



CLASS A

**Parkhurst Recreational Area
Pipestem Reservoir – Jamestown, ND
October 28, 2023**



Matthew J. Fetsch
Executive Director



Brian Bubach
Associate Director



Justin Fletschock
Assistant Director



Kevin Morast
Assistant Director



Nick Walton
Technology Director



Tom Mix
Media Specialist



Josh Johnson
President
Valley City



Andrew Jordan
Vice President
Wilton



Guy Fridley
Dickinson



Mitch Lunde
Minot



Larry Derr
Glenburn



Ryan Hanson
Devils Lake



Rick Diegel
Steele



Patti Aanenson
Larimore



Matt Bakke
Grand Forks



Adam Tescher, Bismarck
Dept. of Public Instruction



Alexis Baxley, Bismarck
School Boards Association

Here's an effective way for you and your community to prevent the
#1 KILLER OF TEENS.



Impact

Teen Drivers

The ND Association of Counties has teamed up with the “Impact Teen Drivers – What Do You Consider Lethal” Campaign with a free interactive program for students, teachers and law enforcement. “Impact Teen Drivers” will help teens think about the deadly impact of distractions while driving.

To book this program, please contact:

ImpactTeens@ndaco.org
Vision Zero Outreach Program



VISION ZERO 

2023 State Class A Cross Country—Box Assignments

School Name:	Boys Coach	Box	Girls Coach	Box
Bismarck Century	Brad Lies	13-14	Kate Fox	25-26
Bismarck High	Scott Reichenberger	27-28	Janelle Olson Scott Reichenberger	1-2
Bismarck Legacy	Jake Leingang	19-20	Kelsey Reimnitz	39-40
Devils Lake	Nick Kavli	29-30	Nick Kavli	19-20
Dickinson	Lisa Keith-Townsend	1-2	Lisa Keith-Townsend	35-36
Fargo Davies	Jason Holland	3-4	Tyler Carlson	3-4
Fargo North	Gary Mailloux	7-8	Aaron Walker	23-24
Fargo South	Dustin Swanson	33-34	Jason Swier	33-34
Grand Forks Central	Sean Allan	11-12	Kyle Rosseau	13-14
Grand Forks Red River	Richard Dafoe	39-40	Nicole Kopff	37-38
Jamestown	Ken Gardner	23-24	Ken Gardner	11-12
Mandan	Bill Greb	25-26	Gregory Brown	15-16
Minot	Lance Gehring	35-36	Carla Wahlund	27-28
Shanley	Chris Foerster	15-16	Chris Foerster	5-6
Valley City	Deb Beilke	5-6	Deb Beilke	29-30
Watford City	David Gumke	9-10	Sydney Lund	7-8
West Fargo	Brad Amundson	21-22	Brad Amundson	9-10
WF Horace	Leigh Daley	37-38	Leigh Daley	17-18
WF Sheyenne	Troy Thorson	17-18	Troy Thorson	21-22
Williston	Shane Wahlstrom	31-32	Chase Gregory	31-32

SCHEDULE

- 2:00 PM Course Opens
- 2:30 PM Coaches Meeting
- 4:00 PM Class A Girls
- 4:45 PM Class A Boys

**AWARDS TO FOLLOW*



Athletic Training Services Provided by:

JRMCMC

Orthopedics

AND SPORTS MEDICINE



**2022 CLASS A
CROSS COUNTRY
STATE CHAMPIONS**



**Brady Korsmo
Bismarck**



**Jaelyn Ogle
Watford City**



WILLISTON (BOYS)



WILLISTON (GIRLS)

CLASS A BOYS ROSTERS

Bismarck

No.	Name	Gr
660	Balzer Dawson	11
661	Ensign Connor	11
662	Ensign Jakson	11
663	Hamlin Gabe	12
664	Hanson Gabe	12
665	Hintz Owen	10
666	Hintz Parker	12
667	Sims Peyton	12
668	Wahl Tyler	12
669	Wick Austin	10

