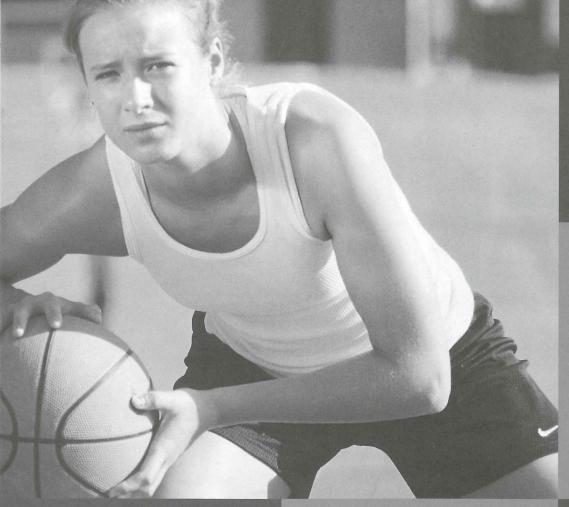
Ever wish you could outperform yourself?



Team MeritCare:

The region's most comprehensive Sports Medicine Orthopaedic Surgeons Sports Medicine Physicians Podiatric Medicine Surgeons Physical Medicine and

(800) 437-4010 ext. 8750

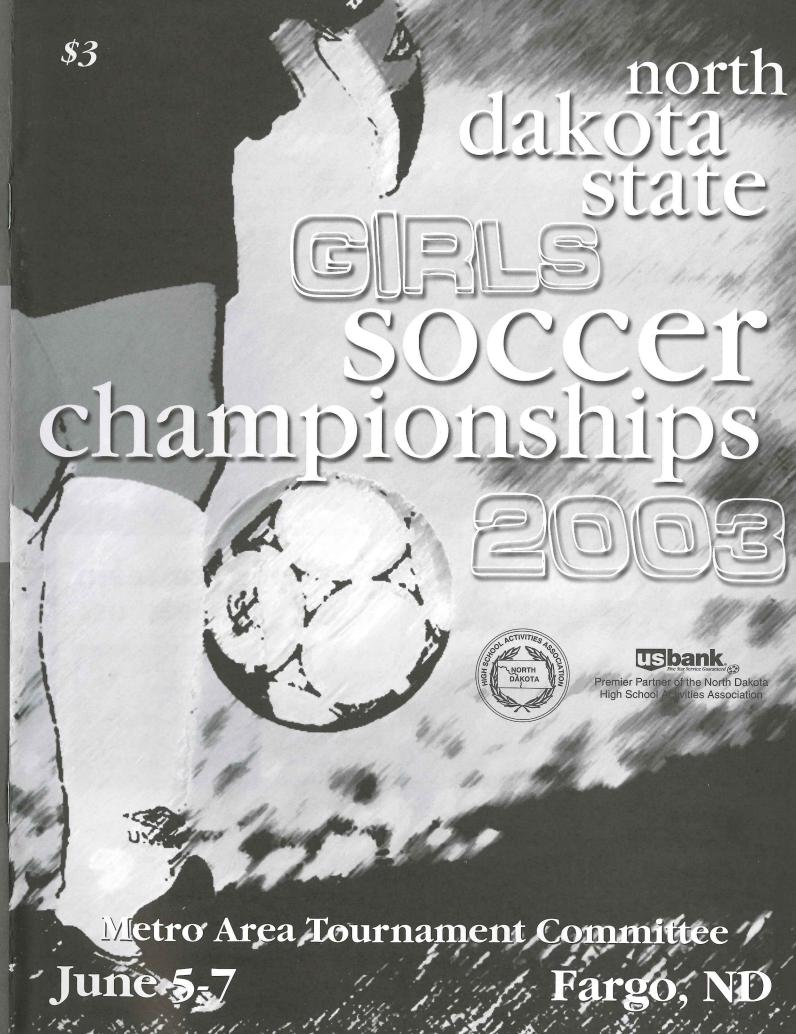
meritcare.com

absolute best? MeritCare Sports Medicine can help you get there. From the innovative, scientific methods of our Speed Strength Program to the personalized,

Whether you want to increase speed, improve stamina, practice more effectively, successfully rehabilitate after an injury, increase strength, whatever it is you need to do to outperform even yourself, stop wishing and get moving ... to MeritCare Sports Medicine.







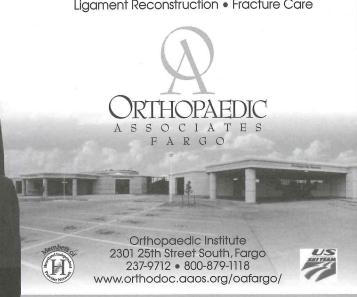
We put athletes back in the game.

Don't let problems with joints, muscles, bones or ligaments keep you on the sidelines.

Sports Medicine • Arthroscopic Surgery Total Joint Replacement • General Orthopaedics Ligament Reconstruction • Fracture Care



Board Certified Orthopaedic Surgeons
Back row, left to right: Dr. Jeff Stavenger, Dr. Howard Berglund, Dr. Mark Askew
Front row, left to right: Dr. David Wiest, Dr. Mark Lundeen, Dr. Philip Johnson



HEALTHSOUTH

Sports Medicine & Rehabilitation Center



Providing outpatient physical therapy, occupational therapy and sports rehabilitation

> **NDHSAA Tournament Program** Permanent Record File (Please Return to File)



We're on your team when you need us.

Good Medicine For Your Joints

Red River Valley Sports Medicine Institute is committed to providing the highest level of athletic healthcare for recreational and competitive athletes from elementary school to the professional level.

- Injury prevention
- Recognition and evaluation of athletic injuries
- Equipment fitting
- Emergency care
- Rehabilitation

Red River Valley Sports Medicine Institute



Owned by Health South

2301 25th Street South • Fargo, ND 701-280-2406

Stay With The Best, Stay With The Legendary





Home to Shipwreck Bay Water Playland featuring a replica

→ 309 guest rooms feature in-room coffee maker, iron & ironing board,

- ◆ Our Gallery Restaurant and Spirits Lounge & Casino provide great food, drinks & entertainment
- ◆ Pizza Hut® Pizza available freshly baked from our in-hotel Pizza Hut® Express





3803 13th Ave. S. Fargo, ND 58103 www.fargond.holiday-inn.com 701-282-2700 Toll-Free 877-282-2700 Fax 701-281-1240

Tournament Players & Fans

hair dryer, 2-line phones, data

ports, voice mail, cable TV and

Experience Hospitality The Holiday Inn® Way

- ♦ Indoor Pool
- ◆ Free Local Phone Calls
- ◆ Free Deluxe Continental Breakfast

701-282-2000

I-29 & 13th Ave. S., Exit 64 Fargo, ND 58103





things to do... places to see...

