



TOURNAMENT COMMITTEE

HOSTED BY THE METRO AREA TOURNAMENT COMMITTEE

FEBRUARY 20-21-22, 2025 | FARGODOME



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Behavior Expectations for Regular & Postseason Competitions

- Respect the American flag and the National Anthem.
- Contesting schools shall each have an authorized faculty representative present who shall be responsible for his/her school's participants, students, and fans throughout the contest.
- Spectators must wear clothing that covers the entire torso. Those who do not comply or who wear clothing that is vulgar, obscene or that in some other way inappropriate, as determined by school/tournament personnel, will be removed from the facility if they do not cooperate with this behavior expectation.
- The use of appropriate language is expected at all times. Profanity, negative chants, trash talk, name-calling, personal attacks or other acts of disrespect are unacceptable and must be immediately addressed by school/tournament administrators. Any discriminatory slur will result in immediate removal from the facility.
- Any attendee ejected from a NDHSAA tournament venue will be banned from the venue(s) for the remainder of the event.
- Respect the game/contest. Under no condition shall anyone other than the members of the official squad enter the playing surface. No one may interfere with the contest in any way.
- Handheld signs and flags, which do not obstruct the view of others, are permitted provided they are in good taste. Signs or other similar items contest/tournament officials deem to be in poor taste will be removed. Message or "white" boards are prohibited. The carrying of flags around the playing surface is NOT allowed.
- Artificial noisemakers of any kind (i.e. megaphones, cowbells, sirens, whistles, thunder sticks, and other similar items) are not allowed at any indoor events, including outdoor sports played at indoor venues. Exception – Megaphones appropriately used by cheerleaders are permitted if allowed by contest officials.
- Laser lights or any other lights deemed distracting to participants are strictly prohibited.
- Confetti is banned at all NDHSAA tournament venues. Tournament staff are instructed to confiscate such articles at the door.
- Objects shall not be thrown into the stands at any NDHSAA tournament venue.
- The use of unmanned aerial vehicles (UAV), also known as drones, is prohibited for any persons at NDHSAA tournament venues.

WELCOME & STAFFING

The Metro Area Tournament Committee and the communities of Fargo and West Fargo would like to welcome you to the Fargodome for the NDHSAA State Wrestling Championships. We look forward to providing an exciting and memorable experience for all participants, coaches, cheerleaders and fans. The Metro Area Tournament Committee is grateful to the Fargodome staff and administration for their cooperation in assisting with management of this event. We also express our gratitude to the many volunteers and workers for providing their assistance.

As an extension of the North Dakota High School Activities Association's effort to promote sportsmanship and goodwill among schools and athletes, we hope you will join us in providing positive encouragement and support for all who are here. Best wishes to all the teams and contestants.

Metro Area Tournament Committee
Todd Olson, President

Tournament Website: metrotournament.com
#statewrestling

X: @ndwrestlingtrny

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Joel Vettel, Travis Voegel
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Alex Schmaltz, Colby Steeke, Brady Storhaug
Official's Supervisor Justin DeCoteau
National Anthem
Color Guard Fargo Public Schools AFJROTC
Thursday 10:00 AM Lilly Held (Fargo South HS)
Friday 3:00 PM..... Noah Davidson (West Fargo HS)

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 - E2 Grand Forks W2 Minot
 - E3 Lisbon W3 Bismarck
 - E4 South Border W4 Dickinson
- Girls Tournament History
- State Wrestling Tournament Records

**GIRLS
INDIVIDUAL
BRACKETS**

CLICK HERE

**GIRLS
DUAL TOURNAMENT
BRACKET**

CLICK HERE

**CLASS A
BOYS INDIVIDUAL
BRACKETS**

CLICK HERE

**CLASS B
BOYS INDIVIDUAL
BRACKETS**

CLICK HERE

**BOYS CLASS A & B
DUAL TOURNAMENT
BRACKETS**

CLICK HERE



A special thanks to Mandy Antony, Jarrett Carter and all the table workers for their work in updating the brackets in real time. Their time and talents are truly appreciated!!

Here's an effective way for you and your community to prevent the

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The ND Association of Counties has teamed up with the “Impact Teen Drivers – What Do You Consider Lethal” Campaign with a free interactive program for students, teachers and law enforcement.

“Impact Teen Drivers” will help teens think about the deadly impact of distractions while driving.

To book this program, please contact:

ImpactTeens@ndaco.org
Vision Zero Outreach Program



VISION ZERO 

TOURNAMENT SCHEDULE

THURSDAY FEBRUARY 20, 2025

7:00 AM	Open to Wrestlers
8:00 AM	Weigh-in & Skin Check
9:00 AM	Public Doors
10:00 AM	First Round Quarterfinals First Round of Wrestle Backs
5:00 PM	Semi-Finals

FRIDAY FEBRUARY 21, 2025

7:00 AM	Open to Wrestlers
8:00 AM	Weigh-in & Skin Check
9:00 AM	Public Doors
10:00 AM	Second Round of Wrestle Backs Third Round of Wrestle Backs Consolation Semi-Finals Placing Round
3:30 PM	Hall of Fame
4:30 PM	Introductions
5:00 PM	Individual Championship(s)

SATURDAY FEBRUARY 22, 2025

7:00 AM	Open to Wrestlers
8:00 AM	Weigh-in & Skin Check
9:00 AM	Public Doors
10:00 AM	Boys Quarterfinals
11:30 AM	Girls Quarterfinals / Boys Consolation Semi-Finals
1:00 PM	B&G Semi-Finals / Girls Consolation Semi-Finals
2:30 PM	3rd/5th/7th Place Matches
4:00 PM	Dual Championships (Boys & Girls)

