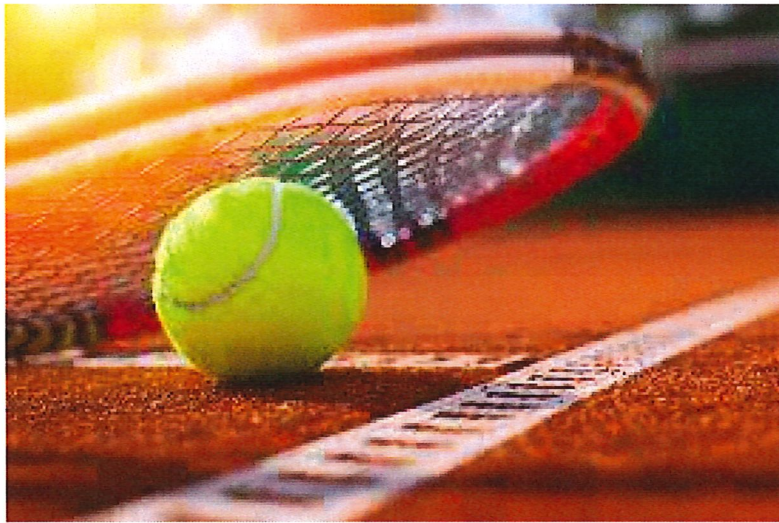


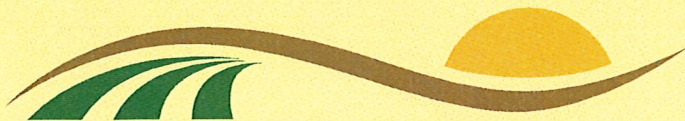
North Dakota Girls' State Tennis Tournament



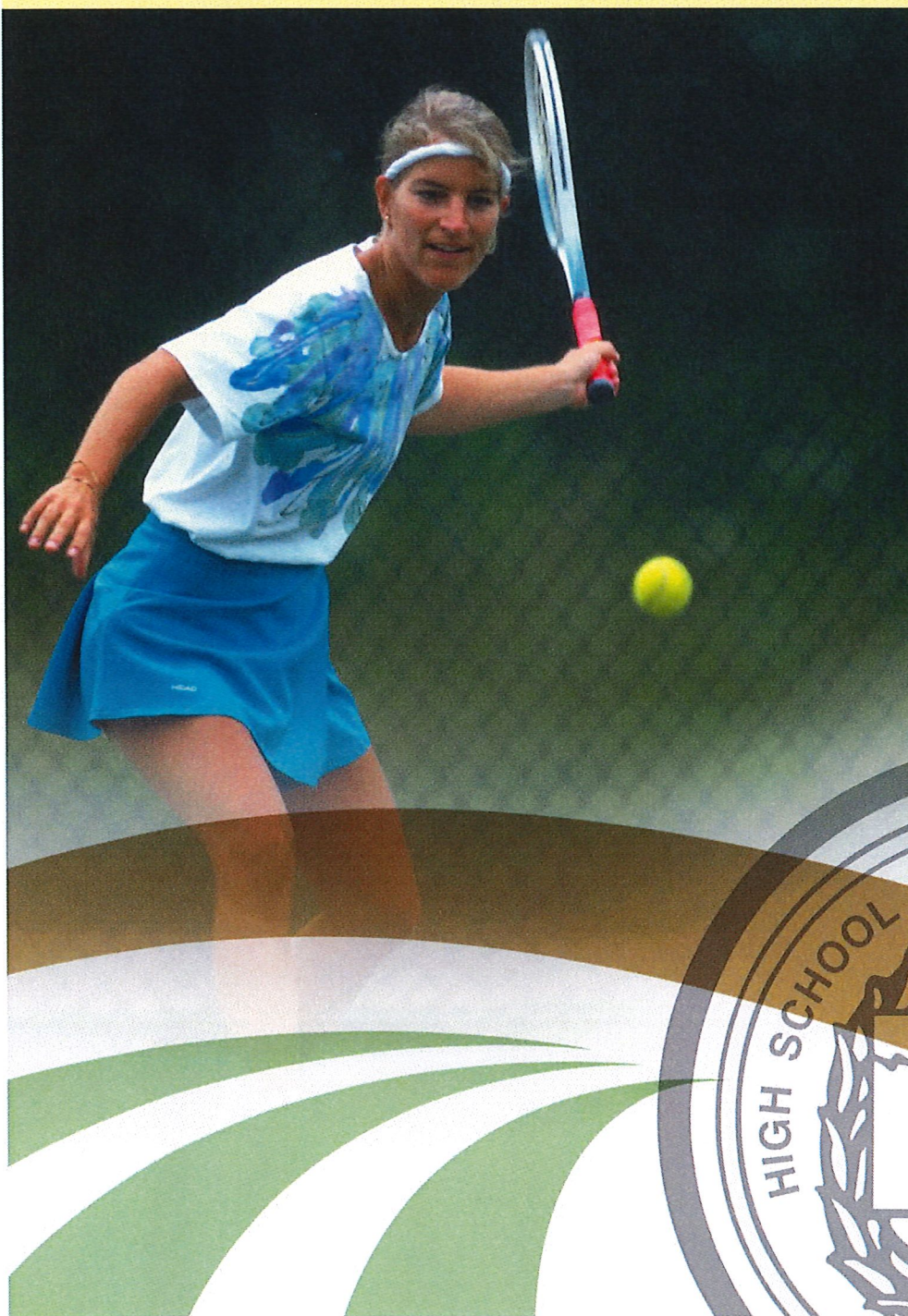
Choice Health & Fitness
June 3-5, 2021



PREMIERE PARTNER OF THE NDHSAA



Farmers Union
I N S U R A N C E

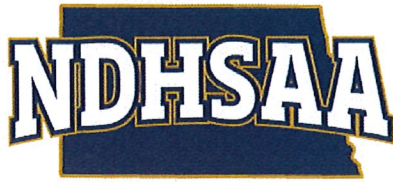


Investing In North Dakota's Future

Today's youth are the future of North Dakota and healthy activity builds better community involvement and personal character.