>>ATTRACTIONS>>DINING>>SHOPPING>>ENTERTAINMENT>>ACCOMMODATIONS>>SPORTS AND RECREATION>







Get ready for a great time...with Fargo-Moorhead's super shopping, variety of restaurants, cultural events, museums, golfing, charitable gaming, professional and amateur sports and entertainment...all pleasantly seasoned with the hospitality of friendly people who treat visitors like neighbors.

2001 44th St. SW • Fargo, ND 58103 701-282-3653 • 800-235-7654



Fargo-Moorhead Convention & Visitors Bureau

www.fargomoorhead.org



2301 12th St. N. Fargo, ND

Awesome Taste. Incredible Value!



2003 STATE CLASS A BOYS' & GIRLS' BASKETBALL TOURNAMENT Sponsored By The North Dakota High School Activities Association

EXECUTIVE OFFICERS



Sherman Sylling Executive Secretary Valley City



Sheryl Solberg
Asst. to Secretary
Valley City



Bob Hetler Asst. to Secretary Valley City



Dave Carlsrud
Asst. to Secretary
Valley City

BOARD OF DIRECTORS



Cent Hjelmstad



David Rus



Ed Lockwood



Kevin Cole



Dean Koppelman Vice President - Valley City



Jon Kringen President - Enderlin



Ron Carlson



Larimore



Martin Schock Elgin-New Leipzig



Kari Ann Dunderland
School Board Assn.



Wayne Sanstead
Executive Secretary
Valley City

NDHSAA TOURNAMENT CODE OF CONDUCT

PURPOSE: To elevate standards of Good Sportsmanship and to encourage the growth of responsible citizenship among the students, member schools and their personnel.

Fundamentals of Good Sportsmanship

- 1. Know, appreciate and understand the rules of the contest.
- 2. Show respect for the officials. Good Sportsmanship implies the willingness to accept and abide by the decisions of the officials.
- 3. Show respect for the opponent at all times. Good Sportsmanship is the Golden Rule in action.
- Recognize and appreciate the skill of performance regardless of team affiliation.
- Maintain self control at all times. Good Sportsmanship is a responsibility of all who are involved in the game.
- Show a positive attitude in cheering, refraining from intimidation or negative cheering. Good Sportsmanship is cheering your own team "on to victory."

Acts of Misconduct

- . Throwing of any object onto the playing floor or in the stands.
- Behavior deemed dangerous or which interferes with the rights of others to watch the game.
- 3. Possessing, consuming or being under the influence of chemicals.
- Use of obscene, profane or abusive language or gestures, signs, posters or banners which show disrespect for opponent's team, officials, cheerleaders, band or other performing groups.
- 5. The use of noise makers.
- 6. Entry onto the playing surface at any time.

THESE ACTS OF MISCONDUCT WILL NOT BE TOLERATED AND WILL RESULT IN AUTOMATIC REMOVAL WITHOUT REFUND OF ADMISSION

The Metro Area Tournament Committee and the communities of Fargo and West Fargo would like to extend a warm welcome to the Pepsi Soccer Complex and North High School for the State Girls' Soccer Tournament. We look forward to providing an exciting and memorable experience for all players, coaches, cheerleaders and fans. The Committee is grateful to the Fargo Park District and North H.S. staff and administration for their cooperation in assisting with hosting of this event. Without the full support of the metro area and our corporate sponsors much of this tournament would not be possible. Thank you again.

As an extension of the North Dakota High School Activities Association's effort to promote sportsmanship and goodwill among schools and athletes, we hope you will join us in providing encouragement and support to all who are here. Best Wishes to all the teams!

Tournament Management and Committee Chairpersons

Souvenir T-Shirts

The official 2003 ND Girls Soccer State Tournament T-shirts are being sold for \$15 during the tournament in the concessions areas at the fields.

2003 State Tournament Committee and Staff Steering Committee:

Ed Lockwood, Fargo South; Gary Mailloux, Fargo North; Darwin Gorder, Oak Grove; Curt Jones, West Fargo; Randall Rustad, Shanley; Dan Huffman, Fargo Schools; Rick Flacksbarth, KFGO Radio; Peggy Stibbe, Discovery JH; Oak Reile, Ben Franklin JH; Brad Franklin, Agassiz JH; Paul Johnson, FargoDome; Kathy McAllister, Holiday Inn; Judy Dvoracek, Darwin Braunagel and Mike Williams

Finance	Richard Solberg & Dan Huffman
Staffing Event	Gary Mailloux
	Ron Tidd
Announcers	Bob Seim
Promotions	.Rick Flacksbarth & Kathy McAllister
Program Sales	Metro JV Teams
	Sue Lerud
	North Basebal
Team Hosts	Dean Hashbarger
Housing	Curt Jones
	Joan Miller & DiAnna Kudelka
Sports Medicine	Kelly Hadland
-	Michele Wiedrich & Steve Dockter
Officials	Host Curt Jones & Dave Carlsrud

Game Officials

Neil Bosch	Fargo
Jeff Neimann	
Matt Von Pinnon	Fargo
Michelle Gutenkunst	Bismarck
Terry Schneweis	Grand Forks
Dave Schmidt	

Metro Area Tournament Committee

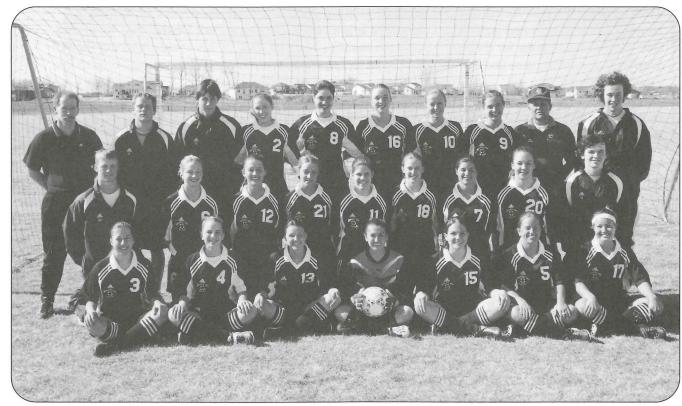
The Fargo area has been the host of numerous high school tournaments with the majority of the management and hosting responsibilities provided by the Fargo Public Schools and their athletic departments. In an effort to develop a stronger and more efficient tournament committee, the athletic directors of the Fargo Schools initiated a proposal to have other area schools involved in the tournaments. The results was the formation of the Metro Area Tournament Committee, which consists of a steering committee, finance committee, bidding committee, promotions committee, events management and hospitality.