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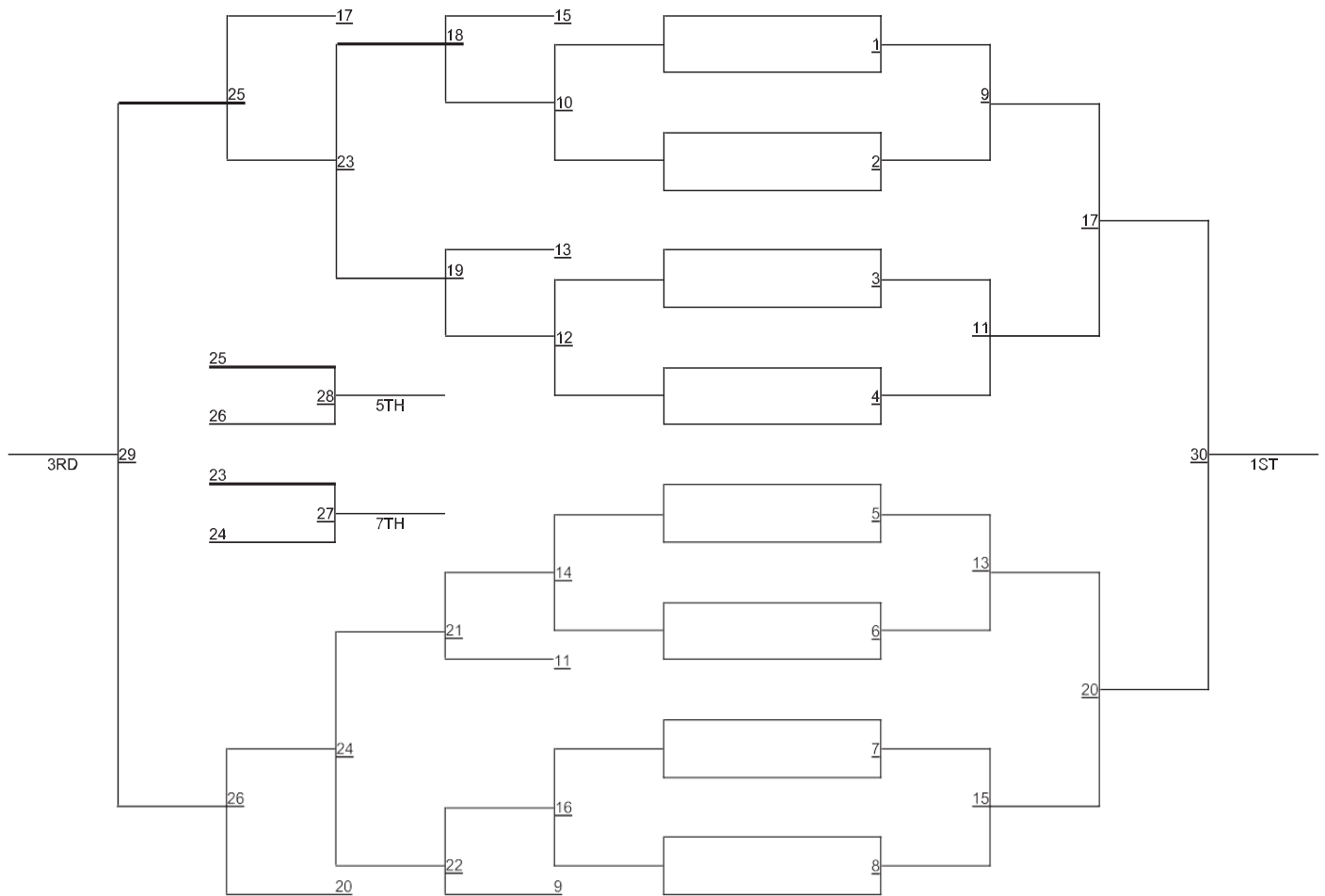
TOURNAMENT COMMITTEE

PATRON SPONSORS 2025

MAT SCHEDULE | 2025

THURSDAY 2.20.25	10:00 AM Starting @ 107 Boys/100 Girls	MAT 1 Class A Rnd1,Qtrs,WB1	MAT 3 Girls Rnd1,Qtrs,WB1	MAT 5 Class B Rnd1,Qtrs,WB1	MAT 7 Class B Rnd1,Qtrs,WB1
	5:00 PM	MAT 1 Class A Rnd1,Qtrs,WB1	MAT 3 Class A Rnd1,Qtrs,WB1	MAT 5 Girls Rnd1,Qtrs,WB1	MAT 7 Class B Rnd1,Qtrs,WB1
FRIDAY 2.21.25	10:00 AM Starting @ 114 Boys/106 Girls	MAT 1 Class A WB2,WB3,WB4	MAT 3 Girls WB2,WB3,WB4	MAT 5 Class B WB2,WB3,WB4	MAT 7 Class B WB2,WB3,WB4
	4:30 PM	MAT 1 Class A Placings	MAT 3 Girls Placings	MAT 5 Class B Placings	MAT 7 Class B Placings
		MAT 1 Class A Placings	MAT 3 Class A Placings	MAT 5 Girls Placings	MAT 7 Class B Placings
		MAT 1 Class A 1st Place	MAT 3 Class A 1st Place	MAT 5 Girls 1st Place	MAT 7 Class B 1st Place
		MAT 1 Class A 1st Place	MAT 3 Class A 1st Place	MAT 5 Girls 1st Place	MAT 7 Class B 1st Place
		MAT 1 Class A 1st Place	MAT 3 Class A 1st Place	MAT 5 Girls 1st Place	MAT 7 Class B 1st Place
SATURDAY 2.22.25	10:00 AM Starting @ 152	MAT 1 Class A Duals Qtrs	MAT 3 Class A Duals Qtrs	MAT 5 Class B Duals Qtrs	MAT 7 Class B Duals Qtrs
	Aprox 11:30 AM Starting @ 160 Boys/142 Girls	MAT 1 Class A Duals Cons Semis	MAT 3 Girls Duals Qtrs	MAT 5 Girls Duals Qtrs	MAT 7 Class B Duals Cons Semis
	Aprox 1:00 PM Starting @ 160 Boys/148 Girls	MAT 1 Class A Duals Semis	MAT 3 Girls Duals Semis	MAT 5 Girls Duals Cons Semis	MAT 7 Class B Duals Semis
	Aprox 2:30 PM Starting @ 172 Boys/155 Girls	MAT 1 Class A Duals Placings	MAT 3 Girls Duals Placings	MAT 5 Girls Duals Placings	MAT 7 Class B Duals Placings
	Aprox 4:00 PM Starting @ 172 Boys/155 Girls	MAT 1 Class A Duals 1st Place	MAT 3 Class A Duals 1st Place	MAT 5 Girls Duals 1st Place	MAT 7 Class B Duals 1st Place
		MAT 1 Class A Duals 1st Place	MAT 3 Class A Duals 1st Place	MAT 5 Girls Duals 1st Place	MAT 7 Class B Duals 1st Place

SAMPLE BRACKET & SCORING



TOURNAMENT SCORING

TEAM POINTS

Winner in each weight classification	16
Runner-up in each weight classification	12
Third place in each weight classification	9
Fourth place in each weight classification	7
Fifth place in each weight classification	5
Sixth place in each weight classification.....	3
Seventh place in each weight classification.....	2
Eighth place in each weight classification	1

Wrestlers who receive a bye in the first round will pick up an additional 2 advancement points if they win their quarter final match.

Each match won by a fall, default, disqualification or forfeit	2
Advancement in championship bracket	2
Advancement in consolation bracket	2
Decision by 15 or more points (technical fall)	1.5
Decision by 8-14 points (major fall).....	1

ADDITIONAL SCORING NOTE

The top number on the clock will be the number of the bout that is indicated in the bracket.

