.20, St. Mary's-3.43, Kenmare-3.30, Grand Forks Red River-3.36, Bismarck Century-3.40, Fargo North-3.20, Shanley-3.39

Girls' Tennis

St. Mary's-3.86, West Fargo-3.65, Valley City-3.37, Fargo South-3.46, Dickinson-3.80, Grand Forks Red River-3.92, Bismarck Century-3.38, Fargo North-3.58, Shanley/Oak Grove-3.57, Minot-3.64

Student Congress

Fargo North-3.43

Debate

Fargo North-3.59

2012/13 NDHSAA Board Meeting Dates

Following is a list of NDHSAA regularly scheduled Board meeting dates. Agendas, Board minutes, special meeting information and other Board documents may be found on the NDHSAA website by clicking the Board Agendas and Minutes link under the Boards & Committees across the top of every page on the NDHSAA website.

2012/13 Meeting Dates

August	2	Valley City	March	15	Bismarck
September	18	Valley City	March	22	Fargo (District Chair and Board meeting)
October	17	Bismarck	April	23	Valley City
October	18	General Assembly Meeting, Bismarck	May	23	Fine Arts Review Bismarck
November	16	Minot (District Chair and Board meeting)	June	12	Athletic Review Valley City
January	26	Bismarck (Athletic Review A.M., Board P.M.)	June	18-19	Valley City
January	28	Membership Meeting, Bismarck			

NDHSAA Website Login Information

The NDHSAA website includes a public portion for public viewing and a password protected portion for school and NDHSAA administration of sports and activities. The password protected portion of our website is referred to as MVP. All administrators attending the administrative summer meetings received MVP training in August. All coaches and advisors must create an MVP account in order to input their rosters, pictures, cutlines, schedules, tournament entrants and results.

To create an MVP account, go to our website <http://www.ndhsaa.com> and locate the MVP login section on the left side of the page. Click on the "Create an Account" link. You must enter your account information then request a role at your school. To request a role, select your role (coach, activity advisor/coach, staff, etc.), highlight the school you are affiliated with, choose your sport or activity and Click the "Select Role" button. Repeat the role selection process until you have requested all of your roles in your school. Then click the blue "Request Role" button below your request. After submission, the main user at your school will approve your role and you will be able to enter information concerning your sport or activity.

Regional Play Dates, Sites, & Managers

2012 B Play Region information is listed below. Two plays from each region qualify for the State Contest in Jamestown November 19-20. 2012/13 rules are listed on our website under Plays>Publications>Drama Regulations.

Directors register through MVP by entering a roster of participants and play information. The registration deadline is 2 weeks prior to the event and is listed in MVP. Please note that the MVP deadline system has been updated. Directors will need to register by 11:59 p.m. of the deadline date listed in MVP to avoid a late penalty. (e.g. if the deadline is listed as 10/21/12, directors have until 11:59 p.m. CDT on 10/21 to register)

Play Tournament	MANAGER	EMAIL	SITE	DATE	DEADLINE
Region 1	Christine Bopp	Christine.Bopp@sendit.nodak.edu	Lisbon	11/7/12	10/24/12
Region 10	Sue Anderson	susan.l.anderson@sendit.nodak.edu	DSU	11/7/12	10/24/12
Region 2	Jenni Russi	jennilou.russi@vcsu.edu	VCSU	11/8/12	10/25/12
Region 3	Patti Aanenson	patti.aanenson@sendit.nodak.edu	Larimore	11/1/12	10/18/12
Region 4	Bonnie Muehlberg	Bonnie.J.Muehlberg@sendit.nodak.edu	Rugby	11/1/12	10/18/12
Region 5	Mike McIntyre	mcintyre@jc.edu	Jamestown College	11/9/12	10/26/12
Region 6	Rick Diegel	rick.diegel@sendit.nodak.edu	Edgeley	11/1/12	10/18/12
Region 7	Laura Kowatch	laura.kowatch@sendit.nodak.edu	Hazen	11/8/12	10/25/12
Region 8	Carlen Gilseth	carlen.gilseth@minotstateu.edu	MiSU	11/8/12	10/25/12
Region 9	Angela Johnson	Angela.C.Johnson@sendit.nodak.edu	Williston Armory	11/7/12	10/24/12

ACT/SAT Programs Available

Editor's Note: This information was provided in the NFHS August Executive Directors update.

eKnowledge has partnered with the NFHS again to offer free SAT/ACT Preparatory DVDs and online Cloud version to NFHS member state associations and their constituent high schools. These programs created by eKnowledge normally sell for \$199.95; but through this generous gift, students in your schools can receive a complimentary copy for only shipping and handling costs. The PowerPrep programs include 11 hours of video instruction, practice tests, sample questions and more than 3,000 files of supplemental test prep material. This program is designed for the students to study at their own pace. In the past several years, eKnowledge has donated more than 200,000 programs with a value of \$40 million. To secure a donated program, contact www.eKnowledge.com/NFHS or order by phone (951-256-4076) and reference the National Federation of State High School Associations. We have attached a link to a YouTube video explaining the program in its entirety: <http://www.youtube.com/watch?v=5JjyazTc6Lo&list=UUPalslteXAj6YgjAiFhtvZA&index=1&feature=plcp>

Character is higher than intellect. A great soul will be strong to live as well as think.