Each member of the steering committee is given various assignments which results in the development of a work force and job descriptions for the individual needs at tournaments. Many of the individuals that are working at these tournaments are donating their time and talents in an effort to provide the very best event. The combined efforts of this committee have resulted in the Metro Area having the ability to compete with other cities for the hosting of future tournaments. We are thankful to all who have given support. Through these efforts we will be able to provide the fans, players, and the schools with a memorable experience.

Good Luck to all the teams and athletes!



BISMARCK DEMONS

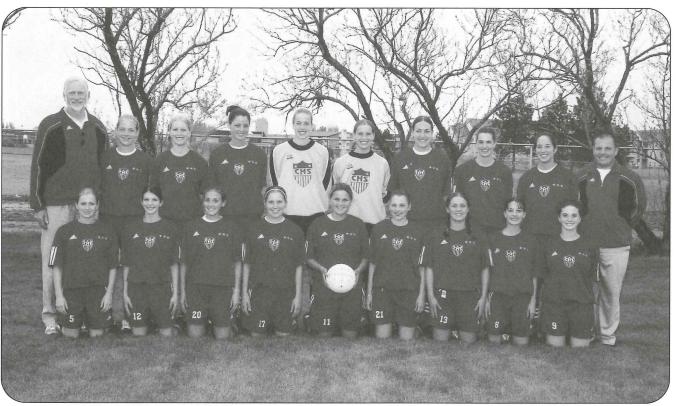


Front Row (left to right): A. Geiss, J. Preskey, K. Rittel, S. Schettler, A. Medler, M. Mees, R. Schwab. Middle Row: G. Horntvedt, St. Mgr, J. Curl, S. Sambor, K. Gentzkow, J. Hager, M. Weigel, K. Wetzel, A. Schreiber, O. Doglod, St. Mgr. Back Row: P. Stubbs, Coach, T. McNulty, St. Mgr., C. Sletten, St. Mgr., W. Jacobson, K. O'Leary, B. Olesen, C. Landers, A. Taylor, M. Fischer, Coach, N. White, St. Mgr.

Demon Roster						
Name	Yr.	Pos.	No.	Name	Yr.	Pos.
Whitney Jacobson	11	F/M	20	Amanda Schreiber	10	F
Amanda Geiss	10	M	21	Kelsey Gentzkow	11	F
Tina Norland	10	D	22	Christina Mertz	12	\mathbf{M}
Megan Mees	11	D/M	23	Sarah Ludwig	10	F
Jessica Curl	09	F/M	14	Summitt Schettler	12	GK
Krystal Wetzel	12	F				
Kelly O'Leary	12	M/F	Head	d Coach: Mel Fischer		
Amy Taylor	12	D/M	Assis	stant Coaches: Paul Str	ubbs, Mat	t Stucke,
Courtney Landers	12	D		Rachael Bindert, Nico	le Benedi	ct
Jacqueline Hager	12	D	Athle	etic Director: Dr. Jim H	Iaussler	
Steph Sambor	12	D	Supe	e <mark>rintendent:</mark> Dr. Paul Jo	hnson	
Kelsey Rittel	11	F	Prin	cipal: Tom Hesford		
Amy Medler	10	D	Stud	ent Managers: Garrett	Horntve	dt, Nick
Betsy Olesen	12	F/M		White, Cody Sletten, Jo	osh Bech	tel,Tyler
Bekah Schwab	10	F		McNulty, Ozzie Doglo	d, Jenee F	Rick
Michaela Weigel	10	D/M	Reco	ord: 5-2-2 (Conference),	5-2-4 (Ov	verall)
Beth Vetter	11	M				
	Whitney Jacobson Amanda Geiss Tina Norland Megan Mees Jessica Curl Krystal Wetzel Kelly O'Leary Amy Taylor Courtney Landers Jacqueline Hager Steph Sambor Kelsey Rittel Amy Medler Betsy Olesen Bekah Schwab Michaela Weigel	Whitney Jacobson Amanda Geiss 10 Tina Norland 10 Megan Mees 11 Jessica Curl 09 Krystal Wetzel 12 Kelly O'Leary 12 Amy Taylor 12 Courtney Landers 12 Jacqueline Hager 12 Steph Sambor 12 Kelsey Rittel 11 Amy Medler 10 Betsy Olesen 12 Bekah Schwab 10 Michaela Weigel 10	NameYr.Pos.Whitney Jacobson11F/MAmanda Geiss10MTina Norland10DMegan Mees11D/MJessica Curl09F/MKrystal Wetzel12FKelly O'Leary12M/FAmy Taylor12D/MCourtney Landers12DJacqueline Hager12DSteph Sambor12DKelsey Rittel11FAmy Medler10DBetsy Olesen12F/MBekah Schwab10FMichaela Weigel10D/M	Name Whitney Jacobson II F/M 20 Amanda Geiss IO M 21 Tina Norland IO D 22 Megan Mees II D/M 23 Jessica Curl Krystal Wetzel I2 F Kelly O'Leary Amy Taylor Courtney Landers Jacqueline Hager Steph Sambor I2 D Super Kelsey Rittel I1 F Print Amy Medler Betsy Olesen I2 F/M Bekah Schwab IO F Michaela Weigel IO D/M Recommodition	NameYr.Pos.No.NameWhitney Jacobson11F/M20Amanda SchreiberAmanda Geiss10M21Kelsey GentzkowTina Norland10D22Christina MertzMegan Mees11D/M23Sarah LudwigJessica Curl09F/M14Summitt SchettlerKrystal Wetzel12FKelly O'Leary12M/FHead Coach: Mel FischerAmy Taylor12D/MAssistant Coaches: Paul StrCourtney Landers12DRachael Bindert, NicoJacqueline Hager12DAthletic Director: Dr. Jim FSteph Sambor12DSuperintendent: Dr. Paul JoKelsey Rittel11FPrincipal: Tom HesfordAmy Medler10DStudent Managers: GarrettBetsy Olesen12F/MWhite, Cody Sletten, JoBekah Schwab10FMcNulty, Ozzie DogloMichaela Weigel10D/MRecord: 5-2-2 (Conference)	NameYr.Pos.No.NameYr.Whitney Jacobson11F/M20Amanda Schreiber10Amanda Geiss10M21Kelsey Gentzkow11Tina Norland10D22Christina Mertz12Megan Mees11D/M23Sarah Ludwig10Jessica Curl09F/M14Summitt Schettler12Krystal Wetzel12FKelly O'Leary12M/FHead Coach: Mel FischerAmy Taylor12D/MAssistant Coaches: Paul Stubbs, MatCourtney Landers12DRachael Bindert, Nicole BenediJacqueline Hager12DAthletic Director: Dr. Jim HausslerSteph Sambor12DSuperintendent: Dr. Paul JohnsonKelsey Rittel11FPrincipal: Tom HesfordAmy Medler10DStudent Managers: Garrett HorntveBetsy Olesen12F/MWhite, Cody Sletten, Josh BechBekah Schwab10FMcNulty, Ozzie Doglod, Jenee BMichaela Weigel10D/MRecord: 5-2-2 (Conference), 5-2-4 (Onference)

