



**NORTH DAKOTA HIGH SCHOOL  
ACTIVITIES ASSOCIATION  
STATE GYMNASTICS CHAMPIONSHIP**



**JERRY MEYER ARENA  
JAMESTOWN HIGH SCHOOL  
FEBRUARY 23 & 24, 2018**

**NORTH DAKOTA  
NATIONAL  
GUARD**

**BUCKLE UP**  
Every Trip. Every Time.



  
**Farmers Union**  
**INSURANCE**





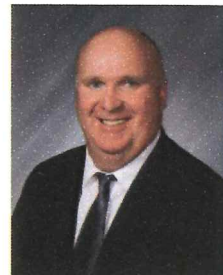
Matthew J. Fetsch  
Executive Director



Brian Bubach  
Associate Director



Justin Fletsch  
Assistant Director



Kevin Morast  
Assistant Director



Brenda Schell  
Assistant Director



Tom Mix  
Media Specialist



Andy Dahlen  
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Fargo



Ben Schafer  
Vice-President  
Ray



Mitch Carlson  
Marion



Travis Jordan  
Beulah



Jeff Manley  
Cavalier



Scott Privratsky  
Devils Lake



Michael Sorlie  
Gwinner



Warren Strand  
Fessenden



Dr. Mark Vollmer  
Minot



Patti Stedman  
School Boards Assoc.  
West Fargo



Kirsten Baesler  
Dept. of Public Instr.  
Bismarck

## MEET PERSONNEL & SCHEDULE

MEET REFEREE..... Ruth Walsh  
Vault ..... Jessica Siders (Chief Judge), Lora Fisher, Kim Ressler  
Bars..... Tara Hofmann (Chief Judge), Brooke Erstad, Mary Meyer  
Beam..... Caitlin Hoff (Chief Judge), Whitney Conmy, Cassity Wingenbach  
Floor..... Stacy Ringoen (Chief Judge), Katie Andersen, Laurie Strommen  
ANNOUNCER ..... Ken Gardner  
COMPUTER/SCORING..... Kerrie Soulis, Kaiann Arellano, Bre Carlson  
ATHLETIC TRAINING..... Adrienne Spieker, ATC, Jamestown Regional Medical Center

### FRIDAY, FEBRUARY 23

1:00 PM ..... Gym Opens for Teams  
1:15 PM ..... Coaches' Meeting  
1:55 PM ..... Timed Warm Ups  
3:00 PM ..... Officials Meeting & Review  
3:45 PM ..... Opening Ceremony  
4:00 PM ..... Competition Begins

### SATURDAY, FEBRUARY 24

10:45 AM ..... Gym Opens for Teams  
11:00 AM ..... Coaches' Meeting  
11:30 AM ..... Timed Warm Ups  
12:30 PM ..... Officials Meeting & Review  
12:45 PM ..... Opening Ceremony  
1:00 PM ..... Competition Begins

## TEAM COMPETITION WARM UP & ROTATION

Time	V	UB	BB	FX
1:55 PM	Dickinson	Bismarck	Valley City	Davies
2:04 PM	3 Min. Equipment Set	3 Min. Equipment Set	3 Min. Equipment Set	3 Min. Equipment Set
2:07 PM	Minot	Jamestown	Grand Forks	Legacy
2:16 PM	3 Min. Equipment Set	3 Min. Equipment Set	3 Min. Equipment Set	3 Min. Equipment Set
2:19 PM	Davies	Dickinson	Legacy	Minot
2:28 PM	3 Min. Equipment Set	3 Min. Equipment Set	3 Min. Equipment Set	3 Min. Equipment Set
2:31 PM	Bismarck	Grand Forks	Jamestown	Valley City
2:40 PM	3 Min. Equipment Set	3 Min. Equipment Set	3 Min. Equipment Set	3 Min. Equipment Set
2:43 PM	Valley City	Legacy	Dickinson	Grand Forks
2:52 PM	3 Min. Equipment Set	3 Min. Equipment Set	3 Min. Equipment Set	3 Min. Equipment Set
2:55 PM	Jamestown	Minot	Davies	Bismarck
3:04 PM	3 Min. Equipment Set	3 Min. Equipment Set	3 Min. Equipment Set	3 Min. Equipment Set
3:07 PM	Grand Forks	Valley City	Bismarck	Jamestown
3:16 PM	3 Min. Equipment Set	3 Min. Equipment Set	3 Min. Equipment Set	3 Min. Equipment Set
3:19 PM	Legacy	Davies	Minot	Dickinson
3:28 PM				

ROTATION	VAULT	UNEVEN BARS	BALANCE BEAM	FLOOR
1	Minot Dickinson	Bismarck Jamestown	Valley City Grand Forks	Davies Legacy
2	Davies Bismarck	Dickinson Grand Forks	Legacy Jamestown	Minot Valley City
3	Jamestown Valley City	Legacy Minot	Dickinson Davies	Grand Forks Bismarck
4	Grand Forks Legacy	Valley City Davies	Bismarck Minot	Jamestown Dickinson





## NDHSAA MINIMAL BEHAVIOR EXPECTATIONS FOR REGULAR AND POSTSEASON COMPETITIONS:

- Respect the American flag and the National Anthem.
- Contesting schools shall each have an authorized faculty representative present who shall be responsible for his/her school's participants, students, and fans throughout the contest.
- Spectators must wear clothing that covers the entire torso. Those who do not comply or who wear clothing that is vulgar, obscene or that in some other way inappropriate, as determined by school/tournament personnel, will be removed from the facility if they do not cooperate with this behavior expectation.
- The use of appropriate language is expected at all times. Profanity, negative chants, trash talk, name-calling, personal attacks or other acts of disrespect are unacceptable and must be immediately addressed by school/tournament administrators.
- Any attendee ejected from a NDHSAA tournament venue will be banned from the venue(s) for the remainder of the event.
- Respect the game/contest. Under no condition shall anyone other than the members of the official squad enter the playing surface. No one may interfere with the contest in any way.
- Hand held signs and flags, which do not obstruct the view of others, are permitted provided they are in good taste. Signs or other similar items contest/tournament officials deem to be in poor taste will be removed. Message or "white" boards are prohibited. The carrying of flags around the playing surface is NOT allowed.
- Artificial noisemakers of any kind (i.e. megaphones, cowbells, sirens, whistles, thunder sticks, and other similar items) are not allowed at any indoor events, including outdoor sports played at indoor venues. Exception – Megaphones appropriately used by cheerleaders are permitted if allowed by contest officials.
- Laser lights or any other lights deemed distracting to participants are strictly prohibited.
- Confetti is banned at all NDHSAA tournament venues. Tournament staff is instructed to confiscate such articles at the door.
- Objects shall not be thrown into the stands at any NDHSAA tournament venue.
- The use of unmanned aerial vehicles (UAV), also known as drones, is prohibited for any persons at NDHSAA tournament venues.



## HISTORY OF GYMNASTICS IN NORTH DAKOTA

The first gymnastics championships sponsored by the North Dakota High School Activities Association took place in 1969. Jamestown High School came away with the first championship title.