Class A Bouts start at 1-420

Class B Bouts start at 501

Girls Bouts start at 1

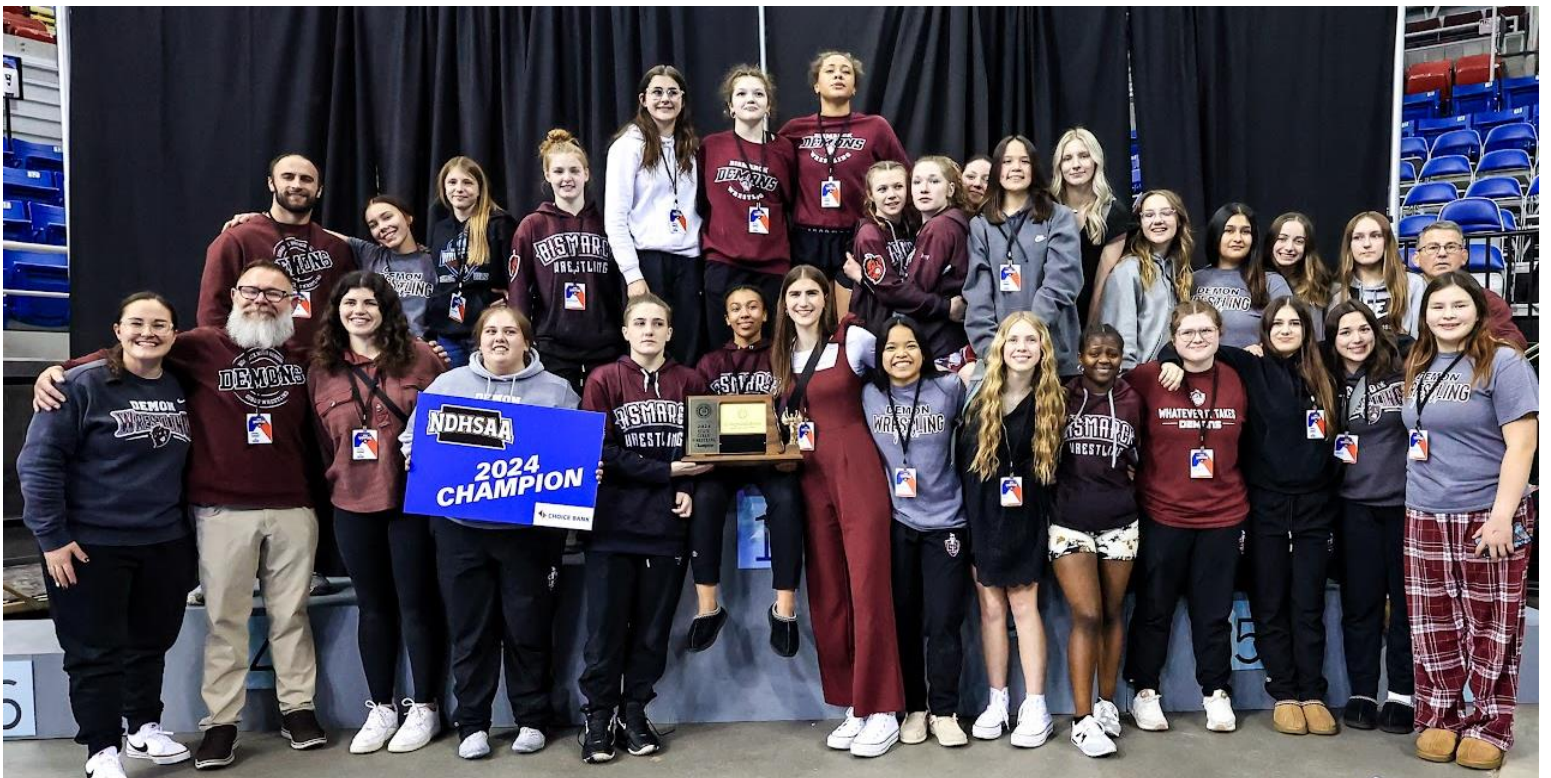
ADDITIONAL SCOREBOARD NOTES

Minimum placement points are awarded to the receptive team totals as soon as possible.

1. Championship round quarterfinals winners, three points. They can finish no lower than sixth place.
2. Championship round semifinal winners, nine points. They have assured themselves of no less than second place, (twelve points) but have already received three points for their quarter final win.
3. Championship final additional four points.
4. Consolation quarterfinal winners—three points. They have assured themselves of no less than sixth place. Consolation quarterfinal losers wrestle for seventh and eighth place. Seventh place, two points, eighth place, one point.
5. Consolation semifinal winners additional four points. They have assured themselves of no less than fourth place.
6. The winner of third place and fifth place additional two points.



2024 DUAL STATE CHAMPIONS – BISMARCK HIGH DEMONS



2024 IND. STATE CHAMPIONS – BISMARCK HIGH DEMONS



**GIRLS WRESTLING
2023-2024 OUTSTANDING SENIOR ATHLETE**

Jennifer Verdin
Hettinger-Scranton

GIRLS WRESTLING CHAMPIONS



100

Anna White
Central Cass



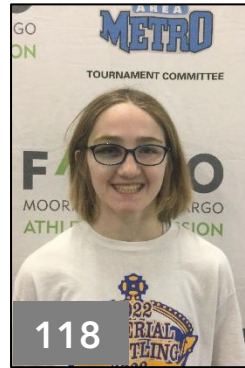
106

Ava Litsey
South Border



112

Alicia Kenfack
Bismarck Legacy



118

Alexis Schneider
Napoleon-G-S



124

Maggie Thiegles
Bismarck High



130

Julia Araujo
Bismarck High



136

Aleiya Cullinan
Bismarck Legacy



142

Aubrie Overson
Bismarck High



148

Cadence Cook
Bismarck Century



155

Emily Novak
Grand Forks



170

Alexis Storsved
Mandan



190

Cambree Anderson
Bismarck High



250

Phoenix Lindseth
Bismarck Legacy

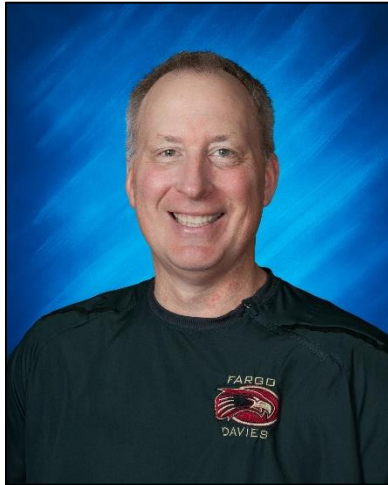
HALL OF FAME INDUCTEES | 2025

Complete listing of [Hall of Fame can be found online](#)

KEENAN SPIESS

FARGO

Keenan Spiess, a Fargo native, has made significant contributions to North Dakota wrestling as both a competitor and a highly successful coach. After graduating from Fargo North High School in 1990, where he achieved a state runner-up finish and 144 career



wins (then second most in Class 'A'), Spiess continued his wrestling career in college. He amassed 102 victories at North Dakota State University and Minnesota State University Moorhead (MSUM), earning All-American honors in 1993 and becoming the 1995 NSIC champion.

Spiess then transitioned into coaching, leaving a remarkable legacy at both the high school and collegiate levels. His 18-year high school coaching career included head coaching positions at Fargo North (1997-2001) and Fargo Davies (2011-2024), amassing 231 dual wins. His teams qualified for the ND Class 'A' state dual tournament every eligible year (15 times). He also received five NDHSCA East Region Coach of the Year awards.