BISMARCK CENTURY PATRIOT





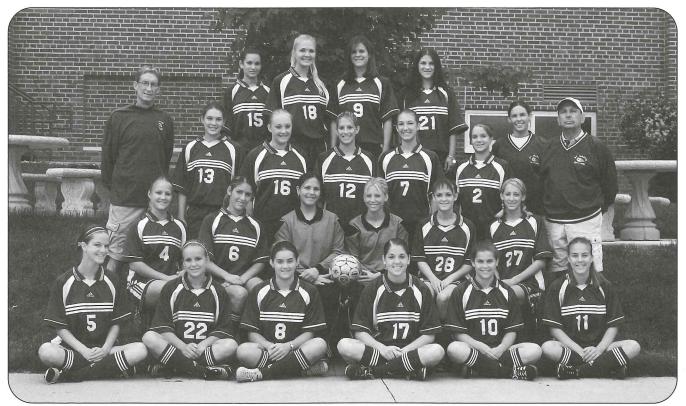
Front Row (left to right): Tracy Ringgenberg, Beth Gartner, Kellie Miller, Megan Jesperson, Chelsea Lipp, Sara Meyer, Ali Schwei`tzer, Kari Bitz, Markee Gartner. Back Row: Coach Dave Ripley, Sara Walz, Karly Bjella, Rachael Hadsell, Cydney Froelich, Mary Clinton, Haley Buck, Lindsay Kirchoffner, Jessica Heintz, Coach Brock Thompson.

Patriot Roster							
No.	Name	Yr.	Pos.	No.	Name	Yr.	Pos.
GK	Mary Clinton	11	GK	21	Sara Meyer	12	F/M/D
GK	Cydney Froelich	11	GK	22	Becca Buresh	12	F/M/D
3	Karly Bjella	11	M/F				
4	Lindsay Kirchoffner	11	F/M/D	Head	d Coach: Brock Thom	pson	
5	Tracy Ringgenberg	12	F/M/D	Assi	stant Coaches: Dave	Ripley, Dav	ve Cook,
7	Jessica Heintz	11	F/M		Rodney Colson, Phy	llis Colson	, Kristy
8	Kari Bitz	12	M		Haaland		
9	Markee Gartner	10	F/M/D	Activ	v ities Director: Dr. Ji	m Haussler	•
11	Chelsea Lipp	12	M	Supe	e <mark>rintendent:</mark> Dr. Paul	Johnson	
12	Beth Gartner	12	F/M	Prin	cipal: Dr. Rita Kelly		
13	Ali Schweitzer	12	D	Spor	ts Medicine: Damiar	Schlinger,	Becca
14	Haley Buck	12	D/M	_	Gerhardt		
16	Rachael Hadsell	12	D				
17	Megan Jesperson	12	F/M/D				
19	Sara Walz	11	D				
20	Kellie Miller	11	F/M/D				

9



BISMARCK ST. MARY'S SAINTS



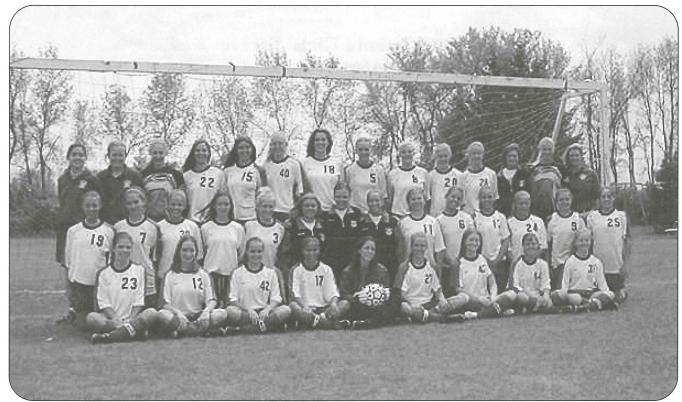
(left to right): Kate Cichy (#5), Steph Jangula, Stephanie Bartsch, Anne Malaktaris, Allison Tello and Jess Janusz (#11). 2nd row: Brianne Loesch (#4), Ashley Jangula, Kelly Heinert (goalie), Katie Miller (goalie), Amanda Doll, Mamie Knutson. 3rd Row Bill Kelsch (coach) Katie Dinneen, Ashley Kautzman, Becky Duppong, Jessica Rudnick, Laura Moilanen, Kim Mueller (coach) Tim Mueller (coach). Top Back Row: Sarah Reinarts (#15), Carissa Fenster, Amanda Engelman, Megan Sturdevant