Competition has changed since the first championships. At the first meet, competition took place in tumbling, trampoline, balance beam, uneven bars, side-horse, floor exercise and all-around. Each event was divided into three levels: novice, intermediate and junior.

The following year, and every year since, the state championships have included only five events. The tumbling and trampoline events were eliminated and the side-horse became the vault. In 2003, the apparatus used in the vault event changed from a vaulting horse to the vault table.

The 1974 state meet saw the last novice, intermediate and junior divisions. Currently, North Dakota has two championships prior to the state meet. The EDC in the east and the WDA meet in the west. Although the qualifying mechanism has changed over the years, the state meet continues to have the top 40 qualifiers on each event in the state and the top 30 all-around qualifiers in the state vying for the event championships. What hasn't changed is the dedication and hard work of the coaches and the competitors.

## TEAM CHAMPIONS & RUNNER UPS

Year	Champion	Runner-up
1969	Jamestown	St. Mary's
1970	Jamestown	Fargo South
1971	Fargo South	Jamestown
1972	Fargo South	Dickinson
1973	Fargo South	Dickinson
1974	Dickinson, Fargo South (tie)	
1975	Dickinson	Fargo South
1976	Dickinson	Fargo South
1977	Fargo South	Dickinson
1978	Fargo South	Dickinson
1979	Fargo South	Dickinson
1980	Fargo South	Dickinson
1981	Fargo South	Dickinson
1982	Fargo South	Valley City
1983	Fargo South	Dickinson
1984	Minot	Dickinson
1985	Fargo South	Dickinson
1986	Fargo South	Bismarck
1987	Dickinson	Fargo South
1988	Dickinson	Century
1989	Fargo South	Minot
1990	Fargo South	Minot
1991	Minot	Fargo South
1992	Minot	Fargo South
1993	Minot	Fargo South

Year	Champion	Runner-up
1994	Minot	Fargo South
1995	Century	Minot
1996	Century	Minot
1997	Minot	Century
1998	Minot	Century
1999	Century	Bismarck
2000	Century	Bismarck
2001	Bismarck	Century
2002	Bismarck	Century
2003	Bismarck	Grand Forks
2004	Grand Forks	Minot
2005	Grand Forks	Bismarck
2006	Grand Forks	Minot
2007	Dickinson	Minot
2008	Dickinson	Minot
2009	Minot	Dickinson
2010	Minot	Dickinson
2011	Minot	Dickinson
2012	Minot	Dickinson
2013	Dickinson	Minot
2014	Dickinson	Minot
2015	Minot	Dickinson
2016	Dickinson	Minot
2017	Dickinson	Bismarck

THANK YOU PARENTS & JAMESTOWN GYMNASTICS  
CLUB FOR YOUR HOSPITALITY AND HELP DURING  
THIS YEARS STATE CHAMPIONSHIPS





**2017 STATE TEAM CHAMPIONS  
DICKINSON MIDGETS**

**Back (L-R):** Head Coach Kent Van Ells, Assistant Coach: Jennifer Sullivan **Middle (L-R):** Veronica Pavek, Macy Leiss, Ayanna Fossum, Faith Back, Meghan Ackerman, Brinklyn Schumacher, Katie Henry **Front (L-R):** Ryan Campbell, Dacia Rambousek, BayLee Fetch



**2017 STATE FLOOR CHAMPION**  
Ayanna Fossum—Dickinson



**2017 STATE CHAMPION  
VAULT, BARS & ALL-AROUND**  
Julia Red Wing—Bismarck



**2017 STATE BEAM CHAMPION**  
Rachel Schiele—Jamestown

## INDIVIDUAL EVENT CHAMPIONS

### 1969

<b>Tumbling</b>	Marilyn Falk	Jamestown
<b>Trampoline</b>	Kathy Ohnstad	Fargo South
<b>Floor Exercise</b>	Barbara Mitchell	Jamestown
<b>Beam</b>	Heather Snell	Jamestown
<b>Bars</b>	Julie Nelson	Jamestown
<b>All Around</b>	Barbara Mitchell	Jamestown

### 1970

<b>Vault</b>	Tracy Gunkelman	Fargo South
<b>Floor Exercise</b>	Barbara Mitchell	Jamestown
<b>Beam</b>	Barbara Mitchell	Jamestown
<b>Bars</b>	Barbara Mitchell	Jamestown
<b>All Around</b>	Barbara Mitchell	Jamestown

### 1971

<b>Vault</b>	Margaret Hagen	St. Mary's
<b>Floor Exercise</b>	Melissa Henning	Fargo South
<b>Beam</b>	Jo Pavicic	Fargo South
<b>Bars</b>	Kathy Sullivan	Jamestown
<b>All Around</b>	Jo Pavicic	Fargo South

### 1972

<b>Vault</b>	Tracy Gunkelman	Fargo South
<b>Floor Exercise</b>	Kathy Sullivan	Jamestown
<b>Beam</b>	Kathy Sullivan	Jamestown
<b>Bars</b>	Kathy Sullivan	Jamestown
<b>All Around</b>	Melissa Henning	Fargo South

### 1973

<b>Vault</b>	Tracy Gunkelman	Fargo South
<b>Floor Exercise</b>	Linda Basaraba	Dickinson
<b>Beam</b>	Linda Basaraba	Dickinson
<b>Bars</b>	Tracy Gunkelman	Fargo South
<b>All Around</b>	Tracy Gunkelman	Fargo South

### 1974

<b>Vault</b>	Tracy Gunkelman	Fargo South
<b>Floor Exercise</b>	Robin Huebner	Dickinson
<b>Beam</b>	Robin Huebner	Dickinson
<b>Bars</b>	Marcia Urban	Fargo South
<b>All Around</b>	Robin Huebner	Dickinson

### 1975

<b>Vault</b>	Robin Huebner	Dickinson
<b>Floor Exercise</b>	Robin Huebner	Dickinson
<b>Beam</b>	Robin Huebner	Dickinson
<b>Bars</b>	Robin Huebner	Dickinson
<b>All Around</b>	Robin Huebner	Dickinson

### 1976

<b>Vault</b>	Robin Huebner	Dickinson
<b>Floor Exercise</b>	Robin Huebner	Dickinson
<b>Beam</b>	Robin Huebner	Dickinson
<b>Bars</b>	Robin Huebner	Dickinson
<b>All Around</b>	Robin Huebner	Dickinson

### 1977

<b>Vault</b>	Mo Day	Fargo South
<b>Floor Exercise</b>	Greta Sjursen	Dickinson
<b>Beam</b>	Susie Schraufek	Fargo South
<b>Bars</b>	Stacey Simle	Fargo South
<b>All Around</b>	Greta Sjursen	Dickinson

### 1978

<b>Vault</b>	Nancy Davis	Dickinson
<b>Floor Exercise</b>	Jane Vanyo	Fargo South
<b>Beam</b>	Susie Schraufek	Fargo South
<b>Bars</b>	Stacey Simle	Fargo South
<b>All Around</b>	Stacey Simle	Fargo South

### 1979

<b>Vault</b>	Nancy Davis	Dickinson
<b>Floor Exercise</b>	Susie Schraufek	Fargo South
<b>Beam</b>	Susie Schraufek	Fargo South
<b>Bars</b>	Stacey Simle	Fargo South
<b>All Around</b>	Susie Schraufek	Fargo South

