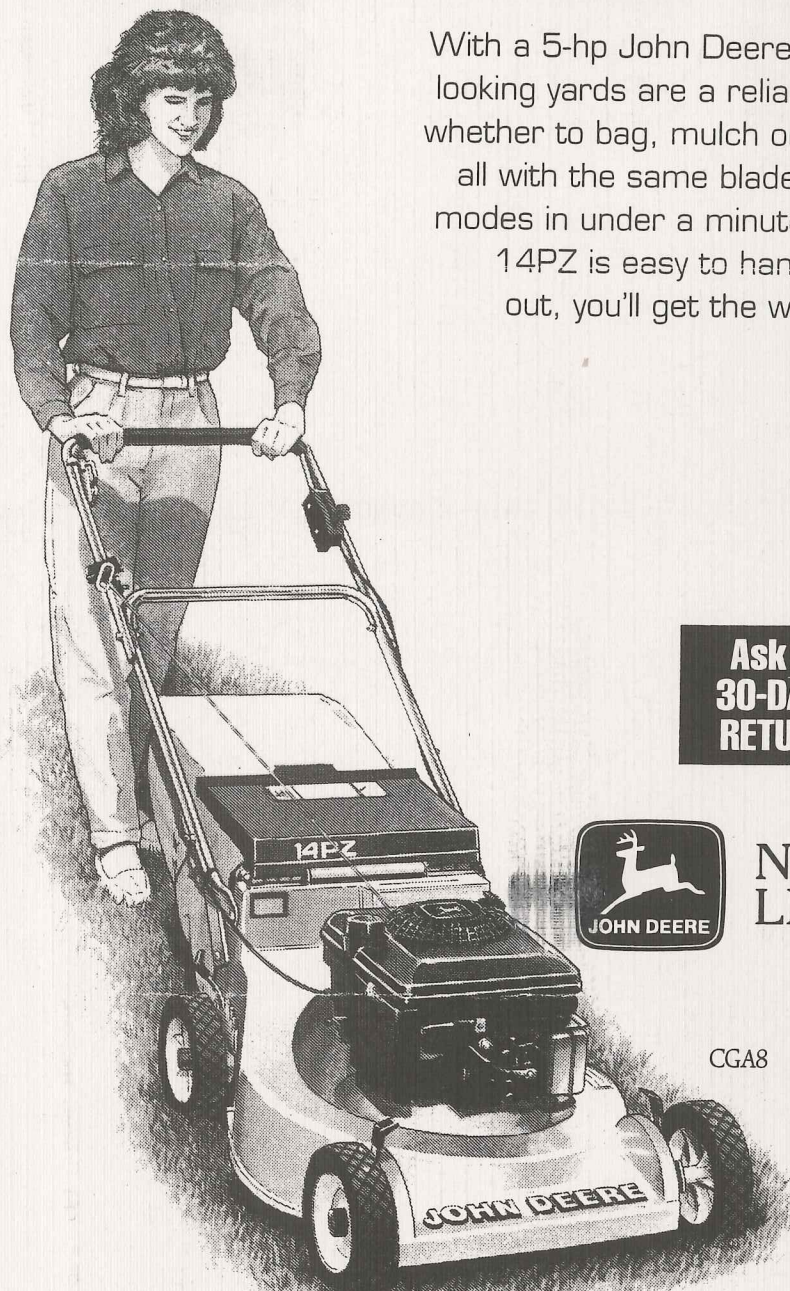


JOHN DEERE

Beautiful Lawns Made Easy



With a 5-hp John Deere 14PZ Tricycler™, great-looking yards are a reliable start away. Choose whether to bag, mulch or discharge clippings—all with the same blade—and switch between modes in under a minute. Plus, the lightweight 14PZ is easy to handle—instead of a work out, you'll get the work done. See it today.

Ask about our
30-DAY, NO-RISK
RETURN POLICY.



NOTHING RUNS
LIKE A DEERE®

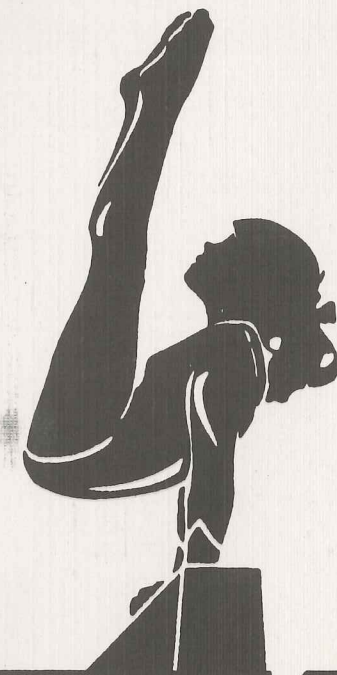
CGA8

JAMESTOWN IMPLEMENT, INC.

I-94 & Highway 281 • 800-247-0691 • 701-252-0580

1994 North Dakota State Girls Gymnastics Championships

JAMESTOWN



GYMNASTICS

Jamestown High School
Jamestown, North Dakota

February 25th, 5:30 Team Competition
February 26th, 2:00 Individual Competition

1994 STATE CLASS B GYMNASTICS TOURNAMENT

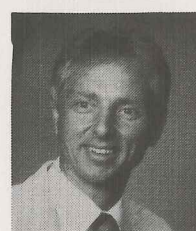
Sponsored by
North Dakota High School Activities Association
EXECUTIVE OFFICERS



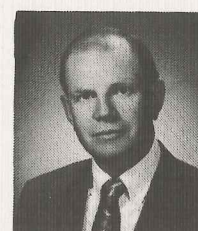
Bob King
 Executive Secretary
 Valley City



Sheryl Solberg
 Asst. to Secretary
 Valley City



Dave Carlsrud
 Asst. to Secretary
 Valley City



Robert Hetler
 Asst. to Secretary
 Valley City

BOARD OF DIRECTORS



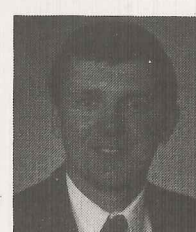
Wallace R. Schmelling
 President
 Mandan



Kirk A. Hansen
 Vice President
 Ellendale



Ronald P. Bommersbach
 Devils Lake



Marvin J. Ness
 Center



Michael J. Norland
 Williston



Marvin F. Leidal
 West Fargo



Nancy J. Johnson
 School Brd. Assn.
 Dickinson



David R. Schneider
 Edmore



David S. Rust
 Tioga



Dr. Wayne G. Sanstead
 Dept. of Public Instr.
 Bismarck

NDHSAA TOURNAMENT CODE OF CONDUCT

Purpose: To unify the high schools of the state in the promotion of pure amateur sports, music and speech activities. To standardize the eligibility rules and regulations under which interscholastic contests are held. To provide the schools of the state with sound and adequate programs of extracurricular activities.

Membership: The North Dakota High School Activities Association is a voluntary non-profit organization of the high schools of the State of North Dakota. All 204 schools eligible for membership belong to the Association. Membership is granted upon application of the School Board, at which time the school agrees to enforce the rules which the members have established and to participate in the legislative processes of modification and revision of rules to fit changing needs of the member schools and students.

Fundamentals of Good Sportsmanship

1. Know, appreciate and understand the rules of the contest.
2. Show respect for the officials. Good Sportsmanship implies the willingness to accept and abide by the decisions of the officials.
3. Show respect for the opponent at all times. Good Sportsmanship is the Golden Rule in action.
4. Recognize and appreciate the skill of performance regardless of team affiliation.
5. Maintain self-control at all times. Good Sportsmanship is a responsibility of all who are involved in the game.
6. Show a positive attitude in cheering, refraining from intimidation or negative cheering. Good Sportsmanship is cheering your own team "on to victory."

Acts of Misconduct

1. Throwing of any object onto the playing floor or in the stands.
 2. Behavior deemed dangerous or which interferes with the rights of others to watch the game.
 3. Possessing, consuming or being under the influence of chemicals.
 4. Use of obscene, profane, or abusive language or gestures, signs, posters or banners which show disrespect for opponents' team, officials, cheerleaders, band or other performing groups.
 5. The use of noise makers.
 6. Entry onto the playing surface at any time.
- THESE ACTS OF MISCONDUCT WILL NOT BE TOLERATED AND WILL RESULT IN AUTOMATIC REMOVAL WITHOUT REFUND OF ADMISSION.**

1993 State Team Champions Minot High School



Back Row Left to Right: Sadie Warren, Becky Bader, Kim Sveum, Krista Isakson, Marisa Albertson, Michelle Boyeff
 Front Row: Teri Ann Krefting, Missy Anderson, Melissa Boyeff, Jodi Ackerman

1993 State Individual Champion



Kim Sveum
State Champion
 Minot, ND
 Vault, Bars, Beam,
 Floor, All Around.