Sain Rusier	5	Saint	Roster
-------------	---	-------	--------

No.	Name	Yr.	Pos.	No.	Name	Yr.	Pos.
1	Kelly Heinert	12	K	17	Ann Malaktaris	12	D
2	Laura Mollanen	11	M	18	Brielle Krumm	10	D
3	Laura Kienzle	10	M	21	Megan Sturdevant	12	\mathbf{M}
4	Brianne Loesch	11	D	22	Steph Jangula	11	D
5	Kate Cichy	11	D	27	Mamie Knutson	10	\mathbf{M}
6	Ashley Jangula	11	D	28	Amanda Doll	10	F
7	Jessica Rudnick	12	D				
8	Steph Bartsch	12	F	Head	d Coach: Tim Mueller		
9	Amanda Engelman	12	\mathbf{M}	Assis	stant Coaches: Bill Kel	lsch, Kim	Mueller,
10	Allison Tello	12	\mathbf{M}		Chris Kelsch, Kristen	Werner	
11	Jessica Janusz	10	\mathbf{M}	Athl	etic Director: Dan Sm	rekar	
12	Becky Duppong	12	F	Supe	e <mark>rintendent:</mark> John Jank	owski	
13	Katie Dinneen	12	D	Prin	cipal: Tom Eberle		
14	Katie Miller	11	K	Stati	sticians: Joe Kadlec, D	rew Goeb	el, Kyle
15	Sarah Reinarts	10	\mathbf{M}		Marthaller		
16	Ashley Kautzman	11	D				

JAMESTOWN BLUE JAYS





Back Row (left to right): Jenna Boschert - Asst. Coach, Candice Bloms - Asst. Coach, Kirsten Eppelsheimer, Miranda McPherson, Arielle McPherson, Megan Dooley, Teri Jacobson, Amie Schmeichel, Mindy Fisher, Whitney Walsh, Alicia Harty, Lindsey Witthauer, Shelley Osmond - Head Coach. Middle Row: Brittany Harty, Erica Clayton, Brianna Headland, Toni Clarys, Brooke Hochhalter, Sara Gross, Briana Wanzek, Annie Van Erem, Becky Larson, Alicia Brossart, Calli Olson, April Becker, Jess Gross, Jenny Lende. Front Row: Laura McPherson, Andrea Fischer, Holly Newton, Cami Kleinknecht, Deanna Schwehr, Katlin Braunberger, Carlee Iverson, Darci Newton, Abby Geroux

Blue Jay Roster								
No.	Name	Yr.	Pos.	No.	Name	Yr.	Pos.	
GK	Lindsay Witthauer	11	GK	20	Whitney Walsh	09	D	
3	Brooke Hochhalter	11	F/M	22	Miranda McPherson	12	D	
4	Darci Newton	11	D/M	25	Jenny Lende	12	F	
5	Amie Schmeichel	11	M/D	27	Kaitlin Braunberger	09	M/F	
6	Alicia Brossart	12	D	28	Rhea Kindseth	10	M	
7	Megan Dooley	11	\mathbf{M}					
8	Mindy Fisher	11	\mathbf{M}	Head	d Coach: Shelley Osmo	nd		
9	Jessica Gross	12	M/F	Assis	stant Coaches: Jenna E	Buschert	&	
11	Becky Larson	12	D		Candice Bloms			
12	Sara Gross	11	D	Supe	erintendent: Dr. David	Looysen		
13	Deanna Schwehr	11	M/F/GK	Prin	cipal: Larry Ukestad	-		
16	Annie VanErem	11	D	Athle	etic Director: George	Helmstet	ler	
17	Cami Kleinknecht	09	F	Man	Managers: Alicia Harty and Arielle McPherson			
18	Briana Wanzek	12	M/F		- /			
19	Brittany Harty	09	D					

Tournament History

North Dakota Girls' Soccer

(Sanctioned State Tournaments)
Place in State

School	1996	1997	1998	1999	2000	2001	2002
Bismarck	3 rd	5 th	P	3 rd	1 st	4 th	3 rd
Bismarck Century	6 th	4 th	1 st	2 nd	P	1 st	1 st
Bismarck St. Mary's	2 nd	2 nd	P	P	2 nd	P	2 nd
Devils Lake							
Fargo North	1 st	6 th	6 th	4 th	4 th	2 nd	P
Fargo Shanley							
Fargo South	4 th	3 rd	3 rd	1 st	3 rd	3 rd	P
Grand Forks Central	5 th	1 st	2 nd	P			
Grand Forks Red River	P		5 th	P	P	P	P
Jamestown	P	P	4 th	P			4 th
Mandan							
Minot					P	P	
West Fargo	0				P	P	P

North Dakota "Outstanding Senior Player"

1997	Sue Zerr	Bismarck
1998	Christi Wentz	Bismarck Century
1999	Kendra Lee	Jamestown
2000	Megan Boulger	Fargo South
2001	Marie Lerud	Fargo North
2002	Nikki Keller	Bismarck St. Mary's

Past State Soccer Champions

1996	Fargo North 1 - Bismarck St. Mary's 1 (OT shootout 4-2)
1997	Grand Forks Central 2 – Bismarck St. Mary's 1
1998	Bismarck Century 3 – Grand Forks Central 0
1999	Fargo South 3 – Bismarck Century 1
2000	Bismarck 2 – Bismarck St. Mary's 1
2001	Bismarck Century 3 – Fargo North 1
2002	Bismarck Century 2 – Bismarck St. Mary's 1

2003 STATE GIRLS SOCCER TOURNAMENT PAIRINGS

POOL A		POOL B
1-E	North	1-W Bismarck Century
2-W	Bismarck	2-E South
3-E	West Fargo	3-W St. Marys
4-W	Jamestown	4-E GF Central

Schedule of Play

Day	Time			
Thursday	2:00 pm	Bismarck vs West Far	rgo	North vs Jamestown
Thursday	4:00 pm	South vs St. Marys		Century vs GF Central
Friday	2:00 pm	Jamestown vs West F	argo	North vs Bismarck
Friday	4:00 pm	GF Cenral vs St Mary	rs	Century vs South
Saturday	9:30 am	Bismarck vs Jamestov	wn	North vs West Fargo
Saturday	11:30 am	South vs GF Central		Century vs St. Marys
Saturday	3:00	@ North	third p	lace
Saturday	5:00	@ North	Champ	pionship game

Pool Scoring

- Two points for a win
- Zero points for a lose
- If tied, teams will play two ten minute "golden goal" overtime periods
- If tied still a shootout will be used to determine a winning team
- Negative one point for each red card

Ties following pool play will be resolved as follows:

- 1. Head to head
- 2. Fewest goals allowed
- 3. Goal differential (max. 3)
- 4. Shootout if 2 team
- 5. If multiple teams are tied, use seed numbers.