Bismarck Century

No.	Name	Gr
680	Eberts Eli	8
681	Elsberry Jack	8
682	Erickson Micah	11
683	Fryhling Ben	11
684	Graham Gavyn	12
685	Knudson Kyan	9
686	Larson Luke	11
687	Phillips Ethan	12
688	Ritter Gavin	10
689	Schlabsz Breydyn	12

Bismarck Legacy

No.	Name	Gr
847	Burke Noah	8
848	Flanagan Elias	11
849	Fonder KyJuan	9
850	Grabow Connor	12
851	Logan Jacob	10
852	Opp Eyan	8
853	Sprenger Calvin	12
854	Ternes Alex	12
855	Warren Kade	12
856	Wetzel Chance	8

Devils Lake

No.	Name	Gr
720	Ackerman Aiden	9
721	Azure Noah	11
722	Bennett Zane	9
723	Dubois Marquese	11
724	Larson Ben	11
725	Leevers Thomas	9
726	Quam Grant	11
727	Sanchez Gerardo	11
728	Sobolik Adam	11
729	Triepke Taydon	10

Dickinson

No.	Name	Gr
738	Ash Eli	9
739	Binstock Kaleb	9
740	Goettle Lincoln	10
741	Hecker Ryder	10
742	Jangula Wyett	9
743	Pasicznyk Vladamir	11
744	Rae Westley	11
745	Ricks Gabriel	10
746	Swisher Caleb	11
747	Wolf Cameron	10

Fargo Davies

No.	Name	Gr
700	Currence Kasen	10
701	Fercho Ben	12
702	Hovdenes Alex	12
703	Janke Eli	12
704	Lange Asher	10
705	Naujokas Kaj	9
706	Reinke Colton	10
707	Roos Blake	10
708	Swanson Hunter	10
709	Touray Jaray	12

Fargo North

No.	Name	Gr
758	Cerney Isaac	10
759	Hillmer Gus	11
760	Pfau Karter	10
761	Pochmara Christian	11
762	Pochmara David	9
763	Rasmussen Ian	11
764	Sondag Owen	12
765	Tackling Oliver	9
766	Weston Jordan	12
767	Wollan Mason	9

Fargo South

No.	Name	Gr
778	Barbot Oscar	12
779	Doll Tyler	9
780	Kain Alex	10
781	Lentz Tim	11
782	Millington Liam	9
783	Pinks Benjamin	11
784	Roehl Mason	8
785	Syster Jacob	11
786	VanCamp Calvin	9
787	Willey Miles	9

Grand Forks Central

No.	Name	Gr
797	Berry Jack	10
798	Boaz Layton	11
799	Diederich Preston	12
800	Fiala Aidan	11
801	Kleven Joseph	9
802	Martin Grant	9
803	McLaren Derek	11
804	Sailer Kaden	9
805	Sande Curtis	12
806	Steele Lincoln	9

Grand Forks Red River

No.	Name	Gr
904	Berberich Asa	11
905	Berberich Kael	12
906	Dafoe Elijah	11
907	Dafoe Isaac	8
908	Dunnigan Cohen	9
909	Johnson Scot	9
910	Krump William	11
911	Larsen-Schmidt Micah	12
912	Quinn Joe	11
913	Radke David	12

Jamestown

No.	Name	Gr
827	Aguirre Jonathan	12
828	Anteau Sam	12
829	Herzig Kamden	11
830	Job Raine	12
831	Lynch Noah	11
832	Metzger Casyn	9
833	Schauer Jack	9
834	Smith Ryley	12
835	Stoudt Micah	11
836	Velek Jaydyn	10

Mandan

No.	Name	Gr
866	Brownotter Terry	11
867	Condon Xavin	11
868	Hale Charles	11
869	Hale Justin	12
870	Helbling Austin	9
871	Pfliger Michael	12
872	Sayler Jack	9
873	Schanandore Zachary	9
874	Symington Jamison	10
875	White Buffalo Peyton	11

Minot

No.	Name	Gr
884	Chapman Dallin	11
885	Fjeld Cooper	11
886	Hale Sam	12
887	Harris Benjamin	11
888	Howey Nolan	11
889	Hummel Cameron	11
890	Mehlhoff Jeron	9
891	Oswald Derek	11
892	Roth Caleb	12
893	Shaw Conner	11

