

2022 NORTH DAKOTA STATE GIRLS' SWIM & DIVE TOURNAMENT

NOVEMBER 11-12, 2022

HULBERT AQUATICS CENTER | WEST FARGO, N.D.



2021 CHAMPIONS BISMARCK CENTURY PATRIOTS



GET BACK ON TRACK

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TOURNAMENT COMMITTEE

A photograph of a family in a kitchen. A young woman in a maroon sweater is leaning over a man in a dark blue plaid shirt, who is smiling and looking at a photo album. A woman with blonde hair is partially visible on the left, also looking at the album. In the background, an older woman in a red shirt is working at a counter. Two red mugs are on the table in the foreground.

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Bismarck
School Boards Assoc.

MINIMAL BEHAVIOR EXPECTATIONS FOR REGULAR AND POSTSEASON COMPETITIONS

- Respect the American flag and the National Anthem.
- Contesting schools shall each have an authorized faculty representative present who shall be responsible for his/her school's participants, students, and fans throughout the contest.
- Spectators must wear clothing that covers the entire torso. Those who do not comply or who wear clothing that is vulgar, obscene or that in some other way inappropriate, as determined by school/tournament personnel, will be removed from the facility if they do not cooperate with this behavior expectation.
- The use of appropriate language is expected at all times. Profanity, negative chants, trash talk, name-calling, personal attacks or other acts of disrespect are unacceptable and must be immediately addressed by school/tournament administrators.
- Any attendee ejected from a NDHSAA tournament venue will be banned from the venue(s) for the remainder of the event.
- Respect the game/contest. Under no condition shall anyone other than the members of the official squad enter the playing surface. No one may interfere with the contest in any way.
- Hand held signs and flags, which do not obstruct the view of others, are permitted provided they are in good taste. Signs or other similar items contest/tournament officials deem to be in poor taste will be removed. Message or "white" boards are prohibited. The carrying of flags around the playing surface is NOT allowed.
- Artificial noisemakers of any kind (i.e. megaphones, cowbells, sirens, whistles, thunder sticks, and other similar items) are not allowed at any indoor events, including outdoor sports played at indoor venues. Exception—Megaphones appropriately used by cheerleaders are permitted if allowed by contest officials.
- Laser lights or any other lights deemed distracting to participants are strictly prohibited.
- Confetti is banned at all NDHSAA tournament venues. Tournament staff is instructed to confiscate such articles at the door.
- Objects shall not be thrown into the stands at any NDHSAA tournament venue.
- The use of unmanned aerial vehicles (UAV), also known as drones, is prohibited for any persons at NDHSAA tournament venues.

WELCOME TO THE 2022 NDHSAA GIRLS' SWIMMING & DIVING MEET

Welcome to the Hulbert Aquatic Center for the 2022 NDHSAA Girls' Swimming & Diving Championships. We look forward to providing an exciting and memorable experience for all participants, coaches and fans. A special "Thank you" to the Hulbert Aquatic Center staff and administration for their cooperation in assisting with management of this event. We also express our gratitude to the many volunteers and workers for providing their assistances.



As an extension of the North Dakota High School Activities Association's effort to promote sportsmanship and goodwill among schools and athletes, we hope you will join us in providing positive encouragement and support for all who are here. Good luck to all the teams.

Logan Midthun, Tournament Manager
West Fargo Public Schools Activity Director

Here's an effective way for you and your community to prevent the
#1 KILLER OF TEENS.

The ND Association of Counties has teamed up with the "Impact Teen Drivers – What Do You Consider Lethal" Campaign with a free interactive program for students, teachers and law enforcement. "Impact Teen Drivers" will help teens think about the deadly impact of distractions while driving.

To book this program, please contact:

ImpactTeens@ndaco.org

Vision Zero Outreach Program



Impact
Teen Drivers

VISION ZERO

NDACo
NORTH DAKOTA ASSOCIATION OF COUNTIES



WATCH LIVE

**ALL 24 GAMES OF THE NDHSAA STATE
VOLLEYBALL TOURNAMENT**



KNDB CH.26
Bismarck / Mandan / Dickinson



KNDM CH.24
Minot / Williston



KRDK CH.4
Fargo / Grand Forks

SCHEDULE/ORDER OF EVENTS

MEET SCHEDULE 2022

Friday November 11, 2022

11:00 AM	Coaches Meeting
11:00 AM	Diving Warm-ups
11:15 AM	Diving Sheets Due
12:30 PM	Diving Preliminaries
2:15 PM	Swim Warm-ups
3:15 PM	Swimming Preliminaries

Saturday November 12, 2022

9:45 AM	Diving Warm-ups
10:45 AM	Diving Semi-Finals
11:30 AM	Coaches & Officials Meeting
12:00 PM	Swimming & Diving Warm-ups
1:00 PM	Clear Pool
1:15 PM	All Finals

CHAMPIONSHIP SCORING

Relays

40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2

Individual Events

20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1

DIVING COMPETITION

Number of Contestants: 1-32

Preliminaries: Any 2 required & 3 optional

Semi-Finals: 2 required & 1 optional

Finals: 1 required & 2 optional

Each contestant shall submit a signed, diving score sheet which includes the number, written description, position, degree of difficulty, and order in which the dives will be performed for all levels of the competition, preliminaries through finals.

Points awarded by judges on a scale of 10 to 0 at ½ increments according to the following:

Exceptional	9 to 10
Excellent	7½ to 8½
Good	6 to 7
Satisfactory	4½ to 5½
Deficient	2½ to 4
Unsatisfactory	½ to 2
Failed	0

When five judges are used, the high and low scores are canceled. The points are then recorded and the cumulative results are updated. After the preliminary round, the number of contestants is cut to 20. After the semi-final round, the number of contestants is cut to 16.

STATE RECORDS

EVENT	PRESENT HOLDER	SCHOOL	RECORD	YEAR
200 Yd. Medley Relay	Briana Rittenbach, Vanessa Herrmann, Carly Palmer, Lexi Duchsherer)	Bismarck Century	1:44.81	2016
200 Yd Freestyle	Dagny Knutson	Minot High	1:42.81 (Prelims)	2008
200 Yd Ind. Medley	Dagny Knutson	Minot High	1:53.82 (Prelims)	2009
50 Yd Freestyle	Lexi Duchsherer	Bismarck Century	22.54	2020
Diving	Madison Hischer	Fargo Davies	479.95	2020
100 Yd Butterfly	Tierney Howell	West Fargo Sheyenne	55.44	2020
100 Yd Freestyle	Dagny Knutson	Minot High	48.15 (Prelims)	2009
500 Yd Freestyle	Dagny Knutson	Minot High	4:34.78 (Prelims)	2008
200 Yd Freestyle Relay	Sarah Dorrheim, Paige Keller, Carly Palmer, Lexi Duchsherer	Bismarck Century	1:37.38	2018
100 Yd Backstroke	Briana Rittenbach	Bismarck Century	55.67* (tied record 2018 prelims)	2016
100 Yd Breaststroke	Erin Palmer	Bismarck Century	1:02.02	2021
400 Yd Freestyle Relay	Lexi Duchscherer, Olivia Schuchard, Sarah Dorrheim, Erin Palmer	Bismarck Century	3:29.58	2020



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BISMARCK CENTURY PATRIOTS



Back Row: Rhyan Haman, Kinsley Anderson, Hannah Smithers, Emma Vallie, Nevaeh Barth, Shea Polk, Rylie Pudwill, Lauryn Caster, Mady Tivis; Fourth Row: Head Coach Spencer Wheeling, Caylee Michela, Morgan Harvey, Karen Hoffman, Molly Osadchy, Brooklyn Richards, Bailey Ferderer, Delaney Rush, Kylie Duchsherer, Calleigh Stollendorf, Julia Meyer, Assistant Coach Dani Miller; Third Row: Assistant Coach Jenny Unruh, Assistant Coach Miki Brackin, Sady Nelson, Aubrey Caster, Hannah McEvers, Sienna Mrachek, Abby Jablonsky, Kaydence Haider, Rachael Lubale, Clare Tamisiea, Ava Abryzo, Elsie Thompson, Assistant Coach Alaina Woock; Second Row: Ava Erickson, Joelle Knudson, Maria Schaff, Cadence Cook, Norah Walker, Alynna Buck Elk, Jayda Pudwill, Mckenna Hendricks, Adalynn Smette, Kylie Stahl, Nora Nairn; Front Row: Paige Spomer, Maren Francetich, Jurnee Wolf, Emily Anderson, Maya Clark, Sophia Schaible, Ella Clark, Haley Dockter and Kiera Kuklok.

Head Coach

Spencer Wheeling

Assistant Coaches

Dani Miller
Miki Brackin
Jenny Unruh
Alaina Woock

Superintendent

Dr. Jason Hornbacher

District Activity Director

Dave Zittleman

Building Activity Coordinator

Ben Lervick

Principal

Steve Madler

Assistant Principal

Mark Murdock
Sharon Espeland

Athletic Trainer

Sanford Sports Medicine

Team Captains

Caylee Michela
Shea Polk
Emma Vallie

School Colors

Red/White/Blue

School Song

Bismarck Century Red,
White & Blue

BISMARCK HIGH DEMONS



Back Row: Coach Matt Poppe, Brooke Bondley, Madeline VerDouw, Anna Duckwitz, Isabelle Forde, Jordyn Kemmer, Keelin Traynor, Elizabeth Kerzman, Cambree Anderson; Middle Row: Coach Emily Poppe, Coach Jenny Unruh, Coach Alaina Woock, Jorja Klauadt, Addison Koch, Riley Kummer, Addysen Geerdes, Brooklyn Baumgartner; Front Row: Nora Traynor, Stella Brandt, Hailey Spotted Bear, Jerni Betsill, Jocelyn Jahner, Aubrey Vatnsdal and Kya Sease. Not pictured: Sam Eggl (student manager), Kallen Hintz and Olyvia Geerdes.

Head Coach

Emily Poppe
Matt Poppe

Diving Coach

Jenny Unruh
Alaina Woock

Assistant Coaches

Maya Gatz

Superintendent

Dr. Jason Hornbacher

District Activity Director

Dave Zittleman

Building Activity Coordinator

Scott Nustad

Principal

David Wistshoff

Assistant Principal

Ryan Johnson
Lynette Johnson

Athletic Trainer

Sanford Sports Medicine

Team Captains

Isabelle Forde
Jordyn Kemmer

Student Manager

Sam Eggl

School Colors

Maroon and White

School Song

Bismarck Fight Song

BISMARCK LEGACY SABERS



Back Row: Diving Coach Jenny Unruh, Asst. Coach Amber Donat, Abby Erickson, Tova Blikre, Camie Larson, Olivia Kobes, Head Coach Thomas Wheeling, Diving Coach Alaina Woock; Third Row: Jewel Zimmer, Grace Upgren, Jillian Schick, Lily Koppang, Elizabeth Hagel, Avery Brousseau, McKayla Donat, Samantha Bergrud, Paytn O'Neil; Second Row: Brinley Steele, Ashlyn Brendel, Morgan Noonan, Brielle Hochhalter, Belle Fischer, Brynlee Sutheimer, Emma McKenzie, Piper Freborg, Kadee McKenzie, Lilyana Hochhalter, Ellie Lacher; Front Row: Avery Fiedler, Erin Wiedmeier, Emersen Brousseau, Elizabeth Ellefson, Grace Schick, Katie Gruman and Mia Kvas. Not Pictured: Lexie Waldner

Head Coach
Thomas Wheeling

Diving Coach
Jenny Unruh and Alaina Woock

Assistant Coaches
Amber Donat

Superintendent
Dr Jason Hornbacher

District Activity Director
Dave Zittleman

Building Activity Coordinator
Paul Jundt

Principal
Tom Schmidt

Assistant Principal
Ryan Riehl

Athletic Trainer
Sanford Sports Medicine

Team Captains
McKayla Donat
Emma McKenzie
Samantha Bergrud

School Colors
Black and Vegas Gold

School Song
Legacy Fight Song



Back Row: Maddy Beyer, Danae Riley; Middle Row: Natalie Gramm, Alaina LaJesse, Popi Miranowski; Front Row: Elli Hendrickson and Kenna Remily. Not Pictured: Sydni Roberts and Peyton Bertleson.

Head Coach

Danae Riley

Activity Directors

Chad Fredrickson

Mike McCall

Principals

Craig Peterson

Ned Clooten

Athletic Trainer

Shantell Schutt

Team Captain

Alaina LaJesse

Student Manager

Brady Graves

School Colors

Black & White

DICKINSON MIDGETS



Back Row: McKenna Mettler, Aryana Twist, Taylor Miller, Samantha Paintner; Third Row: Coach Jenna Wolf, Mara Ellerkamp, Emily LaQua, Kendra Erickson, Hailey LaQua, Hannah Meschke, Clancy Meyer, Coach Samie Bohl; Second Row: Brenna Jo Wolbaum, Allanah Davis, Morgan Haller, Makenna Tippet, Molly Ellerkamp, Addie Wax, Sophia Kruc; Front Row: Willow Vohs, Breanna Erickson, Ericka Williams, Charley Rathgeber, Shaylynn Ziman and Arabella Berger.

Head Coach

Jenna Wolf

Diving Coach

Brooke Ott

Assistant Coach

Samie Bohl

Superintendent

Sam Lewton

Activity Director

Guy Fridley

Principal

Jeff Brandt

Athletic Trainer

Colin Hulm

Team Captains

Mara Ellerkamp
Charley Rathgeber
Aryana Twist
Ericka Williams

School Colors

Orange and Black

School Song

Notre Dame Victory
March

FARGO DAVIES EAGLES



Kayley Bischoff, Hadley Hegland, Shelia-Marie Reinert, Alecia Jorud, Amelia Gaddie, Jane Donat, Lauren Schluchter, Leighton Koepplin, Tayana Nelson, Lauren Sturma, Jordyn Mastel, Halle Braaflat, Tara Hendrickson, Madeline Sinner, Lydia Potter, Helen Wu, Alyssa Anderson, Lauren Watson, Mariah Nelson, Karina Repina, Piper Hennebry, Riley Schroeder, Aubrey Piechoski, Carley Hoff, Avery Hanson, Alivia Szymanski, Alyssa Morgenroth, Sophia Myers, Hanna Hoff, Evelyn Meidinger, Coaches: Coach Krystle Leidholm, Coach Tyler Hetland, Assistant Coach Paige Hennebry, Assistant Coach Levi Wagner, Assistant Coach Morgan Staffne, Manager Emma Hendrickson. Not Pictured: Dagney Erickson, Gwen Ellingson, Ione Benedicto, Sienna Eissinger

Head Coach

Krystle Leidholm
Tyler Hetland

Diving Coach

Levi Wagner

Assistant Coaches

Morgan Staffne
Paige Hennebry

Superintendent

Dr. Rupak Gandhi

District Activity Director

Todd Olson

Building Activity Coordinator

Lenny Ohlhauser

Principal

Troy Cody

Assistant Principals

Dr. Dale Miller
Sean Safranski

Athletic Trainers

Scott Witte
Jered Steen

Team Captains

Halle Braaflat
Tara Hendrickson
Piper Hennebry
Lauren Sturma

Student Manager

Emma Hendrickson

School Colors

Cardinal Red, Vegas Gold

School Song

Davies School Song



Back Row: Peyton Ekman (Assistant Coach), Dick Fisher (Assistant Coach), Ali Toay, Alaina Vein, Addison Cerney, Samantha Christianson, Molly Hoffman, Anna French, Talia Butery (Head Coach), Sarah Volk (Assistant Coach); Third Row: Cayla Walker, Grace Zhong, Melinda Chen, Jennifer Klundt, Izzy Miller, Arianna Clairmont, Taryn Winkler, Elena Terrell, Ellory Boutwell, Harper Meyer; Second Row: Liv Nordeng, Lucy Czarnowski, Willow Schutt, Lydia Boser, Grace Bosch, Turi Garvey, Victoria Bolstad, Emmelia Hoff, Avery Fick; Front Row: Josslyn Salinas, Sofia Lattimore, Maren Mansour, Grace Mansour, Mollie Peterson, Berit Hillmer, Nora Vein, Anna Lacher, Eleanor Iversen and Bella Clairmont.

Head Coach

Talia Butery

Diving Coach

Peyton Ekman

Assistant Coaches

Sarah Volk

Dick Fisher

Superintendent

Dr. Rupak Gandhi

District Activity Director

Todd Olson

Building Activity

Coordinator

Dan Shultis

Principal

Travis Christensen

Assistant Principals

Joshua Andres

Dr. Amanda Quintus

Athletic Trainer

Jon Darling

Jordan Wolf

Team Captains

Anna French

Taryn Winkler

Alaina Vein

Student Managers

Haydn Vein

Ben Jorgensen

School Colors

Navy Blue & Gold

School Song

Go U Northwestern

FARGO SOUTH BRUINS



Back Row: Abigail Guttormson, Bethany Mehl, Audrey Komrosky, Elsie Becker, Hailey Schmitz, Abigail Sharbono, Hannah Miller, Nora Becker; Middle Row: Ava Miller, Katherine Mahli, Jonnah Groah, Ella Bourke, Isabela Graves, Aliya Greenberg, Ava Owens, Ava Martin, Kylee Sivers; Front Row: Kadance Munns, Samantha Sivers, Catherine Fehr, Maddy Hoss, Sierra Martin, Jaclyn Maughan, Vivienne Lee and Nico Eagle.

Head Coach

Skip Fisher
Jenna Booth

Diving Coach

Emily Pascavis

Assistant Coaches

Brad Johnson

Superintendent

Dr. Rupak Gandhi

District Activity Director

Todd Olson

Building Activity

Coordinator

Mike Beaton

Principal

Dr. Todd Bertsch

Assistant Principals

Greta Evenson
Dr. Shannon Mortrud

Athletic Trainer

Levi Tande

Team Captains

Sierra Martin
Maddy Hoss

Student Manager

Jackie Maughan

School Colors

Brown & Gold

School Song

On Wisconsin

GRAND FORKS CENTRAL KNIGHTS



Back Row: Morgan Uhler, Camille Finney, Maddie Elseth, Megan Schill, Clair Schill, Megan Behm; Middle Row: Gabby Tack, Marley Uhler, Olivia Trapnell, Miranda Bry, Gaabie Evanson; Front Row: Sydnee Sandberg, Rainey Bancroft, Lilly Ostenson, Jalinna Kidd, Maddie Walls and Reese Walls.

Head Coach
Bryan Walls

Assistant Coaches
Sara Walls
Nichole Smithson
Heather Wages

Superintendent
Dr. Terry Brenner

District Athletic Director
Mike Biermaier

**Building Activity
Coordinator**
Tony Bina

Principal
Jon Strandell

Team Captains
Madeline Elseth
Megan Schill

School Colors
Maroon and Grey

School Song
Onward Central

GRAND FORKS RED RIVER ROUGHRIDERS



Back Row: Lucia Campania, Kjirsten Oakland, Avery Kostelecky, Megan Gasparni, Ayana Richtsmeier, Rylee Lunnie, Jenna Post; Middle Row: Joely Anderson, Branwan Loeffler, Addison Olson, Olivia Whitney, Sky Conolly, Reagan Henry; Front Row: Ava Wray, Evie Lunnie, Abby Behm, McKalya Sagini, Rorie Anderson, Grace Fish and Aerin Salgado.