NDHSAA
 TOURNAMENT BOOKLET

Permanent Record File
 (Please Return to That File)

Schedule of Events

February 25 - Team Day

2:30	Gym Opens
3:00	Coaches Meeting
3:20	Timed Warm-up
5:05	Base Score Routines
5:20	Opening Ceremonies
5:30	Competition Begins

February 26 - Individual Day

11:00	Gym Opens
11:30	Coaches Meeting
11:50	Timed Warm-ups
1:35	Base Score Routines
1:45	Opening Ceremonies
2:00	Competition Begins

Note: Touch Warm-ups will be used for both days.

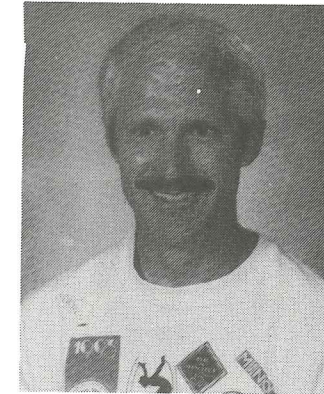
Meet Officials

Tournament Manager	Ron Smedshammer
Meet Coordinator	Gary Leslie
Meet Referee	Jan Adair, Fargo
Vaulting, SJ	Pam Walker, Wahpeton
Vaulting, AJ	Fern Pokorny, Dickinson
Uneven Bars, SJ	Carole Schalow, Fargo
Uneven Bars, AJ	Pam Tweten, Minot
Balance Beam, SJ	Stacey Ringoen, Minot
Balance Beam, AJ	Stacey Ackerman, Fargo
Floor Exercise, SJ	Lisa Harmon, Bismarck
Floor Exercise, AJ	Sara Schafer, Fargo

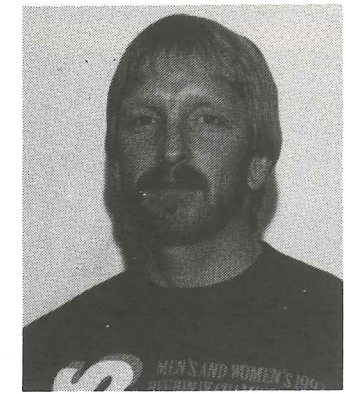
Gymnastics Officials

Runners	Jamestown Eagles
Presentation of Awards	Sheryl Solberg
Hospitality Room for Coaches & Administrators	Room 108 East
Coaches Meeting Room	Room 108 East
Judges Meeting Room	Room 105½ West
Scorers	Marney Shirley, Cari Walberg, Joyce Heinrich, Maureen Linn, Lora Fisher, Tammie Coleman
Computer	Jane Norman
Floor Manager	Delores Paulson

Coaches



Mike Merritt
Coach
Fargo North



Curt Sherbrooke
Coach
Bismarck Century
Bismarck High



Pam Cronin
Coach
Grand Forks
Red River



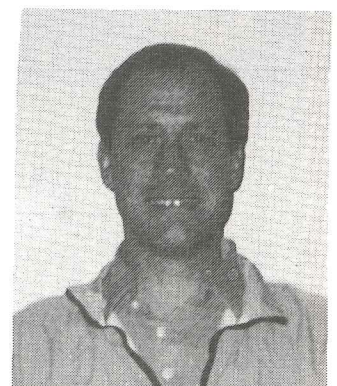
Robbie Werchau
Coach
Minot



Jackie White
Coach
Valley City



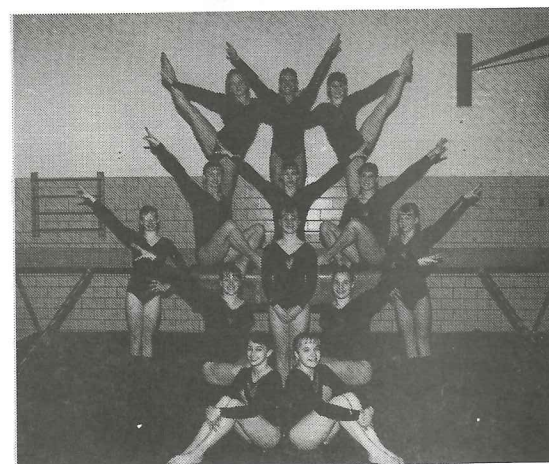
Kent VanElls
Coach
Dickinson



Steven Carver
Coach
Minot



Team Participants

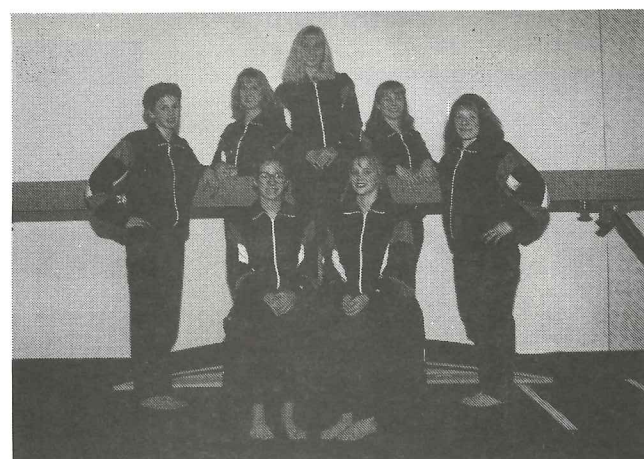


Fargo South

Front Row Left to Right:
Stacey McConnell, Becky Johnson,
Second Row: Kendra Solem,
Jessica Kerbaugh, Ruth Rolle
Third Row: Angie Schneibel,
Amanda Lau, Melissa Sannes,
Rhonda Swanson, Lindsay Anderson
Back Row: Becky Nielson,
Rebecca Hager, Heidi Fleck

Bismark Century

Front Row Left to Right:
Kelli Vossler, Emily Steidler
Back Row: Kim Patzman,
Erika Stavn, Nicole Ziegler,
Jodi Schwehr, Molly McDonald



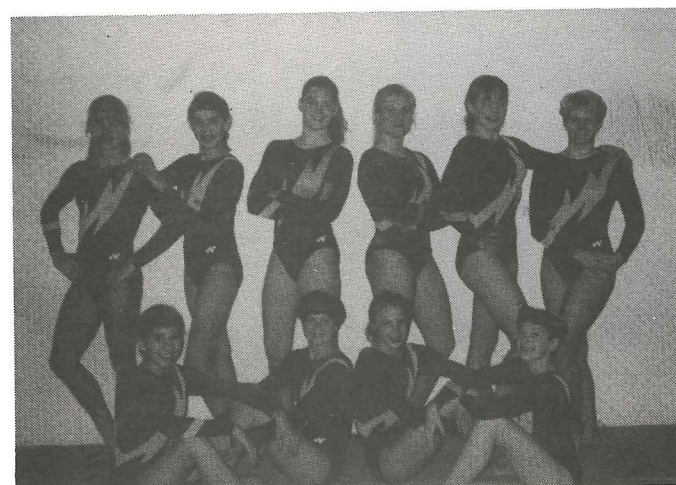
Bismarck

Front Row Left to Right:
Gina Lang, Stacy Sahli
Back Row: Ellen Carlson,
Jenny Weiland, Susie Reis
Missing: Miranda Olson, Monica Voth

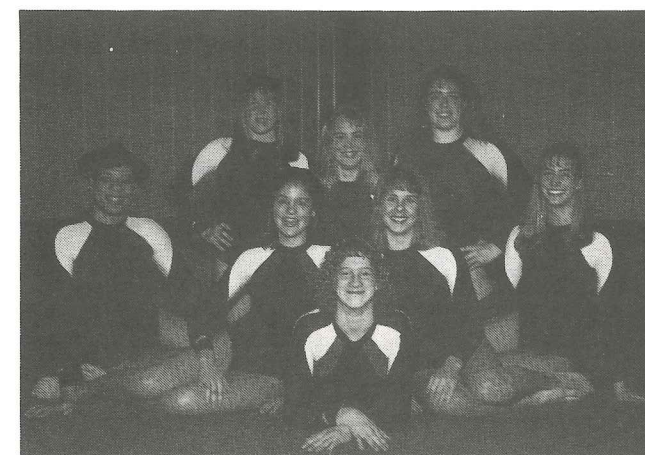


Minot High

Back Row Left to Right:
Krista Isakson, Michells Boyeff,
Becky Bader, Marisa Albertson,
Sadie Warren, Kim Sveum
Front Row: Melissa Boyeff, Jodi Ackerman,
Teri Ann Krefling, Jerrica Kettel



Team Participants



Grand Forks Red River

Christa Teetzen, Sarah Rodel
Becki Nyberg, Maureen Maves
Jamie Hastings, Stephanie Spong
Mikki Tollefson



Fargo North

Row 1 (L-R) Becky Folden, Nicole Kummet,
Jethe Lowman. Row 2 (L-R) Tiffany McCoy,
Angie Sanger, Amy Rice.