That's why Farmers Union Insurance proudly invests in our state's youth with a continuing commitment as the Premiere Partner of the North Dakota High School Activities Association.





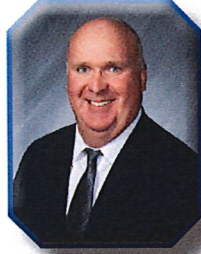
Matthew J. Fetsch
Executive Director



Brian Bubach
Associate Director



Justin Fletschock
Assistant Director



Kevin Morast
Assistant Director



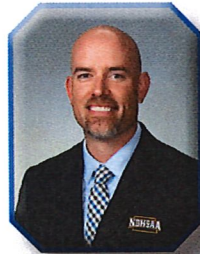
Brenda Schell
Assistant Director



Tom Mix
Media Specialist



Travis Jordan
President
Beulah



Dr. Mark Rerick
Vice President
Grand Forks



Jeremy Brandt
Buxton



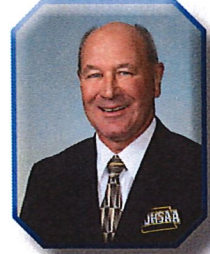
Josh Johnson
Valley City



Dr. Todd Bertsch
Fargo



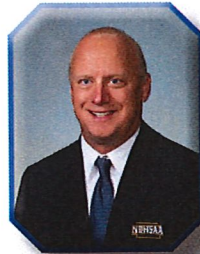
Paul Jundt
Bismarck



Rick Diegel
Steele



Dave Schoch
Velva



Guy Fridley
Dickinson



Kirsten Baesler, Bismarck
Dept. of Public Instruction



Alexis Baxley, Bismarck
School Boards Association

Welcome to Grand Forks!

Congratulations, State Qualifiers and Coaches

The Grand Forks Public Schools, the Grand Forks Tournament Committee and the North Dakota High School Activities Association wish you a successful State Tournament.

SITE INFORMATION

Choice Health & Fitness & Wynne Courts
Register Courts (if needed)

4401 S 11th St
3251 17th Ave S

In case of "bad" weather, all play will be indoors at Choice Health & Fitness. Coaches are responsible for time changes. Please check with the Tournament Manager.

Mark Rerick

Athletic Director, Tournament Manager

SPORTSMANSHIP

Good sportsmanship is conduct which imposes a type of self-control involving honest rivalry, courteous relations and graceful acceptance of results. School spirit is a reflection of those attitudes and behavior. Rules of tennis etiquette require that we refrain from cheering unforced errors or to distract from the match with loud and uncontrolled responses. This may lead to competition among observers which is mistakenly under the auspice of good sportsmanship.

Observers are also asked that they refrain from aiding or assisting players with calls, scoring, instructions, etc. Court monitors are solely responsible to aid players with problems that may arise from a particular match.

If interscholastic competition is to succeed in one of its prime functions, that of developing good citizenship, it is necessary that our entire group radiate proper sportsmanship conduct. Sportsmanship is good citizenship in action. The promoting of sportsmanship is everyone's responsibility.

NORTH DAKOTA GIRLS' TOURNAMENT TENNIS SCHOOLS AND COACHES

<u>East</u>	<u>Coach</u>	<u>West</u>	<u>Coach</u>
Central	Matt Fuka	Century	Jon Hilzendeger
Fargo Davies	Paul Kolesar	Dickinson	Lia Bradley
Fargo North	Steve Saville	Jamestown	Paul Olson
Red River	Josh Lunak, Greg LaDouceur	Legacy	Scott McPherson
Shanley/Oak Grove	Nate Young	Mandan	Paul Christen
Sheyenne	Chad Anderson	Minot	Scott DeLorme
Valley City	Matt Nielson	St. Mary's	Catherine Gibbens
		Williston	Tami Hunter

SCHEDULE OF PLAY

Thursday, June 3, 2021

10:00 AM	Team Tournament Begins
1:00 PM	Second round of Team Play
4:30 PM	Final Round of Team Play

Friday, June 4, 2021

10:00 AM First round of individual play

Saturday, June 5, 2021

10:00 AM Semi-finals begin
11:30 AM Place winning matches begin
3:30 PM Awards presentation at conclusion of tournament at Choice Health & Fitness.

TOURNAMENT RULES

1. A court official will be present at each set of courts to assign matches and to record scores. They will take care of problems that arise and make official rulings.
2. Matches will consist of 2 out of 3 sets. Failure to be on time for a match will constitute a forfeit. In case of ties, individual matches will use the 12-point tie-breaker.
3. All tennis rules to be strictly enforced.
4. The following conduct rules to be enforced:

First Offense	Point Penalty*
Second Offense	Game Penalty*
Third Offense	Match Disqualification

Note: This will not be carried into the competitors next match.