Head Coach
Bryan Walls

Assistant Coaches
Sara Walls
Nichole Smithson
Heather Wages

Superintendent
Dr. Terry Brenner

District Athletic Director
Mike Biermaier

**Building Activity
Coordinator**
Tyler Nelson

Principal
Dr. Kris Arason

Assistant Principals
Jay Hepperle
Darin Walters

Athletic Trainer
Jeff Bjerke
Sydney Stordahl

Team Captains
Megan Gasparini
Avery Kostelecky

School Colors
Red Black and white

School Song
Rider Fight Song

JAMESTOWN BLUE JAYS



Back Row: Rebecca Lloyd, Bernadette Belzer, Miah Tyson, Rhemmi Geinert, Allysah Larson, Nikolana Mack, Jozie Davis, Marley Roach, Marissa Moltzen, Cloe Nelson, Tori Nelson; Middle Row: Abby Boehm, Aliyah Tyson, Emily Trevithick, Ragen Keller, Miah Tyson, Emilia Cramer, Jordyn Larson, Hattie McDonald, Larkin Kleven, Sophia Kucerna, Meghan Hoff; Front Row: Julia Skari, Ella Brown, Zoe Bierke, Chea Baugh, Alexes Prasek, Anabelle Cramer, Sydney Fisher, Madison Schmidt and Mia Berndt.

Head Coach
Ben Smith

Diving Coach
Kahlan Hamlin

Assistant Coaches
Bridget Helmick
Dan Smith
Delanie Finck

Superintendent
Rob Lech

Activity Director
Jim Roaldson

Principal
Adam Ghelhar

Assistant Principal
John Conway

Athletic Trainer
Nolan Love

Team Captains
Chea Baugh
Alexes Prasek
Anabelle Cramer

School Colors
Royal Blue and White

School Song
Blue Jay Booster

MANDAN BRAVES



*Top Row: Aliyah Hilfer, Savannah Powell, Kaysi Borchers, Kelbie Bender, Abigail Ricketts, Grace Goettle, Kelby Seefeldt, Morgan Walz, Coach Jake Goergen, Katelynn Kitzmann
On the Stairs (L to R): Corinne Lindsey, Olivia Beck, Sophia Carter, Taylor Adamski, Kylie Jasso, Emma Masseth, Destiny Lewis; Front Row: SM Jake Thomas, Lynnea Jackson, Malayna Gerhardt, Aleyah Satnan, Cadence Erhardt, Monica Gerhardt, Josey Jackson, Alyssa David, Grace Bugbee, Mya Becker, SM Bennett Graff, Katie Prescott, Megan LaFleur, Coach Chad Schuchard, Alora Kroh, Sophia Koenig, Julia Graff, Kylie Brew, Brooklynn Leingang, Aubrielle Rebel; On the Dock: Coach Claudia Schoellkopf and Coach Linn Schroeder.*

Head Coach
Claudia Schoellkopf

Diving Coach
Claudia Schoellkopf

Assistant Coaches
Jake Goergen
Linn Schroeder
Chad Schuchard

Superintendent
Dr. Mike Bitz

Activity Director
Mark Wiest

Principal
Mark Andresen

Assistant Principal
Alyssa Caya
Aaron Koenig

Team Captains
Taylor Adamski
Kelbie Bender
Josey Jackson
Brooklynn Leingang

Student Manager
Bennett Graff
Jake Thomas

School Colors

Black & White
School Song
Here's to Mandan



Back Row: Elise Altringer, Emily Dunstan, Caelin Flaten, Bostyn Edwards, Ashlyn Nielson; Third Row: Zoe Bahr, Ella Kesler, Ave Conje, Madi Senger, Sam Vonbokern, Kirby Quam; Second Row: Ava Neumann, Madison Lyman, Haley Conklin, Erin Kerzman, Ellie Schaeffer, Reece Goodman, Haili Metzger, Havanna Metzger, Julia Kraft; Front Row: Kassidy King, Maggie Fricke, Vianne Strandlien, Keirra Miller, Sophia Vonbokern, Sylvia Cowper, Hailee Valdez, Ava Williamson, Lainey Martin, Gabby Osborn and Lily Sue Leys. Not pictured: Isabelle Aberle, Sophie Bell and Gianna Osborn.

Head Coach
Emily Jensen

Diving Coach
Barb McPeak

Assistant Coaches
McKenna Brown
Jordan Keller

Superintendent
Dr. Mark Vollmer

District Activity Director
Mitch Lunde

Building Activity Coordinator
Brian Hornacker

Principal
Dr. Scott Faul

Assistant Principal
Dave McQueen

Athletic Trainer
Barb Neshiem

Team Captains
Elise Altringer
Erin Kerzmann
Ashlyn Nielsen
Madi Senger

Student Manager
Gianna Osborn

School Colors
Maroon & Gold

School Song
Loyal & True

SHANLEY DEACONS



Back Row: Coach Snyder, Nora Andrist, Sarah Ostlie, Maddie Fischer, Olivia Jones, Coach Hanson; Middle Row: Mgr. Brooklynn Greening, Alexis Appletoft, Brooklyn Hanson, Hadley Christianson, Kendall Jones, Annika Johnson, Kayla Mathison, Drew Noah, Mgr. Allison Ries; Front Row: Alexa Heckaman, Isla Rogne, Kate Jones, Sara Noah and Noelle Richard. Not Pictured: Coach Heckaman

Head Coach

Jackie Snyder

Diving Coach

Billy Hanson

Assistant Coaches

Dani Heckaman

Superintendent

Mike Hagstrom

Activity Director

Reggie Jackson

Principal

Father Kyle Metzger

Athletic Trainer

Becca Erickson

Team Captains

Brooklyn Hanson

Olivia Jones

Sarah Ostlie

Student Manager

Allison Ries

Brooklynn Greening

School Colors

Red & White

School Song

Forward for Shanley High

WEST FARGO PACKERS



Back Row: Head Coach Matt Stinar, Heidi Unser, Laura Iverson, Sadie Wavrin, Hannah Potter, Addison Iverson, Juliana Dahl, Manager Reina Jacobson, Manager Madison Smith; Third Row: Manager Felicitee Tyryfter, Kaelyn Hoffman, Lily Martin, Ella Montplaisir, Mallory Docktor, Hallie Schatzke, Hailey Metcalfe, Helena Stanton, Coach Leann Mengelkoch; Second Row: Macy Schleeter, Emma Bueng, Elly Butts, Ella Amundson, Rachel Kunz, Aaliyah Gramm, Olivia Mischke, Andie Stewart; Front Row: Charlie Olson, Jordyn George, Paityn Olson, Emery Aasen, Addison Smith, Hailey Carling, Mara Lick, Ellie Nelson and Evy Jacobson.

Head Coach
Matt Stinar

Diving Coach
Michael Clark

Assistant Coaches
Sarah Montplaisir
Leann Mengelkoch

Superintendent
Beth Slette

District Activity Director
Logan Midthun

Building Activity Coordinator
Justin Behm

Principal
Rachel Bachmeier

Assistant Principal
Jon Asprey, Dr. Wayne Samson, Rick Wilson

Athletic Trainer
Alexandra Simonitch
Jesse Differding

Team Captains
Mara Lick
Hannah Potter
Mallory Docktor
Elly Butts
Laura Iverson
Lily Martin

Student Managers
Reina Jacobson
Madison Smith

School Colors
Green and White

School Song
Minnesota Rouser

WEST FARGO HORACE HAWKS



Back Row: Coach Andrea Smith, Sophie Axtman, Maiah Fuchs, Katie Smith, Jocelyn Wettlaufer, Colby Mauch, and Coach Natalie Kampa; Third Row: Quinn Danielson, Reese Richard, Savannah Mauch, Becca Smith, Veda Voegele, and Payton Hetland; Second Row: Joley Lerum, Maddie Novak, Marissa Elstad, Sophie Hetland, Sophia Domitrovich, Anna Enright, and Sara Thomas; Front Row: Izzy Hogness, Emersyn Bulson, Sandra Wyum, Alora Rude, Emery Strobl and Gabby Pribula.

Head Coach
Andrea Smith

Diving Coach
Michael Clark

Assistant Coaches
Natalie Kampa

Superintendent
Beth Slette

District Activity Director
Logan Midthun

Building Activity Coordinator
Aaron La Deaux

Principal
Dr. Pam Cronin

Assistant Principal
Dr. Aimee Volk

Athletic Trainer
Morgan Frey
Mickaella Langer

Team Captains
Katie Smith
Savannah Mauch
Veda Voegele

School Colors
Black and Gold
School Song



Allison Syverson, Tayler Bjerke; Fourth Row: Ezri Cline, Kate Lenoir, Ella Troska, Maddy Walters, Madee Shea, Kiera Lund, Jillian McMahon; Third Row: Claire Nilson, Mariah Clute, Greta Bellas, Ava DeVaney, Brooklyn Keney, Signey Webb, Isabelle Markell, Karlie Lund; Second Row: Peyton Topp, Emma Kern, Evie Sevald, Sophia Markell, Bree Triplett, Myah Lund, Ella McDonagh; Front Row: Emma Riegal, Maddi Wersinger, Sam May, Halee Wersinger, Tyndale Archer, Paige Harry, Sophia Domitrovich and Lauren Lopez.

Head Coach

Erich Richardson

Diving Coach

Amber Matzen

Assistant Coaches

Sydney Graf
Hannah Kranz

Superintendent

Beth Slette

District Activity Director

Logan Midthun

**Building Activity
Coordinator**

Cory Herrmann

Principal

Ryan Salisbury

Assistant Principals

Jana Oistad
Seth Lachowitzer
Dr Matt Lonn

Athletic Trainer

Tessa Martin
Ali Hoffman
Bruce Mortenson

Team Captains

Tierney Howell
Lauren McDonagh
Bree Triplett
Mariah Clute
Brooklyn Keney

School Colors

Royal Blue & Orange

School Song

Mustang Stampede

WILLISTON COYOTES



Back Row: Coach Kemp, Coach Heise, Sierra Ramsey, Hailey Sorenson, Kloe Billings, Emma Enriquez, Jordan Stauffer, Kearyn Woodward, Katelyn Kolness, Ella Richards, Anika Grunenwald, Leah Jorgenson; Middle Row: Savanna Olsen, Emmy Sorensen, Adelle Cotton, Samantha Ward, Maleah Ramsey, Lola Senderhauf, Olivia Tveter, Savannah Goehring, Myah Tofte, Natalie Pfau, Kaylynn Riely; Front Row: Coach Jorgenson, Coach Messner, Jayden Woodward, Lucy Coughlin, Lenora Arnold, Brekyn Haugen, Charley Clark, Tyleigh Ramsey and Coach Teske. Not Pictured: Audrey Jafolla and Dru Zander.

Head Coach

Joe Kemp

Diving Coach

Matt Jorgenson

Assistant Coaches

Amanda Messner

Katrina Teskey

Sarah Heise

Superintendent

Dr. Richard Faidley

Activity Director

Robert Conley

Principal

Jason Germundson

Assistant Principal

Audrey Larson

Assistant Principal

Mark Hannig

Assistant Principal

Jonathan Abuhl

Athletic Trainer

Jordahn White

Team Captains

Leah Jorgenson

Savannah Goehring

Jordan Stauffer

Hailey Sorensen

School Colors

Orange and Black

School Song

Williston Fight Song

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**MARRIOTT
BONVOY**

200 YARD MEDLEY RELAY



Sarah Dorrheim



Mady Tivis



Erin Palmer



Lauryn Caster

STATE RECORD

Briana Rittenbach, Vanessa Herrmann, Carly Palmer, Lexi Duchsherer	Bismarck Century	1:44.81	2016
---	------------------	---------	------

1992	Mandan	Sara Fryslye, Robyn Mahutga, Pamela Richmond, DeDe Sletten	1:54.70
1993	Minot High	Tara Bruels, Jennifer Lowe, Holly Skarsgard, Sara Stevenson	1:52.84
1994	Minot High	Tara Bruels, Jennifer Lowe, Marie Burckhard, Holly Skarsgard	1:50.70
1995	Minot High	Tara Bruels, Jennifer Lowe, Marie Burckhard, Holly Skarsgard	1:50.15
1996	Bis. Century	Lisa Haunz, Kate Giese, Elizabeth Pierce, Andi Kindschi	1:48.62
1997	Minot High	Jamie Wendt, Jennifer Lowe, Katie Lowe, Tessa Goldade	1:52.73
1998	Bis. Century	Jessie Kindschi, Kate Giese, Lisa Haunz, Cathy Peterson	1:52.09
1999	Mandan	Jenny Bachmeier, Kelli Henke, Tiffanie Loeb, Randi Keller	1:51.28
2000	Mandan	Jenny Bachmeier, Kristen Fiest, Tiffanie Loeb, Nicole Saur	1:53.06
2001	Fargo South	Heather Harris, Erin Wessman, Becky Anderson, Laura Watkins	1:52.19
2002	Mandan	Jenny Bachmeier, Steffany Bachmeier, Linzey Bachmeier, Angela Renner	1:51.32
2003	Williston	Kristy Wood, Carissa Gormally, Allison Maxwell, Erin Maetzold	1:52.83
2004	West Fargo	Kelsey Schoonhoven, Ashley Reiter, Elise Stromsvik, Andrea Flaten	1:49.75
2005	Minot High	Maggi Beck, Emily Evanoff, Dagny Knutson, Alyssa Jenkins	1:51.62
2006	Minot High	Maggi Beck, Amber Alexander, Dagny Knutson, Andrea Kraft	1:51.40
2007	Minot High	Maggi Beck, Amber Alexander, Dagny Knutson, Kelsey Beechie	1:49.73
2008	Minot High	Maggi Beck, Katelyn Webster, Dagny Knutson, Courtney Funk	1:48.32
2009	Williston	Kaitlin Bolinske, Sadie Miller, Madison Porter, Kelsey Stenson	1:48.98
2010	GF Red River	Jamie Skavlem, Courtney Fisk, Erin Grabanski, Mirna Kojic	1:50.56
2011	Bis. Century	Dani Bergeson, Veronica Herrmann, Emily Smallbeck, Jarren Fallgatter	1:47.97
2012	Bis. Century	Dani Bergeson, Veronica Herrmann, McKenzie Jeske, Jarren Fallgatter	1:46.98
2013	Minot High	McKenna Brown, Sarah Bogenrief, Francesca Walker-Rozo, Emily Hamel	1:48.43
2014	Bis. Century	Dani Bergeson, Vanessa Herrmann, Tess Sether, Abby Bourgois	1:47.54
2015	Bis. Century	Briana Rittenbach, Carly Palmer, Tess Sether, Abby Burgois	1:47.45
2016	Bis. Century	Briana Rittenbach, Vanessa Herrmann, Carly Palmer, Lexi Duchsherer	1:44.81
2017	Bis. Century	Briana Rittenbach, Vanessa Herrmann, Carly Palmer, Lexi Duchsherer	1:45.27
2018	Bis. Century	Briana Rittenbach, Avery Meyhoff, Paige Keller, Lexi Duchsherer	1:46.14
2019	West Fargo	Liv Hettinger, Hannah Potter, Tatum Brooks, Alexis Doeling	1:48.51
2020	Bis. Century	McKenna Matt, Paige Keller, Erin Palmer, Lexi Duchsherer	1:45.95
2021	Bis. Century	Sarah Dorrheim, Mady Tivis, Erin Palmer, Lauryn Caster	1:47.15

200 YARD MEDLEY RELAY

HEAT 1 TIMED FINALS

LN	SCHOOL	SEED	TIME
3	Wahpeton	2:08.76	_____
4	Bismarck	2:03.17	_____
5	Grand Forks Central	2:04.72	_____

HEAT 2 TIMED FINALS

LN	SCHOOL	SEED	TIME
1	Fargo South	2:02.25	_____
2	Legacy	2:00.91	_____
3	Williston	2:00.45	_____
4	Grand Forks Red River	1:59.19	_____
5	Dickinson	2:00.05	_____
6	Mandan	2:00.65	_____
7	WF Horace	2:01.96	_____

HEAT 1 TIMED FINALS

LN	SCHOOL	SEED	TIME
1	Jamestown	1:58.33	_____
2	Shanley	1:57.18	_____
3	Bismarck Century	1:56.67	_____
4	West Fargo Sheyenne	1:52.36	_____
5	Minot	1:54.84	_____
6	Fargo Davies	1:56.79	_____
7	West Fargo	1:57.55	_____
8	Fargo North	1:58.65	_____

200 YARD FREESTYLE

Qualifying Time
2:10.47

STATE RECORD

Dagny Knutson	Minot High	1:43.00	2008
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Greta Bellas

1992	Suzie Helvig	Mandan	1:54.48
1993	Kara Schmitz	Bismarck Century	1:58.97
1994	Sara Stevenson	Minot High	1:54.45
1995	Sara Stevenson	Minot High	1:56.95
1996	Kate Holland	Minot High	1:57.98
1997	Lauren Little	Mandan	1:55.95
1998	Heather Harris	Fargo South	1:55.77
1999	Heather Harris	Fargo South	1:51.78
2000	Heather Harris	Fargo South	1:52.81
2001	Heather Harris	Fargo South	1:53.08
2002	Heather Harris	Fargo South	1:56.28
2003	Michelle Omdahl	Grand Forks Red River	1:56.47
2004	Hannah Whitehead	Grand Forks Central	1:52.86
2005	Hannah Whitehead	Grand Forks Central	1:50.09
2006	Hannah Whitehead	Grand Forks Central	1:50.86
2007	Hannah Whitehead	Grand Forks Central	1:50.12
2008	Dagny Knutson	Minot High	1:43.00
2009	Ali Church	Grand Forks Central	1:52.08
2010	Ali Church	Grand Forks Central	1:52.09
2011	Ali Church	Grand Forks Central	1:50.28
2012	Dani Bergeson	Bismarck Century	1:52.37
2013	Ketti Ringwall	Williston	1:54.07
2014	Alexis Ljunggren	Grand Forks Central	1:51.44
2015	Alexis Ljunggren	Grand Forks Central	1:51.45
2016	Emma Hepper	Bismarck High	1:54.97
2017	Lexi Ljunggren	Grand Forks Central	1:51.74
2018	Elsa Musselman	Grand Forks Red River	1:53.93
2019	Elsa Musselman	Grand Forks Red River	1:53.12
2020	Sarah Dorrheim	Bismarck Century	1:53.49
2021	Greta Bellas	West Fargo Sheyenne	1:52.78

200 YARD FREESTYLE

SEED TIMES

Lauryn Caster	11	Century	2:00.09
Elise Altringer	12	Minot	2:00.90
Charley Rathgeber	12	Dickinson	2:01.97
Brooklyn Keney	11	WF Sheyenne	2:02.48
Mara Ellerkamp	11	Dickinson	2:02.51
Tova Blikre	10	Legacy	2:04.02
Brooklyn Hanson	10	Shanley	2:05.37
Madeline Elseth	12	GF Central	2:05.52
Georgia Lettenmaier	10	Jamestown	2:05.86
Rainy Bancroft	8	GF Central	2:06.46
Myah Lund	11	WF Sheyenne	2:06.61
Lilyana Hochhalter	7	Legacy	2:07.77
Ellie Nelson	9	West Fargo	2:07.90
Molly Osadchy	7	Century	2:07.93
Emma Vallie	12	Century	2:08.16
Sophie Hetland	9	WF Horace	2:08.29
Isabelle Markell	11	WF Sheyenne	2:08.38
Gabbie Evanson	11	GF Central	2:08.60
Carley Hoff	11	Fargo Davies	2:08.77
Molly Ellerkamp	8	Dickinson	2:09.02
Sady Nelson	11	Century	2:09.10
Caelin Flaten	10	Minot	2:09.14
Kearyn Woodward	11	Williston	2:09.43
Maggie Fricke	9	Minot	2:09.86
Mollie Peterson	7	Fargo North	2:09.93
Eleanor Iversen	9	Fargo North	2:10.17
Anika Grunenwald	10	Williston	2:10.21
Natalie Pfau	11	Williston	2:10.58
Emily Dunstan	8	Minot	2:10.74
Maddie Novak	10	WF Horace	2:11.01
Elizabeth Ellefson	10	Legacy	2:11.26
Ella McDonagh	8	WF Sheyenne	2:12.09