- Ralph Waldo Emerson

NDHSAA 2012/13 Calendar

Event	Approved
“A” Girls’ Golf	
Season Begins	August 6
First Contest	August 10
Deadline For Regional	September 24
State	October 1,2
Boys’ Soccer	
Season Begins	August 6
First Contest	August 17
Deadline For Regular Season	October 6
State	October 11,12,13
Cross Country	
Season Begins	August 13
First Contest	August 24
State	October 27
Football	
Opening Date	August 8
First Contest	August 21
End 9-Man Regular Season	October 13
End Div. A Regular Season	October 13
First Round 9-Man Playoffs	October 20
First Round Div. A Playoffs	October 20
End Div. Aaa Regular Season	October 20
End Div. Aa Regular Season	October 20
Quarter-Final Playoffs All Divisions	October 27
Semi-Final Playoffs All Divisions	November 3
Finals--Dakota Bowl	November 9
Girls’ Swimming	
Opening Date	August 13
First Contest	August 24
State	November 9,10
Boys’ Tennis	
Opening Date	August 13
First Contest	August 24
Deadline Team Play-In	September 24
Region Tournament	September 27,28,29
State	October 4,5,6
Volleyball	
Opening Date	August 13
First Contest	August 24
Deadline For “B” Districts	November 3
“B” Regionals	November 5,6,8
West “A” Regionals	November 8,9,10
East “A” Regionals	November 6,9,10
State	November 15,16,17
Hockey	
Opening Date (Boys And Girls)	November 5
First Contest (Boys And Girls)	November 19
Deadline For West Boys Regional Play-In Game	February 12
Deadline For East Boys Regional Play-In Game	February 9
West Region Tournament Boys’	February 14,15,16
East Region Tournament Boys’	February 12,15,16
State (Boys And Girls)	February 21,22,23

NDHSAA 2012/13 Calendar (Continued)

Wrestling

Opening Date	November 5
First Contest	November 16
Regionals "A" & "B"	February 9
State	February 14,15,16

Gymnastics

Opening Date	November 12
First Contest	November 26
State	February 22,23

"B" Boys' Basketball

Opening Date	November 19
First Contest	November 30
Deadline For District Tournaments	February 19
Regional Tournament	February 25,26,28
State	March 7,8,9

"A" Boys' & Girls' Basketball

Opening Date	November 26
First Contest	December 7
Deadline For Play-Ins	March 2
West Regional Tournament	March 7,8,9
East Regional Tournament	March 5,,8,9
State	March 14,15,16

"B" Girls' Basketball

Opening Date	December 3
First Contest	December 14
Deadline For District Tournaments	March 5
Regional Tournament	March 11,12,14
State	March 21,22,23

Boys' Swimming

Opening Date	November 26
First Contest	December 7
State	March 1,2

Track

Opening Date	February 25
"A" & "B" Regionals	May 18
State	May 24,25

Girls' Soccer

Opening Date	March 25
First Contest	April 5
Deadline For Regular Season	May 25
State	May 30,31 June 1

"A" Baseball

Opening Date	March 18
First Contest	March 29
Deadline For Regionals	May 25
State	May 30,31 June 1

"B" Baseball

Opening Date	March 18
First Contest	March 29
Deadline For Regionals	May 25
State	May 30,31 June 1

Girls' Softball

Opening Date	March 18
First Contest	March 29
Deadline For Regionals	May 25
State	May 30,31 June 1

NDHSAA 2012/13 Calendar (Continued)

Girls' Tennis

Opening Date	April 1
First Contest	April 12
Deadline Team Play-In	May 13
Region Tournament	May 16,17,18
State	May 23,24,25

"A" Boys' Golf

Opening Date	April 8
First Contest	April 12
Deadline For Regional	May 29
State	June 4,5

"B" Boys' And "B" Girls' Golf

Opening Date	March 25
First Contest	March 29
Deadline For Regional	May 18
State	May 28,29

Student Congress

1St Competition Date	September 1
State	November 1,2

"B" Plays--State **November 19,20**

Debate

1St Competition Date	November 9
State	February 1,2

"A" Plays---State **April 8,9**

"A" Speech

1St Competition Date	January 5
Region	April 6
State	April 20

"A" Music--State Vocal **April 26**

"B" Speech

1St Competition Date	January 5
State	April 27

"B" Music--State **May 4**

State Boys' Soccer Tournament Schedule

The NDHSAA Boys' State Soccer Tournament will be played October 11-13 at Shanley High School in Fargo with Curt Jones and Randy Nelson as managers. The tournament is an 8-team single elimination tournament with a consolation round playing to 5th place.

The bracket and games are:

Thursday Games

E-1 vs. W-4 @ 1:00 pm
 W-2 vs. E-3 @ 3:00 pm
 W-1 vs. E-4 @ 5:00 pm
 E-2 vs. W-3 @ 7:00 pm

Friday Games

Consolation Game #5 @ 1:00 pm
 Consolation Game #6 @ 3:00 pm
 Semifinal Game #7 @ 5:00 pm
 Semifinal Game #8 @ 7:00 pm

Saturday Games

5th Place @ 11:00 am
 3rd Place @ 1:00 pm
 Championship @ 3:00 pm

Admission:	Tourney	Daily
Adult	\$20.00	\$8.00
Student	\$10.00	\$4.00



For other soccer information see: http://www.ndhsaa.org/athletics/soccer_boys

2012 Soccer Regulations

There are no new regulations for tennis for the 2012/13 school year. Boys' Soccer regulations may be found under regulations on the main boys' soccer page on the NDHSAA Website.

http://www.ndhsaa.com/athletics/soccer_boys/boys_soccer_regulations/

State Student Congress Rooming Rates

AmericInn Lodge & Suites Rate: \$84.90 plus tax

3235 State Street
Bismarck, ND 58503
Phone: 701-250-1000

Best Western Doublewood Inn Rate: \$95.00 plus tax

Ext 159 & I-94
Bismarck, ND 58501
Phone: 701-258-7000

Best Western Ramkota Hotel Rate: \$89.00 plus tax

800 S. 3rd Street
Bismarck, ND 58504
Phone: 701-258-7700

Best Western Seven Seas Rate: \$99.00 plus tax

2611 Old Red Trail
Mandan, ND 58554
Phone: 701-663-7401

Candlewood Suites Rate: \$119.00 plus tax

4400 Skyline Crossings
Bismarck, ND 58503
Phone: 701-751-8900

Comfort Inn Rate: \$72.00 plus tax

1030 E. Interstate Avenue
Bismarck, ND 58501
Phone: 701-223-1911

Single rate is one queen bed, up to two persons. Double rate is two double beds, up to 4 persons. Deluxe hot continental breakfast offered to all registered guests. Complimentary bus driver room with 20 or more rooms taken for two nights each. Please call Deidre, sales manager at 701-223-1911 to reserve your block or rooms. Thank you.