Valley City



Becky
Anundson



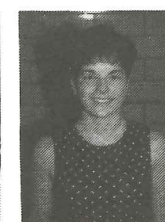
Tara
Feuerherm



Jill
Stites



Kim
Feuerherm



Amy
Rahury



Erin
Skarloken



Jill
Skogen



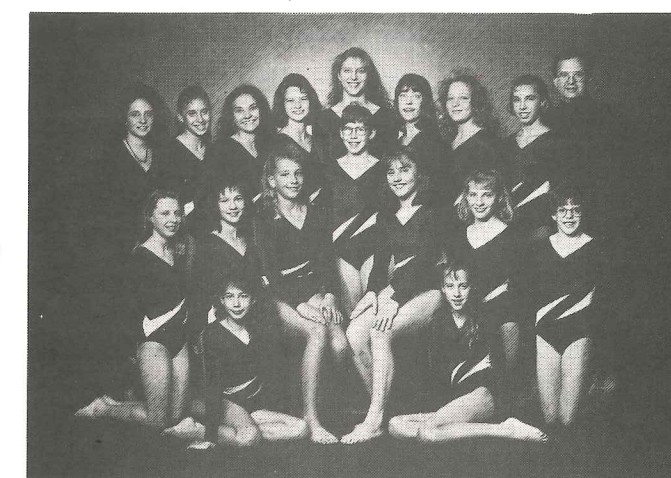
Natalie
Birchen



Melissa
Jewett

Dickinson High

Back Row Left to Right:
Asst. Coach Stacey Herron,
Toni Frank, Kristi Goyne
Crystal Willer, Jackie Sticka, Amy Steiner,
Laurie Heidecker, Allison Pachi, Coach Kent VanElls
Middle Row: Amanda Kessel, Lindsay Volesky
Allison Jordan, Emily Splichal, Jamie Schank
Kathy Kadrmas, Amanda Heth
Front Row: Melanie Hehn, Juanita Braun



Qualifying Teams

No.	Name	V	UB	BB	FX	AA
951	Kelli Vossler					
952	Nicole Zeigler					
953	Ericka Stavn					
955	Kim Patzman					
956	Emily Steidler					
957	Molly McDonald					
958	Jodi Schwehr					

Bismarck Century
Coach:
Curt Sherbrooke

Add Top 4 Scores: + + + + =

No.	Name	V	UB	BB	FX	AA
201	Miranda Olson					
204	Susie Reis					
203	Gina Lang					
205	Jenny Weiland					
210	Stacy Sahli					

Bismarck High
Coach:
Curt Sherbrooke

Add Top 4 Scores: + + + + =

No.	Name	V	UB	BB	FX	AA
401	Amanda Heth					
403	Lindsay Volesky					
405	Amanda Kessel					
406	Jackie Sticka					
408	Jamie Schank					
409	Allison Jordan					
410	Laurie Heidecker					
411	Kristi Goyne					
414	Toni Frank					
415	Amy Steiner					

Dickinson:
Coach:
Kent VanElls

Add Top 4 Scores: + + + + =

No.	Name	V	UB	BB	FX	AA
1	Kim Sveum					
2	Teri Ann Krefting					
4	Sadie Warren					
5	Becky Bader					
6	Jodi Ackerman					
8	Krista Isakson					
9	Michelle Boyeff					
10	Marisa Albertson					
3	Melissa Boyeff					

Minot High
Co-Coaches:
Steven Carver/Robbie Werchau

Add Top 4 Scores: + + + + =

Qualifying Teams

No.	Name	V	UB	BB	FX	AA
901✓	Jethe Lowman					
903✓	Amy Rice					
905✓	Tiffany McCoy					
906✓	Nicole Kummet					
907✓	Angie Senger					
911✓	Becky Folden					

Fargo North
Coach
Mike Merritt

Add Top 4 Scores: + + + + =

No	Name	V	UB	BB	FX	AA
70✓	Amanda Lau					
71✓	Ruth Rolle					
76✓	Rhonda Swanson					
78✓	Rebecca Hager					
80✓	Jessica Kerbaugh					
86✓	Stacey McConnell					

Fargo South
Coach
Charlie Fleck

Add Top 4 Scores: + + + + =

No.	Name	V	UB	BB	FX	AA
508✓	Christa Teetzen					
502✓	Sarah Radel					
506✓	Becki Nyberg					
505✓	Maureen Maves					
501✓	Jamie Hastings					
504✓	Stephanie Spong					
507✓	Nikki Tollefson					

Grand Forks Red River
Coach
Pam Cronin

Add Top 4 Scores: + + + + =

No.	Name	V	UB	BB	FX	AA
862✓	Tara Feuerherm					
865✓	Jill Skogen					
867✓	Jill Stites					
866✓	Natalie Bircherm					
863✓	Amy Ranum					
861✓	Becky Anundson					
868✓	Erin Skorloken					

Valley City
Coach
Jackie White

Add Top 4 Scores: + + + + =

Individual Competitors

Vault

76 Rhonda Swanson	Fargo South	_____
78 Rebecca Hager	Fargo South	_____
71 Ruth Rolle	Fargo South	_____
87 Heidi Fleck	Fargo South	_____
88 Angie Schneibel	Fargo South	_____
82 Melissa Jannes	Fargo South	_____
83 Kendra Solem	Fargo South	_____
867 Jill Stites	Valley City	_____
865 Jill Skogen	Valley City	_____
863 Amy Ranum	Valley City	_____
866 Natalie Bircherm	Valley City	_____
862 Tara Feuerherm	Valley City	_____
906 Nicole Kummet	Fargo North	_____
911 Becky Folden	Fargo North	_____
901 Jethe Lowman	Fargo North	_____
262 Abby Zimmerman	Wahpeton	_____
505 Maureen Maves	GF Red River	_____
508 Christa Teetzen	GF Red River	_____
502 Sarah Radel	GF Red River	_____
152 Lisa Nordstrom	Jamestown	_____
1 Kim Sveum	Minot High	_____
4 Sadie Warren	Minot High	_____
9 Michelle Boyeff	Minot High	_____
6 Jodi Ackerman	Minot High	_____
8 Krista Isakson	Minot High	_____
958 Jodi Schwehr	Century	_____
953 Erika Stavn	Century	_____
956 Emily Steidler	Century	_____
955 Kim Patzman	Century	_____
951 Kelli Vossler	Century	_____
952 Nicole Ziegler	Century	_____
957 Molly McDonald	Century	_____
403 Lindsay Volesky	Dickinson High	_____
411 Kristi Gayne	Dickinson High	_____
406 Jackie Sticka	Dickinson High	_____
415 Amy Steiner	Dickinson High	_____
408 Jamie Schank	Dickinson High	_____
552 Carie Porter	Mandan	_____
201 Miranda Olson	Bismarck High	_____
203 Gina Lang	Bismarck High	_____
210 Stacy Sahli	Bismarck High	_____

Bars

83 Kendra Solem	Fargo South	_____
78 Rebecca Hager	Fargo South	_____
76 Rhonda Swanson	Fargo South	_____
86 Stacey McConnell	Fargo South	_____
71 Ruth Rolle	Fargo South	_____
80 Jessica Kerbaugh	Fargo South	_____
77 Becky Nielson	Fargo South	_____
502 Sarah Radel	GF Red River	_____
506 Beckie Nyberg	GF Red River	_____
508 Christa Teetzen	GF Red River	_____
866 Natalie Bircherm	Valley City	_____
862 Tara Feuerherm	Valley City	_____
863 Amy Ranum	Valley City	_____
260 Tina Beyer	Wahpeton	_____
254 Amber Link	Wahpeton	_____
273 Nicole Uhlick	Wahpeton	_____
906 Nicole Kummet	Fargo North	_____
901 Jethe Lowman	Fargo North	_____
911 Becky Folden	Fargo North	_____
173 Tiffany White	Jamestown	_____
1 Kim Sveum	Minot High	_____
5 Becky Bader	Minot High	_____
8 Krista Isakson	Minot High	_____
4 Sadie Warren	Minot High	_____
6 Jodi Ackerman	Minot High	_____
2 Teri Ann Krefting	Minot High	_____
10 Marisa Albertson	Minot High	_____
952 Nicole Ziegler	Century	_____
957 Molly McDonald	Century	_____
958 Jodi Schwehr	Century	_____
409 Allison Jordan	Dickinson High	_____
403 Lindsay Volesky	Dickinson High	_____
410 Laurie Heidecker	Dickinson High	_____
405 Amanda Kessel	Dickinson High	_____
408 Jamie Schank	Dickinson High	_____
201 Miranda Olson	Bismarck High	_____
210 Stacey Sahli	Bismarck High	_____
203 Gina Lang	Bismarck High	_____
204 Susie Reis	Bismarck High	_____
556 Sue Zander	Mandan High	_____