LN NAME

YR

SCHOOL

SEED

HEAT ONE

1	Elizabeth Ellefson	10	Legacy	2:11.26
2	Emily Dunstan	8	Minot	2:10.74
3	Anika Grunenwald	10	Williston	2:10.21
4	Mollie Peterson	7	Fargo North	2:09.93
5	Eleanor Iversen	9	Fargo North	2:10.17
6	Natalie Pfau	11	Williston	2:10.58
7	Maddie Novak	10	WF Horace	2:11.01
8	Ella McDonagh	8	WF Sheyenne	2:12.09

HEAT TWO

1	Sady Nelson	11	Century	2:09.10
2	Emma Vallie	12	Century	2:08.16
3	Georgia Lettenmaier	10	Jamestown	2:05.86
4	Charley Rathgeber	12	Dickinson	2:01.97
5	Tova Blikre	10	Legacy	2:04.02
6	Lilyana Hochhalter	7	Legacy	2:07.77
7	Gabbie Evanson	11	GF Central	2:08.60
8	Maggie Fricke	9	Minot	2:09.86

HEAT THREE

1	Molly Ellerkamp	8	Dickinson	2:09.02
2	Molly Osadchy	7	Century	2:07.93
3	Madeline Elseth	12	GF Central	2:05.52
4	Elise Altringer	12	Minot	2:00.90
5	Mara Ellerkamp	11	Dickinson	2:02.51
6	Myah Lund	11	WF Sheyenne	2:06.61
7	Isabelle Markell	11	WF Sheyenne	2:08.38
8	Kearyn Woodward	11	Williston	2:09.43

HEAT FOUR

1	Carley Hoff	11	Fargo Davies	2:08.77
2	Ellie Nelson	9	West Fargo	2:07.90
3	Brooklyn Hanson	10	Shanley	2:05.37
4	Lauryn Caster	11	Century	2:00.09
5	Brooklyn Keney	11	WF Sheyenne	2:02.48
6	Rainy Bancroft	8	GF Central	2:06.46
7	Sophie Hetland	9	WF Horace	2:08.29
8	Caelin Flaten	10	Minot	2:09.14

200 YARD INDIVIDUAL MEDLEY

Qualifying Time

2:29.81

STATE RECORD

Dagny Knutson	Minot High	1:55.79	2009
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Marissa Branham

1992	Nicole Fiest	Mandan	2:13.48
1993	Amy Gormally	Williston	2:12.56
1994	Elizabeth Pierce	Bismarck Century	2:09.40
1995	Elizabeth Pierce	Bismarck Century	2:11.73
1996	Elizabeth Pierce	Bismarck Century	2:09.06
1997	Jennifer Lowe	Minot High	2:10.15
1998	Lisa Haunz	Bismarck Century	2:00.92
1999	Jenny Bachmeier	Mandan	2:11.37
2000	Jenny Bachmeier	Mandan	2:11.62
2001	Jenny Bachmeier	Mandan	2:10.80
2002	Jenny Bachmeier	Mandan	2:11.69
2003	Emily Weeks	Minot High	2:12.39
2004	Dagny Knutson	Minot High	2:10.01
2005	Dagny Knutson	Minot High	2:08.04
2006	Dagny Knutson	Minot High	2:03.24
2007	Dagny Knutson	Minot High	1:58.58
2008	Maggi Beck	Minot High	2:08.18
2009	Dagny Knutson	Minot High	1:55.79
2010	Erin Grabanski	Grand Forks Red River	2:08.76
2011	Dani Bergeson	Bismarck Century	2:07.35
2012	Ellie Roche	Fargo North.....	2:08.67
2013	Ellie Roche	Fargo North.....	2:07.75
2014	Ellie Roche	Fargo North.....	2:06.50
2015	Vanessa Herrmann	Bismarck Century	2:05.75
2016	Vanessa Herrmann	Bismarck Century	2:02.77
2017	Vanessa Herrmann	Bismarck Century	2:03.49
2018	Gracie Lingle	Fargo Davies	2:08.24
2019	Marissa Branham	Williston	2:09.34
2020	Erin Palmer	Bismarck Century	2:05.89
2021	Marissa Branham	Williston	2:08.96

200 YARD INDIVIDUAL MEDLEY

SEED TIMES

Lauren McDonagh	10	WF Sheyenne	2:14.88
Ava Williamson	10	Minot	2:18.29
Sienna Mrachek	9	Century	2:20.61
Alexa Heckaman	9	Shanley	2:21.26
Savannah Goehring	12	Williston	2:22.22
Bethany Mehl	8	Fargo South	2:23.41
Abby Jablonsky	9	Century	2:23.43
Evie Sevald	8	WF Sheyenne	2:23.70
Savannah Mauch	10	WF Horace	2:24.25
Chea Baugh	12	Jamestown	2:24.43
Jocelyn Wettlaufer	8	WF Horace	2:24.60
Caitlyn Bjerke	12	WF Sheyenne	2:25.09
Grace Fish	10	GF Red River	2:25.70
Ericka Williams	12	Dickinson	2:25.84
Ella Montplaisir	11	West Fargo	2:26.30
Rachael Lubale	11	Century	2:26.69
Berit Hillmer	9	Fargo North	2:26.77
Ali Toay	10	Fargo North	2:26.88
Sophia Vonbokern	9	Minot	2:27.27
Josey Jackson	12	Mandan	2:28.26
Hanna Hoff	11	Fargo Davies	2:28.79
Anna Enright	8	WF Horace	2:28.84
Gabby Tack	8	GF Central	2:29.54
Morgan Uhler	11	GF Central	2:29.64
Madison Lyman	11	Minot	2:29.64
Juliana Dahl	7	West Fargo	2:29.87
Cadence Cook	11	Century	2:29.87
Olivia Whitney	10	GF Red River	2:30.09
Tyndale Archer	11	WF Sheyenne	2:30.48
Havanna Metzger	10	Minot	2:30.64
Lauren Schluchter	11	Fargo Davies	2:30.87

LN NAME

YR

SCHOOL

SEED

HEAT ONE

1	Lauren Schluchter	11	Fargo Davies	2:30.87
2	Tyndale Archer	11	WF Sheyenne	2:30.48
3	Juliana Dahl	7	West Fargo	2:29.87
4	Morgan Uhler	11	GF Central	2:29.64
5	Cadence Cook	11	Century	2:29.87
6	Olivia Whitney	10	GF Red River	2:30.09
7	Havanna Metzger	10	Minot	2:30.64

HEAT TWO

1	Hanna Hoff	11	Fargo Davies	2:28.79
2	Ella Montplaisir	11	West Fargo	2:26.30
3	Savannah Mauch	10	WF Horace	2:24.25
4	Sienna Mrachek	9	Century	2:20.61
5	Bethany Mehl	8	Fargo South	2:23.41
6	Caitlyn Bjerke	12	WF Sheyenne	2:25.09
7	Ali Toay	10	Fargo North	2:26.88
8	Madison Lyman	11	Minot	2:29.64

HEAT THREE

1	Josey Jackson	12	Mandan	2:28.26
2	Ericka Williams	12	Dickinson	2:25.84
3	Evie Sevald	8	WF Sheyenne	2:23.70
4	Ava Williamson	10	Minot	2:18.29
5	Savannah Goehring	12	Williston	2:22.22
6	Jocelyn Wettlaufer	8	WF Horace	2:24.60
7	Berit Hillmer	9	Fargo North	2:26.77
8	Gabby Tack	8	GF Central	2:29.54

HEAT FOUR

1	Sophia Vonbokern	9	Minot	2:27.27
2	Grace Fish	10	GF Red River	2:25.70
3	Abby Jablonsky	9	Century	2:23.43
4	Lauren McDonagh	10	WF Sheyenne	2:14.88
5	Alexa Heckaman	9	Shanley	2:21.26
6	Chea Baugh	12	Jamestown	2:24.43
7	Rachael Lubale	11	Century	2:26.69
8	Anna Enright	8	WF Horace	2:28.84

50 YARD FREESTYLE

Qualifying Time
27.51

STATE RECORD

Lexi Duchsherer	Bismarck Century	22.54	2020
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Liv Hettinger

1992	Megan Thiel	West Fargo	:25.38
1993	Megan Thiel	West Fargo	:24.67
1994	Megan Thiel	West Fargo	:24.68
1995	Christina Traen	Fargo South	:25.50
1996	Christina Traen	Fargo South	:25.01
1997	Jill Ament	Jamestown	:25.01
1998	Jill Ament	Jamestown	:25.35
1999	Nicole Saur	Mandan	:25.15
2000	Lauren Mickelson	Jamestown	:25.17
2001	Sarah Ziegelmann	Fargo North.....	:24.74
2002	Linzey Bachmeier	Mandan	:24.61
2003	Linzey Bachmeier	Mandan	:24.71
2004	Linzey Bachmeier	Mandan	:24.39
2005	Carissa Gormally	Williston	:24.08
2006	Lexie Halberstadt	Shanley.....	:24.77
2007	Lexie Halberstadt	Shanley.....	:23.77
2008	Lexie Halberstadt	Shanley.....	:24.66
2009	Lexie Halberstadt	Shanley.....	:23:52
2010	Courtney Funk	Minot High	:24.18
2011	Courtney Funk	Minot High	:23.36
2012	Emily Roche	Fargo North.....	:24.20
2013	Emily Hamel	Minot High	:24.38
2014	Breah Anderson	Fargo North.....	:23.71
2015	Breah Anderson	Fargo North.....	:23.48
2016	Gracie Lingle	Fargo Davies	:23.94
2017	Lexi Duchsherer	Bismarck Century	:23.55
2018	Lexi Duchsherer	Bismarck Century	:23.31
2019	Lexi Duchsherer	Bismarck Century	:22.91
2020	Lexi Duchscherer	Bismarck Century	:22.54
2021	Liv Hettinger	West Fargo High.....	:23.85

50 YARD FREESTYLE

SEED TIMES

Tierney Howell	12	WF Sheyenne	24.64
Sam Vonbokern	9	Minot	25.11
Abby Erickson	10	Legacy	25.51
Helen Wu	7	Fargo Davies	25.57
Madee Shea	12	WF Sheyenne	25.65
Taylor Miller	10	Dickinson	25.80
Bostyn Edwards	10	Minot	25.92
Aryana Twist	11	Dickinson	25.94
Izzy Miller	11	Fargo North	26.07
Reese Goodman	11	Minot	26.25
Hannah Potter	12	West Fargo	26.28
Mady Tivis	11	Century	26.29
Olivia Tveter	9	Williston	26.43
Gabby Osborn	10	Minot	26.44
Dru Zander	9	Williston	26.44
Megan Schill	12	GF Central	26.52
Lola Senderhauf	10	Williston	26.58
Joely Anderson	10	GF Red River	26.63
Ava Erickson	9	Century	26.66
Isabelle Forde	12	Bismarck	26.67
Sadie Wavrin	10	West Fargo	26.69
Marley Uhler	8	GF Central	26.74
Aubrey Caster	8	Century	26.74
Anna Duckwitz	11	Bismarck	26.76
Lauren Sturma	12	Fargo Davies	26.76
Jayda Pudwill	9	Century	26.87
Becca Smith	10	WF Horace	26.89
Sam May	12	WF Sheyenne	26.92
Nora Andrist	9	Shanley	26.92
Sophia Markell	11	WF Sheyenne	26.93
Lynnea Jackson	9	Mandan	27.00
Bernadette Belzer	12	Jamestown	27.00
Alaina Vein	12	Fargo North	27.20
Sierra Martin	12	Fargo South	27.22

LN NAME

YR

SCHOOL

SEED

HEAT ONE

3	Sierra Martin	12	Fargo South	27.22
4	Lynnea Jackson	9	Mandan	27.00
5	Alaina Vein	12	Fargo North	27.20

HEAT TWO

1	Bernadette Belzer	12	Jamestown	27.00
2	Sam May	12	WF Sheyenne	26.92
3	Becca Smith	10	WF Horace	26.89
4	Lauren Sturma	12	Fargo Davies	26.76
5	Jayda Pudwill	9	Century	26.87
6	Nora Andrist	9	Shanley	26.92
7	Sophia Markell	11	WF Sheyenne	26.93

HEAT THREE

1	Sadie Wavrin	10	West Fargo	26.69
2	Gabby Osborn	10	Minot	26.44
3	Izzy Miller	11	Fargo North	26.07
4	Abby Erickson	10	Legacy	25.51
5	Taylor Miller	10	Dickinson	25.80
6	Mady Tivis	11	Century	26.29
7	Joely Anderson	10	GF Red River	26.63
8	Anna Duckwitz	11	Bismarck	26.76

HEAT FOUR

1	Isabelle Forde	12	Bismarck	26.67
2	Dru Zander	9	Williston	26.44
3	Aryana Twist	11	Dickinson	25.94
4	Sam Vonbokern	9	Minot	25.11
5	Madee Shea	12	WF Sheyenne	25.65
6	Hannah Potter	12	West Fargo	26.28
7	Lola Senderhauf	10	Williston	26.58
8	Marley Uhler	8	GF Central	26.74

HEAT FIVE

1	Ava Erickson	9	Century	26.66
2	Olivia Tveter	9	Williston	26.43
3	Bostyn Edwards	10	Minot	25.92
4	Tierney Howell	12	WF Sheyenne	24.64
5	Helen Wu	7	Fargo Davies	25.57
6	Reese Goodman	11	Minot	26.25
7	Megan Schill	12	GF Central	26.52
8	Aubrey Caster	8	Century	26.74

DIVING

Qualifying
275 pts/11 dives
170/6 dives with completion
of 11 dive program

Consideration
275 pts/11 dives
250/11 or 150/6

STATE RECORD

Madison Hischer	Fargo Davies	479.95	2020
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Madison Hischer

1992	Summer Bourdeau	Bismarck Century	369.95
1993	Summer Bourdeau	Bismarck Century	393.80
1994	Molly McDonald	Bismarck Century	424.65
1995	Molly McDonald	Bismarck Century	451.45
1996	Molly McDonald	Bismarck Century	479.05
1997	Rachelle Giese	Mandan	438.55
1998	Marie Boyeff	Minot High	404.75
1999	Cristi Lindsey	Bismarck Century	419.95
2000	Kari Nolz	Bismarck High.....	478.45
2001	Cristi Lindsey	Bismarck Century	419.05
2002	Brooke Wehri	Mandan	398.60
2003	Dani Visina	Minot High	430.50
2004	Kati Hopfauf	Mandan	436.80
2005	Meri Orseth	Fargo South	415.90
2006	Kati Hopfauf	Mandan	449.65
2007	Megan Keidel	Bismarck High.....	410.45
2008	McKenzie Rudolph	Minot High	418.15
2009	Mairin Jameson	Shanley.....	435.75
2010	Ashley Kankelfritz	Fargo South	385.70
2011	Alex Lind	Jamestown	430.70
2012	Alex Lind	Jamestown	453.80
2013	Anna Reinholz	Shanley.....	438.65
2014	Brittany Dixon	Shanley.....	412.60
2015	Brittany Dixon	Shanley.....	442.80
2016	Isabelle Chambers	Fargo Davies	391.35
2017	Mya Winjum	Fargo Davies	427.85
2018	Madison Hischer	Fargo Davies	408.80
2019	Mya Winjum	Fargo Davies	412.2
2020	Madison Hischer	Fargo Davies	479.95
2021	Madison Hischer	Fargo Davies	463.60

DIVING

NAME	YR	SCHOOL	PRELIMS	SEMIS	FINALS
Kylie Stahl	8	Century	_____	_____	_____
Leah Jorgenson	12	Williston	_____	_____	_____
Sylvia Cowper	11	Minot	_____	_____	_____
Sydnee Sandberg	9	GF Central	_____	_____	_____
Katelyn Kolness	10	Williston	_____	_____	_____
Aubrey Piechowski	9	Fargo Davies	_____	_____	_____
Abi Ricketts	9	Mandan	_____	_____	_____
Anabelle Cramer	12	Jamestown	_____	_____	_____
Haley Conklin	10	Minot	_____	_____	_____
Samantha Paintner	7	Dickinson	_____	_____	_____
Mallory Docktor	12	West Fargo	_____	_____	_____
Branwen Loeffler	9	GF Red River	_____	_____	_____
Jennifer Klundt	12	Fargo North	_____	_____	_____
Rylie Pudwill	12	Century	_____	_____	_____
Kelbie Bender	12	Mandan	_____	_____	_____
Ella Kesler	11	Minot	_____	_____	_____
Julia Skari	10	Jamestown	_____	_____	_____
Halle Braaflat	11	Fargo Davies	_____	_____	_____
Kayla Mathison	12	Shanley	_____	_____	_____
Jillian McMahon	12	WF Sheyenne	_____	_____	_____
Stella Brandt	8	Bismarck	_____	_____	_____
Jozie Davis	8	Jamestown	_____	_____	_____
Brenna Jo Wolbaum	10	Dickinson	_____	_____	_____
Kylie Brew	8	Mandan	_____	_____	_____
Harper Meyer	10	Fargo North	_____	_____	_____
Zoe Bjerke	12	Jamestown	_____	_____	_____
Kylie Jasso	11	Mandan	_____	_____	_____
Amelia Mausolf	10	WF Sheyenne	_____	_____	_____
Nevaeh Barth	12	Century	_____	_____	_____
Melinda Chen	12	Fargo North	_____	_____	_____
Dagney Erickson	10	Fargo Davies	_____	_____	_____
Lenora Arnold	7	Williston	_____	_____	_____
Ashlyn Nielsen	12	Minot	_____	_____	_____
Olivia Mischke	10	West Fargo	_____	_____	_____

100 YARD BUTTERFLY

Qualifying Time

1:08.84

STATE RECORD

Tierney Howell	West Fargo Sheyenne	55.44	2020
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Erin Palmer

1992	Pamela Richmond	Mandan	:58.09
1993	Sarah Doeden	Williston	1:00.87
1994	Holly Skarsgard	Minot High	:58.58
1995	Holly Skarsgard	Minot High	:59.37
1996	Holly Skarsgard	Minot High	:58.99
1997	Katie Hill	Grand Forks Red River	:58.61
1998	Katie Hill	Grand Forks Red River	1:00.32
1999	Katie Hill	Grand Forks Red River	1:00.19
2000	Linzey Bachmeier	Mandan	1:00.02
2001	Mandy Herberholz	Mandan	1:00.72
2002	Linzey Bachmeier	Mandan	:59.03
2003	Linzey Bachmeier	Mandan	:57.88
2004	Linzey Bachmeier	Mandan	:57.75
2005	Allison Maxwell	Williston	:57.50
2006	Dagny Knutson	Minot High	:55.60
2007	Lexie Halberstadt	Shanley	:57.51
2008	Lexie Halberstadt	Shanley	:57.50
2009	Lexie Halberstadt	Shanley	:55.99
2010	Danica Dutt	West Fargo	:57.47
2011	Danica Dutt	West Fargo	:57.01
2012	Danica Dutt	West Fargo	:57.09
2013	Danica Dutt	West Fargo	:56.20
2014	Dani Bergeson	Bismarck Century	:56.13
2015	Hallie Peterson	West Fargo	:57.49
2016	Anna Astrup	Fargo North	:58.46
2017	Anna Astrup	Fargo North	:57.85
2018	Demi Peterson	Williston	:59.33
2019	Elsa Musselman	Grand Forks Red River	:57.57
2020	Tierney Howell	West Fargo Sheyenne	:55.44
2021	Erin Palmer	Bismarck Century	:57.13