### 1980

<b>Vault</b>	Kristi Tryhus	Fargo South
<b>Floor Exercise</b>	Stacey Simle	Fargo South
<b>Beam</b>	Stacey Simle	Fargo South
<b>Bars</b>	Stacey Simle	Fargo South
<b>All Around</b>	Stacey Simle	Fargo South

### 1981

<b>Vault</b>	Kristi Tryhus	Fargo South
<b>Floor Exercise</b>	Stacey Simle	Fargo South
<b>Beam</b>	Cindy Rodlund	Fargo South
<b>Bars</b>	Stacey Simle	Fargo South
<b>All Around</b>	Cindy Rodlund	Fargo South

### 1982

<b>Vault</b>	Lori Malsom	Minot Ryan
<b>Floor Exercise</b>	Cindy Rodlund	Fargo South
<b>Beam</b>	Cindy Rodlund	Fargo South
<b>Bars</b>	Cindy Rodlund	Fargo South
<b>All Around</b>	Cindy Rodlund	Fargo South

### 1983

<b>Vault</b>	Julie Visina	Minot Ryan
<b>Floor Exercise</b>	Cindy Rodlund	Fargo South
<b>Beam</b>	Robin Wheeler	Dickinson
<b>Bars</b>	Julie Visina	Minot Ryan
<b>All Around</b>	Julie Visina	Minot Ryan

### 1984

<b>Vault</b>	Robin Wheeler	Dickinson
<b>Floor Exercise</b>	Cindy Rodlund	Fargo South
<b>Beam</b>	Shelby Young	Bismarck Century
<b>Bars</b>	Julie Visina	Minot Ryan
<b>All Around</b>	Robin Wheeler	Dickinson

### 1985

<b>Vault</b>	Cindy Rodlund	Fargo South
<b>Floor Exercise</b>	Tami Russell	Bismarck Century
<b>Beam</b>	Stacie Lowman	Devils Lake
<b>Bars</b>	Julie Visina	Minot Ryan
<b>All Around</b>	Julie Visina	Minot Ryan

### 1986

<b>Vault</b>	Rachel Johnson	Bismarck
<b>Floor Exercise</b>	Tami Russell	Bismarck Century
<b>Beam</b>	Jodi Hansen	Dickinson
<b>Bars</b>	Rachel Johnson	Bismarck
<b>All Around</b>	Rachel Johnson	Bismarck

### 1987

<b>Vault</b>	Cassie Osborn	Fargo South
<b>Floor Exercise</b>	Cassie Osborn	Fargo South
<b>Beam (tie)</b>	Cassie Osborn	Fargo South
<b>Beam (tie)</b>	Kristi Dewald	West Fargo
<b>Bars</b>	Julie Winje	Minot
<b>All Around</b>	Kristi Dewald	West Fargo

### 1988

<b>Vault</b>	Cassie Osborn	Fargo South
<b>Floor Exercise</b>	Tami Russell	Bismarck Century
<b>Beam</b>	Tami Russell	Bismarck Century
<b>Bars</b>	Tami Russell	Bismarck Century
<b>All Around</b>	Tami Russell	Bismarck Century

### 1989

<b>Vault</b>	Stacie Lowman	Fargo North
<b>Floor Exercise</b>	Cassie Osborn	Fargo South
<b>Beam</b>	Cassie Osborn	Fargo South
<b>Bars</b>	Teri Zimbelman	Minot
<b>All Around</b>	Cassie Osborn	Fargo South

### 1990

<b>Vault</b>	Stacie Lowman	Fargo North
<b>Floor Exercise</b>	Cassie Osborn	Fargo South
<b>Beam</b>	Cassie Osborn	Fargo South
<b>Bars (tie)</b>	Cassie Osborn	Fargo South
<b>Bars (tie)</b>	Jenny Nelson	Fargo North
<b>All Around</b>	Cassie Osborn	Fargo South

### 1991

<b>Vault</b>	Kim Sveum	Minot
<b>Floor Exercise</b>	Jenny Nelson	Fargo North
<b>Beam</b>	Tara Lefor	Dickinson
<b>Bars</b>	Kim Sveum	Minot
<b>All Around</b>	Kim Sveum	Minot

### 1992

<b>Vault</b>	Kim Sveum	Minot
<b>Floor Exercise</b>	Kim Sveum	Minot
<b>Beam</b>	Nicole Ziegler	Bismarck Century
<b>Bars</b>	Kim Sveum	Minot
<b>All Around</b>	Kim Sveum	Minot



# INDIVIDUAL EVENT CHAMPIONS

<u>1993</u>			<u>2001</u>		
Vault	Kim Sveum	Minot	Vault	Tiffany Tello	Bismarck
Floor Exercise	Kim Sveum	Minot	Floor Exercise	Kari Nolz	Bismarck
Beam	Kim Sveum	Minot	Beam	Tiffany Tello	Bismarck
Bars	Kim Sveum	Minot	Bars	Kari Nolz	Bismarck
All Around	Kim Sveum	Minot	All Around	Kari Nolz	Bismarck
<u>1994</u>			<u>2002</u>		
Vault	Kim Sveum	Minot	Vault	Tiffany Tello	Bismarck
Floor Exercise	Kim Sveum	Minot	Floor Exercise	Tiffany Tello	Bismarck
Beam	Jodi Schwehr	Bismarck Century	Beam	Tiffany Tello	Bismarck
Bars	Kim Sveum	Minot	Bars	Whitney Buchholz	Bismarck Century
All Around	Kim Sveum	Minot	All Around	Tiffany Tello	Bismarck
<u>1995</u>			<u>2003</u>		
Vault	Jodi Schwehr	Bismarck Century	Vault	Kari Nolz	Bismarck
Floor Exercise	Jodi Schwehr	Bismarck Century	Floor Exercise	Tiffany Tello	Bismarck
Beam (tie)	Molly McDonald	Bismarck Century	Beam	Tiffany Tello	Bismarck
Beam (tie)	Nicole Ziegler	Bismarck Century	Bars	Tiffany Tello	Bismarck
Bars	Krista Isakson	Minot	All Around	Tiffany Tello	Bismarck
All Around	Jodi Schwehr	Bismarck Century	<u>2004</u>		
<u>1996</u>			Vault	Jade Beattie	Bismarck
Vault	Gina Lang	Bismarck	Floor Exercise	Jade Beattie	Bismarck
Floor Exercise	Teri Ann Krefting	Minot	Beam	Jade Beattie	Bismarck
Beam	Jodi Schwehr	Bismarck Century	Bars	Jade Beattie	Bismarck
Bars	Jodi Schwehr	Bismarck Century	All Around	Jade Beattie	Bismarck
All Around	Jodi Schwehr	Bismarck Century	<u>2005</u>		
<u>1997</u>			Vault	Chelsea Preston	Fargo South
Vault	Heidi Goehring	Bismarck Century	Floor Exercise	Chelsea Preston	Fargo South
Floor Exercise	Teri Ann Krefting	Minot	Beam	Krista Riley	Bismarck
Beam	Marie Boyeff	Minot	Bars	Jade Beattie	Bismarck
Bars	Teri Ann Krefting	Minot	All Around	Chelsea Preston	Fargo South
All Around	Marie Boyeff	Minot	<u>2006</u>		
<u>1998</u>			Vault	Krista Riley	Bismarck
Vault	Heidi Goehring	Bismarck Century	Floor Exercise	Emily Wong	Grand Forks
Floor Exercise	Heidi Goehring	Bismarck Century	Beam	Briana Jones	Grand Forks
Beam	Teri Ann Krefting	Minot	Bars	Emily Wong	Grand Forks
Bars	Gina Lang	Bismarck	All Around	Briana Jones	Grand Forks
All Around	Gina Lang	Bismarck	<u>2007</u>		
<u>1999</u>			Vault	Chelsea Preston	Fargo South
Vault	Heidi Goehring	Bismarck Century	Floor Exercise	Chelsea Preston	Fargo South
Floor Exercise	Heidi Goehring	Bismarck Century	Beam	Joley Beeler	Minot
Beam	Heidi Goehring	Bismarck Century	Bars	Chelsea Preston	Fargo South
Bars	Andrea Albertson	Minot	All Around	Chelsea Preston	Fargo South
All Around	Heidi Goehring	Bismarck Century	<u>2008</u>		
<u>2000</u>			Vault	Brooklyn Bender	Minot
Vault	Andrea Albertson	Minot	Floor Exercise	Brittany Johnson	Grand Forks
Floor Exercise	Heidi Goehring	Bismarck Century	Beam	Jennifer Bachamp	Dickinson
Beam	Kari Nolz	Bismarck	Bars	Brogan Burwick	Dickinson
Bars	Andrea Albertson	Minot	All Around	Mackenzie Keidel	Bismarck
All Around	Heidi Goehring	Bismarck Century			