At MSUM, Spiess served as head assistant coach before becoming head coach from 2003 to 2009. He earned four NSIC Coach of the Year awards, achieving the second-highest winning percentage in program history and leading the team to a national ranking as high as fourth in NCAA Division II. His teams consistently placed in the top 20 at the NCAA Division II national tournament and placed sixth at the 2006 national duals. He coached 16 NCAA Division II All-Americans.

Spiess also contributed to USA Wrestling, coaching numerous Greco-Roman and freestyle All-Americans with the Grizzly Wrestling Club and leading Team North Dakota to high national placements. He founded the MSU Moorhead Dragon Open, co-founded the Rumble on the Red tournament, and organized numerous other events. His contributions were recognized with the 2001 NDUSA Lefty Faris Award, a Fargo North Wrestling Hall of Fame induction in 2003, and 169 academic all-state awards earned by his high school wrestlers.

SCOTT GLASSER

BISMARCK HIGH

Scott Glasser's name is synonymous with wrestling excellence in North Dakota, earning him a place in the North Dakota Wrestling Hall of Fame. His career, marked by dominance in high school and continued success at the University



of Minnesota, solidified his legacy as one of the state's most accomplished wrestlers. On top of it all, Scott won his five state titles in five different weight classes, a feat that has not been touched in North Dakota since.

Glasser's high school career at Bismarck High School was legendary. He achieved an unprecedented feat, becoming the first Class 'A' five-time state champion (2002-2006). This accomplishment cemented his status as a North Dakota wrestling icon. His 204-23 career record showcases his consistent skill, culminating in an undefeated 47-0 senior season.

Beyond state titles, Glasser excelled nationally. In 2005, he won the NHSCA Junior High School National Championship. In 2006, he was named North Dakota Mr. Wrestler and finished as runner-up at the Junior Freestyle Nationals. His freestyle achievements include three Cadet/Junior Freestyle All-American honors, and a 4th place finish at the NHSCA Senior Nationals in 2006. Glasser continued his career at the University of Minnesota, a national wrestling powerhouse. He compiled a 101-44 record, placing him among the program's top 50 all-time winningest wrestlers. He qualified for the NCAA Division I Championships twice and earned a significant achievement as the 2010 Big Ten runner-up. He also contributed to the Golden Gophers' historic 2006 NCAA and Big Ten Championship season.

Glasser's dedication and talent are evident in his five state titles, national accolades, and collegiate success. He serves as an inspiration to young wrestlers throughout North Dakota, demonstrating the rewards of hard work and commitment. His hall of fame induction recognizes his remarkable career and lasting impact on the sport. Scott is currently employed as a sales director at FreightWise.

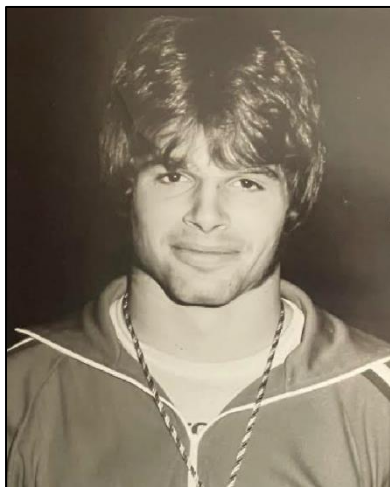
HALL OF FAME INDUCTEES 2025

Complete listing of [Hall of Fame can be found online](#)

PAT COPENHAVER

CARRINGTON

Pat wrestled for Carrington High School where he placed 5th at the 1975 State tournament and 2nd at the 1976 State tournament and was a team captain. Pat was also a member and scored valuable team points for the 1974 Carrington team that took 2nd place at the Class A State Tournament.



At the international level in Freestyle wrestling, Pat was a member of team USA at the 1977 Junior Pan Am Games where he won an individual gold medal and his United States team took first in Quito, Ecuador.

In college Pat wrestled for the North Dakota State School of Science (NDSSS – Wahpeton) where he was team captain and received All-American honors for placing 5th at the 1977 NJCAA Championships. His NDSSS team went undefeated in duals for two years which included a victory over the University of Minnesota JV team and his team placed 6th at the NJCAA National Tournament. A proficient pinner, Pat led his team in pins in 1977 and was second in pins in 1978.

Pat coached 5 Carrington Cardinal wrestlers to 11 individual titles and 2 team titles. Three of the five went on to become All-Americans at the college level, one wrestled for a D1 school, and 6 of them are currently in the North Dakota Hall of Fame. Pat Continued to coach for several more years, which saw 5 more team titles.

Pat has been inducted into the North Dakota State College of Science (NDSCS) Hall of Fame on four different occasions which include one football team hall of fame, two wrestling team hall of fames, and one individual athletic hall of fame for his contributions and accolades on the mat and the grid iron during the 1977 and 1978 seasons.

After Coaching, Pat officiated wrestling for several years. Pat continues to help in the Cardinal wrestling room today. He has provided his coaching services for 40+ years. In his spare time, Pat serves on five boards: Bethel Chapel Church, Foster County Commissioner, Supervisor Estabrook Township, Council for Aging, South Central Regional Council. Pat has four children, a daughter Tara (husband Mitch) with three grandsons Briggs, Samson, and Jax, a son Lee (wife Aida) with a granddaughter Amina, and two daughters Josette and Kelsey. Pat farms and ranches in Carrington, ND.

JEREMY ENGLEHARDT NAPOLEON

Jeremy began his wrestling career at Lamoure High School for coach Tracy Good for four years and Coach Tim Huus for one year. He wrestled 171 pounds on varsity for four years. As a sophomore in 1994-95 he placed sixth in the state, in 1995-96 he was the state champion with a 38-0 record. He transferred to Napoleon in 1996-97 and placed second, helping Coach Barry McCleary's Imperials to a Team State Championship.



He was a Mr. Wrestler Finalist in his Senior year, 1996-97 and also won the Triple Crown. A member of the North Dakota Team, he competed at the NHSAA in Pittsburg, PA. There he placed seventh, earning All-American status.

Jeremy continued his wrestling career into college at the University of Mary. He was All-NDCAC for four years for Milo Trusty's Maurauders. On a national level, he placed third at 167 pounds as a freshman and added THREE National Championships at 184 pounds in 1999, 2000, and 2001. He has been inducted into the University of Mary Hall of Fame.

He enjoyed a stellar football career for the Lamoure Loboes as well. Already as a freshman, he was a starting running back and defensive end, positions he held for four years. He earned All-Region and All-State honors in 1996-97 and was awarded MVP honors for those years as well. The Loboes of coach Greg Hermes finished second in the state in the 11-man finals in 1997.

Presently, he owns Engelhardt Crane and Construction and is in partnership with his parents Jacinta and Kyle in J&K Construction. They specialize in grain bin sales, erections, repairs and relocating. In the off season, Jeremy enjoys ice fishing, working in his shop, snowmobiling, buying and fixing up old snowmobiles, and taking the occasional vacation with his family. In the summers, he pursues dirt track racing.

Jeremy lives in Bismarck with his fiancé Leah Bender, and their daughters. The couple has 3 children between them. Payton (who lives in Mandan with his fiancé, Tara), Kelbie (a full-time college student at BSC), and Jeremy's daughter, Jada (who just returned home last month after completing Basic Training and AIT for the US Army National Guard). sport.