100 YARD BUTTERFLY

SEED TIMES

Tierney Howell	12	WF Sheyenne	57.54
Tara Hendrickson	12	Fargo Davies	1:02.24
Addison Cerney	10	Fargo North	1:02.54
Bree Triplett	12	WF Sheyenne	1:03.03
Chea Baugh	12	Jamestown	1:03.51
Aryana Twist	11	Dickinson	1:03.62
McKayla Donat	12	Legacy	1:03.85
Dru Zander	9	Williston	1:04.53
Abby Jablonsky	9	Century	1:04.62
Hanna Hoff	11	Fargo Davies	1:04.80
Josey Jackson	12	Mandan	1:05.13
Becca Smith	10	WF Horace	1:05.70
Evie Sevald	8	WF Sheyenne	1:05.81
Eleanor Iversen	9	Fargo North	1:05.90
Addison Olson	9	GF Red River	1:05.98
Kylie Duchsherer	10	Century	1:06.06
Emma Vallie	12	Century	1:06.19
Reese Goodman	11	Minot	1:06.21
Madison Lyman	11	Minot	1:06.31
Cadence Cook	11	Century	1:06.37
Grace Fish	10	GF Red River	1:06.74
Brinley Steele	7	Legacy	1:07.04
Sierra Martin	12	Fargo South	1:07.24
Cloe Nelson	11	Jamestown	1:07.41
Rachel Kunz	8	West Fargo	1:07.48
Gabby Tack	8	GF Central	1:07.52
Lainey Martin	9	Minot	1:07.94
Hadley Christianson	10	Shanley	1:08.23
Hailey Schmitz	11	Fargo South	1:08.24
Ellie Lacher	7	Legacy	1:08.44
Jordan Stauffer	12	Williston	1:08.76
Bernadette Belzer	12	Jamestown	1:08.88
Katie Smith	11	WF Horace	1:09.11
Elizabeth Ellefson	10	Legacy	1:09.16

LN NAME

YR

SCHOOL

SEED

HEAT ONE

3	Elizabeth Ellefson	10	Legacy	1:09.16
4	Bernadette Belzer	12	Jamestown	1:08.88
5	Katie Smith	11	WF Horace	1:09.11

HEAT TWO

1	Jordan Stauffer	12	Williston	1:08.76
2	Hailey Schmitz	11	Fargo South	1:08.24
3	Lainey Martin	9	Minot	1:07.94
4	Rachel Kunz	8	West Fargo	1:07.48
5	Gabby Tack	8	GF Central	1:07.52
6	Hadley Christianson	10	Shanley	1:08.23
7	Ellie Lacher	7	Legacy	1:08.44

HEAT THREE

1	Grace Fish	10	GF Red River	1:06.74
2	Addison Olson	9	GF Red River	1:05.98
3	Abby Jablonsky	9	Century	1:04.62
4	Addison Cerney	10	Fargo North	1:02.54
5	Aryana Twist	11	Dickinson	1:03.62
6	Becca Smith	10	WF Horace	1:05.70
7	Reese Goodman	11	Minot	1:06.21
8	Cloe Nelson	11	Jamestown	1:07.41

HEAT FOUR

1	Cadence Cook	11	Century	1:06.37
2	Eleanor Iversen	9	Fargo North	1:05.90
3	Dru Zander	9	Williston	1:04.53
4	Tara Hendrickson	12	Fargo Davies	1:02.24
5	Chea Baugh	12	Jamestown	1:03.51
6	Josey Jackson	12	Mandan	1:05.13
7	Emma Vallie	12	Century	1:06.19
8	Sierra Martin	12	Fargo South	1:07.24

HEAT FIVE

1	Madison Lyman	11	Minot	1:06.31
2	Evie Sevald	8	WF Sheyenne	1:05.81
3	McKayla Donat	12	Legacy	1:03.85
4	Tierney Howell	12	WF Sheyenne	57.54
5	Bree Triplett	12	WF Sheyenne	1:03.03
6	Hanna Hoff	11	Fargo Davies	1:04.80
7	Kylie Duchsherer	10	Century	1:06.06
8	Brinley Steele	7	Legacy	1:07.04

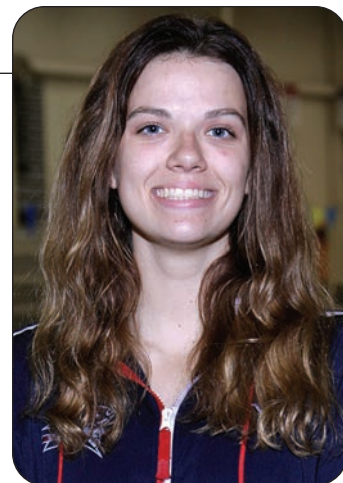
100 YARD FREESTYLE

Qualifying Time

1:00.43

STATE RECORD

Dagny Knutson	Minot High	:48.30	2009
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Sarah Dorrheim

1992	Suzie Helvig	Mandan	:52.38
1993	Megan Thiel	West Fargo	:53.66
1994	Sara Stevenson	Minot High	:53.02
1995	Sara Stevenson	Minot High	:54.44
1996	Elizabeth Pierce	Bismarck Century	:53.87
1997	Christina Traen	Fargo South	:53.77
1998	Lauren Mickelson	Jamestown	:54.70
1999	Heather Harris	Fargo South	:51.75
2000	Heather Harris	Fargo South	:52.45
2001	Lauren Mickelson	Jamestown	:53.53
2002	Emily Weeks	Minot High	:53.35
2003	Kelsey Schoonhoven	West Fargo	:53.59
2004	Dani Maddock	Bismarck Century	:52.91
2005	Kelsey Schoonhoven	West Fargo	:51.52
2006	Hannah Whitehead	Grand Forks Central	:52.01
2007	Dagny Knutson	Minot High	:48.80
2008	Cassie Walth	Century	:53.20
2009	Dagny Knutson	Minot High	:48.30
2010	Courtney Funk	Minot High	:52.13
2011	Courtney Funk	Minot High	:51.74
2012	Emily Roche	Fargo North	:53.42
2013	Dani Bergeson	Bismarck Century	:51.07
2014	Breah Anderson	Fargo North	:51.72
2015	Breah Anderson	Fargo North	:51.71
2016	Gracie Lingle	Fargo Davies	:52.12
2017	Gracie Lingle	Fargo Davies	:51.73
2018	Lexi Duchsherer	Bismarck Century	:51.60
2019	Lexi Duchsherer	Bismarck Century	:50.36
2020	Lexi Duchsherer	Bismarck Century	:50.26
2021	Sarah Dorrheim	Bismarck Century	:52.02

100 YARD FREESTYLE

SEED TIMES

1	Lauryn Caster	11	Century	54.46
2	Elise Altringer	12	Minot	55.36
3	Charley Rathgeber	12	Dickinson	55.69
4	Sydni Roberts	10	Wahpeton	55.79
5	Abby Erickson	10	Legacy	55.88
6	Brooklyn Hanson	10	Shanley	56.18
7	Madee Shea	12	WF Sheyenne	56.54
8	Megan Schill	12	GF Central	56.84
9	Olivia Tveter	9	Williston	57.57
10	Allysah Larson	11	Jamestown	58.05
11	Gabby Osborn	10	Minot	58.31
12	Ava Erickson	9	Century	58.35
13	Marley Uhlir	8	GF Central	58.75
14	Sadie Wavrin	10	West Fargo	58.92
15	Lola Senderhauf	10	Williston	58.92
16	Hannah McEvers	9	Century	58.99
17	Emily Dunstan	8	Minot	59.16
18	Hailee Valdez	9	Minot	59.20
19	Lilyana Hochhalter	7	Legacy	59.31
20	Molly Osadchy	7	Century	59.37
21	Alexes Prasek	12	Jamestown	59.38
22	Carley Hoff	11	Fargo Davies	59.39
23	Maddie Novak	10	WF Horace	59.42
24	Isabelle Forde	12	Bismarck	59.47
25	Sam May	12	WF Sheyenne	59.73
26	Lauren Sturma	12	Fargo Davies	59.76
27	Sophia Markell	11	WF Sheyenne	59.77
28	Kayley Bischoff	11	Fargo Davies	59.91
29	Lydia Potter	9	Fargo Davies	59.98
30	Corinne Lindsey	9	Mandan	1:00.06
31	Maiah Fuchs	9	WF Horace	1:00.07
32	Abigail Sharbono	11	Fargo South	1:00.26
33	Elena Terrell	11	Fargo North	1:00.30
34	Kearyn Woodward	11	Williston	1:00.35
35	Kya Sease	11	Bismarck	1:00.44
36	Katie Gruman	11	Legacy	1:00.46
37	Anna Enright	8	WF Horace	1:00.54
38	Sam Ward	10	Williston	1:00.63

LN NAME

YR

SCHOOL

SEED

HEAT ONE

2	Anna Enright	8	WF Horace	1:00.54
3	Kya Sease	11	Bismarck	1:00.44
4	Elena Terrell	11	Fargo North	1:00.30
5	Kearyn Woodward	11	Williston	1:00.35
6	Katie Gruman	11	Legacy	1:00.46
7	Sam Ward	10	Williston	1:00.63

HEAT TWO

1	Maiah Fuchs	9	WF Horace	1:00.07
2	Lydia Potter	9	Fargo Davies	59.98
3	Sophia Markell	11	WF Sheyenne	59.77
4	Sam May	12	WF Sheyenne	59.73
5	Lauren Sturma	12	Fargo Davies	59.76
6	Kayley Bischoff	11	Fargo Davies	59.91
7	Corinne Lindsey	9	Mandan	1:00.06
8	Abigail Sharbono	11	Fargo South	1:00.26

HEAT THREE

1	Alexes Prasek	12	Jamestown	59.38
2	Sadie Wavrin	10	West Fargo	58.92
3	Olivia Tveter	9	Williston	57.57
4	Charley Rathgeber	12	Dickinson	55.69
5	Brooklyn Hanson	10	Shanley	56.18
6	Ava Erickson	9	Century	58.35
7	Hailee Valdez	9	Minot	59.20
8	Isabelle Forde	12	Bismarck	59.47

HEAT FOUR

1	Molly Osadchy	7	Century	59.37
2	Lola Senderhauf	10	Williston	58.92
3	Megan Schill	12	GF Central	56.84
4	Elise Altringer	12	Minot	55.36
5	Abby Erickson	10	Legacy	55.88
6	Gabby Osborn	10	Minot	58.31
7	Emily Dunstan	8	Minot	59.16
8	Maddie Novak	10	WF Horace	59.42

HEAT FIVE

1	Lilyana Hochhalter	7	Legacy	59.31
2	Marley Uhlir	8	GF Central	58.75
3	Madee Shea	12	WF Sheyenne	56.54
4	Lauryn Caster	11	Century	54.46
5	Sydni Roberts	10	Wahpeton	55.79
6	Allysah Larson	11	Jamestown	58.05
7	Hannah McEvers	9	Century	58.99
8	Carley Hoff	11	Fargo Davies	59.39

500 YARD FREESTYLE

Qualifying Time
5:59.68

STATE RECORD

Dagny Knutson	Minot High	4:34.78	2008
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Greta Bellas

1992	Sara Stevenson	Minot.....	5:23.65
1993	Marie Burckhard	Minot.....	5:20.56
1994	Marie Burckhard	Minot.....	5:13.04
1995	Kate Holland	Minot.....	5:18.42
1996	Kate Holland	Minot.....	5:20.08
1997	Kate Holland	Minot.....	5:19.61
1998	Heather Harris	Fargo South	5:11.63
1999	Lauren Mickelson	Jamestown	5:20.71
2000	Lauren Mickelson	Jamestown	5:17.42
2001	Heather Harris	Fargo South	5:07.62
2002	Heather Harris	Fargo South	5:15.85
2003	Hannah Whitehead	Grand Forks Central.....	5:11.45
2004	Hannah Whitehead	Grand Forks Central.....	5:00.36
2005	Hannah Whitehead	Grand Forks Central.....	4:59.76
2006	Brittany Schmidt	Grand Forks Red River	5:11.89
2007	Hannah Whitehead	Grand Forks Central.....	4:55.78
2008	Dagny Knutson	Minot	4:34.78
2009	Ali Church	Grand Forks Central.....	5:04.57
2010	Ali Church	Grand Forks Central.....	5:02.46
2011	Ali Church	Grand Forks Central.....	5:01.30
2012	Katie Svenson	Grand Forks Central.....	5:06.25
2013	Alexis Ljunggren	Grand Forks Central.....	5:04.10
2014	Alexis Ljunggren	Grand Forks Central.....	5:00.61
2015	Alexis Ljunggren	Grand Forks Central.....	4:57.98
2016	Emma Hepper	Bismarck High.....	5:12.82
2017	Lexi Ljunggren	Grand Forks Central.....	5:05.20
2018	Jordyn Danielson	Grand Forks Red River	5:15.20
2019	Madeline Elseth	Grand Forks Central.....	5:15.62
2020	Greta Bellas	West Fargo Sheyenne	5:13.21
2021	Greta Bellas	West Fargo Sheyenne	5:07.16

500 YARD FREESTYLE

SEED TIMES

Sam Vonbokern	9	Minot	5:29.85
Taylor Miller	10	Dickinson	5:30.52
Sienna Mrachek	9	Century	5:31.47
Brooklyn Keney	11	WF Sheyenne	5:31.52
Mara Ellerkamp	11	Dickinson	5:33.95
Madeline Elseth	12	GF Central	5:36.53
Madeline VerDouw	8	Bismarck	5:37.12
Molly Ellerkamp	8	Dickinson	5:37.61
Sophie Hetland	9	WF Horace	5:38.98
Myah Lund	11	WF Sheyenne	5:41.30
Rainy Bancroft	8	GF Central	5:41.66
Gabbie Evanson	11	GF Central	5:42.74
Georgia Lettenmaier	10	Jamestown	5:43.23
Caylee Michela	12	Century	5:44.66
Caelin Flaten	10	Minot	5:45.47
Anika Grunenwald	10	Williston	5:46.78
Natalie Pfau	11	Williston	5:47.50
Ali Toay	10	Fargo North	5:47.97
Maggie Fricke	9	Minot	5:49.16
Savannah Mauch	10	WF Horace	5:51.72
Addison Olson	9	GF Red River	5:53.41
Jillian Schick	10	Legacy	5:53.62
Rachael Lubale	11	Century	5:54.16
Ella McDonagh	8	WF Sheyenne	5:54.48
Abigail Sharbono	11	Fargo South	5:56.20
Ava Neumann	10	Minot	5:57.33
Mollie Peterson	7	Fargo North	5:58.32
Elsie Becker	9	Fargo South	5:58.67
Jewel Zimmer	11	Legacy	5:59.46
Danielle Syverson	9	WF Sheyenne	5:59.96
Morgan Uhler	11	GF Central	6:00.08
Ellie Lacher	7	Legacy	6:00.13
Heidi Unser	10	West Fargo	6:00.68
Anna Duckwitz	11	Bismarck	6:01.21
Joelle Knudson	7	Century	6:01.30

LN NAME

YR

SCHOOL

SEED

HEAT ONE

3	Joelle Knudson	7	Century	6:01.30
4	Heidi Unser	10	West Fargo	6:00.68
5	Anna Duckwitz	11	Bismarck	6:01.21

HEAT TWO

1	Morgan Uhler	11	GF Central	6:00.08
2	Jewel Zimmer	11	Legacy	5:59.46
3	Mollie Peterson	7	Fargo North	5:58.32
4	Abigail Sharbono	11	Fargo South	5:56.20
5	Ava Neumann	10	Minot	5:57.33
6	Elsie Becker	9	Fargo South	5:58.67
7	Danielle Syverson	9	WF Sheyenne	5:59.96
8	Ellie Lacher	7	Legacy	6:00.13

HEAT THREE

1	Addison Olson	9	GF Red River	5:53.41
2	Caelin Flaten	10	Minot	5:45.47
3	Sophie Hetland	9	WF Horace	5:38.98
4	Sienna Mrachek	9	Century	5:31.47
5	Madeline Elseth	12	GF Central	5:36.53
6	Gabbie Evanson	11	GF Central	5:42.74
7	Ali Toay	10	Fargo North	5:47.97
8	Ella McDonagh	8	WF Sheyenne	5:54.48

HEAT FOUR

1	Savannah Mauch	10	WF Horace	5:51.72
2	Caylee Michela	12	Century	5:44.66
3	Molly Ellerkamp	8	Dickinson	5:37.61
4	Taylor Miller	10	Dickinson	5:30.52
5	Mara Ellerkamp	11	Dickinson	5:33.95
6	Rainy Bancroft	8	GF Central	5:41.66
7	Natalie Pfau	11	Williston	5:47.50
8	Rachael Lubale	11	Century	5:54.16

HEAT FIVE

1	Maggie Fricke	9	Minot	5:49.16
2	Georgia Lettenmaier	10	Jamestown	5:43.23
3	Madeline VerDouw	8	Bismarck	5:37.12
4	Sam Vonbokern	9	Minot	5:29.85
5	Brooklyn Keney	11	WF Sheyenne	5:31.52
6	Myah Lund	11	WF Sheyenne	5:41.30
7	Anika Grunenwald	10	Williston	5:46.78
8	Jillian Schick	10	Legacy	5:53.62

200 YARD FREESTYLE RELAY



Olivia
Schuchard



Taylor Cook



Mady Tivis



Lauryn Caster

STATE RECORD

Sarah Dorrheim, Paige Keller, Carly Palmer, Lexi Duchsherer	Bismarck Century	1:37.38	2018
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1992	Mandan	Mindy Braunberger, Nicole Fiest, Sara Fryslic, Suzie Helvig	1:42.15
1993	West Fargo	Megan Thiel, Tracy Springer, Kelley Grant, Missy Utley	1:41.96
1994	Bis. Century	Kara Schmitz, Andi Kindschi, Kristy Delvo, Elizabeth Pierce	1:40.66
1995	Bis. Century	Kristy Delvo, Jennifer Farnsworth, Andi Kindschi, Elizabeth Pierce	1:41.51
1996	Minot	Tara Bruels, Kate Holland, Tessa Goldade, Jennifer Lowe	1:41.71
1997	Minot	Marie Burckhard, Kate Holland, Jennifer Lowe, Tessa Goldade	1:40.60
1998	Jamestown	Nicole Nygaard, Ashley Weigel, Lauren Mickelson, Jill Ament	1:41.27
1999	Mandan	Linzey Bachmeier, Nicole Saur, Kristen Fiest, Randi Keller	1:39.27
2000	Mandan	Linzey Bachmeier, Angela Renner, Santana Dougherty, Nicole Saur	1:41.68
2001	Mandan	Linzey Bachmeier, Kristen Fiest, Angela Renner, Mandy Herberholz	1:41.42
2002	Williston	Allison Maxwell, Carissa Gormally, Kristy Wood, Amy Roness	1:40.30
2003	Minot	Brittany Johnston, Alyssa Jenkins, Alecia Gooch, Emily Weeks	1:41.23
2004	Fargo North	Sarah Ziegelmann, Nikkie Reza, Amy Vanlishout, Emma Espel	1:40.78
2005	Williston	Allison Maxwell, Erin Maetzold, Carissa Gormally, Bailey Bolinske	1:39.46
2006	GF Central	Kathryn Fristad, Alex Eades, Brittney Peterson, Hannah Whitehead	1:41.67
2007	Fargo North	Rachael Wessman, Kim Henze, Nikkie Reza, Amy Vanlishout	1:40.79
2008	Bis. Century	Sara Weinberg, Cassie Walth, Lydia Engberg, Kalee Kemmesat	1:40.96
2009	Bis. Century	Cassie Walth, Lydia Engberg, Jarren Fallgatter, Kalee Kemmesat	1:39.42
2010	Bis. Century	Lydia Engberg, Jarren Fallgatter, McKenzie Jeske, Cassie Walth	1:41.43
2011	Bis. Century	Cassie Walth, Nicole Johnson, Veronica Herrmann, Kyra Ekre	1:40.95
2012	West Fargo	Hallie Peterson, Brianna Faul, Julissa Johnson, Danica Dutt	1:39.90
2013	Minot	McKenna Brown, Josie Gillund, Francesca Walker-Rozo, Emily Hamel	1:38.21
2014	Minot	Cassie Askvig, McKenna Brown, Josie Gillund, Emily Hamel	1:38.65
2015	West Fargo	Mykin Gunning, Molly Steinkopf, Andie Peterson, Hallie Peterson	1:38.45
2016	Bis. Century	Abby Bourgois, Lexi Duchsherer, Amy Warren, Carly Palmer	1:39.66
2017	Bis. Century	Lexi Duchsherer, Andrea Frank, Gracie Zottnick, Paige Keller	1:39.04
2018	Bis. Century	Sarah Dorrheim, Paige Keller, Carly Palmer, Lexi Duchsherer	1:37.38
2019	Fargo Davies	Gracie Lingle, Vivianne Soforenko, Regan Wical, Liddy Ohe	1:38.45
2020	Bis. Century	Paige Keller, Taylor Cook, Lauryn Caster, Sarah Dorrheim	1:39.39
2021	Bis. Century	Olivia Schuchard, Taylor Cook, Mady Tivis, Lauryn Caster	1:39.55

