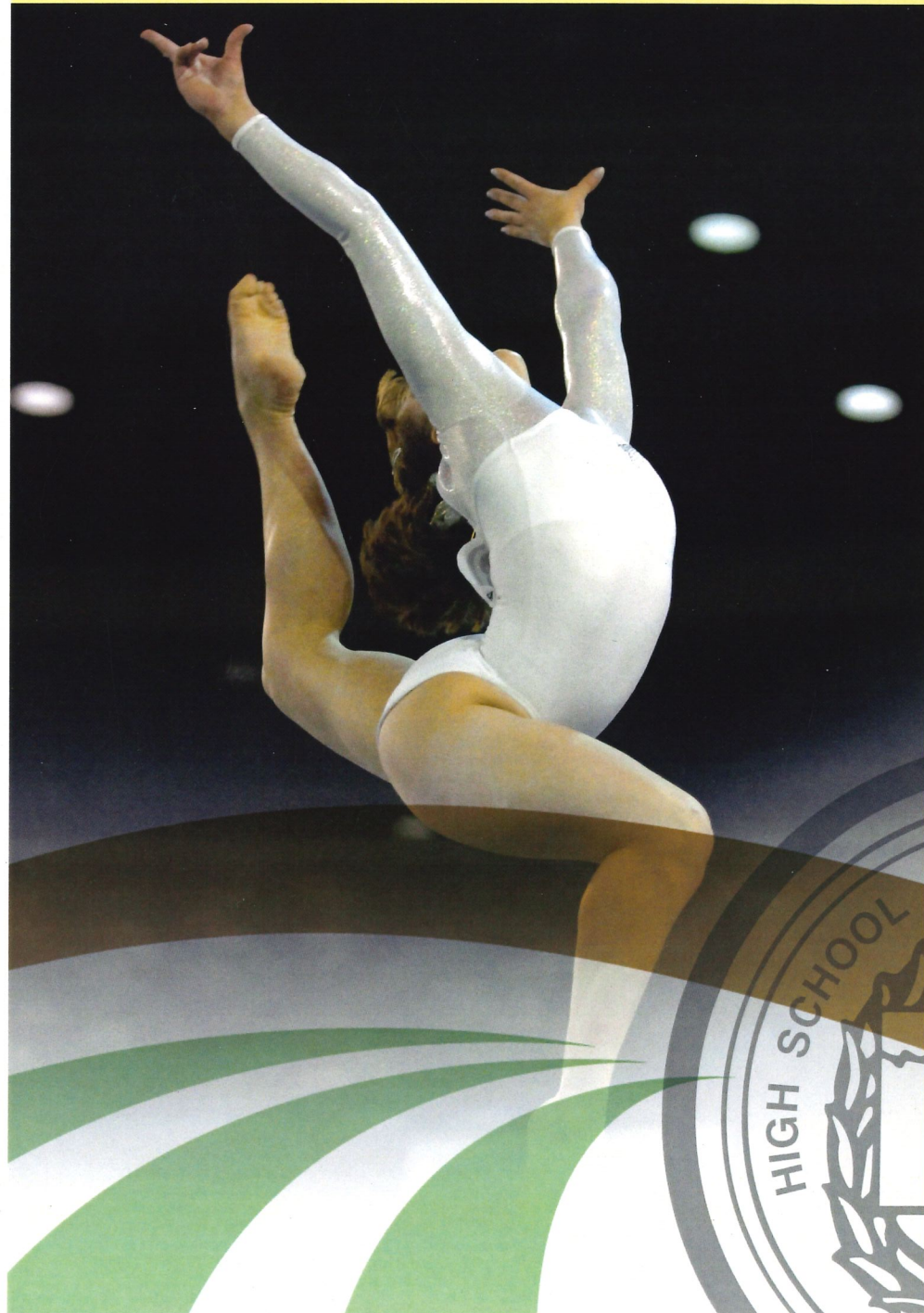


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\$5

2020 STATE CHAMPIONSHIPS

FEBRUARY 28.29  
DICKINSON HIGH SCHOOL  
DICKINSON, NORTH DAKOTA

HALEY NELSON  
JAMESTOWN  
2019 STATE  
BEAM CHAMPION



DICKINSON  
MIDGETS  
2019 STATE  
CHAMPIONS



AYANNA FOSSUM  
DICKINSON  
2019 STATE  
VAULT • FLOOR  
ALL-AROUND  
CHAMPION



RACHEL SCHIELE  
JAMESTOWN  
2019 STATE  
BARS CHAMPION



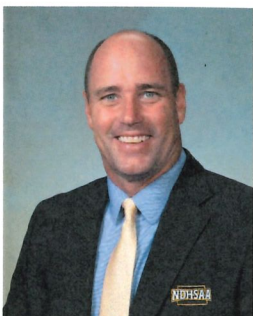
# GYMNASICS



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Board President



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Board Vice President



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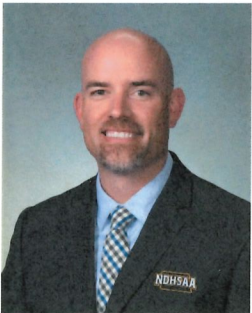
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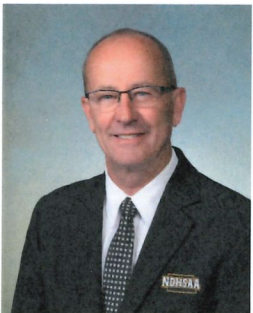
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Class B NW Representative



Michael Sorlie  
Athletic Administrators  
Representative

TEAM DAY - FRIDAY, FEBRUARY 28

1:00 PM	Gym Opens
1:15 PM	Coaches' Meeting
1:45-3:45 PM	Timed Warm Ups
3:00 PM	Officials' Meeting and video preview for base score
3:45 PM	Opening Ceremony
4:00 PM	Begin Competition

INDIVIDUAL DAY - SATURDAY, FEBRUARY 29

10:45 AM	Gym Opens
11:00 AM	Coaches' Meeting
11:30 AM	Timed Warm-ups Begin
12:30 PM	Video review for base score
12:45 PM	Opening Ceremonies
1:00 PM	Begin Competition

SCHEDULES

2020 NORTH DAKOTA STATE TEAM DAY

Warm-ups	V	UB	BB	FX
1:55pm	Dickinson	Valley City	Grand Forks	Fargo
2:04pm	3 Min. Equipment Set	3 Min. Equipment Set	3 Min. Equipment Set	3 Min. Equipment Set
2:07pm	Century	Jamestown	Legacy	Wahpeton
2:16pm	3 Min. Equipment Set	3 Min. Equipment Set	3 Min. Equipment Set	3 Min. Equipment Set
2:19pm	Fargo	Dickinson	Wahpeton	Century
2:28pm	3 Min. Equipment Set	3 Min. Equipment Set	3 Min. Equipment Set	3 Min. Equipment Set
2:31pm	Valley City	Legacy	Jamestown	Grand Forks
2:40pm	3 Min. Equipment Set	3 Min. Equipment Set	3 Min. Equipment Set	3 Min. Equipment Set
2:43pm	Grand Forks	Wahpeton	Dickinson	Legacy
2:52pm	3 Min. Equipment Set	3 Min. Equipment Set	3 Min. Equipment Set	3 Min. Equipment Set
2:55pm	Jamestown	Century	Fargo	Valley City
3:04pm	3 Min. Equipment Set	3 Min. Equipment Set	3 Min. Equipment Set	3 Min. Equipment Set
3:07pm	Legacy	Grand Forks	Valley City	Jamestown
3:16pm	3 Min. Equipment Set	3 Min. Equipment Set	3 Min. Equipment Set	3 Min. Equipment Set
3:19pm	Wahpeton	Fargo	Century	Dickinson
3:28pm				

