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Today's youth are the future of North Dakota and youth activity builds better community involvement and character. That's why Farmers Union Insurance has increased its support of youth by a new commitment as the premier partner of the North Dakota High School Activities Association.

Besides significant financial investment, Farmers Union Insurance will be present and partner with the NDHSAA at tournaments and other events.

With all of the concern over the stability of economic and financial markets, it's good to know your Farmers Union Insurance premium dollars are invested right here in North Dakota... helping build better communities. And what better way to invest in North Dakota than in its youth?


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North Dakota

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NDHSAA
Tournament Program
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STATE GYMNASTICS

FEBRUARY
27 & 28, 2009

Dickinson High School
Gymnasium


Farmers Union
INSURANCE

NATIONAL
GUARD
North Dakota



THE WESTERN EDGE
CONVENTION & VISITORS BUREAU



GOOD LUCK MIDGETS!



Back Row: Kelsey Dukart, Melissa Bachamp, Brooke Sickler, Shalesa Wariner, Chantel Urlacher

Front Row: Brogan Burwick, Marie Franzen, McKenzie Kostelecky, Mikaela Kessel

WE LOVE YOU!

From Your Parents and Families

2009 GYMNASTICS

NDHSAA TOURNAMENT

Code of Conduct

PURPOSE:

To elevate standards of Good Sportsmanship and to encourage the growth of responsible citizenship among the students, member schools, and their personnel.

FUNDAMENTALS OF GOOD SPORTSMANSHIP

1. Know, appreciate, and understand the rules of the contest.
2. Show respect for the officials. Good sportsmanship implies the willingness to accept and abide by the decisions of the officials.
3. Show respect for the opponent at all times. Good Sportsmanship is the Golden Rule in action.
4. Recognize and appreciate the skill of performance regardless of team affiliation.
5. Maintain self control at all times. Good sportsmanship is a responsibility of all who are involved in the game.
6. Show a positive attitude in cheering, refraining from intimidation or negative cheering. Good sportsmanship is cheering your own team "on to victory."

ACTS OF MISCONDUCT

1. Throwing of any object onto the playing floor or in the stands.
2. Behavior deemed dangerous or which interferes with the rights of others to watch the game.
3. Possessing, consuming, or being under the influence of chemicals.
4. Use of obscene, profane, or abusive language or gestures, signs, posters, or banners which show disrespect for opponent's team, officials, cheerleaders, band or other performing groups.
5. The use of noisemakers.
6. Entry onto the playing surface at any time.

THESE ACTS OF MISCONDUCT WILL NOT BE TOLERATED AND WILL RESULT IN AUTOMATIC REMOVAL WITHOUT REFUND OF ADMISSION.

Sponsored By:

North Dakota High School Activities Association



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Valley City



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Valley City



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Dept. of Public Instr.
Bismarck



Clarke Ranum
Des Lacs-Burlington

DICKINSON WELCOMES THE 2009 STATE GYMNASTICS MEET

Dickinson High School, the Dickinson Gymnastics Club, and the Dickinson Convention and Visitors Bureau welcome everyone to the 2009 North Dakota State Gymnastics Meet. This will be the 40th State Gymnastics Meet and we look forward to providing an exciting and memorable experience for all athletes, coaches, and fans.

I would like to take the time to thank the Dickinson Gymnastics Club for all their hard work in preparation for this meet. They are also providing tremendous volunteer help in running this year's state meet. My **SINCERE THANKS** to the Dickinson Gymnastics Club for all their efforts and hard work.

I would also like to thank the Dickinson Convention and Visitors Bureau (Dickinson CVB). The Dickinson CVB and Coca Cola of Dickinson are providing all the food and refreshments for the hospitality room.

Once again, welcome to all coaches, participants, and fans to Dickinson and the 2009 State Meet. Please feel free to contact me at any time for assistance. We most certainly hope that this year's meet will be one that is memorable for everyone.

Calvin Dean, Tournament Manager

MEET OFFICIALS

Manager Calvin Dean
Tournament Committee . . . Dickinson Gymnastics Club
Hospitality Jan Fields
Sports Medicine Deanna Lefor
T-Shirt Sales Dickinson Gymnastics Club
Announcer Darcy Fossum
Scorers Dickinson Gymnastics Club
Presentation of Colors ND National Guard
Music and Anthem Morgan Grosulak
Meet Officials see below
Meet Referee Tara Hofmann, Bismarck

Vault

Superior Judge Karen Dahlseng, Fargo
Acting Judge Lora Fisher, Jamestown
Acting Judge Jessica Siders, Grand Forks

Bars

Superior Judge Jackie Winczewski, Minot
Acting Judge Ann Albrecht, Jamestown
Acting Judge Ruth Walsh, Fargo

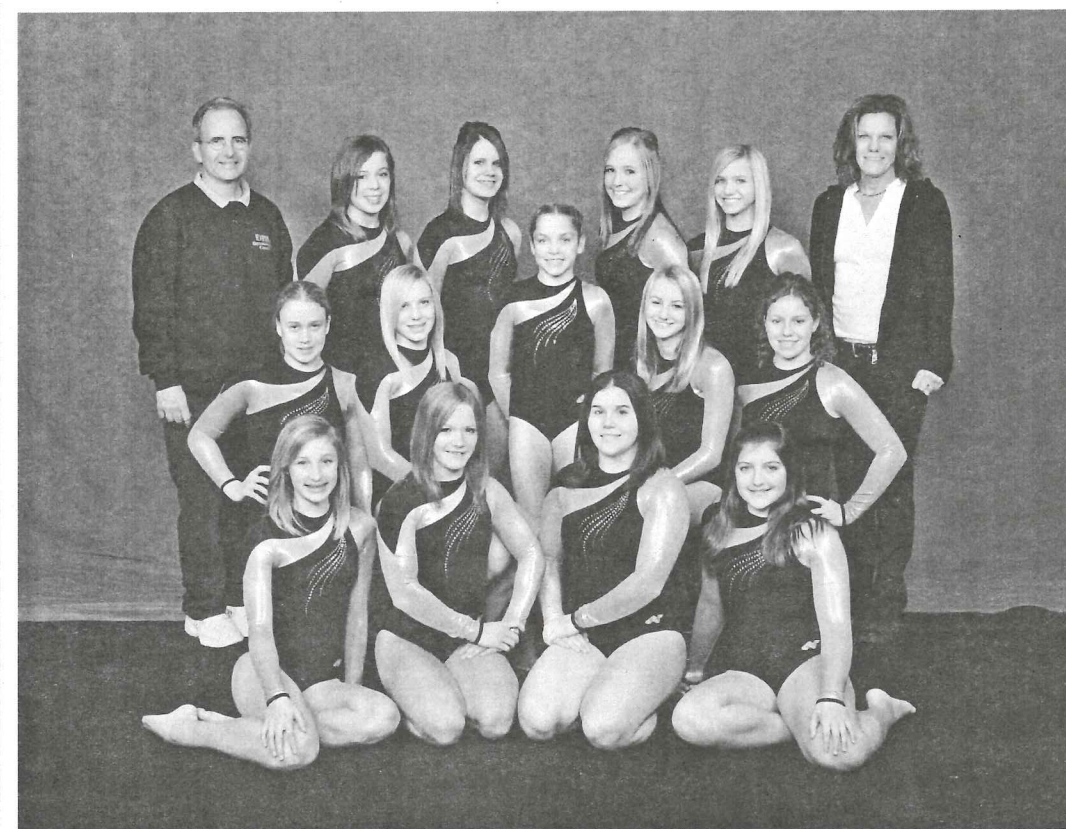
Beam

Superior Judge Cassity Lloyd, Bismarck
Acting Judge Carmen Bender, Jamestown
Acting Judge Lauri Julian, Jamestown

Floor

Superior Judge Laurie Strommen, Dickinson
Acting Judge Brooke Erstad, Fargo
Acting Judge Kim Ressler, Minot

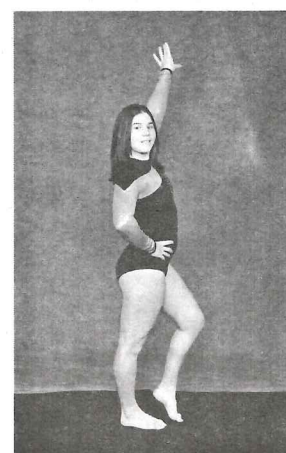
2008 state team CHAMPIONS



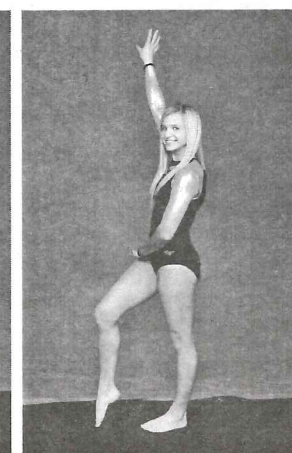
DICKINSON MIDGETS

Back Row (L to R): Head Coach Kent Van Ells, Shalesa Wariner, Marie Franzen, Brooke Sickler, Brogan Burwick, Assistant Coach Robin Filkowski
Middle Row (L to R): Malinda Kubas, Kelsey Dukart, McKenzie Kostelecky, Chantal Urlacher, Melissa Bachamp
Front Row (L to R): Abby Kramer, Lexi Stickel, Jennifer Bachamp, Sierra Roshau

2008 individual CHAMPIONS



Beam: Jennifer Bachamp, Dickinson



Bars: Brogan Burwick, Dickinson



Vault: Brooklyn Bender, Minot



Floor Exercise: Brittany Johnson, Grand Forks



All Around: Mackenzie Keidel, Bismarck

2009 STATE GYMNASTICS SCHEDULE

FRIDAY, FEBRUARY 27 (TEAM DAY)