HALL OF FAME INDUCTEES 2025

Complete listing of [Hall of Fame can be found online](#)

MIKE KELNER

VELVA

Mike Kelner was introduced to structured wrestling when Velva introduced PeeWee wrestling prior to his fourth grade. Mike only had two losses after sixth grade where he was also on the PeeWee basketball team.

Legendary Velva Head Coach Mike Norland called

a meeting with Mike and Mike's father Dan about which sport Mike should pursue. Mike recalls that Coach Norland made a very convincing point, Norland stated "Mike look at your Dad, he's not very tall and you probably won't be either, if you go with wrestling then you're probably going to be a varsity starter in Seventh Grade", and a wrestling career was born.

Mike finished at Velva High School with a record of 159-17-2, setting the State Record for career wins. He was a two-time state champion, five-time region champion and a part of two state championship Velva teams. In 1979 Mike was listed as a Scholastic Wrestling News Honorable Mention All-American.

In 1981, Mike was the NJCAA National Runner-up for Bismarck College and was named First Team All-American, as a result of his actions during the NJCAA national tournament he was also awarded the Joseph Rockenboch Outstanding Sportsman Award. Mike also earned academic All-American honors. Mike also qualified for the 1984 NCAA Division 2 National Tournament at 134 lbs.

Mike's coaching career began at Bismarck College as an assistant. He moved on to Dickinson State for two years as an assistant coach. Mike then spent two seasons with Northern State University. Finally, Mike coached seven years at Spearfish High School as the Head Coach. Mike is currently semi-retired and loves it, he plays a lot of pool. Mike has a daughter Ashley who is a third year Medical Student and son Marcus who works construction and cares for Mike's Grandson Ryan.



ROWDY LUND

WATFORD CITY

Rowdy Lund wrestled for Watford City from 2003-2008. Rowdy was a three-time region champion, a five-time state placer, four time state finalist and a three time state champion for the Wolves.

At state he placed 7th at 103 pounds in 2004, 2nd at state at 112 pounds in 2005, 1st at 125 pounds in 2006, 1st at 140 pounds in 2007 and 1st at 145 pounds in 2008. Rowdy ended his career with a record of 176-33-1, finishing with two undefeated seasons, 32 consecutive dual wins, 20 consecutive tournament championships, 93 consecutive wins and multiple school records.

Rowdy excelled in three sports as he won state titles in wrestling, football and track. He was a two-time all-state football player and a part of the 2006 Wolves state championship football team. He was also a ten-time state placer in track and field, two of which were also state championships.

Rowdy has helped with the Watford City youth program from 2003-2009 and helped with the varsity through the years as well.

What Rowdy is most proud of in his life though is his marriage with his wife Miranda and their two beautiful daughters Saylor and Rowe.





RICK RIPLINGER

BISMARCK

Rick Ripplinger began officiating in 1991 and was a registered official for 29 years. He started officiating as a way to give back to the sport that did so much for him.

During his time as an official, Ripplinger officiated hundreds of events across the upper Midwest including 25 NDHSAA Wrestling State Tournaments and 29 NDHSAA Regional Wrestling Tournaments. Ripplinger also worked at many college events in North Dakota & Minnesota, including Regional and National Tournaments.

Ripplinger is currently the head girls wrestling coach at Bismarck Legacy High School. Ripplinger and his wife Cindy own and operate Capital Trophy in Bismarck. They have five children, Lexi, Rylei, Logan, Reagan, and Ryan.

OFFICIAL EVENT APPAREL

SHOP NOW



East**Breckenridge/Wahpeton**

Aubrey Boesen, Claire Lathrop

Carrington

Madalina Ciubotareanu, Juliet Davis, Aysa Reimche, Nevaeh Sorensen, Jazmyn Ybarra

Central CassLauren Aasmundstad, Mallory DeVries, Emma Dutt, Emerson Faleide, Ava Gulleason, Laken Kapaun, Aubree Kunze, Grace Lemar, Brianna Mayer, Anna **White****Devils Lake**

Leah Dahle, Jaylee Jetty, Olivia Lindstrom, Elizabeth Orness

Ellendale/Edgeley/Kulm

Liam Glynn

Fargo

Aubrey King, Taya Laidlaw, Webeline Naklen

Grafton

Alyssa Hoyles, Violet Hoyles

Grand Forks

Shayla DeBlaere, Kaylee Kurz, Bryn Larson, Giovanna Lima, Emily Novak, Lexi Ray, Kathryn Sullivan, Kyah Wiley

Kindred

Naomi Miller, Taryn Roesler

LaMoure

Eden Riddle, Clara Steffes

Larimore

Sophia Betz-Hilliard

Lisbon

Lyla Gillespie, Cora Oster, Lillian Oster, Emersyn Schwab

May – Port CG

Kaylee Mueller, Evie Satrom

Napoleon/G-S

Tess Gross, Elise Kristiansen, Alexis Schneider, Adisyn Zubke

Northern Cass

Avery Davidson, Isabelle Erickson

Northern Lights

Aleigha DeCoteau, Taryn Gores, Miley LaFountain

Pembina County North

Dannika Bennett, Jayln Carignan, Charlotte Crowston, Marlie Stremick

Rugby

Bria Brossart

South Border

Eloise Jenner, Ava Litsey, Alyssa Nitschke, Reagan Ulmer

Valley City

Valeria Acosta Bautista, Mylee Christianson, Hailey Ford, Deegan Kirschenmann, Katherine Russell, Victoria Sanchez, Bethani Schuldheisz

West Fargo

Charlee Leedahl

West**Beulah/Hazen**

Brennli Wilkens

Bismarck

Julia Araujo, Madison Reems, Maggie Thielges, Violet Weninger

Bismarck Century

Vivian Backer, Bailey Ferderer, Adaire Gensrich, Sydney Huber, Paige Spomer, Mekayla Stordalen

Bismarck Legacy

Aleiya Cullinan, Keely Kainoa, Scelia Maneze, Kuturah Ottmar, Hanna Ryberg

Des Lacs Burlington

Deysi Krisher, Kale Krisher

Dickinson

Christina Dohrmann, Breanna Erickson, Erin Martin, Clancy Meyer, Regan Stravia

Harvey/Wells County

Chloe Bartz, Bristol Fike, Addison Yates

Jamestown

Grace Bercier, MacKenzie Stoddart, Leah Torres

Kenmare/Bowbells

Amaya Baptiste, Taley Michel, Tenley Michel, Tagen Thornton

Linton/HMB

Hope Mittleder

Mandan

Alexis Storsved

Minot

Maycee Boyce, Ella Brown, Haleigh Carr, Claire Fegley, Sava Nelson, Madisyn Racine, Payton Russell, Martha Ward