Note: If there is a multiple team tie and a winning team or losing team is determined through any one of the steps, repeat the process from step one and repeat until all ties are broken. If the score is tied at the end of regulation play in the 3rd place or championship games, there shall be a maximum of two ten-minute,, "golden goal" overtime periods. If tied after overtime, a shootout will be held.

Pool Scores

Team	Opponent 1	Score	Pts	Opponent 2		Pts	Opponent 3	Score	Pts	Total pts
Bismarck	opposite the second sec			opposition in the second			PP			
Century					<u> </u>					· .
GF Central	, , , , , , , , , , , , , , , , , , , ,									
Jamestown										
North							2			
South							,			
St. Marys										
West Fargo				1						



FARGO NORTH SPARTANS



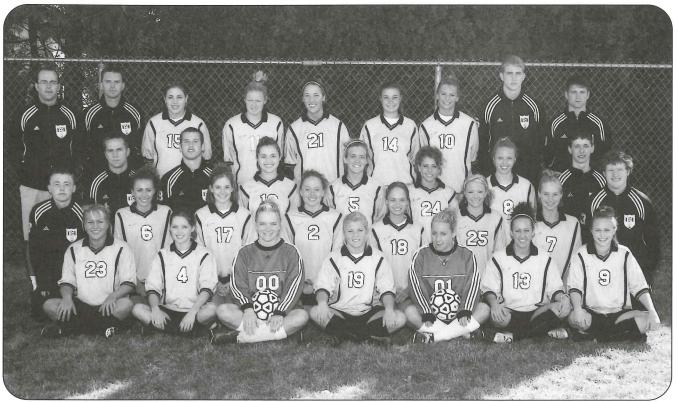
Front Row (left to right): Carolyn Schneider, Carissa Jahner, Maggie Olson, Megan Reberg, Alesha Row, Chelsey Shockman, Lisa Lerud. Second Row: Nataline Meinhardt, Piper DeLaPointe, Chelsey Smedsrud, Heather Hagen, Sarah Nelson, Suzy Grabko, Emma Jellison. Third Row: Katie Albrecht, Rita Lerud, Haley Rydell, Cara McClean, Jayme Fugelsten, Emily Elstrom, Susie Borlaug, Jenna LeDoux, Jamie Miller. Back Row: Asst. Coach Shannon Ysteboe, Sarah Klindworth, Asst. Coach Eric Singer, Michael Tidd, Joe Wonderlich, Joey Braunberger, Head Coach Cordell Sinding.

C	to most no	Doston
0	partan	Roster

No.	Name	Yr.	Pos.	No.	Name	Yr.	Pos.
1	Alesha Row	12	GK	10	Emma Jellison	10	MF
3	Lisa Lerud	12	D	22	Jenna LeDoux	10	D
4	Megan Reberg	12	MF	14	Emily Elstrom	9	F/D
5	Carolyn Schneider	12	D	20	Rita Lerud	9	MF
6	Suzy Grabko	12	MF	31	Maggie Olson	9	GK
8	Chelsey Smedsrud	12	F				
9	Carissa Jahner	12	F	Head	d Coach: Cordell Sind	ing	
11	Nataline Meinhardt	12	D	Assis	stant Coaches: Eric S	inger, Shan	non
12	Chelsey Shockman	12	D		Ysteboe, Dan Sinding	g, Kim Boe	lke, Blair
13	Piper DeLaPointe	12	F		Johnson, Eric Dunn		
15	Heather Hagen	12	MF	Activ	vities Director: Gary	Mailloux	
23	Sarah Nelson	12	MF	Supe	erintendent: Dr. Davi	d Flowers	
16	Ala Martin	11	F/MF	Prin	cipal: Andy Dahlen		
2	Susie Borlaug	11	D	Trai	ners: Steve Dockter, S	arah Klindy	worth
7	Jamie Miller	11	\mathbf{F}	Stud	ent Managers: Mike'	Tidd, Joey	
17	Cara McClean	11	MF		Braunberger, Joe Wo	nderlich	
21	Katie Albrecht	11	D	Stati	stician: Jayme Fugles	ten, Haley I	Rydell
15 23 16 2 7 17	Heather Hagen Sarah Nelson Ala Martin Susie Borlaug Jamie Miller Cara McClean	12 12 11 11 11	MF MF F/MF D F MF	Supe Prin Train Stud	vities Director: Gary erintendent: Dr. David cipal: Andy Dahlen ners: Steve Dockter, Stent Managers: Mike' Braunberger, Joe Wo	d Flowers arah Klind Tidd, Joey nderlich	

FARGO SOUTH BRUINS





Front Row (left to right): Brenna Lindemoen, Jeana Dahl, Lisa Hanson, Kali Odegaard, Ashley Anderson, Steph Schumacher, Catie Rohrich. Second Row: Manager Casey Overby, Jenny Henderson, Michelle Synhorst, Brianne Greenwood, Sarah Kraft, Adrianne Racek, Janel Lawonn, Manager Jonathan Foss. Third Row: Assistant Coach Rick Stenberg, Manager Dan Dulany, Alissa Schell, Rachel Magnuson, Anna Basketville, Karen Olson, Manager Jeff Gunkelman. Back Row: Coach Dan Weiler, Assistant Coach Casey Tidd, Amanda Ostgulen, Britta Eriksmoen, Ashley Gray, Amy Botnen, Stacey Lunneborg, Assistant Coach Kris Overby, Assistant Coach Jason Van Valkenburg.