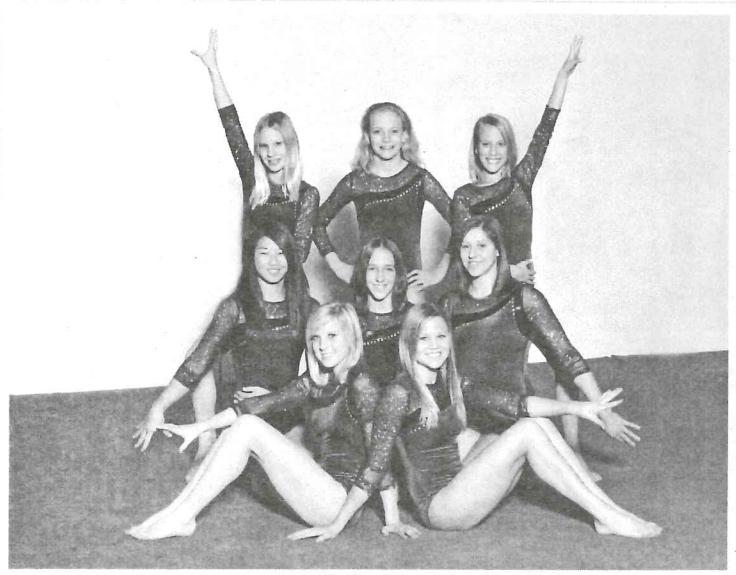
2:30 p.m. Gym Opens
2:45 p.m. Coaches' meeting
3:00 p.m. Officials' Meeting and
Video Review for Base Score
3:20 p.m.- 3:32 p.m. Timed Warm-ups
2 minutes per athlete x 6 competitors, for teams
competing in first rotation only
3:45 p.m. Opening Ceremony
4:00 p.m. Begin Competition

SATURDAY (INDIVIDUAL DAY)

11:15 a.m. Gym Opens
11:30 a.m. Coaches' Meeting
12:00 noon Timed Warm-ups Begin
1:30 p.m. Video review for base score
1:45 p.m. Opening Ceremonies
2:00 p.m. Begin Competition

2009 state team PARTICIPANTS

BISMARCK



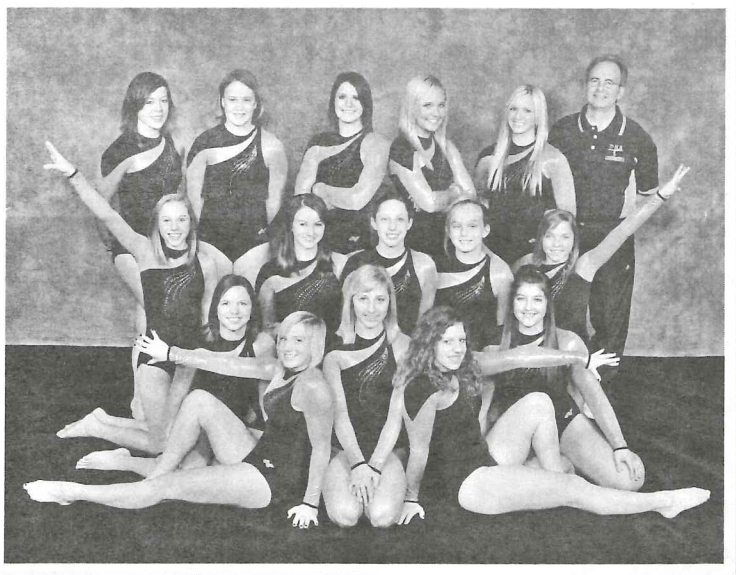
Brooke Hilzendeger, Toria Johnson, Kathryn Pomeroy, MacKenzie Keidel, Ashley Meyer, Kaylee Keller, Megan Meyer, Kristina Nelson

BISMARCK CENTURY



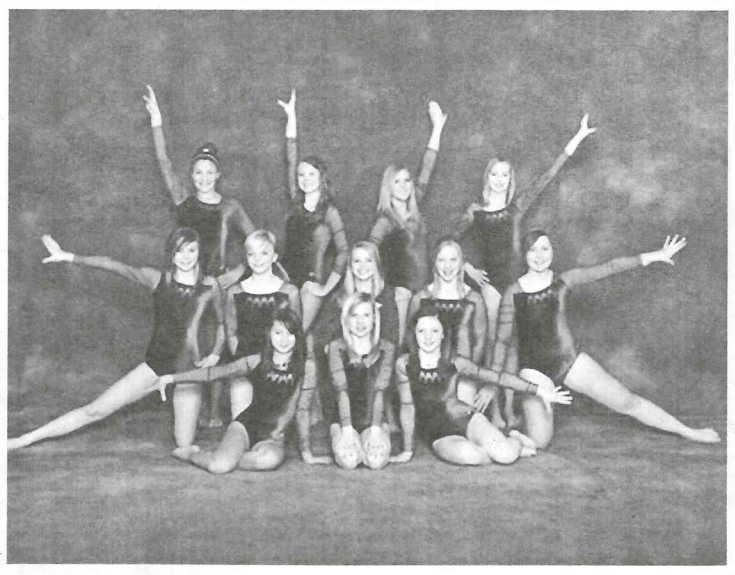
Jessica Nelson, TreAna Horner, Kristin Jacobchick, Jennifer Albers, Jessica Gabriel, Lauren Gietzen, Sierra Link

DICKINSON



Shalesa Wariner, Marie Franzen, Brooke Sickler, Brogan Burwick, Malinda Kubas, Kelsey Dukart, McKenzie Kosteletzky, Chantal Urlacher, Melissa Bachamp, Abby Kramer, Sierra Roshau, Mikaela Kessel, Keeley Hutchens, Jenna Mueller, Molly Reisenauer

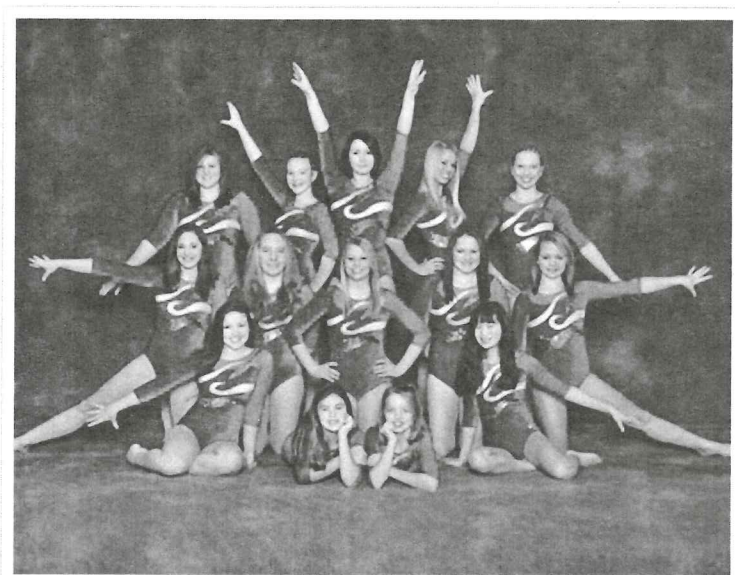
FARGO NORTH



Ashlee Wiebe, Megan Thrash, Destinee Thorstensen, Kennedy Kiser, Claire Ivers, Victoria Saleh, Faith Marty, Haylee Volk, Madison Uglem, Kirsten Emil, Morgan Shelton, Lexie Lynn

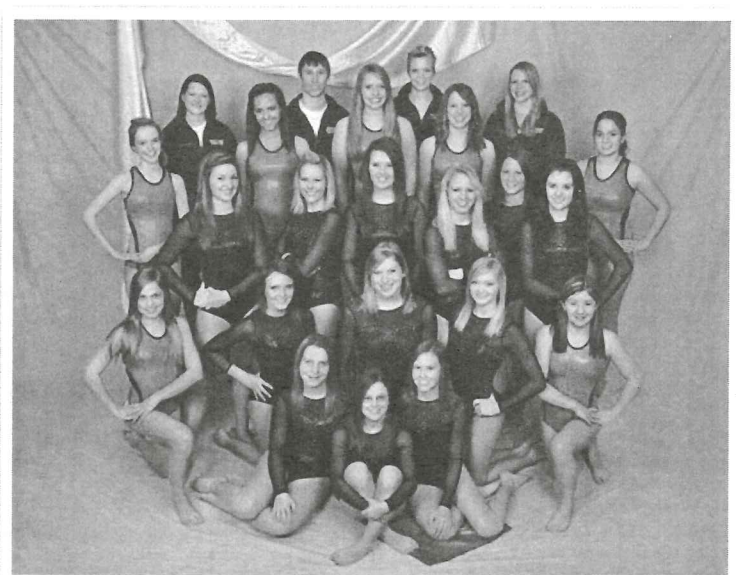
2009 state team PARTICIPANTS

FARGO SOUTH



Brittany Cwikla, Megan Edwardson, Kia Callahan, Candace Kornelson, Kim Hansen, Anna Isakson, Britney Gerhold, Annie Prafcke, Maggie Schuster, Kaitlyn Bock