Comfort Suites Rate: \$79.00 plus tax

929 Gateway Avenue
Bismarck, ND 58501
Phone: 701-223-4009

All rooms are suites. Single rate is one king bed, up to two persons. Double rate is two queen beds, up to 4 persons. Deluxe continental breakfast offered to all registered guests. Complimentary bus driver room with 20 or more rooms taken for two nights each. Please call Deidre, sales manager at 701-223-1911 to reserve your block or rooms. Thank you.

Days Inn Rate: \$79.95 plus tax

1300 E. Capital Avenue
Bismarck, ND 58501
Phone: 701-223-9151

Expressway Suites Rate: \$99.95 plus tax

180 E. Bismarck Expressway
Bismarck, ND 58504
Phone: 701-222-3311

Expressway Inn Rate: \$89.95 plus tax

200 E. Bismarck Expressway
Bismarck, ND 58504
Phone: 701-222-2900

MainStay Suites Rate: \$99.00 plus tax

2507 N. 9th St.
Bismarck, ND 58503
Phone: 701-223-9119

All rooms are kitchenette suites. Single rate is one king bed, up to two persons. Double rate is two queen beds, up to to 4 persons. Deluxe hot continental breakfast offered to all registered guests. Please call Deidre, sales manager at 701-223-1911 to reserve your block of rooms. Thank you.

Radisson Hotel Rate: \$99.00 plus tax

605 E. Broadway Avenue
Bismarck, ND 58501
Phone: 701-255-6000

Ramada Limited Suites Rate: \$115.00 plus tax

3808 E. Divide Avenue
Bismarck, ND 58501
Phone: 701-221-3030
Fax: 701-221-0927
701-221-0927

Select Inn Rate: \$65.00 plus tax

1505 Interchange Avenue
Bismarck, ND 58501
Phone: 701-223-8060

*No matter how carefully you plan your goals they will never be more than pipe dreams
unless you pursue them with gusto.*

- W. Clement Stone

A Girls' Golf Region & State Info

No new recommendations were adopted by the NDHSAA Board for 2012 season. Complete regulations may be found at http://www.ndhsaa.org/athletics/golf_girls/girls_golf_regulations

Post Season Information:

1. Region registration shall be handled individually by each regional tournament manager. Coaches are requested to submit each participant in order (#1, #2, etc.) as an aid to the manager in arranging the foursomes.
2. For Region and State, schools may enter a maximum of six players, with the four lowest scores from each day counting as the team score. The fifth score will be used to break ties. If still tied, the sixth score will be used to break ties. Should there be a team that does not have a fifth/sixth score, the other tied team will win the tiebreaker provided they have a fifth/sixth score.

Note: A team may not substitute a player on the second day of the tournament.

3. Competitors in each assigned group are required to exchange scorecards. At the conclusion of the round, each competitor must check before signing (attesting) the scorecard of the competitor they marked as well as checking before signing their own scorecard received from their marker.
4. State Qualifiers: Team qualification for the state tournament will be determined by advancing the top two-thirds of the complete teams that participate and post a team score at each of the regional tournaments. If the 2/3 of the teams total in a given region is an uneven number, the higher number of teams will advance. Example: 2/3 of 11 teams is 7.33, therefore 8 teams would advance. Also, individuals may qualify for state by one of the following:

- a. Top ten individuals (ties included) from regional play will advance to state plus any individual that scores 15 strokes above medalist or fifteen strokes above par, whichever is higher.
- b. The top ten all-conference selections from regular season play in their respective regions.
- c. Each regional site will designate one invitational tournament that will allow individuals to qualify for state. Qualifying mark will be 15 strokes above medalist or fifteen above par, whichever is higher.

Note: The maximum number of strokes that a player must take on a hole will be 10. Picking up will cause ineligibility for "all state" awards, but player is still eligible to contribute toward team score.

5. The State Class A Girls' Golf Tournament will be hosted by Mandan, October 1 & 2, 2012 with Lorell Jungling as manager. The tournament will be a two-day, 36-hole event.
6. After the first day of play, groups will be reassigned according to the first day score. Care will be made to not have more than one athlete from a school in a group.
7. Class A golf coaches may coach "through the green" as per below:
 - a. Each team shall designate TWO COACHES who will be able to offer advice at any point during a round (Exception: as stated in #2 below). A coach is defined as a person that is a paid or non-paid employee designated as a golf coach by the school's coaching staff.
 - b. Before the day's play, the designated coaches must be identified to the games committee by signing in and wearing the appropriate credential (designated coach) at all times.
 - c. The designated coaches will not be allowed on the tee, within 10 yards of the green or bunker during play.
 - d. A coach does not give advice to or ask for advice from another team's player or coaches.
 - e. The advice is given in a private manner that does not disrupt play.
 - f. Coaches will be allowed contact with players following play of a hole between the green and the next tee box.
 - g. Players receiving advice during a hole will still be bound by the 40-second time limit to play a shot.
 - h. Each tournament shall have a tournament manager who has the authority to enforce the slow play rule and oversee the coaching rule.
 - i. Coaches using carts – 90 degree rule, no carts on fairways, carts 30 yards from all players
 - j. Violation - Penalty
 - By a coach—two-stroke penalty with a maximum of four-stroke penalty to a team, followed by a team disqualification.
 - By a player—two-stroke penalty with a maximum of four-stroke penalty to a player with final disqualification.
 - The tournament committee/manager is responsible for assessing the penalties.
8. Practice rounds may be played prior to the tournament provided it is held on a day where none of the team's schools are in session. There will be no practice on the course prior to the starting time on the days of the tournament.
9. Players shall exchange scorecards.
10. USGA official cards with the perforated card will be used for the state meet.
11. A player is to be assessed a 2-stroke penalty for using a cell phone or other electronic communication device during any round of play.