Competition Rotations	V	UB	BB	FX
1	Century Dickinson	Valley City Jamestown	Grand Forks Legacy	Fargo Wahpeton
2	Fargo Valley City	Dickinson Legacy	Wahpeton Jamestown	Century Grand Forks
3	Jamestown Grand Forks	Wahpeton Century	Dickinson Fargo	Legacy Valley City
4	Legacy Wahpeton	Grand Forks Fargo	Valley City Century	Jamestown Dickinson



# 2020 STATE GYMNASTICS OFFICIALS

## MEET REFEREE

Tara Hofmann

## BEAM

Caitlin Hoff - Chief  
Whitney Conmy - Acting  
Kim Ressler - Acting

## BARs

Cindy Gee - Chief  
Jess Siders - Acting  
Brooke Erstad - Acting

## VAULT

Rachel Johnson - Chief  
Mary Meyer - Acting  
Lora Fisher - Acting

## FLOOR

Stacey Ringoen - Chief  
Laurie Strommen - Acting  
Ruth Walsh - Acting

## HISTORY OF GYMNASTICS IN NORTH DAKOTA

The first gymnastics championships sponsored by the North Dakota High School Activities Association took place in 1969. Jamestown High School came away with the first championship title.

Competition has changed since the first championships. At the first meet, competition took place in tumbling, trampoline, balance beam, uneven bars, side-horse, floor exercise and all-around. Each event was divided into three levels: novice, intermediate and junior.

The following year, and every year since, the state championships have included only five events. The tumbling and trampoline events were eliminated and the side-horse became the vault. In 2003, the apparatus used in the vault event changed from a vaulting horse to the vault table.

The 1974 state meet saw the last novice, intermediate and junior divisions. Currently, North Dakota has two championships prior to the state meet. The EDC in the east and the WDA meet in the west. Although the qualifying mechanism has changed over the years, the state meet continues to have the top 40 qualifiers on each event in the state and the top 30 all-around qualifiers in the state vying for the event championships. What hasn't changed is the dedication and hard work of the coaches and the competitors.

## TEAM CHAMPIONS AND RUNNER UPS

YEAR	CHAMPION	RUNNER-UP
2019	Dickinson	Legacy
2018	Dickinson	Bismarck
2017	Dickinson	Bismarck
2016	Dickinson	Minot
2015	Minot	Dickinson
2014	Dickinson	Minot
2013	Dickinson	Minot
2012	Minot	Dickinson
2011	Minot	Dickinson
2010	Minot	Dickinson
2009	Minot	Dickinson
2008	Dickinson	Minot
2007	Dickinson	Minot
2006	Grand Forks	Minot
2005	Grand Forks	Bismarck
2004	Grand Forks	Minot
2003	Bismarck	Grand Forks
2002	Bismarck	Century
2001	Bismarck	Century
2000	Century	Bismarck
1999	Century	Bismarck
1998	Minot	Century
1997	Minot	Century
1996	Century	Minot
1995	Century	Minot
1994	Minot	Fargo South
1993	Minot	Fargo South
1992	Minot	Fargo South
1991	Minot	Fargo South
1990	Fargo South	Minot
1989	Fargo South	Minot
1988	Dickinson	Century
1987	Dickinson	Fargo South
1986	Fargo South	Bismarck
1985	Fargo South	Dickinson
1984	Minot	Dickinson
1983	Fargo South	Dickinson
1982	Fargo South	Valley City
1981	Fargo South	Dickinson
1980	Fargo South	Dickinson
1979	Fargo South	Dickinson
1978	Fargo South	Dickinson
1977	Fargo South	Dickinson
1976	Dickinson	Fargo South
1975	Dickinson	Fargo South
1974	Dickinson, Fargo South (tie)	
1973	Fargo South	Dickinson
1972	Fargo South	Dickinson
1971	Fargo South	Jamestown
1970	Jamestown	Fargo South
1969	Jamestown	St. Mary's

## TEAM CHAMPIONS AND RUNNER UPS

TEAM	# OF CHAMPIONSHIPS	LAST YEAR TEAM WON A CHAMPIONSHIP
Fargo South	15	1990
Dickinson	13	2019
Minot	12	2015
Century	4	2000
Grand Forks	3	2006
Bismarck	3	2003
Jamestown	2	1970

## BEST ALL TIME TEAM SCORES SINCE 1981: AT LEAST 148.500

SCORE	TEAM	YEAR
151.017	Grand Forks	2004
150.532	Minot	2004
150.283	Grand Forks	2005
150.183	Bismarck	2002
150.133	Bismarck	2001
150.083	Bismarck	2003
149.967	Minot	2015
149.917	Dickinson	2013
149.799	Century	1996
149.349	Century	1999
149.332	Minot	1997
149.267	Century	2000
149.150	Minot	2011
149.150	Fargo South	1986
149.083	Grand Forks	2006
148.930	Bismarck	1986
148.920	Dickinson	1986
148.883	Century	2001
148.800	Fargo South	1990
148.600	Bismarck	1999
148.500	Minot	1994



# MEET THE COACHES

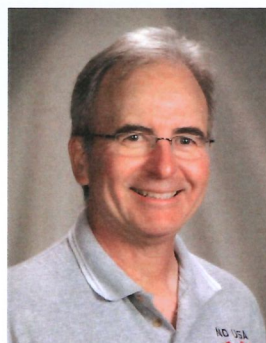


## LINDA GRINA

BISMARCK HIGH,  
BISMARCK CENTURY &  
LEGACY HEAD COACH

Linda is a Dickinson native and has been involved with gymnastics since 1970. She competed for Dickinson High School and at Minot State. She judged High school gymnastics from 1988 to 1996.

Linda was the ASST. High School gymnastics coach in Bismarck from 1997 to 2014. Linda has been the Head gymnastics coach for Bismarck Public Schools since 2015. She worked and coached all levels of gymnastics at Bismarck Gymnastics Academy from 1992 until August of 2017. Linda is married to Kevin, they have 2 grown daughters one of which is married, and 2 very special grandsons. Linda enjoys golfing, traveling and outdoor activities.



## KENT VAN ELLS

DICKINSON HEAD COACH

Kent Van Ells was a public school teacher in Dickinson from 1983 until 2014. He has been head gymnastics coach at Dickinson High School since 1983. He has a bachelor's degree in political science and a master's degree in physical

education from South Dakota State University. He is married to Valerie and has two children, Mara and Luke.



## KYRSTIN EMIL

FARGO NORTH/SOUTH AND  
DAVIES HEAD COACH

Gymnastics has always been a huge part of my life. I started gymnastics at the age of 3. I have experience in recreational classes, tramp and tumble, competitive, and High School gymnastics. I competed through my Senior

year at Fargo North High School. I judged for High School from 2010-2012. From 2012-2016 I was an ASST. Coach for Fargo and Davies. I have been the Head Coach since 2016.



## COURTNEY ENGEL

GRAND FORKS HEAD COACH

Courtney is originally from Maple Grove, MN where she competed on her high school team. She then attended the University of North Dakota, where she began coaching the KnightRider Gymnastics Team. She is currently in her

ninth season with the KnightRiders. Courtney is the Community Outreach Coordinator at United Way and is a personal trainer at Anytime Fitness. She and her husband, Tom, have a son, Thomas, along with many pets.