200 YARD FREESTYLE RELAY

HEAT 1 TIMED FINALS

LN	SCHOOL	SEED	TIME
3	Fargo South	1:53.95	_____
4	GF Red River	1:52.85	_____
5	Wahpeton	1:53.33	_____

HEAT 2 TIMED FINALS

LN	SCHOOL	SEED	TIME
1	Shanley	1:52.61	_____
2	Jamestown	1:51.51	_____
3	West Fargo	1:49.61	_____
4	Williston	1:48.11	_____
5	Bismarck	1:48.94	_____
6	WF Horace	1:49.99	_____
7	Mandan	1:51.83	_____

HEAT 1 TIMED FINALS

LN	SCHOOL	SEED	TIME
1	GF Central	1:46.68	_____
2	Fargo Davies	1:45.51	_____
3	Minot	1:43.91	_____
4	Century	1:43.24	_____
5	Dickinson	1:43.74	_____
6	WF Sheyenne	1:44.19	_____
7	Legacy	1:46.46	_____
8	Fargo North	1:48.11	_____



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Sun**

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THE Dickinson
Press

THEDICKINSONPRESS.COM/SUBSCRIBE

100 YARD BACKSTROKE

Qualifying Time
1:09.12

STATE RECORD

Briana Rittenbach	Bismarck Century	55.67* (tied record 2018 prelims)	2016
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Liv Hettinger

1992	Molly Huber	Bismarck Century	1:03.13
1993	Kara Schmitz	Bismarck Century	1:00.70
1994	Kara Schmitz	Bismarck Century	:59.71
1995	Lisa Haunz	Bismarck Century	:59.95
1996	Lisa Haunz	Bismarck Century	:58.07
1997	Lisa Haunz	Bismarck Century	:58.04
1998	Lisa Haunz	Bismarck Century	:58.61
1999	Jenny Bachmeier	Mandan	:59.27
2000	Jenny Bachmeier	Mandan	:59.58
2001	Jenny Bachmeier	Mandan	:59.03
2002	Jenny Bachmeier	Mandan	:59.00
2003	Kelsey Schoonhoven	West Fargo	:59.66
2004	Kelsey Schoonhoven	West Fargo	:57.32
2005	Kelsey Schoonhoven	West Fargo	:56.72
2006	Kelsey Schoonhoven	West Fargo	:57.26
2007	Maggi Beck	Minot.....	:59.90
2008	Maggi Beck	Minot.....	:58.73
2009	Kaitlin Bolinske	Williston	:59.29
2010	Erin Grabanski	Grand Forks Red River	:57.83
2011	Erin Hart	Jamestown	:57.82
2012	Dani Bergeson	Bismarck Century	:55.68
2013	Dani Bergeson	Bismarck Century	:56.27
2014	Dani Bergeson	Bismarck Century	:56.30
2015	Emma Hepper	Bismarck High.....	:57.54
2016	Briana Rittenbach	Bismarck Century *(Briana tied record 2018 prelims)	:55.67
2017	Briana Rittenbach	Bismarck Century	:57.11
2018	Briana Rittenbach	Bismarck Century	55.93
2019	Liv Hettinger	West Fargo High.....	:56.93
2020	Liv Hettinger	West Fargo High.....	:57.18
2021	Liv Hettinger	West Fargo High.....	:56.85

100 YARD BACKSTROKE

SEED TIMES

Addison Cerney	10	Fargo North	1:00.25
McKayla Donat	12	Legacy	1:02.14
Tova Blikre	10	Legacy	1:02.25
Joely Anderson	10	GF Red River	1:02.42
Ava Williamson	10	Minot	1:03.07
Sydni Roberts	10	Wahpeton	1:03.49
Allysah Larson	11	Jamestown	1:04.41
Jocelyn Wettlaufer	8	WF Horace	1:04.55
Caitlyn Bjerke	12	WF Sheyenne	1:04.90
Kylie Duchsherer	10	Century	1:05.39
Lynnea Jackson	9	Mandan	1:05.76
Brinley Steele	7	Legacy	1:05.82
Nora Andrist	9	Shanley	1:05.86
Hallie Schatzke	11	West Fargo	1:06.49
Ellie Nelson	9	West Fargo	1:06.63
Isabelle Markell	11	WF Sheyenne	1:06.80
Alexes Prasek	12	Jamestown	1:06.84
Kiera Lund	9	WF Sheyenne	1:06.90
Elena Terrell	11	Fargo North	1:07.30
Caylee Michela	12	Century	1:07.49
Rachel Kunz	8	West Fargo	1:07.73
Maddi Wersinger	9	WF Sheyenne	1:07.84
Hailey Sorensen	12	Williston	1:08.40
Mara Lick	12	West Fargo	1:08.52
Hannah Smithers	12	Century	1:08.81

LN NAME

YR

SCHOOL

SEED

HEAT ONE

3	Hannah Smithers	12	Century	1:08.81
4	Hailey Sorensen	12	Williston	1:08.40
5	Mara Lick	12	West Fargo	1:08.52

HEAT TWO

1	Rachel Kunz	8	West Fargo	1:07.73
2	Ellie Nelson	9	West Fargo	1:06.63
3	Caitlyn Bjerke	12	WF Sheyenne	1:04.90
4	Tova Blikre	10	Legacy	1:02.25
5	Sydni Roberts	10	Wahpeton	1:03.49
6	Brinley Steele	7	Legacy	1:05.82
7	Kiera Lund	9	WF Sheyenne	1:06.90

HEAT THREE

1	Caylee Michela	12	Century	1:07.49
2	Hallie Schatzke	11	West Fargo	1:06.49
3	Jocelyn Wettlaufer	8	WF Horace	1:04.55
4	McKayla Donat	12	Legacy	1:02.14
5	Ava Williamson	10	Minot	1:03.07
6	Lynnea Jackson	9	Mandan	1:05.76
7	Alexes Prasek	12	Jamestown	1:06.84

HEAT FOUR

1	Elena Terrell	11	Fargo North	1:07.30
2	Nora Andrist	9	Shanley	1:05.86
3	Allysah Larson	11	Jamestown	1:04.41
4	Addison Cerney	10	Fargo North	1:00.25
5	Joely Anderson	10	GF Red River	1:02.42
6	Kylie Duchsherer	10	Century	1:05.39
7	Isabelle Markell	11	WF Sheyenne	1:06.80
8	Maddi Wersinger	9	WF Sheyenne	1:07.84

100 YARD BREASTSTROKE



Erin Palmer

Qualifying Time

1:18.27

STATE RECORD

Erin Palmer	Bismarck Century	1:02.02	2021
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1992	Nicole Fiest	Mandan	1:09.17
1993	Amy Gormally	Williston	1:08.17
1994	Amy Gormally	Williston	1:07.59
1995	Kate Giese	Bismarck Century	1:06.61
1996	Kate Giese	Bismarck Century	1:04.81
1997	Keri Hehn	Fargo North.....	1:05.31
1998	Keri Hehn	Fargo North.....	1:06.33
1999	Kelli Henke	Mandan	1:06.64
2000	Amy Anderson	Grand Forks Central.....	1:07.54
2001	Amy Anderson	Grand Forks Central.....	1:07.67
2002	Amy Anderson	Grand Forks Central.....	1:07.19
2003	Carissa Gormally	Williston	1:07.86
2004	Carissa Gormally	Williston	1:07.54
2005	Ashley Reiter	West Fargo	1:07.67
2006	Bailey Bolinske	Williston	1:07.39
2007	Ashley Reiter	West Fargo	1:05.87
2008	Ashley Reiter	West Fargo	1:06.42
2009	Sadie Miller	Williston	1:07.16
2010	Ellie Roche	Fargo North.....	1:07.05
2011	Elizabeth Roche	Fargo North.....	1:05.59
2012	Veronica Herrmann	Bismarck Century	1:05.59
2013	Ellie Roche	Fargo North.....	1:06.28
2014	Vanessa Herrmann	Bismarck Century	1:04.45
2015	Vanessa Herrmann	Bismarck Century	1:03.23
2016	Vanessa Herrmann	Bismarck Century, Prelims	1:02.75
2017	Vanessa Herrmann	Bismarck Century	1:02.89
2018	Carly Palmer	Bismarck Century	1:05.84
2019	Marissa Branham	Williston	1:05.59
2020	Erin Palmer	Bismarck Century	1:02.95
2021	Erin Palmer	Bismarck Century	1:02.02

100 YARD BREASTSTROKE

SEED TIMES

Lauren McDonagh	10	WF Sheyenne	1:08.53
Alexa Heckaman	9	Shanley	1:09.11
Madeline VerDouw	8	Bismarck	1:09.23
Tara Hendrickson	12	Fargo Davies	1:09.57
Mady Tivis	11	Century	1:11.31
Bethany Mehl	8	Fargo South	1:11.47
Savannah Goehring	12	Williston	1:12.08
Helen Wu	7	Fargo Davies	1:12.29
Ella Montplaisir	11	West Fargo	1:12.94
Olivia Whitney	10	GF Red River	1:13.24
Hannah Potter	12	West Fargo	1:13.27
Berit Hillmer	9	Fargo North	1:13.48
Bree Triplett	12	WF Sheyenne	1:13.70
Bostyn Edwards	10	Minot	1:14.05
Brooklyn Richards	8	Century	1:14.09
Ericka Williams	12	Dickinson	1:14.12
Haili Metzger	10	Minot	1:14.80
Havanna Metzger	10	Minot	1:15.04
Hannah McEvers	9	Century	1:15.90
Sady Nelson	11	Century	1:16.01
Maddy Walters	12	WF Sheyenne	1:16.46
Sophia Vonbokern	9	Minot	1:17.12
Lexie Waldner	7	Legacy	1:17.13
Izzy Miller	11	Fargo North	1:17.42
Tyndale Archer	11	WF Sheyenne	1:17.45
Maiah Fuchs	9	WF Horace	1:17.65
Alaina Vein	12	Fargo North	1:17.65
Grace Goettle	9	Mandan	1:17.85
Alecia Jorud	10	Fargo Davies	1:18.04
Keelin Traynor	11	Bismarck	1:18.17
Emma Masseeth	7	Mandan	1:18.31
Katie Gruman	11	Legacy	1:18.46
Jane Donat	11	Fargo Davies	1:18.76
Jordyn Larson	10	Jamestown	1:18.87

LN NAME

YR

SCHOOL

SEED

HEAT ONE

3	Jordyn Larson	10	Jamestown	1:18.87
4	Katie Gruman	11	Legacy	1:18.46
5	Jane Donat	11	Fargo Davies	1:18.76

HEAT TWO

1	Emma Masseeth	7	Mandan	1:18.31
2	Alecia Jorud	10	Fargo Davies	1:18.04
3	Alaina Vein	12	Fargo North	1:17.65
4	Tyndale Archer	11	WF Sheyenne	1:17.45
5	Maiah Fuchs	9	WF Horace	1:17.65
6	Grace Goettle	9	Mandan	1:17.85
7	Keelin Traynor	11	Bismarck	1:18.17

HEAT THREE

1	Maddy Walters	12	WF Sheyenne	1:16.46
2	Brooklyn Richards	8	Century	1:14.09
3	Ella Montplaisir	11	West Fargo	1:12.94
4	Madeline VerDouw	8	Bismarck	1:09.23
5	Bethany Mehl	8	Fargo South	1:11.47
6	Berit Hillmer	9	Fargo North	1:13.48
7	Havanna Metzger	10	Minot	1:15.04
8	Izzy Miller	11	Fargo North	1:17.42

HEAT FOUR

1	Sady Nelson	11	Century	1:16.01
2	Bostyn Edwards	10	Minot	1:14.05
3	Helen Wu	7	Fargo Davies	1:12.29
4	Alexa Heckaman	9	Shanley	1:09.11
5	Mady Tivis	11	Century	1:11.31
6	Hannah Potter	12	West Fargo	1:13.27
7	Haili Metzger	10	Minot	1:14.80
8	Lexie Waldner	7	Legacy	1:17.13

HEAT FOUR

1	Hannah McEvers	9	Century	1:15.90
2	Bree Triplett	12	WF Sheyenne	1:13.70
3	Savannah Goehring	12	Williston	1:12.08
4	Lauren McDonagh	10	WF Sheyenne	1:08.53
5	Tara Hendrickson	12	Fargo Davies	1:09.57
6	Olivia Whitney	10	GF Red River	1:13.24
7	Ericka Williams	12	Dickinson	1:14.12
8	Sophia Vonbokern	9	Minot	1:17.12

400 YARD FREESTYLE RELAY



Sarah Dorrheim



Taylor Cook



Olivia Schuchard



Erin Palmer

STATE RECORD

Lexi Duchscherer, Olivia Schuchard, Sarah Dorrheim, Erin Palmer	Bismarck Century	3:29.58	2020
---	------------------	---------	------

1992	Mandan	Nicole Fiest, Suzie Helvig, Linn Little, Pamela Richmond	3:44.11
1993	West Fargo	Megan Thiel, Tracy Springer, Kelley Grant, Missy Utley	3:43.25
1994	Minot	Kate Holland, Holly Skarsgard, Marie Burckhard, Sara Stevenson	3:37.64
1995	Minot	Tara Bruels, Kate Holland, Holly Skarsgard, Sara Stevenson	3:41.31
1996	Bis. Century	Amy Jundt, Lisa Haunz, Andi Kindschi, Elizabeth Pierce	3:37.52
1997	Minot	Kate Holland, Katie Deutsch, Jamie Wendt, Marie Burckhard	3:40.79
1998	Mandan	Lauren Little, Nicole Saur, Kristen Fiest, Jenny Bachmeier	3:41.85
1999	Jamestown	Jill Ament, Ashley Weigel, Missy Johnson, Lauren Mickelson	3:39.55
2000	Mandan	Linzey Bachmeier, Mandy Herberholz, Jenny Bachmeier, Kristen Fiest	3:41.10
2001	Fargo South	Jenna Buskohl, Laura Watkins, Carlyle Burd, Heather Harris	3:40.01
2002	Mandan	Kristen Fiest, Mandy Herberholz, Steffany Bachmeier, Jenny Bachmeier	3:41.00
2003	Williston	Allison Maxwell, Erin Maetzold, Kristy Wood, Amy Roness	3:42.19
2004	West Fargo	Elise Stromsvik, Andrea Flaten, Ashley Reiter, Kelsey Schoonhoven	3:37.92
2005	West Fargo	Tracy Olson, Megan Brennan, Ashley Reiter, Kelsey Schoonhoven	3:37.23
2006	Minot	Laura Greer, Kelsey Beechie, Maggi Beck, Dagny Knuston	3:39.17
2007	Minot	Serena Olsen, Kayla Nelson, Maggi Beck, Dagny Knutson	3:37.35
2008	Bis. Century	Cassie Walth, Sara Weinberg, Lydia Engberg, Kalee Kemmesat	3:37.70
2009	Bis. Century	Cassie Walth, Lydia Engberg, McKenzie Jeske, Kalee Kemmesat	3:37.03
2010	GF Red River	Erin Grabanski, Breanna Schmidt, Addy DiCristina, Mirna Kojic	3:37.20
2011	Bis. Century	Cassie Walth, Dani Bergeson, McKenzie Jeske, Jarren Fallgatter	3:36.47
2012	Fargo North	Emily Roche, Leann Mengelkoch, Ellie Roche, Maddie Derby	3:34.29
2013	West Fargo	Hallie Peterson, Mykin Gunning, Brianna Faul, Danica Dutt	3:33.33
2014	Fargo North	Breah Anderson, Olivia Roche, Leann Mengelkoch, Ellie Roche	3:31.81
2015	West Fargo	Hallie Peterson, Emily Bourassa, Andie Peterson, Mykin Gunning	3:33.15
2016	Bis. Century	Amy Warren, Abby Bourgois, Vanessa Herrmann, Briana Rittenbach	3:34.83
2017	Bis. Century	Briana Rittenbach, Sarah Dorrheim, Vanessa Herrmann, Carly Palmer	3:36.48
2018	Bis. Century	Sarah Dorrheim, Andrea Frank, Carly Palmer, Briana Rittenbach	3:34.24
2019	Bis. Century	Olivia Schuchard, Sarah Dorrheim, Erin Palmer, Lexi Duchscherer	3:32.22
2020	Bis. Century	Lexi Duchscherer, Olivia Schuchard, Sarah Dorrheim, Erin Palmer	3:29.58
2021	Bis. Century	Sarah Dorrheim, Taylor Cook, Olivia Schuchard, Erin Palmer	3:31.04

400 YARD FREESTYLE RELAY

HEAT 1 TIMED FINALS

LN	SCHOOL	SEED	TIME
3	GF Red River	4:09.46	_____
4	Mandan	4:04.80	_____
5	Fargo South	4:05.25	_____

HEAT 2 TIMED FINALS

LN	SCHOOL	SEED	TIME
2	West Fargo	4:01.85	_____
3	Fargo Davies	3:58.96	_____
4	Shanley	3:56.55	_____
5	WF Horace	3:58.52	_____
6	Fargo North	3:59.75	_____
7	Bismarck	4:03.36	_____

HEAT 1 TIMED FINALS

LN	SCHOOL	SEED	TIME
1	GF Central	3:55.11	_____
2	Legacy	3:50.72	_____
3	Century	3:48.05	_____
4	WF Sheyenne	3:44.61	_____
5	Minot	3:44.74	_____
6	Dickinson	3:48.05	_____
7	Williston	3:55.03	_____
8	Jamestown	3:55.38	_____

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MEET TEAM SCORES BY YEAR

1974

- 1 Fargo North, 238
- 2 Bismarck, 216
- 3 Fargo South, 168
- 4 Minot, 145
- 5 Shanley, 78
- 6 Jamestown, 68
- 7 Grand Forks Central, 54
- 8 Grand Forks Red River, 31

1975

- 1 Fargo North, 246
- 2 Minot, 191.5
- 3 Bismarck High, 173
- 4 Jamestown, 122
- 5 Shanley, 121
- 6 Fargo South, 114.5
- 7 Bismarck Century, 88
- 8 Grand Forks Central, 65
- 9 Grand Forks Red River, 48
- 10 Mandan, 19

1976

- 1 Fargo North, 265
- 2 Shanley, 190
- 3 Fargo South, 154
- 4 Minot, 123
- 5 Bismarck Century, 108
- 6 Jamestown, 96
- 7 Bismarck High, 88
- 8 Grand Forks Central, 69
- 9 Williston, 47
- 10 Mandan, 29
- 11 Grand Forks Red River, 14

1977

- 1 Fargo North, 215
- 2 Fargo South, 209
- 3 Minot, 168
- 4 Williston, 121
- 5 Shanley, 106
- 6 Grand Forks Central, 95
- 7 Jamestown, 77
- 8 Bismarck Century, 66
- 9 Grand Forks Red River, 61
- 10 Bismarck High, 49
- 11 Mandan, 37