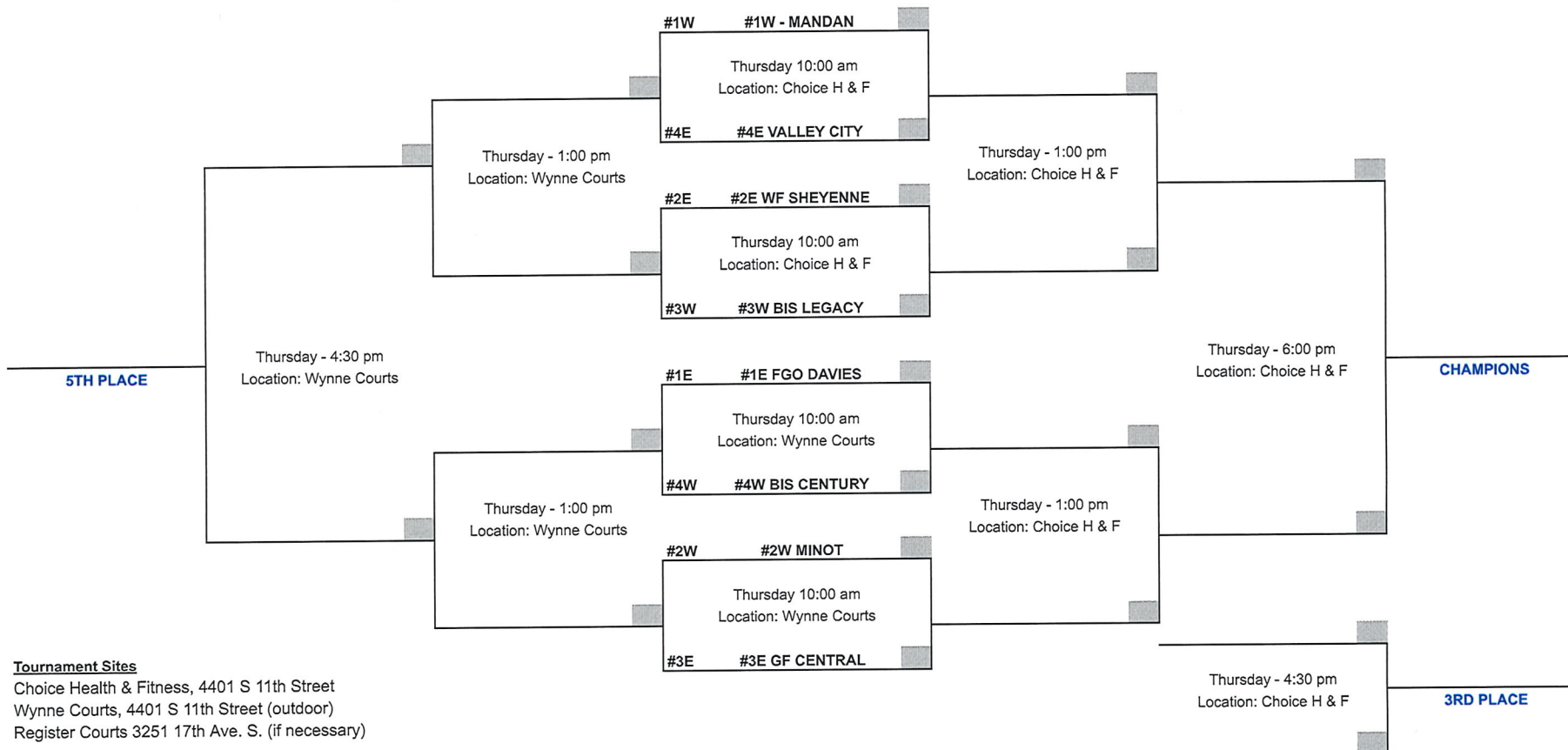


2021 State Girls Tennis Tournament

Team Championship

June 3, 2021

Grand Forks, North Dakota

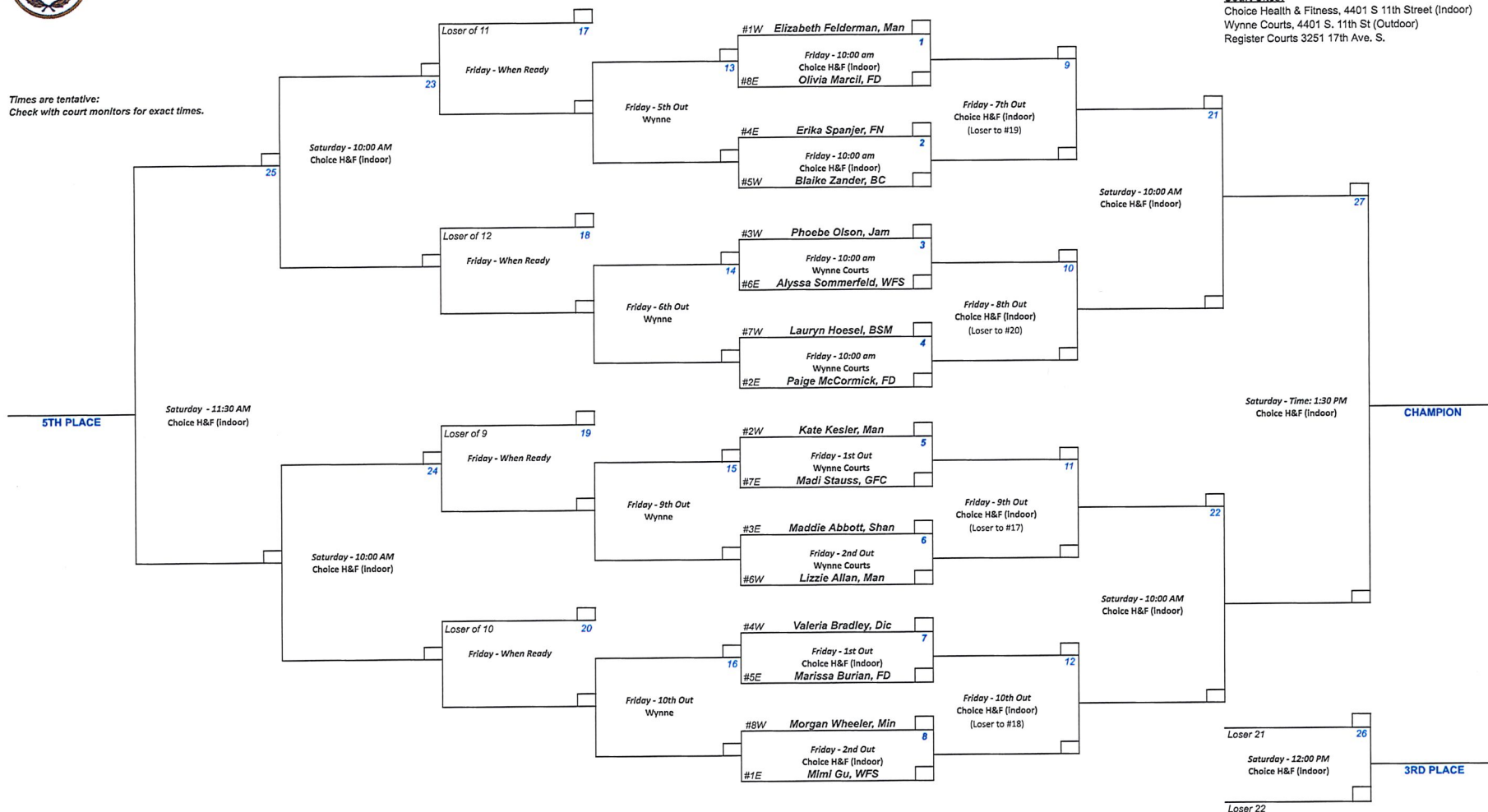




2021 State Girls Tennis Tournament Singles Championships June 4-5, 2021 - Grand Forks

Court Sites:
Choice Health & Fitness, 4401 S 11th Street (Indoor)
Wynne Courts, 4401 S. 11th St (Outdoor)
Register Courts 3251 17th Ave. S.

Times are tentative:
Check with court monitors for exact times.