# MEET THE COACHES



## AMANDA CHASE

MANDAN HEAD COACH

Amanda Chase, a Mandan Braves gymnast from 2003-2007, is the head coach of the Mandan Braves gymnastics team. The team returned to competition for the 2012-2013 season after 5 years of inactivity after petitions from

Coach Chase, MHS students and the local club gymnastics program. Coach Chase has been coaching gymnastics since 2003, with her primary focus being on competitive teams since 2006. In addition to her Braves team duties, Coach Chase is currently the Program Director at Dakota Star Gymnastics in Mandan, where she has been overseeing the recreational programs, Team programs, Braves team off-season programs, and administrative processes since 2010. She lives in Hebron, ND with her husband, Pierson, and their corgi, Champ.

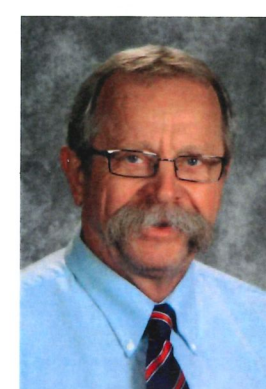


## ROBBIE WERCHAU

MINOT HEAD COACH

Robbie was a competitive gymnast through high school eventually competing for Valley City State University.

In 1991, she moved to Minot and began her competitive coaching career. She has been actively involved since that time coaching USAG gymnastics, as well as the Minot High School gymnastics team. She currently teaches Language Arts for Minot High School after many years of teaching Physical Education. She is married to Lance and has two adult children.



## DAVE TEWS

JAMESTOWN HEAD COACH

Dave has been coaching the Blue Jays for 42 years. He graduated from Jamestown College in 1977. Dave taught middle school physical education for six years and middle school social studies for the past 36 years. He and his wife Jeanne have three grown children, Matt, Abby and Nick. He

served as the diving coach for the Girls swimming and diving team (31 yrs) as well as coaching MS girl's track and field for 42 years.



## PATTY MOSES

WAHPETON HEAD COACH

I'm 39 years old and have been coaching for 27 years. This is my 16th year as Coach of all levels (Rec-HS) and Gym Director at Three Rivers Gymnastics in Wahpeton, ND. I live in Breckenridge, MN with my husband, Jason, and 2 kids, Kaylie (10) and Brady (6).

I started gymnastics at American Gold Gymnastics when I was 3 years old and was a gymnast on the FM Acro Team until I graduated in 1998. I started volunteer coaching when I was 10 years old and have been coaching ever since.

## MADISON FADELY

VALLEY CITY HEAD COACH

Maddy is originally from Indiana where she competed in USAG through level 10. She went on to college at IUPUI and pursued a degree in Kinesiology with a focus in Personal training. Maddy moved to Valley City in 2017 and became the head coach of the Twisters. This is her second season coaching the Valley City High School team.



# STATE INDIVIDUAL CHAMPIONS

**1969**  
Tumbling Marilyn Falk Jamestown  
Trampoline Kathy Ohnstad Fargo South  
Floor Exercise Barbara Mitchell Jamestown  
Beam Heather Snell Jamestown  
Bars Julie Nelson Jamestown  
All Around Barbara Mitchell Jamestown

**1970**  
Vault Tracy Gunkelman Fargo South  
Floor Exercise Barbara Mitchell Jamestown  
Beam Barbara Mitchell Jamestown  
Bars Barbara Mitchell Jamestown  
All Around Barbara Mitchell Jamestown

**1971**  
Vault Margaret Hagen St. Mary's  
Floor Exercise Melissa Henning Fargo South  
Beam Jo Pavicic Fargo South  
Bars Kathy Sullivan Jamestown  
All Around Jo Pavicic Fargo South

**1972**  
Vault Tracy Gunkelman Fargo South  
Floor Exercise Kathy Sullivan Jamestown  
Beam Kathy Sullivan Jamestown  
Bars Kathy Sullivan Jamestown  
All Around Melissa Henning Fargo South

**1973**  
Vault Tracy Gunkelman Fargo South  
Floor Exercise Linda Basaraba Dickinson  
Beam Linda Basaraba Dickinson  
Bars Tracy Gunkelman Fargo South  
All Around Tracy Gunkelman Fargo South

**1974**  
Vault Tracy Gunkelman Fargo South  
Floor Exercise Robin Huebner Dickinson  
Beam Robin Huebner Dickinson  
Bars Marcia Urban Fargo South  
All Around Robin Huebner Dickinson

**1975**  
Vault Robin Huebner Dickinson  
Floor Exercise Robin Huebner Dickinson  
Beam Robin Huebner Dickinson  
Bars Robin Huebner Dickinson  
All Around Robin Huebner Dickinson

**1976**  
Vault Robin Huebner Dickinson  
Floor Exercise Robin Huebner Dickinson  
Beam Robin Huebner Dickinson  
Bars Robin Huebner Dickinson  
All Around Robin Huebner Dickinson

**1977**  
Vault Mo Day Fargo South  
Floor Exercise Greta Sjursen Dickinson  
Beam Susie Schraufek Fargo South  
Bars Stacey Simle Fargo South  
All Around Greta Sjursen Dickinson

**1978**  
Vault Nancy Davis Dickinson  
Floor Exercise Jane Vanyo Fargo South  
Beam Susie Schraufek Fargo South  
Bars Stacey Simle Fargo South  
All Around Stacey Simle Fargo South

**1979**  
Vault Nancy Davis Dickinson  
Floor Exercise Susie Schraufek Fargo South  
Beam Susie Schraufek Fargo South  
Bars Stacey Simle Fargo South  
All Around Susie Schraufek Fargo South

**1980**  
Vault Kristi Tryhus Fargo South  
Floor Exercise Stacey Simle Fargo South  
Beam Stacey Simle Fargo South  
Bars Stacey Simle Fargo South  
All Around Stacey Simle Fargo South

**1981**  
Vault Kristi Tryhus Fargo South  
Floor Exercise Stacey Simle Fargo South  
Beam Cindy Rodlund Fargo South  
Bars Stacey Simle Fargo South  
All Around Cindy Rodlund Fargo South

**1982**  
Vault Lori Malsom Minot Ryan  
Floor Exercise Cindy Rodlund Fargo South  
Beam Cindy Rodlund Fargo South  
Bars Cindy Rodlund Fargo South  
All Around Cindy Rodlund Fargo South

**1983**  
Vault Julie Visina Minot Ryan  
Floor Exercise Cindy Rodlund Fargo South  
Beam Robin Wheeler Dickinson  
Bars Julie Visina Minot Ryan  
All Around Julie Visina Minot Ryan

**1984**  
Vault Robin Wheeler Dickinson  
Floor Exercise Cindy Rodlund Fargo South  
Beam Shelby Young Bismarck Century  
Bars Julie Visina Minot Ryan  
All Around Robin Wheeler Dickinson

**1985**  
Vault Cindy Rodlund Fargo South  
Floor Exercise Tami Russell Bismarck Century  
Beam Stacie Lowman Devils Lake  
Bars Julie Visina Minot Ryan  
All Around Julie Visina Minot Ryan

**1986**  
Vault Rachel Johnson Bismarck  
Floor Exercise Tami Russell Bismarck Century  
Beam Jodi Hansen Dickinson  
Bars Rachel Johnson Bismarck  
All Around Rachel Johnson Bismarck

**1987**  
Vault Cassie Osborn Fargo South  
Floor Exercise Cassie Osborn Fargo South  
Beam (tie) Cassie Osborn Fargo South  
Beam (tie) Kristi Dewald West Fargo  
Bars Julie Winje Minot  
All Around Kristi Dewald West Fargo