Individual Competitors

Beam

78 Rebecca Hager	Fargo South	_____
70 Amanda Lau	Fargo South	_____
87 Heide Fleck	Fargo South	_____
77 Becky Nielson	Fargo South	_____
76 Rhonda Swanson	Fargo South	_____
71 Ruth Rolle	Fargo South	_____
863 Amy Ranum	Valley City	_____
866 Natalie Bircherm	Valley City	_____
865 Jill Skogen	Valley City	_____
867 Jill Stites	Valley City	_____
862 Tara Feuerherm	Valley City	_____
901 Jethe Lowman	Fargo North	_____
911 Becky Folden	Fargo North	_____
906 Nicole Kummet	Fargo North	_____
903 Amy Rice	Fargo North	_____
504 Stephanie Spong	GF Red River	_____
501 Jamie Hastings	GF Red River	_____
502 Sarah Rodel	GF Red River	_____
173 Tiffany White	Jamestown	_____
261 Jill Althoff	Wahpeton	_____
1 Kim Sveum	Minot High	_____
4 Sadie Warren	Minot High	_____
5 Becky Bader	Minot High	_____
2 Teri Ann Krefting	Minot High	_____
8 Krista Isakson	Minot High	_____
9 Michelle Boyeff	Minot High	_____
3 Melissa Boyeff	Minot High	_____
6 Jodi Ackerman	Minot High	_____
957 Molly McDonald	Century	_____
952 Nicole Ziegler	Century	_____
955 Kim Patzman	Century	_____
958 Jodi Schwehr	Century	_____
956 Emily Steidler	Century	_____
403 Lindsay Volesky	Dickinson High	_____
406 Jackie Sticka	Dickinson High	_____
408 Jamie Schank	Dickinson High	_____
410 Laurie Heidecker	Dickinson High	_____
552 Carie Porter	Mandan High	_____
201 Miranda Olson	Bismarck High	_____
204 Susie Reis	Bismarck High	_____
210 Stacey Sahli	Bismarck High	_____

Floor Exercise

906 Nicole Kummet	Fargo North	_____
911 Becky Folen	Fargo North	_____
901 Jethe Lowman	Fargo North	_____
905 Tiffany McCoy	Fargo North	_____
78 Rebecca Hager	Fargo South	_____
86 Stacey McConnell	Fargo South	_____
71 Ruth Rolle	Fargo South	_____
77 Becky Nielson	Fargo South	_____
87 Heidi Fleck	Fargo South	_____
70 Amanda Lau	Fargo South	_____
76 Rhonda Swanson	Fargo South	_____
502 Sarah Rodel	GF Red River	_____
501 Jamie Hastings	GF Red River	_____
508 Christa Teetzen	GF Red River	_____
866 Natalie Bircherm	Valley City	_____
863 Amy Ranum	Valley City	_____
865 Jill Shogen	Valley City	_____
173 Tiffany White	Jamestown	_____
167 Lesley Splonskows	Jamestown	_____
260 Tina Beyer	Wahpeton	_____
1 Kim Sveum	Minot High	_____
4 Sadie Warren	Minot High	_____
9 Michelle Boyeff	Minot High	_____
8 Krista Isakson	Minot High	_____
6 Jodi Ackerman	Minot High	_____
952 Nicole Ziegler	Century	_____
958 Jodi Schwehr	Century	_____
955 Kim Patzman	Century	_____
957 Molly McDonald	Century	_____
956 Emily Steidler	Century	_____
411 Kristi Goyne	Dickinson High	_____
406 Jackie Sticka	Dickinson High	_____
408 Jamie Schank	Dickinson High	_____
403 Lindsay Volesky	Dickinson High	_____
410 Laurie Heidecker	Dickinson High	_____
204 Susie Reis	Bismarck High	_____
201 Miranda Olson	Bismarck High	_____
203 Gina Lang	Bismarck High	_____
210 Stacy Sahli	Bismarck High	_____
552 Carie Porter	Mandan High	_____

All Around Competitors

78	Rebecca Hager	Fargo South	
76	Rhonda Swanson	Fargo South	
71	Ruth Rolle	Fargo South	
70	Amanda Lau	Fargo South	
911	Becky Folden	Fargo North	
906	Nicole Kummet	Fargo North	
901	Jethe Lowman	Fargo North	
863	Amy Ranum	Valley City	
866	Natalie Birchem	Valley City	
862	Tara Feuerherm	Valley City	
865	Jill Skogen	Valley City	
867	Jill Stites	Valley City	
502	Sarah Radel	GF Red River	
508	Christa Teetzen	GF Red River	
173	Tiffany White	Jamestown	
1	Kim Sveum	Minot High	
4	Sadie Warren	Minot High	
8	Krista Isakson	Minot High	
6	Jodi Ackerman	Minot High	
9	Michelle Boyeff	Minot High	
952	Nicole Ziegler	Century	
957	Molly McDonald	Century	
958	Jodi Schwehr	Century	
955	Kim Patzman	Century	
403	Lindsay Volesky	Dickinson High	
406	Jackie Sticka	Dickinson High	
201	Miranda Olson	Bismarck High	
204	Susie Reis	Bismarck High	
210	Stacy Sahli	Bismarck High	
552	Carie Porter	Mandan High	

Class A and Single Class System Records (since 1969)

Team Champion Results			Team Championships, All Time	
Year	Champion	Runner Up	Fargo South	15
1969	Jamestown	Bismarck St. Mary's	Dickinson	5
1970	Jamestown	Fargo South	Minot High	4
1971	Fargo South	Jamestown	Jamestown	2
1972	Fargo South	Dickinson	Individual Championships, All Time	
1972	Fargo South	Dickinson	Fargo South	51
1973	Fargo South	Dickinson	Dickinson	24
1974	Dickinson (tie)	Fargo South	Jamestown	14
1975	Dickinson	Fargo South	Minot High	14
1976	Dickinson	Fargo South	Bismarck Century	8
1977	Fargo South	Dickinson	Minot Ryan	7
1978	Fargo South	Dickinson	Fargo North	4
1979	Fargo South	Dickinson	Bismarck High	3
1980	Fargo South	Dickinson	West Fargo	2
1981	Fargo South	Dickinson	Devils Lake	1
1982	Fargo South	Valley City	Best All Time All Around Scores (since 1981)	
1983	Fargo South	Dickinson	38.40	Cassie Osborn
1984	Minot High	Dickinson		Fargo South, 1989
1985	Fargo South	Dickinson	38.40	Kim Sveum
1986	Fargo South	Bismarck		Minot, 1992
1987	Dickinson	Fargo South	38.31	Rachel Johnson
1988	Dickinson	Bismarck Century		Bismarck 1986
1989	Fargo South	Minot	38.20	Cassie Osborn
1990	Fargo South	Minot		Fargo South, 1990
1991	Minot	Fargo South	38.15	Kim Sveum
1992	Minot	Fargo South		Minot, 1992
1993	Minot	Fargo South	38.02	Tami Russell
Most Individual Titles, Career				Century, 1986
13 Titles	Robin Huebner	Dickinson	37.94	Jodi Hansen
12 Titles	Kim Sveum	Minot		Dickinson, 1986
11 Titles	Cassie Osborn	Fargo South	37.75	Jenny Nelson
10 Titles	Stacey Simle	Fargo South		Fargo North, 1990
9 Titles	Cindy Rodlund	Fargo South		
7 Titles	Barbara Mitchell	Jamestown		
7 Titles	Tracy Gunkelman	Fargo South		
6 Titles	Julie Visina	Minot Ryan		
6 Titles	Tami Russell	Century		
5 Titles	Susie Schraufek	Fargo South		
3 Titles	Robin Wheeler	Dickinson		
3 Titles	Kathy Sullivan	Jamestown		
3 Titles	Stacie Lowman	Fargo North		
3 Titles	Rachel Johnson	Bismarck		



Individual
Event
Champions
Class A
and
Single Class
System

1969
Tumbling: Marilyn Falk, Jamestown
Balance Beam: Heather Snell, Jamestown
Trampoline: Kathy Ohnstad, Fargo South
Uneven Bars: Julie Nelson, Jamestown
Floor Exercise: Barbara Mitchell, Jamestown
All Around: Barbara Mitchell, Jamestown

1970
Beam: Barbara Mitchell, Jamestown
Uneven Bars: Barbara Mitchell, Jamestown
Vault: Tracey Gunkelman, Fargo South
Floor Exercise: Barbara Mitchell, Jamestown
All Around: Barbara Mitchell, Jamestown

1971
Beam: Jo Pavicic, Fargo South
Uneven Bars: Kathy Sullivan, Jamestown
Vault: Margaret Hagen, St. Mary's
Floor Exercise: Melissa Henning, Fargo South
All Around: Jo Pavicic, Fargo South

1972
Beam: Kathy Sullivan, Jamestown
Uneven Bars: Kathy Sullivan, Jamestown
Vault: Tracy Gunkelman, Fargo South
Floor Exercise: Kathy Sullivan, Jamestown
All Around: Melissa Henning, Fargo South