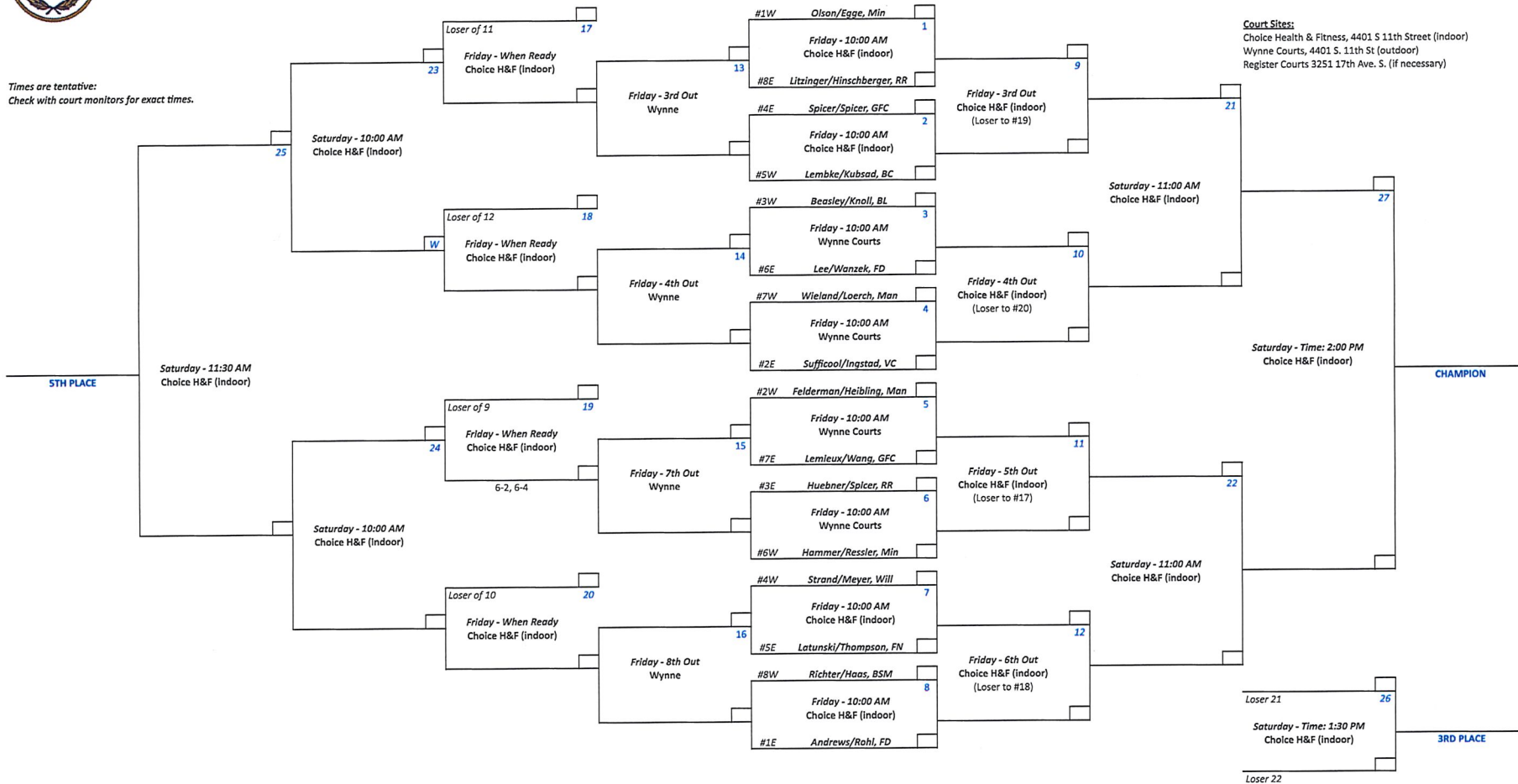




2021 State Girls Tennis Tournament Doubles Championships June 4-5, 2021 - Grand Forks

Times are tentative:
Check with court monitors for exact times.

Court Sites:
Choice Health & Fitness, 4401 S 11th Street (Indoor)
Wynne Courts, 4401 S. 11th St (outdoor)
Register Courts 3251 17th Ave. S. (if necessary)



STATE GIRLS' TENNIS ROSTERS

Central

Gabby	Spicer	12
Madi	Stauss	9
Magdalene	Spicer	10
Gianna	Blue	10
Sydnee	Lemieux	10
Jennifer	Wang	10
Lauren	Tran	10
Stella	Blue	7
Madeline	Elseth	10
Abby	Fevig	12

Head Coach: Matt Fuka

*Assistants: Christine Dittus,
Landon Ridpath, Katie Stauss,
Logan Sandberg*

Century

Blaire	Zander	12
Maya	Kubsad	10
Ashley	Kindem	10
Riley	Lembke	12
Navisha	Soni	9
Erika	Lee	9
Bailey	Upgren	11
Becca	Bassingthwaite	11
Halle	Dunlop	11
Eva	Savageau	11

Head Coach: Jon Hilzendeger

Assistant: Jamie Stoppler

Davies

Lily	Andrews	11
Paige	McCormick	9
India	Rohl	11
Marissa	Burian	11
Tanis	Lee	8
Olivia	Marcil	12
Grace	Wanzek	8
Lily	Wicklow	10
Danae	Bell	8
Grace	Tupa	11
Melody	Jiang	9
Kya	Benson	11

Head Coach: Paul Kolesar

*Assistants: Josh Stenhjem,
Landon Dallmann, Emily
stenhjem, Alexis Konecne*

Dickinson

Valeria	Bradley	9
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Head Coach: Lia Bradley

Assistant: Shane Bradley

Fargo North

Erika	Spanjer	11
Lainy	Latunski	11
Sophie	Thompson	12

Head Coach: Steve Saville

*Assistants: Megan Hallquist
Marjorie Collins, Eric DeBoer*

Jamestown

Phoebe	Olson	11
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Head Coach: Paul Olson

*Assistants: Evie Reynolds, Troy
LeFevre*

Legacy

Camaryn	Beasley	12
Sierra	Knoll	12
Kristin	Ness	12
Aleah	McPherson	9
Chelsa	Krom	9
Abby	Meier	11
Anna	Sorensen	10
Autym	Humann	12
Cambrya	Kraft	9
Brooklyn	Sand	9
Halle	Seversen	9
Maria	Barrett	9

Head Coach: Scott McPherson

*Assistants: Jim McMahon,
Meredith Holt*

Mandan

Elizabeth	Felderman	12
Sophia	Felderman	9
Lizzie	Allan	12
Kate	Kesler	12
Breanna	Helbling	12
Kylie	Wieland	12
Payton	Loerch	12
Amy	Aldinger	12
Brenna	Schock	11
Alyssa	Olson	11
Aysia	Mettler	11
Audrey	Duppong	9

Head Coach: Paul Christen,

*Assistants: Kathryn Doll, Erik
Porter, Jacey Wanner*

Minot

Sofia	Egge	11
Eden	Olson	11
Morgan	Wheeler	12
Sydney	Fettig	12
Sienna	Ronning	9
Sidney	Ressler	9
Martine	Hammer	10
Emma	Scheeler	10
Mackenzie	Strange	10
Sabryn	Ronning	10
Kyllie	Fettig	7
Halle	Mattson	10

Head Coach: Scott DeLorme

*Assistants: Tom Scheeler,
Gwen Mathews, Peyton Huss*

Red River

Claire	Huebner	11
Farrah	Spicer	10
Hannah	Litzinger	9
Kate	Hinschberger	10

Co-Head Coaches: Josh Lunak,

Greg LaDouceur

*Assistants: Anna Caoili, Payton
Fournier*

St. Mary's

Lauryn	Hoesel	12
Mary	Richter	11
Brooke	Haas	11

Head Coach: Catherine Gibbens

Assistant: Emily Bichler

Shanley/Oak Grove

Maddie	Abbott	9
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Head Coach: Nate Young