**1988**  
Vault Cassie Osborn Fargo South  
Floor Exercise Tami Russell Bismarck Century  
Beam Tami Russell Bismarck Century  
Bars Tami Russell Bismarck Century  
All Around Tami Russell Bismarck Century

**1989**  
Vault Stacie Lowman Fargo North  
Floor Exercise Cassie Osborn Fargo South  
Beam Cassie Osborn Fargo South  
Bars Teri Zimbelman Minot  
All Around Cassie Osborn Fargo South

**1990**  
Vault Stacie Lowman Fargo North  
Floor Exercise Cassie Osborn Fargo South  
Beam Cassie Osborn Fargo South  
Bars (tie) Cassie Osborn Fargo South  
Bars (tie) Jenny Nelson Fargo North  
All Around Cassie Osborn Fargo South

**1991**  
Vault Kim Sveum Minot  
Floor Exercise Jenny Nelson Fargo North  
Beam Tara Lefor Dickinson  
Bars Kim Sveum Minot  
All Around Kim Sveum Minot

**1992**  
Vault Kim Sveum Minot  
Floor Exercise Kim Sveum Minot  
Beam Nicole Ziegler Bismarck Century  
Bars Kim Sveum Minot  
All Around Kim Sveum Minot

**1993**  
Vault Kim Sveum Minot  
Floor Exercise Kim Sveum Minot  
Beam Kim Sveum Minot  
Bars Kim Sveum Minot  
All Around Kim Sveum Minot

**1994**  
Vault Kim Sveum Minot  
Floor Exercise Kim Sveum Minot  
Beam Jodi Schwehr Bismarck Century  
Bars Kim Sveum Minot  
All Around Kim Sveum Minot

**1995**  
Vault Jodi Schwehr Bismarck Century  
Floor Exercise Jodi Schwehr Bismarck Century  
Beam (tie) Molly McDonald Bismarck Century  
Beam (tie) Nicole Ziegler Bismarck Century  
Bars Krista Isakson Minot  
All Around Jodi Schwehr Bismarck Century

**1996**  
Vault Gina Lang Bismarck  
Floor Exercise Teri Ann Krefting Minot  
Beam Jodi Schwehr Bismarck Century  
Bars Jodi Schwehr Bismarck Century  
All Around Jodi Schwehr Bismarck Century

**1997**  
Vault Heidi Goehring Bismarck Century  
Floor Exercise Teri Ann Krefting Minot  
Beam Marie Boyeff Minot  
Bars Teri Ann Krefting Minot  
All Around Marie Boyeff Minot

**1998**  
Vault Heidi Goehring Bismarck Century  
Floor Exercise Heidi Goehring Bismarck Century  
Beam Teri Ann Krefting Minot  
Bars Gina Lang Bismarck  
All Around Gina Lang Bismarck

**1999**  
Vault Heidi Goehring Bismarck Century  
Floor Exercise Heidi Goehring Bismarck Century  
Beam Heidi Goehring Bismarck Century  
Bars Andrea Albertson Minot  
All Around Heidi Goehring Bismarck Century

**2000**  
Vault Andrea Albertson Minot  
Floor Exercise Heidi Goehring Bismarck Century  
Beam Kari Nolz Bismarck  
Bars Andrea Albertson Minot  
All Around Heidi Goehring Bismarck Century

**2001**  
Vault Tiffany Tello Bismarck  
Floor Exercise Kari Nolz Bismarck  
Beam Tiffany Tello Bismarck  
Bars Kari Nolz Bismarck  
All Around Kari Nolz Bismarck

**2002**  
Vault Tiffany Tello Bismarck  
Floor Exercise Tiffany Tello Bismarck  
Beam Tiffany Tello Bismarck  
Bars Whitney Buchholz Bismarck Century  
All Around Tiffany Tello Bismarck

**2003**  
Vault Kari Nolz Bismarck  
Floor Exercise Tiffany Tello Bismarck  
Beam Tiffany Tello Bismarck  
Bars Tiffany Tello Bismarck  
All Around Tiffany Tello Bismarck

**2004**  
Vault Jade Beattie Bismarck  
Floor Exercise Jade Beattie Bismarck  
Beam Jade Beattie Bismarck  
Bars Jade Beattie Bismarck  
All Around Jade Beattie Bismarck

**2005**  
Vault Chelsea Preston Fargo South  
Floor Exercise Chelsea Preston Fargo South  
Beam Krista Riley Bismarck  
Bars Jade Beattie Bismarck  
All Around Chelsea Preston Fargo South

**2006**  
Vault Krista Riley Bismarck  
Floor Exercise Emily Wong Grand Forks  
Beam Briana Jones Grand Forks  
Bars Emily Wong Grand Forks  
All Around Briana Jones Grand Forks

**2007**  
Vault Chelsea Preston Fargo South  
Floor Exercise Chelsea Preston Fargo South  
Beam Joley Beeler Minot  
Bars Chelsea Preston Fargo South  
All Around Chelsea Preston Fargo South

**2008**  
Vault Brooklyn Bender Minot  
Floor Exercise Brittany Johnson Grand Forks  
Beam Jennifer Bachamp Dickinson  
Bars Brogan Burwick Dickinson  
All Around Mackenzie Keidel Bismarck

**2009**  
Vault Brooklyn Bender Minot  
Floor Exercise Kelsey Dukart Dickinson  
Beam Brogan Burwick Dickinson  
Bars Alex Braaten Grand Forks  
All Around Alex Braaten Grand Forks

**2010**  
Vault Brooklyn Bender Minot  
Floor Exercise Brooklyn Bender Minot  
Beam Faith Marty Fargo North  
Bars Kaylee Keller Bismarck  
All Around Brooklyn Bender Minot

**2011**  
Vault Samantha Huether Minot  
Floor Exercise Acacia Fossum Dickinson  
Beam Acacia Fossum Dickinson  
Bars Jennifer Albers Bismarck Century  
All Around Acacia Fossum Dickinson

**2012**  
Vault Mackenzie Keidel Bismarck  
Floor Exercise Acacia Fossum Dickinson  
Beam Kiara Bock Fargo Davies  
Bars Jennifer Albers Bismarck Century  
All Around Acacia Fossum Dickinson

**2013**  
Vault Faith Marty Fargo  
Floor Exercise Mikaela Kessel Dickinson  
Beam Faith Marty Fargo  
Bars Jessica Gabriel Bismarck Century  
All Around Acacia Fossum Dickinson

**2014**  
Vault Jessica Gabriel Bismarck Century  
Floor Exercise Acacia Fossum Dickinson  
Beam Kiara Bock Fargo Davies  
Bars Jessica Gabriel Bismarck Century  
All Around Kaylee Keller Bismarck

**2015**  
Vault Madison Reiter Minot  
Floor Exercise Acacia Fossum Dickinson  
Beam Acacia Fossum Dickinson  
Bars Acacia Fossum Dickinson  
All Around Acacia Fossum Dickinson

**2016**  
Vault Keana Kudrna Dickinson  
Floor Exercise Acacia Fossum Dickinson  
Beam Acacia Fossum Dickinson  
Bars Acacia Fossum Dickinson  
All Around Acacia Fossum Dickinson

**2017**  
Vault Julia Red Wing Bismarck  
Floor Exercise Ayanna Fossum Dickinson  
Beam Rachel Schiele Jamestown  
Bars Julia Red Wing Bismarck  
All Around Julia Red Wing Bismarck