Shanley

No.	Name	Gr
924	Biebighauser John	11
925	Carroll Quinn	10
926	Chaffee James	8
927	Erickson Ethan	9
928	Foerster Cole	8
929	Nelson Stuart	11
930	Nelson Titus	7
931	Sandy William	7
932	Shorma Peter	8
933	Vink Colin	10

Valley City

No.	Name	Gr
940	Drummond Elijah	9
941	Fetsch Trevor	11
942	Golovanoff Corben	12
943	Sorby Jack	9
944	Trapp Simon	7

CLASS A BOYS ROSTERS

Watford City

No.	Name		Gr
948	Bocanegra Tovar	Dehico	9
949	Bocanegra Tovar	Juan	7
950	Mitchell	Judah	10
951	Odenbach	James	10
952	Peterson	Daniel	11
953	Schuster	Parker	12
954	Tomlinson	Zachary	12

West Fargo Horace

No.	Name		Gr
812	Birrenkott	Aaron	12
813	Bjur	Gavin	10
814	Cook	Nathan	10
815	Robinson	Matthew	9
816	Rohr	Owen	11

Williston

No.	Name		Gr.
1005	Adkins	Wyatt	10
1006	Ames	Cooper	9
1007	Asprey	Tyler	9
1008	Cowan	Owen	10
1009	Finders	Lucas	10
1010	Frise	Travis	8
1011	Hart	Hunter	11
1012	Haskins	Thomas	12
1013	Haugen	Hunter	11
1014	Richardson	Rory	12

West Fargo

No.	Name		Gr
965	Amundson	Isaac	11
966	Erdmann	Tanner	9
967	Krenz	Brennen	9
968	Seymour	Haakon	10
969	Stegman	Jake	10
970	Thoreson	Parker	11
971	Troftgruben	Landon	12
972	Willows	Caden	12
973	Wohl	Brady	12
974	Wynn	Tanner	12

West Fargo Sheyenne

No.	Name		Gr
985	Arens	Liam	10
986	Black	Brody	12
987	Deibert	Tucker	12
988	Duerr	Cole	10
989	Duerr	Zach	10
990	Gisselbeck	Stetson	11
991	Johnson	Aiden	12
992	L'Heureux	Devin	9
993	Robles	Isaiah	12
994	Swenson	Drew	11



CLASS A GIRLS ROSTERS

Bismarck

No.	Name		Gr
650	Cavett	Taylor	10
651	Dahl	Izzy	9
652	Fettig	Taya	11
653	Hintz	Hannah	7
654	Klese	Aubrey	10
655	Ness	Sophia	12
656	Reichenberger	Zoe	12
657	Sharp	Dalila	12
658	Weigel	Bayla	12
659	Wisthoff	Lucy	11

Bismarck Legacy

No.	Name		Gr
837	Axt	Bre	11
838	Crane	Brynn	11
839	Gabbert	Taylor	12
840	Guenther	Jemimah	9
841	Hildremyr	McKenzie	10
842	Rost	Aubrey	11
843	Selensky	Ella	8
844	Selensky	Eva	11
845	Simonson	Isabelle	11
846	Woeste	Lauren	10

Dickinson

No.	Name		Gr
730	Filipi	Austyn	10
731	Hayden	Madison	9
732	Mann	Avery	10
733	Praus	Abby	9
734	Privratsky	Arabella	11
735	Tolman	Laney	11
736	Waters	Ember	11
737	Wood	Claire	9

Bismarck Century

No.	Name		Gr
670	Ahrens	Hadley	9
671	Brannan-Jorgenson	Nakya	9
672	Heck	Addison	10
673	House	Emerson	11
674	Kern	Danae	10
675	Lemer	Jillian	10
676	Malard	Brooklyn	12
677	Schroeder	Lindsey	12
678	Schroeder	Emily	9
679	Walth	Bella	10