*Assistants: Maddie Noesen,
Damien O'Donnell, Raquel Egge*

Sheyenne

Mimi	Gu	11
Jayne	Thompson	10
Alyssa	Sommerfeld	8
Hailey	Beeter	11
Grace	Hawkinson	12
Abby	Timmerman	11
Kaitlyn	Strandberg	12
Jade	Moreno	12
Taylor	Bjerke	11
Grace	Edberg	10
Sofia	Layfield	9
Jillian	McMahon	10

Head Coach: Chad Anderson

*Assistant: Sean Bourke, Dennis
Healy*

Valley City

Breck	Sufficool	9
Olivia	Ingstad	10
Maisie	Leick	12
Abby	Martineck	9
Kailee	Nielson	7
Abby	Redfearn	9
Georgia	Zaun	7
Lilly	Kiefert	12
Ari	Abrahamson	12

Head Coach: Matt Nielson

*Assistants: Sara Aberle,
Hannah Aberle, Susan Kringlie,
Reagan Ingstad*

Williston

Chesni	Strand	12
Shelby	Meyer	11

Head Coach: Tami Hunter

Assistant: Heath Glenn

PAST CHAMPIONS

<u>Year</u>	<u>Team</u>	<u>Singles</u>	<u>Doubles</u>
1966	Grand Forks Central	Mary Paukert GFC	Cheryl Fenstad/Judy Pletan GFC
1967	None	Ann Tudor BHS	Linda Jackson/Judy Pletan GFC
1968	None	Linda Jackson GFC	Judy Pletan/Debbie Fenstad GFC
1969	Fargo South	Mary Ann Gambucci GFC	Ruth Minch/Linda Simpson FS
1970 Spring	Grand Forks Central	Mary Ann Gambucci GFC	Ruth Minch/Linda Simpson FS
1970 Fall	Fargo South	Mary Ann Gambucci GFC	Ruth Minch/Shannon Scott FS
1971	Valley City/Grand Forks Central	Shelly Lloyd VC	Jill Weisgram/Bonnie Bujnovsky GFC
1972	Fargo South	Becky Stauffer FS	Nancy Gambucci/Paula Justuse GFC
1973	Grand Forks Central	Karen Nedberg GFC	Carol Gambucci/Cindy Hadland GFC
1974	Grand Forks Central	Karen Nedberg GFC	Carol Gambucci/Cindy Hadland GFC
1975	Bismarck	Carol Finck BHS	Jane Heintzman/Denise Glaser BHS
1976	Fargo South	Sarah Jordheim FS	Jane Heintzman/Denise Glaser BHS
1978	Minot	Sarah Jordheim FS	Ann Gambucci/Janelle Peterson GFC
1979	Minot	Sue Schalow MIN	Ann Kincheloe/Julie Eckmann MIN
1980	Williston	Lynn Skadeland WIL	Karla Bertsch/Ann Kincheloe MIN
1981	Williston	Diane Richter RYAN	Gwendy Bachmeider/Julie Gannon MAN
1982	Minot Ryan	Julie Gilbertson FS	Diann Romo/Randi Roisum GFC
1983	Minot Ryan	Julie Gilbertson FS	Diann Romo/Randi Roisum GFC
1984	Grand Forks Red River	Diann Romo GFC	Mary McEnroe/Brenda Rubin GFC
1985	Minot	Kristi Neubauer MAN	Nancy Dagner/Sue King MIN
1986	Grand Forks Central	Heidi Gjerset GFRR	Kristie Stockman/Sara McCoy WIL
1987	Bismarck	Nancy Hill BHS	Barb Sand/Danika Warner GFC
1988	Minot	Stella Chumas MIN	Ann Kuester/Nan Spooner WIL
1989	Grand Forks Central	Elena Urrutia MIN	Dawn Beelman/Dawn Gillis CEN
1990	Grand Forks Central	Kandi Burr GFC	Kim Feist/Jennifer Thompson BIS
1991	Minot	Shannon Runyan MIN	Susan Umsted/Brenda Ament VC
1992	Grand Forks Red River	Tina Ruttershoff MIN	Suzy Mayer/Michelle Hocking BIS
1993	Grand Forks Red River	Sarine Weingarten GFRR	Laura Bohlman/Lulu Spicer GFC
1994	Grand Forks Red River	Sarine Weingarten GFRR	Laura Bohlman/Lulu Spicer GFC
1995	Grand Forks Red River	Sarine Weingarten GFRR	Rachel Britton/Cheryl Weingarten GFRR
1996	Grand Forks Red River	Sarine Weingarten GFRR	Meredith Anderson/Karen Nelson FS
1997	Bismarck Century	Kelly Klundt BHS	Angela Fitterer/Renae Wald CEN
1998	Grand Forks Red River	Renae Wald CHS	Rachel Britton/Cheryl Weingarten GFRR
1999	Williston	Jenni Mihulka GFRR	Katie Mihulka/Cheryl Weingarten GFRR
2000	Fargo North	Marissa Hangsleben GFC	Ashley Cummings/Katie Scott FN
2001	Bismarck Century	Erica Fredstrom GFC	Allison Bergman/Jamie Skadeland WIL
2002	Grand Forks Red River	Liza Wischer GFRR	Miranda Quast/Anna Neubauer MAN
2003	Grand Forks Red River	Liza Wischer GFRR	Sheila Damle/Alex Naastad GFRR
2004	Grand Forks Red River	Liza Wischer GFRR	Brynne Wischer/Meena Anvary GFRR
2005	Grand Forks Red River	Liza Wischer GFRR	Brynne Wischer/Amirah Ahmen GFRR
2006	Grand Forks Red River	Lisa Wischer GFRR	Emily Sell/Rachel Hennessy WIL
2007	Grand Forks Red River	Lisa Wischer GFRR	Catie Mullally/Samantha Anderson GFRR
2008	Grand Forks Red River	Callie Ronkowski GFRR	Catie Mullally/Samantha Anderson GFRR
2009	Grand Forks Red River	Callie Ronkowski GFRR	Lalangi Marasinghe/Mimi Yunker GFRR
2010	Grand Forks Red River	Samantha Anderson, GFRR	Lalangi Marasinghe/Shirlene Luk, GFRR
2011	Grand Forks Red River	Samantha Anderson, GFRR	Lalangi Marasinghe/Shirlene Luk, GFRR
2012	Grand Forks Red River	Karen Moe, FS	Lalangi Marasinghe/Cindy Lim, GFRR
2013	Grand Forks Red River	Caitlin Bakke, St. Mary's	Lalangi Marasinghe/Mimi Yunker, GFRR
2014	Grand Forks Red River	Cindy Lim, GFRR	Mary Roller/Alicia Beck, St. Mary's
2015	Grand Forks Red River	Cindy Lim, GFRR	Maddie Anderson/Alexis Caoili, GFRR
2016	West Fargo Sheyenne	Shaelyn Johnson, GFRR	Maddie Anderson/Maddie Johnson, GFRR
2017	Grand Forks Red River	Monti Knewtson, Sheyenne	Maddie Anderson/Maddie Johnson, GFRR
2018	Minot	Shaelyn Johnson, GFRR	Monti Knewtson/Mimi Gu, Sheyenne
2019	West Fargo Sheyenne	Shaelyn Johnson, GFRR	Preeti Chemiti/Mimi Gu, Sheyenne
2020	Season cancelled due to COVID-19		