New Salem – Almont

Anna Engwicht, Autumn Huber, Madison Irwin, Keisha Tomac

TMCS

Cassidy Azure, Aryonna Gourneau, Kenley Hamley

Watford City

Sari Sorenson

Williams County

Annalesia Bishop, Jazmine Lindberg

EXPERIENCE
North of Normal



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DUAL TOURNAMENT QUALIFIER

CENTRAL CASS SQUIRRELS

EAST REGION #1 SEED



Row 1: Leah Ellenson, Cora Antony, Evelyn Vizenor, Rebecca Dietz, Sheyenne Storhoff, Eleanore Waa, Adasyn Kaul, Alyssa Masset, Aubrey White

Row 2: Anna White, Naveah Hipsak, Emma Dutt, Ava Gulleson, Bentley Thummel, Ann Burchill, Gracie Kost, Lauren Aasmundstad

Row 3: Emma Schneider, Grace Lemar, Aubrey Kunze, Isabel Dutt, Jadyn Jacobson, Laken Kapaun, Taylen Boeder

Row 4: Ivy Guy, Emerson Faleide, Aubrey Quinn, Cheyenne Helland, Mallory DeVries

[ROSTER]

Wt.	Name	Yr.	Wt.	Name	Yr.
100	Lauren Aasmundstad	7	148	Emerson Faleide	11
106	Anna White	10	155	Cheyenne Helland	12
112	Emma Dutt	8	170	Isabel Dutt	12
118	Mallory DeVries	12	190	Ava Gulleson	12
124	Brianna Mayer	12	250	Neveah Hipsak	10
130	Laken Kapaun	8	Alternate	Aubrey Quinn	12
136	Grace Lemar	11	Alternate	Emma Schneider	11
142	Lois Schneider	12	Alternate	Jayden Jacobson	9
			Alternate	Taylen Boeder	9

Head Coach: Travis Lemar

Assistant Coaches: Tami Lemar, Brad Malum, Zach Odden-Lemar, Jordan Flynn, Catie Sinner, Cade Merrigan, Beron Sinner

DUAL TOURNAMENT QUALIFIER

GRAND FORKS KNIGHTRIDERS

EAST REGION #2 SEED



Row 1: Cadee Aipperspach, Gracie Lafferty, McKinley McMahan, Keyianna Duncan, Brynn Bruggeman, Jordy Howg, Sarah Novak, Evelynn Bohl, Libby Hanson
 Row 2: Emily Novak, Emily Sauter, Faith Hendrickson, Shayla DeBlaere, Layla Hotvedt, Molly Benoit, Lexi Ray, CJ Hagen
 Row 3: Giovanna Lima, Gracie Coulter, Coach Lucas Oliphant, Coach Matt Berglund, Coach Brady Terrill, Coach Claudia PromSchmidt, Coach Devry Gryder, Mari Rout, Bryn Larson Back Row: Cora Hardley, Alexa Taylor, Kathryn Sullivan, Sky Kopp, Kyah Wiley, Maddie Look, Tenley Wiley, Alice Kuhl

[ROSTER]

Wt.	Name	Yr.
100	Open	
106	Jordy Howg	9
112	Kiersten Brustad	9
118	Cadee Aipperspach	11
124	Maddie Look	11
130	Shayla DeBlaere	10
136	Kaylee Kurz	10
142	Giovanna Lima	12

Wt.	Name	Yr.
148	Lexi Ray	11
155	Cora Hardley	11
170	Emily Novak	12
190	Sky Kopp	11
250	Kathryn Sullivan	12
Alternate	Molly Benoit	9
Alternate	Sarah Novak	9
Alternate	Bryn Larson	12
Alternate	Kyah Wiley	10

Head Coaches: Matt Berglund, Brady Terrill

Assistant Coaches: Gracie Stremick, Claudia PromSchmidt, Devry Gryder, Lucas Oliphant

DUAL TOURNAMENT QUALIFIER

LISBON BRONCOS

EAST REGION #3 SEED



Row 1: Cora Oster, Mady Crellin, Aurora Shelton, Lillian Oster, Violet Hehn, Melina Rebsom-Schultz, Jozzie Carlblom

Row 2: Lyla Gillespie, Addison Boumam, Adaleene Haansen, Presley Johnson, Nevaeh Buffett, Alexis Reinke

Row 3: Jacob Revier Coach, Emersyn Schwab, Arlie Ramerman, Ells Sad, Ava Carlblom, Veda Carlblom, Taylon Sad Coach

[ROSTER]

Wt.	Name	Yr.	Wt.	Name	Yr.
100	Melina Rebsom-Schultz	8	148	Alexis Reinke	11
106	Addison Bouman	8	155	Ava Carlblom	11
112	Madelyn Crellin	7	170	Cora Oster	11
118	Arlie Ramerman	9	190	Neveah Buffett	11
124	Lyla Gillespie	11	250	Ella Sad	11
130	Violet Hehn	11	Alternate	Aurora Shelton	11
136	Emersyn Schwab	11	Alternate	Scout Friederichs	8
142	Veda Carlblom	11	Alternate	Presley Johnson	8
			Alternate	Lillian Oster	8

Head Coach: Jacob Revier

Assistant Coaches: Taylon Sad

DUAL TOURNAMENT QUALIFIER

SOUTH BORDER MUSTANGS

EAST REGION #4 SEED



Row 1: Ava Litsey, Vada Hoffman, Lydia Wolf

Row 2: Asst Coach Matt Schlepp, Chanelle Volk, Eloise Jenner, Alyssa Nitschke, Morgan Bies

Row 3: Head Coach David Jochim, Ashlyn Michaelson, Reagan Ulmer, Macy Tunheim

[ROSTER]

Wt.	Name	Yr.	Wt.	Name	Yr.
100			148	Macie Tunheim	8
106	Eloise Jenner	9	155	Reagan Ulmer	9
112	Ava Litsey	8	170	Ashlyn Michaelsohn	8
118	Alyssa Nitschke	9	190		
124	Vada Hoffman	11	250		
130	Lydia Wolf	10	Alternate	Fatima Garcia Ceja	12
136	Melody Kubat	9	Alternate		
142	Chanelle Volk	7	Alternate		
			Alternate		

Head Coach: David Jochim

Assistant Coaches: Taylor Jenner, Matt Schlepp

STATE TOURNAMENT HISTORY | GIRLS

NDHSAA Now Website: [Girls' Wrestling Past Champions](#)