1973
Beam: Linda Basaraba, Dickinson
Uneven Bars: Tracey Gunkelman, Fargo South
Vault: Tracey Gunkelman, Fargo South
Floor Exercise: Linda Basaraba, Dickinson
All Around: Tracy Gunkelman, Fargo South

1974
Beam: Robin Heubner, Dickinson
Uneven Bars: Carcia Urban, Fargo South
Vault: Tracy Gunkelman, Fargo South
Floor Exercise: Robin Heubner, Dickinson
All Around: Robin Huebner, Dickinson

1975
Beam: Robin Huebner, Dickinson
Uneven Bars: Robin Huebner, Dickinson
Vault: Robin Huebner, Dickinson
Floor Exercise: Robin Huebner, Dickinson
All Around: Robin Huebner, Dickinson

1976
Beam: Robin Huebner, Dickinson
Uneven Bars: Robin Huebner, Dickinson
Vault: Robin Huebner, Dickinson
Floor Exercise: Robin Huebner, Dickinson
All Around: Robin Huebner, Dickinson

1977
Beam: Susie Schraufek, Fargo South
Uneven Bars: Stacey Simle, Fargo South
Vault: Mo Day, Fargo South
Floor Exercise: Greta Sjursen, Dickinson
All Around: Greta Sjursen, Dickinson

1978
Beam: Susie Schraufek, Fargo South
Uneven Bars: Stacey Simle, Fargo South
Vault: Nancy Davis, Dickinson
Floor Exercise: Jane Vanyo, Fargo South
All Around: Stacey Simle, Fargo South

1979
Beam: Susie Schraufek, Fargo South
Uneven Bars: Stacey Simle, Fargo South
Vault: Nancy Davis, Dickinson
Floor Exercise: Susie Schraufek, Fargo South
All Around: Susie Schraufek, Fargo South

1980
Beam: Stacey Simle, Fargo South
Uneven Bars: Stacey Simle, Fargo South
Vault: Kristi Tryhus, Fargo South
Floor Exercise: Stacey Simle, Fargo South
All Around: Stacey Simle, Fargo South

1981
Beam: Cindy Rodlund, Fargo South
Uneven Bars: Stacey Simle, Fargo South
Vault: Kristi Tyhus, Fargo South
Floor Exercise: Stacey Simle, Fargo South
All Around: Cindy Rodlund, Fargo South

1982
Beam: Cindy Rodlund, Fargo South
Uneven Bars: Cindy Rodlund, Fargo South
Vault: Lori Malsom, Minot Ryan
Floor Exercise: Cindy Rodlund, Fargo South
All Around: Cindy Rodlund, Fargo South

1983
Beam: Robin Wheeler, Dickinson
Uneven Bars: Julie Visina, Minot Ryan
Vault: Julie Visina, Minot Ryan
Floor Exercise: Cindy Rodlund, Fargo South
All Around: Julie Visina, Minot Ryan

1984
Beam: Shelby Young, Bismarck Century
Uneven Bars: Julie Visina, Minot Ryan
Vault: Robin Wheeler, Dickinson
Floor Exercise: Cindy Rodlund, Fargo South
All Around: Robin Wheeler, Dickinson

1985
Beam: Stacie Lowman, Devils Lake
Uneven Bars: Julie Visina, Minot Ryan
Vault: Cindy Rodlund, Fargo South
Floor Exercise: Tami Russell, Bismarck Century
All Around: Julie Visina, Minot Ryan

1986
Beam: Jodi Hansen, Dickinson
Uneven Bars: Rachel Johnson, Bismarck
Vault: Rachel Johnson, Bismarck
Floor Exercise: Tami Russell, Bismarck Century
All Around: Rachel Johnson, Bismarck

1987
Beam: (tie) Kristi Dewald, West Fargo
Cassie Osborn, Fargo South
Uneven Bars: Julie Winje, Minot Ryan
Vault: Cassie Osborn, Fargo South
Floor Exercise: Cassie Osborn, Fargo South
All Around: Kristi Dewald, West Fargo

1988
Beam: Tami Russell, Bismarck Century
Uneven Bars: Tami Russell, Bismarck Century
Vault: Cassie Osborn, Fargo South
Floor Exercise: Tami Russell, Bismarck Century
All Around: Tami Russell, Bismarck Century

1989
Beam: Cassie Osborn, Fargo South
Uneven Bars: Teri Zimbelman, Minot
Vault: Stacie Lowman, Fargo North
Floor Exercise: Cassie Osborn, Fargo South
All Around: Cassie Osborn, Fargo South

1990
Beam: Cassie Osborn, Fargo South
Uneven Bars: (tie) Jenny Nelson, Fargo North
Cassie Osborn, Fargo South
Vault: Stacie Lowman, Fargo North
Floor Exercise: Cassie Osborn, Fargo South
All Around: Cassie Osborn, Fargo South

1991
Beam: Tara Lefor, Dickinson
Uneven Bars: Kim Sveum, Minot
Vault: Kim Sveum, Minot
Floor Exercise: Jenny Nelson, Fargo North
All Around: Kim Sveum, Minot

1992
Beam: Nicole Ziegler, Bismarck Century
Uneven Bars: Kim Sveum, Minot
Vault: Kim Sveum, Minot
Floor Exercise: Kim Sveum, Minot
All Around: Kim Sveum, Minot

1993
Beam: Kim Sveum, Minot
Uneven Bars: Kim Sveum, Minot
Vault: Kim Sveum, Minot
Floor Exercise: Kim Sveum, Minot
All Around: Kim Sveum, Minot

Scoring

1. Scoring		D. Execution and Amplitude (E/A)	4.0
Difficulty (D)	3.0	1. Faults	
Event Requirements (ER)	1.0	Small Faults	0.1
Composition (C)	1.5	Medium faults	0.2-0.3
Execution and Amplitude (E/A)	4.0	Serious faults	0.4
Bonus	0.5	2. Execution	
Total	10.0	(a) Flexion of the arms, legs, body; separation of the legs, incorrect position of the head, hands; pointing toes.	
A. Difficulty (D)	3.0	(b) Loss of balance, heavy landing; movements of the arms, trunk, feet to maintain balance, deep squat/ pike.	
Value of each medium difficulty	0.3	(c) Stops; rhythm abrupt or jerky	
Value of each superior difficulty	0.5	(d) Touching the apparatus or the floor	
Value of the high superior difficulty	0.3	(e) Faults in coming to a support position; alternate placement or delay of the hands	
B. Event Requirements (ER)	1.0	(f) Projection: to be deducted each time (0.1) up to 0.3	
Lack of an event requirement (each one omitted)	0.1	(1) Awkwardness of performance including audible or visible signs of strain:	
C. Composition (C)	1.5	(2) poor carriage;	
1. 0.1-0.4 Combinations		(3) Lack of elegance;	
0.1 Lack of variety in combining difficulties from different structure groups.		(4) Poor appearance.	
0.1 Low levels of difficulty combinations		3. Amplitude	
01. Difficulties not distributed throughout the routine.		(a) Lack of larger extended and spacious movement	
0.1 Difficulties not placed progressively throughout routine.		(b) Failure to complete movement with the fullest range of extension	
2. 0.1-0.3 Connections		Isolated movements	0.1-0.4
0.1 Lack of variety in connections		Combinations	0.1-0.3
0.1 Low level of difficulty in connections		E. Bonus (B)	0.5
0.1 Lack of continuity/flow of routine		1.0.1 For superior/high superior difficulty or a series of superior/high superior difficulties performed to the ultimate in technique with not deductions.	
3. 0.1-0.2 Originality-Lack of new/unusual combinations of skills: uniqueness of the entire routine.		2. 0.1 For dynamic routine performed with minimum execution deductions.	
4. 0.1-0.2 Rhythm-Lack of varied tempo changes and/or fluid, continuous movement (excluding falls).		3. 0.1 For an entire routine performed to the ultimate in both technique and execution.	
5. 0.1-0.2 Spacing-Lack of using all directions, levels and space.		4. 0.1-0.2 For an extra high superior and/or back-to-back superior (0.1 each).	
6. 0.1-0.2 Back to Back Superiors: Lack of 2 or more series of superior/high superior skills directly connected and without interruptions (0.1 for each BBS series).			

History of Girls State Gymnastics Championships

The first State Girls Gymnastics Championships sponsored by the North Dakota High School Activities Association took place in 1969. The competition both Class A and Class B schools and only 10 schools took part in the event. Jamestown High School came away with the first title.

Competition has changed since the first championships. At the first event, competition took place in tumbling, trampoline, balance beam, uneven bars, side-horse, floor exercise and all around. Each event was divided into three levels - novice, intermediate and junior.

The following year, and every year since, the championships have included only five events. The tumbling and trampoline events were eliminated and the side horse became the vault.

The 1974 state meet saw the last novice, intermediate and junior divisions. It was also the year that separate team champions were named in Class A and Class B divisions. In 1975, each class not only received a separate team trophy, but individual champions were also named in both classes.