1978

- 1 Minot, 239
- 2 Fargo South, 214
- 3 Fargo North, 163
- 4 Williston, 143
- 5 Shanley, 97
- 6 Grand Forks Red River, 86
- 7 Bismarck High, 81
- 8 Bismarck Century, 68
- 9 Jamestown, 43
- 10 Grand Forks Central, 40
- 11 Mandan, 31

1979

- 1 Minot, 301
- 2 Fargo North, 172
- 3 Fargo South, 158
- 4 Bismarck High, 108
- 5 Grand Forks Red River, 108
- 6 Bismarck Century, 83
- 7 Jamestown, 79
- 8 Shanley, 76
- 9 Williston, 48
- 10 Grand Forks Central, 45

- 11 Mandan, 27
- 12 West Fargo, 4

1980

- 1 Minot, 227
- 2 Fargo North, 168
- 3 Fargo South, 122
- 4 Grand Forks Red River, 116
- 5 Jamestown, 101
- 6 Bismarck, 98
- 7 Bismarck High, 90
- 8 Shanley, 79
- 9 Williston, 71
- 10 Mandan, 67
- 11 Grand Forks Central, 56
- 12 West Fargo, 10

1981

- 1 Minot, 279
- 2 Bismarck High, 137
- 3 Fargo North, 132
- 4 Bismarck Century, 124
- 5 Shanley, 107
- 6 Jamestown, 99
- 7 Grand Forks Central, 79
- 8 Williston, 65
- 9 Fargo South, 62
- 10 Mandan, 62
- 11 Grand Forks Red River, 47
- 12 West Fargo, 16

1982

- 1 Minot, 339
- 2 Bismarck High, 152
- 3 Fargo North, 144
- 4 Jamestown, 123
- 5 Mandan, 118
- 6 Bismarck Century, 93
- 7 Grand Forks Central, 81
- 8 Shanley, 61
- 9 Fargo South, 42
- 10 Grand Forks Red River, 30
- 11 West Fargo, 17
- 12 Williston, 12

1983

- 1 Minot, 254
- 2 Jamestown, 181
- 3 Mandan, 139
- 4 Grand Forks Central, 99
- 5 Bismarck High, 95
- 6 Bismarck Century, 75
- 7 Fargo North, 74
- 8 Williston, 73
- 9 Grand Forks Red River, 67
- 10 Fargo South, 54
- 11 Shanley, 53
- 12 West Fargo, 34

1984

- 1 Minot, 258
- 2 Mandan, 228
- 3 Jamestown, 193
- 4 Fargo South, 95
- 5 Bismarck High, 85
- 6 Grand Forks Red River, 77
- 7 West Fargo, 67
- 8 Bismarck Century, 66
- 9 Fargo North, 51
- 10 Grand Forks Central, 43
- 11 Williston, 29
- 12 Shanley, 11

1985

- 1 Minot, 296
- 2 Mandan, 181
- 3 Jamestown, 126
- 4 Bismarck Century, 119
- 5 Fargo South, 112
- 6 Williston, 94
- 7 Grand Forks Central, 72
- 8 Fargo North, 52
- 9 Grand Forks Red River, 48
- 10 West Fargo, 44
- 11 Bismarck High, 38
- 12 Shanley, 25

1986

- 1 Minot, 269
- 2 Mandan, 177
- 3 Jamestown, 160
- 4 Bismarck Century, 153
- 5 Fargo South, 117
- 6 Shanley, 69
- 7 West Fargo, 58
- 8 Williston, 51
- 9 Grand Forks Central, 51
- 10 Grand Forks Red River, 40
- 11 Fargo North, 37
- 12 Bismarck High, 15

1987

- 1 Minot, 255
- 2 Mandan, 242
- 3 Williston, 135
- 4 Bismarck Century, 121
- 5 Jamestown, 116
- 6 Fargo South, 89
- 7 Grand Forks Red River, 69
- 8 Fargo North, 61
- 9 Shanley, 44
- 10 West Fargo, 41
- 11 Bismarck, 17
- 12 Grand Forks Central, 8

1988

- 1 Minot, 441
- 2 Mandan, 313.5
- 3 Jamestown, 260
- 4 Bismarck Century, 252.5
- 5 Fargo North, 225
- 6 Fargo South, 210
- 7 Grand Forks Red River, 134
- 8 West Fargo, 103
- 9 Bismarck High, 95
- 10 Grand Forks Central, 88
- 11 Shanley, 74
- 12 Williston, 69

1989

- 1 Mandan, 228
- 2 Minot, 212
- 3 Williston, 142
- 4 Bismarck Century, 125
- 5 Jamestown, 107
- 6 Grand Forks Red River, 91
- 7 West Fargo, 79
- 8 Fargo South, 73
- 9 Fargo North, 49
- 10 Shanley, 44
- 11 Bismarck High, 33
- 12 Grand Forks Central, 23

1990

- 1 Mandan, 265
- 2 Bismarck Century, 251
- 3 Fargo North, 159
- 4 Minot, 155
- 5 Fargo South, 143
- 6 Jamestown, 107
- 7 West Fargo, 84
- 8 Bismarck High, 67
- 9 Williston, 58
- 10 Grand Forks Red River, 56
- 11 Grand Forks Central, 26
- 12 Shanley, 21

1991

- 1 Mandan, 269
- 2 Bismarck Century, 234
- 3 Minot, 181
- 4 West Fargo, 160
- 5 Fargo South, 141.5
- 6 Fargo North, 129
- 7 Jamestown, 94
- 8 Grand Forks Red River, 60.5
- 9 Bismarck High, 43
- 10 Williston, 41
- 11 Grand Forks Central, 24
- 12 Shanley, 12

1992

- 1 Mandan, 294
- 2 Bismarck Century, 244
- 3 Minot, 222
- 4 Fargo North, 113
- 5 Williston, 105
- 6 West Fargo, 101
- 7 Jamestown, 96
- 8 Fargo South, 89
- 9 Bismarck High, 41
- 10 Grand Forks Red River, 36
- 11 Shanley, 23
- 12 Grand Forks Central, 16

1993

- 1 Bismarck Century, 282
- 2 Minot, 217
- 3 Mandan, 195
- 4 West Fargo, 152
- 5 Williston, 133
- 6 Jamestown, 105
- 7 Fargo South, 105
- 8 Fargo North, 91
- 9 Bismarck High, 70
- 10 Shanley, 17
- 11 Grand Forks Red River, 17
- 12 Grand Forks Central, 10

1994

- 1 Minot, 475
- 2 Bismarck Century, 379
- 3 Mandan, 223.5
- 4 Williston, 222
- 5 Fargo North, 190
- 6 Jamestown, 182
- 7 West Fargo, 178
- 8 Fargo South, 167.5
- 9 Bismarck High, 141
- 10 Shanley, 37
- 11 Grand Forks Central, 34
- 12 Grand Forks Red River, 28

1995

- 1 Minot, 538.5
- 2 Bismarck Century, 424
- 3 Mandan, 233
- 4 Fargo South, 201
- 5 Fargo North, 181.5
- 6 Jamestown, 147
- 7 Williston, 127
- 8 West Fargo, 124
- 9 Bismarck High, 110
- 10 Grand Forks Red River, 72
- 11 Shanley, 52
- 12 Grand Forks Central, 34

1996

- 1 Minot, 536.5
- 2 Bismarck Century, 372
- 3 Mandan, 211
- 4 Fargo North, 205
- 5 Fargo South, 194
- 6 Williston, 190
- 7 Jamestown, 175.5
- 8 West Fargo, 105
- 9 Bismarck High, 93
- 10 Grand Forks Red River, 67
- 11 Shanley, 61
- 12 Grand Forks Central, 45

1997

- 1 Minot, 478
- 2 Mandan, 274
- 3 Fargo North, 266
- 4 Fargo South, 221
- 5 Bismarck Century, 216
- 6 Jamestown, 164
- 7 Williston, 150
- 8 West Fargo, 127
- 9 Grand Forks Red River, 110
- 10 Bismarck High, 62
- 11 Shanley, 50
- 12 Grand Forks Central, 36

1998

- 1 Minot, 281.5
- 2 Mandan, 246.5
- 3 Bismarck Century, 116
- 4 Jamestown, 106
- 5 Williston, 104
- 6 Fargo South, 87
- 7 Grand Forks Red River, 81
- 8 Shanley, 53
- 9 Bismarck High, 42
- 10 Fargo North, 38
- 11 West Fargo, 24
- 12 Grand Forks Central, 15

1999

- 1 Mandan, 411.5
- 2 Minot, 406.5
- 3 Jamestown, 292
- 4 Fargo South, 226
- 5 Fargo North, 192.5
- 6 Bismarck Century, 167
- 7 Grand Forks Central, 143
- 8 Williston, 122
- 9 Grand Forks Red River, 113
- 10 Bismarck High, 78
- 11 West Fargo, 71.5
- 12 Shanley, 32

MEET TEAM SCORES BY YEAR

2000

- 1 Mandan, 402
- 2 Minot, 324
- 3 Jamestown, 245
- 4 Fargo North, 219
- 5 Fargo South, 219
- 6 Grand Forks Central, 187
- 7 Bismarck Century, 157
- 8 Williston, 152
- 9 Grand Forks Red River, 121
- 10 West Fargo, 88
- 11 Bismarck High, 84
- 12 Shanley, 204

2001

- 1 Mandan, 352
- 2 Minot, 342
- 3 Jamestown, 259
- 4 Fargo South, 254
- 5 Williston, 220
- 6 Bismarck Century, 204
- 7 Fargo North, 149
- 8 Grand Forks Central, 134
- 9 Grand Forks Red River, 130
- 10 West Fargo, 122
- 11 Bismarck High, 69
- 12 Shanley, 30

2002

- 1 Mandan, 407
- 2 Minot, 341
- 3 Williston, 279
- 4 Fargo South, 220
- 5 Grand Forks Central, 168
- 6 Bismarck Century, 158
- 7 Grand Forks Red River, 153
- 8 Jamestown, 152
- 9 West Fargo, 130
- 10 Fargo North, 116
- 11 Bismarck High, 73
- 12 Shanley, 26

2003

- 1 Minot, 424.5
- 2 Williston, 328
- 3 Mandan, 224.5
- 4 Fargo North, 206
- 5 Grand Forks Central, 197.5
- 6 GF Red River, 177.5
- 7 West Fargo, 171
- 8 Bismarck Century, 152
- 9 Fargo South, 138
- 10 Jamestown, 115
- 11 Bismarck High, 67
- 12 Shanley, 40

2004

- 1 Minot, 351
- 2 Williston, 292
- 3 Fargo North, 268.5
- 4 Mandan, 232.5
- 5 West Fargo, 208
- 6 Grand Forks Central, 199
- 7 Jamestown, 136
- 8 Grand Forks Red River, 135
- 9 Bismarck Century, 133
- 10 Fargo South, 114
- 11 Bismarck High, 91
- 12 Wahpeton, 54
- 13 Shanley, 49

2005

- 1 Minot, 362
- 2 Williston, 313
- 3 Fargo North, 254
- 4 West Fargo, 212
- 5 Grand Forks Central, 198
- 6 Bismarck Century, 189
- 7 Mandan, 168
- 8 Fargo South, 147
- 9 Grand Forks Red River, 113
- 10 Jamestown, 98
- 11 Bismarck High, 91
- 12 Shanley, 78
- 13 Wahpeton, 58

2006

- 1 Minot, 351
- 2 Fargo North, 258.5
- 3 Grand Forks Central, 230
- 4 Williston, 221
- 5 West Fargo, 212
- 6 Fargo South, 171
- 6 Mandan, 171
- 8 Bismarck Century, 127
- 9 Wahpeton, 126.5
- 10 Grand Forks Red River, 126
- 11 Shanley, 107
- 12 Bismarck High, 100
- 13 Jamestown, 69

2007

- 1 Minot, 330
- 2 Fargo North, 255
- 3 West Fargo, 240
- 4 Fargo South, 206
- 5 Williston, 192
- 6 Grand Forks Central, 188
- 7 Bismarck Century, 184
- 8 Wahpeton, 157
- 9 Grand Forks Red River, 150
- 10 Shanley, 119
- 11 Jamestown, 91
- 12 Bismarck High, 77
- 13 Mandan, 74

2008

- 1 Minot, 331
- 2 West Fargo, 287
- 3 Bismarck Century, 250
- 4 Williston, 199
- 5 Fargo South, 182
- 6 Grand Forks Red River, 177
- 7 Mandan, 169
- 8 Grand Forks Central, 159
- 9 Shanley, 147
- 10 Jamestown, 117.1
- 1 Wahpeton, 111
- 12 Fargo North, 94
- 13 Bismarck High, 58

2009

- 1 Bismarck Century, 290
- 2 Williston, 262.5
- 3 Minot, 225
- 4 Grand Forks Red River, 219
- 5 Grand Forks Central, 210
- 6 West Fargo, 193
- 7 Fargo North, 183.5
- 8 Fargo South, 166
- 9 Mandan, 143
- 10 Shanley, 121
- 11 Jamestown, 120

- 12 Wahpeton, 77
- 13 Bismarck High, 63

2010

- 1 Minot, 351
- 2 Williston, 292
- 3 Fargo North, 268.5
- 4 Mandan, 232.5
- 5 West Fargo, 208
- 6 Grand Forks Central, 199
- 7 Jamestown, 136
- 8 Grand Forks Red River, 135
- 9 Bismarck Century, 133
- 10 Fargo South, 114
- 11 Bismarck High, 91
- 12 Wahpeton, 54
- 13 Shanley, 49

2011

- 1 Bismarck Century, 352
- 2 Fargo North, 338
- 3 Minot, 227
- 4 West Fargo, 226
- 5 Williston, 201
- 6 Grand Forks Central, 177
- 7 Jamestown, 175
- 8 Mandan, 137
- 9 Fargo South, 115
- 10 Grand Forks Red River, 109
- 11 Bismarck High, 104
- 12 Fargo Davies, 67
- 13 Shanley, 47
- 14 Wahpeton, 25

2012

- 1 Fargo North, 386
- 2 Bismarck Century, 336
- 3 Minot, 266
- 4 West Fargo, 220
- 5 Williston, 218
- 6 Grand Forks Central, 167
- 7 Bismarck High, 157
- 8 Mandan, 142
- 9 Jamestown, 132
- 10 Fargo South, 85
- 11 Fargo Davies, 71
- 12 Shanley, 58
- 13 Wahpeton, 33
- 14 Grand Forks Red River, 30

2013

- 1 Minot, 337
- 2 West Fargo, 326
- 3 Fargo North, 315
- 4 Bismarck Century, 277
- 5 Grand Forks Central, 192
- 6 Williston, 177
- 6 Bismarck High, 177
- 8 Mandan, 111
- 9 Fargo Davies, 103
- 10 Jamestown, 91
- 11 Shanley, 72
- 12 Grand Forks Red River, 52
- 13 Fargo South, 49
- 14 Wahpeton, 8

2014

- 1 Minot, 339
- 2 West Fargo, 313
- 3 Fargo North, 300
- 4 Bismarck Century, 287.5
- 5 Fargo Davies, 187

- 6 Grand Forks Red River, 160
- 7 Bismarck High, 152
- 8 Jamestown, 127
- 9 Grand Forks Central, 104
- 10 Mandan, 99
- 11 Fargo South, 79
- 12 Williston, 64.5
- 13 Shanley, 49
- 14 West Fargo Sheyenne, 44
- 15 Wahpeton, 9

2015

- 1 Bismarck Century, 310.5
- 2 West Fargo, 273
- 3 Fargo North, 249
- 4 Minot, 231
- 5 Grand Forks Red River, 228
- 6 Fargo Davies, 186
- 7 Grand Forks Central, 137
- 8 Williston, 128
- 9 Bismarck High, 103
- 10 Mandan, 96
- 11 Jamestown, 77
- 12 Fargo South, 73
- 13 Dickinson, 68.5
- 14 West Fargo Sheyenne, 63
- 15 Shanley, 53
- 16 Bismarck Legacy, 21
- 17 Wahpeton, 4

2016

- 1 Bismarck Century, 458
- 2 Fargo Davies, 249
- 3 Minot, 175
- 4 Mandan, 158.5
- 5 West Fargo Sheyenne, 151
- 5 Grand Forks Red River, 151
- 7 Fargo North, 149
- 8 Bismarck High, 140
- 9 Jamestown, 125
- 10 West Fargo, 124.1
- 1 Williston, 118
- 12 Grand Forks Central, 113
- 13 Fargo South, 80.5
- 14 Dickinson, 63
- 15 Bismarck Legacy, 39
- 16 Shanley, 17

2017

- 1 Bismarck Century, 400
- 2 Fargo Davies, 315
- 3 Minot, 243.5
- 4 Grand Forks Red River, 195
- 5 West Fargo, 174.5
- 6 West Fargo Sheyenne, 156
- 7 Grand Forks Central, 146
- 8 Williston, 137
- 9 Fargo North, 114
- 10 Fargo South, 104.5
- 11 Bismarck Legacy, 93.5
- 12 Mandan, 90
- 13 Dickinson, 56
- 14 Bismarck High, 53
- 15 Shanley, 25
- 16 Jamestown, 20

2018

- 1 Bismarck Century, 400
- 2 Minot, 281
- 3 Fargo Davies, 236.5
- 4 West Fargo Sheyenne, 220.5
- 5 West Fargo, 168

- 6 Grand Forks Red River, 167
- 7 Williston, 164
- 8 Dickinson, 124.5
- 9 Grand Forks Central, 122.5
- 10 Bismarck Legacy, 80.5
- 11 Fargo North, 74
- 12 Mandan, 68
- 13 Fargo South, 58
- 14 Shawk High, 55.5
- 16 Jamestown, 45

2019

- 1 Bismarck Century, 355.5
- 2 West Fargo Sheyenne, 329
- 3 Fargo Davies, 292.5
- 4 West Fargo 177
- 5 Minot 155
- 6 Dickinson, 148
- 7 Williston, 147
- 8 Grand Forks Central, 133
- 9 Grand Forks Red River, 118
- 10 Bismarck Legacy, 98
- 11 Fargo South, 90
- 12 Mandan, 65
- 13 Jamestown, 57
- 14 Bismarck High, 53
- 15 Shanley, 52
- 16 Fargo North, 34
- 17 Wahpeton, 8

2020

- 1 Bismarck Century, 413
- 2 West Fargo Sheyenne, 349
- 3 Minot High, 244.5
- 4 West Fargo, 185
- 5 Williston, 162
- 6 Dickinson, 142
- 7 Bismarck Legacy, 129
- 8 Grand Forks Central, 125
- 9 Fargo Davies, 117
- 10 Shanley, 109
- 11 Fargo South, 92
- 12 Fargo North, 84
- 13 Jamestown, 67
- 14 Mandan, 42
- 15 Bismarck High, 30.5
- 16 Wahpeton, 18
- 17 Grand Forks Red River, 14

2021

- 1 Bismarck Century, 349.5
- 2 West Fargo Sheyenne, 340
- 3 Minot, 311
- 4 Bismarck Legacy, 155
- 5 West Fargo High, 151.5
- 6 Williston, 136
- 7 Dickinson, 119
- 8 Grand Forks Central, 113
- 9 (tie), Jamestown, 103
- 9 (tie), Fargo North, 103
- 11 Mandan, 95
- 12 Fargo Davies, 91
- 13 Fargo South, 75
- 14 Fargo Shanley, 65
- 15 Bismarck High, 38
- 16 Grand Forks Red River, 34
- 17 (tie), West Fargo Horace, 22
- 17 (tie), Wahpeton 22.