100 Pounds

2022 Julia Araujo, Bismarck
2023 Anna White, Central Cass
2024 Anna White, Central Cass

105 Pounds

2022 Jenna Gerhardt, Devils Lake
2023 Alicia Kenfack, Bismarck Legacy

106 Pounds

2024 Ava Litsey, South Border

110 Pounds

2022 Alexis Schneider, Napoleon/G-S
2023 Julia Araujo, Bismarck High

112 Pounds

2024 Alicia Kenfack, Bismarck Legacy

115 Pounds

2022 Morgan Strandberg, WF Shey.
2023 Alexis Schneider, Napoleon/G-S

118 Pounds

2024 Alexis Schneider, Napoleon/G-S

120 Pounds

2022 Alana Schafer, West Fargo
2023 Rei Ogden, Bismarck Century

124 Pounds

2024 Maggie Thiegles, Bismarck High

125 Pounds

2022 Lindsey Anderson, West Fargo
2023 Avery Mohr, Fargo

130 Pounds

2022 Avery Mohr, Fargo
2023 Lindsey Anderson, West Fargo
2024 Julia Araujo, Bismarck High

135 Pounds

2022 Daeja Sundquist, Williston
2023 Mylee Christianson, Valley City

136 Pounds

2024 Aleiya Cullinan, Bis. Legacy

140 Pounds

2022 Haleigh LeMatta, Harvey/WC
2023 Allyssa Johnson, Grand Forks

142 Pounds

2024 Aubrie Overson, Bismarck High

145 Pounds

2022 Allyssa Johnson, Grand Forks
2023 Gracia Rolf, Lisbon

148 Pounds

2024 Cadence Cook, Bis. Century

155 Pounds

2022 Elizabeth Greco, Williston
2023 Emily Novak, Grand Forks
2024 Emily Novak, Grand Forks

170 Pounds

2022 Emma Buee, Des-Lacs Burling.
2023 Emma Buee, Des-Lacs Burling.
2024 Alexis Storsved, Mandan

190 Pounds

2022 Gracie Hoffman, South Border
2023 Phoenix Lindseth, Bis. Legacy
2024 Cambree Anderson, Bis. High

250 Pounds

2022 Catie Sinner, Central Cass
2023 Catie Sinner, Central Cass
2024 Phoenix Lindseth, Bis. Legacy

COACH OF THE YEAR

2022 Travis Lemar, Central Cass
2023 Travis Lemar, Central Cass
2024 Mitch Meyer, Minot High

GIRLS OUTSTANDING SENIOR ATHLETE

2022 Jenna Gerhardt, Devils Lake
2023 Allyssa Johnson, Grand Forks
2024 Jennifer Verdin, Hettinger-Scranton

GIRLS STATE INDIVIDUAL TEAM CHAMPIONS

Year	Champion	Runner-up
2022	Central Cass	Bismarck Legacy
2023	Bismarck High	Minot High
2024	Bismarck High	Minot High

GIRLS STATE DUAL TEAM CHAMPIONS

Year	Champion	Runner-up
2023	Bismarck High	Central Cass
2024	Bismarck High	Minot High

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DUAL TOURNAMENT QUALIFIER

BISMARCK LEGACY SABERS

WEST REGION #1 SEED



Row 1: Pafflyn Timothy, Scelia Maneze, Kenleigh Davis, Journey Ennen, Rosa Chapa, Sofia Meyer, Alicia Kenfack, Alicia Asongkeng, RaeLee Fischer

Row 2: Aliyah Joshua, Jaycee Entzel, Savanna Garver, Morgan Schneider, Emmaria Cullinan, Ababa Knight, Elliana Murphy, Sabrina Simon, Megan Zins, Avery Turpin, Madeline Reule, Stat Gabby Olson, Katurah Ottmar

Row 3: Pafflyn Timothy, Scelia Maneze, Kenleigh Davis, Journey Ennen, Rosa Chapa, Sofia Meyer, Alicia Kenfack, Alicia Asongkeng, RaeLee Fischer

[ROSTER]

Wt.	Name	Yr.
100	Emmaria Cullinan	8
106	Keeley Kainoa	9
112	Scelia Maneze	8
118	Alicia Kenfack	10
124	Abada Knight	10
130	Morgan Schneider	11
136	Aleiya Cullinan	11
142	Hanna Ryberg	11

Wt.	Name	Yr.
148	Katurah Ottmar	8
155	Jaycee Entzel	9
170	Ivy Griffin	10
190	Savanna Garver	10
250	Aaliyah Ear	9
Alternate	Journey Ennen	8
Alternate	Kiarah Charfarous	10
Alternate	Braelynn Felchle	9
Alternate	Kenleigh Davis	8

Head Coach: Rick Ripplinger

Assistant Coaches: Jake Hegel

DUAL TOURNAMENT QUALIFIER

MINOT HIGH MAJETTES

WEST REGION #2 SEED



Row 1: Raylin Creighton, Lexi Schwantz, Madilynn Golphenee, Sitota Asmamaw, Lily Christianson, Monica Boakye, Martha Ward, Ella Brown, Madisyn Racine, Kierstyn Nevels, Brooklyn Ost

Row 2: Amisa Miller, Ai Yasumura, Fatimazahra Elbouab, Jade'ence Fletcher, Claire Fagely, Kendall Bice, Sava Nelson, Haleigh Carr, Riley Hansen, Maycee Boyce, Payton Russell, Khylie Schlotz, Reilyn Hartwig

[ROSTER]

Wt.	Name	Yr.	Wt.	Name	Yr.
100	Ella Brown	9	148	Claire Fegley	11
106	Monica Boakye	11	155	Maycee Boyce	10
112	Khylie Schlotz	11	170		
118	Madisyn Racine	8	190		
124	Aaliyah Laboy	8	250	Jade'ence Fletcher	10
130	Haleigh Carr	12	Alternate	Brooklyn Ost	7
136	Payton Russell	11	Alternate	Sava Nelson	9
142	Riley Hansen	11	Alternate	Martha Ward	11
			Alternate	Fatimazahra Elbouab	9

Head Coach: Mitchell Meyer

Assistant Coaches: Pete Stenberg, Preston Jones, Austin Frantzich

DUAL TOURNAMENT QUALIFIER

BISMARCK HIGH DEMONS

WEST REGION #3 SEED



Row 1: Jesamie Harper, Averi Thielges, Kylie Rinnels, Aurora Kershaw, Chloie Collins, Haily Turner, Ary St. Claire, Lauralie Fuchs, Tesslyn Klaudt, Charlie Claymore

Row 2: Deja Ireland, Maggie Thielges, Shae Whiteshield, Phoebe Wade, Adri Turner, Natali Chaparro-Aparecido, Jersey Daniele, Aubrie Overson, Rilynn Reems, Lilly Lugo, Braelynn Pfaff, Odavi Magembe, Brooklyn Baumgartner

Row 3: Aubrey Locke, Violet Weninger, Josie Trieu, Madi Reems, Sheena Locke, Paige Baumgartner, Julia Araujo, Cambree Anderson, Layla Hellwig, Emery Lansing, Danica Shorey, Freyja Reich, Raynah McDaniel, Kynzlee Christopherson

Not Pictured: Kaylee Waldner

[ROSTER]

Wt.	Name	Yr.	Wt.	Name	Yr.
100	Luralie Fuchs	8	148	Julia Araujo	10
106	Hailyann Turner	12	155	Madi Reems	10
112	Chloie Collins	9	170	Josie Trieu	11
118	Rilynn Reems	8	190	Cambree Anderson	10
124	Violet Weninger	10	250	Sheena Locke	9
130	Maggie Thielges	9	Alternate	Jesamie Harper	7
136	Phoebe Wade	11	Alternate	Braelynn Pfaff	8
142	Paige Baumgartner	11	Alternate	Adriana Turner	10
			Alternate	Lilly Lugo	9