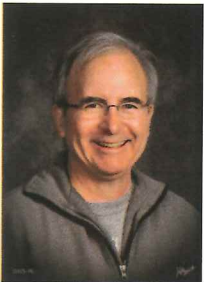
<u>2009</u>			<u>2010</u>		
Vault	Brooklyn Bender	Minot	Vault	Brooklyn Bender	Minot
Floor Exercise	Kelsey Dukart	Dickinson	Floor Exercise	Brooklyn Bender	Minot
Beam	Brogan Burwick	Dickinson	Beam	Faith Marty	Fargo North
Bars	Alex Braaten	Grand Forks	Bars	Kaylee Keller	Bismarck
All Around	Alex Braaten	Grand Forks	All Around	Brooklyn Bender	Minot
<u>2011</u>			<u>2011</u>		
Vault	Samantha Huether	Minot	Vault	Samantha Huether	Minot
Floor Exercise	Acacia Fossum	Dickinson	Floor Exercise	Acacia Fossum	Dickinson
Beam	Acacia Fossum	Dickinson	Beam	Acacia Fossum	Dickinson
Bars	Jennifer Albers	Bismarck Century	Bars	Jennifer Albers	Bismarck Century
All Around	Acacia Fossum	Dickinson	All Around	Acacia Fossum	Dickinson
<u>2012</u>			<u>2012</u>		
Vault	Mackenzie Keidel	Bismack	Vault	Mackenzie Keidel	Bismack
Floor Exercise	Acacia Fossum	Dickinson	Floor Exercise	Acacia Fossum	Dickinson
Beam	Kiara Bock	Fargo Davies	Beam	Kiara Bock	Fargo Davies
Bars	Jennifer Albers	Bismarck Century	Bars	Jennifer Albers	Bismarck Century
All Around	Acacia Fossum	Dickinson	All Around	Acacia Fossum	Dickinson
<u>2013</u>			<u>2013</u>		
Vault	Faith Marty	Fargo	Vault	Faith Marty	Fargo
Floor Exercise	Mikaela Kessel	Dickinson	Floor Exercise	Mikaela Kessel	Dickinson
Beam	Faith Marty	Fargo	Beam	Faith Marty	Fargo
Bars	Jessica Gabriel	Bismarck Century	Bars	Jessica Gabriel	Bismarck Century
All Around	Acacia Fossum	Dickinson	All Around	Acacia Fossum	Dickinson
<u>2014</u>			<u>2014</u>		
Vault	Jessica Gabriel	Bismarck Century	Vault	Jessica Gabriel	Bismarck Century
Floor Exercise	Acacia Fossum	Dickinson	Floor Exercise	Acacia Fossum	Dickinson
Beam	Kiara Bock	Fargo Davies	Beam	Kiara Bock	Fargo Davies
Bars	Jessica Gabriel	Bismarck Century	Bars	Jessica Gabriel	Bismarck Century
All Around	Kaylee Keller	Bismarck	All Around	Kaylee Keller	Bismarck
<u>2015</u>			<u>2015</u>		
Vault	Madison Reiter	Minot	Vault	Madison Reiter	Minot
Floor Exercise	Acacia Fossum	Dickinson	Floor Exercise	Acacia Fossum	Dickinson
Beam	Acacia Fossum	Dickinson	Beam	Acacia Fossum	Dickinson
Bars	Acacia Fossum	Dickinson	Bars	Acacia Fossum	Dickinson
All Around	Acacia Fossum	Dickinson	All Around	Acacia Fossum	Dickinson
<u>2016</u>			<u>2016</u>		
Vault	Keana Kudrna	Dickinson	Vault	Keana Kudrna	Dickinson
Floor Exercise	Acacia Fossum	Dickinson	Floor Exercise	Acacia Fossum	Dickinson
Beam	Acacia Fossum	Dickinson	Beam	Acacia Fossum	Dickinson
Bars	Acacia Fossum	Dickinson	Bars	Acacia Fossum	Dickinson
All Around	Acacia Fossum	Dickinson	All Around	Acacia Fossum	Dickinson
<u>2017</u>			<u>2017</u>		
Vault	Julia Red Wing	Bismarck	Vault	Julia Red Wing	Bismarck
Floor Exercise	Ayanna Fossum	Dickinson	Floor Exercise	Ayanna Fossum	Dickinson
Beam	Rachel Schiele	Jamestown	Beam	Rachel Schiele	Jamestown
Bars	Julia Red Wing	Bismarck	Bars	Julia Red Wing	Bismarck
All Around	Julia Red Wing	Bismarck	All Around	Julia Red Wing	Bismarck

# MEET THE COACHES



*Linda Grina—Bismarck Public Schools (Bismarck, Century & Legacy)*

Linda is a Dickinson native and has been involved with gymnastics since 1970. She competed for Dickinson High School and at Minot State. She judged High school gymnastics from 1988 to 1996. Linda was the assistant High School gymnastics coach in Bismarck from 1997 to 2014. Linda has been the Head gymnastics coach for Bismarck Public Schools since 2015. She worked and coached all levels of gymnastics at Bismarck Gymnastics Academy from 1992 until August of 2017. Linda is married to Kevin, they have 2 grown daughters one of which is married, and a grandson.



*Kent Van Ellis—Dickinson*

Kent was a public school teacher in Dickinson from 1983 until 2014. He has been head gymnastics coach at Dickinson High School since 1983. He has a bachelor's degree in political science and a master's degree in physical education from South Dakota State University. He is married to Valerie and has two children, Mara and Luke.