NORTH DAKOTA HIGH SCHOOL ACTIVITIES ASSOCIATION: 2019-20

BOARD OF DIRECTORS

Kirsten Baesler, Department of Public Instruction	Bismarck
Alexis Baxley, ND School Boards Association	Bismarck
Jeremy Brandt	Buxton
Mitch Carlson	LaMoure
Travis Jordan	Beulah
Paul Jundt	Bismarck
Scott Privratsky, President	Devils Lake
Mark Rerick	Grand Forks
Dave Schoch	Velva
Michael Sorlie	Gwinner
Warren Strand, Vice President	Fessenden

EXECUTIVE OFFICERS

Matthew Fetsch	Executive Director
Brian Bubach	Associate Director
Justin Fletschock	Assistant Director
Kevin Morast	Assistant Director
Brenda Schell	Assistant Director
Tom Mix	Media Specialist

INFORMATION CONCERNING THE NORTH DAKOTA HIGH SCHOOL ACTIVITIES ASSOCIATION

I. Membership

The NDHSAA is a non-profit organization of the high schools in the state of North Dakota. All schools eligible for membership belong to the Association. Membership is granted upon application of the School Board, at which time the school agrees to enforce the rules which the members have established and to participate in the legislative process of modification and revision of rules to fit the changing needs of member schools and students.

II. Purpose as per NDHSAA Constitution

The purpose of the Association is to contribute to the education of high school boys and girls of North Dakota by:

- Administering a program of interscholastic activities, clinics, contests and festivals among its member schools.
- Elevating the standards of good sportsmanship and encouraging growth in good citizenship, not only of high school students, but also of all others who come in contact with school activities.
- Protecting member schools, students, and personnel from exploitation of special interest groups.
- Encouraging pride in scholastic achievement as a fundamental basis for a well-balanced activities program.
- Supplementing the dramatic, literary, music and physical education programs of the schools and giving due emphasis to those tendencies which promise best to promote the mental and physical health and social well-being of all students.

III. Brief History

The activities association was founded in 1908 under the name of the High School League and originally was concerned only with athletics. In 1923 the state organization became affiliated with the National Federation of High School Athletic Associations (NFHS). A full-time executive director was employed in 1949, an assistant was added in 1963, a girls sports supervisor in 1973, and a music and speech coordinator in 1978.

In 1950 the Consolidated League, an organization of the smaller schools of the state, affiliated with the High Schools League, thereby uniting all high schools of the state under one organization. Music and speech activities were placed under the direction of the Association in 1955, and the name was changed to the North Dakota High School Activities Association at that time. Schools in the League were all one class for basketball competition from 1908 to 1932. A two-class system was used from 1933 to 1947 and a three-class system from 1948 to 1963. In 1964 the two-class system was restored and this arrangement has been in effect since then up to the present time. Official state champions have been named in boys track since 1908 and in boys basketball since 1914. Official champions in other sports were later added as follows: boys golf and boys tennis 1938, baseball 1950; wrestling 1959; boys cross

country 1961; boys hockey 1967; girls track, golf and tennis 1966; girls gymnastics 1969; girls basketball 1974; girls swimming 1974; boys swimming 1975 and girls cross country 1979. State football champions were determined off and on between 1916 and 1959, when the practice was discontinued, but were restored in 1975 when NDHSAA officially sponsored Class A, Class B and 9-man championship games. The NDHSAA Dakota Bowl - a one day event where all three football championship games are played - was introduced in 1993. In 1997, the current four division format (Division AAA, Division AA, Division A and 9-man) for NDHSAA football was introduced.