The number of teams competing in the state championship has also increased since the first meet in 1969. The dedication of the coaches, athletes and officials in the sport has played an important role in the growth of gymnastics in the state. And along with the growth has come a much more intense level of competition.





EAGLES CLUB

217 2nd Ave. S.W., Jamestown

Welcome Teams, Coaches, & Fans

- Noon lunches served 11:00 a.m. to 1:30 p.m.
- Dining Room opens at 5:00 p.m.
- Specials in Dining Room each Evening
- Health Club - Racquetball - Sauna - Whirlpool
- Bingo Every Wed., Fri., Sat., & Sun.
- Black Jack - Jars - Horse Racing

LIVE ENTERTAINMENT SATURDAY

Enjoy 1 Free Dessert

with the purchase of any sandwich or dinner
compliments of the Prairie Kitchen.

JAMESTOWN PRAIRIE KITCHEN

I-94 & Hwy. 281 S.

Great Food

Lower Prices

Smoke Free



Natural Gas...



because the price
is right.



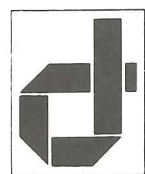
**Gate City Federal
Savings Bank**

"Where North Dakota Banks"

Fargo ~ Minot ~ Bismarck ~ Jamestown ~ Devils Lake
Dickinson ~ Mayville ~ Carrington ~ Wahpeton ~ Hettinger
Park River ~ Williston ~ Grand Forks ~ Mohall

117 Third St. S.W.
Jamestown, ND 58401

(701) 252-5150



**DAKOTA
CLINIC**
Jamestown

401 3rd St. SE, Jamestown, ND
Phone: 252-0120 - Toll Free: 1-800-247-0159

Dakota Clinic-Medina
600 Water Street E.
Medina, ND
486-3550

Your Hometown Family Bank.



County Market • Wal-Mart • Main Bank
(Open 24 hours) (Open 24 hours)



Loyalty Banking

401 1st Avenue South • Jamestown, ND

(701) 252-5441 • Member FDIC

Chrysler ★ Plymouth Toyota

Leading the Way in Quality & Service

Terry Voeltz or Dave Odin
LLOYDS MOTORS On The Road To The Buffalo
Jamestown, ND (701) 252-4690 or 1-800-750-4690

Get Yourself...

free
Norwest Free CheckingSM

Jamestown Office
208 2nd Ave SW
251-2540

Come to expect the best.

NORWEST BANKS
INVESTMENTS • INSURANCE • BANKING
©1993 Norwest Bank
North Dakota, N.A. Member FDIC



Custom Apparel • Printing &
Embroidery • Rubber Stamps
• Vinyl Signs
216 1st Street West
Jamestown, ND 58401
(701) 252-8864
1-800-950-4802
FAX 701-252-5235

Jill Lind, Certified Groomer
1305 Business Loop East
Jamestown ND 58401
(701) 252-8636

BEST FRIEND GROOMING

Professional, All Breed
Pet Grooming

Call for an appointment.



Telephone:
(701) 252-2020
Toll Free (800) 303-2019

Drs. Prentice & Caine, P.C.
Optometrists
DR. DONALD CAINE
DR. TAMARA MATHISON
DR. KEITH PRENTICE
DOUG HOCKERT, OPTICIAN

226 2nd Ave. S.W., Box 857
Jamestown, N.D. 58402



Slusher's Trophy Shop

Jamestown, N.D. 58401
Phone: (701) 251-9020

THE PRESS ROOM

1205 6th Ave. N.E.

Jamestown, North Dakota 58401

(701) 252-1586

Jamestown Farm Equipment Dealers Association



Jamestown Agri-Sales



Jamestown Implement



Tweto, Inc.



Enzminger Builders



**ALLIS
WHITE**
HESSTON

Central Sales



the Fair
Women's
Misses
Juniors
Children's

200 1st Ave. S., Jamestown, ND 58401
Phone: 252-3670



**ANDERSON'S
Footwear**

Bob Anderson
Owner

P.O. Box 5203, Buffalo Mall, Jamestown, ND 58402, 701-252-1775



schubert's sales inc.

SCHUBERT'S LITTLE
DECORATOR SEZ
SERVICE IS OUR
REPUTATION

Carpet
Linoleum
Wallpaper
Paint
Drapes
Glass

701-252-2590

Jamestown, ND

Welcome To Jamestown From The Civic Center



Is It Worth It?

WHAT DOES THAT FREE TRIP FROM
"THEIR" BONUS MILES PLAN ACTUALLY COST YOU?

A trip to Fargo to save money...better look again!

✓✓✓✓✓ CHECKLIST	THEIRS	OURS
GAS/MILEAGE	\$20.00	\$0
PARKING FEES (4 NIGHT STAY)	\$40.00	\$0
MEALS	\$15.00	\$0
MOTEL	\$????	\$0
YOUR TIME (ROUND TRIP-7 TIMES)	28 HOURS	MINUTES
TOTAL COST FIGURED ON AVERAGE, 7 COAST TRIPS FROM FARGO \$525.00 COMPARED TO \$0 WITH UNITED EXPRESS		

UNITED EXPRESS OFFERS MORE...

Why Stuggle With The Alternate, Fly The Obvious Way

INSIST ON UNITED EXPRESS

WE OFFER YOU:

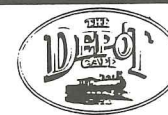
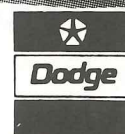
- Free Round Trip Airfare After 20,000 Miles Same As Our Competitors
- Service From Jamestown To All Major Destinations
- Competitive Rates
- Local Community Support
- Easy Accessibility To Area Residents



WALT SANDERS, INC.

CHEVROLET — BUICK — DODGE

1513 Business Loop East
Jamestown, North Dakota
Phone (701) 252-2360



JAMESTOWN MALL 252-1003
(across from the Civic Center)

- *Homemade Soups & Pastries
- *Breakfasts Served Anytime
- *Senior Citizen & Children's Menu

JAMESTOWN TRUCK PLAZA CAFE

*Open 24 Hours *Family Dining
Business Loop East, Jamestown, ND, Exit 60 - I-94, 252-4911

CONLIN'S

FURNITURE
FREE DELIVERY/FRIENDLY SERVICE
"Area's Largest Selection"
(701) 252-2460

Hwy. 281 S. • Box 1267 • Jamestown, ND 58402

GLADSTONE



ONE CALL DOES IT ALL...

701-252-0700, Local
1-800-641-1000 Toll Free

- 117 Rooms and Suites
- Gladstone Restaurant
- Time Out Sports Cafe Casino
- Sports Teletheatre
- Family Recreation-Poolside Rooms-Indoor Heated Pool-Whirlpool-Video Room

Walz Pharmacy

213 1st Ave. North
P.O. Box 1169
Jamestown, North Dakota 58402

V.F.W. POST 760

428 SW 2nd • Jamestown, ND • 252-2371
Wining-Dining-Dancing-and Gambling Casino

Live Music Saturday 8:30-12:30

CLUB OPENS 3 P.M. - 1 A.M.

Monday-Friday - Saturday 11 a.m.-1 a.m.

DINING ROOM

Monday 5-8 p.m. Baskets Only

Tuesday-Thursday 5-9 p.m.

Friday & Saturday 5-10:30 p.m.

\$1000 Bingo Monday 7 p.m. & Saturday 1 p.m.



FORD-LINCOLN-MERCURY

502 1st Ave. S. • Box 949 Jamestown, ND 58402
252-2270 252-2350 1-800-279-AUTO



Don's

HOUSE OF FLOWERS

Don's House of Flowers
1107 7th Ave. SE
Jamestown, ND
252-2011 & 252-5123

Don & Carol
McIlravy



Don's Garden Center
1602 Bus. Loop E.
(Across from Walt Sanders)
252-0989

Jim Smith Floor Covering

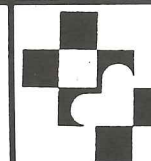
Full Service Carpet & Linoleum Installation

FREE ESTIMATES AND ADVICE

10 Years Experience

701-252-8937

Jim Smith



MeritCare
We've Got The Touch

904 5th Avenue N.E.
P.O. Box 2095
Jamestown, ND 58402
1-800-543-4321 APPT: 253-4010
INS: 253-4007 Billing: 253-4011
253-4000

Family Practice: William K. McMillian, M.D., David Muhs, M.D., Corey Nyhus, M.D., Curtis Nyhus, M.D., Michael Webster, M.D., Colleen Holzwarth, N.P. General Surgery: Steven Maier, M.D. Internal Medicine: William Stewart, M.D., Gary Susag, M.D.