2012 REGION SITES (deadline for region play is September 24, 2012):

East Region – Fargo Shanley

West Region – Mandan

2012 STATE SITE: Oct 1, 2 at Prairie West Golf Course in Mandan, Lorell Jungling, Manager

For more information on girls' golf: http://www.ndhsaa.org/athletics/golf_girls

2012 New Football Regulations

http://www.ndhsaa.com/athletics/football/football_regulations/

NEW:

- 5. Team game limit and individual quarter limit per six days instead of seven
- 6. NFHS overtime procedure for all divisions, including 9-man
- 7. The try is attempted at end of 4th quarter or OT if points can affect playoff qualifying
- 12. Forfeit language edited
- 22D. First down added to running clock rule
- Optional tiebreaker edited



2012 Dakota Bowl Schedule

The 2012 Dakota Bowl will be held Friday, November 9, at the Alerus Center in Grand Forks, with Mark Rerick as manager.

This year's schedule:

- Division A 9:00 a.m.
- 9-man 12:00 p.m. (approx.)
- Division AA 3:00 p.m. (approx.)
- Division AAA 6:30 p.m.



2012 Football Playoff Brackets

9-Man & A Divisions

Region 1 #1	Region 3 #1
Region 2 #4	Region 4 #4
Region 2 #2	Region 4 #2
Region 1 #3	Region 3 #3
Region 2 #1	Region 4 #1
Region 1 #4	Region 3 #4
Region 1#2	Region 3 #2
Region 2 #3	Region 4 #3

AA & AAA Divisions

East #1
West #4
West #2
East #3
West #1
East #4
East #2
West #3



State Class B Music Hotel List

Editor's Note: Schools may want to book hotel rooms for State B Music early. The Minot Convention & Visitor's Bureau has contacted hotels and the following have responded with available rooms. For a full listing of hotels/contacts, please visit <http://visitminot.org/sleep>

COUNTRY INN & SUITES

1900 22ND AVE SW
701-837-1900
165/Night plus tax

GRAND INTERNATIONAL

1505 N. Broadway
701-852-3161 / 800-735-4493
109.95/night plus tax

HOLIDAY INN-RIVERSIDE

2200 Burdick Expy East
701-852-2504 / 800-468-9968

HOLIDAY INN EXPRESS

300 37th Ave SW
701-837-1200

BAYMONT INN & SUITES

701-837-7900 speak to Kayla
139/night plus tax

FAIRFIELD INN

900 24TH AVE SW
701-838-2424
154.99/night plus tax

COMFORT INN

1515 22nd Ave SW
701-852-2201 / 800-221-2222
103/night plus tax

THE VEGAS MOTEL

2315 N Broadway
701-839-3000
79.99/night plus tax

MY PLACE

3501 4th St SW
701-838-2300
129/night plus tax

New Division I Eligibility Standards

Student-athletes who may be participating in Division I intercollegiate athletics, starting August 1, 2016, will have new academic requirements for initial eligibility at a Division I institution. This will affect student-athletes who will be freshmen in high school during the 2012-13 academic year.

All high schools have access to the High School Portal at the NCAA Eligibility Center where this information is also posted.

Division I Initial Eligibility Standards – Effective August 1, 2016

http://fs.ncaa.org/Docs/eligibility_center/Important_New_Rules/New_IE_Rules.pdf

Power point of Initial Eligibility Requirements

http://fs.ncaa.org/Docs/eligibility_center/Important_New_Rules/High_School_IE_Standards.pdf

Quick Reference Guide for Eligibility

http://fs.ncaa.org/Docs/eligibility_center/Quick_Reference_Sheet.pdf

NCAA Eligibility Center Contact Information:

Transcripts

Mailing Address:

NCAA Eligibility Center Certification Processing, P.O. Box 7136 Indianapolis, Indiana 46207-7136

Shipping/Overnight Address:

NCAA Eligibility Center 1802 Alonzo Watford Sr. Drive Indianapolis, Indiana 46202

Core-Course Information, Grading Scale Information, etc.

E-Mail: ec-highschool@ncaa.org

Mailing Address:

NCAA Eligibility Center High School Review P.O. Box 7136 Indianapolis, Indiana 46207-7136

Shipping/Overnight Address:

NCAA Eligibility Center 1802 Alonzo Watford Sr. Drive Indianapolis, Indiana 46202

Phone Number for You

877/622-2321 (Toll-Free Line for High School Administrators Only)

Phone Number for Your Students and Their Parents

877/262-1492 (Toll Free)

Fax

317/968-5102 (For High School-Related Information Only; TRANSCRIPTS CANNOT BE FAXED)

Tournament Code of Conduct

Purpose: To elevate standards of Good Sportsmanship and to encourage the growth of responsible citizenship among the students, member schools, and their personnel.

Fundamentals of Good Sportsmanship

1. Know, appreciate, and understand the rules of the contest.
2. Show respect for the officials. Good sportsmanship implies the willingness to accept and abide by the decisions of the officials.
3. Show respect for the opponent at all times. Good Sportsmanship is the Golden Rule in action.
4. Recognize and appreciate the skill of performance regardless of team affiliation.
5. Maintain self control at all times. Good sportsmanship is a responsibility of all who are involved in the game.
6. Show a positive attitude in cheering, refraining from intimidation or negative cheering. Good sportsmanship is cheering your own team "on to victory."