COACH OF THE YEAR

1976	Nancy Tidd	Fargo Shanley	1999	Marney Shirley	Jamestown
1977	Jan Cossette	Fargo South	2000	Jeff Steele	Fargo North
1978	Kathy Aspaas	Minot	2001	Cathy Kruse	Williston
1979	Don Hulbert	Fargo North	2002	Cathy Kruse	Williston
1980	Phil Bingenheimer	Bismarck Century	2003	Brock Mitzel	Minot
1981	Marney Shirley	Jamestown	2004	Jeff Steele	Fargo North
1982	Kathy Aspaas	Minot	2005	Cathy Kruse	Williston
	Connie Kirchoffner	Mandan		Jeff Steele	Fargo North
1983	Marney Shirley	Jamestown	2006	Anne Retzlaff	Wahpeton
1984	Kathy Aspaas	Minot	2007	Loic Joseph	Century
	Marney Shirley	Jamestown	2008	Jody Bolinske	Williston
1985	Marsha Dahl	Fargo North	2009	Jody Bolinske	Williston
1986	Marney Shirley	Jamestown	2010	Loic Joseph	Century
1987	Kathy Aspaas	Minot	2011	Talia Butery	Fargo North
1988	Marney Shirley	Jamestown	2012	Talia Butery	Fargo North
1989	Dick Fisher	Fargo North	2013	Talia Butery	Fargo North
	Scott Fjeld	Williston		Bryan Walls	GF Central/GF Red River
1990	Dick Fisher	Fargo North	2014	Jeff Steele	Century
1991	Marsha Dahl	West Fargo	2015	Celestine Richardson	West Fargo
1992	Phil Bingenheimer	Bismarck Century	2016	Anne Retzlaff	Wahpeton
1993	Kathy Aspaas	Minot	2017	Skip Fisher	Fargo South
1994	Cathy Kruse	Williston	2018	Emily Jensen	Minot
1995	Janine Roaldson	GF Central/Red River	2019	Skip Fisher	Fargo South
1996	Kathy Aspaas	Minot	2020	Kathy Aspaas	Bismarck Century
1997	Ralph Manley	Mandan	2021	Emily Jensen	Minot
1998	Marney Shirley	Jamestown			

OUTSTANDING SENIOR ATHLETE

1995	Sara Stevenson	Minot	2008	Ashley Reiter	West Fargo
1996	Holly Skarsgard	Minot	2009	Dagny Knutson	Minot
1997	Marie Burckhard	Minot	2010	Erin Grabanski	GF Red River
	Katie Bjerke	Fargo North	2011	Ali Church	GF Central
1998	Lisa Haunz	Bismarck Century	2012	Emily Roche	Fargo North
1999	Talia Merritt	Fargo North	2013	Danica Dutt	West Fargo
2000	Katie Garvey	Fargo North	2014	Danielle Bergeson	Century
2001	Lauren Mickelson	Jamestown	2015	Breah Anderson	Fargo North
2002	Heather Harris	Fargo South	2016	Olivia Roche	Fargo North
2003	Emily Weeks	Minot	2017	Vanessa Herrmann	Century
2004	Linzey Bachmeier	Mandan	2018	Carly Palmer	Century
2005	Carissa Gormally	Williston	2019	Mayson Sheldon	Mandan
2006	Kelsey Schoonhoven	West Fargo	2020	Demi Peterson	Williston
2007	Hannah Whitehead	GF Central	2021	Erin Palmer	Bismarck Century

ND GIRLS' ALL STATE AND HONORABLE MENTION

1990 ALL STATE 1ST TEAM

Julie Bitz Century
Nicole Fiest Mandan
Cindy Goeddert Century
Suzie Helvig Mandan
Kelley LeRoy Mandan
Melissa Parker Minot
Lisa Rodriguez Williston
Charissa Rohrich Century
Barb Stork Mandan
Kris Wagner Mandan
Tisha Yantzer Century

1990 ALL STATE 2ND TEAM

Summer Bourdeau Century
Rachel Gracia Bismarck
Tasha Greer Minot
Janell Harding Mandan
Molly Huber Century
Connie Koski Fargo North
Nicole Orman Jamestown
Dawn Pratt Fargo South
Heather Roeber Jamestown
Cindy Saylor Fargo South
Sara Wallace Jamestown

1991 ALL STATE 1ST TEAM

Julie Bitz Century
Nicole Fiest Mandan
Cindy Goeddert Century
Suzie Helvig Mandan
Molly Huber Century
Kelley LeRoy Mandan
Angie McGuire West Fargo
Charissa Rohrich Century
Cindy Saylor Fargo South
Megan Thiel West Fargo
Missy Utley West Fargo
Sara Wallace Jamestown

1991 ALL STATE 2ND TEAM

Carman Adam GF Red River
Summer Bourdeau Century
Tasha Greer Minot
Deborah Koski Fargo North
Nicole Orman Jamestown
Melissa Parker Minot
Dawn Pratt Fargo South
Kelly Raaf Fargo South
Kirsten Renick GF Red River
LaVonne Sletten Mandan
Sara Stevenson Minot
Mara Vorachek Fargo North
Kris Wagner Mandan

1992 ALL STATE 1ST TEAM

Summer Bourdeau Century
Nicole Fiest Mandan
Amy Gormally Williston
Kelley Grant West Fargo
Suzie Helvig Mandan
Molly Huber Century
Melissa Parker Minot
Pamela Richmond Mandan

Charissa Rohrich Century
Kara Schmitz Century
Sara Stevenson Minot
Megan Thiel West Fargo

1992 ALL STATE 2ND TEAM

Marie Burckhard Minot
Elise Holtan Fargo North
Andi Kindschi Century
Deborah Koski Fargo North
Heather Kuznia Fargo South
Linn Little Mandan
Molly McDonald Century
Nada Phinney Century
Elizabeth Pierce Century
Kelly Raaf Fargo South
DeDe Sletten Mandan
Mara Vorachek Fargo North

1993 ALL STATE 1ST TEAM

Summer Bourdeau Century
Marie Burckhard Minot
Nicole Fiest Mandan
Amy Gormally Williston
Elise Holtan Fargo North
Molly McDonald Century
Elizabeth Pierce Century
Kelly Raaf Fargo South
Kara Schmitz Century
Holly Skarsgard Minot
Sara Stevenson Minot
Megan Thiel West Fargo

1993 ALL STATE 2ND TEAM

Tara Bruels Minot
Crystal Cummins Fargo South
Sarah Doeden Williston
Sara Frysli Mandan
Lisa Haunz Century
Molly Huber Century
JoEllen Kohlman Williston
Deborah Koski Fargo North
Heather Kuznia Fargo South
Linn Little Mandan
Jocelyn Pogue Jamestown
Missy Utley West Fargo

1994 ALL STATE 1ST TEAM

Marie Burckhard Minot
Amy Gormally Williston
Lisa Haunz Century
Elise Holtan Fargo North
Deborah Koski Fargo North
Molly McDonald Century
Elizabeth Pierce Century
Kara Schmitz Century
Holly Skarsgard Minot
Sara Stevenson Minot
Megan Thiel West Fargo
Tiffany White Jamestown

1994 ALL STATE 2ND TEAM

Jessie Angell Bismarck
Tara Bruels Minot

Crystal Cummins Fargo South
Sarah Doeden Williston
Kate Giese Century
Kelley Grant West Fargo
Kate Holland Minot
JoEllen Kohlman Williston
Linn Little Mandan
Jennifer Lowe Minot
Emily Russell Bismarck
Heather Skarsgard Minot
Renee Waliser Bismarck

1995 ALL STATE 1ST TEAM

Marie Burckhard Minot
Crystal Cummins Fargo South
Kate Giese Century
Amy Gormally Williston
Lisa Haunz Century
Kate Holland Minot
Elise Holtan Fargo North
Linn Little Mandan
Molly McDonald Century
Elizabeth Pierce Century
Holly Skarsgard Minot
Sara Stevenson Minot

1995 ALL STATE 2ND TEAM

Jessie Angell Bismarck
Stephanie Bower Jamestown
Tara Bruels Minot
Rachelle Giese Mandan
Nicole Griffin Fargo South
Erin Krueger Fargo North
Lauren Little Mandan
Jennifer Lowe Minot
Jocelyn Pogue Jamestown
Britt Selbo Fargo South
Christina Traen Fargo South
Renee Waliser Bismarck

1996 ALL STATE 1ST TEAM

Katie Bjerke Fargo North
Stephanie Bower Jamestown
Marie Burckhard Minot
Crystal Cummins Fargo South
Kate Giese Century
Amy Gormally Williston
Lisa Haunz Century
Kate Holland Minot
Lauren Little Mandan
Jennifer Lowe Minot
Molly McDonald Century
Elizabeth Pierce Century
Jocelyn Pogue Jamestown
Holly Skarsgard Minot
Christina Traen Fargo South

1996 ALL STATE 2ND TEAM

Jessie Angell Bismarck
Michelle Boyeff Minot
Tara Bruels Minot
Amber Fiest Mandan
Rachelle Giese Mandan
Keri Hehn Fargo North

Katie Hill GF Red River
Amy Jundt Century
Andi Kindschi Century
Britt Selbo Fargo South
Megan Smith Fargo North

1997 ALL STATE 1ST TEAM

Jill Ament Jamestown
Katie Bjerke Fargo North
Stephanie Bower Jamestown
Marie Burckhard Minot
Crystal Cummins Fargo South
Rachelle Giese Mandan
Amy Gormally Williston
Lisa Haunz Century
Keri Hehn Fargo North
Katie Hill GF Red River
Katie Holland Minot
Lauren Little Mandan
Jennifer Lowe Minot
Tallie Merritt Fargo North
Christina Traen Fargo South

1997 ALL STATE 2ND TEAM

Amy Jundt Century
Amanda Kelly Shanley
Erin Krueger Fargo North
Amy Loberg West Fargo
Katie Lowe Minot
Sarah Nerland Fargo North
Erika Pawluk Fargo South
Alyssa Severn Fargo South
Megan Smith Fargo North
Jamie Wendt Minot

1998 ALL STATE 1ST TEAM

Jill Ament Jamestown
Jenny Bachmeier Mandan
Marie Boyeff Minot
Katie Giese Century
Lisa Grabar Century
Heather Harris Fargo South
Lisa Haunz Century
Keri Hehn Fargo North
Katie Hill GF Red River
Kate Holland Minot
Missy Johnson Jamestown
Amanda Kelly Shanley
Jessie Kindschi Century
Cristi Lindsey Century
Lauren Little Mandan
Katie Lowe Minot
Talia Merritt Fargo North
Lauren Mickelson Jamestown
Nicole Saur Mandan
Christina Traen Fargo South
Jamie Wendt Minot

1998 ALL STATE 2ND TEAM

Alecia Aspaas Minot
Jaunita Braun Century
Katie Deutsch Minot
Janet Eklund Fargo North
Tessa Goldade Minot

ND GIRLS' ALL STATE AND HONORABLE MENTION

Randi Keller Mandan
Amy Loberg West Fargo
Kelsi Merritt Fargo North
Maggie Mostad Minot
Sarah Olin Jamestown
Amy Ricker Mandan
Lindsay Schafer Mandan
Jessica Szarkowski GF Central
Jessica Tietz Williston
Emily Weeks Minot
Anne Whitman Shanley

1999 ALL STATE 1ST TEAM

Emily Ament Jamestown
Jill Ament Jamestown
Jenny Bachmeier Mandan
Linzey Bachmeier Mandan
Marie Boyeff Minot
Janet Eklund Fargo North
Katie Garvey Fargo North
Tessa Goldade Minot
Alecia Gooch Minot
Lisa Grabar Century
Heather Harris Fargo South
Kelli Henke Mandan
Katie Hill GF Red River
Bethany Hirst Minot
Missy Johnson Jamestown
Randi Keller Mandan
Cristi Lindsey Century
Katie Lowe Minot
Talia Merritt Fargo North
Lauren Mickelson Jamestown
Maggie Mostad Minot
Kari Nolz Bismarck
Holly Ripplinger Minot
Jodi Rosborough Bismarck
Nicole Saur Mandan
Lindsey Schafer Mandan
Jessica Szarkowski GF Central
Jessica Tietz Williston
Laura Watkins Fargo South
Emily Weeks Minot

1999 ALL STATE 2ND TEAM

Mandi Bowman Fargo South
Santana Dougherty Mandan
Tiffany Loeb Mandan
Brittany Reemts Mandan
Emily Seibel Fargo South
Kendra Siefken Jamestown
Abby Szarkowski GF Central
Danielle Templeton Minot
Ashley Weigel Jamestown

2000 ALL STATE 1ST TEAM

Amy Anderson GF Central
Jenny Bachmeier Mandan
Linzey Bachmeier Mandan
Bridget Bossert Minot
Lisa Grabar Century
Heather Harris Fargo South
Missy Johnson Jamestown
Cristi Lindsey Century

Lauren Mickelson Jamestown
Kari Nolz Bismarck
Sara Pfau Century
Brittany Reemts Mandan
Angela Renner Mandan
Nicole Saur Mandan
Emily Seibel Fargo South
Jessica Szarkowski GF Central
Dani Visina Minot
Laura Watkins Fargo North
Emily Weeks Minot
Brooke Wehri Mandan
Sarah Ziegelmann Fargo North

2000 ALL STATE 2ND TEAM

Santana Dougherty Mandan
Kristen Fiest Mandan
Katie Garvey Fargo North
Tessa Goldade Minot
Alecia Gooch Minot
Mandy Herberholz Mandan
Bethany Hirst Minot
Hannah Nohlen Jamestown
Michelle Omdahl GF Red River
Lauren Page Fargo North
Amy Roness Williston
Jodi Rosborough Bismarck
Jessica Scherr Jamestown
Kendra Siefken Jamestown
Abby Szarkowski GF Central
Kit Wickel Century

2001 ALL STATE 1ST TEAM

Amy Anderson GF Central
Alissa Andrus Jamestown
Jenny Bachmeier Mandan
Linzey Bachmeier Mandan
Bridget Bossert Minot
Jenna Buskohl Fargo South
Kristen Fiest Mandan
Heather Harris Fargo South
Courtney Haug GF Red River
Mandy Herberholz Mandan
Missy Johnson Jamestown
Jennifer Kelly Minot
Cristi Lindsey Century
Lauren Mickelson Jamestown
Kari Nolz Bismarck
Michelle Omdahl GF Red River
Sara Pfau Century
Amy Roness Williston
Kelsey Schoonhoven West Fargo
Dani Visina Minot
Emily Weeks Minot
Brooke Wehri Mandan
Sarah Ziegelmann Fargo North

2001 ALL STATE 2ND TEAM

Stephanie Bachmeier Mandan
Alecia Gooch Minot
Carissa Gormally Williston
Ashley Miller Minot
Angela Nissen Minot
Lauren Page Fargo North

Angela Renner Mandan
Brittany Reemts Mandan
Jessie Scherr Jamestown
Abby Szarkowski Century
Jessica Tietz Williston
Kelsey Vibeto Minot
Erin Wessman Fargo South
Kristy Wood Williston

2002 ALL STATE 1ST TEAM

Amy Anderson GF Central
Alissa Andrus Jamestown
Jenny Bachmeier Mandan
Linzey Bachmeier Mandan
Steffany Bachmeier Mandan
Kristen Fiest Mandan
Alecia Gooch Minot
Carissa Gormally Williston
Heather Harris Fargo South
Mandy Herberholz Mandan
Allison Maxwell Williston
Ashley Miller Minot
Angela Nissen Minot
Kari Nolz Bismarck
Michelle Omdahl GF Red River
Sara Pfau Century
Brittany Reemts Mandan
Angela Renner Mandan
Amy Roness Williston
Jessica Scherr Jamestown
Kelsey Schoonhoven West Fargo
Dani Visina Minot
Laura Watkins Fargo South
Emily Weeks Minot
Brooke Wehri Mandan
Erin Wessman Fargo South
Hannah Whitehead GF Central
Kristy Wood Williston
Sarah Ziegelmann Fargo North

2002 ALL STATE 2ND TEAM

Bridget Bossert Minot
Emma Espel Fargo North
Brooke Harris Fargo South
Courtney Haug GF Red River
Brittany Johnston Minot
Jenna LeDoux Fargo North
Kaylee Miller Williston
Kelly O'Leary Bismarck
Katy Rau GF Central
Sarah Shortall Williston
Brie Siefken Jamestown
Abby Szarkowski Century

2003 ALL STATE 1ST TEAM

Amy Anderson GF Central
Linzey Bachmeier Mandan
Steffany Bachmeier Mandan
Kathryn Berg Fargo North
Bailey Bolinske Williston
Emma Espel Fargo North
Alecia Gooch Minot
Carissa Gormally Williston
Courtney Haug GF Red River

Katie Hopfauf Mandan
Brittany Johnston Minot
Jessica Kelly Minot
Dana Lair Minot
Janel Lawonn Fargo South
Jenna LeDoux Fargo North
Lindsey Lowe Minot
Dani Maddock Century
Allison Maxwell Williston
Angela Nissen Minot
Michelle Omdahl GF Red River
Sara Pfau Century
Katy Rau GF Central
Ashley Reiter West Fargo
Amy Roness Williston
Kelsey Schoonhoven West Fargo
Amy Vanlighthouse Fargo North
Dani Visina Minot
Emily Weeks Minot
Erin Wessman Fargo South
Hannah Whitehead GF Central
Kristy Wood Minot
Sarah Ziegelman Fargo North

2003 ALL STATE 2ND TEAM

Alyssa Anderson Minot
Melissa Bonzer GF Central
Carlye Burd Fargo South
Katie Haunz Century
Brianna Hirst Minot
Alyssa Jenkins Minot
Erin Maetzold Williston
Morgan Maxwell Williston
Ashley Miller Minot
Kaylee Miller Williston
Lindsey Moe West Fargo
Erin Pederson GF Red River
Jessica Scherr Jamestown
Sarah Shortall Williston

2004 ALL STATE 1ST TEAM

Steffany Bachmeier Mandan
Linzey Bachmeier Mandan
Maggi Beck Minot
Kathryn Berg Fargo North
Bailey Bolinske Williston
Melissa Bonzer GF Central
Arenne Clark GF Central
Emma Espel Fargo North
Kathryn Fristad GF Central
Carissa Gormally Williston
Courtney Haug GF Red River
Katie Haunz Century
Mandy Herberholz Mandan
Kati Hopfauf Mandan
Brittany Johnston Minot
Amanda Kankelfritz Fargo South
Dagny Knutson Minot
Dana Lair Minot
Jenna LeDoux Fargo North
Lindsey Lowe Minot
Dani Maddock Century
Allison Maxwell Williston

ND GIRLS' ALL STATE AND HONORABLE MENTION

Angela Nissen Minot
 Meri Orseth Fargo South
 Ashley Reiter West Fargo
 Jessi Scherr Jamestown
 Kelsey Schoonhoven West Fargo
 Elsie Stromsvik West Fargo
 Amy Vanlিশout Fargo North
 Hannah Whitehead GF Central
 Sarah Ziegelmann Fargo North

2004 ALL STATE 2ND TEAM

Amber Alexander Minot
 Emily Baasch West Fargo
 Amber Brandenburger Jamestown
 Emily Evanoff Minot
 Joslyn Fellbaum Fargo South
 Andrea Flaten West Fargo
 Lexie Halberstadt Shanley
 Alyssa Jenkins Minot
 Cassie Jensen Jamestown
 Kalee Kemmesat Century
 Andrea Kraft Minot
 Samantha Kramer Bismarck
 Erin Maetzold Williston
 Kaylee Miller Williston
 Tracy Olson West Fargo
 Katy Rau GF Central
 Christine Retzlaff Wahpeton
 Nikkie Reza Fargo North
 Katie Sanner GF Red River
 Katie Sautner Minot
 Brittany Schmidt GF Red River
 Alaina Steele Jamestown
 Sara Weinberg Century
 Aleina Weisz Williston
 Kristy Wood Williston