Bruin Roster							
No.	Name	Yr.	Pos.	No.	Name	Yr.	Pos
00	Lisa Hanson	12	GK	19	Kali Odegaard	12	F
01	Ashley L.Anderson	11	GK	21	Ashley Gray	12	F
2	Brianne Greenwood	12	D	23	Brenna Lindemoen	10	M
4	Jeana Dahl	10	M	24	Anna Baskerville	10	F
5	Rachel Magnuson	12	M	25	Adrianne Racek	11	F
6	Jenny Henderson	11	M				
7	Janel Lawonn	11	D	Head	d Coach: Daniel Weiler	•	
8	Karen Olson	11	D	Assis	stant Coaches: Jason V	/anValker	ıburg,
9	Catie Rohrich	11	D		Casey Tidd, Kris Overl	by, Rick S	tenberg
10	Stacey Lunneborg	11	D	Athl	etic Director: Ed Lock	cwood	
11	Britta Eriksmoen	11	M	Supe	erintendent: Dr. David	Flowers	
13	Steph Schumacher	11	M	Prin	cipal: Dr. Richard Warr	ner	
14	Amy Botnen	12	\mathbf{M}		etic Trainers:Tom Pete		TC and
16	Alissa Schell	11	M		Charles Jacobson, L/A	TC	
17	Michelle Synhorst	10	M	Man	agers: Dan Dulany, Jon	athan Fos	ss, Jeff
18	Sarah Kraft	11	D		Gunkelman, Casey Ov		

14



GRAND FORKS CENTRAL KNIGHTS

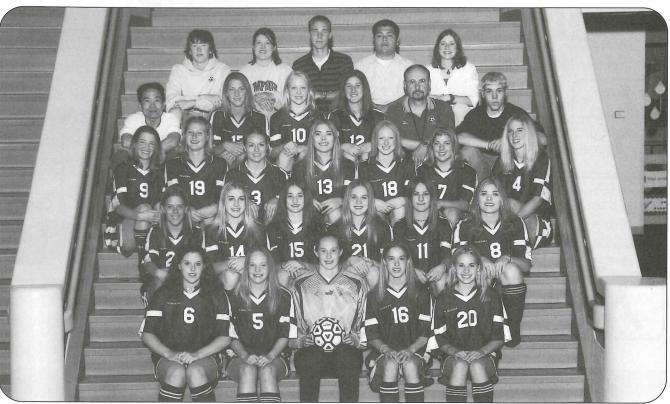


Front Row (left to right): Lindsay Slominski, Alys Seay, Monique Lamoureux, Lindi Vervalen, Jocylene Lamoureux, Andrea Drechsel, Lindsay Earl. Middle Row: Manager Natalie Turner, Manager Julie Scholz, Katie Valentine, Katrina Crawford, Kirsten Peterson, Danielle Brito, Manager George DuBois. Back Row: Head Coach Scott Nordin, Jenna Phelps, Haley Cummings, Jenn Byram, Kady Fredstrom, Student Trainer Adam Vonasek, Assistant Coach Behrang Khavanin. Not Pictured - Alyssa Simmers, Amanda Ebertowski, Jessica Dusso.

Knight Roster							
No.	Name	Yr.	Pos.	No.	Name	Yr.	Pos
1	Andrea Drechsel	12	\mathbf{M}	19	Monique Lamoureux	07	\mathbf{M}
2	Haley Cummings	11	\mathbf{M}	20	Jasie Olson	11	D
3	Lindi Vervalen	11	D	G	Kirsten Peterson	11	G
4	Jocylene Lamoureux	07	F	G	Katrina Crawford	11	G
5	Jenn Byram	10	\mathbf{M}				
6	Alys Seay	09	\mathbf{M}	Head	l Coach: Scott Nordin		
7	Danielle Brito	12	\mathbf{M}	Assis	stant Coaches: Behrang	g Khavai	nin,
8	Sara Haug	11	D		Amy Kain, Chris Denau	lt	
9	Lindsay Slominski	09	\mathbf{M}	Athl	etic Director: Craig Per	ry	
10	Katie Valentine	09	D	Activ	vities Director: Jean Ro	oise	
11	Kady Fredstrom	10	D	Prin	cipal: Dr. Jeff Schatz		
13	Lindsey Earl	11F		Athl	etic Trainer: Jon Sandy		
16	Jenna Phelps	11	D	Stud	ent Assistant: Adam Vo	nasek	
17	Kaitlyn Rau	09	\mathbf{M}	Stud	ent Managers: George	DuBois,	
18	Amanda Ebertowski	11	\mathbf{M}		Natalie Turner, Julie Sch		

WEST FARGO PACKERS





Front Row (left to right): Erika Johansen, Kristen Estrem, Kelsey Gatz, Jill Kussatz, Elizabeth Volk. Second Row: Joni Grant, Miranda Utter, Nicole Hertel, Sarah Clark, Danielle Klatt, Kris Bruns. Third Row: Kelsey Brand, Tracy Lanton, Chelsey Jameson, Kim Bruns, Ericka Thompson, Dana Lemke, Marin Rosenvold. Fourth Row: Manager Viet Le, Skadi Davison, Emily Silbernagel, Kim Lammers, Head Coach Jim Flores, Manager Mike Nicholas. Back Row: Manager Kyle Millar, Coach Ericka Freed, Coach Ronnie Engelking, Coach Jon Melendez, Coach Tracy Tanner.

-	70	-	_
Pac	how	Vas	ton.
I WU	KC I	TIVO	

No.	Name	Yr.	Pos.	No.	Name	Yr.	Pos.
3	Chelsey Jameson	12	D	20	Elizabeth Volk	09	\mathbf{M}
4	Marin Rosenvold	12	M	21	Jessica Short	09	G
5	Kristen Estrem	11	D	22	Joni Grant	10	F/M
6	Jenell Lammers	09	M/D	23	Tiffany Gjestvang	09	D
7	Dana Lemke	12	D	24	Kelsey Gatz	12	K
8	Kris Bruns	12	F/M				
9	Kelsey Brand	12	\mathbf{M}	Head	d Coach: Jim Flores		
10	Sarah Clark	09	\mathbf{M}	Assis	stant Coaches: Ericka	Freed, Ro	nnie
11	Danielle Klatt	10	F		Engelking, Jon Melend	ez,Tracy	Tanner,
12	Kim Lammers	11	D		John Zetocha		
13	Kim Bruns	12	D	Athle	etic Director: Curt Jon	ies	
14	Miranda Utter	09	F	Supe	erintendent: Dr. Charle	es Chene	y
15	Nicole Hertel	09	F	Prin	cipal: Gary Clark		
16	Jill Kussatz	09	M	Athle	etic Trainer: Mary Mai	nock	
17	Skadi Davison	12	M/D	Stude	ent Assistants: Luke Bald	lwin, Mike	Nicholas
18	Erika Thompson	12	D	Student Managers: Viet Le, Kyle Millar,			
19	Tracy Canton	12	M		Miranda Dougherty		67



BE AN NDHSAA SPORTS OFFICIAL

FOR MORE INFORMATION CONTACT:
NDHSAA
P. O. BOX 817
VALLEY CITY, ND 58072
1-701-845-3953

Extra effort makes all the difference—Guaranteed.