*Kyrstin Filip—Fargo Public Schools (Davies, North & South)*

Kyrstin has been involved with gymnastics for most of her life. She started gymnastics at the age of 3 and continued through the end of high school at Fargo North High. She became a judge from 2010-2012. Kyrstin was an assistant coach from 2012-2016 for Fargo High School gymnastics, and became the head coach in 2016.



*Courtney Engel—Grand Forks Public Schools (GFC & Red River)*

Courtney attended the University Of North Dakota where she obtained a Bachelor's Degree in Anthropology and Psychology. Courtney has been coaching gymnasts of all ability levels since 2006. Courtney is in her sixth year as head coach for the KnightRider Gymnastics Team. Courtney is the Administrative Director at Red River Valley Athletics. Courtney competed for her high school gymnastics team in her home town of Maple Grove, MN. Courtney is married with three fur babies Sully, Moose and Luke.



*Dave Tews—Jamestown*

Dave has been coaching the Blue Jays for 40 years. He graduated from Jamestown College in 1977. Dave taught middle school physical education for six years and middle school social studies for the past 34 years. He and his wife Jeanne have three grown children, Matt, Abby and Nick. He served as the diving coach for the Girls swimming and diving team (31 yrs) as well as coaching MS girl's track and field for 40 years.



# MEET THE COACHES



*Amanda Lantz—Mandan*

A Mandan Braves gymnast from 2003-2007, Amanda is the head coach of the Mandan Braves gymnastics team. The team returned to competition for the 2012-2013 season after 5 years of inactivity after petitions from Coach Lantz, MHS students and the local club gymnastics program. Coach Lantz has been coaching gymnastics ability levels ranging from beginner recreational to advanced competitive teams since 2003, with her main focus being competitive teams since 2006. In addition to her Braves team duties, Coach Lantz is currently the Program Director at Dakota Star Gymnastics in Mandan, where she has been overseeing the recreational programs, Team programs, Braves team off-season programs, and administrative processes since 2010.



*Robbie Werchau—Minot*

Robbie was a competitive gymnast through high school eventually competing for Valley City State University. In 1991, she moved to Minot and began her competitive coaching career. She has been actively involved since that time coaching USAG gymnastics, as well as the Minot High School gymnastics team. She currently teaches physical education at Central Campus. She is married to Lance and has two children. Hannah is a senior and a current competitive gymnast and her son, Trevor, graduated in 2014 and is a US Marine.



*Chelsy Filbert—Valley City*

Chelsy Filbert is in her first year coaching for Valley City. She is a student at VCSU majoring in English Education. Chelsy graduated from Wahpeton, ND in 2016 and competed in gymnastics for 10 years. She knew that she wanted to start coaching as a freshman in high school. She first started with recreational gymnastics and has now moved onto the high school level.

*Becca Greibel—Wahpeton*

I am an NDSCS student in the Dental Hygiene program. I did gymnastics in Pipestone, MN for 6 years and coached the peewee team while I was in high school. I have been coaching in Wahpeton for 2 years.

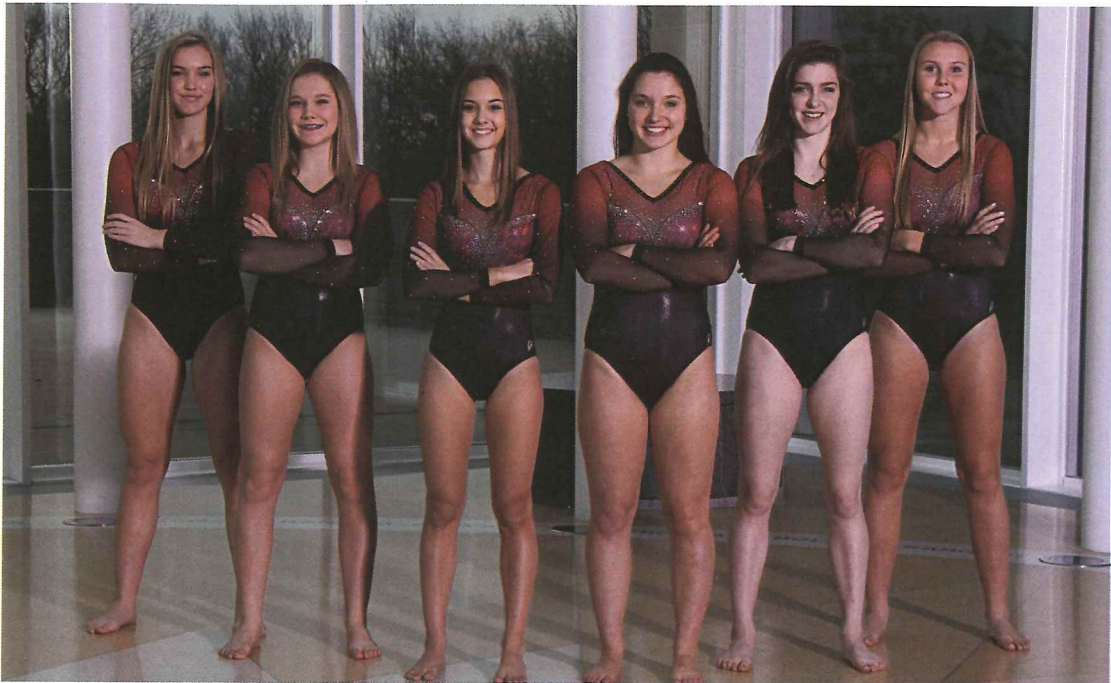


*Patty Moses—Wahpeton*

I live in Breckenridge, MN with my husband Jason and two kids Kaylie (8) and Brady (4). Gymnastics has been a part of my life since I was 18 months old in a parent tot class. I have been coaching for 24 years. I currently teach pre-school, coach our USAG competitive and pre-team gymnasts as well as the High School gymnasts and am the Director of Three Rivers Gymnastics in Wahpeton.

## Bismarck

## Demons



(L-R): Carissa Albert, Kate Dillman, Morgan Salwei, Julia Red Wing, Kenzie Johnson, Lauren Carlson



- Superintendent: Tamara Uselman
- Principal: David Wisthoff
- Athletic Director: Scott Nustad, Dave Zittleman
- Head Coach: Linda Grina
- School Colors: Maroon & White
- School Song: BHS Pep Song
- Enrollment (9-12): 1215

TEAM SCORE: \_\_\_\_\_

#	Name	Vault	Bars	Beam	Floor	All-Around
202	Julia Red Wing					
205	Lauren Carlson					
211	Morgan Salwei					
212	Kate Dillman					
213	Mackenzie Johnson					
214	Carissa Albert					
TOTAL TOP 4 SCORES						



Davies

Eagles



Back (L-R): Kaitlyn Czernek, Alyssa Gierke, Brynn Nyland, Regan Berg, Anna Suppes, Victoria Olson  
Middle (L-R): Amorelle Upton, Allison Gaber, Madeline Fischer, Kara Poynter, Sydney Bischoff  
Front (L-R): Kalyn King, Alyssa Impola, Jayden Lindgren, Clare Ebsen