**2018**  
Vault Julia Red Wing Bismarck  
Floor Exercise Ayanna Fossum Dickinson  
Beam Teghan Hoff Dickinson  
Bars Julia Red Wing Bismarck  
All Around Julia Red Wing Bismarck

**2019**  
Vault Ayanna Fossum Dickinson  
Floor Exercise Ayanna Fossum Dickinson  
Beam Haley Nelson Jamestown  
Bars Rachel Schiele Jamestown  
All Around Ayanna Fossum Dickinson



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**MOST INDIVIDUAL TITLES  
 (CAREER) TWO OR MORE**

NO. OF TITLES	NAME	TEAM	LAST YEAR GYMNAST WON A TITLE
16	Kim Sveum	Minot	1994
15	Acacia Fossum	Dickinson	2016
13	Robin Huebner	Dickinson	1976
11	Cassie Osborn	Fargo South	1990
10	Tiffany Tello	Bismarck	2003
10	Stacey Simle	Fargo South	1981
9	Heidi Goehring	Century	2000
9	Cindy Rodlund	Fargo South	1985
7	Chelsea Preston	Fargo South	2007
7	Jodi Schwehr	Century	1996
6	Julia Red Wing	Bismarck	2018
6	Jade Beattie	Bismarck	2005
6	Tami Russell	Century	1988
6	Julie Visina	Minot Ryan	1985
6	Tracy Gunkelman	Fargo South	1974
6	Barbara Mitchell	Jamestown	1970
5	Ayanna Fossum	Dickinson	2019
5	Brooklyn Bender	Minot	2010
5	Kari Nolz	Bismarck	2003
5	Susie Schraufek	Fargo South	1979
4	Teri Ann Krefting	Minot	1998
4	Kathy Sullivan	Jamestown	1972
3	Jessica Gabriel	Bismarck Century	2014
3	Faith Marty	Fargo North, Fargo	2013
3	Andrea Albertson	Minot	2000
3	Gina Lang	Bismarck	1998
3	Stacey Lowman	Devils Lake, Fargo North	1990
3	Rachel Johnson	Bismarck	1986
3	Robin Wheeler	Dickinson	1984
2	Rachel Schiele	Jamestown	2019
2	Kaylee Keller	Bismarck	2014
2	Kiara Bock	Fargo Davies	2014
2	Jennifer Albers	Bismarck Century	2012
2	Mackenzie Keidel	Bismarck	2012
2	Alex Braaten	Grand Forks	2009
2	Brogan Burwick	Dickinson	2009
2	Brianna Jones	Grand Forks	2006
2	Emily Wong	Grand Forks	2006
2	Krista Riley	Bismarck	2006
2	Marie Boyeff	Minot	1997
2	Nicole Ziegler	Century	1995
2	Jenny Nelson	Fargo North	1991
2	Kristi Dewald	West Fargo	1987
2	Kristi Tryhus	Fargo South	1981
2	Nancy Davis	Dickinson	1979
2	Greta Sjursen	Dickinson	1977
2	Linda Basaraba	Dickinson	1973
2	Melissa Henning	Fargo South	1972
2	Jo Pavicic	Fargo South	1971

**MOST INDIVIDUAL TITLES  
 (CAREER) EACH EVENT  
 AT LEAST 3 TITLES**

		TITLES	LAST YEAR GYMNAST WON A TITLE
<b>ALL AROUND</b>			
Acacia Fossum	Dickinson	5	2016
Kim Sveum	Minot	4	1994
Robin Huebner	Dickinson	3	1976
<b>VAULT</b>			
Kim Sveum	Minot	4	1994
Tracy Gunkelman	Fargo South	4	1974
Brooklyn Bender	Minot	3	2010
Heidi Goehring	Bismarck Century	3	1999
<b>BARS</b>			
Stacey Simle	Fargo South	5	1981
Kim Sveum	Minot	4	1994
Julie Visina	Minot Ryan	3	1985
<b>BEAM</b>			
Acacia Fossum	Dickinson	3	2016
Tiffany Tello	Bismarck	3	2003
Cassie Osborn	Fargo South	3	1990
Susie Schraufek	Fargo South	3	1979
Robin Huebner	Dickinson	3	1976
<b>FLOOR EXERCISE</b>			
Acacia Fossum	Dickinson	5	2016
Ayanna Fossum	Dickinson	3	2019
Heidi Goehring	Bismarck Century	3	2000
Kim Sveum	Minot	3	1994
Cassie Osborn	Fargo South	3	1990
Tami Russell	Bismarck Century	3	1988
Cindy Rodlund	Fargo South	3	1984
Robin Huebner	Dickinson	3	1976

**MOST INDIVIDUAL CHAMPIONSHIPS  
 (BY TEAM) ALL TIME**

Fargo South	58	Minot Ryan	7
Dickinson	51	Fargo North	5
Bismarck	39	West Fargo	2
Minot	36	Fargo	2
Century	32	Fargo Davies	2
Jamestown	16	Devils Lake	1
Grand Forks	7	St. Mary's	1



# BISMARCK

LINDA GRINA  
SARAH FEIST  
RACHEL KRUG  
GINA SCHULTE  
TORREA WEST  
LYNETTE JOHNSON  
RYAN JOHNSON  
ALEXIS MILLER

COACH  
ASST. COACH  
ASST. COACH  
ASST. COACH  
ASST. COACH  
ASST. PRINCIPAL  
ASST. PRINCIPAL  
MANAGER



#	NAME	VAULT	BARS	BEAM	FLOOR	ALL-AROUND
202	Cylee Albert					
203	Alyson Krug					
204	Cailey Albert					
TOTAL TOP 4 SCORES						

JASON HORNBACHER  
DAVID WISTHOFF

SUPERINTENDENT  
PRINCIPAL

RYAN JOHNSON  
LYNETTE JOHNSON  
SCOTT NUSTAD

VICE/ASSISTANT PRINCIPAL  
VICE/ASSISTANT PRINCIPAL  
ATHLETIC DIRECTOR

# MINOT

ROBBIE WERCHAU COACH



#	NAME	VAULT	BARS	BEAM	FLOOR	ALL-AROUND
22	Haley Conklin					
TOTAL TOP 4 SCORES						

MARK VOLLMER  
SCOTT FAUL

SUPERINTENDENT  
PRINCIPAL

HARLAN JOHNSON  
MITCH LUNDE

PRINCIPAL  
ATHLETIC DIRECTOR

# BISMARCK CENTURY

LINDA GRINA  
SARAH FEIST  
RACHEL KRUG  
GINA SCHULTE  
TORREA WEST

COACH  
ASST. COACH  
ASST. COACH  
ASST. COACH  
ASST. COACH



#	NAME	VAULT	BARS	BEAM	FLOOR	ALL-AROUND
950	Kendra Hirsch Korn					
953	Corrina Ugland					
954	Teah Schulte					
955	Hope Stein					
956	Halle Johnsrud					
957	Aleah Piatz					
958	Kate Jones					
959	Taylor Thueson					
960	Brynlie Thueson					
TOTAL TOP 4 SCORES						

JASON HORNBACHER  
STEVE MADLER

SUPERINTENDENT  
PRINCIPAL

MARK MURDOCK  
SHARON ESPELAND  
BEN LERVICK

VICE/ASSISTANT PRINCIPAL  
VICE/ASSISTANT PRINCIPAL  
ATHLETIC DIRECTOR



# BISMARCK LEGACY

LINDA GRINA  
SARAH FEIST  
RACHEL KRUG  
GINA SCHULTE  
TORREA WEST

COACH  
ASST. COACH  
ASST. COACH  
ASST. COACH  
ASST. COACH



#	NAME	VAULT	BARS	BEAM	FLOOR	ALL-AROUND
606	Elicca Stugemeyer					
607	Irelyn Ell					
608	Madison Deics					
609	Anna Heil					
614	Liz Goldade					
616	Zoe Prince					
619	Alexa Evanger					
621	Alyssa Larson					
TOTAL TOP 4 SCORES						