GRAND FORKS



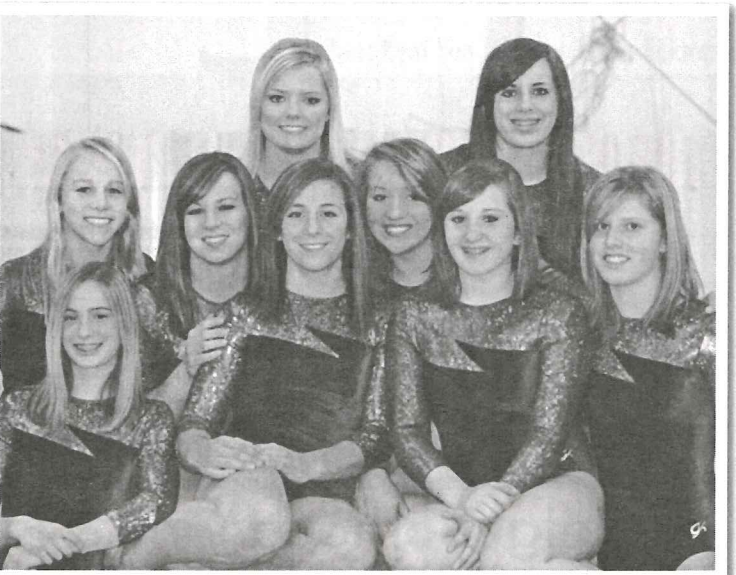
Morgan Bitz, Annie Davis, Brittany Johnson, Stephanie Swanson, Ashley Weiland, Alexa Bateman, Olivia Simonson, Linsey Stancyk, Erika Pritchett, Alex Braaten, Kylie Brune, Cassandra Burkholder, Jadyn Cox, Kathleen Dennison, Natosha Fagerholt, Mikayla Kysilka, Amie Northagen, Jennifer Pauli, Carolyn Shabb, Mia Treuer

JAMESTOWN



Caroline Hemmer, Jennifer Kropp, Heidi Engels, Brittany Mittleider, Kaitlin Walsh, Brooke Lukach, Carly Nelson, Alex Lind, Abby Wanzek, Abbie Conlon, Brittney Hamilton, Nikki Iverson, Ashley Kronebusch, Jessica Lawrence, Tori Todd, Mercedes Westereng

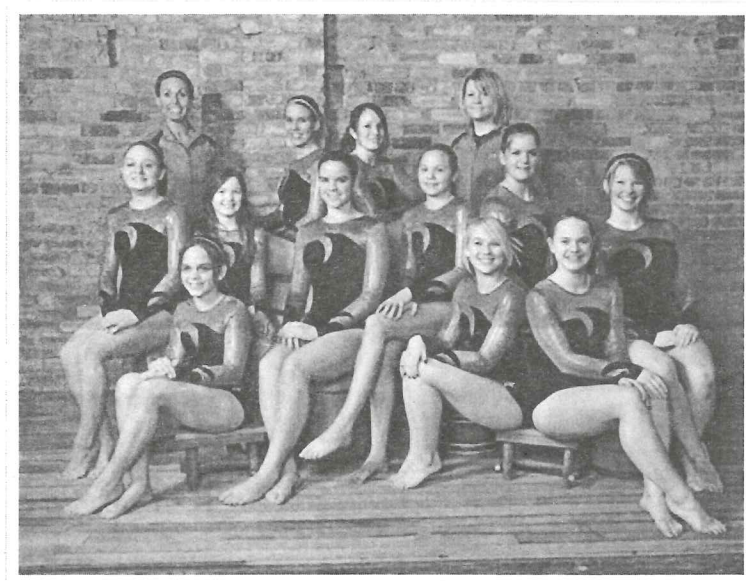
MINOT



Misha Taylor, Payton Ringoen, Brooklyn Bender, Samantha Huether, Megan Sherven, Erin Kongelf, Maci Bischof, Paige Collins, Joley Beeler

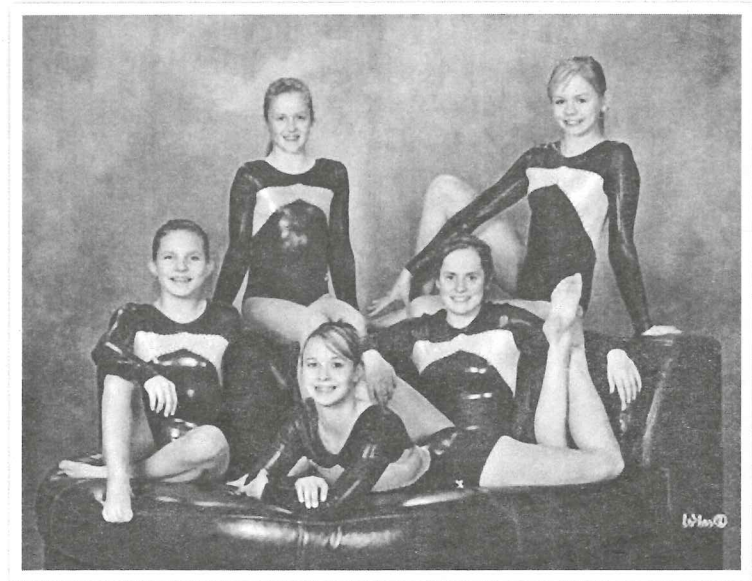
2009 state team PARTICIPANTS

VALLEY CITY

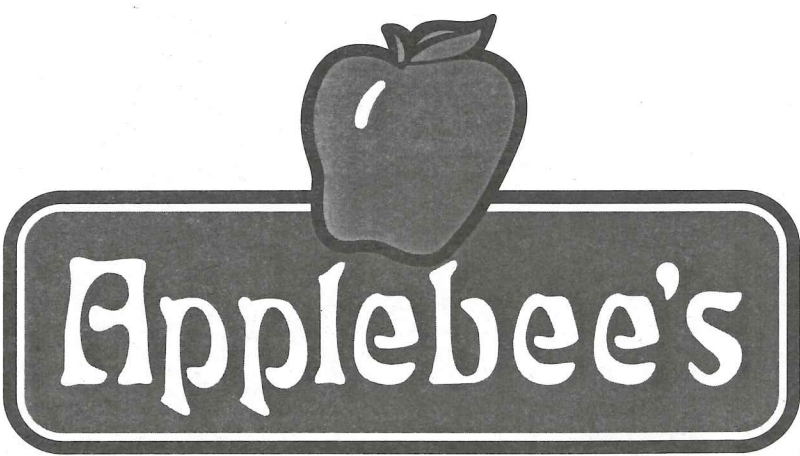


Alyssa Freymark, London Lloyd, Jasmine Stevens, Alyssa Tait, Christina Bruenjes, Abby Brown, Amanda Stevens, Casey Hatcher, TeryAnna Laney/Uecker, Miranda Stephens, Dani Werkhoven, Molly Willson

WAHPETON



Mikki Braun, Mimi Brown, Alli Pauly, Shannon Thompson, Korin Wettig



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3-6 pm & 9-Closing

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BISMARCK CENTURY

Coaches: Curt Sherbrooke and Linda Grina

| # | NAME OF CONTESTANT | GRADE | V | UPB | BB | FX | AA | ALT |
|-----|--------------------|-------|---|-----|----|----|----|-----|
| 952 | Jessica Nelson | 11 | | | | | | |
| 956 | TreAna Horner | 8 | | | | | | |
| 957 | Kristin Jacobchick | 9 | | | | | | |
| 959 | Jennifer Albers | 9 | | | | | | |
| 960 | Jessica Gabriel | 7 | | | | | | |
| 961 | Lauren Gietzen | 7 | | | | | | |
| 963 | Sierra Link | 7 | | | | | | |

Add top 4 scores from each event: + + + + +

BISMARCK HIGH

Coaches: Curt Sherbrooke and Linda Grina

| # | NAME OF CONTESTANT | GRADE | V | UPB | BB | FX | AA | ALT |
|-----|--------------------|-------|---|-----|----|----|----|-----|
| 201 | Brooke Hilzendeger | 10 | | | | | | |
| 202 | Toria Johnson | 7 | | | | | | |
| 203 | Kathryn Pomeroy | 9 | | | | | | |
| 204 | MacKenzie Keidel | 9 | | | | | | |
| 208 | Ashley Meyer | 8 | | | | | | |
| 211 | Kaylee Keller | 7 | | | | | | |
| 214 | Megan Meyer | 12 | | | | | | |

Add top 4 scores from each event: + + + + +

DICKINSON

Coaches: Kent Van Ells and Robin Filkowski

| # | NAME OF CONTESTANT | GRADE | V | UPB | BB | FX | AA | ALT |
|-----|---------------------|-------|---|-----|----|----|----|-----|
| 401 | Kelsey Dukart | 10 | | | | | | |
| 402 | Brooke Sickler | 11 | | | | | | |
| 403 | Brogan Burwick | 10 | | | | | | |
| 404 | Mckenzie Kostelecky | 8 | | | | | | |
| 405 | Mikaela Kessel | 7 | | | | | | |
| 406 | Chantal Urlacher | 8 | | | | | | |
| 408 | Melissa Bachamp | 11 | | | | | | |
| 411 | Marie Franzen | 12 | | | | | | |
| 414 | Shalesa Wariner | 10 | | | | | | |
| 415 | Abby Kramer | 9 | | | | | | |

Add top 4 scores from each event: + + + + +

FARGO NORTH

Coach: Mike Merritt

| # | NAME OF CONTESTANT | GRADE | V | UPB | BB | FX | AA | ALT |
|-----|----------------------|-------|---|-----|----|----|----|-----|
| 903 | Ashlee Wiebe | 8 | | | | | | |
| 905 | Megan Thrash | 8 | | | | | | |
| 907 | Destinee Thorstensen | 8 | | | | | | |
| 908 | Kennedy Kiser | 8 | | | | | | |
| 909 | Claire Ivers | 8 | | | | | | |
| 912 | Victoria Saleh | 12 | | | | | | |
| 914 | Faith Marty | 8 | | | | | | |
| 915 | Haylee Volk | 8 | | | | | | |
| 917 | Madison Uglem | 7 | | | | | | |
| 918 | Kyrstin Emil | 12 | | | | | | |
| 922 | Morgan Shelton | 8 | | | | | | |