Superintendent: Dr. Jeff Schatz  
Principal: Troy Cody  
Athletic Director: Lenny Ohlhauser, Todd Olson  
Head Coach: Kyrstin Filip  
School Colors: Cardinal Red & Vegas Gold  
School Song: Davies School Song  
Enrollment (9-12): 1204

TEAM SCORE: \_\_\_\_\_

#	Name	Vault	Bars	Beam	Floor	All-Around
301	Jayden Lindgren					
302	Allie Gaber					
303	Brynn Nyland					
306	Alyssa Gierke					
307	Amorelle Upton					
308	Kara Poynter					
309	Alysa Imola					
311	Kalyn King					
312	Regan Berg					
314	Maddie Fischer					
315	Anna Suppes					
319	Victoria Olson					
TOTAL TOP 4 SCORES						

Dickinson

Midgets



Front (L-R): Peyton Laser, Amy Fridley, Brooklyn Deguzman, Ruby Benton, Brinklyn Schumacher  
Middle (L-R): Katie Henry, Ayanna Fossum, Faith Beck, Macy Leiss, Courtney Roller  
Back (L-R): Kent Van Ells (Head Coach), Dacia Rambousek, Veronica Pavek, Meghan Ackerman, Teghan Hoff, Casey Kostelecky (Asst. Coach)



Superintendent: Dr. Doug Sullivan  
Principal: Ron Dockter  
Athletic Director: Guy Fridley  
Head Coach: Kent Van Ells  
School Colors: Orange & Black  
School Song: Notre Dame Victory March  
Enrollment (9-12): 881

TEAM SCORE: \_\_\_\_\_

#	Name	Vault	Bars	Beam	Floor	All-Around
401	Ayanna Fossum					
402	Teghan Hoff					
403	Amy Fridley					
404	Dacia Rambousek					
406	Meghan Ackerman					
407	Brooklyn Deguzman					
408	Courtney Roller					
409	Peyton Laser					
410	Faith Beck					
412	Ruby Benton					
414	Veronica Pavek					
416	Brinklyn Schumacher					
417	Katie Henry					
418	Macy Leiss					
TOTAL TOP 4 SCORES						



Grand Forks

Knight Riders



**Front (L-R):** Tara Walski, Emma Curtiss, Rebekah Kauffman, Ava Nelson, Melody Nguyen, Chloe Haakenson **Second (L-R):** Delani Barrett, Katie Blackmun, Macie Stanislawski, Quinn Jenkins, Hannah Pariseau, Kahri Benjamin, Tati Garcia **Third (L-R):** Leecia Flaten, Coach Megan Johnson, Coach Jen Pauli, Coach Courtney Engel, Coach Emma Harvang, Sydney Passa **Back (L-R):** Kayla Lamoureux, Sydnee Spivey, Julia Miller, Maddie Fontaine, Emily Kilichowski, Charisse Vetsch, Madelynne Heydt




**Superintendent:**  
**Principals:**  
**Athletic Director:**  
**Head Coach:**  
**School Colors:**  
**School Song:**  
**Enrollment (9-12):**

Larry Nybladh  
Buck Kasowski, Kris Arason  
Mark Rerick  
Courtney Engel  
Maroon & Grey/Red, Black & White  
Onward Central/Rider Fight Song  
949/1177

TEAM SCORE: \_\_\_\_\_

#	Name	Vault	Bars	Beam	Floor	All-Around
502	Macie Stanislawski					
504	Madelynne Heydt					
506	Emily Kilichowski					
507	Sydnee Spivey					
509	Katie Blackmun					
510	Julia Miller					
512	Kayla Lamoureux					
515	Melody Nguyen					
516	Delani Barrett					
524	Charisse Vetsch					
532	Sydney Passa					
545	Rebekah Kauffman					
TOTAL TOP 4 SCORES						

Jamestown

Blue Jays



**Back (L-R):** Ashley Kronebusch, Sadie Meissner, Alexis Triebenbach, Abby Kallenback, Hannah Schiele, Anabelle Cramer, Dave Tews **Middle (L-R):** Andrea Bitz, Rachel Woodley, Courtney Mack, Makenna O'neal, Kaelyn Nygaard, Brenna Hatch, Kristen Gee **Front (L-R):** Erin Gee, Sydney Fisher, Haley Nelson, Rachel Schiele, Emma Hillerud, Blair Arbuckle



**Superintendent:**  
**Principal:**  
**Athletic Director:**  
**Head Coach:**  
**School Colors:**  
**School Song:**  
**Enrollment (9-12):**

Rob Lech  
Adam Gehlhar  
Jim Roaldson  
Dave Tews  
Royal Blue & White  
Blue Jay Booster  
634

TEAM SCORE: \_\_\_\_\_

#	Name	Vault	Bars	Beam	Floor	All-Around
159	Courtney Mack					
165	Haley Nelson					
168	Rachel Schiele					
175	Hannah Schiele					
180	Emma Hillerud					
183	Makenna O'Neal					
185	Abby Kallenbach					
187	Alexis Triebenbach					
195	Brenna Hatch					
TOTAL TOP 4 SCORES						



Legacy

Sabres



Back (L-R): Zoe Prince, Hannah Schumacher, Erica Stugelmeyer, Taylor Weidner Front (L-R): Kalyssa Erickson, Madison Deics, Liz Goldade, Alyssa Larson



Superintendent: Tamara Uselman  
Principal: Thomas Schmidt  
Athletic Director: Paul Jundt, Dave Zittleman  
Head Coach: Linda Grina  
School Colors: Black, Vegas Gold & White  
School Song: Legacy High School Song  
Enrollment (9-12): 1174

#	Name	Vault	Bars	Beam	Floor	All-Around
606	Elicca Stugelmeyer					
608	Madison Deics					
614	Liz Goldade					
617	Taylor Weidner					
621	Alyssa Larson					
622	Kalyssa Erickson					
TOTAL TOP 4 SCORES						

Minot

Magicians



Front (L-R): Olivia Spengler, Bella Price, Mackenzie Strange Middle (L-R): Ashlyn Nielsen, Assistant Coach Hannah Werchau, Grace Shanklin, Head Coach Robbie Werchau Back (L-R): Emma Spengler, Makenna Peterson, Mikayla Kippen, Emma Wedar, Nikayla Wacha, Jordyn Kitzman



Superintendent: Mark Vollmer  
Principal: Scott Faul & Keith Altendorf  
Athletic Director: Mitch Lunde  
Head Coaches: Robbie Werchau  
School Colors: Maroon & Gold  
School Song: Loyal & True  
Enrollment (9-12): 1975

TEAM SCORE: \_\_\_\_\_

#	Name	Vault	Bars	Beam	Floor	All-Around
1	Grace Shanklin					
2	Ashlyn Nielsen					
3	Olivia Spengler					
4	Makenna Peterson					
5	Mackenzie Strange					
7	Bella Price					
8	Emma Spengler					
9	Mikayla Kippen					
12	Jordyn Kitzman					
TOTAL TOP 4 SCORES						