Acts of Misconduct

1. Throwing of any object onto the playing floor or in the stands.
2. Behavior deemed dangerous or which interferes with the rights of others to watch the game.
3. Possessing, consuming, or being under the influence of chemicals.
4. Use of obscene, profane, or abusive language or gestures, signs, posters, or banners which show disrespect for opponent's team, officials, cheerleaders, band or other performing groups.
5. The use of noisemakers.
6. Entry onto the playing surface at any time.

Remaining Basketball, Volleyball and Football Workshops/Camps

ALL officials must attend one officials' workshop or camp each year. Each site may conduct a "Make-Up" workshop by arrangement with the supervisor. Officials must pay a \$20 fee to the supervisor to attend.

Each basketball official must have officiated or have been a supervisor at an NDHSAA approved rules clinic/day camp within the previous three years to be eligible for officiating region and state tournaments.

Basketball Workshops

Site	Location	Supervisor	Date	Time
Dickinson	West River Community Center	Kim Anderson	Mon. Nov. 26	6:00 PM (MT)
Minot	Magic City Campus	Jeff Risk	Wed. Dec. 5	7:00 PM
Bismarck	Simle Middle School	Scott McPherson	Wed. Dec. 12	6:30 PM
Devils Lake	Sports Center	Kevin Sundre	Wed. Dec. 12	7:00 PM
Fargo	Roosevelt Elementary School Gym	Dave Klundt	Wed. Dec. 12	7:00 PM
Wahpeton	NDSCS	Tim Campbell	Wed. Dec. 12	7:00 PM
Grand Forks	Stanford Centre, 500 Stanford Rd.	Terry Bohan	Wed. Dec. 19	7:00 PM
Jamestown	Jamestown High School	Mark Ukestad	Wed. Dec. 19	7:00 PM
Williston	Williston State College	Larry Grondahl	Wed. Jan. 9	7:00 PM

Basketball Camps

Dickinson High School
 Sat. Nov. 24, 2012
 Contact: Mickey Jordan 290-9723
 E-mail: maj64@ndsupernet.com

Grand Forks Red River High School
 Sat. Dec. 1, 2012
 Contact: Terry Bohan - 215-2599
 Email: terry.bohan@gfschools.org

Bismarck Simle Middle School
 Sat. Dec. 1, 2012
 Scott McPherson 391-4874
 Email: scott_mcpherson@bismarckschools.org

Volleyball Workshop

Location	Site	Supervisor	Date	Time
Devils Lake	High School	Rod Heisler	September 5	7:00 PM
Fargo	Fargo South - Commons	Marni Hajicek	September 5	6:30 PM
Grand Forks	Red River High School	Tom Stokke	September 5	7:00 PM
Minot	Jim Hill Library	Janis Gerding	September 5	6:30 PM

Football Workshop

Bismarck - Career Academy - 1221 College Dr. - Jason Dockter
 Wed. Sept. 5 - 7:00 PM

Grand Forks South Middle School - Norm Dutot
 Wed. Sept. 5 - 6:00 PM (Note: Workshop time was changed 8/30/12)

NFHS Coach Education Health and Wellness - A Coach's Guide to Hydration Course

"Health and Wellness – A Coach's Guide to Hydration, Nutrition and Supplements" is available as of June 2011 at a cost of \$20. Everything a coach should know about these topics is presented in this online course. The NFHS Sports Medicine Advisory Committee approved the content for this course, which contains many valuable resources in PDF format that can be printed.

NFHS Offers Online Course to Minimize Risk of Heat-Stroke Deaths in High School Sports

INDIANAPOLIS, IN (July 5, 2012) — In its ongoing effort to minimize the risk of participating in high school athletics, the National Federation of State High School Associations (NFHS) has produced a free online course entitled “A Guide to Heat Acclimatization and Heat Illness Prevention.”

The course, which provides critical information designed to minimize the risk of activity-related heat stroke among high school athletes, is the fourth and latest free course in the NFHS Coach Education Program available online at www.nfhslearn.com. With fall football practice set to begin across the country in about a month and with record heat in many locations this year, the information contained in this course could help save lives, according to Tim Flannery, NFHS director of coach education.

“Heat stroke is the leading cause of preventable death in high school athletics,” Flannery said, “and results in thousands of emergency room visits and hospitalizations throughout the nation each year. Many times, deaths from heat strokes are preventable, and we believe this course can be just the tool that players, coaches and parents need to guard against serious illness or death.” To provide more options for individuals to access the course, “A Guide to Heat Acclimatization and Heat Illness Prevention” can be taken on mobile devices, including iPads and tablets.

The heat illness course will serve as a great companion to the free “Concussion in Sports – What You Need to Know” course, which has been taken by more than 430,000 individuals since its debut in May 2010. The other free courses offered through the NFHS Coach Education Program are “Sportsmanship” and “The Role of the Parent in Sports.”

“We are very pleased to be able to offer this important course on heat illness free of charge,” Flannery said. “With more than 7.6 million participants in high school sports, minimizing the risk of serious illness and injury is a top priority, and we believe this course will help prevent unnecessary deaths from heat illness and heat stroke.”

The NFHS Coach Education Program offers 29 online courses, including the two core courses – Fundamentals of Coaching and First Aid Health and Safety for Coaches. The NFHS also offers 13 sport-specific courses and seven elective courses. All NFHS Coach Education Program courses are available at www.nfhslearn.com.