Quala-T
CARPET SHOP

Specializing in Floor Coverings

RANDY GOLDADE

315 1st Ave. S.
Jamestown, ND 58401
252-4331



The MART

PARK PLAZA SHOPPING CENTER
(Across From County Market)

Western Wear For Men & Women

- Wrangler Official Pro Rodeo Jeans • Shirts: Roper, Wrangler, H-Bar-C • Boots: Tony Lama, Texas, Abilene • Suits: Circle S, Pagano West • Hats: Stetson, Bailey

701-251-2055

Jamestown, North Dakota 58401

Elks 995

Located 1 Block West Of Civic Center
"Welcome Fans"

DINING ROOM HOURS:

Tuesday - Saturday

5:30 - 10:30 PM

Baskets Available

In The Lounge

Seafood & Hamburger Bar

Saturday 11-2 P.M.

COUNTY MARKET

Your Total Discount Food Store

Deli-Bakery- Post Office Station
Film Develop - Home Movie Rental
Smokehouse - Money Orders

Your Full Line Of Groceries:
Meat - Produce - Frozen

OPEN 24 HOURS
Park Plaza Shopping Center
4th Ave. & 10th St. S.E.
Jamestown

County Market

COMPARE THE BOTTOM LINE



**ALWAYS A VALUE.
ALWAYS COCA-COLA.**



Welcome to Jamestown

**BUFFALO LANES,
LOUNGE & CASINO**

905 7th Ave. S.E.
252-2380



Jamestown Hospital

"It's Health Caring That Counts!"

**24 HOUR
EMERGENCY CARE**

252-1050



LLOYDS ELECTRONICS

Central North Dakota's Oldest, Full Service
Micro Computer Dealer

216 1st Ave. S.
Jamestown, ND 58401
252-7756

Straus Mall
Valley City, ND 58072
845-2245

**We're generating more
than Electricity**

OTTER TAIL

Power Company

Jamestown Division Office

315 SE 2nd P.O. Box 2220
Jamestown, ND 58402-2220

• Gasoline • Full Grocery Selection • Money Orders • Postage Stamps
• Movie Rentals • Newspapers • VCR Rentals • Friendly People • Deli



BEST OF LUCK

1003 13th St. N.E. Jamestown 252-7411
1219 Business Loop East, Jamestown, 252-7624
640 15th Ave. S.W. Valley City 845-1284
North Highway 281 Carrington 652-3103



Dairy Queen of Jamestown
Home Of
"Hot Eats/Cool Treats"

WELCOME PLAYERS & FANS

330 Business Loop E. (Across From Wilhelms)



Buy 1 Fresh-Baked Pizza
Get The Second One

For **1/2** Price



Dakota Fuel Stop

Hwy 281 & I-94 • Jamestown
252-4732

LEEVERS SUPER VALU

"Home Of The Price Busters"

OPEN 24 HOURS A DAY

Full Line Of Grocery, Meat, Frozen, Dairy, Produce,
Deli, Bakery, Video Rentals, Post Office, and Moose

Bros. Pizza

JAMESTOWN MALL - 252-3650



**PERKINS' FAMILY
RESTAURANT & BAKERY**
"fresh from our oven...to your home!"

Open 24 Hours

Phone
252-1370

Hwy. 281 & I-94 South
Jamestown, ND 58401

LINDA'S
Jamestown Floral
"WHERE MEMORIES
HAPPEN"

• BALLOONS
• GREEN PLANTS
• UNIQUE GIFTS
• FUNERALS
• HOSPITALS
• WEDDING INVITATIONS



CUSTOM MADE FLORAL ARRANGEMENTS
FOR WEDDINGS & ANNIVERSARIES
CUSTOM HOME & ANNIVERSARIES
(ALL CREDIT CARDS ACCEPTED)
HOURS: MON.-FRI. 9 AM-9 PM/SAT. 9 AM-6 PM
SEND FLOWERS NATIONWIDE



252-9176

JAMESTOWN MALL, JAMESTOWN
LINDA NEIL, MGR.



**JOY'S HALLMARK
SHOPS**

Bradford Exchange-Precious Moments-Dickens Village
Jamestown Mall - Buffalo Mall



**james river
travel agency**

Jamestown Mall, Jamestown, ND 58401
701-252-2860 • LUISE REMMICK



DON WILHELM

OLDSMOBILE - CADILLAC - PONTIAC - GMC - JEEP - MAZDA

JAMESTOWN, NORTH DAKOTA



**Your Complete
Athletic Headquarters**

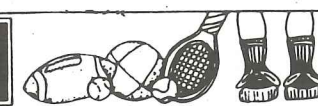
Basketball, Baseball, Hockey, Soccer,
Football and More

HI-ACRES MANOR NURSING CENTER

OFFERS

Skilled Nursing Care and Apartments
Medicare - Medicaid Certified
"A TOTAL CARE CENTER"

1300 2nd Place N.E., Jamestown, ND
701-252-5881



Your Athletic Headquarters

*Footwear*T-Shirts*Windsuits*Jackets*Sweats*Bags
121 2nd St. S.W. • Jamestown, ND 58401 • (701)252-5671

Bring In This Ad

FOR \$2.00 OFF A LARGE PIZZA

Good during tournaments only

- PIZZA PALACE
- SIDE DOOR
- CONTINENTAL ROOM

2 blocks
west of
Civic Center



Jerry
Usgaard

Dale
Weber

Doug
Kleingartner

P.O. Box 2020
1415 12th Ave. SE
Jamestown, ND
252-2701

MicroAge

COMPUTER CENTERS

Over 1000 Locations Worldwide

Bus: 701-252-1835

219 1st Ave. South
Jamestown, ND 58401

Coast to Coast.

Value Priced Every Day!

DOWNTOWN JAMESTOWN-OPEN SUNDAY



Today's Look
At A
Budget Price

118 SW SECOND AVENUE • JAMESTOWN, ND
(701) 252-7020



McDonald's of Jamestown

I-94 & Hwy. 281 S.
Jamestown, ND
252-9538

6:30 - 11:00 Sun. - Thurs.

6:30 - 12:00 Fri. & Sat. Nights

Bus Drivers and Coaches Eat Free

Buses Welcome

WAL-MART

ALWAYS THE LOW PRICE
ON THE BRANDS YOU TRUST.

Store Hours: Mon. - Sat. 9:00-9:00
Sun. - 12:00-6:00

CS CABLE SERVICES

308 2nd St. N.W.
Jamestown, ND

**Welcome Tournament
Players And Fans!**

BONANZA.

Steak • Chicken • Seafood • Salad

Free Beverage Card

Free soft drink, coffee or tea
with purchase of meal.

One per customer.

Valid during tournament dates.

Bonanza
South of Buffalo Mall
Jamestown, ND
252-1848



Knights of Columbus

519 1st Ave. South

Serving Meals from 11 AM to 10 PM

Noon Specials

Bingo Tuesday Nights

Call For Weddings & Banquets

Call 252-6069

Randy Sorenson, Manager

**CAN SEAT
UP TO 400**

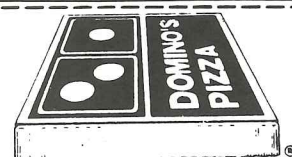
NEWMAN OUTDOOR ADVERTISING

JAMESTOWN
BISMARCK

FARGO
MINOT

NEWMAN TRAFFIC SIGNS

1606 6th Ave. S.W./P.O. Box 1728
Jamestown, ND 58402-1728
701-252-1970



**Pizza for 4-
1 Item**

Pay only \$9.99 Plus tax for a 15" one item pizza and four cans of Coke®
Additional items extra. One coupon per pizza. Expires 12-30-94.

All pizzas include our special blend of sauce and 100% Real cheese.

Our drivers carry less than \$20.00. Limited delivery area.

**30 MINUTE
GUARANTEED
Delivery
Service**

Fast, Free Delivery



©1988 Domino's Pizza, Inc.

**Call us.
252-8888
Jamestown**



**Welcome Players
And Fans!**

Across From Civic Center
Jamestown Mall
251-1124



**Celebrate The
Feeling!**

M-F 10-9
Sat. 10-6
Sun. Noon-5

Highway 281 South at 25th SW
Jamestown
701-251-2237



BED & BREAKFAST
R.R. 3, Box 71
Jamestown, N.D. 58401
701-251-1372

Relax in this tranquil 1897 home, nestled in the pines,
decorated with handmade quilts, braided rugs and
stenciling. Enjoy seeing collections of advertising tins
and signs, postcards, albums and the many antique
furniture pieces throughout our country home.

**JAMESTOWN OFFICE
MEIDINGER SQUARE
252-6101**



**BlueCross BlueShield
of North Dakota**

Schauer & Associates, P.C.

CERTIFIED PUBLIC ACCOUNTANTS
Metropolitan Federal Building • Suite 207
P.O. Box 1808 • 252-5422 • Jamestown, ND 58402

WELCOME TO JAMESTOWN
STRAUS CO.

Men's & Young Men's
Downtown Jamestown



Don Walicki
252-5155

PHONE 252-2910

113 2nd Ave., SW

ARNESON, INC.

REFRIGERATION SERVICE

Jamestown, North Dakota 58401

Master License No. 80404

FAX: 701-252-3517

PLUMBING

THE PRAIRIE POST

Where your ad is the news!