Valley City

Hi-Liners



Back (L-R): Kennadee Jorissen, Olivia Olson, Britta Roehrich, Jocey Kriewald, Coach Chelsy Filbert Front (L-R): Abbey Thornton, Karina Olson



Superintendent: Josh Johnson  
Principal: Kristi Brandt, Dan Larson  
Athletic Director: Mike Schultz  
Head Coach: Chelsy Filbert  
School Colors: Columbia Blue, Navy Blue & White  
School Song: White & Blue  
Enrollment (9-12): 347

TEAM SCORE: \_\_\_\_\_

#	Name	Vault	Bars	Beam	Floor	All-Around
872	Jocey Kriewald					
873	Karina Olson					
876	Britta Roehrich					
877	Olivia Olson					
878	Abbey Thornton					
TOTAL TOP 4 SCORES						

INDIVIDUAL COMPETITION  
GROUP 1

ROTATION 1			VAULT		ROTATION 2			BARS	
—	925	Jada Persons		Fargo	—	5	Mackenzie Strange		Minot
—	509	Katie Blackmun		Grand Forks	—	168	Rachel Schiele		Jamestown
—	876	Britta Roehrich		Valley City	—	412	Ruby Benton		Dickinson
—	275	Shalie Lipp		Wahpeton	—	925	Jada Persons		Fargo
—	617	Taylor Weinder		Legacy	—	617	Taylor Weidner		Legacy
—	571	Mckayla Lindbo		Mandan	—	180	Emma Hillerud		Jamestown
—	7	Bella Price		Minot	—	7	Bella Price		Minot
—	168	Rachel Schiele		Jamestown	—	507	Sydnee Spivey		Grand Forks
—	507	Sydnee Spivey		Grand Forks	—	509	Katie Blackmun		Grand Forks
—	202	Julia Red Wing		Bismarck	—	532	Sydney Passa		Grand Forks
					—	571	Mckayla Lindbo		Mandan
					—	202	Julia Red Wing		Bismarck

ROTATION 3			BEAM		ROTATION 4			FLOOR	
—	575	Nellie Masseth		Mandan	—	509	Katie Blackmun		Grand Forks
—	925	Jada Persons		Fargo	—	202	Julie Red Wing		Bismarck
—	509	Katie Blackmun		Grand Forks	—	507	Sydnee Spivey		Grand Forks
—	507	Sydnee Spivey		Grand Forks	—	168	Rachel Schiele		Jamestown
—	202	Julia Red Wing		Bismarck	—	571	Mckayla Lindbo		Mandan
—	168	Rachel Schiele		Jamestown	—	7	Bella Price		Minot
—	571	Mckayla Lindbo		Mandan	—	925	Jada Persons		Fargo
—	195	Brenna Hatch		Jamestown	—	876	Britta Roehrich		Valley City
—	7	Bella Price		Minot	—	195	Brenna Hatch		Jamestown
—	876	Britta Roehrich		Valley City					



**INDIVIDUAL COMPETITION**  
**GROUP 2**

ROTATION 1			BARS	ROTATION 2			BEAM
—	510	Julia Miller	Grand Forks	—	410	Faith Beck	Dickinson
—	183	Makenna O'neal	Jamestown	—	183	Makenna O'neal	Jamestown
—	175	Hannah Schiele	Jamestown	—	515	Melody Nguyen	Grand Forks
—	878	Abbey Thornton	Valley City	—	165	Haley Nelson	Jamestown
—	315	Anna Suppes	Davies	—	409	Peyton Laser	Dickinson
—	873	Karina Olson	Valley City	—	608	Madison Deics	Legacy
—	608	Madison Deics	Legacy	—	315	Anna Suppes	Davies
—	212	Kate Dillman	Bismarck	—	175	Hannah Schiele	Jamestown
—	410	Faith Beck	Dickinson	—	212	Kate Dillman	Bismarck
—	165	Haley Nelson	Jamestown	—	914	Mackenzie Rhode	Fargo
				—	873	Karina Olson	Valley City
				—	878	Abbey Thornton	Valley City

ROTATION 3			FLOOR	ROTATION 4			VAULT
—	608	Madison Deics	Legacy	—	878	Abbey Thornton	Valley City
—	212	Kate Dillman	Bismarck	—	256	Jerrica Stack	Wahpeton
—	408	Courtney Roller	Dickinson	—	510	Julia Miller	Grand Forks
—	510	Julia Miller	Grand Forks	—	165	Haley Nelson	Jamestown
—	315	Anna Suppes	Davies	—	516	Delani Barrett	Grand Forks
—	878	Abbey Thornton	Valley City	—	315	Anna Suppes	Davies
—	175	Hannah Schiele	Jamestown	—	212	Kate Dillman	Bismarck
—	873	Karina Olson	Valley City	—	608	Madison Deics	Legacy
—	515	Melody Nguyen	Grand Forks	—	873	Karina Olson	Valley City
—	165	Haley Nelson	Jamestown	—	183	Makenna O'neal	Jamestown
—	410	Faith Beck	Dickinson	—	410	Faith Beck	Dickinson
—	183	Makenna O'neal	Jamestown	—	175	Hannah Schiele	Jamestown
—	409	Peyton Laser	Dickinson				

**INDIVIDUAL COMPETITION**  
**GROUP 3**

ROTATION 1			BEAM	ROTATION 2			FLOOR
—	621	Alyssa Larson	Legacy	—	8	Emma Spengler	Minot
—	524	Charisse Vetsch	Grand Forks	—	414	Veronica Pavek	Dickinson
—	414	Veronica Pavek	Dickinson	—	401	Ayanna Fossum	Dickinson
—	585	Rylee Bowers	Mandan	—	606	Elicca Stugelmeyer	Legacy
—	1	Grace Shanklin	Minot	—	187	Alexis Triebenbach	Jamestown
—	418	Macy Leiss	Dickinson	—	312	Regan Berg	Davies
—	187	Alexis Triebenbach	Jamestown	—	402	Teghan Hoff	Dickinson
—	606	Elicca Stugelmeyer	Legacy	—	404	Dacia Rambousek	Dickinson
—	416	Brinklyn Schumacher	Dickinson	—	205	Lauren Carlson	Bismarck
—	404	Dacia Rambousek	Dickinson	—	416	Brinklyn Schumacher	Dickinson
—	402	Teghan Hoff	Dickinson	—	418	Macy Leiss	Dickinson
—	401	Ayanna Fossum	Dickinson				

ROTATION 3			VAULT	ROTATION 4			BARS
—	402	Teghan Hoff	Dickinson	—	187	Alexis Triebenbach	Jamestown
—	606	Elicca Stugelmeyer	Legacy	—	1	Grace Shanklin	Minot
—	416	Brinklyn Schumacher	Dickinson	—	416	Brinklyn Schumacher	Dickinson
—	404	Dacia Rambousek	Dickinson	—	606	Elicca Stugelmeyer	Legacy
—	187	Alexis Triebenbach	Jamestown	—	8	Emma Spengler	Minot
—	504	Madelynne Heydt	Grand Forks	—	205	Lauren Carlson	Bismarck
—	205	Lauren Carlson	Bismarck	—	404	Dacia Rambousek	Dickinson
—	401	Ayanna Fossum	Dickinson	—	402	Teghan Hoff	Dickinson
—	312	Regan Berg	Davies	—	401	Ayanna Fossum	Dickinson
				—	524	Charisse Vetsch	Grand Forks