Add top 4 scores from each event: + + + + +

FARGO SOUTH

Coach: Mike Merritt

| # | NAME OF CONTESTANT | GRADE | V | UPB | BB | FX | AA | ALT |
|----|--------------------|-------|---|-----|----|----|----|-----|
| 76 | Brittany Cwikla | 11 | | | | | | |
| 78 | Megan Edwardson | 10 | | | | | | |
| 80 | Kia Callahan | 10 | | | | | | |
| 81 | Candace Kornelson | 8 | | | | | | |
| 82 | Kim Hansen | 7 | | | | | | |
| 84 | Anna Isakson | 7 | | | | | | |
| 85 | Britney Gerhold | 8 | | | | | | |
| 86 | Annie Prafcke | 7 | | | | | | |
| 88 | Maggie Schuster | 8 | | | | | | |
| 90 | Kaitlyn Bock | 11 | | | | | | |

Add top 4 scores from each event: + + + + +

GRAND FORKS

Coach: Kari Riendeau

| # | NAME OF CONTESTANT | GRADE | V | UPB | BB | FX | AA | ALT |
|-----|--------------------|-------|---|-----|----|----|----|-----|
| 504 | Morgan Bitz | 12 | | | | | | |
| 505 | Annie Davis | 9 | | | | | | |
| 507 | Brittany Johnson | 12 | | | | | | |
| 508 | Stephanie Swanson | 11 | | | | | | |
| 510 | Ashley Weiland | 9 | | | | | | |
| 515 | Alexa Bateman | 11 | | | | | | |
| 516 | Olivia Simonson | 10 | | | | | | |
| 517 | Linsey Stancyk | 11 | | | | | | |
| 521 | Erika Pritchett | 8 | | | | | | |
| 522 | Alex Braaten | 12 | | | | | | |

Add top 4 scores from each event: + + + + +

JAMESTOWN

Coach: Dave Tews

| # | NAME OF CONTESTANT | GRADE | V | UPB | BB | FX | AA | ALT |
|-----|---------------------|-------|---|-----|----|----|----|-----|
| 162 | Caroline Hemmer | 12 | | | | | | |
| 188 | Jennifer Kropp | 12 | | | | | | |
| 166 | Heidi Engels | 11 | | | | | | |
| 172 | Brittany Mittlieder | 11 | | | | | | |
| 182 | Kaitlin Walsh | 11 | | | | | | |
| 181 | Brooke Lukach | 10 | | | | | | |
| 187 | Carly Nelson | 9 | | | | | | |
| 194 | Alex Lind | 8 | | | | | | |
| 192 | Abby Wanzek | 8 | | | | | | |
| 150 | Abbie Conlon | 7 | | | | | | |

Add top 4 scores from each event: + + + + +

MINOT

Coach: Pam Tweeten

| # | NAME OF CONTESTANT | GRADE | V | UPB | BB | FX | AA | ALT |
|----|--------------------|-------|---|-----|----|----|----|-----|
| 2 | Misha Taylor | 9 | | | | | | |
| 3 | Payton Ringoen | 9 | | | | | | |
| 4 | Brooklyn Bender | 10 | | | | | | |
| 5 | Samantha Huether | 8 | | | | | | |
| 6 | Megan Sherven | 8 | | | | | | |
| 8 | Erin Kongelf | 11 | | | | | | |
| 9 | Maci Bischof | 11 | | | | | | |
| 11 | Paige Collins | 9 | | | | | | |
| 12 | Joley Beeler | 12 | | | | | | |

Add top 4 scores from each event: + + + + +

VALLEY CITY

Coaches: Nicole Sufficool and Shaina Winning

| # | NAME OF CONTESTANT | GRADE | V | UPB | BB | FX | AA | ALT |
|-----|--------------------|-------|---|-----|----|----|----|-----|
| 854 | Alyssa Freymark | 9 | X | X | X | X | X | |
| 856 | London Lloyd | 9 | X | X | X | X | X | |
| 858 | Jasmine Stevens | 8 | X | X | X | X | X | |
| 863 | Alyssa Tait | 12 | X | | X | X | | |
| 864 | Christina Bruenjes | 8 | X | X | X | X | X | |
| 868 | Abby Brown | 7 | | | | | | X |
| 870 | Amanda Stevens | 10 | X | X | X | X | X | |

Add top 4 scores from each event: + + + + +

WAHPETON

Coach: Patty Moses

| # | NAME OF CONTESTANT | GRADE | V | UPB | BB | FX | AA | ALT |
|-----|--------------------|-------|---|-----|----|----|----|-----|
| 252 | Mikki Braun | 7 | X | X | X | X | X | |
| 272 | Mimi Brown | 8 | X | X | X | X | X | |
| 294 | Alli Pauly | 8 | X | X | X | X | X | |
| 268 | Shannon Thompson | 8 | X | X | X | X | X | |
| 283 | Korin Wettig | 9 | X | X | X | X | X | |

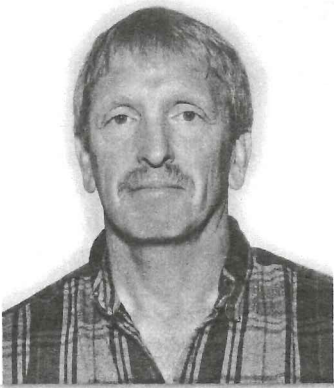
Add top 4 scores from each event: + + + + +

State Meet GROUPINGS & ROTATION

10 Team Capital Cup rotations for North Dakota State Meet

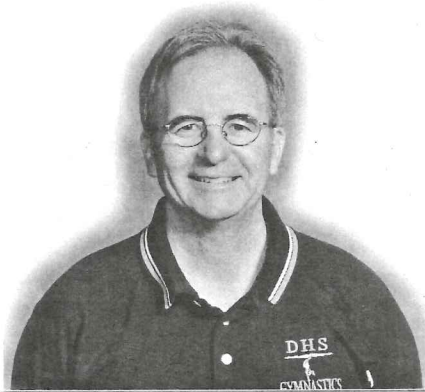
| Minot | Dickinson | Grand Forks | Jamestown | Century | Bismarck | Fargo North | Valley City | Wahpeton | Fargo South |
|------------|------------|-------------|------------|------------|------------|-------------|-------------|------------|-------------|
| | | | Warm-up BB | Warm-up V | | Warm-up UB | | | Warm-up FX |
| Warm-up V | Warm-up UB | Warm-up BB | BB | V | | UB | | Warm-up FX | FX |
| V | UB | BB | Warm-up UB | Warm-up BB | Warm-up V | | Warm-up FX | FX | |
| | Warm-up BB | Warm-up V | UB | BB | V | Warm-up FX | FX | | Warm-up UB |
| Warm-up UB | BB | V | | | Warm-up FX | FX | Warm-up BB | Warm-up V | UB |
| UB | Warm-up V | Warm-up UB | | Warm-up FX | FX | | BB | V | Warm-up BB |
| | V | UB | Warm-up FX | FX | Warm-up BB | Warm-up V | Warm-up UB | | BB |
| Warm-up BB | | Warm-up FX | FX | | BB | V | UB | Warm-up UB | Warm-up V |
| BB | Warm-up FX | FX | | Warm-up UB | | Warm-up BB | Warm-up V | UB | V |
| Warm-up FX | FX | | Warm-up V | UB | Warm-up UB | BB | V | Warm-up BB | |
| FX | | | V | | UB | | | BB | |

Meet the COACHES



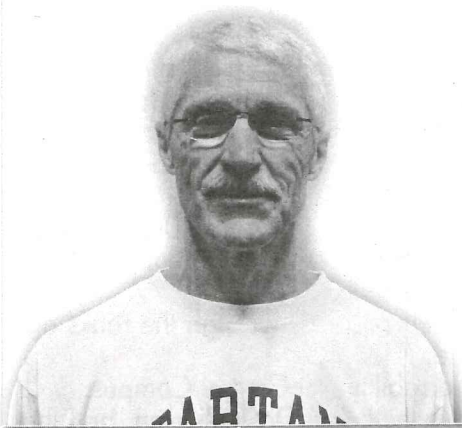
CURT SHERBROOKE
BISMARCK & BISMARCK CENTURY HEAD COACH

Curt Sherbrooke graduated from Audubon High School, Audubon, MN in 1973. He attended Moorhead State University, Moorhead, MN and graduated in 1977. Curt taught in Albert Lea, MN in 1978. He taught and coached in Hawley, MN from 1978 to 1981. Curt was assistant coach at Minkota Gymnastics Academy and Fargo South High School from 1981-1982. Curt has been the head coach at Bismarck High School, Bismarck Century High School and Bismarck Gymnastics Academy from 1982 to the present.



KENT VAN ELLS
DICKINSON HEAD COACH

Kent Van Ells has been a public school teacher and head gymnastics coach at Dickinson High School since 1983. He is married to Valerie and has two children, Mara 19 and Luke 17.



MIKE MERRITT
FARGO NORTH & FARGO SOUTH HEAD COACH

Began coaching gymnastics since 1972 at Fargo South. Head Coach at North High since 1985 and South High since 1998. High school program director at American Gold Gymnastics since 2000. Elementary Physical Education instructor in Fargo Public Schools. My wife, Cherie and I have 6 children, 9 grandchildren and 1 great grand child.

Meet the COACHES



KARI RIENDEAU GRAND FORKS KNIGHTRIDERS HEAD COACH

Kari Riendeau is in her 4th year as Head Coach for the Grand Forks KnightRiders gymnastics team. Kari is a 2001 graduate from Red River High School, where she competed for the Roughrider gymnastics team (1996-2000) and also the newly formed KnightRiders (2000-2001). Following high school she attended the University of North Dakota. Kari is now employed as a manager at Whitey's Café in East Grand Forks, MN, and has a 6 month old puppy named Daly.