2012/13 Online Rules Clinics for Coaches and Officials

Officials renewals are due by July 1 without penalty. Renewals after July 1 will be accepted until the date of the last clinic in each sport, however a penalty will apply. New officials registrations are due the date of the last clinic for each sport.

Online exams must be taken each year by every football, volleyball, soccer, swimming, hockey, gymnastics, basketball, wrestling, softball, and baseball official and head coach. Testing windows for each sport along with the schedule for football, basketball, volleyball and softball officials’ workshops are listed elsewhere in this BULLETIN. For organizational purposes a rules clinic schedule of all NDHSAA sponsored sports appears below.

Please note that all rules clinics are online except gymnastics. Rules clinics attendance/completion is mandatory each year for all football, volleyball, soccer, tennis, cross country, softball, swimming, hockey, gymnastics, basketball, wrestling, baseball, track & field officials and head coaches. Officials and coaches may also fulfill attendance requirements by attending any official rules clinic conducted by any of the state associations and having their attendance card sent to the NDHSAA office for credit. There are no make-up rules clinics. A coach/official must attend/complete one of the clinics or camps/workshops per sport listed in this schedule.

Penalty for failure to fulfill a mandatory clinic requirement shall result in a \$50 fine to the school for each offense. Fines must be paid prior to being permitted to participate in NDHSAA post season activities to which the fine applies.

Following are the sports and activities online rules clinics for 2012/13 clinic windows.

Fall Sports: August 6 – 27

Cross Country
Football
Class A Girls’ Golf
Soccer
Swimming & Diving
Tennis
Volleyball

Winter Sports: November 5 - 26

Basketball
Hockey
Wrestling

Spring Sports - Track & Field:

February 18 - March 11

Spring Sports: March 11 - April 1

Baseball
Boys Golf & Class B Girls’ Golf
Softball

NOTE: Gymnastics Rules Clinic/Workshop will be held in person on October 20th in Bismarck.

NOTE: LOCAL registration available in football, volleyball and basketball. Contact your local Athletic Director for information concerning LOCAL officials.

2012 Volleyball Regulations

Recommendations approved from fall, 2011 advisory for 2012 season:

1. The official ball for post season shall be:
 - a. Class A shall be the Baden brand white volleyball
 - b. Class B shall be the Baden silver, blue and white volleyball

Complete volleyball regulations may be found under regulations on the main volleyball page on the NDHSAA Website.

http://www.ndhsaa.com/athletics/volleyball/volleyball_regulations/

NFHS Launches World Book's Learning Pro on NFHSLearn.com

INDIANAPOLIS, IN (June 5, 2012) — The National Federation of State High School Associations (NFHS) has launched new online courses to help high school students improve study skills.

Learning Pro: Simple Ways to Improve Study Habits and Promote Learning, a new suite of online courses designed specifically for students, is now available on the NFHS Coach Education Program Web site at www.nfhslearn.com. The Learning Pro program, developed by World Book, Inc., delivers practical advice on improving study skills and grades through four courses: Homework Helper, Reading and Learning Strategies, Research Skills and Testing Tips.

Learning Pro is led by an on-camera host while peer correspondents file reports from the field for an entertaining spin on study skills. Interactive exercises allow students to learn about and practice their new skills, and printable resources are available for future reference.

“NFHSLearn.com is about delivering information that supports positive student experiences in athletics and after-school activities,” said Bob Gardner, NFHS executive director. “With Learning Pro, we are expanding that mission by teaming with World Book to bring useful information to the students themselves.”

“World Book is delighted to link its expertise in crafting informational and educational content that works for students with the NFHS’ commitment to support students in and outside the classroom,” said Don Keller, president of World Book, Inc. “NFHSLearn.com is a powerful tool for educators and students alike to use in today’s extraordinarily challenging teaching and learning environment.”

“Learning Pro is a great addition to NFHSLearn.com,” said Tim Flannery, NFHS director of coach education. “This is another example of NFHS’ mission of developing and supporting education efforts around interscholastic sports and activities. The collaboration between the NFHS and the education experts at World Book has resulted in a unique online learning experience that brings families and educators together in helping busy students develop study and reading skills in an innovative way.”

Learning Pro enables students, and parents, to focus on specific skills, and add more courses based upon their skill-building needs. Each course can be purchased online at NFHSLearn.com, or a Learning Pro purchaser can buy all four courses at one time to receive a free one-year individual subscription to the World Book Web (a collection of online reference sources geared to the varying needs of elementary, intermediate and secondary school students).

After launching on January 3, 2007, NFHSLearn.com became the online delivery vehicle for the NFHS Coach Education Program, with Fundamentals of Coaching and First Aid for Coaches as the first courses available. Since then, the program has added 26 more courses on a variety of topics, with another dozen currently in development. Each year has seen a steady increase in learner activity on NFHSLearn.com, which has delivered nearly 700,000 courses to more than 530,000 unique users to date.

North Dakota Coaches Named to NFHS National Rules Committees

Two North Dakota coaches have been named to NFHS rules committees. Tracey Heisler, Grand Forks Red River girls’ track coach will serve on the NFHS Track and Field Rules Committee. Derrick Dixon, wrestling coach for Turtle Mountain Community High School, will serve on the NFHS Wrestling Rules Committee.

Each committee is comprised of 11 members and is nationally represented by one of eight sections. A Committee Chair, one Coaches Association and one Officials Association representative complete the committee makeup. Tracey will represent Section 5 and Derrick will represent the Coaches Association.