INDIVIDUAL COMPETITION  
GROUP 4

ROTATION 1	FLOOR	ROTATION 2	VAULT
3 Olivia Spengler	Minot	407 Brooklyn Deguzman	Dickinson
545 Rebekah Kauffman	Grand Forks	595 Kendal Blair	Mandan
512 Kayla Lamoureux	Grand Forks	872 Jocey Kriewald	Valley City
407 Brooklyn Deguzman	Dickinson	406 Meghan Ackerman	Dickinson
502 Macie Stanislawski	Grand Forks	545 Rebekah Kauffman	Grand Forks
877 Olivia Olson	Valley City	3 Olivia Spengler	Minot
211 Morgan Salwei	Bismarck	211 Morgan Salwei	Bismarck
872 Jocey Kriewald	Valley City	877 Olivia Olson	Valley City
406 Meghan Ackerman	Dickinson	403 Amy Fridley	Dickinson
403 Amy Fridley	Dickinson	159 Courtney Mack	Jamestown
		185 Abby Kallenbach	Jamestown
		928 Alex Johnson	Fargo

ROTATION 3	BARS	ROTATION 4	BEAM
512 Kayla Lamoureux	Grand Forks	545 Rebekah Kauffman	Grand Forks
877 Olivia Olson	Valley City	406 Meghan Ackerman	Dickinson
9 Mikayla Kippen	Minot	403 Amy Fridley	Dickinson
403 Amy Fridley	Dickinson	3 Olivia Spengler	Minot
545 Rebekah Kauffman	Grand Forks	407 Brooklyn Deguzman	Dickinson
872 Jocey Kriewald	Valley City	211 Morgan Salwei	Bismarck
406 Meghan Ackerman	Dickinson	877 Olivia Olson	Valley City
3 Olivia Spengler	Minot	872 Jocey Kriewald	Valley City
211 Morgan Salwei	Bismarck		
407 Brooklyn Deguzman	Dickinson		

Fargo South/North Bruins/Spartans



Back (L-R): Alex Johnson, Mackenzie Rhode, Jada Persons, Reagan Kienenberger Middle (L-R): Managers Jessica Green, Ana Solberg Front (L-R): Mia Aarestad and Chloe Stegman



Superintendent: Dr. Jeff Schatz  
Principals: Dr. Todd Bertsch, Andy Dahlen  
Athletic Directors: Mike Beaton, Travis Christensen, Todd Olson  
Head Coach: Kyrstin Filip  
School Colors: Brown & Gold/Blue & Gold  
School Song: On Wisconsin/U Northwestern  
Enrollment (9-12): 1050/898

#	Name	Vault	Bars	Beam	Floor	All-Around
914	Mackenzie Rhode					
925	Jada Persons					
928	Alex Johnson					



Mandan

Braves



Back (L-R): Juliann Spilman, Hanna Krause, Kathryn Slavick 4th (L-R): Coach Christine Hersch, Matia Anderson, Morgan Anderson, Coach Amanda Lantz 3rd (L-R): Taylor Dean, Rylee Bowers, Trinity Duran, Jaysea Bowers, CaSandra Bendish 2nd (L-R): Alexys Walker, Madison Frohlich, Kendal Blair Front (L-R): McKayla Lindbo, Nellie Masseth



Superintendent: Dr. Mike Bitz  
Principal: Mark Andresen  
Athletic Director: Lorell Jungling  
Head Coach: Amanda Lantz  
School Colors: Black & White  
School Song: Here's to Mandan  
Enrollment (9-12): 1024

#	Name	Vault	Bars	Beam	Floor	All-Around
571	McKayla Lindbo					
575	Nellie Masseth					
585	Rylee Bowers					
595	Kendal Blair					

Wahpeton

Huskies



Back (L-R): Quinn Bassingthwaite, McKenna Nelson, Anika Birkelo Front (L-R): Kiah Klein, Jerrica Stack, Shalie Lipp, Abbie Skovholt



Superintendent: Rick Jacobson  
Principal: Ned Clooten  
Athletic Director: Michael McCall  
Head Coach: Patty Moses, Becka Greibel  
School Colors: Purple & Gold  
School Song: Notre Dame Victory March  
Enrollment (9-12): 386

#	Name	Vault	Bars	Beam	Floor	All-Around
256	Jerrica Stack					
275	Shalie Lapp					



## RULE 12: CHALK UP.



**CODE** FOR THE **ROAD**

FOLLOW THE RULES, FOLLOW THE LAW.

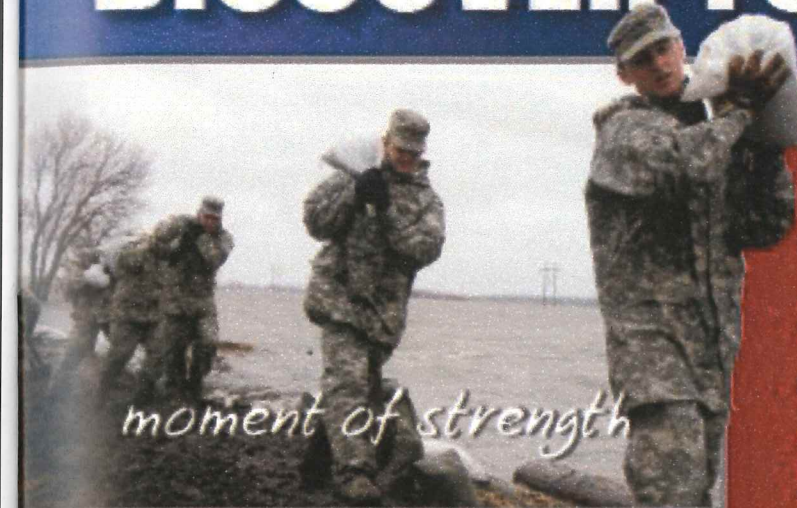
**NDDOT**  
North Dakota  
Department of Transportation

**NDACo**  
NORTH DAKOTA ASSOCIATION OF COLLEGES

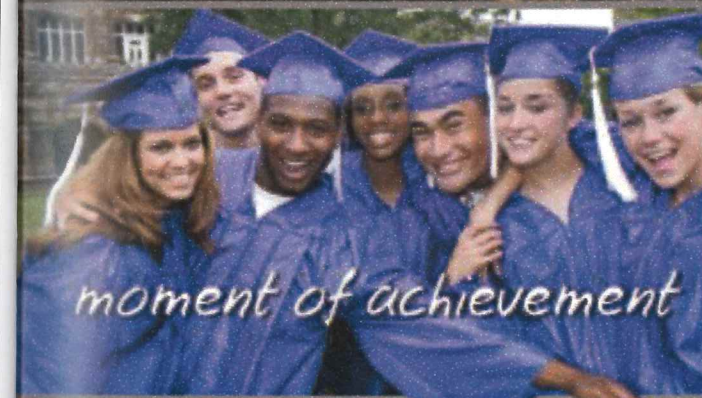
**RULE 1:**  
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**EVERY TIME.**

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