DAVE TEWS JAMESTOWN HEAD COACH

Dave has been coaching the Blue Jays for 31 years. He graduated from Jamestown College in 1977. Dave taught middle school physical education for six years and has taught social studies at the middle school for the last 24 years. He and his wife Jeanne have three grown children, Matt, Abby & Nick. He serves as the diving coach for the girl's swimming and diving team as well as coaching girl's track and field.



PAM TWEETEN MINOT HEAD COACH

Pam Tweten started coaching after competing for Gary Leslie at Minot State for four years, coaching in the late 70's and 80's, and officiating high school gymnastics. (32 years) Pam was an assistant coach at Minot High School for three years and took over as the head coach in 1981. She continued working with the up and coming gymnasts while coaching for Minot High School. During the years that followed, Minot won their first state title in 1984 and the first WDA title in 1985. Minot has been very strong for all the years since. Pam received Coach of the Year recognition in 1987, 1989 and 2008. Being a finalist for the National Coach of the year has been an honor, without great athletes to work with and wonderful colleagues this would not be possible.

The most fun thing coaching is seeing ALL the athletes progress through the ranks and being able to cheer for everyone throughout the state.

Pam continues to teach sophomores with learning disabilities at Central Campus.

Pam also found the time to marry her high school sweetheart, David Tweten, and they have a daughter Valerie.

Meet the COACHES



NICOLE SUFFICOOL VALLEY CITY HEAD COACH

Nicole graduated from Valley City High School in 1993 where she participated in gymnastics, basketball, track and tennis. She attended Valley City State University and played basketball for the Vikings and graduated in 1998. Nicole taught physical education and health and was the head gymnastics coach in Glencoe, MN for 7 years. Her and her husband, Brad and there three children, Tate, Breck and Kinlee moved back to Valley City in 2007 to be closer to family. She is the Asset mentoring/Service Learning coordinator for Valley City Public Schools and is in her second year as head gymnastics coach for the Hi-Liners.



PATTY MOSES WAHPETON GYMNASTICS HEAD COACH

Patty participated in gymnastics since she was the age of 3. She graduated from Kindred High School, Kindred, ND in 1998 and Metropolitan State University, St. Paul, MN with a degree in Business Administration in 2004. Patty and her husband Jason moved to Wahpeton in the summer of 2004. She took a job with Three Rivers Gymnastics as the gym manager, recreational coach, and head coach of the Pre-High School Gymnastics Team. Patty is currently the Head Coach of the Wahpeton High School Team and TRG's USAG teams, the Gym Manager and is expecting her first child at the end of March.



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letterhead
logo design
newsletters
reunion books
self inking stamps
specialty advertising
vinyl signs
wedding invitations

Individual Competitors

ROTATION 1

| Individual Competitors | | | VAULT | BARS | BEAM | FLOOR |
|------------------------|--------------------|----------------|-----------------------|----------------|-------------------------|---------------------|
| 187 | Carly Nelson | Jamestown | 952 Jessica Nelson | Century High | 504 Morgan Bitz | 515 Alexa Bateman |
| 401 | Kelsey Dukart | Dickinson High | 188 Jennifer Kropp | Jamestown | 957 Kristin Jacobchick | 402 Brooke Sickler |
| 204 | Mackenzie Keidel | Bismarck High | 961 Lauren Gietzen | Century High | 960 Jessica Gabriel | 414 Shalesa Wariner |
| 211 | Kaylee Keller | Bismarck High | 404 McKenzie Kostecky | Dickinson High | 3 Payton Ringo | 182 Kaitlin Walsh |
| 90 | Kaitlyn Bock | Fargo South | 166 Heidi Engels | Jamestown | 12 Joley Beeler | 405 Mikaela Kessel |
| 201 | Brooke Hilzendeger | Bismarck High | 922 Morgan Shelton | Fargo North | 522 Alex Braaten | 854 Alyssa Freymark |
| 5 | Sam Huether | Minot High | 194 Alex Lind | Jamestown | 172 Brittany Mittleider | 181 Brooke Lukach |
| 202 | Toria Johnson | Bismarck High | 507 Brittany Johnson | Grand Forks | 963 Sierra Link | 914 Faith Marty |
| 403 | Brogan Burwick | Dickinson High | 4 Brooklyn Bender | Minot High | 214 Megan Meyer | 516 Olivia Simonson |
| 2 | Misha Taylor | Minot High | 959 Jennifer Albers | Century High | 408 Melissa Bachamp | Grand Forks |
| 411 | Marie Franzen | Dickinson High | | | | |

Individual Competitors

ROTATION 2

| Individual Competitors | | | VAULT | BARS | BEAM | FLOOR |
|------------------------|-----------------|----------------|------------------------|----------------|-----------------------|-------------------------|
| 182 | Kaitlin Walsh | Jamestown | 201 Brooke Hilzendeger | Bismarck High | 521 Erika Pritchett | 12 Joley Beeler |
| 414 | Shalesa Wariner | Dickinson High | 5 Sam Huether | Minot High | 961 Lauren Gietzen | 3 Payton Ringo |
| 914 | Faith Marty | Fargo north | 204 Mackenzie Keidel | Bismarck High | 507 Brittany Johnson | 214 Megan Meyer |
| 181 | Brooke Lukach | Jamestown | 411 Marie Franzen | Dickinson High | 4 Brooklyn Bender | 504 Morgan Bitz |
| 402 | Brooke Sickler | Dickinson High | 2 Misha Taylor | Minot High | 922 Morgan Shelton | 957 Kristin Jacobchick |
| 192 | Abby Wanzek | Jamestown | 403 Brogan Burwick | Dickinson High | 952 Jessica Nelson | 408 Melissa Bachamp |
| 516 | Olivia Simonson | Grand Forks | 211 Kaylee Keller | Bismarck High | 166 Heidi Engels | 406 Chantal Urlacher |
| 405 | Mikaela Kessel | Dickinson High | 90 Kaitlyn Bock | Fargo South | 959 Jennifer Albers | 960 Jessica Gabriel |
| 515 | Alexa Bateman | Grand Forks | 401 Kelsey Dukart | Dickinson High | 508 Stephanie Swanson | 522 Alex Braaten |
| 505 | Annie Davis | Grand Forks | 202 Toria Johnson | Bismarck High | 188 Jennifer Kropp | 11 Paige Collins |
| | | | | | 194 Alex Lind | 172 Brittany Mittleider |

Individual Competitors

ROTATION 3

| Individual Competitors | | | VAULT | BARS | BEAM | FLOOR |
|------------------------|---------------------|----------------|---------------------|----------------|----------------------|-----------------------|
| 406 | Chantal Urlacher | Dickinson High | 516 Olivia Simonson | Grand Forks | 2 Misha Taylor | 959 Jennifer Albers |
| 408 | Melissa Bachamp | Dickinson High | 181 Brooke Lukach | Jamestown | 870 Amanda Stevens | 507 Brittany Johnson |
| 963 | Sierra Link | Century High | 914 Faith Marty | Fargo North | 401 Kelsey Dukart | 521 Erika Pritchett |
| 172 | Brittany Mittleider | Jamestown | 405 Mikaela Kessel | Dickinson High | 8 Erin Kongelf | 508 Stephanie Swanson |
| 11 | Paige Collins | Minot High | 6 Megan Sherven | Minot High | 403 Brogan Burwick | 194 Alex Lind |
| 522 | Alex Braaten | Grand Forks | 182 Kaitlin Walsh | Jamestown | 90 Kaitlyn Bock | 4 Brooklyn Bender |
| 3 | Payton Ringo | Minot High | 515 Alexa Bateman | Grand Forks | 411 Marie Franzen | 961 Lauren Gietzen |
| 214 | Megan Meyer | Bismarck High | 402 Brooke Sickler | Dickinson High | 162 Caroline Hemmer | 166 Heidi Engels |
| 957 | Kristin Jacobchick | Century High | 203 Kathryn Pomeroy | Bismarck High | 5 Sam Huether | 956 Treana Horner |
| 12 | Joley Beeler | Minot High | 414 Shalesa Wariner | Dickinson High | 211 Kaylee Keller | 952 Jessica Nelson |
| 960 | Jessica Gabriel | Century High | | | 204 Mackenzie Keidel | Century High |

Individual Competitors

ROTATION 4

| Individual Competitors | | | VAULT | BARS | BEAM | FLOOR |
|------------------------|-------------------|----------------|-------------------------|----------------|---------------------|----------------------|
| 4 | Brooklyn Bender | Minot High | 214 Megan Meyer | Bismarck High | 182 Kaitlin Walsh | 90 Kaitlyn Bock |
| 166 | Heidi Engels | Jamestown | 522 Alex Braaten | Grand Forks | 505 Annie Davis | 411 Marie Franzen |
| 507 | Brittany Johnson | Grand Forks | 3 Payton Ringo | Minot High | 516 Olivia Simonson | 8 Erin Kongelf |
| 194 | Alex Lind | Jamestown | 406 Chantal Urlacher | Dickinson High | 405 Mikaela Kessel | 5 Sam Huether |
| 959 | Jennifer Albers | Century High | 408 Melissa Bachamp | Dickinson High | 181 Brooke Lukach | 211 Kaylee Keller |
| 404 | Mckenzie Kostecky | Dickinson High | 208 Ashley Meyer | Bismarck High | 914 Faith Marty | 162 Caroline Hemmer |
| 952 | Jessica Nelson | Century High | 172 Brittany Mittleider | Jamestown | 515 Alexa Bateman | 2 Misha Taylor |
| 961 | Lauren Gietzen | Century High | 11 Paige Collins | Minot High | 854 Alyssa Freymark | 187 Carly Nelson |
| 283 | Karin Wettig | Wahpeton | 957 Kristin Jacobchick | Century High | 414 Shalesa Wariner | 204 Mackenzie Keidel |
| | | | 960 Jessica Gabriel | Century High | 402 Brooke Sickler | 403 Brogan Burwick |
| | | | 12 Joley Beeler | Minot High | | 401 Kelsey Dukart |