NFHS Rules Committees revise rules for sports and fine arts activities used by 18,500 high schools across the United States

2012 Spring Sports Financial Report

	2012	2012	2012	2011	2011	2011
"B" Track	ADMISSIONS	EXPENSES	BALANCE	RECEIPTS	EXPENSES	PROFIT-LOSS
Region 1	2,576.00	2,103.40	472.60	2,264.00	2,065.62	198.38
Region 2	1,393.00	1168.12	224.88	1,537.00	1,593.23	-56.23
Region 3	4,554.00	3,145.38	1,408.62	1,144.00	1,303.32	-159.32
Region 4	2,118.00	1251	867.00	1,170.00	1,840.32	-670.32
Region 5	2,670.00	1,476.00	1,194.00	2,036.00	3,112.82	-1,076.82
Region 6	1,732.00	1,966.00	-234.00	1,022.00	1,578.32	-556.32
Region 7			0.00	1,070.00	1,713.32	-643.32
Region 8			0.00	1,484.00	1,788.32	-304.32
TOTAL	15,043.00	11,109.90	3,933.10	11,727.00	14,995.27	-3,268.27
"A" Track						
East	5,945.00	3747.00	2,198.00	5,472.00	4,036.32	1,435.68
West	4,554.00	3145.37	1,408.63	3,134.00	2,948.57	185.43
Total	10,499.00	6,892.37	3,606.63	8,606.00	6,984.89	1,621.11
Combined State	74,162.00	44,236.13	29,925.87	62,010.00	43,051.38	18,958.62
Track Total	99,704.00	62,238.40	37,465.60	70,616.00	50,036.27	17,311.46
"B" BASEBALL	2012	2012	2012	2011	2011	2011
TOURNAMENT	ADMISSIONS	EXPENSES	BALANCE	RECEIPTS	EXPENSES	PROFIT-LOSS
State	17,016.00	9,967.10	7,048.90	12,032.00	10,566.38	1,465.62
"A" BASEBALL	2012	2012	2012	2011	2011	2011
TOURNAMENT	ADMISSIONS	EXPENSES	BALANCE	RECEIPTS	EXPENSES	PROFIT-LOSS
State	12,460.00	9,975.24	2,484.76	9,774.00	8,686.70	1,087.30
SOFTBALL	2012	2012	2012	2011	2011	2011
	RECEIPTS	EXPENSES	PROFIT-LOSS	RECEIPTS	EXPENSES	PROFIT-LOSS
	23,924.00	18336.54	5,587.46	7,768.00	10,624.67	-2,856.67
GIRLS' TENNIS	2012	2012	2012	2011	2011	2011
REGIONAL	ADMISSIONS	EXPENSES	BALANCE	RECEIPTS	EXPENSES	PROFIT-LOSS
East	0.00	4,390.90	-4,390.90	0.00	5,428.83	-5,428.83
West	0.00	5,339.31	-5,339.31	0.00	4,435.48	-4,435.48
TOTAL	0.00	9,730.21	-9,730.21	0.00		-9,864.31
State	0.00	7,993.88	-7,993.88	0.00		0.00
TENNIS TOTAL	0.00	17,724.09	-17,724.09	0.00	0.00	-9,864.31
GIRLS' SOCCER	2012	2012	2012	2011	2011	2011
TOURNAMENT	ADMISSIONS	EXPENSES	BALANCE	RECEIPTS	EXPENSES	PROFIT-LOSS
State	10,638.00	10748.73	-110.73	14,432.00	9,687.26	4,744.74
GOLF	2012	2012	2012	2011	2011	2011
TOURNAMENT	ADMISSIONS	EXPENSES	BALANCE	RECEIPTS	EXPENSES	PROFIT-LOSS
A Boys	0.00	1,481.50	-1,481.50	0.00	1,138.20	-1,138.20
B Boys & Girls	0.00	4,974.60	-4,974.60	0.00	4,815.60	-4,815.60

Summary of Spring Activities

	2006-07	2007-08	2008-09	2009-10	2010-11	2011-12
Track & Field	30,173.85	30,435.20	25,424.82	29,462.34	17,311.46	37,465.60
A Baseball	1,910.05	4,161.90	465.67	6,573.18	1,087.30	2,484.76
B Baseball	4,779.75	5,678.30	4,623.03	4,504.37	1,465.62	7,048.90
Girls' Tennis	-12,612.88	-14,887.11	-13,042.65	-15,392.24	-9,864.31	-17,724.09
Girls' Soccer	814.82	4,678.83	6,538.10	1,586.47	4,744.74	-110.73
A Boys' Golf	-1,095.50	-1,006.50	-1,117.20	-1,127.70	-1,138.20	-1,481.50
B Golf	-4,737.60	-4,790.55	-4,961.60	-4,738.60	-4,815.60	-4,974.60
Softball			892.80	-2,677.83	-2,856.67	5,587.46
TOTAL	19,232.49	24,270.07	18,822.97	18,189.99	5,934.34	28,295.80

2005-06, was the year the new team payment plan went into effect. No t-shirts figured in revenue or exp.

2012 Cross Country Regulations

There were no new regulations for the 2012 season. The Advisory Committee worked on recommendations for the state meet that will be shared with the meet manager.



Complete cross county regulations may be found under regulations on the main boys' and girls' cross country pages on the NDHSAA Website.

http://www.ndhsaa.com/athletics/cross_country_boys/cross_country_boys_regulations/

http://www.ndhsaa.com/athletics/cross_country_girls/girls_cross_country_regulations/

State Cross Country Meet on October 27, 2012

The 34th Annual Girls' State Cross Country Meet and the 52nd Annual Boys' State Cross Country Meet will be held on Saturday, October 27th in Dickinson at Heart River Golf Course, Guy Fridley manager. Separate meets will be held for the Division A girls' and boys' teams as well as the Division B boys' and girls' teams.



SCHEDULE:

The Division B boys' event will begin at 12:00 p.m., the Division B girls' event will begin at 12:45 p.m.