Basketball tournaments for girls were conducted by the Consolidated League for a number of years and by the NDHSAA from 1951 to 1960, at which time they were discontinued because of the small number of schools fielding teams. Girls basketball was reinstated as an NDHSAA-sponsored activity in 1973 on a district level, with separate state Class A and Class B champions being named since 1974. Class A girls volleyball state champions were first named in 1984 and Class B girls volleyball state champions were first named in 1989. Boys state soccer champions were first named in 1995 and girls state soccer champions in 1996. Girls state hockey champions were first named in 2003. Girls softball champions were first named in 2009 with separated Division A & B champions in 2012.

IV. Activities (Participation Numbers for 2018-19)

Athletic Activities	Number of Schools Participating	Number of Students Participating
Baseball	113	1,601
Basketball - Boys	161	2,914
Basketball - Girls	157	2,152
Cross Country - Boys	105	774
Cross Country - Girls	101	589
Football	151	4,078
Golf - Boys	122	895
Golf - Girls	116	476
Gymnastics	18	104
Hockey - Boys	38	616
Hockey - Girls	27	245
Soccer - Boys	18	662
Soccer - Girls	20	650
Softball	80	1,091
Swimming - Boys	25	297
Swimming - Girls	26	387
Tennis - Boys	21	303
Tennis - Girls	22	515
Track - Boys	154	2,562
Track - Girls	149	2,194
Volleyball	154	3,189
Wrestling	94	916
Music Activities		
Band	153	5,198
Vocal	151	5,347
Orchestra	20	958
Speech Activities		
Lincoln-Douglas Debate	13	99
Public Forum Debate	14	137
Drama	100	1,645
Speech	118	1,122
Student Congress	23	375

V. Registration of Officials and Interpretation Meetings

In the 2018-19 school year 1,466 officials registered with the NDHSAA. These men and women are furnished rule books for the sports in which they officiate, and examinations are provided annually in baseball, basketball, football, gymnastics, hockey, soccer, softball,

swimming & diving, volleyball and wrestling. Officials are also required to complete online rules clinics in all sports and workshops in baseball, basketball, football, softball, volleyball and wrestling.

VI. School Administrator Meetings

The NDHSAA holds mandatory administrator meetings throughout North Dakota in September. The meetings cover various topics member schools should be aware of entering the school year.

VII. Cheerleader Clinics

The NDHSAA has recognized the importance of safety in cheerleading. Because of this, the Association has added rules/safety clinics for head cheer coaches of all member schools who have cheerleaders. These clinics recognize the importance of informing cheer coaches of proper safety techniques as well as emphasizing the responsibility of cheerleaders for sportsmanship and crowd control.

VIII. Organization of Association

NDHSAA BOARD OF DIRECTORS

The Board of Directors consists of 11 members. Three Board members shall be chosen from Class A Schools, one each from two geographical areas and one at-large. Four administrators of Class B schools, one high school principal as a member-at-large and one athletic administrator. These representatives are elected by the membership as a whole, with each school having one vote. In addition, a representative of the North Dakota School Boards Association and the Superintendent of Public Instruction serve as a member of the Board.

REPRESENTATIVE ASSEMBLY

The superintendent or high school principal or athletic administrator of each school serves as a member of the representative assembly, with each school being entitled to one vote. An annual meeting is held each year to adopt rules and regulations governing interscholastic contests and eligibility regulations. All such rules are made by the representative assembly.

DISTRICT COMMITTEES

The district activities are controlled and managed by committees elected by school officials in each area.

EXECUTIVE OFFICERS

The administration of the various programs and the implementation of the policies of the Association are placed in the hands of the Executive Director, one Associate Director, three Assistant Directors and a Media Specialist who are employed by the Association.

NDHSAA MINIMAL BEHAVIOR EXPECTATIONS FOR REGULAR AND POSTSEASON COMPETITIONS:

- Respect the American flag and the National Anthem.
- Spectators must wear clothing that covers the entire torso. Those who do not comply or who wear clothing that is vulgar, obscene or that in some other way inappropriate, as determined by school/tournament personnel, will be removed from the arena/stadium if they do not cooperate with this behavior expectation.
- The use of appropriate language is expected at all times. Profanity, negative chants, booing, trash talk, name calling, personal attacks or other acts of disrespect are unacceptable and must be immediately addressed by school/tournament administrators.
- Respect the game/contest. Under no condition shall anyone other than the members of the official squad enter the playing surface. No one may interfere with the contest in any way.
- Hand held signs, which do not obstruct the view of others, will be permitted provided they are in good taste. Signs, message boards, "white" boards or other similar items contest/tournament officials deem to be in poor taste will be removed.
- Artificial noise makers (i.e. megaphones, cowbells, sirens, whistles, thunder sticks, and other similar items) are not allowed.
- Laser lights are strictly prohibited.

Here's an effective way for you and your community to prevent the
#1 KILLER OF TEENS.



Impact

Teen Drivers

The ND Association of Counties has teamed up with the “Impact Teen Drivers – What Do You Consider Lethal” Campaign with a free interactive program for students, teachers and law enforcement. “Impact Teen Drivers” will help teens think about the deadly impact of distractions while driving.