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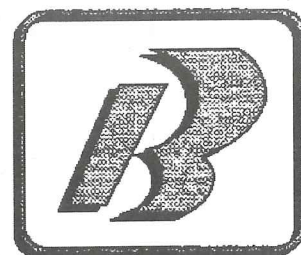
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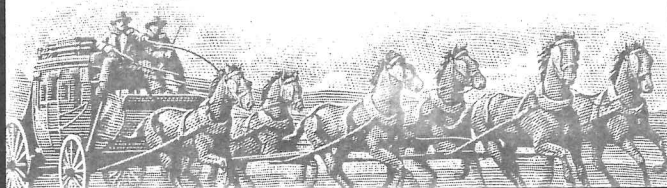
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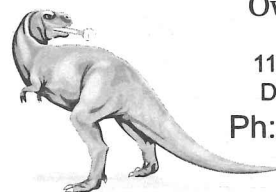
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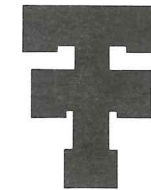
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HALLMARKS OF DISTINCTION

1 rank of DSU among all North Dakota University System (NDUS) institutions in the percentage of its 2008 graduates attending graduate school (18%)

1 rank of DSU among all NDUS institutions in the percentage of international students enrolled (16%)

1 rank of DSU among all NDUS institutions in the percentage of online classes filled to capacity (88%)

99.2 percent of 2008 DSU graduates employed or pursuing additional education

13 number of consecutive years DSU has achieved record enrollment

16 millions of dollars the DSU Office of Alumni & Foundation has raised in the past two years

99.2 millions of dollars in economic impact DSU has within the regional economy

765 students currently enrolled in DSU's Office of Extended Learning programs (up from 16 since its inception in 1999)

70 percentage occupancy of Hawks Point, the senior living facility located on the DSU campus


47.5 millions of dollars DSU has invested in new or expanded campus facilities over the past ten years

750,000 thousands of dollars in scholarships awarded this year by the DSU Foundation

6 millions of additional dollars per year in local business and city revenues that the new Badlands Activities Center will generate (estimated)

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Girls State Gymnastics Championships **HISTORY**

The first State Girls Gymnastics Championships sponsored by the North Dakota High School Activities Association took place in 1969. Jamestown High School came away with the first title.

Competition has changed since the first championships. At the first event, competition took place in tumbling, trampoline, balance beam, uneven bars, side horse, floor exercise and all around. Each event was divided into three levels - novice, intermediate and junior.

The following year, and every year since, the championships have included only five events. The tumbling and trampoline events were eliminated and the side horse became the vault.

The 1974 state meet saw the last novice, intermediate, and junior divisions.

The dedication of the coaches, athletes and officials in the sport has played an important role in the growth of gymnastics in the state. And along with the growth has come a much more intense level of competition.

Class A & Single Class System RECORDS

MOST INDIVIDUAL TITLES, CAREER

| NO. OF TITLES | NAME | SCHOOL |
|---------------|-------------------|--------------------------|
| 16 Titles | Kim Sveum | Minot |
| 13 Titles | Robin Huebner | Dickinson |
| 11 Titles | Cassie Osborn | Fargo South |
| 10 Titles | Tiffany Tello | Bismarck |
| 10 Titles | Stacey Simle | Fargo South |
| 9 Titles | Heidi Goehring | Century |
| 9 Titles | Cindy Rodlund | Fargo South |
| 7 Titles | Jodi Schwehr | Century |
| 6 Titles | Jade Beattie | Bismarck |
| 6 Titles | Tami Russell | Century |
| 6 Titles | Tracy Gunkelman | Fargo South |
| 6 Titles | Barbara Mitchell | Jamestown |
| 6 Titles | Julie Visina | Minot Ryan |
| 5 Titles | Kari Nolz | Bismarck |
| 5 Titles | Susie Schraufek | Fargo South |
| 4 Titles | Kathy Sullivan | Jamestown |
| 4 Titles | Teri Ann Krefting | Minot |
| 3 Titles | Rachel Johnson | Bismarck |
| 3 Titles | Gina Lang | Bismarck |
| 3 Titles | Stacie Lowman | Devils Lake, Fargo North |

| | | |
|----------|------------------|-------------|
| 3 Titles | Robin Wheeler | Dickinson |
| 3 Titles | Chelsea Preston | Fargo South |
| 3 Titles | Andrea Albertson | Minot |
| 2 Titles | Krista Riley | Bismarck |
| 2 Titles | Nicole Ziegler | Century |
| 2 Titles | Linda Basaraba | Dickinson |
| 2 Titles | Nancy Davis | Dickinson |
| 2 Titles | Greta Sjursen | Dickinson |
| 2 Titles | Jenny Nelson | Fargo North |
| 2 Titles | Melissa Henning | Fargo South |
| 2 Titles | Jo Pavicic | Fargo South |
| 2 Titles | Kristi Tryhus | Fargo South |
| 2 Titles | Briana Jones | Grand Forks |
| 2 Titles | Emily Wong | Grand Forks |
| 2 Titles | Marie Boyeff | Minot |
| 2 Titles | Kristi Dewald | West Fargo |

TEAM CHAMPIONS & RUNNER-UPS (SINCE 1969)

| YEAR | CHAMPION | RUNNER UP |
|------|-------------|-------------|
| 1969 | Jamestown | St. Mary's |
| 1970 | Jamestown | Fargo South |
| 1971 | Fargo South | Jamestown |

| | | |
|------|------------------------------|-------------|
| 1972 | Fargo South | Dickinson |
| 1973 | Fargo South | Dickinson |
| 1974 | Dickinson, Fargo South (tie) | |
| 1975 | Dickinson | Fargo South |
| 1976 | Dickinson | Fargo South |
| 1977 | Fargo South | Dickinson |
| 1978 | Fargo South | Dickinson |
| 1979 | Fargo South | Dickinson |
| 1980 | Fargo South | Dickinson |
| 1981 | Fargo South | Dickinson |
| 1982 | Fargo South | Valley City |
| 1983 | Fargo South | Dickinson |
| 1984 | Minot | Dickinson |
| 1985 | Fargo South | Dickinson |
| 1986 | Fargo South | Bismarck |
| 1987 | Dickinson | Fargo South |
| 1988 | Dickinson | Century |
| 1989 | Fargo South | Minot |
| 1990 | Fargo South | Minot |
| 1991 | Minot | Fargo South |
| 1992 | Minot | Fargo South |
| 1993 | Minot | Fargo South |
| 1994 | Minot | Fargo South |
| 1995 | Century | Minot |
| 1996 | Century | Minot |
| 1997 | Minot | Century |
| 1998 | Minot | Century |
| 1999 | Century | Bismarck |
| 2000 | Century | Bismarck |
| 2001 | Bismarck | Century |
| 2002 | Bismarck | Century |
| 2003 | Bismarck | Grand Forks |
| 2004 | Grand Forks | Minot |
| 2005 | Grand Forks | Bismarck |
| 2006 | Grand Forks | Minot |
| 2007 | Dickinson | Minot |
| 2008 | Dickinson | Minot |

BEST ALL TIME ALL AROUND SCORES (SINCE 1981)

| | | | |
|--------|----------------|-------------|------|
| 39.166 | Jade Beattie | Bismarck | 2004 |
| 38.75 | Heidi Goehring | Century | 2000 |
| 38.717 | Tiffany Tello | Bismarck | 2002 |
| 38.56 | Jodi Schwehr | Century | 1996 |
| 38.48 | Tiffany Tello | Bismarck | 2003 |
| 38.467 | Jade Beattie | Bismarck | 2002 |
| 38.4 | Cassie Osborn | Fargo South | 1989 |
| 38.4 | Kim Sveum | Minot | 1993 |
| 38.4 | Kim Sveum | Minot | 1994 |
| 38.31 | Gina Lang | Bismarck | 1998 |
| 38.31 | Rachel Johnson | Bismarck | 1986 |
| 38.3 | Kari Nolz | Bismarck | 2001 |
| 38.2 | Lindsey Wong | Grand Forks | 2004 |
| 38.2 | Kaitlyn Towery | Minot | 2004 |
| 38.21 | Marie Boyeff | Minot | 1997 |
| 38.2 | Cassie Osborn | Fargo South | 1990 |

BEST ALL TIME TEAM SCORES (SINCE 1981)

| | | |
|---------|-------------|------|
| 151.017 | Grand Forks | 2004 |
| 150.532 | Minot | 2004 |
| 150.283 | Grand Forks | 2005 |
| 150.184 | Bismarck | 2002 |
| 150.133 | Bismarck | 2001 |
| 150.083 | Bismarck | 2003 |
| 149.799 | Century | 1996 |
| 149.349 | Century | 1999 |
| 149.332 | Minot | 1997 |
| 149.267 | Century | 2000 |
| 149.15 | Fargo South | 1986 |
| 149.083 | Grand Forks | 2006 |
| 148.93 | Bismarck | 1986 |
| 148.92 | Dickinson | 1986 |
| 148.883 | Century | 2001 |
| 148.8 | Fargo South | 1990 |
| 148.5 | Minot | 1994 |

TEAM CHAMPIONSHIPS ALL TIME

| | |
|-------------|----|
| Fargo South | 15 |
| Dickinson | 7 |
| Minot | 7 |
| Century | 4 |
| Bismarck | 3 |
| Grand Forks | 3 |
| Jamestown | 2 |