Awards will immediately follow the completion of the B Division. The Division A boys' event will start at 2:15 p.m. and the Division A girls' event will start at 2:45 p.m. with awards ceremony for the A Division immediately following the two races. The girls will run a 4000 meter course and boys will run a 5000 meter course. Provisions will be made to walk the course at 10:00 a.m. for those wishing to do so. There will be no practice on the course the day or evening prior to the competition. The meet is open to any Cross Country Division A or B school submitting an entry form, which will be electronically provided to the school administration. Submit this registration form no later than Monday at 10:00 a.m. prior to the state event. Both the boys' team and the girls' team may be submitted on the same entry form. Entries submitted after deadline date up to 4:00 p.m. Monday prior to the State Meet must be accompanied by a \$25.00 late entry fee. **NO ENTRIES WILL BE ACCEPTED BEYOND THAT TIME.**

Other State Tournament Information can be found online at: http://www.ndhsaa.com/athletics/cross_country_boys/cross_country_boys_tournament_information/

Through the use of the adjusted score procedure, those schools who enter or compete with fewer than 5 on a team will still post a team score. If fewer than five members of a team finish a race, the score of the remaining slots up to five will be a score of one more (plus two more, etc.) than the field that finishes.

Schools with more than five members finishing the race shall have their five highest finishers' scores count toward the team championship. Ties in team scoring shall be resolved by comparing the sixth runner's score from each team. Uniform rules as set by the National Federation shall be enforced at the State Meet.

1. Each competitor's uniform shall consist of shoes and a full length uniform top and bottom (could also be one-piece) issued by the school.
2. Contestants shall not wear jewelry with the exception of religious or medical medals. If such medals are worn, they shall be taped to the body under the uniform (religious medals) or in a visible area (medical medals).
 - a. PENALTY: (All articles) For illegal uniform, the competitor is disqualified from the event.
3. STARTING LINE: Each space recommended be a minimum of 2 meters wide. At the starting line, lanes will be left vacant when more lanes available than teams. Example: Lane spots available = 24 / Teams Competing = 20. Prior to drawing for team starting positions, the meet manager will pull out 4 positions such as lanes 4, 8, 12 and 16. Starting assignments would then be drawn and assigned in lanes 1-3 (lane 4 open), 5-7 (lane 8 open), 9-11 (lane 12 open), 13-15 (lane 16 open), 17-20 USE OF GOLF CARTS, BICYCLES AND OTHER MEANS OF TRANSPORTATION AT THE COURSE shall be limited to officials and workers of the State Meet.

AWARDS: Trophies will be given to the top 5 teams in each of the four divisions. Individual plaques will be given to the top twenty runners in each of the four divisions plus individual plaques will be given to each member of the runner-up and championship team in each of the four divisions.

SCHOOL PAYMENTS: Participating schools will receive a payment based on the team payment formula. Checks will be sent to schools after the completion of the school year.

ADMISSION: Adults - \$7.00 / Students - \$4.00

NDHSAA September Calendar

9/1/12	Student Congress 1st Competition Date
9/1/12	NDSHAA MEMBERSHIPS PAYABLE
9/3/12	Labor Day
9/3/12	Picture, Cutline, Roster, Schedule Deadline: Boys' Tennis
9/3/12	Picture, Cutline, Roster, Schedule Deadline: Cross Country
9/3/12	Picture, Cutline, Roster, Schedule Deadline: Girls' Swimming
9/3/12	Picture, Cutline, Roster, Schedule Deadline: Volleyball
9/4-6/12	NFHS Section 5 Meeting, Topeka, KS Sept. 4-6
9/4-10/12	Football, Soccer, Swimming & Volleyball Online Exams, Sept. 4 -Sept. 10
9/8/12	ACT Test Date
9/8/12	Cheerleader Mandatory Rules Clinic, Bismarck, 2:30 p.m.
9/9/12	NDOA Board of Directors Meeting, Valley City NDHSAA 12:00 Noon
9/10/12	NDAAC Career Fair, Bismarck (night)
9/10-10/1/12	Play Rules Clinic, Online Only, Sept. 10 - Oct. 1
9/10-10/1/12	Student Congress Rules Clinic, Online Only, Sept. 10 - Oct. 1
9/11/12	NDAAC Career Fair, Beulah High School
9/11/12	NDAAC Career Fair, DSU-Dickinson
9/12/12	NDAAC Career Fair, Bismarck
9/12/12	NDAAC Career Fair, Linton
9/13/12	NDAAC Career Fair, Wahpeton
9/13/12	NDAAC Career Fair, Oakes
9/13-15/12	CSTAND Convention, Mandan Seven Seas, Sept. 13-15
9/16-18/12	Speech Mtg. Indianapolis & NFHS Music Conf., Sept. 16-18
9/17/12	NDAAC Career Fair, WSC-Williston
9/17/12	Rosh Hashanah
9/18/12	NDHSAA Board of Directors Meeting, Valley City
9/18/12	NDAAC Career Fair, Minot Futurepalooza, Minot High
9/19/12	NDAAC Career Fair, Bottineau
9/19/12	NDAAC Career Fair, Devils Lake
9/19/12	Deadline to Submit Regional Boys' Tennis Entries 12:00 Noon CDT
9/20/12	NDAAC Career Fair, Grafton
9/21-22/12	East Congress, Fargo Doublewood
9/22-24/12	NDIAAAA Fall Workshop, Mandan
9/24/12	"A" Girls' Golf Deadline For Regional
9/24/12	Boys' Tennis Deadline Team Play-In
9/24/12	NDAAC Career Fair, Fargo a.m.
9/24/12	NDAAC Career Fair, Fargo p.m.
9/25/12	NDAAC Career Fair, Valley City
9/25/12	NDAAC Career Fair, Jamestown
9/26/12	NDAAC Career Fair, Mayville
9/26/12	Yom Kippur
9/27-29/12	Boys' Tennis Region Tournament



Have a GREAT YEAR!!!