At U.S. Bank, we are proud to be the premier partner of the North Dakota High School Activities Association. Our efforts help to build stronger programs for the 36,000 North Dakota students who participate in athletic and fine arts activities.

We approach banking with the same dedication. That's why U.S. Bank has dozens of products and services to meet the needs of individuals and businesses in the community—all backed by our Five Star Service Guarantee. With 23 banking offices and 65 ATMs throughout the state, we make community banking easier.

Fargo	280-3500
Bismarck	222-6262
Grand Forks	795-6295
Minot	852-0166
Dickinson	227-1233
Jamestown	253-2733
Williston	572-3744
Wahpeton	642-9577
Devils Lake	662-9292
Valley City	845-4322
Grafton	
Beulah	873-2865
Lisbon	683-4179
Langdon	256-2702





Proud Partner of the North Dakota High School Activities Association



Member FDIC • usbank.com

Metro Area Tournament Patrons

A K Foss, Inc.

Agassiz Seeds, Inc.

AgCountry Farm Credit Services

Alerus Financial

Americinn of Fargo

Amerland Co., Inc.

Anderson, Keszler & Associates, CPA

Appraisal Services, Inc.

Associated Financial Services

Bergseth Bros. Co., Inc.

Braaten Cabinets

Carpet Mill Club, Inc.

Cole Papers, Inc.

Cook Sign Co.

Curt's Lock & Key Service, Inc.

Dakota Clinic, Ltd.

Dakota Food Equipment

Dakota Refrigeration, Inc.

Dave's South University Tesoro, Inc.

Dawson Insurance

Dr. Ronald McClure

Expressway Inn of Fargo

Eyecare Associates, PC

Fargo BW Kelly Inn

Fargo Tire Service, Inc.

Fargo's Finest Auto Body

Fiebiger, West, Swanson & Co.

Frappier Acceleration Sports Training

Frontier Trust co.

Gadberry Farms

Garry's Opticians

Hanson-Runsvold Funeral Home

Hektner-Lybeck-Erickson Insurance

Hentges Company, Inc.

Heyer Engineering, PC

Integrity

James S. Wieland

John L. Bennett

Johnsen Trailer Sales, Inc.

Knight Printing

Larsen's Variety, Inc.

Laser Systems

Linson Pharmacy, Ltd.

Lunde Lincoln Mercury Jeep Mazda

Maring Williams Law Office, PC

McNair, Larson & Carlson, Ltd. Attorneys

Midland Hospital Supply

Moore Engineering, Inc.

No. Dak. Television, LLC dba KVLY-TV

Northland Sales, Inc.

Northport Drug

Ohnstad Twichell, PC

Pediatric Dentistry, Ltd.

Peggy's Card Shops, Inc.

Pioneer Enterprises

R & G Bootery

R.L. Engebretson, P.C.

Ramada Plaza Suites & Conference Center

Ramsey National Bank and Trust Co.

Red River Commodities, Inc.

Serkland Law Firm

Seventh Ave. Auto Salvage, Inc.

Solberg Law Firm

State Bank of Fargo

Supervalu

T L Stroh Architects, Ltd.

The Title Co.

Thibedeau & Co., PC

Titan Machinery

Tri-State Auction Co.

Uesco Warehouse, Inc.

United Lease and Finance, Inc.

Urologic Associates, Ltd.,

Steven P. Strinden, M.D.

Vanity Shop of Grand Forks, Inc.

WDAY, WDAY, KBMY, KMCY

Forum Communications
Weekes/North Star Forest Materials

Widmer Roel & Co., Ltd.

Wimmer's Diamonds

Idea One would like to wish all Student Athletes a sincere good Luck and best wishes for the future!



We at IdeaOne Telecom,

offer a wide range of customer driven services.

your local telecommunications company,

We can offer packages of our most popular options

at one low price, plus the opportunity to consolidate

many different services with one provider.

That means one phone bill and one local call.

Idea One has many services that can save our customers money, one example is our

Unlimited Dial-Up Internet at

\$14.95/ Month

Plus, don't forget
about our High Speed
Internet Services!

THE IDEA
IS GOOD
SERVICE

ideaone.com

Gordmans

15% off

Any single item!

Present your program to receive discount.

www.gordmans.com

5100 14th Avenue SW • Fargo • (701) 492-2982



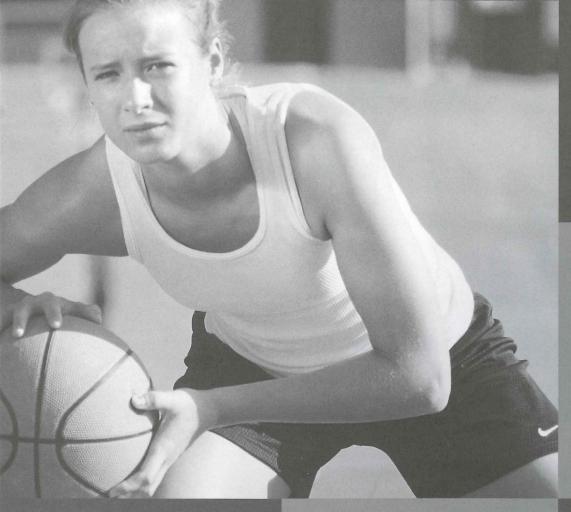
Celebrating the spirit of achievement

State Farm salutes the dedication and commitment of North Dakota high school athletes. We're all winners when we work together to achieve a goal.

Like a good neighbor, State Farm is there.®



Ever wish you could outperform yourself?



absolute best? MeritCare Sports
Medicine can help you get there.
From the innovative, scientific
methods of our Speed Strength
Program to the personalized,
professional care of our sports
medicine specialists, Team MeritCare
can take you where you want to go.

Whether you want to increase speed, improve stamina, practice more effectively, successfully rehabilitate after an injury, increase strength, whatever it is you need to do to outperform even yourself, stop wishing and get moving ... to MeritCare Sports Medicine.

Team MeritCare:

The region's most comprehensive

Sports Medicine Orthopaedic Surgeons

Sports Medicine Physicians

Podiatric Medicine Surgeons

Physical Medicine and

Rehabilitation Physicians

Sports Medicine Physician Assistants

Exercise physiologists and specialists

Certified athletic trainers

Physical therapists



Hand therapists

Fargo, N.D. (701) 234-8750 (800) 437-4010 ext. 8750 meritcare.com