2005 ALL STATE 1ST TEAM

Amber Alexander Minot
 Steffany Bachmeier Mandan
 Maggi Beck Minot
 Bailey Bolinske Williston
 Megan Brennan West Fargo
 Emily Evanoff Minot
 Joslyn Fellbaum Fargo South
 Carissa Gormally Williston
 Lexie Halberstadt Shanley
 Kati Hopfauf Mandan
 Dagny Knutson Minot
 Amanda Kankelfritz Fargo South
 Megan Keidel Bismarck
 Kalee Kemmesat Century
 Dana Lair Minot
 Danielle Maddock Century
 Allison Maxwell Williston
 Meri Orseth Fargo South
 Ashley Reiter West Fargo
 Kathryn Sanner GF Red River
 Brittany Schmidt GF Red River
 Kelsey Schoonhoven West Fargo
 Amy Vanlিশout Fargo North
 Hannah Whitehead GF Central
 Sarah Ziegelman Fargo North

2005 ALL STATE 2ND TEAM

Kathryn Berg Fargo North
 Kaitlin Bolinske Williston
 Arienne Clark GF Central
 Kathryn Fristad GF Central
 Katie Haunz Century
 Haley Koehn Fargo South
 Kaylee Miller Williston
 Christine Retzlaff Wahpeton
 Nikkie Reza Fargo North
 Kelsey Richels Wahpeton
 Christina Taylor Mandan
 Sara Weinberg Century

2006 ALL STATE 1ST TEAM

Amber Alexander Minot
 Maggi Beck Minot
 Bailey Bolinske Williston
 Emily Evanoff Minot
 Joslyn Fellbaum Fargo South
 Kathryn Fristad GF Central
 Chelsea Gentzkow West Fargo
 Lexie Halberstadt Shanley
 Kati Hopfauf Mandan
 Megan Keidel Bismarck
 Kalee Kemmesat Century
 Dagny Knutson Minot
 Ashley Reiter West Fargo
 Kelsey Richels Wahpeton
 Brittany Schmidt GF Red River
 Kelsey Schoonhoven West Fargo
 Allison Tracy Minot
 Amy Vanlিশout Fargo North
 Hannah Whitehead GF Central

2006 ALL STATE 2ND TEAM

Stephanie Bachmeier Mandan
 Kathryn Berg Fargo North
 Alex Eades GF Central
 Katie Haunz Century
 Alexis Klug Williston
 Christine Retzlaff Wahpeton
 Nikkie Reza Fargo North
 Vanessa Stumpf Mandan
 Marta Tacchini GF Red River

2007 ALL STATE 1ST TEAM

Amber Alexander Minot
 Maggi Beck Minot
 Kathryn Berg Fargo North
 Bailey Bolinske Williston
 Ali Church GF Central
 Chelsea Gentzkow West Fargo
 Lexie Halberstadt Shanley
 Alexis Hogan Mandan
 Megan Keidel Bismarck
 Kalee Kemmesat Century
 Dagny Knutson Minot
 Kasey Lasch Wahpeton
 Sadie Miller Williston
 Ashley Reiter West Fargo
 Nikkie Reza Fargo North
 Kelsey Richels Wahpeton

McKenzie Rudolph Minot
 Brittany Schmidt GF Red River
 Jessica Tauber Fargo South
 Allison Tracy Minot
 Amy Vanlিশout Fargo North
 Sara Weinberg Century
 Rachael Wessman Fargo North
 Hannah Whitehead GF Central

2007 ALL STATE 2ND TEAM

Megan Brennan West Fargo
 Carissa Bucholz Wahpeton
 Miah Dabill Jamestown
 Ashley Elsbernd Fargo South
 Alex Eades GF Central
 Emily Evanoff Minot
 Joslyn Fellbaum Fargo South
 Courtney Fisk GF Red River
 Courtney Funk Minot
 Jennifer Jacobson Fargo North
 Sara Joersz Bismarck
 Alexis Klug Williston
 Haley Koehn Fargo South
 Nicole Koehn Fargo South
 Lauren Lyngstad Fargo North
 Christine Retzlaff Wahpeton
 Vanessa Stumpf Mandan
 Cassie Walth Century

2008 ALL STATE 1ST TEAM

Maggi Beck Minot
 Ali Church GF Central
 Ashley Elsbernd Fargo South
 Chelsea Gentzkow West Fargo
 Lexie Halberstadt Shanley
 Erin Hart Jamestown
 Alexis Hogan Mandan
 Kalee Kemmesat Century
 Dagny Knutson Minot
 Mirna Kojic GF Red River
 Madison Porter Williston
 Ashley Reiter West Fargo
 Kelsey Richels Wahpeton
 McKenzie Rudolph Minot
 Kaitlin Walsh Jamestown
 Cassie Walth Century
 Sara Weinberg Century

2008 ALL STATE 2ND TEAM

Kaitlin Bolinske Williston
 Miah Dabill Jamestown
 Lydia Engberg Century
 Joslyn Fellbaum Fargo South
 Courtney Fisk GF Red River
 Courtney Funk Minot
 Mairin Jameson Shanley
 Kasey Lasch Wahpeton
 Sadie Miller Williston
 Serena Olsen Minot
 Bridget Riley Bismarck
 Emily Roche Fargo North
 Emily Smallbeck Century
 Kelsey Stenson Williston

Rachel Svendsen GF Central
 Paige Weisz West Fargo
 Rachael Wessman Fargo North

2009 ALL STATE 1ST TEAM

Kaitlin Bolinske Williston
 Ali Church GF Central
 Miah Dabill Jamestown
 Danica Dutt West Fargo
 Courtney Funk Minot
 Chelsea Gentzkow West Fargo
 Erin Grabanski GF Red River
 Alexis Habersat Shanley
 Erin Hart Jamestown
 Alexis Hogan Mandan
 Mairin Jameson Shanley
 Kayli Johnson Mandan
 Kalee Kemmesat Century
 Mirna Kojic GF Red River
 Dagny Knutson Minot
 Gabriela Kostelna GF Central
 Sadie Miller Williston
 Madison Porter Williston
 Kelsey Richels Wahpeton
 Bridget Riley Bismarck
 Ellie Roche Fargo North
 Emily Roche Fargo North
 Jamie Skavlem GF Red River
 Emily Smallbeck Century
 Cassie Walth Century

2009 ALL STATE 2ND TEAM

Dani Bergeson Century
 Katie Clark Minot
 Addy DiCristina GF Red River
 Alex Eades GF Central
 Lydia Engberg Century
 Rachel Erickson Fargo South
 Jarren Fallgatter Century
 Joslyn Fellbaum Fargo South
 Courtney Fisk GF Red River
 Jerrica Kelly Minot
 Alexis Klug Williston
 Haley Koehn Fargo South
 Hannah Mastel Fargo South
 Serena Olson Minot
 Kelsey Stenson Williston
 Rachel Svendsen GF Central
 Kaitlin Walsh Jamestown
 Paige Weisz West Fargo
 Rachael Wessman Fargo North

2010 ALL STATE 1ST TEAM

Dani Bergeson Century
 Ali Church GF Central
 Miah Dabill Jamestown
 Maddie Derby Fargo North
 Addy DiCristina GF Red River
 Danica Dutt West Fargo
 Courtney Funk Minot
 Erin Grabanski GF Red River
 Erin Hart Jamestown
 Veronica Herrmann Century

ND GIRLS' ALL STATE AND HONORABLE MENTION

Mirna Kojic..... GF Red River
Brooke Lukach Jamestown
Emily Roche Fargo North
Ellie Roche Fargo North
Jamie Skavlem GF Red River
Emily Smallbeck Century
Madeline Smith Fargo South
Katie Svendsen GF Central
Cassie Walth Century

2010 ALL STATE 2ND TEAM

McKenna Brown Minot
Katie Clark Minot
Lydia Engberg Century
Bryn Everson Williston
Courtney Fisk GF Red River
Dallas Hepper Fargo South
Connor Hoff Fargo North
Kayli Johnson Mandan
Ashley Kankelfritz Fargo South
Rachel Kranda West Fargo
Megan Sanford Century
Rachel Svendsen GF Central

2011 ALL STATE 1ST TEAM

Abby Astrup Fargo North
Dani Bergeson Century
Sarah Bogenrief Minot
Chelsea Brandt Davies
Nicole Brelie GF Central
Ali Church GF Central
Katie Clark Minot
Sydney Clark Minot
Maddie Derby Fargo North
Addy DiCristina GF Red River
Danica Dutt West Fargo
Lexie Eissinger Davies
Bryn Evenson Williston
Jarren Fallgatter Century
Courtney Funk Minot
Lauren Gietzen Century
Annie Hart Jamestown
Erin Hart Jamestown
Nicolette Haug Mandan
Veronica Herrmann Century
Conner Hoff Fargo North
McKenzie Jeske Century
Carley LeDoux Fargo North
Alex Lind Jamestown
Tori Meyer Fargo North
Sam Miller Williston
Kristina Nelson Bismarck
Hallie Peterson West Fargo
Ketti Ringwall Williston
Anna Reinholz Shanley
Elizabeth Roache Fargo North
Emily Roche Fargo North
Shaylee Schaf Mandan
Emily Smallbeck Century
Madeline Smith Fargo South
Laura Schott Fargo South
EmmaLee Stach Minot
Katie Svendsen GF Central

Rachel Svendsen GF Central
Shanthan Trottier Williston
Cassie Walth Century
Abbie Wanzek Jamestown
Paige Weisz West Fargo
Mercedes Westereng Jamestown
Ashlee Wiebe Fargo North

2011 ALL STATE 2ND TEAM

Kate Astrup Fargo North
McKenna Brown Minot
Alexis Clark Minot
Katie Clark Minot
Kyra Ekre Century
Kristin Engberg Bismarck
Rachel Ford Mandan
Emma Hepper Bismarck
Julissa Johnson West Fargo
Rachel Kranda West Fargo
Alexa Martel Williston
Alyssa Olson West Fargo
Paige Peterson Jamestown
Breanna Schmidt GF Red River
Katie Tkachyk Williston
Aubrey Wentz West Fargo

2012 ALL STATE 1ST TEAM

Amy Anfinrud Shanley
Abby Astrup Fargo North
Dani Bergeson Century
Sarah Bogenrief Minot
Nicole Brelie GF Central
McKenna Brown Minot
Maddie Derby Fargo North
Danica Dutt West Fargo
Kyra Ekre Century
Bryn Evenson Williston
Jarren Fallgatter Century
Lauren Gietzen Century
Emily Hamel Minot
Annie Hart Jamestown
Nicolette Haug Mandan
Emma Hepper Bismarck
Veronica Herrmann Century
McKenzie Jeske Century
Karli Knutson Century
Carley LeDoux Fargo North
Alexis Ljunggren GF Central
Alex Lind Jamestown
Tori Meyer Fargo North
Sam Miller Williston
Hallie Peterson West Fargo
Anna Reinholz Shanley
Ketti Ringwall Williston
Elizabeth Roche Fargo North
Emily Roche Fargo North
Sophi Simonson Fargo North
Katie Svendsen GF Central
Abbie Wanzek Jamestown
Ashlee Wiebe Fargo North

2012 ALL STATE 2ND TEAM

Cassandra Askig Minot
Kate Astrup Fargo North

Carlie Borchers Mandan
Emily Bourassa West Fargo
Chelsea Brandt Davies
Alexis Clark Minot
Sydney Clark Minot
Hailey Dempsey Bismarck
Kristen Engberg Bismarck
AK Koebele Bismarck
Leann Mengelkoch Fargo North
Emma Nordin Fargo South
Madison Remer GF Central
Shaylee Schaf Mandan
Erin Slack Fargo North

2013 ALL STATE 1ST TEAM

Amy Anfinrud Shanley
Dani Bergeson Century
Kiara Bock Fargo Davies
Sarah Bogenrief Minot
Nicole Brelie GF Central
McKenna Brown Minot
Sydney Clark Minot
Suzie Cox Century
Maddie Derby Fargo North
Brittany Dixon Shanley
Danica Dutt West Fargo
Lauren Gietzen Century
Mykin Gunning West Fargo
Emily Hamel Minot
Annie Hart Jamestown
Emma Hepper Bismarck
AK Koebele Bismarck
Alexis Ljunggren GF Central
Sam Miller Williston
Jenny Nelson Bismarck
Andie Peterson West Fargo
Hallie Peterson West Fargo
Anna Reinholz Shanley
Madi Remer GF Central
Ketti Ringwall Williston
Ellie Roche Fargo North
Erin Stark Fargo North
Katie Svendsen GF Central
Katie Tkachyk Williston
Francesca Walker-Rozo Minot

2013 ALL STATE 2ND TEAM

Breah Anderson Fargo North
Anna Astrup Fargo North
Kate Astrup Fargo North
Emily Bourassa West Fargo
Abby Bourgois Century
Chelsea Brandt Fargo Davies
Kristin Engberg Bismarck
Brianna Faul West Fargo
Taylor Holweger GF Central
Julissa Johnson West Fargo
Leann Mengelkoch Fargo North
Tess Sether Century
Devin Scott Minot

2014 ALL STATE 1ST TEAM

Breah Anderson Fargo North
Danielle Bergeson Century

Brittany Dixon Shanley
Morgan Gietzen Century
Emily Hamel Minot
Annie Hart Jamestown
Emma Hepper Bismarck
Vanessa Herrmann Century
Erin Hillerud Jae
Alexis Ljunggren GF Central
Andi Peterson West Fargo
Hallie Peterson West Fargo
Madi Remer GF Central
Ellie Roche Fargo North

2014 ALL STATE 2ND TEAM

Anna Astrup Fargo North
Abby Bourgois Century
McKenna Brown Minot
Alexis Clark Minot
Alexis Doherty GF Red River
Mykin Gunning West Fargo
AK Koebele Bismarck
Olivia Roche Fargo North
Francesca Walker-Rozo Minot

2015 ALL STATE 1ST TEAM

Breah Anderson Fargo North
Brittany Dixon Shanley
Alexis Doherty GF Red River
Mykin Gunning West Fargo
Emily Hamel Minot
Emma Hepper Bismarck
Vanessa Herrmann Century
Erin Hillerud Jamestown
Alexis Ljunggren GF Central
Chantell Mindt Mandan
Carly Palmer Century
Andie Peterson West Fargo
Hallie Peterson West Fargo
McKenna Quintus Mandan
Briana Rittenbach Century
Sara Zachmeier Mandan

2015 ALL STATE 2ND TEAM

Anna Astrup Fargo North
Abby Bourgois Century
Jordyn Danielson GF Red River
Morgan Gietzen Century
Gracie Lingle Fargo Davies
Jenny Logan Williston
Haley Pederson West Fargo
Tess Sether Century

2016 ALL STATE 1ST TEAM

Anna Astrup Fargo North
Emma Hepper Bismarck
Vanessa Herrmann Century
Gracie Lingle Fargo Davies
Briana Rittenbach Century
Quincee Simonson Fargo South
Adisynn Widdel Minot

2016 ALL STATE 2ND TEAM

Abby Bourgois Century
Jordyn Danielson GF Red River

ND GIRLS' ALL STATE AND HONORABLE MENTION

Lexi Duchsherer..... Century
Carly Palmer..... Century
Mayson Sheldon..... Mandan
Rylie Webb..... Minot

2017 ALL STATE 1ST TEAM

Anna Astrup..... Fargo North
Isabelle Chambers..... Fargo Davies
Alexis Duchsherer..... Century
Vanessa Herrmann..... Century
Olivia Hettinger..... West Fargo
Olivia Lacher..... Mandan
Gracie Lingle..... Fargo Davies
Lexi Ljunggren..... GF Central
Liddy Ohe..... GF Red River
Carly Palmer..... Century
Briana Rittenbach..... Century
Olivia Schoffstall..... Minot
Rylie Webb..... Minot
Addisyn Widdel..... Minot
Mya Winjum..... Fargo Davies

2017 ALL STATE 2ND TEAM

Madison Hischer..... Fargo Davies
Johanna Jones..... WF Sheyenne
Breanna Lund..... WF Sheyenne
Elsa Musselman..... GF Red River
Demi Peterson..... Williston
Morgan Vareberg..... Fargo Davies

2018 ALL STATE 1ST TEAM

Greta Bellas..... WF Sheyenne
Alexis Duchsherer..... Century
Liv Hettinger..... West Fargo
Madison Hischer..... Fargo Davies

Gracie Lingle..... Fargo Davies
Elsa Musselman..... GF Red River
Liddy Ohe..... GF Red River
Carly Palmer..... Century
Briana Rittenbach..... Century
Riley Webb..... Minot
Adisynn Widdel..... Minot

2018 ALL STATE 2ND TEAM

Isabelle Chambers..... Fargo Davies
Jordyn Danielson..... GF Red River
Sarah Dorrheim..... Century
Tierney Howell..... WF Sheyenne
Katie Iverson..... Fargo South
Isabella Koebele..... Century
Jenny Logan..... Williston
Avery Meyhoff..... Century
Demi Peterson..... Williston
Regan Wical..... Fargo Davies
Mya Winjum..... Fargo Davies
Hannah Zaderaka..... Minot

2019 ALL STATE 1ST TEAM

Greta Bellas..... WF Sheyenne
Marissa Branham..... Williston
Tatum Brooks..... West Fargo
McKayla Donat..... Legacy
Alexis Duchsherer..... Century
Madeline Elseth..... GF Central
Olivia Hettinger..... West Fargo
Madison Hischer..... Fargo Davies
Tierney Howell..... WF Sheyenne
Katie Iverson..... Fargo South
Gracie Lingle..... Fargo Davies
Elsa Musselman..... GF Red River

Liddy Ohe..... Fargo Davies
Erin Palmer..... Century
Mya Winjum..... Fargo Davies

2019 ALL STATE 2ND TEAM

Jordyn Danielson..... GF Red River
Sarah Dorrheim..... Century
Mara Ellerkamp..... Dickinson
Zoie Frattin..... GF Central
Tara Hendrickson..... Fargo Davies
Isabella Koebele..... Century
Breanna Lund..... WF Sheyenne
Demi Peterson..... Williston
Olivia Schuchard..... Century
Mayson Sheldon..... Mandan
Breanna Triplett..... WF Sheyenne
Regan Wical..... Fargo Davies
Madison Yonke..... WF Sheyenne

2020 ALL STATE 1ST TEAM

Lexi Duchsherer..... Century
Paige Davis..... Bismarck Legacy
Taylor Lee..... West Fargo
Liv Hettinger..... West Fargo
Erin Palmer..... Century
Tierney Howell..... WF Sheyenne
Greta Bellas..... WF Sheyenne
Sarah Dorrheim..... Century
Izzy Koebele..... Century
Zoie Frattin..... Grand Forks Central
Madison Hischer..... Fargo Davies

2020 ALL STATE 2ND TEAM

Halle Braaflat..... Fargo Davies
Peyton Coombs..... Fargo Davies

Paige Harry..... WF Sheyenne
McKayla Donat..... Bismarck Legacy
Marissa Branham..... Williston
Demi Peterson..... Williston
Bree Triplett..... WF Sheyenne
Olivia Schuchard..... Century

2021 ALL STATE 1ST TEAM

Erin Palmer..... Century
Greta Bellas..... WF Sheyenne
Madison Hischer..... Fargo Davies
Bella Price..... Minot
Haley Conklin..... Minot
Ella Kesler..... Minot
Halle Braaflat..... Fargo Davies
McKayla Lindbo..... Mandan
Sarah Dorrheim..... Century
Marissa Branham..... Williston
Izzy Koebele..... Century
Olivia Hettinger..... West Fargo
Tierney Howell..... WF Sheyenne
Jordn Wolsky..... Minot
Paige Harry..... WF Sheyenne

2021 ALL STATE 2ND TEAM

Madeline Elseth..... GF Central
Addison Cerney..... Fargo North
McKayla Donat..... Bismarck Legacy
Tara Hendrickson..... Fargo Davies
Taylor Miller..... Dickinson
Katie Iverson..... Fargo South
Lauryn Caster..... Century
Olivia Schuchard..... Century
Brooklyn Keney..... WF Sheyenne



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