JASON HORNBACHER  
THOMAS SCHMIDT

SUPERINTENDENT  
PRINCIPAL

RYAN RIEHL  
NADINE BUTTS  
PAUL JUNDT

VICE/ASSISTANT PRINCIPAL  
VICE/ASSISTANT PRINCIPAL  
ATHLETIC DIRECTOR

# DICKINSON

KENT VANELLS  
CASEY BERRY

COACH  
ASST. COACH



#	NAME	VAULT	BARS	BEAM	FLOOR	ALL-AROUND
401	Ayanna Fossum					
403	Amy Fridley					
407	Brooklyn Deguzman					
410	Addison Fitterer					
411	Rylee Olson					
415	Anna Clifton					
416	Brinklyn Schumacher					
417	Mikah Schock					
TOTAL TOP 4 SCORES						

DR. SHON HOCKER  
KEITH HARRIS  
KEVIN HOHERZ

SUPERINTENDENT  
ASSISTANT SUPERINTENDENT  
PRINCIPAL

GUY FRIDLEY  
CANDACE STANTON

ATHLETIC DIRECTOR  
ASSISTANT ACTIVITIES DIRECTOR



# FARGO

Kyrstin Filip  
Paige Bladow  
Morgan Shelton  
Kyrstin Filip

Coach  
Asst. Coach  
Asst. Coach  
Head Coach



#	NAME	VAULT	BARS	BEAM	FLOOR	ALL-AROUND
909	Kaitlyn Alexander					
913	Elisabeth McDermott					
914	Mackenzie Rhode					
915	Mia Aarestad					
918	Kiernan Darling					
919	Reagan Kienenberger					
928	Alex Johnson					
TOTAL TOP 4 SCORES						

## FARGO NORTH

RUPAK GANDHI  
ANDY DAHLEN  
TODD OLSON  
TRAVIS CHRISTENSEN

SUPERINTENDENT  
PRINCIPAL  
ATHLETIC DIRECTOR  
ATHLETIC DIRECTOR

## FARGO SOUTH

RUPAK GANDH  
DR. TODD BERTSCH  
MIKE BEATON  
DONNA LEE

SUPERINTENDENT  
PRINCIPAL  
ATHLETIC DIRECTOR  
ASSISTANT ATHLETIC DIRECTOR

# FARGO DAVIES

Kyrstin Filip  
Paige Bladow  
Morgan Shelton  
Kyrstin Filip

Coach  
Asst. Coach  
Asst. Coach  
Head Coach



#	NAME	VAULT	BARS	BEAM	FLOOR	ALL-AROUND
301	Jayden Lindgren					
302	Allie Gaber					
303	Brynn Nyland					
305	Autumn Daniels					
311	Kalyn King					
TOTAL TOP 4 SCORES						

RUPAK GANDHI  
TROY CODY  
LENNY OHLHAUSER

SUPERINTENDENT  
PRINCIPAL  
VICE/ASSISTANT PRINCIPAL

LENNY OHLHAUSER  
TODD OLSON

ATHLETIC DIRECTOR  
ATHLETIC DIRECTOR



# GRAND FORKS

COURTNEY ENGEL COACH  
ALIX BRUMITT ASSISTANT COACH  
MEGAN JOHNSON ASSISTANT COACH  
JEN PAULI ASSISTANT COACH



#	NAME	VAULT	BARS	BEAM	FLOOR	ALL-AROUND
523	Tatiyanna Garcia					
511	Maddie Fontaine					
516	Delani Barrett					
508	Kahri Benjamin					
528	Khloee Paulson					
502	Macie Stanislawski					
513	Gabbi Nelson					
520	Ava Nelson					
515	Melody Nguyen					
530	Tara Walski					
549	Lucia Campani					
514	Emma Haskamp					
534	Brynn Moen					
519	Lauren Swanson					
TOTAL TOP 4 SCORES						

DR. TERRY BRENNER SUPERINTENDENT  
MARK RERICK ATHLETIC DIRECTOR

JON STRANDELL GRAND FORKS CENTRAL PRINCIPAL  
KRIS ARASON GRAND FORKS RED RIVER PRINCIPAL

# JAMESTOWN

DAVE TEWS COACH  
ANDREA BITZ COACH  
ASHLEY HOCHHALTER VOLUNTEER COACH



#	NAME	VAULT	BARS	BEAM	FLOOR	ALL-AROUND
159	Courtney Mack					
168	Rachel Schiele					
165	Haley Nelson					
155	Blair Arbuckle					
151	Anabelle Cramer					
153	Sydney Fisher					
195	Brenna Hatch					
180	Emma Hillerud					
181	Allysah Larson					
175	Julia Skari					
190	Lydia Stotereau					
TOTAL TOP 4 SCORES						

ROBERT LECH SUPERINTENDENT  
ADAM GEHLHAR PRINCIPAL

JOHN CONWAY VICE/ASSISTANT PRINCIPAL  
JIM ROALDSON ATHLETIC DIRECTOR



# MANDAN

AMANDA CHASE COACH  
JAYSEA BOWERS ASSISTANT COACH



#	NAME	VAULT	BARS	BEAM	FLOOR	ALL-AROUND
563	Ena Alagic					
572	Matia Anderson					
559	Isabelle Carlsen					
566	Trinity Duran					
570	Alexandra Arnegard					
586	Jerica Lockner					
595	Kendal Blair					
565	Alyse Edland					
555	Cassidy Egli					
586	Jenna Eversole					
574	Sigryn Henke					
TOTAL TOP 4 SCORES						

DR. MIKE BITZ SUPERINTENDENT  
MARK ANDRESEN PRINCIPAL

AARON KOENIG VICE/ASSISTANT PRINCIPAL  
STEVE QUINTUS VICE/ASSISTANT PRINCIPAL  
MARK WIEST ATHLETIC DIRECTOR

# VALLEY CITY

MADISON FADELY COACH  
KENNADEE JORISSEN ASSISTANT COACH



#	NAME	VAULT	BARS	BEAM	FLOOR	ALL-AROUND
872	Jocey Kriewald					
877	Olivia Olson					
873	Karina Olson					
878	Abbey Thornton					
875	Grace Udem					
880	Alyssa Baade					
870	Maddie Wendel					
876	Zoe Bjerke					
874	Kaci Current					
TOTAL TOP 4 SCORES						

JOSH JOHNSON SUPERINTENDENT  
KRISTI BRANDT PRINCIPAL

DAN LARSON PRINCIPAL  
MIKE SCHULTZ ATHLETIC DIRECTOR



# WAHPETON

PATTY MOSES COACH



#	NAME	VAULT	BARS	BEAM	FLOOR	ALL-AROUND
299	Quinn Bassingthwaite					
251	Anika Birkelo					
256	Sidney Gilbertson					
275	Hailee Hanson					
277	Kiah Klein					
262	Abbie Skovholt					
260	Braylyn St. Aubin					
TOTAL TOP 4 SCORES						