217 1st Ave. N., Jamestown - 252-2796

The Most Widely Read Publication In This 11-County Area.
Distributed Weekly To 20,000 Homes



252-6777

Jamestown, ND

WAGON MASTERS RESTAURANT & LOUNGE

Open 7 Days A Week

Your Hosts Joe & Terri Sitzmann
ENCLOSED WALKWAY TO THE NEW
COMFORT INN
Jct. I-94 & Hwy. 281 S. (Exit 258)
252-4243

DAKOTA INN

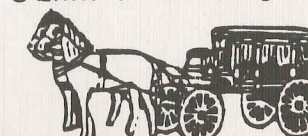
Exit 258, I-94, Hwy. 281
Jamestown, North Dakota
Call 701-252-3611
1-800-726-7924

*Senior Citizen
Discounts*



ANY FOOT-LONG SUB OR REGULAR SALAD \$1.00 OFF
\$1.00 OFF with the purchase of a foot long sub or regular salad and medium soda.
Subway My Way!
Phone: 252-8249 Expires 10-31-93 909 7th Ave. SE, Jamestown

Haut Funeral Homes

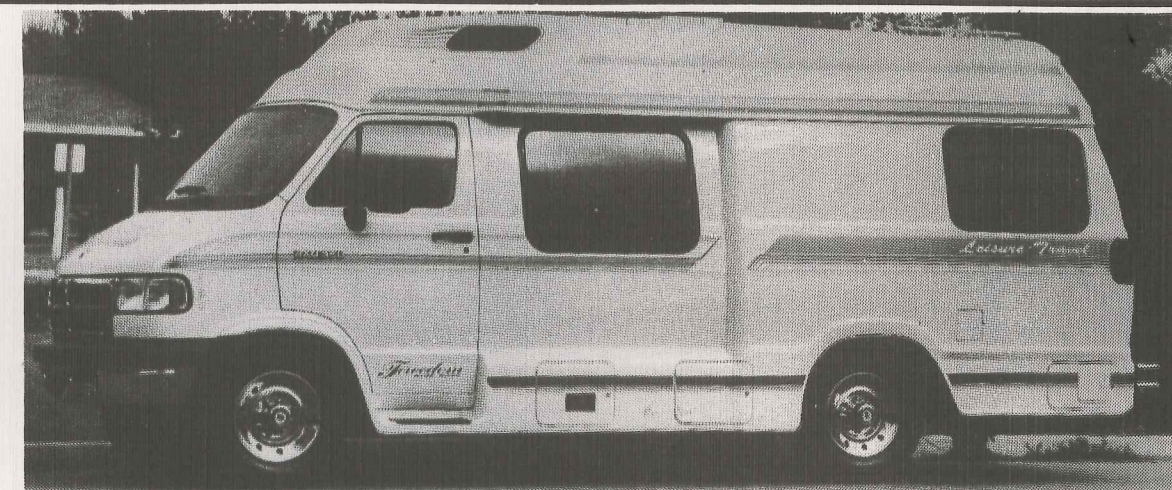


Roger J. and Gary E. Haut

P.O. Box 965
Jamestown, ND 58402
252-5701

1-800-982-3969

Gackle: 485-3691
Wishek: 452-2682



**The AMAZING New 1994 Freedom "Wide Body"
LEISURE TRAVEL Motorhome!**

**Arrangements
Available For
Factory Tours**

Average 17 MPG Highway -- Parks Anywhere! Year Round Uses Limited Only By Your Imagination!



Easy long-term financing available
through John Deere, Credit, Inc.

**"Entire Interest Amount Tax
Deductible"**

Best long-term investment for all your
transportation needs!

Fully Self-Contained! Sleeps 4! Seats 8!

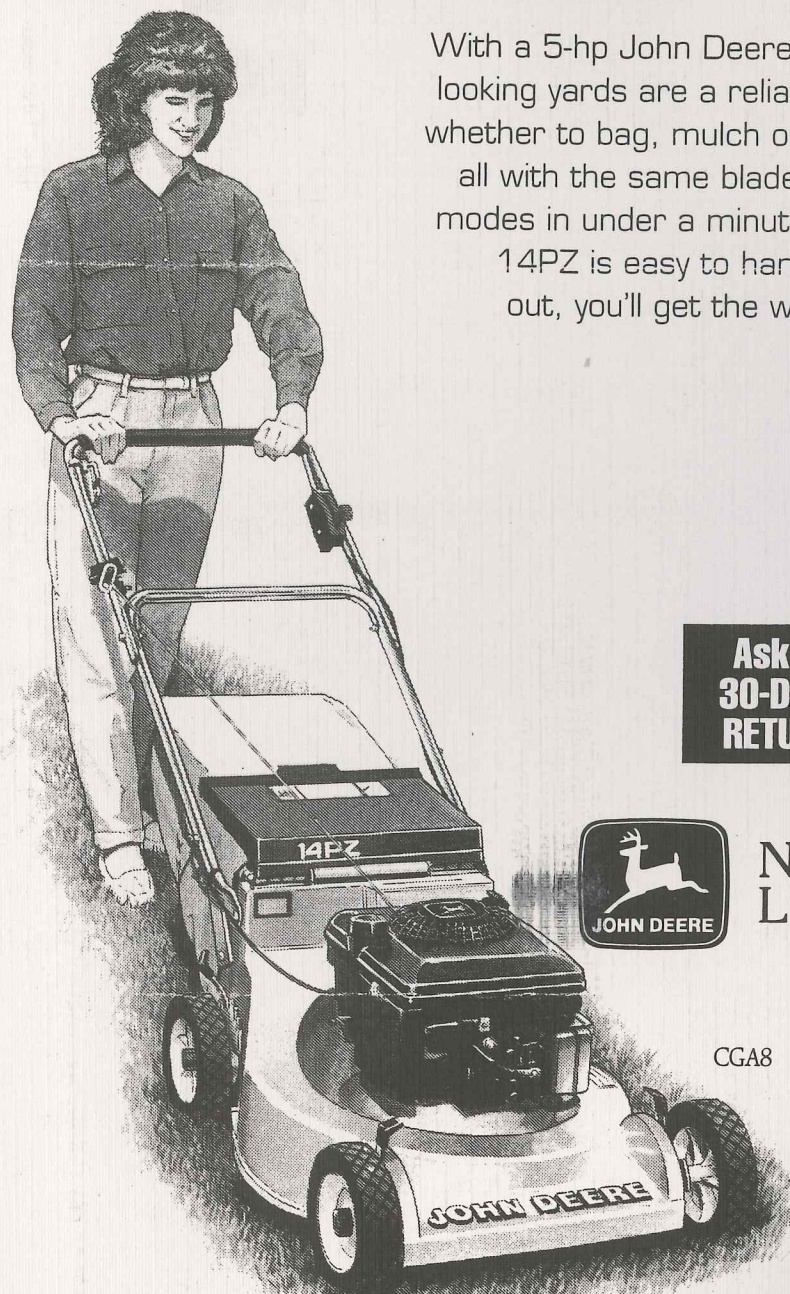
Sold "FACTORY DIRECT" through our showroom in Jamestown!

THOMPSON MOTOR HOME SALES, INC.

121 3rd St. NW, Jamestown, ND 58401 • (701) 252-2477

JOHN DEERE

Beautiful Lawns Made Easy



With a 5-hp John Deere 14PZ Tricycler™, great-looking yards are a reliable start away. Choose whether to bag, mulch or discharge clippings—all with the same blade—and switch between modes in under a minute. Plus, the lightweight 14PZ is easy to handle—instead of a work out, you'll get the work done. See it today.

Ask about our
30-DAY, NO-RISK
RETURN POLICY.



NOTHING RUNS
LIKE A DEERE®

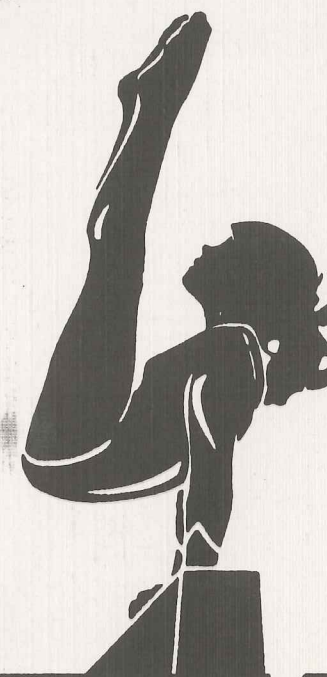
CGA8

JAMESTOWN IMPLEMENT, INC.

I-94 & Highway 281 • 800-247-0691 • 701-252-0580

1994 North Dakota State Girls Gymnastics Championships

JAMESTOWN



GYMNASTICS

Jamestown High School
Jamestown, North Dakota

February 25th, 5:30 Team Competition
February 26th, 2:00 Individual Competition