

NORTH DAKOTA HIGH SCHOOL ACTIVITIES ASSOCIATION
BOARD OF DIRECTORS MINUTES
MAY 6, 2026 – CONFERENCE CALL

CALL MEETING TO ORDER

Aanenson call the meeting to order at 3:04 pm CDT.

Members present: Aanenson, Lunde, Berseth, Christensen, Hanson, Jung, Martin, Simpfenderfer, Tescher.

Members absent: Bakke, Berger, Derr

Aanenson called for a motion to approve the agenda.

Motion by Christensen to approve the agenda.

Seconded by Hanson.

Motion carried unanimously.

APPROVAL OF THE CONSENT AGENDA

COOP APPLICATIONS

1. Williston and Watford City in boys swimming, 7-12, 2026-27, no fee
2. Williston and Watford City in girls swimming, 7-12, 2026-27, no fee
3. Minot Public and Nedrose in boys soccer, 7-12, 2026-27, no fee

Motion by Simpfenderfer to approve the consent agenda as presented.

Seconded by Hanson.

Motion carried unanimously.

OUT OF SEASON COACHING DEAD PERIOD

Christensen presented proposed changes to the “Out of Season Coaching” rules that the Constitution & By-Laws Committee reviewed on May 4, 2026. The Committee recommended changes to Item 3 as follows:

3. A high school student (grade 9-12) participating in an activity "out of season" may not receive coaching or training from a salaried or non-salaried member of his/her **high school's coaching staff (grade 9-12 coach)** in that sport except under the following provisions:
 - a. During June and July, coaches of team sports (basketball, baseball, football, hockey, soccer, softball and volleyball) from a NDHSAA member school's grade 9-12 coaching staff may instruct grade 9-12 students in their program “out of season” ~~except for the NDHSAA Board of Directors approved dead period.~~
 - i. Baseball and softball are exempt from the beginning of the season until Sept. 1 of that year.
 - ii. Soccer is exempt from the end of the girls' state tournament until Aug. 1 of that year.
 - b. Coaches of individual sports (cross country, golf, gymnastics, swimming & diving, tennis, track & field, and wrestling) from a NDHSAA member school's grade 9-12 coaching staff may instruct grade

9-12 students in their program "out of season" ~~except for the NDHSAA Board of Directors approved dead period.~~

NOTE: Any non-salaried student teachers who were coaching while undergoing their supervised teaching experience are exempt.

- ~~e. During the July 1-7, 2026 dead period, salaried and non-salaried coaches may not:

 - i. Have any contact with members of their NDHSAA program,
 - ii. Travel with members of their NDHSAA program,
 - iii. Supervise members of their NDHSAA program in an open gym, strength and conditioning program of any sport specific training session, or
 - iv. Schedule any activity including leadership or team building programs.~~
- d. c. Individual students may attend non-school camps year-round.

Motion by Martin to approve the Constitution & By-Laws recommended changes to the "Out of Season Coaching" rule as presented.

Seconded by Berseth.

Motion carried unanimously.

NEXT MEETINGS – LOCATION, DATE & TIME

1. Board of Directors Meeting – June 10, 2026 – Valley City – NDHSAA Office

ADJOURN

Motion by Jung to adjourn.

Seconded by Martin.

Motion carried unanimously.

Aanenson adjourned the meeting at 3:17 pm CDT.

SIGNATURE

Respectfully submitted,
Nickolas Walton
Assistant Director

Signed: _____ Date: _____