RICK JACOBSON  
NED CLOOTEN

SUPERINTENDENT  
PRINCIPAL

MICHAEL MCCALL  
ATHLETIC DIRECTOR

## BEST ALL TIME ALL AROUND SCORES (SINCE 1981) 38.000 OR BETTER

SCORE	NAME	TEAM	YEAR	SCORE	NAME	TEAM	YEAR
39.166	Jade Beattie	Bismarck	2004	38.201	Marie Boyeff	Minot	1997
39.067	Acacia Fossum	Dickinson	2016	38.200	Lindsey Wong	Grand Forks	2004
38.750	Heidi Goehring	Century	2000	38.200	Kaitlyn Towery	Minot	2004
38.717	Tiffany Tello	Bismarck	2002	38.200	Cassie Osborn	Fargo South	1990
38.667	Acacia Fossum	Dickinson	2015	38.200	Brooklyn Bender	Minot	2010
38.667	Heidi Goehring	Century	1999	38.150	Ayanna Fossum	Dickinson	2017
38.600	Andrea Albertson	Minot	1999	38.150	Jade Beattie	Bismarck	2003
38.567	Jodi Schwehr	Century	1996	38.150	Chelsea Preston	Fargo South	2005
38.483	Tiffany Tello	Bismarck	2003	38.150	Kim Sveum	Minot	1992
38.467	Jade Beattie	Bismarck	2002	38.117	Heidi Goehring	Century	1998
38.400	Cassie Osborn	Fargo South	1989	38.101	Tami Russell	Century	1988
38.400	Kim Sveum	Minot	1993	38.090	Jodi Schwehr	Century	1995
38.400	Kim Sveum	Minot	1994	38.083	Hannah Werchau	Minot	2016
38.333	Acacia Fossum	Dickinson	2013	38.067	Keana Kudrna	Dickinson	2016
38.317	Gina Lang	Bismarck	1998	38.067	Andrea Albertson	Minot	2000
38.310	Rachel Johnson	Bismarck	1986	38.050	Jessica Gabriel	Century	2013
38.300	Kari Nolz	Bismarck	2001	38.050	Kaylee Keller	Bismarck	2013
38.283	Acacia Fossum	Dickinson	2012	38.033	Tiffany Tello	Bismarck	2001
38.250	Julia Red Wing	Bismarck	2017	38.020	Tami Russell	Century	1986
38.250	Acacia Fossum	Dickinson	2011	38.017	Briana Jones	Grand Forks	2006
38.217	Mackenzie Keidel	Bismarck	2012	38.000	Teri Ann Krefting	Minot	1996

## BEST ALL TIME SCORES - BARS (SINCE 1981)

SCORE	NAME	TEAM	YEAR
9.883	Andrea Albertson	Minot	1999
9.867	Andrea Albertson	Minot	2000
9.850	Kari Nolz	Bismarck	2001
9.833	Jade Beattie	Bismarck	2004
9.817	Gina Lang	Bismarck	1998
9.800	Jennifer Albers	Century	2012
9.800	Tiffany Tello	Bismarck	1999
9.783	Julia Red Wing	Bismarck	2017
9.783	Whitney Buchholz	Century	2004
9.783	Kari Nolz	Bismarck	1999

## BEST ALL TIME SCORES - BEAM (SINCE 1981)

SCORE	NAME	TEAM	YEAR
9.867	Heidi Goehring	Century	1999
9.867	Jodi Schwehr	Century	1996
9.850	Marie Boyeff	Minot	1997
9.800	Jade Beattie	Bismarck	2004
9.783	Tiffany Tello	Bismarck	2003
9.767	Lindsey Wong	Grand Forks	2003
9.767	Teri Ann Krefting	Minot	1998
9.767	Teri Ann Krefting	Minot	1996
9.750	Kaitlyn Towery	Minot	2004
9.750	Molly McDonald	Century	1997

## BEST ALL TIME SCORES - FLOOR (SINCE 1981)

SCORE	NAME	TEAM	YEAR
9.867	Acacia Fossum	Dickinson	2012
9.867	Heidi Goehring	Century	1998
9.833	Acacia Fossum	Dickinson	2016
9.833	Alex Lind	Jamestown	2012
9.833	Chelsea Preston	Fargo South	2007
9.800	Keana Kudrna	Dickinson	2016
9.800	Acacia Fossum	Dickinson	2015
9.783	Madison Reiter	Minot	2015
9.783	Mackenzie Keidel	Bismarck	2012
9.767	Mikaela Kessel	Dickinson	2013
9.767	Misha Taylor	Minot	2012

## BEST ALL TIME SCORES - VAULT (SINCE 1981)

SCORE	NAME	TEAM	YEAR
9.950	Kim Sveum	Minot	1994
9.900	Keana Kudrna	Dickinson	2016
9.867	Acacia Fossum	Dickinson	2016
9.867	Mackenzie Keidel	Bismarck	2012
9.850	Heidi Goehring	Century	1999
9.800	Jessica Gabriel	Century	2014
9.800	Chelsea Preston	Fargo South	2005
9.800	Jade Beattie	Bismarck	2004
9.800	Tiffany Tello	Bismarck	2002
9.783	Tiffany Tello	Bismarck	2001
9.783	Heidi Goehring	Century	1998
9.783	Heidi Goehring	Century	1997



# INDIVIDUAL COMPETITORS

## ROTATION #1

### GROUP #1

Vault				SCORE
1	955	Hope Stein	Bismarck Century	
2	155	Blair Arbuckle	Jamestown	
3	299	Quinn Bassingthwaite	Wahpeton	
4	411	Rylee Olson	Dickinson	
5	586	Jericah Lockner	Mandan	
6	513	Gabbi Nelson	Grand Forks	
7	275	Hailee Hanson	Wahpeton	
8	262	Abbie Skovholt	Wahpeton	
9	606	Elicca Stugelmeyer	Legacy	
10	407	Brooklyn Deguzman	Dickinson	
11	401	Ayanna Fossum	Dickinson High	

### GROUP #2

Bars				SCORE
1	918	Kiernan Darling	Fargo South	
2	621	Alyssa Larson	Legacy	
3	516	Delani Barrett	Grand Forks	
4	519	Lauren Swanson	Grand Forks	
5	415	Anna Clifton	Dickinson	
6	616	Zoe Prince	Legacy	
7	175	Julia Skari	Jamestown	
8	608	Madison Deics	Legacy	
9	416	Brinklyn Schumacher	Dickinson	

### GROUP #3

Beam				SCORE
1	872	Jocey Kriewald	Valley City	
2	180	Emma Hillerud	Jamestown	
3	909	Katilyn Alexander	Fargo South	
4	595	Kendal Blair	Mandan High	
5	22	Haley Conklin	Minot	
6	251	Anika Birkelo	Wahpeton	
7	417	Mikah Schock	Dickinson	
8	403	Amy Fridley	Dickinson High	
9	165	Haley Nelson	Jamestown	
10	954	Teah Schulte	Century	
11	168	Rachel Schiele	Jamestown	

### GROUP #4

Floor				SCORE
1	303	Brynn Nyland	Fargo Davies	
2	305	Autumn Daniels	Fargo Davies	
3	875	Grace Undem	Valley City	
4	914	Mackenzie Rhode	Fargo South	
5	195	Brenna Hatch	Jamestown	
6	515	Melody Nguyen	Grand Forks	
7	410	Addison Fitterer	Dickinson	
8	878	Abbey Thornton	Valley City	
9	877	Olivia Olson	Valley City	
10	873	Karina Olson	Valley City	

# INDIVIDUAL COMPETITORS

## ROTATION #2

### GROUP #4

Vault				SCORE
1	875	Grace Undem	Valley City	
2	301	Jayden Lindgren	Fargo Davies	
3	877	Olivia Olson	Valley City	
4	195	Brenna Hatch	Jamestown	
5	870	Madison Wendel	Valley City	
6	873	Karina Olson	Valley City	
7	203	Alyson Krug	Bismarck High	
8	410	Addison Fitterer	Dickinson High	
9	953	Corrina Ugland	Century High	
10	305	Autumn Daniels	Fargo Davies	
11	878	Abbey Thornton	Valley City	