INDIVIDUAL CHAMPIONSHIPS ALL TIME

| | |
|-------------|----|
| Fargo South | 58 |
| Bismarck | 30 |
| Minot | 29 |
| Century | 27 |
| Dickinson | 26 |
| Jamestown | 13 |
| Minot Ryan | 7 |
| Grand Forks | 5 |
| Fargo North | 4 |
| West Fargo | 2 |
| Devils Lake | 1 |
| St. Mary's | 1 |

Class A & Single Class Individual Event CHAMPIONS

1969

Tumbling: Marilyn Falk, Jamestown
Balance Beam: Heather Snell, Jamestown
Trampoline: Kathy Ohnstad, Fargo South
Uneven Bars: Julie Nelson, Jamestown
Floor Exercise: Barbara Mitchell, Jamestown
All Around: Barbara Mitchell, Jamestown

1970

Beam: Barbara Mitchell, Jamestown
Uneven Bars: Barbara Mitchell, Jamestown
Vault: Tracy Gunkelman, Fargo South
Floor Exercise: Barbara Mitchell, Jamestown
All Around: Barbara Mitchell, Jamestown

1971

Beam: Jo Pavicic, Fargo South
Uneven Bars: Kathy Sullivan, Jamestown
Vault: Margaret Hagen, St. Mary's
Floor Exercise: Melissa Henning, Fargo South
All Around: Jo Pavicic, Fargo South

1972

Beam: Kathy Sullivan, Jamestown
Uneven Bars: Kathy Sullivan, Jamestown
Vault: Tracy Gunkelman, Fargo South
Floor Exercise: Kathy Sullivan, Jamestown
All Around: Melissa Henning, Fargo South

1973

Beam: Linda Basaraba, Dickinson
Uneven Bars: Tracy Gunkelman, Fargo South
Vault: Tracy Gunkelman, Fargo South
Floor Exercise: Linda Basaraba, Dickinson
All Around: Tracy Gunkelman, Fargo South

1974

Beam: Robin Hubner, Dickinson
Uneven Bars: Marcia Urban, Fargo South
Vault: Tracy Gunkelman, Fargo South
Floor Exercise: Robin Hubner, Dickinson
All Around: Robin Hubner, Dickinson

1975

Beam: Robin Hubner, Dickinson
Uneven Bars: Robin Hubner, Dickinson
Vault: Robin Hubner, Dickinson
Floor Exercise: Robin Hubner, Dickinson
All Around: Robin Hubner, Dickinson

1976

Beam: Robin Hubner, Dickinson
Uneven Bars: Robin Hubner, Dickinson
Vault: Robin Hubner, Dickinson
Floor Exercise: Robin Hubner, Dickinson
All Around: Robin Hubner, Dickinson

1977

Beam: Susie Schraufek, Fargo South
Uneven Bars: Stacey Simle, Fargo South
Vault: Mo Day, Fargo South
Floor Exercise: Greta Sjursen, Dickinson
All Around: Greta Sjursen, Dickinson

1978

Beam: Susie Schraufek, Fargo South
Uneven Bars: Stacey Simle, Fargo South
Vault: Nancy Davis, Dickinson
Floor Exercise: Jane Vanyo, Fargo South
All Around: Stacey Simle, Fargo South

1979

Beam: Susie Schraufek, Fargo South
Uneven Bars: Stacey Simle, Fargo South
Vault: Nancy Davis, Dickinson
Floor Exercise: Susie Schraufek, Fargo South
All Around: Susie Schraufek, Fargo South

1980

Beam: Stacey Simle, Fargo South
Uneven Bars: Stacey Simle, Fargo South
Vault: Kristi Tryhus, Fargo South
Floor Exercise: Stacey Simle, Fargo South
All Around: Stacey Simle, Fargo South

1981

Beam: Cindy Rodlund, Fargo South
Uneven Bars: Stacey Simle, Fargo South
Vault: Kristi Tryhus, Fargo South
Floor Exercise: Stacey Simle, Fargo South
All Around: Cindy Rodlund, Fargo South

1982

Beam: Cindy Rodlund, Fargo South
Uneven Bars: Cindy Rodlund, Fargo South
Vault: Lori Malsom, Minot Ryan
Floor Exercise: Cindy Rodlund, Fargo South
All Around: Cindy Rodlund, Fargo South

1983

Beam: Robin Wheeler, Dickinson
Uneven Bars: Julie Visina, Minot Ryan
Vault: Julie Visina, Minot Ryan
Floor Exercise: Cindy Rodlund, Fargo South
All Around: Julie Visina, Minot Ryan

1984

Beam: Shelby Young, Bismarck Century
Uneven Bars: Julie Visina, Minot Ryan
Vault: Robin Wheeler, Dickinson
Floor Exercise: Cindy Rodlund, Fargo South
All Around: Robin Wheeler, Dickinson

1985

Beam: Stacie Lowman, Devils Lake
Uneven Bars: Julie Visina, Minot Ryan
Vault: Cindy Rodlund, Fargo South
Floor Exercise: Tami Russell, Bismarck Century
All Around: Julie Visina, Minot Ryan

1986

Beam: Jodi Hansen, Dickinson
Uneven Bars: Rachel Johnson, Bismarck
Vault: Rachel Johnson, Bismarck
Floor Exercise: Tami Russell, Bismarck Century
All Around: Rachel Johnson, Bismarck

1987

Beam: (tie) Kristi Dewald, West Fargo;
Cassie Osborn, Fargo South
Uneven Bars: Julie Winje, Minot
Vault: Cassie Osborn, Fargo South
Floor Exercise: Cassie Osborn, Fargo South
All Around: Kristi Dewald, West Fargo

1988

Beam: Tami Russell, Bismarck Century
Uneven Bars: Tami Russell, Bismarck Century
Vault: Cassie Osborn, Fargo South
Floor Exercise: Tami Russell, Bismarck Century
All Around: Tami Russell, Bismarck Century

1989

Beam: Cassie Osborn, Fargo South
Uneven Bars: Teri Zimbelman, Minot
Vault: Stacie Lowman, Fargo North
Floor Exercise: Cassie Osborn, Fargo South
All Around: Cassie Osborn, Fargo South

1990

Beam: Cassie Osborn, Fargo South
Uneven Bars: (tie) Jenny Nelson, Fargo North; Cassie Osborn, Fargo South
Vault: Stacie Lowman, Fargo North
Floor Exercise: Cassie Osborn, Fargo South
All Around: Cassie Osborn, Fargo South

1991

Beam: Tara Lefor, Dickinson
Uneven Bars: Kim Sveum, Minot
Vault: Kim Sveum, Minot
Floor Exercise: Jenny Nelson, Fargo North
All Around: Kim Sveum, Minot

1992

Beam: Nicole Ziegler, Bismarck Century
Uneven Bars: Kim Sveum, Minot
Vault: Kim Sveum, Minot
Floor Exercise: Kim Sveum, Minot
All Around: Kim Sveum, Minot

1993

Beam: Kim Sveum, Minot
Uneven Bars: Kim Sveum, Minot
Vault: Kim Sveum, Minot
Floor Exercise: Kim Sveum, Minot
All Around: Kim Sveum, Minot

1994

Beam: Jodi Schwehr, Bismarck Century
Uneven Bars: Kim Sveum, Minot
Vault: Kim Sveum, Minot
Floor Exercise: Kim Sveum, Minot
All Around: Kim Sveum, Minot

1995

Beam: (tie) Molly McDonald, Bismarck Century; Nicole Ziegler, Bismarck Century
Uneven Bars: Krista Isakson, Minot
Vault: Jodi Schwehr, Bismarck Century
Floor Exercise: Jodi Schwehr, Bis. Century
All Around: Jodi Schwehr, Bismarck Century

1996

Beam: Jodi Schwehr, Bismarck Century
Bars: Jodi Schwehr, Bismarck Century
Vault: Gina Lang, Bismarck
Floor Exercise: Teri Ann Krefling, Minot
All Around: Jodi Schwehr, Bismarck Century

1997

Beam: Marie Boyeff, Minot
Bars: Teri Ann Krefling, Minot
Vault: Heidi Goehring, Bismarck Century
Floor Exercise: Teri Ann Krefling, Minot
All Around: Marie Boyeff, Minot

1998

Beam: Teri Ann Krefling, Minot
Bars: Gina Lang, Bismarck
Vault: Heidi Goehring, Bismarck Century
Floor Exercise: Heidi Goehring, Bismarck Century
All Around: Gina Lang, Bismarck

1999

Beam: Heidi Goehring, Bismarck Century
Bars: Andrea Albertson, Minot
Vault: Heidi Goehring, Bismarck Century
Floor Exercise: Heidi Goehring, Bismarck Century
All Around: Heidi Goehring, Bismarck Century

2000

Beam: Kari Nolz, Bismarck
Bars: Andrea Albertson, Minot
Vault: Andrea Albertson, Minot
Floor Exercise: Heidi Goehring, Bismarck Century
All Around: Heidi Goehring, Bismarck Century

2001

Beam: Tiffany Tello, Bismarck
Bars: Kari Nolz, Bismarck
Vault: Tiffany Tello, Bismarck
Floor Exercise: Kari Nolz, Bismarck
All Around: Kari Nolz, Bismarck

2002

Beam: Tiffany Tello, Bismarck
Bars: Whitney Buchholz, Bismarck Century
Vault: Tiffany Tello, Bismarck
Floor Exercise: Tiffany Tello, Bismarck
All Around: Tiffany Tello, Bismarck

2003

Beam: Tiffany Tello, Bismarck
Bars: Tiffany Tello, Bismarck
Vault: Kari Nolz, Bismarck
Floor Exercise: Tiffany Tello, Bismarck
All Around: Tiffany Tello, Bismarck