Head Coach: Scott Knowlen

Assistant Coaches: Austin Eichman, Tony Steckler, Sierra Talmadge, Kael Knowlen

DUAL TOURNAMENT QUALIFIER

DICKINSON MIDGETS

WEST REGION #4 SEED



Row 1: Breanna Erickson, Jamia Cunningham, Anna Karsky, Teresa Orea- Stewart
 Row 2: Danielle, Serna-Rosas, Regan Stravia, Jazmin Crawford, Sophie Alejandro, Caoimhe Doyle, Aryana Loran
 Row 3: Natalie Meyer, Sawyer Wolf, Arianna Harbin, Cadence Harris, Riley Hayes, Olivia Lauf, Christina Dohrmann
 Row 4: Morgan Booth, Kolbi McElwain, Haileigh Seelye, Amethyst Sutton, Lily Zawodny, Emily Schilling, Ava Harbin
 Row 5: Ember Waters, Ava Propp, Jose Kensinger, Clancy Meyer, Katelyn Sauvageau, Harper Boettcher, Elise Schilling, Kendra Erickson
 Row 6: Aliyah Banniser, Head coach Jerry Stravia, Asst. Coach Matt Meyer, Asst Coach Jose Serrato, Isabel Medearis

[ROSTER]

Wt.	Name	Yr.	Wt.	Name	Yr.
100	Erin Martin	9	148	Jamia Cunningham	12
106	Lucy Cheverie	8	155	Clancy Meyer	9
112	Regan Stravia	8	170	Kolbi McElwain	11
118	Aryana Loran	12	190	Kendra Erickson	11
124	Ember Waters	12	250	Alyiah Bannister	9
130	Breanna Erickson	9	Alternate	Emily Schilling	9
136	Christina Dohrmann	11	Alternate	Sawyer Wolf	8
142	Anna Karsky	10	Alternate	Elise Schilling	7
			Alternate	Izzy Medearis	9

Head Coach: Jerry Stravia

Assistant Coaches: Mathew Meyer, Jose Saratov

STATE WRESTLING RECORDS

Previous records are found online: [Wrestling State Tournament Records](#)

SIX-TIME STATE CHAMPION:

Jordan Shearer, West Fargo High 2010-2015

FIVE-TIME STATE CHAMPION:

Dave Hilliard, Lakota 1980, 1982-85
 Levi Haugen, Minot Ryan 2001-2005
 Scott Glasser, Bismarck High 2002-2006
 Erik Loepp, Oakes 2011-2015
 Kyle Burwick, Hettinger-Scranton 2015-2019
 Boeden Greenley, Lisbon 2019-2023
 LJ Araujo, Bismarck High 2020-2024

FOUR-TIME STATE CHAMPIONS:

Dave Stewart, Williston 1958-61
 Scott Kelly, Velva 1979-82
 Brett Maughan, Fargo North 1983-86
 Nathan Brenna, Watford City 1986-89
 Mark Pazdernik, New Salem 1989-91, 1993
 Troy Sabot, Bismarck Century 1992-95
 Ryan Bachman, Cavalier 1995-98
 Travis Lang, Bismarck High 2000, 2002-04
 Phil Basting, GF Red River 2001-2004
 Ben Imdieke, Linton-HMB 2001-2004
 Jake Mellmer, Dickinson High 2004-2007
 Kriss McCleary, Napoleon 2005-2008
 Justin Solberg, Wahpeton 2004, 2006-2008
 Michael Nord, Lisbon 2007-2009, 2011
 Eric Forde, Fargo South 2008-2011
 Joe Schumacher, Bismarck High 2008-2011
 Ryan Blees, Bismarck High 2011-2014
 Jared Franek, West Fargo High 2015-2018
 Ryan Ripplinger, Bismarck High 2016-2019
 Clay Gerhardt, New Salem-Almont 2017-2020
 Garrett Jangula, Napoleon, G-S 2017-2020
 Jordan Sours, Lisbon 2018-2021
 Reece Barnhardt, Bismarck St. Mary's 2018-2021
 Cole Gerhardt, New Salem-Almont 2020-2023

THREE-TIME STATE CHAMPIONS:

Henry Pankratz, Dickinson High 1961-63
 Tom Lowe, Minot High 1967-69
 Mark Slater, Minot Ryan 1971-73
 Rod Johnsrud, Watford City 1973-75
 Lenny Vannett, Velva 1980-82
 Troy Steiner, Bismarck Century 1986-88
 Mike Peterson, Carrington 1985-86, 1988
 Neil Anderson, Mandan 1986-88
 Lance Koenig, Carrington 1987-89
 Jeremy Wolf, Carrington 1987-89
 Chad Renner, Bismarck High 1989-91
 Jason Anderson, Carrington 1990-92

THREE-TIME STATE CHAMPIONS (continued):

Darin Giese, Bismarck High 1990-92
 Beau Lucier, Cavalier 1992-94
 Kasey Gilliss, Bismarck Century 1992, 1994-95
 Josh Krebs, Minot High 1994-96
 Cody Anderson, Lisbon 1994-96
 Brian Biel, Beulah 1995, 1997-98
 Josey Ness, Devils Lake 1996-98
 Travis Kraft, Bismarck High 1996-98
 Dusty Swanson, Fargo South 1996-98
 Derek Bischof, Minot High 1996-97, 1999
 Math Bitz, Bismarck High 1999-2001
 Marc Mellmer, Dickinson High 1999, 2001, 2003
 Eric Sabot, Bismarck Century 2000-2002
 TJ Sailer, Bismarck High 2003-2005
 Dusty Vliem, Hettinger 2003-2005
 Tyler Steinwand, Mandan 2005-2007
 Jordan Dewald, Napoleon 2005-2007
 Tyler Johnson, Bismarck High 2005, 2007-2008
 Rowdy Lund, Watford City 2006-2008
 Evan Gross, Napoleon 2007-2009
 Scott Schiller, West Fargo High 2008-2010
 Anjelo Shephard, WF High/Fargo North 2009-2011
 Cody Neumiller, New Salem-Almont 2010-2012
 Jared Reis, Napoleon 2010-2012
 Preston Lehmann, West Fargo High 2011-2013
 Ricky Galindo, Bismarck High 2012-2014
 Dillon Spaulding, Bismarck High 2014-2016
 Michael Kelly, Oakes 2014-2016
 Walker Carr, Carrington 2013, 2015-2016
 Luke Hastings, Hillsboro-CV 2014, 2016-2017
 Jesse Shearer, West Fargo High 2015-17
 Brandon Metz, West Fargo High 2015-17
 Cale Schalesky, Hettinger-Scranton 2015, 2017-2018
 Brody Armstrong, Minot 2016-2018
 Christian Tanefeu, Bismarck High 2019-2021
 Wilfried Tanefeu, Bismarck High 2019-2021
 Isaiah Huus, Bismarck High 2020-2022
 Koye Grebel, Valley City 2021-2023
 Garrett Hebl, LaMoure-Litch.-Marion 2021-21, 2023
 Marshall Lindgren, South Border 2020, 2022-2023
 Julia Araujo, Bismarck High 2022-Present
 Alexis Schneider, Napoleon-G-S 2022-Present
 Ben DeForest, Bismarck High 2022-Present

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