### GROUP #1

Bars				SCORE
1	614	Liz Goldade	Legacy High	
2	407	Brooklyn Deguzman	Dickinson High	
3	955	Hope Stein	Century High	
4	262	Abbie Skovholt	Wahpeton	
5	401	Ayanna Fossum	Dickinson High	
6	155	Blair Arbuckle	Jamestown	
7	586	Jericah Lockner	Mandan High	
8	513	Gabbi Nelson	Grand Forks	
9	607	Irelyn Ell	Legacy High	
10	606	Elicca Stugelmeyer	Legacy High	
11	299	Quinn Bassingthwaite	Wahpeton	
12	411	Rylee Olson	Dickinson High	

### GROUP #2

Beam				SCORE
1	616	Zoe Prince	Legacy High	
2	516	Delani Barrett	Grand Forks	
3	619	Alexa Evanger	Legacy High	
4	151	Anabelle Cramer	Jamestown	
5	416	Brinklyn Schumacher	Dickinson High	
6	159	Courtney Mack	Jamestown	
7	175	Julia Skari	Jamestown	
8	608	Madison Deics	Legacy High	
9	415	Anna Clifton	Dickinson High	
10	919	Reagan Kienenberger	Fargo	
11	621	Alyssa Larson	Legacy High	
12	519	Lauren Swanson	Grand Forks	

### GROUP #3

Floor				SCORE
1	311	Kalyn King	Fargo Davies	
2	595	Kendal Blair	Mandan High	
3	872	Jocey Kriewald	Valley City	
4	165	Haley Nelson	Jamestown	
5	502	Macie Stanislawski	Grand Forks	
6	22	Haley Conklin	Minot High	
7	168	Rachel Schiele	Jamestown	
8	403	Amy Fridley	Dickinson High	
9	180	Emma Hillerud	Jamestown	
10	954	Teah Schulte	Century High	



# INDIVIDUAL COMPETITORS

## ROTATION #3

### GROUP #3

#### Vault

1	872	Jocey Kriewald	Valley City
2	956	Halle Johnsrud	Century High
3	168	Rachel Schiele	Jamestown
4	954	Teah Schulte	Century High
5	403	Amy Fridley	Dickinson High
6	180	Emma Hillerud	Jamestown
7	165	Haley Nelson	Jamestown
8	311	Kalyn King	Fargo Davies
9	595	Kendal Blair	Mandan High
10	22	Haley Conklin	Minot High

#### SCORE

### GROUP #4

#### Bars

1	195	Brenna Hatch	Jamestown
2	875	Grace Udem	Valley City
3	878	Abbey Thornton	Valley City
4	953	Corrina Ugland	Century High
5	870	Madison Wendel	Valley City
6	877	Olivia Olson	Valley City
7	190	Lydia Stoterau	Jamestown
8	873	Karina Olson	Valley City
9	410	Addison Fitterer	Dickinson High

#### SCORE

### GROUP #1

#### Beam

1	508	Kahri Benjamin	Grand Forks
2	275	Hailee Hanson	Wahpeton
3	586	Jericah Lockner	Mandan High
4	299	Quinn Bassingthwaite	Wahpeton
5	411	Rylee Olson	Dickinson High
6	606	Elicca Stugelmeyer	Legacy High
7	262	Abbie Skovholt	Wahpeton
8	401	Ayanna Fossum	Dickinson High
9	955	Hope Stein	Century High
10	407	Brooklyn Deguzman	Dickinson High

#### SCORE

### GROUP #2

#### Floor

1	415	Anna Clifton	Dickinson High
2	175	Julia Skari	Jamestown
3	919	Reagan Kienenberger	Fargo
4	616	Zoe Prince	Legacy High
5	621	Alyssa Larson	Legacy High
6	915	Mia Aarestad	Fargo
7	519	Lauren Swanson	Grand Forks
8	516	Delani Barrett	Grand Forks
9	416	Brinklyn Schumacher	Dickinson High
10	608	Madison Deics	Legacy High

#### SCORE

# INDIVIDUAL COMPETITORS

## ROTATION #4

### GROUP #2

#### Vault

1	616	Zoe Prince	Legacy High
2	928	Alex Johnson	Fargo
3	159	Courtney Mack	Jamestown
4	416	Brinklyn Schumacher	Dickinson High
5	608	Madison Deics	Legacy High
6	519	Lauren Swanson	Grand Forks
7	516	Delani Barrett	Grand Forks
8	415	Anna Clifton	Dickinson High
9	151	Anabelle Cramer	Jamestown
10	621	Alyssa Larson	Legacy High
11	175	Julia Skari	Jamestown

#### SCORE

### GROUP #3

#### Bars

1	168	Rachel Schiele	Jamestown
2	403	Amy Fridley	Dickinson High
3	180	Emma Hillerud	Jamestown
4	595	Kendal Blair	Mandan High
5	872	Jocey Kriewald	Valley City
6	954	Teah Schulte	Century High
7	251	Anika Birkelo	Wahpeton
8	181	Allysah Larson	Jamestown
9	22	Haley Conklin	Minot High
10	165	Haley Nelson	Jamestown

#### SCORE

### GROUP #4

#### Beam

1	914	Mackenzie Rhode	Fargo
2	873	Karina Olson	Valley City
3	877	Olivia Olson	Valley City
4	878	Abbey Thornton	Valley City
5	515	Melody Nguyen	Grand Forks
6	303	Brynn Nyland	Fargo Davies
7	875	Grace Udem	Valley City
8	410	Addison Fitterer	Dickinson High
9	195	Brenna Hatch	Jamestown
10	190	Lydia Stoterau	Jamestown
11	203	Alyson Krug	Bismarck High

#### SCORE

### GROUP #1

#### Floor

1	262	Abbie Skovholt	Wahpeton
2	513	Gabbi Nelson	Grand Forks
3	586	Jericah Lockner	Mandan High
4	955	Hope Stein	Century High
5	155	Blair Arbuckle	Jamestown
6	275	Hailee Hanson	Wahpeton
7	299	Quinn Bassingthwaite	Wahpeton
8	407	Brooklyn Deguzman	Dickinson High
9	401	Ayanna Fossum	Dickinson High
10	411	Rylee Olson	Dickinson High
11	153	Sydney Fisher	Jamestown
12	606	Elicca Stugelmeyer	Legacy High

#### SCORE



PREMIERE PARTNER OF THE NDHSAA



## Investing In North Dakota's Future

Today's youth are the future of North Dakota and healthy activity builds better community involvement and personal character.

That's why Farmers Union Insurance proudly invests in our state's youth with a continuing commitment as the Premiere Partner of the North Dakota High School Activities Association.



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\$5

2020 STATE CHAMPIONSHIPS

FEBRUARY 28.29  
DICKINSON HIGH SCHOOL  
DICKINSON, NORTH DAKOTA

HALEY NELSON  
JAMESTOWN  
2019 STATE  
BEAM CHAMPION



DICKINSON  
MIDGETS  
2019 STATE  
CHAMPIONS



AYANNA FOSSUM  
DICKINSON  
2019 STATE  
VAULT • FLOOR  
ALL-AROUND  
CHAMPION



RACHEL SCHIELE  
JAMESTOWN  
2019 STATE  
BARS CHAMPION



# GYMNASICS