NDHSAA Charitable Contest Guidelines

The NDHSAA is supportive of charitable initiatives and has developed guidelines in regards to an athletic competition being held in the name of a charitable cause. Each school participating must be in agreement to allow any of the modifications to the rules.

Schools may host a contest in recognition of a charitable cause under the following conditions:

- 1. The contest or competition may be held during any one week, to be determined by each individual school, of the designated sport season.
- 2. A commemorative ribbon may be worn, properly placed on the jersey or school-issued uniform. Uniforms must conform to National Federation rules, including colors.
- Team members may be allowed to wear headbands or wristbands of a solid non-regulation color.
- 4. Officials may be allowed to use a colored whistle.
- 5. Colored game balls will not be allowed, however they may be used during any warm-up period prior to the contest.