Devils Lake

No.	Name		Gr
710	Ginther	Anna	9
711	Goss	Dottie	8
712	Lebrun	Aubrie	10
713	McLaurin	Emily	9
714	McLaurin	Gabrielle	12
715	Nelson	Elicia	9
716	Shmiess	Riley	7
717	Tangedal	Isabella	12
718	Triepke	Tenley	7
719	Yoder	Ealynn	7

Fargo Davies

No.	Name		Gr
690	Ali	Noof	10
691	Bornemann	Cierra	12
692	Bornemann	Jaylee	11
693	Braaflat	Brynn	9
694	Deutsch	Sophie	7
695	Lies	Ellie	8
696	Melendez	Jaden	8
697	Nesius	Davin	10
698	Stevens	Brielle	7
699	VanPeurse	Maggie	11

CLASS A GIRLS ROSTERS

Fargo North

No.	Name	Gr
748	Anderson Elsie	12
749	Bartell Claire	11
750	Gates Maria	9
751	Hoffman Leah	11
752	Mcshane Macy	11
753	Medders Sadie	8
754	Melby Isla	8
755	Olson Aletta	12
756	Riedinger Lucia	8
757	Trogstad Samantha	12

Fargo South

No.	Name	Gr
768	Barbot Summer	9
769	Carriveau Sophie	9
770	Hanson Lucy	8
771	Hasbarger Eve	10
772	Heggen Abigail	10
773	James Axumite	11
774	Julian Isabelle	12
775	Reeder Lindsey	12
776	Roehl Ella	11
777	Rudolph Ava	10

Grand Forks Central

No.	Name	Gr
788	Brown Emma	9
789	Fiala Claire	9
790	Fiala Paige	7
791	Henry Tennasyn	12
792	Hogberg Ryah	11
793	Ihry Emmi	7
794	Kuster Maddie	7
795	Uhlir Katie	11
796	Zimprich Samara	12

Grand Forks Red River

No.	Name	Gr
894	Dorsey Brooke	11
895	Green Mattea	9
896	Lam Kaia	8
897	Hoefs Jocelyne	9
898	Lelm Rylie	11
899	Parks Ava	10
900	Peterson Synje	10
901	Schiller Jocelyn	12
902	Shock Brenna	11
903	Wu Selena	12

Jamestown

No.	Name	Gr
817	Beyer Jordyn	7
818	Belzer Stella	8
819	Flieth Emma	10
820	Harms Clara	9
821	Hoffer Jayla	11
822	Hoffer Layna	9
823	Krueger Ellie	11
824	Kucera Abigail	11
825	Maus Millicent	7
826	Thomas Ella	10

Mandan

No.	Name	Gr
857	Alderin Carlee	7
858	Felderman Sophia	12
859	Gustavsson Sierra	8
860	Lindsley Arianna	7
861	Rerick Ava	9
862	Shane Sundriana	10
863	Storms Magdalene	8
864	Weisbeck Ambry	8
865	White Buffalo Adriana	9

Minot

No.	Name	Gr
876	Folk Julie	12
877	Harris Lucy	8
878	Jackson Kaylee	8
879	Jackson Makenna	8
880	Kopp Alyviah	8
881	Lade Sophia	9
882	Schmidt Mandy	12
883	Ulrickson Scout	10

Shanley

No.	Name	Gr
914	Aakre Annika	10
915	Abbott Madeline	12
916	Bernhardt Elle	9
917	Elbert Lily	10
918	Grothmann Lucy	10
919	Johnson Mykenna	9
920	Johnson Ellika	12
921	Olivieri Angelina	8
922	Rogness Ellie	12
923	Wolf Mary	9

Valley City

No.	Name	Gr
934	Anderson Autumn	10
935	Berg Reagan	12
936	Fetsch Cadence	9
937	Goven Greta	11
938	Lueck Brynn	8
939	Pfennig Tricia	11

Watford City

No.	Name	Gr
945	Mayden Ashlyn	8
946	Olson Katie	10
947	Olson Lola	9

West Fargo

No.	Name	Gr
955	Christians Taylor	11
956	Hagen Kiaya	10
957	Jacobson Maggie	7
958	Johnson Averii	11
959	Klaman Olivia	11
960	Kunz Grace	11
961	Lindgren Alexis	11
962	Osland Delia	12
963	Retzlaff Miranda	11
964	Shern Hannah	12