2004

Beam: Jade Beattie, Bismarck
Bars: Jade Beattie, Bismarck
Vault: Jade Beattie, Bismarck
Floor Exercise: Jade Beattie, Bismarck
All Around: Jade Beattie, Bismarck

2005

Beam: Krista Riley, Bismarck
Bars: Jade Beattie, Bismarck
Vault: Chelsea Preston, Fargo South
Floor Exercise: Chelsea Preston, Fargo South
All Around: Chelsea Preston, Fargo South

2006

Beam: Briana Jones, Grand Forks
Bars: Emily Wong, Grand Forks
Vault: Krista Riley, Bismarck
Floor Exercise: Emily Wong, Grand Forks
All Around: Briana Jones, Grand Forks

2007

Beam: Joley Beeler, Minot
Bars: Chelsea Preston, Fargo South
Vault: Chelsea Preston, Fargo South
Floor Exercise: Chelsea Preston, Fargo South
All Around: Chelsea Preston, Fargo South

2008

Beam: Jennifer Bachamp, Dickinson
Bars: Brogan Burwick, Dickinson
Vault: Brooklyn Bender, Minot
Floor Exercise: Brittany Johnson, Grand Forks
All Around: Mackenzie Keidel, Bismarck

1908-2009 NDHSAA HISTORY

Back in the 1800s, athletics were not a part of the secondary school program; rather, such activities were operated by organizations such as the YMCA. At the turn of the century, students in schools began forming student athletic associations. They were formed primarily for one purpose: recreation, with the primary motive "to have fun." Students selected their own players and managers and scheduled their own games. Teams were associated by name with their high schools, although schools assumed no responsibility for organizing and administering the program. However, being associated with schools by name caused some embarrassment when disputes arose. As the athletic competition between student athletic associations began to attract more attention, it was not long before adults with an athletic interest sought to play with students on these teams. Non-school persons with previous athletic interest volunteered to coach teams, and some of them played on teams they were coaching. Even after a few schools began to have teachers employed as coaches, some of them also competed. In fact, in our state of North Dakota, early teams often times consisted of students, coaches, bus drivers and janitors. It was not uncommon for boys or young men to enroll in the fall and then drop out of school after the football season was over. This they might do for six or seven years or more.

Eventually, school officials across the nation decided they had to either eliminate athletic contests between schools or exercise responsibility and authority for controlling them. The latter, of course, was considered more feasible and was later adopted. This was exactly what happened in North Dakota.

The need for uniformity among schools was recognized by Superintendent G.W. Hanna of Valley City and in the fall of 1907 he invited representatives of a few other schools to a meeting in Valley City to consider such. A second meeting, called by Principal H.L. Rockwood of Valley City for the adoption of a constitution was held in Grand Forks on January 1 and 2, 1908. Records show that 29 schools attended this meeting, however only four schools (Valley City, Jamestown, Grafton and Grand Forks) became charter members paying their dues (\$1.50) on January 2. Two others (Casselton and Hankinson) joined later that school year. Twenty schools belonged the following school year of 1908-09. Thereafter, there was a steady growth in membership with 80 schools belonging in 1921 and 103 out of a total 162 classified high schools in 1925. Superintendent G.W. Hanna served as president of the organization the first year and a half, and was succeeded by Superintendent A.G. Crane of Jamestown for the 1908-09 school term.

The original constitution opened membership to any high school in North Dakota, but in 1910 this was amended so as to allow membership only to classified high schools. This excluded the consolidated high schools (approximately one-third of the schools of the state) from membership. Consequently the consolidated high schools formed a League of their own in 1921, with membership being open to third class classified high schools as well as the consolidated high schools. Membership in this League grew from 15 the first year to 56 in 1925. No records are available in the NDHSAA office as to membership in the Consolidated League after that date.

Since the Consolidated League was enrolling several third class classified high schools in their League, the High School League changed their constitution in 1925, allowing consolidated schools of equivalent rank to third class classified schools to petition for membership in the League. As a result, several third class classified schools belonged to the Consolidated League and some consolidated schools belonged to the High School League. Some schools enrolled in both Leagues, and some even participated in basketball elimination tournaments in both in the 1930s. In fact, in 1934, Svea, a consolidated school in Barnes County, was eliminated in district play in the Consolidated League Tourney and then entered Class B district play in the High School League going on to take second place in the State Class B Tournament. This prompted the High School League to adopt a rule restricting schools with membership in both Leagues to participation in tournaments for one League only.

A common misconception is that the League in its early days was strictly an athletic association. Such is not the case - in that the original constitution in 1908 lists the purpose of the League as "To control and further interests in athletic and literary contests." In 1917, this was amended to read, "To control and further interest of the inter-high school contests," and at that time music was added to the list of activities. To quote G.W. Hanna, "Theoretically the League could control all inter-high school competition, but in practice it began with basketball and football." The state contest in literary events, music, track and tennis, although under the direction of the Board of Control, were actually administered by the University of North Dakota in the early years. Track and tennis were administered by the University until 1937 and by the Board of Control beginning in 1938. State contests in literary events and music were discontinued by the University during World War II years, and were resumed again in 1949 with complete administration by the High School League. This led to a subsequent change in the name of the organization to the North Dakota High School Activities Association in 1955.

The League at the beginning was concerned mostly with the administration of the football and basketball programs. Unofficial state title football games were played beginning in 1910 with the first official game in 1919. These were discontinued by the League after the 1924 season. Unofficial title games were played off and on after

that with the winner of the Class A East-West Conference game being recognized as state champion from 1938 to 1959. Official Class A and B championship football play-offs have been in effect since 1975.

State champions have been determined in boys' basketball since 1914. Schools competed in one class until 1933, at which time A and B divisions were formed. In 1948, a Class C divisions made up of the smaller schools in the League was formed. For a period of three years, 1948 through 1950, four state champions in the High School League were crowned as well as one in the Consolidated League. From 1948 through 1963 the League maintained 3 divisions for basketball, but went back to the two class system in 1964, which prevails at the present time.

The Constitution of the old Consolidated League also listed as its purpose the controlling of inter-school declamation, debate, music and athletic contests of its members. However, again, the League limited itself mainly to the administration of basketball and conducted state tournaments in the same during some years of its existence. After the 1950 season, the Consolidated League merged with the High School League, becoming a part of the "C" division, "for a 5-year trial period." Actually, the merger has existed to the present time. It is rumored, though there is nothing in the records to verify the same, that there was a gentleman's agreement at the time of the merger, that the Class C division would never be abolished except upon a vote of the Class C schools themselves. However, when the vote was taken in 1963 to go back to the two class system, all member schools voted on the amendment.

Athletics for girls was more or less a hit or miss proposition until 1974. The original constitution adopted in 1908 contained the following provision: "In girls' basketball we agree that girls' rules shall govern schools involved." No reference of any sort concerning girls' basketball is made in the revised constitution of 1910, but in the 1917 revision reference is again made to the same as follows: "All games in girls' basketball played in this League shall be played under girls' rules." The following statement was added in 1925: "There shall be no state tournament for girls' teams." In an article concerning athletics for girls found in the 1933 Handbook, the following statement is made: "The Association recommends that girls do not participate in any form of interscholastic basketball or tournaments."

In 1936 a survey conducted by the League showed that 55 classified schools favored interscholastic basketball for girls with 33 participating in the same, while 75 were not in favor of interscholastic competition. Twenty-six favored holding tournaments for girls with 17 participating in such, while 99 were opposed. No reference is made to the sport in the revised Constitution and By-Laws of 1938, but the question and answer section which follows states again that, "the League has never ruled against girls' basketball and that students in schools holding such contests must meet the eligibility rules." The Consolidated League, however, besides authorizing girls' basketball held state tournaments during part of their existence. During the very first years, girls' teams used boys' rules, but they had no state tournament series. During the 1930s, they started using girls' rules and a tournament series was organized which continued in operation until 1950. This was continued after the merger of the two Leagues in the Class C division until 1960. Organized basketball for girls more or less disappeared from the picture until 1974 when state champions were named in both the Class A and Class B divisions.

Girls' sports started to take a more prominent position with the NDHSAA in the mid 1960's. Girls' golf, tennis and track were sponsored by the NDHSAA beginning in the spring of 1966 and gymnastics was added in 1968-69. Girls' basketball had a "re-birth" in the fall of 1973 when the NDHSAA sponsored combined district level competition. In the fall of 1974, girls' swimming and diving was first sponsored and Class A and B basketball separated and there was a state tournament for each class.

In the fall of 1979, Class A and B girls' cross-country was first sponsored. In the winter of 1982-83, Class A girls' volleyball was sponsored at the regional level and extended to the state tournament level in 1983-84. Class B volleyball was added through the state level in 1988-89. The last two additions were girls' soccer which was added in the spring of 1996 and girls' hockey added in 2002-03.

Some changes and additions were also made in boys' sports in the last 40 years, including the Class A football play-off plan that began in the fall of 1975. Boys' soccer was first sponsored in the fall of 1995 and sand greens golf was discontinued in 1996. The present four division football play-off series began in the fall of 1997 and Class A baseball was first sponsored in the spring of 2000.

Some historic changes which placed North Dakota on the cutting edge nationally included the three point line for boys' basketball, adopted in 1981-82 and for girls in the fall of 1983. Class A boys' basketball coaches tried the shot clock in 1995-96 and adopted its use in 1996-97.

Then in the 2002-03 came the change that reverberated through the state and was motivated by a nationwide evolution: the switch of girls' volleyball to the fall and girls' basketball to the winter. It is also interesting to compare Association budgets from the early years to the present. In the first 3 years of the North Dakota High School League, the budget ranged from \$30 to \$45. In 1982-83 the budget was nearly a half million dollars while the 2007-08 budget is well over a million dollars.

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