West Fargo Horace

No.	Name	Gr
807	Herrick Brooklyn	10
808	Herrick Elizabeth	7
809	Jewett Brooke	11
810	Novak Cambelle	7
811	Sappington Evangeline	11

West Fargo Sheyenne

No.	Name	Gr
975	Engelking Ellie	9
976	Fellows Emmie	7
977	Heilman Jazlyn	10
978	Heilman Olivia	12
979	Larson Sara	8
980	Machayya Gaby	10
981	Madrigga Kathryn	9
982	Madrigga Tia	12
983	Saville Addie	10
984	Swenson Tanna	9

Williston

No.	Name	Gr
995	Ames Brynna	11
996	Ames Finley	7
997	Jeannotte Harley	8
998	Kitchens Brooklyn	10
999	Moss Cambree	9
1000	Pippenger Anna	10
1001	Swanson Jacqueline	10
1002	Vigness Brenly	7
1003	Wold Angela	10
1004	Zander Dru	10



STATE CHAMPIONS BOYS

YEAR	TEAM	INDIVIDUAL	YEAR	TEAM	INDIVIDUAL
1961	Fargo	Gary Olson, Oak Grove	1991	Jamestown	Corey Ihmels, Williston
1962	Fort Yates	Gene Hebl, LaMoure	1992	Jamestown	Andrew Johannes, Fargo South
1963	Fort Yates	Bob Reitan, LaMoure	1993	Bismarck	Mike Lindquist, Bismarck Century
1964	Fort Yates	Harold Iron Shields, Fort Yates	1994	Jamestown	Brian McCulley, Fargo South
1965	Fort Yates	Wallace Balliet, Fort Yates	1995	Jamestown	Brian McCulley, Fargo South
1966	Bismarck	Casey Ryan, GF Central	1996	Jamestown	Justin Schweitzer, Jamestown
1967	Bismarck	Randy Lussenden, Bismarck	1997	Jamestown	Cory Wiley, Jamestown
1968	Bismarck	Leon Conitz, Bismarck	1998	GF Central	Wade Juntunen, GF Central
1969	Jamestown	Leon Conitz, Bismarck	1999	Fargo South	Andrew Carlson, Fargo South
1970	Fargo North	Bill Watson, Fargo North	2000	Dickinson	Lee DeKrey, GF Central
1971	Bismarck	Jon Metropoulos, Bismarck	2001	Valley City	Chad Bergan, Valley City
1972	Bismarck	Jon Metropoulos, Bismarck	2002	Fargo South	Chad Bergan, Valley City
1973	GR Red River	Lyle Witham, Minot	2003	Fargo South	Jory Zunich, Williston
1974	Minot	Jon Morrison, Minot	2004	Williston	Jory Zunich, Williston
1975	GR Red River	Bob Newark, GF Red River	2005	Bismarck	Sam Larson, Jamestown
1976	Minot	Cal Utke, Minot	2006	Bismarck	Sam Larson, Jamestown
1977	Jamestown	Tim Wheeler, Dickinson	2007	Bismarck	Joash Osoro, Bismarck
1978	Jamestown	Nick Gervino, Valley City	2008	Bismarck	Joash Osoro, Bismarck
1979	Williston	Jim Herberg, GF Central	2009	Bismarck	Christian Brownotter, Bismarck
1980	Williston	Jim Herberg, GF Central	2010	Bismarck	Jake Leingang, Bismarck
1981	Mandan	Tom Kringstad, Bismarck Century	2011	Bismarck	Jake Leingang, Bismarck
1982	Mandan	Jeff Dick, Jamestown	2012	Bismarck	Jake Leingang, Bismarck
1983	Mandan	Jeff Dick, Jamestown	2013	Bismarck	Matt Gotta, Bismarck
1984	Williston	Blair Holzer, Fargo South	2014	Bismarck	Sam Clausnitzer, Bismarck
1985	Fargo South	Rob Heen, Williston	2015	Bismarck	Sam Clausnitzer, Bismarck
1986	Dickinson	Rob Heen, Williston	2016	Century	Hunter Lucas, Fargo Davies
1987	Bismarck	Matthew Olson, Valley City	2017	Century	Evan Sayler, Century
1988	Jamestown	Fred Stoskopf, Mandan	2018	Williston	Sean Korsmo, Bismarck
1989	West Fargo	Corey Ihmels, Williston	2019	Century	Brady Yoder, Dickinson
1990	West Fargo	Corey Ihmels, Williston	2020	Century	Sean Korsmo, Bismarck
*1961-1965 Class A & B Boys Competed Together			2021	Williston	Aiden Johnson, WF Sheyenne
			2022	Williston	Brady Korsmo, Bismarck

GIRLS

YEAR	TEAM	INDIVIDUAL	YEAR	TEAM	INDIVIDUAL
1979	Jamestown	Joan Hammeren, Bismarck	2001	Dickinson	Allison Pritchard, Dickinson
1980	Valley City	Joan Hammeren, Bismarck	2002	Dickinson	Kendra Lystad, Fargo South
1981	Bismarck	Joan Hammeren, Bismarck	2003	Dickinson	Kendra Lystad, Fargo South
1982	Bismarck	Joan Hammeren, Bismarck	2004	Dickinson	Melanie Funke, Minot
1983	Bismarck	Joan Hammeren, Bismarck	2005	Jamestown	Melanie Funke, Minot
1984	Bismarck	Tammy Birch, Minot	2006	Minot	Laura Roesler, Fargo South
1985	Minot	Tammy Birch, Fargo South	2007	Bismarck	Laura Roesler, Fargo South
1986	Minot	Jenny Schmeichel, Jamestown	2008	Bismarck	Alissa Mears, West Fargo
1987	Mandan	Robyn Jokumson, Wahpeton	2009	Bismarck	Tarin Lachowitz, Fargo South
1988	Mandan	Julie Hornbacher, Minot	2010	Fargo Davies	Tarin Lachowitz, Fargo Davies
1989	Mandan	Robyn Jokumson, Wahpeton	2011	Fargo Davies	Tarin Lachowitz, Fargo Davies
1990	Mandan	Jenny Schmeichel, Jamestown	2012	Bismarck	Brittany Brownotter, Bismarck
1991	Jamestown	Becki Wells, Dickinson	2013	Bismarck	Jordan Jacob, Bismarck Century
1992	Jamestown	Becki Wells, Dickinson	2014	Century	Karly Ackley, Grand Forks Central
1993	Jamestown	Laurie Fox, Jamestown	2015	Bismarck	Mattie Shirley-Fairbairn, Bismarck
1994	Minot	Laurie Fox, Jamestown	2016	Fargo Davies	Karly Ackley, Grand Forks Central
1995	Jamestown	Heidi Brenden, Minot	2017	Fargo Davies	Kelby Rinas, Mandan
1996	Jamestown	Jessica Schweitzer, Jamestown	2018	Fargo Davies	Meghan Ford, Jamestown
1997	Jamestown	Beth Hoge, Bismarck Century	2019	West Fargo	Meghan Ford, Jamestown
1998	Jamestown	Jennifer Falk, Jamestown	2020	Williston	Meghan Ford, Jamestown
1999	Jamestown	Penny Splichal, Dickinson	2021	Williston	Eleni Lovgren, Williston
2000	Dickinson	Penny Splichal, Dickinson	2022	Williston	Jaelyn Ogle, Watford City

A photograph of a family of four in a kitchen. A young woman in a maroon sweater is leaning over a man in a purple plaid shirt, who is smiling. A young girl with blonde hair is on the left, and an older woman in a red shirt is in the background. They are gathered around a table with two red mugs and an open photo album. The text "Protecting What's Important in Life" is overlaid in the center.

Protecting What's Important in Life

The logo for Farmers Union Insurance, featuring a stylized green and yellow wave above a yellow sun.

Farmers Union
INSURANCE
Simply Different | fumic.com